

AMANDA ECKHARDT, PH.D.

111 Research Drive
Bethlehem, PA 18015
610-751-3485
eckhardt@lehigh.edu

EDUCATION

08/05 – 09/11 **Ph.D. Counseling Psychology**, Lehigh University, Bethlehem, PA
08/04 – 01/07 **M.Ed. Counseling and Human Services**, Lehigh University, Bethlehem, PA
08/00 – 05/03 **B.S. Psychology**, *Magna cum laude*, Kutztown University, Kutztown, PA

HONORS

Lehigh University Graduate Student Senate Champion (2012)
APAGS David Pilon Scholarship for Training in Professional Psychology (2009)
Early Career Excellence Alumni Award, Kutztown University (2009)
National Institute on Aging Intramural Research Program Summer Internship Recipient (2008)
APA Student International Travel Award (2006)
Board of Governors' Scholarship (2001, 2002, 2003)
Stimmel Outstanding Scholarship (2001, 2002, 2003)

CERTIFICATION

Elementary School Counselor, Pennsylvania Certificate #07628263 (2007 – present)
Certified Positive Discipline Educator, Positive Discipline Association (2011 – present)
Student Assistance Program (2006 – present)

CLINICAL AND SUPERVISORY EXPERIENCE

- 09/10 – 08/11 **Pre-doctoral Counseling Intern**: Holcomb Behavioral Health Systems, Exton, PA
Supervisor: Julie Leusner, Psy.D.
- Provided group counseling to 25 clients in crisis residential program focused on holistic, recovery-oriented principles to ensure successful community re-integration
 - Conducted 20 forensic evaluations at Chester Country Prison with inmates and individuals on probation to determine clinical eligibility for Mental Health Court
 - Provided 12 individual biopsychosocial assessments, 45 treatment and discharge plans, and 36 group counseling services to DUI offenders in Delaware state
 - Delivered 55 telephone, 4 walk-in, and 20 mobile crisis interventions to Chester County residents to support the clients' ability to better access community mental health resources
- 07/09 – 12/09 **Psychology Intern**: Good Shepherd Specialty Hospital at Lehigh Valley Hospital Muhlenberg, Bethlehem, PA
Supervisor: Richard Schall, Ph.D.
- Provided 11 intake evaluations and 20 individual and family counseling services to adult and older adult patients residing in a 32-bed long-term acute care facility with ventilator weaning, transitional rehabilitation, and complex medical and wound programs
 - Worked in conjunction with a multidisciplinary team, including general physicians, nurses, psychiatrists, and physical, occupational, recreational, and speech therapists

to provide services to patients with burn injury, complex wounds, respiratory failure, kidney failure, cancer, dementia, MRSA

05/07 – 05/08
08/06 – 05/07

Outpatient Therapist: Holcomb Behavioral Health Systems, Allentown, PA
Practicum Student

Supervisor: Sarah Stookey, Ph.D.

- Conducted individual and family therapy with 23 low-income children, adolescents, and young adults
- Provided extensive support to clients through advocacy work and collaboration with social service agencies and school systems
- Participated in internship didactic training programs on topics including crisis intervention, cultural competency, and geropsychology

09/07 – 04/08

Doctoral Supervisor: Lehigh University, Bethlehem, PA

Supervisor: Nicholas Ladany, Ph.D.

- Provided weekly individual supervision to a Masters level counseling trainee in a state hospital practicum setting
- Conducted bi-weekly case consultations including tape reviews and completed semester evaluations of trainee's performance
- Participated in weekly group supervision of supervision in two seminar courses titled *Supervision of Counseling* and *Supervision Apprenticeship*

08/06 – 06/07

Doctoral Supervisor: Allentown School District, Central Elementary, Allentown, PA
Grant funded position with Lehigh Valley Hospital

Supervisor: Arpana Inman, Ph.D.

