

# American Cheese Society Body of Knowledge

## Domain 1: Health, regulations, food safety

## 1. Health

- A. Health benefits
  - Milk
  - Cheese
  - Cultured dairy products
  - Nutrition
    - Fat content
    - Calories
    - Nutrients
      - o Calcium, protein/amino Acids
- B. Health concerns
  - Lactose intolerance
  - Gluten intolerance
  - Protein intolerance
  - Allergens
  - Dietary restrictions
    - Vegetarian
    - Kosher
    - Halal
  - Foodborne illness
    - Susceptible populations
    - Listeria monocytogenes
    - Toxigenic E. coli
    - Salmonella enterica
    - Staphylococcus aureus

## 2. Regulations governing cheese industry procedures

- A. Regulatory bodies
  - In the US
    - Federal: FDA, USDA, Customs and Border Patrol (CBP), Environmental Protection Agency (EPA)
    - State: Department of Agriculture, Agriculture & Markets, Agriculture & Land Stewardship
    - County
    - City
    - In other countries: Central and South America, Europe, Canada, Australia, New Zealand, China
- B. Registration and licensing
  - FDA facility registration
  - State facility registration
  - Warehousing and cold storage
  - Facility licensing
    - CTPAT
    - CES
    - CFS
    - Bonded
    - Pasteurizer

- State licensing
- Wisconsin state licensing
  - Cheesemakers
  - Butter makers
  - Cheese grader
- C. Milk
  - Pasteurized Milk Ordinance
    - Milk handling
    - Antibiotic testing requirements
    - Quality testing requirements
    - Use of raw milk in cheesemaking
  - Milk grades
  - Physical treatments of milk
    - Microfiltration etc.
  - Heat treatments
    - Definitions
    - Pasteurization
    - Requirements
    - Thermization
- D. Import/export
  - How to export your cheese
    - Logistics
    - Duties
    - Customs paperwork
  - How to import cheese and cheesemaking supplies
    - Freight forwarder
    - Customs broker
    - Consolidator
    - Invoice compliance
    - FDA registration of imported products
    - Canadian Quota System
  - Tariff system
    - "Over the top"
    - Duty based on milk type
  - License fees
  - USDA holds
    - Pest, infestations
  - FDA holds
    - Detention without examination
    - Blacklist
  - FSMA: FSVP
- E. Product labeling and dating

- Weights and measures
- Definitions: Best by, sell by, use by
  - Regulatory approvals
    - FDA approved labelling for imports
      - Outer and inner carton label compliance
- Requirements for different sales channels
  - Producer, wholesale, retail
  - Exemptions
- Ingredients

- Nutrition panel requirements
  - Standards of Identity/ trademarks
    - CFR/ PDO
- GTIN/GS1
- Traceability
- Lot codes
- F. Good Manufacturing Practices (GMPs)
  - 21 C.F.R. 110, 117
- G. Inspections, investigations, and targeted sampling
  - Environmental testing (by regulators)
  - Product testing by regulators
  - Water quality
  - Food contact surfaces

#### 3. Food safety

- A. Food Safety Modernization Act
  - Foreign Supplier Verification Program Rule
  - Sanitary Transport Rule
  - Hazard Analysis Risk -Based Preventive Controls Rule
  - Preventive Control Qualified Individual
  - Exemptions
- B. Food safety plan
  - Hazard analysis
  - Preventive controls
  - Process controls
  - Allergen controls
  - Sanitation controls
  - Supply chain
  - Temperature controls
  - Verification
  - Environmental monitoring
  - Product testing by producer
  - Corrective actions
  - Recall plan
  - Validation
  - Reanalysis
  - Supplier verification
  - Recordkeeping
  - Audits
    - Types: 1st- 3rd party audits
    - Frequency: Annual

#### C. Food defense plan

- D. Recordkeeping
  - Make process
  - Lot coding
  - Cold chain
- E. Third party audits
  - Retailers Consortium
- F. Training programs
  - FSPCA

# Domain 2: Operations

- 1. Facilities
  - A. Sanitary design
    - Foot traffic sanitary and unsanitary environments are separate
    - Limiting cross contamination possibilities
    - Vehicle access
    - Location and orientation
    - Building materials and insulation: Interior and exterior
    - Water supply
    - Sewer and septic needs
    - Environmental concerns: Water, air, pest control
  - B. Zones
    - Food handling/ preparation areas
      - Food contact surfaces
      - Cheese ripening/aging areas
    - Non- food handling areas
      - Storage areas
      - Refrigerated storage
      - Frozen storage
      - Dry storage for ingredients/ packaging
      - Restrooms
      - Loading docks
      - Floors
      - Walls
      - Drains
      - Break rooms, lockers
      - Dumpster, trash area
  - C. Climate controlled environments
    - Climate control concepts
      - Temperature
      - Dew point
      - Relative humidity
      - Air speed
      - Air exchange
        - Oxygen level, Ammonia evacuation, CO2, air filters
  - D. Milk processing and storage facilities
  - E. Cheesemaking facilities
    - Make room, draining room, drying room, brine room, ripening room cutting and packaging, cold store room, receiving room,
  - F. Cheese ripening environments and aging facilities
    - Ripening racking/method of storage/Shelving options, application, design and materials
      - Plastic or wooden crates, wooden shelving/ plastic metal wire racking/ run from ropes, anaerobic under vacuum seal
  - G. Packing rooms
    - Packing stations
    - Loading dock
    - Food safety considerations
    - Temperature and humidity for packing to prevent condensation inside wrapping material
  - H. Finished product storage, preparation, and sale

