



**Amador
Resource Directory
2020/2021**

www.trcac.org

The Resource Connection

This Resource Directory was developed with the use of State funds received from the California Department of Education, Early Learning and Care Division. However, the contents do not necessarily reflect the position or policy of the California Department of Education.

The directory is designed to provide the most common resources that parents have requested over the years. If the resources you need are not listed, please contact one of our offices and we will do our best to assist you in finding them. Below is a summary of the services we provide through our Child Care Resource and Referral Services.

Private businesses listed in this directory are included as a resource for our area. This is in no way a recommendation of any private business. If we have overlooked resources or for information in need of correction, please contact The Resource Connection. Information printed in this Resource Directory was obtained from the agencies listed and other sources deemed reliable. If there are errors, they are unintentional.

Updated by the Resource Connection, 2020

The Resource Connection

Amador Resource Directory 2020

We hope this directory will help you get the services you may need. Please call 754-1075 or visit our website at www.trcac.org for further assistance.

Contents

Contents	2
Community Agencies	5
Children's Services	7
Counseling Services	8
Court and Legal Services	9
Education	10
Alternative School Programs	11
Elementary Schools	11
Middle Schools.....	11
High Schools.....	11
Preschools.....	11
School District Offices.....	11
Colleges.....	11
Emergency and Crisis	12
Police Departments: NON EMERGENCY	13
Safe Surrender Sites.....	13
Employment Services	14
Family Services	14
Foster Family	15
Financial Assistance	15
Food and Nutrition	16
Food Pantries/Distribution	17
Health	17
Dental Care	19
Hospitals	19
Obstetrics and Gynecology.....	19

Optometrists and Ophthalmologists.....	19
<i>Housing and Shelter</i>	20
<i>Income-Eligible Apartments</i>	20
<i>Library Services</i>	20
<i>Parks & Recreation</i>	21
<i>Seniors</i>	21
<i>Special Needs/Disability</i>	22
<i>Substance Abuse</i>	25
<i>Transportation</i>	25
<i>Utilities</i>	26
<i>Websites</i>	26
Government Agencies	26
Children/Child Care Organizations	26
Recreational Activities for Children & Families	27
<i>Index</i>	29

NEED HELP

PAYING FOR CHILD CARE?

CHILD CARE SUBSIDY

- Can help you pay child care so you can:
 - Work or Look for Work
 - Go to school or training
 - Seeking permanent housing
- Helps when you are medically incapacitated

Steps for Subsidized Child Care:

1 Check to see if you are eligible
 - check the chart to see if your before-tax income is within the limits.

2 Get on the Eligibility List on-line at cel.trcac.org or call us

You may be waiting for a while - depending on funding and if there are others with more need.

3 Staff call to verify need - staff will ask you for information (proof of income, care needed, etc.) to verify you qualify and set up an appointment to complete an application.

4 If you get approved - The Resource Connection will approve a schedule and rate to help reimburse care. You and your provider will report hours/days used monthly.

INCOME LIMITS

Your Family Size:	Make Less Than In a Month:	or, Make Less Than In A Year:
1-2	\$5,540	\$66,479
3	\$6,157	\$73,885
4	\$7,069	\$84,831
5	\$8,199	\$98,392
6	\$9,330	\$111,959
7	\$9,562	\$114,509
8	\$9,755	\$117,055
9	\$9,967	\$119,598

The Resource Connection

Engaging Families • Empowering Communities • Enriching Lives

Amador and Calaveras - 209 - 754 - 1075
www.trcac.org

Community Agencies

Amador Toulumne Community Action Agency (ATCAA)

223-1485

ATCAA help individuals in Amador, Calaveras and Tuolumne counties towards self-sufficiency and support local residents in becoming involved and contributing members of our community. atcaa.org

Activities (varies by county, call for more information):

Central Sierra Connect – Broadband (A, C, T), Parent-Child Interaction Therapy (A, T), ECS Head Start/Early Head Start (A, T), Energy Assistance (A, C, T), Family Learning Center (T), Foster Youth/IDA (A), Housing (A, C, T), Homeless Shelter (A, T), Amador Lifeline Medical Support (A), Promotores de Salud (T), Smart Money for Success Courses (A, C, T), Tax Forms Assistance (A, C, T), Utility Bill Assistance (A, C, T), Yes Partnership - Suicide, Substance Abuse, Child Abuse (T)

First 5 Amador

257-1092

First 5 promotes, supports, and enhances the optimal development of Amador County's children from 0 to 5 years of age. first5amador.com

Activities:

Child Development - Toddler Playgroups, Imagination Library, Summer Bridge Program (transition to Kindergarten), Developmental Screenings, Dad & Me Outings – father, grandfather, uncle, men involvement events, Camanche Kindergarten Readiness

Health & Wellness - Baby Welcome Wagon, Oral Health, Behavioral Specialists, Perinatal Wellness, Footprints-Grief Support, Baby Basics

Quality Child Care – Quality for Kids, Amador Child Care Council

Family Safety - Child Abuse Prevention Council

Programs Funded by First 5 Amador – Upcountry and Camanche Lake Community Centers first5amador.com

Nexus Youth and Family Services

257-1980

Nexus non-profit human services organization located in Amador County, California. Here to serve members of the community through innovative programs, collaborative partnership and the provision of educational and therapeutic services.

Activities:

Therapeutic Counseling – Parent-Child Interactive Therapy, Aggression Replacement Training, Common Ground (skills building communication course), CHAT Child Counseling Services

Family Services – Family Resource Centers, Promotores de Salud (Spanish-speaking peer educators), Parenting Classes, Home Visiting

Youth Services – Friday Night Live, Youth Empowerment Project, 180° You Turn, Independent Living Program, Child & Youth Advocacy (XY) Program

Court Appointed Special Advocate (CASA) in Amador and Calaveras Counties nexusyfs.org

- **Camanche Lake Community Center** **763-2720**

4240 Camanche Parkway North, Ione

- **Ione Family Resource Center** **274-4655**

17 South Buena Vista Street, Ione

- **Up Country Community Center** **296-2785**

19386 Highway 88, Pine Grove

Operation Care **223-2897**

24-Hour Crisis Hotline 223-2600/1-800-675-3392

Operation Care is an organization is to provide domestic violence and sexual assault support services, crisis intervention and education in our community.