- Provided individual and group supervision to two Masters level school counseling trainees
- Conducted individual counseling and crisis interventions (e.g., suicide assessments) with 39 students in grades one through five
- Developed and implemented fourth grade social problem solving group

08/05 – 06/06

Practicum Student: Allentown School District, Jefferson Elementary, Allentown, PA
Supervisors: Arnold Spokane, Ph.D., Susan Siegrist, M.Ed.

- Conducted individual counseling and classroom lessons in career, personal safety, bullying, and conflict resolution with students in kindergarten through grade five in an urban setting
- Developed and implemented three first grade social skills and three fourth grade anger management groups
- Co-facilitated training for fifth grade conflict manager district-wide program

08/04 – 08/05

Program Manager: Lehigh Support for Community Living, Lehigh University, Bethlehem, PA

Supervisor: Freya Koger, Ph.D.

- Facilitated community inclusion, social relationships, and self-determination in a program which provides innovative community living supports in home and community settings for adults with disabilities
- Worked individually with three clients with Down's Syndrome, Autism, and Alzheimer's Disease to conduct assessments, implement behavioral interventions, and teach life skills

TEACHING EXPERIENCE

- 09/11 – present **Professor of Practice:** Clinical Coordinator, Counseling Psychology Program, College of Education, Lehigh University, Bethlehem, PA
Graduate Courses Taught: Internship I – School and CHS Sections (Fall 2012, 2011), Internship I – International Section (Fall 2012), Internship II – School, CHS, and International Sections; Advanced Doctoral Practicum II (Spring 2012), Counseling Youth in School and Clinical Settings (Summer 2012)
- 08/07 – 05/10 **Adjunct Faculty:** Counseling Psychology Program, College of Education, Lehigh University, Bethlehem, PA
Graduate Courses Taught: Standardized Tests, Measurement, and Appraisal (Spring 2010), Practicum (Fall 2009; Fall 2008; Fall 2007), Field Work in Counseling (Spring 2009)
- 01/06 – 05/07 **Teaching Assistant:** Counseling Psychology Program, College of Education, Lehigh University, Bethlehem, PA
Graduate Courses Taught: Helping Skills (Spring 2007), Elementary & Secondary School Counseling III, Consultation in the Schools (Summer 2006), Family Counseling (Spring 2006)

ASSESSMENT EXPERIENCE

- 05/07 – 08/10 **Neuropsychology Psychometrician:** Good Shepherd Rehabilitation Hospital, Psychology Department, Allentown, PA
- 01/09 – 12/09 **Practicum Student**
Supervisor: Martin Diorio, Ph.D.
- Worked individually with over 225 patients (aged 14-86) diagnosed with traumatic brain injury, stroke, dementia, mild cognitive impairment, Parkinson's disease, multiple sclerosis, spina bifida, work-related injuries, concussions, mental retardation, and/or mental illness to assess neuropsychological functioning
 - Administered, scored, interpreted, and developed reports for full battery of neuropsychological tests including WMS-III, WRAML-2, WAIS-III, WISC-IV, WIAT-II, WRAT-IV, HRNB, D-KEFS, MCMI-III, MACI, MMSE, DRS-2, RBANS, BDI, BAI, TOMM, and VIP
- 06/12 - present **Supervisor:** Law School Admission Council, Lehigh University Testing Center,
02/05 – 01/10 Bethlehem, PA
- Coordinated 14 Law School Admission Test (LSAT) administrations, including accommodations for persons with disabilities to approximately 100 students per session, provided extensive training to associate supervisors and proctors

SERVICE EXPERIENCE

- 01/11 – present **Core Team Member:** Valley Against Sex Trafficking (VAST), Bethlehem, PA
Trainee: Wellspring Living, Atlanta, GA; VAST and Truth for Women (TFW) selected as one of ten programs for a 24-month organizational mentorship training
- Obtained on-site training in Atlanta, GA by Wellspring Living in 01/11 and 01/12 and bi-monthly training via phone on developing a safe home, specifically in the area of providing holistic in-home services and therapeutic support