## 2. Equipment and utensils

A. Technology

- Robots, computers and computer systems, cameras
- B. Climate control tools
  - Air room exchanges/ [positive air pressure/ exchange rate (hourly/ daily)
    - Air handlers and sock systems
  - Static, radiant, or ventilated cooling
  - Humidifiers/dehumidifiers
  - Sensors
- C. Milk processing and storage
  - Bulk tanks, pasteurizers, bactofuges, separators, clarifiers, churns, vats
  - Thermometers, temp logs, defrost cycles
- D. Cheesemaking and aging
  - Tools to analyze composition
    - Titratable Acidity
    - pH meters
    - Salt analyzers
    - Moisture analyzers
    - Fat content analyzers
  - Molds/forms/hoops
    - Styles: Block, microperforated, perforated individual with bottom and without bottoms, basket, non-perforated
    - Material: Plastic, stainless steel, wood
  - Presses
    - Horizontal, vertical prepress tables
  - Tables
    - Prepress tables, draining tables, curd maturation tables, rotating drum drainer, draining belts, finishing tables
  - Vats
    - Square body traveling agitator, double O enclosed, circular open top, enclosed cradle, open top semi spherical, continuous coagulator, tipping vats, deep copper conical
  - Curd Mill
    - Peg, rotary, chip, plunger/drawer style
  - Pasta Filata Systems
    - Cooker (waterless/steam/ hot water)
    - Stretcher (continuous, batch)
    - Molder
  - Curd cutting tools
    - Harp, lira, spino, spanarola, plates, knives
  - Salting and brining tools
- E. Finished product storage, preparation, and sale
  - Forklifts
  - Utensils: cutters, scales, slicers

## 3. Standard Operating Procedures

- A. Development and maintenance of SOPs
  - Create written protocols
  - How to keep/store them
  - Training and documentation of training
- B. Best practices
  - ACS Best Practices Guide for Cheesemakers
  - Safe Cheesemaking Hub

- Environmental testing and monitoring for pathogens
  - In process testing for *Staph aureus*
  - ATPase test for sanitation
  - Finished or end- product testing
  - Program for holding product undergoing testing and positive release once results are in
- Safe Cheese Service
  - Workstation design
  - Mise en place
  - Clean as you go
  - Time/Temp at Ambient temperature- AW/pH thresholds for display
  - Cross Contact
  - One cheese, one board, one knife/wire
  - Slicers, sign holders, and other tools
    - Site testing surfaces

#### 4. Cleaning & sanitation protocols

- A. Standards of hygiene
  - Why we clean, frequency of cleaning, and documentation of cleaning
    - Definition: Cross contact
    - Deep cleaning schedules
    - Cleaning and maintenance schedules
  - Color coding systems
  - Chemicals, chemical use procedures, and cleaning agents
    - Types: Caustics, acids, sanitizer
    - Storage: Labeling in secondary container
  - Applications: COP/ CIP, foaming, manual clean, fogging
  - How to deal with spills and clean up
  - Wooden board usage and sanitation, cleaning, drying
  - Cleaning equipment and supplies
    - Mops, buckets, scrubbers, foaming systems

#### 5. Personnel

- A. Policies
  - Personal hygiene policies and practices (Included in GMPs)
  - Fitness for work
  - Protective clothing and Personal Protective Equipment (PPE)
  - OSHA regulations
  - Fair labor practices in U.S. and abroad
  - Ergonomics
- B. Visitors
  - Visitor policies, sign in-log
  - Contractor policies, sign in log

#### 6. Crisis Management/ disaster planning

- A. Recalls and withdrawals
  - Traceability: one step forward, one step backward
  - Procedures for isolation of affected product
  - Documentation
  - Wording of recall notice to be posted
  - Product disposition
  - Sanitation procedures
  - Financial credit
  - Responding to consumer questions
  - Handling of media
  - Internal/External Communications
    - PR/ Communication planning

- Contact lists
- B. Legal counsel
- C. First aid
- D. Natural disasters
  - Flood

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- Fire
- Power/ server outages
- Other natural disaster

# Domain 3: Cheese History, Definitions, and Categorization

## 1. History of cheese

- A. Milk preservation
- B. Economic history of cheese
- C. Anthropology/ Social history of cheese
- D. Geography