Activities

24 Hour Crisis Line, Safe House, Survivor Advocacy, Domestic Violence Support Group, Rural Economic Empowerment Program (financial independence support for women escaping a financially abusive relationship), Skills Class, Children's Group, Go! Youth Program, Prevention and Education, Christmas Adopt a Family Program, Counseling, Care Closet. operationcare.org

The Resource Connection Administrative Office **754-3114**

The Resource Connection is a non-profit organization governed by a community-based board of directors. Since 1980 the organization has been committed to serving Amador and Calaveras counties by responding to the needs identified in the community.

Activities: Calaveras Crisis Center, Head, Start and Early Head Start, WIC (Women, Infants and Children), Food Bank, Child Care Resource

and Referral. In Amador, we offer: Child Care Resource and Referral Services, WIC programs. trcac.org

The Resource Connection Child Care Resource & Referral Services Amador & Calaveras: 754-1075

trcac.org/rr

FAMILY & COMMUNITY SERVICES

Referrals to Licensed Child Care

Referrals to licensed family child care homes, preschool and child care centers, Information on child care options.

Child Care Subsidy Program

Assistance for eligible parents to help pay for care.

Childcare Eligibility List (Cel)

On-line list of families waiting for child care assistance.

Grandparent Respite

Grandparents in Amador County a child care subsidy to provide temporary relief while caring for their grandchildren.

Community Resources, Education, and Information

Advocacy and information on issues affecting families, child development, and child care.

PROVIDER SERVICES

We provide free referrals to licensed child care facilities and licensed exempt child care centers; current child development information; professional development opportunities; and local stipend programs.

Child Care Initiative Project

Support to start and run a successful family child care business through training and assistance.

Workshops/Trainings

Topics such as child development, Infant- Toddler Care, Discipline & Guidance, Arts & Crafts, Nutrition, Eco-healthy, First Aid and CPR, Family Child Care Business, and more.

Child Care and Development

Lending Library

Child Development and Child Care Resources.

Children's Services

Amador Child Care Council

223-1750

Public planning council is committed to affordable, accessible quality child care.

amadorcoe.org

Car Seats - Amador Public Health

223-6407

Car seat checkup and low-cost or no-cost car seats available to qualifying recipients.

amadorgov.org/services

Community Care Licensing	916-263-5744
Offers answers to questions and concerns regarding state licensed child care homes and centers.	cclcd.ca.gov
National Center for Missing and Exploited Children	800-843-5678
	missingkids.com
Nexus Youth & Family Services	257-1980
See Page 6	nexusyfs.org
The Resource Connection	
Child Care Resource & Referral Services	754-1075
See Page 7	trcac.org/rr
TrustLine	800-822-8490
California registry of in-home child care providers who have been cleared through a fingerprint check of the CA Dept. of Justice.	trustline.org
USDA Child Care Food Program	800-952-5609
A state and federally funded program that gives financial aid to licensed child care centers and day care homes to provide children with nutritious, well-balanced meals.	cde.ca.gov/ls/nu/cc

Counseling Services

Amador County Behavioral Health	223-6412
Supports the overall health and well-being of clients with serious mental illness, emotional disturbances, and substance use disorders.	amador.gov
Amador Tuolumne Community Action Agency	
Therapeutic Child Counseling	223-1485 x 249
See Page 5	atcaa.org
Bethany Christian Services of Northern California	522-5121
Licensed Christian counseling and adoption agency.	bethany.org
California Coalition for Youth	916-514-4464 x 108
	Crisis Line: 800-843-5200
Their mission is to improve and empower the lives of California's youth.	calyouth.org

First 5 Amador Behavioral Specialist Program	257-1092
See Page 5	first5amador.com
Hospice of Amador and Calaveras	223-5500
Provides counseling for grieving children of the ages of five to nineteen years old.	hospiceofamador.org
Nexus Youth & Family Services	257-1980
See Page 6	nexusyfs.org
Sierra Wind Wellness and Recovery Center	223-1956
Services for individuals who have experienced or are experiencing some form of emotional disorder which interferes with employment, school attendance or daily life in general.	

Court and Legal Services

Amador County District Attorney	223-6444
	amadorgov.org
Probation Department	223-6387
	amadorgov.org
Victim Witness Assistance Program	223-6474
Assists victims with information and support in getting protection, attending court or receiving compensation.	amadorgov.org
California Department of Child Support Services	866-901-3212
	childsup.ca.gov
Central Sierra Child Support Agency	866-901-3212
	centralsierrachildsupportagency.com
Court Appointed Special Advocate (CASA)	257-1980 x 108
A trained volunteer appointed by a judicial officer to provide advocacy for a child who is under the jurisdiction of the courts due to abuse or neglect. The CASA serves as the "eyes and ears" of the judge for children in foster care.	nexusyfs.org
Disability Rights California	916-504-5800 / 800-776-5746
	disabilityrightscsca.gov
Family Law Facilitator	257-2603
Provides you with assistance and guidance to the necessary court forms, plus legal and procedural information.	amadorcourt.org
Federal Office of Child Support Enforcement	415-437-8463
	acf.hhs.gov

Legal Services of Northern California	916-551-2150
Low-income legal aid on issues including landlord-tenant, health benefits, CalWORKs, food stamps and unemployment. lsnc.net	
Self-Help Legal Center for Amador Courts	257-2627
One stop legal assistance in family law, custody and related issues; also for people to research a legal matter, type forms, make copies, and get prepared to file papers.	
amadorcourt.org/selfhelp/FLF_Hours.pdf	