- Co-developed Service Delivery Training for counselors, social workers, and coaches in the areas of home policies/procedures and trauma-informed counseling to be delivered 08/12
- Worked in collaboration with Homeland Security to interview and provide referrals to rescued survivors of sex trafficking in the local Lehigh Valley area

04/10 – 07/12

Core Team Member: Framing Young Individuals (FYI; 501-c-3), Allentown, PA

- Co-developed and supported delivery of character development program titled *Framing Young Individuals* to six middle and high school classrooms in the Allentown and Bethlehem School Districts, as well as developed measures and conducted analyses to assess program quality
- Provided support group titled *Hearts of Hope* and coordinated systemic supports including psychological and psychiatric referral sources, academic guidance, positive parenting classes, and financial planning to 12 young women sexual abuse survivors
- Grant-writer for the following program funding: \$4000 – Department of Justice, Attorney General’s Office, Philadelphia, PA; \$2300 – Weed and Seed of Allentown, PA

INTERNATIONAL EXPERIENCE

08/10 – 07/12

Board Member, Consultant, and Child Advocate

Mercy Village, Inc., Port-au-Prince, Haiti
Service trips in 07/10, 12/10, 02/11, 06/11

- Provided trauma-informed assessments; and individual, group, and family counseling to 12 children and adolescents aged 4-18 with sexual abuse and trauma history post-earthquake
- Delivered Positive Discipline Parent Training to home caregivers, modeled principles within home, and provided on-going feedback and consultation for challenging behaviors
- Supported children in gaining access to social, educational, and community resources, including attending school-based meetings as child advocate and medical appointments

06/06

Annual International Conference for the Society for Psychotherapy Research

The University of Edinburgh, Scotland

Panel Presentation: South Asian Indian Americans: Qualitative look at parental cultural transmission and interracial marriage.

Funding: APA Student International Travel Award

07/05

International Center for Leading Learning Communities

Counseling Institute, Puerto Vallarta, Mexico

Course: Professional Seminar

RESEARCH EXPERIENCE

05/08 – 07/08

Research Training Assistant: National Institutes of Health Intramural Research Training Award (IRTA) Summer Internship, National Institute on Aging (NIA) Intramural Research Program, Baltimore, MD

Supervisor: Alan Zonderman, Ph.D.

- Assisted in stability checks of Baltimore Longitudinal Study of Aging (BLSA) participants’ diagnoses of mild cognitive impairment and dementia; organized data

of BLSA diagnoses and assigned profiles based on progression of diagnoses over a twenty year period

- Used baseline data from the Healthy Aging in Neighborhoods of Diversity across the Life Span (HANDLS) study to initiate the investigation of *Disparities in Coping Across the Lifespan: An Examination of Race, Socioeconomic Status, and Sex as Moderators of Coping*
- Participated in weekly BLSA case review conferences with autopsy reports, HANDLS fellow meetings, and NIA trainings and presentations, including *Aging Brain Function and Its Modifiers* by Lori Beason-Held, Ph.D., and *Cardiovascular Aging* by Samer Najjar, M.D.

09/07 – 09/11

Research Assistant: Frank Dattilio, Ph.D., ABPP, Professor in Psychiatry, Harvard Medical School (Longwood Division)

- Prepared literature reviews in the areas of cognitive-behavioral therapy, couples and family therapy, clinical and forensic psychology, and case-based research
- Performed data analysis on clinical surveys, co-authored the study titled Survey of homework use, experience of barriers to homework, and attitudes about the barriers to homework among couples and family therapists in press for publication in the *Journal of Marital and Family Therapy*
- Served as co-reviewer with Dr. Dattilio for various articles submitted to *Psychotherapy Theory, Research, Practice, Training* (APA Division 29) and *Clinical Psychology: Science and Practice* (APA Division 12)