Education

Adult Literacy/Lifeskills Program	223-6305
Provides free one-on-one tutoring, workshops, and ongoing instructional support to English-speaking adults in Amador County to improve their basic reading and writing skills. amadorgov.org	
Amador Adult Education	257-5110
GED, English Classes, Career Training amadoradultdd.org	
Amador Arts Council	256-8166
Encourage, support, and promote the arts in our school and community. amadorarts.org	
Amador College Connect	217-8239
A local resource center that assists people who want to take college classes through distance education. amadorcollegeconnect.org	
Amador State Preschool	257-5338
Centers are located in Ione, Jackson, Pioneer, and Plymouth. amadorcoe.org	
Amador Tuolumne Community Action Agency	223-1485
ECS Head Start/Early Head Start	
See Page 5 atcaa.org	
California Department of Education	916-319-0800
Provides a world-class education for all students, from early childhood to adulthood. cde.ca.gov	
Foundation for California Community Colleges	866-325-3222
Facilitating collaboration, accelerating innovation, and increasing system-wide resources. foundationccc.org	
US Dept. of Education Information	800-872-5327
ed.gov	

All of the below programs and schools can be found on the following
website: amadorcoe.org

Alternative School Programs

Independence High School	257-5100
North Star Independent Study School	257-7773
Amador County Community School	257-5100
Shenandoah Valley Charter School	245-4284
Whispering Pines Christian School	245-4976

Elementary Schools

Ione Elementary School	257-7000
Jackson Elementary School	257-5600
Pine Grove Elementary	296-2800
Pioneer Elementary School	295-6500
Plymouth Elementary School	257-7800
Sutter Creek Elementary School	257-7200

Middle Schools

Ione Junior High School	257-5500
Jackson Junior High	257-5700

High Schools

Amador High School	257-7300
Argonaut High School	257-7700

Preschools

Ione Head Start and Early Head Start	271-0395
Jackson Head Start and Early Head Start	223-7333

School District Offices

Amador County Office of Education	223-1750
Amador County Unified School District	223-1750

Colleges

Amador College Connect	217-8239
Resource for local on-line classes	amadorcollegeconnect.org
Cal State University Sacramento	916-278-6011
	csus.edu
Cal State University Stanislaus	667-3122
	csustan.edu

Columbia College	588-5100 gocolumbia.edu
Cosumnes River College	916-691-7344 crc.losrios.edu
Foundation for California Community Colleges	866-325-3222 foundationccc.org
Los Rios Community College District	916-568-3041 losrios.edu
San Joaquin Delta College District	954-5151 deltacollege.edu

Emergency and Crisis

**DOMESTIC VIOLENCE, SEXUAL ASSAULT & SUPPORT SERVICES,
POLICE, SHERIFF, FIRE DEPARTMENT, AMBULANCE**

Emergency only 911

Adult Protective Services **After Hours: 223-1075 / 223-6550**
amadorgov.org

Amador County Behavioral Health **888-310-6555 / 223-6412**
amadorgov.org

Amador County Child Protective Services **223-6550**
After Hours: 223-1075

Amador County Office of Emergency Services **223-6384**
amadorgov.org

Amador Fire Protection District **223-6391**
amadorfire.org

American Red Cross-Sierra Delta Chapter **916-993-7070**
redcross.org

California Youth Crisis Line **800-843-5200**
calyouth.org

Domestic Violence National Hotline **24-Hours: 800-799-7233**
Hearing Impaired: 800-787-3224

This is confidential and provides referrals for shelters. thehotline.org

Kene Me Wu Family Healing Center, Inc. **984-8602**
Crisis Line: 800-792-7776

Free & confidential services for Native Americans and Native
American households.

National Center for Missing & Exploited Children 800-843-5678
missingkids.com

National Runaway Safeline 800-786-2929
1800runaway.org

National Sex Offenders Registry registeredoffenderslist.org

Operation Care - Amador 223-2897, Crisis Line: 223-2600

See Page 6

Poison Control 800-222-1222
poison.org

The Resource Connection Calaveras Crisis Center 754-1300
24-Hours Crisis Hotline: 736-4011 or 754-4011

Intervention & Prevention Services provide for victims and survivors
of domestic violence or sexual assault. trac.org/ip

Suicide Prevention Hotline 800-273-8255
suicidepreventionlifeline.org

Police Departments: NON EMERGENCY

Amador County Sheriff's Department 223-6500
amadorsheriff.org

California Highway Patrol 223-4890
chp.ca.gov

Ione Police Department 274-2456
Ione-ca.com

Jackson Police Department 223-1771
ci.jackson.ca.us

Sutter Creek Police Department 267-5646
cityofsuttercreek.org

Safe Surrender Sites

Safe Surrender Baby Hotline 877-222-9723 (24 hours)
cdss.ca.gov/inforesources/Safely-Surrendered-Baby

Amador County Health & Human Services 223-6550
After Hours: 223-1075

10877 Conductor Blvd., Sutter Creek

Sutter Amador Hospital 223-7500
200 Mission Blvd., Jackson sutterhealth.org

Employment Services

California Tribal TANF Partnership	257-6150
Mother Lode Job Training	223-3341
Provides job search, soft Skills, scholarships, assessments and labor market information.	mljt.org

Family Services

Amador County Child Abuse Prevention Council	223-5921
Help community become knowledgeable about what is child abuse, how to recognize it, how to report it, and what resources are available in our country to support families and children.	amadorcapc.org
Amador County Department of Social Services	223-6550
Promote personal responsibility, job readiness and self-sufficiency in order to strengthen individuals and families.	amadorgov.org
Amador County Recreation Agency	223-6349
Provides recreational opportunities for all residents of Amador County through sustainable planning, financing, facilities operations and programs.	goacra.org
Amador-Tuolumne Community Action Agency	223-1485
See Page 5	
Baby Welcome Wagon-Public Health-Donna Jackson	223-6563
Helps parents become more aware of the development, health & safety of their new arrivals - free.	first5amador.com/health-wellness
Blue Mountain Coalition for Youth and Families	293-4500
	bmcyf.org
California Tribal TANF Partnership	257-6150
Provides educational training and employment opportunities for Native American people	cttp.net
The Resource Connection	754-3114
Offers programs and services related to children & families, nutrition and prevention and intervention, See Page 7	trcac.org
Veterans Services	223-6476
	amadorgov.org/services/veterans-services
Victory Village	223-2286
Provides services for veterans	vvvets.org

Foster Family

Amador County (CASA)	257-1980x108
Appointed Special Advocate	nexusyfs.org
Amador Tuolumne Community Action Agency	223-1485
Foster Youth/IDA, See Page 5	atcaa.org
Aspiranet	478-9862
Offers a unique blend of services including foster family support, adoption through foster care, services for foster youth transitioning to adulthood.	aspiranet.org
CDSS Adoption Services Resources	916-651-7465
cdss.ca.gov/Benefits-Services/Adoption-Services	
Environmental Alternatives	223-3888
A private non-profit for foster care and transitional housing.	ea.org
Nexus Youth and Family Services	257-1980
Independent Living Program - See Page 6	nexusyfs.org
Youth Assets for Independence/Foster Youth	223-1485x226
Provides life skills and financial literacy education for older foster youth.	atcaa.org/foster-youth

Financial Assistance

Amador County Department of Social Services	223-6550
Programs such as; CalWORKs (Cash Aid), Cal Fresh (formerly known as Food Stamps); Medi-Cal; County Medical Services are all available here.	C4Yourself.com
Amador Tuolumne Community Action Agency	223-1485 x243
See Page 5	atcaa.org/housing
American Consumer Credit Counseling	800-769-3571
Helps consumers take control of their finances. Credit counseling, debt consolidation, and financial education resources.	consumercredit.com
California Tax Information	800-852-5711
Tax service center.	taxes.ca.gov
Social Security	800-772-1213
Provides monetary assistance to low-income individuals.	ssa.gov

Society of Saint Vincent de Paul	223-5865
Helps with rent, utilities, and miscellaneous items. svdpusa.org	
The Resource Connection	
Child Care Resource & Referral Subsidy Program	754-1075
See Page 7	trcac.org/rr/cchelp
Tribal TANF	257-6150
Assist with cash aid, housing, and food vouchers to eligible families. tanf.us/li/amador-cttp-office-location	

Food and Nutrition

Common Ground Senior Services	223-3015
Meals on Wheels commongroundseniorservices.org	
La Leche League International	800-525-3243
Make a call to find local support groups. lli.org	
National Women's Health	800-994-9662
Breastfeeding Help Line	
Information Specialist trained through La Leche League to answer basic breastfeeding concerns. womenshealth.gov	
Sutter Amador Hosp. Breastfeeding Support Group	223-7460
Free breastfeeding group offered led by a certified lactation consultant. Available to all mothers and babies. Offers breast pumps and breastfeeding aids.	
The Resource Connection Women/infants/Children	
WIC Program	223-7685
Nutrition assistance for pregnant women and children ages zero to five. Women/Infants/Children Program (WIC) provides breastfeeding advocacy, support and breast pump lending. trcac.org/wic	
University of California Cooperative Extension	223-6774
Provides training in agriculture, gardening, nutrition education, and food preservation. cecentralsierra.ucanr.edu	
USDA Child Care Food Program	800-952-5609 or 800-526-1555
A state and federally funded program that gives financial aid to licensed child care centers and day care homes to provide children with nutritious, well-balanced meals. cde.ca.gov/ls/nu/cc/	

Food Pantries/Distribution

Interfaith Food Bank	267-9006
Open Monday thru Friday 11:00am to 3:00pm and 2nd and 4th Tuesday 2:00pm to 6:00pm	feedamador.org
Society of Saint Vincent de Paul	
Emergency Food Assistance	223-5865
Provides meals for the elderly, information and transportation.	

Health

Amador County Behavioral Health Department	223-6412
Supports the overall health and well-being of clients with serious mental illness, emotional disturbances, and substance use disorders.	amadorgov.org
Amador County Department of Social Services	223-6550
Promote personal responsibility, job readiness and self-sufficiency in order to strengthen individuals and families.	amadorgov.org
Amador County Public Health Department	223-6407
To help prevent rather than treat a disease through surveillance of cases and the promotion of healthy behaviors.	amadorgov.org/services/public-health
Amador Pregnancy Help Center	223-3813
We are here to serve women and men in Amador County who are facing a pregnancy decision.	amadorpregnancyhelpcenter.com
Amador Stars Cancer Support, Transportation and Resource Services	267-1246
Resources for cancer patients and survivors, to include wig/hair services, transportation to radiation and chemotherapy treatments, support groups and systems.	amadorstars.org
American Academy of Pediatrics	800-433-9016
Pediatricians committed to the optimal physical, mental, and social health and well-being for all infants, children, adolescents, and young adults.	aap.org
Blood Source Sacramento	877-258-4825
Committed to collecting, testing, processing and delivering blood and blood components.	vitalant.org

Covered California	800-300-1506
Californians can get brand-name health insurance under the Patient Protection and Affordable Care Act.	
	coveredca.com
Dignity Health- St. Joseph's Medical Center-Stockton	943-2000
	dignityhealth.org
Hospice of Amador	223-5500
	hospiceofamador.org
M.A.C.T. Jackson Rancheria Health Clinic	257-2400
Health programs including: well child care screening for glaucoma, diabetes and hearing; referrals dental care, family planning, counseling, etc.	
	macthealth.org
Mark Twain Medical Center (Hospital)	754-3521
Medi-Cal Access Program	800-433-2611
insurance program for mid-income pregnant women.	
	dhcs.ca.gov/services/medi-cal/
Medi-Cal Phone Support	800-541-5555
	medi-cal.ca.gov
National Alliance on Mental Illness (NAMI)	800-950-6264
Classes, Family Support, Resources	
	nami.org
Planned Parenthood	800-230-7526
Delivers vital reproductive health care, sex education, and information to millions of people worldwide.	
	plannedparenthood.org
Sonora Regional Medical Center	536-5000
	adventisthealth.org/Sonora
Sutter-Amador Hospital	Emergency: 223-7555 / 223-7500
	sutterhealth.org/amador
Sutter Medical Foundation Pediatrics	257-1722
	sutterhealth.org/amador/services/pediatrics
United Home Care	223-3866
This agency provides nurses that are available to do health care in the home.	
	rmcare.com
WellSpace Health Pediatrics	268-0560
To help give a healthy start to children of all ages, from infants to teens.	
	wellspacehealth.org