10/04 – 06/09

Research Assistant: College of Education, Lehigh University, Bethlehem, PA

- Department of Education, Institute of Education Sciences, Grant #R324C080011, *Center for Adolescent Research in Schools*, served as facilitator to implement and evaluate evidence based interventions supporting adolescent students and families with social, emotional, and behavioral problems, conducted assessments including WJ-III Test of Achievement, BASC-2, SSIS
Supervisor: Lee Kern, Ph.D.
- U.S. National Center Grant from Department of Education, Office of Special Education Programs, Grant #H326B070002, *Center for Evidenced Based Practice: Young Children with Challenging Behavior*, assisted in scoring assessments, organizing data editing and entry, and developing reports for families
Supervisors: Lee Kern, Ph.D., George DuPaul, Ph.D.
- U.S. Department of Education, Institute for Education Sciences, Grant # R305M030052, *The Center for Promoting Research to Practice*, administered WJ-III Test of Achievement and DIBELS tests to elementary school children in the Philadelphia School District
Supervisor: Edward Shapiro, Ph.D.
- *Enhancing Education Through Technology*, assisted in survey administration to teachers in Bethlehem School District
Supervisor: Ward Cates, Ph.D.
- Participated in consensual qualitative research investigation as an auditor for study by Arpana G. Inman, Ph.D., *Reflections and Experiences of Asian-Indian White Interracial Couples*, and as a research team member for dissertation in candidacy for Ph.D. by Erin Howard, B.A., *Trainees' Perceptions of Social Class Issues in Therapy and Multicultural Training*, and qualifying project by Matt Malouf, M.Ed., *Health-related Quality of Life, Mental Health and Psychotherapeutic Considerations for Women Diagnosed with a Disorder of Sexual Development: Congenital Adrenal Hyperplasia*

09/07 – 06/09

Research Consultant

- *Center for Humanistic Change, Inc.*, Allentown, PA, served as consultant for Project SUCCESS/Crossroads and Construction Trades Training programs in goal setting, development of measures, data collection, analysis, interpretation, and review of program progress to obtain future grant funding
- Laurane McGlynn, M.S., Chestnut Hill, assisted in preparing research results for dissertation in candidacy for Psy.D.: *A Correlational Investigation of Hope and Social Support in Women Diagnosed with Breast Cancer*
- Karen Hendershot, ABD, Lehigh University, assisted in preparing research results for dissertation: *Transformative Learning and Global Citizen Identity Development in Undergraduates: A Case Study for the Candidacy for the Degree Doctor of Education (Ed.D.) in Educational Leadership.*

PUBLICATIONS (* thesis)

Caskie, G. I. L., Eckhardt, A., & Sutton, M. (in press). Accuracy of self-reported college GPA: Gender-moderated differences by achievement level and academic self-efficacy. *Journal of College Student Development*.

Dattilio, F. M., Kazantzis, N., Shinkfield, G., & Carr (Eckhardt), A. G. (2011). A survey of homework use, experience of barriers to homework, and attitudes about the barriers to homework among couple and family therapists. *Journal of Marital and Family Therapy*, 37(2), 121-136.

Inman, A. G., Altman, A., Kaduvettoor, A., Carr (Eckhardt), A. G., & Walker, J. (2011). Cultural intersections: A qualitative inquiry into the experience of Asian Indian-White interracial couples. *Family Process*, 50(2), 248-266.

* Carr (Eckhardt), A. G., & Caskie, G. I. L. (2010). Path analysis of the relationship between social problem solving and White racial identity. *Journal of College Student Development*, 51(6), 622-636.

Malouf, M. A., Inman, A. G., Carr (Eckhardt), A. G., Franco, J. I., & Brooks, L. M. (2010). Health-related quality of life, mental health and psychotherapeutic considerations for women diagnosed with a disorder of sexual development: Congenital Adrenal Hyperplasia. *International Journal of Pediatric Endocrinology*, vol. 2010, Article ID 253465, 11 pages.