Dental Care

- Forest Road Health and Wellness Dental Services** **536-5140**
MediCal, iPed -serves Amador, Calaveras Tuolumne and Mariposa.
adventisthealth.org/locations/rural-health/
- Jackson Creek Dental Group** **223-2712**
Children's dentistry and also offers Smile Keepers once a year.
jacksoncreekdental.com
- M.A.C.T. Health Board – Jackson Dental Clinic** **257-2460**
macthealth.org
- Medi-Cal Dentist Referral/Denti-Cal** **800-322-6384**
denti-cal.ca.gov
- WellSpace Health Dental Care** **278-0333**
Provides dental care to patients from birth through age 20, which we
commonly refer to as children and adolescents. wellspacehealth.org

Hospitals

- Adventist Health Sonora** **536-5000**
adventisthealth.org/sonora/
- Dignity Health - Mark Twain Medical Center** **754-3521**
San Andreas marktwainhospital.org
- Dignity Health St. Joseph's Medical Center - Stockton** **943-2000**
dignityhealth.org
- Sutter-Amador Hospital** **Emergency 223-7555 / 223-7500**
sutterhealth.org/amador

Obstetrics and Gynecology

- Shriners Hospital for Children** **916-453-2000**
shrinershospitalsforchildren.org
- Sutter Amador: Women's Health Center** **257-0177**
sutterhealth.org/amador

Optometrists and Ophthalmologists

- Amador Eye Care** **223-1402**
amadoreyecare.com
- Sierra Eye Care** **223-2020**
sierraeyecare.com

Housing and Shelter

Amador Tuolumne Community Action Agency	223-1485
See Page 5	atcaa.org
Operation Care	223-2897 or 223-2600
See Page 6	operationcare.org
Salvation Army	257-1828
The Resource Connection Crisis Center	754-1300
	24-Hours Crisis Hotline: 754-4011 or 736-4011
USDA Programs & Services	530-792-5800
Low-income homeowners may qualify for low-interest home and home repair/improvement loans	
	rd.usda.gov/programs-services/programs-services-individuals
US Dept of Housing & Urban Development	800-569-4287
Provides counseling for home-buyers and renters.	hud.gov

Income-Eligible Apartments

The below information can be found on the following website:

apartments.com

Jackson Apartments - Jackson	223-2641
Jackson Hills Apartments - Jackson	223-0128
Kennedy Meadows Apartments - Jackson	257-0188
Meadows I Apartments - Jackson	223-4341
Meadow II Apartments - Jackson	223-2051
Sutter Hill Place - Sutter Creek (for seniors)	304-5285

Library Services

The below information can be found on the following website:

amadorgov.org/departments/library

Amador County Literacy Services	223-6305
Ione Branch Library	274-2560
Jackson Main Library	223-6400
Pine Grove Branch Library	296-3111
Pioneer Branch Library	295-7330
Plymouth Branch Library	245-6476

The Resource Connection

Child Care Resource & Referral Services

754-1075

Child Care and Development Library, See Page 7

trcac.org/rr

Parks & Recreation

Amador County Recreation Agency (ACRA)

223-6349

Manages several parks and map of county parks

goacra.org

Calaveras Big Trees State Park

795-2334 or 795-3840

1170 East Highway 4, Arnold

parks.ca.gov/?page_id=551

Columbia State Historic Park

588-9128

11255 Jackson Street, Columbia

parks.ca.gov/?page_id=552

Indian Grinding Rock State Historic Park

296-7488

14881 Pine Grove-Volcano Rd, Pine Grove

parks.ca.gov/?page_id=553

Lake Amador

274-4739

7500 Lake Amador Drive, Ione

lakeamador.com

Lake Camanche

763-5121

2000 Camanche Road, Ione

lakecamancheresort.com

Pardee Lake

772-1472

4900 Stony Creek Road, Ione

rockymountainrec.com

Railtown 1897 State Historic Park

984-3953

10501 Reservoir Rd, Jamestown

railtown1897.org

Seniors

Amador County Social Services

223-6550 or 844-835-3685

In Home Support Services

Amador Senior Center

223-0442

amadorseniorcenter.org

Amador Tuolumne Community Action Agency

223-1485x232

Amador LifeLine - See Page 5

atcaa.org/lifeline

Area 12 Agency on Aging

532-6272 / 800-510-2020

Senior Nutrition Program and offers HICAP – Health Insurance

Counseling & Advocacy Program, Care Management, In-Home Support,

Caregiver Support, Minor Home Repair.

area12.org

Common Ground Senior Services	223-3015
Meals on Wheels, Dining Sites, Silver Streak Transportation	
	commongroundseniorservices.org
Friendship Line	800-971-0016 (24/hr)
	ioaging.org
Hospice of Amador	223-5500
	hospiceofamador.org
In Home Supportive Services / IHSS	223-6550
IHSS is considered an alternative to out-of-home care. Services include housecleaning, meal preparation, grocery shopping, accompaniment to medical appointments and protective supervision for mentally impaired individuals. Must be Medi-Cal eligible.	
	amadorgov.org
Interim Health Care	223-9119
Domestic services for the disabled & elderly	interimhealthcare.com
Kit Carson Nursing & Rehabilitation Center	223-2231
	kitcaresonnr.com
Public Conservator's Office	223-6450
	amadorgov.org/services/social-service/conservator
Senior Legal Hotline	800-222-1753
	lsnc.net/slh
Social Security and Medicare Eligibility	800-772-1213
	ssa.gov/benefits/medicare
The Resource Connection	
Grandparents Raising Grandchildren Project	754-1075
See Page 1	trac.org/rr
United Home Care/In Home Care	223-3866
	rmcare.com/locations/california/

Special Needs/Disability

Amador County Conservator's Office	223-6450
An Amador program for those who are not able to care for themselves or for their estate when relatives are not available.	
	amadorgov.org

Amador County Office of Education/SELPA **257-5308**

Testing for hearing, visual, psychological, language, and learning disabilities for children birth through 21 years old. Educational services for those individuals who are certified disabled.

amadorcoe.org/departments/special-education/

Amador County Public Authorities **223-6783**

Maintains a registry of providers who work for the IHSS recipients.

amadorgov.org

Amador Tuolumne Community Action Agency

Rapid Re-Housing Program **223-1485x263**

See Page 5

atcaa.org/housing

American Foundation for the Blind **212-502-7612**

Information, advocacy, news, and resources

afb.org

American Speech Language Hearing Association **800-638-8255**

Arc of Amador and Calaveras **267-5978**

Support and services to adults with intellectual and developmental disabilities

arcofamador.org

California Children's Services – CCS – Public Health **223-6630**

Provided through the Calaveras County Public Health Department, offers services for children with specific illnesses or injuries. Also provides CHDP and free medical and dental health check-ups for children & young adults up to age 21.

dhcs.ca.gov/services/ccs

California Inclusion **760-682-0200**

Offers education to promote social-emotional development, addresses behaviors and develop safe group environments for all children.

cainclusion.org

California Inclusion and Behavior

Consultation Network **877-524-2422**

On-site consultation and technical assistance to early care and education providers to care for children with disabilities and challenging behaviors.

cibc-ca.org

California Relay Services **711 or TDD: 800-735-2929**

For communicating for/with hearing-impaired and deaf users of TDD/TTY devices – equipment **info: 800-806-1191**

ddtp.cpuc.ca.gov

Council on Developmental Disabilities	916-263-7919
A referral, education and advocacy service for children and adults with developmental disabilities. scdd.ca.gov	
Disability Resource Agency for Independent Living	477-8143
Offers information, referrals and other services to individuals with Disabilities. drail.org	
Early Start: California Early Start	800-515-2229
A free service that helps families locate services for their infants and toddlers who are premature, have health problems or may be delayed in their development. dds.ca.gov/services/early-start	
Easter Seal California	800-221-6827
Helps to find physical/occupational/speech therapy, child development and feeding clinics. easterseals.com	
Family Resource Network	472-3674 / 800-847-3030
Information and support for families with children whom have special needs. frcn.org	
Guide Dogs for the Blind	800-295-4050
guidedogs.com	
Infant Development Association of CA	916-453-8801
idaofcal.org	
International Dyslexia Association	800-222-3123
dyslexiaida.org	
International Hearing Society	
Hearing Aid Helpline	800-821-5247
healthfinder.gov	
National Down Syndrome Society	800-221-4602
ndss.org	
National Organization for Rare Disorders	800-999-6673
raredisorders.org	
National Library Services For The Blind & Physically Handicapped	800-424-8567
loc.gov/nls/	
Pediatric Mile Stones	866-855-5987
Provides early childhood physical, speech and occupational therapy. Also offers infant development teaching. pediatricmilestones.com	

Social Security and Medicare Eligibility **800-772-1213**

ssa.gov

UC Davis M.I.N.D. Institute **916-703-0280**

This institute's goal is to find a cause, effective treatments and cures for neurodevelopment disorders. health.ucdavis.edu/mindinstitute

Valley Mountain Regional Center **754-1871**

Provides evaluation and screening for developmental disabilities, counseling, diagnosis, coordination of services, genetic and prenatal screening, and high risk infant program. vmrc.net

Substance Abuse

Alcoholics Anonymous **223-4989**

Support groups for recovering alcoholics. Also Al-Anon and Ala-Teen groups available for families and teens. aa.org

Amador County Drug & Alcohol Services **223-6412**

Prevention, education, counseling, diversion programs. amadorgov.org

Lifestyle Management **257-1030**

Narcotics Anonymous **800-240-4956**

na.org

Sierra Wind Wellness and Recovery Center **223-1956**

Transportation

Amador Regional Transit System **267-9395**

amadortransit.com

Amador STARS Cancer Van **267-1246**

Transportation for cancer appointments amadorstars.org

Calaveras Connect Transit **754-4450**

Serving Calaveras & Adjacent Counties calaverasconnect.org

Caltrans Road Conditions **800-427-7623**

roads.dot.ca.gov

Common Ground Senior Services **223-3015 or 800-303-4799**

Silver Streak Transport for Seniors/Disabled/Veterans
commongroundseniorservices.org

Utilities

ATCAA Energy and Utility Bill Assistance	223-1485
Page 5	atcaa.org
California Alternate Rates for Energy (CARE) Program	866-743-2273
Provides up to 15% subsidy on PG&E bills.	cpuc.ca.gov
Dollar Energy Fund	800-683-7036
PG&E and Water Assistance	dollarenergy.org
Sacramento Municipal Utility District (SMUD)	888-742-7683
	smud.org

Websites

Government Agencies

Amador County	co.amador.ca.us
Calaveras County	calaverasgov.us
California Department of Education	cde.ca.gov
California Department of Social Services Community Care Licensing Division.....	cdss.ca.gov
Consumer Products Safety Commission	cpsc.gov
State of California	ca.gov
Toulumne County	tuolumnecounty.ca.gov
United States of America	usa.gov
US Dept. Of Health & Human Services Office of Child Care	acf.hhs.gov/programs/occ

Children/Child Care Organizations

California Child Care Health Project	cchp.ucsf.edu
California Child Care Resource & Referral Network.....	rnetwork.org
Child Care Aware of America	usa.childcareaware.org
Child Care Law Center	childcarelaw.org
Children's Defense Fund	childrensdefense.org
Kid's Health.....	kidshealth.org
National Association for the Education of Young Children	naeyc.org
National Association of Child Care Resource & Referral Agencies	naccra.org
Stand for Children	stand.org
Zero to Three.....	zerotothree.org