Davis, W., & Carr (Eckhardt), A. G. (2009). Three reasons why cultural competency should be of ultimate concern to clinical and counseling psychology graduate students. *The Pennsylvania Psychologist Quarterly*, 69(6), 14-15.

PRESENTATIONS

- 05/12 Sex & Money Film Viewing, Panel Discussant: Moravian College, Bethlehem, PA
02/12 *Spiritual Laws in Relationships: Unfailing Love Marriage & Dating Seminar 2012*,
Koinonia House of Worship, Allentown, PA
05/11 *Safe Dates*: Chester County Juvenile Detention Center, West Chester, PA
02/11 *V-Day Teach-In Haiti*: Lehigh University, Bethlehem, PA
05/10 *Career Pathways in 2010*: Lincoln Leadership Academy, Allentown, PA

TRAINING (RECEIVED)

06/12 *Trauma-Informed Care for Runaway and Homeless Youth*, Dept. of Health and Human

04/12	Services, Anti-Human Trafficking Program, Simulcast <i>“Trade of Innocents”</i> : A Global Perspective on Human Trafficking, Yale Law School, New Haven, CT
11/11	Pennsylvania Family Support Alliance’s <i>Training for Mandated Reporters of Child Abuse and Neglect</i> , Bethlehem, PA
09/11	NotForSale <i>Introductory Citizens Investigation Training</i> , Allentown, PA
08/11	<i>Personal Medicine/Power Statements and Common Ground</i> , Exton, PA
10/10	<i>Pennsylvania Client Placement Criteria (PCPC)</i> , Exton, PA
01/06	<i>The Olweus Bullying Prevention Program Training of Trainers</i> , Allentown, PA

PROFESSIONAL SERVICE

Pennsylvania Psychological Association of Graduate Students, Member at Large, Diversity Focus (2008 – 2010)
Pennsylvania Psychological Association, Geropsychology Subcommittee, Member (2009 – 2010)
Pennsylvania Psychological Association, Committee on Multiculturalism; Chair, Geropsychology Training Initiative Subcommittee (2008 – 2009)
Division 17, Supervision and Training Section, Webmaster (2007 – 2010)
Lehigh-Carbon School Counselors Association, Member at Large, Student Representative (2007 – 2009)
Pennsylvania School Counselors Association Leadership Development Academy, Liaison (2009)
Division 17, 116th Annual Convention of the APA: Catering Committee; Hospitality Suite Volunteer (2008)

UNIVERSITY SERVICE

Lehigh University College of Education Alumni Council (2009 – 2010)
Lehigh University College of Education Annual Giving Committee, Chair (2009 – 2010)
Lehigh University Disciplinary Appeals Committee, Graduate Student Representative (2007 – 2008)
Delta Zeta Sorority, Vice President, Treasurer, Philanthropy Chair, Kutztown University (2000 – 2002)
Student Government Board, Kutztown University (2001)
Student Senate, Kutztown University (2001)

COMMUNITY SERVICE

Student Leader for Pennsylvania Psychological Association of Graduate Students Community Service Project, Lehigh University, Supporting Truancy Awareness for You (2008)
Community Outreach Benefit Team Member and Volunteer, Coopersburg, PA (2009, 2008, 2007)
Kids Fest Volunteer, Allentown, PA (2008, 2006)
College of Education Day of Service, Bethlehem, PA (2008)

PROFESSIONAL MEMBERSHIPS

American Psychological Association (Student Affiliate, 2005 – 2011)
• Member of Divisions 17, 20, 40, and Section II of Division 12
• Pennsylvania Psychological Association (Student Affiliate, 2007 – 2011)
The Gerontological Society of America (Student Affiliate, 2008 – 2010)
Lehigh Carbon School Counselors Association (Student Affiliate, 2005 – 2009)