Activities for Children & Families

Amador County Council of Tourism	touramador.com
Amador County Fair	amadorcountyfair.com
Amador County Recreation Agency (ACRA).....	goacra.org
Blue Mountain Radio (90.7FM).....	kqbm.org
Calaveras County Fair and Jumping Frog Jubilee.....	frogtown.org
Calaveras County Visitors Bureau	gocalaveras.com
Calaveras Enterprise	calaverasenterprise.com
DoPlaces Community Search	doplaces.com
Home Town Radio (1340AM).....	Kvgcradio.com
MyMotherlode.com.....	mymotherlode.com/entertainment
National Wildlife Federation	nwf.org
Nature Rocks	naturerocks.org
The Pine Tree.net.....	thepinetree.net
Star 92.7FM KZSQ Sonora	kzsq.com
Toulumne County Visitors Bureau	visittoulumne.com

INTERESTED IN PROVIDING CHILD CARE FOR OTHERS?

DO YOU LIKE CARING FOR CHILDREN AND WANT TO MAKE A CAREER OF IT?

THE RESOURCE CONNECTION CAN HELP - WE PROVIDE:

- Information about care in your area
- Resources on child care, child development, and early childhood education
- Assistance in understanding regulations and the licensing process
- Trainings to help you learn about running a child care business
- Resources to enhance professional skills
- Referrals to local licensed child care providers

Contact us today and learn more!

The Engaging Families
Resource Empowering Communities
Connection Enriching Lives

In Amador and Calaveras

209 - 754 - 1075

On-line www.trcac.org

Index

180° You Turn, Independent Living	6	Breastfeeding Help Line, National	
24 Hour Crisis Line	6	Women's Health	16
Adult Literacy/Lifeskills Program	10	Breastfeeding Support Group, Sutter	
Adult Protective Services	12	Amador Hospital	16
Aggression Replacement Training	6	Cal State University Sacramento	11
Alcoholics Anonymous	25	Cal State University Stanislaus	11
Amador Child Care Council	7	Calaveras Big Trees State Park	21
Amador County	26	Calaveras Connect Transit	25
Amador County Council of Tourism	27	Calaveras County	26
Amador County Court	15	Calaveras County Fair and Jumping Frog	
Amador County Department of Social		Jubilee	27
Services	15	Calaveras County Visitors Bureau	27
Amador County Fair	27	Calaveras Enterprise	27
Amador County Health & Human		California Alternate Rates for Energy	
Services	13	(CARE)	26
Amador County Office of Education	11	California Department of Social Services	
Amador County Office of			26
Education/SELPA	23	California Department of Education	10,
Amador County Recreation Agency		26	
(ACRA)	14	California Highway Patrol	13
Amador County Sheriff's Department	13	Caltrans Road Conditions	25
Amador County Unified School District	11	Camanche Kindergarten Readiness	5
Amador Eye Care	19	Camanche Lake Community Center	6
Amador Fire Protection District	12	Cancer Van & Support, Amador Stars	17
Amador High School	11	Car Seats - Amador Public Health	7
Amador Lifeline Medical Support	5	Care Closet	6
Amador Regional Transit System	25	Center for Missing & Exploited Children,	
Amador State Preschool	10	National	13
Amador Toulumne Community Action		Central Sierra Child Support Agency	9
Agency	5	Central Sierra Connect	5
Area 12 Agency on Aging	21	CHAT Child Counseling Services	6
Argonaut High School	11	Child Abuse Prevention Council, Amador	
Arts Council, Amador	10	County	14
Aspiranet	15	Child Care and Development Lending	
Baby Welcome Wagon	14	Library	7
Behavioral Health, Amador County	8	Child Care Aware of America	26
Behavioral Health Department, Amador		Child Care Food Program, USDA	16
County	17	Child Care Health Project, California	26
Behavioral Health, Amador County	12	Child Care Initiative Project	7
Bethany Christian Services of Northern		Child Care Law Center	26
California	8	Child Care Referrals	7
Blind & Physically Handicapped,		Child Care Resource & Referral Agencies,	
National Library Services for the	24	National Association of	26
Blind, American Foundation for the	23	Child Care Resource & Referral Network,	
Blood Source Sacramento	17	California	26
Blue Mountain Coalition for Youth and		Child Care Subsidy Program	7
Families	14	Child Care Workshops/Trainings	7
Blue Mountain Radio (90.7FM)	27	Child Protective Services, Amador	

County	12	Early Start: California Early Start	24
Child Support Enforcement, Federal Office of	9	Easter Seal Society	24
Child Support Services, California Department of	9	ECS Head Start/Early Head Start	5, 10
Children's Services, California - CCS	23	Education Information, US Dept. of	10
Children's Defense Fund	26	Education of Young Children, National Association for the	26
Children's Group	6	EMERGENCY - 911	12
Christmas Adopt a Family	6	Emergency Food Assistance, Society of Saint Vincent de Paul	17
Coalition for Youth, California	8	Emergency Room, Mark Twain Medical Center	18
College Connect, Amador	10, 11	Energy Assistance	5
Columbia College	12	Environmental Alternatives	15
Columbia State Historic Park	21	Family Law Facilitator	9
Common Ground Skills Course	6	Family Resource Centers	6
Common Grounds (Senior Nutrition Program)	22	Family Resource Network	24
Community Care Licensing	8	First 5 Amador	5
Community Care Licensing Division, California Department of Social Services	26	Forest Road Health and Wellness Dental Services	19
Community Colleges, Foundation for California	10, 12	Foster Youth/IDA	5
Conservator's Office, Amador County	22	Friday Night Live	6
Consumer Credit Counseling, America	15	Friendship Line	22
Consumer Products Safety Commission	26	Go! Youth Program	6
Consumnes River College	12	Grandparent Respite	7
Counseling	6	Grandparents Raising Grandchildren Project, The Resource Connection	22
Court Appointed Special Advocate (CASA)	6, 9	Guide Dogs for the Blind	24
Covered California	18	Hearing Aid Helpline, International Hearing Society	24
Dad & Me Outings	5	Home Care, United	18
Department of Social Services, Amador County	14, 17	Home Health, Sonora Regional	19
Developmental Disabilities, Council on	24	Home Town Radio (1340AM)	27
Developmental Screenings	5	Home Visiting	6
Dignity Health - Mark Twain Medical Center	19	Homeless Shelter	5
Dignity Health, St. Joseph's Medical Center, Stockton	18	Hospice of Amador	18, 22
Disability Resource Agency for Independent Living	24	Hospice of Amador and Calaveras	9
Disability Rights California	9	Housing	5
District Attorney, Amador County	9	Housing & Urban Development, US Dept of	20
Domestic Violence Support Group	6	Imagination Library	5
Domestic Violence Hotline, National	12	In Home Supportive Services / IHSS	22
DoPlaces Community Search	27	Inclusion, California	23
Down Syndrome Society, National	24	Inclusion and Behavior Consultation Network, California	23
Drug & Alcohol Services, Amador County	25	Independence High School	11
Dyslexia Association, International	24	Indian Grinding Rock State Historic Park	21
		Infant Development Association of CA	24
		In-Home Support Services, Amador County Social Services	21
		Interfaith Food Bank	17

Interim Health Care	22	Pardee Lake	21
Ione Branch Library	20	Parent-Child Interaction Therapy	5
Ione Elementary School	11	Parent-Child Interactive Therapy	6
Ione Family Resource Center	6	Parenting Classes	6
Ione Head Start and Early Head Start	11	Pediatric Mile Stones	24
Ione Junior High School	11	Pediatrics, American Academy of	17
Ione Police Department	13	Pediatrics, Sutter Medical Foundation	18
Jackson Apartments	20	Pine Grove Branch Library	20
Jackson Creek Dental Group	19	Pine Grove Elementary	11
Jackson Elementary School	11	Pioneer Branch Library	20
Jackson Head Start and Early Head Start	11	Pioneer Elementary School	11
	11	Planned Parenthood	18
Jackson Hills Apartments	20	Plymouth Branch Library	20
Jackson Junior High	11	Plymouth Elementary School	11
Jackson Main Library	20	Poison Control	13
Jackson Police Department	13	Pregnancy Help Center, Amador	17
Job Training, Motherlode	14	Prevention and Education	6
Kene Me Wu Family Healing Center	12	Probation Department	9
Kennedy Meadows Apartments	20	Program, Child & Youth Advocacy	6
Kid's Health	26	Promotores de Salud	6
Kit Carson Nursing & Rehabilitation Center	22	Public Authorities, Amador County	23
La Leche League International	16	Public Conservator's Office	22
Lake Amador	21	Public Health Department, Amador County	17
Lake Camanche	21	Railtown 1897 State Historic Park	21
Legal Services of Northern California	10	Rare Disorders, National Organization for	24
Lifestyle Management	25	Runaway Safeline, National	13
Literacy Services, Amador County	20	Rural Economic Empowerment Program	6
Los Rios Community College District	12		
M.A.C.T. Health Board – Jackson Dental Clinic	19	Sacramento Municipal Utility District (SMUD)	26
M.A.C.T. Jackson Rancheria Health Clinic	18	Safe House	6
M.I.N.D. Institute, UC Davis	25	Safe Surrender Hotline & Sites	13
Meadow I Apartments	20	Saint Vincent de Paul, Society of	16
Meadow II Apartments	20	Salvation Army	20
Medi-Cal Access Program	18	San Joaquin Delta College District	12
Medi-Cal Phone Support	18	Self-Help Legal Center for Amador Courts	10
Mental Illness, National Alliance on	18	Senior Legal Hotline	22
Missing and Exploited Children , National Center for	8	Shenandoah Valley Charter School	11
My Motherlode.com	27	Sierra Eye Care	19
Narcotics Anonymous	25	Sierra Wind Wellness and Recovery Center	9, 25
Nature Rocks	27	Skills Class	6
Nexus Youth and Family Services	5	Smart Money for Success Courses	5
North Star Independent Study School	11	Social Security	15
Office of Child Care, US Dept. of Health & Human Services	26	Social Security and Medicare Eligibility	22
Office of Emergency Services, Amador County	12	Sonora Regional Medical Center	18
Operation Care	6	Speech Language Hearing Association,	

American	23	United Home Care/In Home Care	22
St. Joseph's Medical Center - Stockton	19	United States of America	26
Stand for Children	26	University of California Cooperative	
State of California	26	Extension - Amador	16
Suicide Prevention Hotline	13	Up Country Community Center	6
Summer Bridge Program	5	USDA Child Care Food Program	8
Survivor Advocacy	6	Utility Bill Assistance	5
Sutter Amador Hospital	13	Valley Mountain Regional Center	25
Sutter Creek Elementary School	11	Veterans Services	14
Sutter Creek Police Department	13	Victim Witness Assistance Program	9
Sutter Hill Place	20	Victory Village	14
Sutter-Amador Hospital	18	Voter Registration	15
Tax Forms Assistance	5	WellSpace Health Dental Care	19
Tax Information, California	15	WellSpace Health Pediatrics	18
The Pine Tree.net	27	Whispering Pines Christian School	11
The Resource Connection Child Care		Wildlife Federation, National	27
Resource & Referral Services	7	Women/Infants/Children Program	
The Resource Connection Prevention		(WIC)	16
and Intervention Services	13	Womens Health Dept., Sutter Medical	
Toddler Playgroups	5	Foundation	19
Toulumne County	26	Youth Assets for Independence/Foster	
Toulumne County Visitors Bureau	27	Youth	15
Tribal TANF	16	Youth Crisis Line, California	12
Tribal TANF Partnership, California	14	Youth Empowerment Project	6
TrustLine	8	Zero to Three	26

The Engaging Families
Resource Empowering Communities
Connection Enriching Lives

Serving Amador & Calaveras

Office

501-F Gold Strike Road
PO Box 1029
San Andreas, CA 95249

T 209 - 754 - 1075
F 209 - 754 - 4244

www.trcac.org