## 2. Definitions

- A. Codex Alimentarius
  - General Standard for Cheese
- B. Code of Federal Regulations
  - Standards of Identity
- C. Designations and name control
  - European Union
    - Protected Designation of Origin (PDO)/ Designation of Origin (DO)
    - Protected Geographic Indication (PGI)
    - Traditional Specialty Guaranteed (TSG)
  - Regional terms
    - Appellation d'Origine Contrôlée (AOC)/ Appellation d'Origine Protegee (AOP)
    - Denominazione di origine controllata (Italy)
    - Denominacion de d'Origen(Spain)
    - Geschutzte Ursprungsbesceichung (Germany/Austria)
- D. Other designations

- Certifications
  - Organic
  - Biodynamic
  - Humane Certified (i.e. Animal welfare Approved)
  - B-Corp
  - Validus
  - Non-GMO Verification
  - Production methods
    - Farmstead
    - Industrial
    - Coop
    - Fermier
- Trademarks

Mission/practice based labels

### 3. Categorization

- A. Attributes that affect how a cheese may be categorized
  - Place of origin
  - Milk type
    - Species
    - Breed
    - Make process
  - Milk treatment
  - Ripening method/ affinage/ rind type
  - Shape/size
  - Sensory attributes
    - Texture
    - Flavor profile
  - Age

- Seasonality
  - Micro ecology/Terroir
  - Feed type
  - Transhumance/Alpage
- Cultures
- Composition
  - Most commonly used: % Moisture, % FDM (fat in dry matter), % MNFS (Moisture non-fat substance/solids), %SM (salt in the moisture phase), pH
  - Uncommon- % Residual sugars/ % Ca/SNF (calcium/solids non-fat)

## Domain 4: Milk

## 1. Science of milk

A. Microbiology

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- Non-starter Bacteria
  - Lactic acid bacteria (LABs)
    - Adjunct or adventitious LABs
- Spoilage: micrococci, yeast, mold
- Phage/bacteriophage
- Pathogens, index, and indicator organisms
- B. Milk quality tests
  - Coliform (VRB)
  - Yeast and Mold
  - Spores
  - Standard plate count
  - Somatic cell count
    - Preliminary Incubation Count (PI Count)
      - Psychrotrophs
  - Pathogen Analysis

#### 2. Milk composition and yields

A. Milk components

- Casein, calcium, lactose, fat
- B. Intrinsic properties that affect composition and yield
  - Species
  - Breed
  - Age

- Animal health
- Individual animal within herd
- C. Extrinsic properties that affect composition and yield
  - Lactation
    - Morning milk versus evening milk
    - Stage of lactation
  - Nutrition
  - Feed source
    - Conventional total mixed ration (TMR), Grass-fed, pasture or organic
  - Season
  - Environment

## 3. Milk Source

- A. On farm production
- B. Purchased
- C. Milk pricing
  - Feed efficiency (Milk to feed ratio)
  - Class I-IV

## Domain 5: Cheesemaking

### 1. Science of cheesemaking

- A. Microbiology
- B. Chemistry
  - Cheese composition
    - Moisture, fat, non-fat solids
  - Water activity and pH

### 2. Ingredients

- A. Milk treatment
  - Heat treatment
  - Cream addition
  - Milk standardization (protein, casein, lactose- accomplished with membranes, powders, or other dairy ingredients)
  - Fat/cream separation
- B. Primary ingredients
  - Acidulants
    - Starter cultures
    - Citric acid, acetic acid (vinegar), purified lactic acid, glucono delta lactone, tartaric acid
  - Cultures
    - Starter (primary) cultures
      - Mesophilic, thermophilic,
      - Form: bulk, frozen, freeze dried
    - Ripening cultures (secondary/ adjunct)
      - NSLAB, yeasts, molds, micrococci, brevibacterium
    - Protective cultures
      - Added with intent of preventing contamination of unwanted microbiological activity outside the desired process
  - Coagulants

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- Types: Microbial, vegetal, animal, fermentation produced chymosin
- Forms: Liquid, powder, paste
- Effects of coagulant type and usage (on cheese making and aging)
- Salt
  - Types of salt

#### C. Optional ingredients

- Colorants
- Milk whiteners
  - Titanium dioxide
  - Hydrogen peroxide
  - Calcium chloride
- Lipase
  - Kid, calf, lamb
- Flavorings
  - Herbs and spices
  - Fruits and vegetables
  - Nuts, meat seafood
  - Smoke
  - Blended cheeses
  - Sweets, coffee, and tea
  - Alcohol
  - Rubs and washes
  - Ash
  - Leaves
- Manufacturing concerns when adding flavorings
- Safety concerns
- Protectants and preservatives
  - Protective cultures
  - Fermentates
  - Anti-caking agents

#### 3. Cheesemaking process

- A. Pre-ripening
- B. Milk ripening

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- Time, temp, pH, titratable acidity
  - Fermentation
    - Lactic
    - Enzymatic
- C. Coagulation
- D. Cutting or breaking curd
  - Curd cut sizes and gel firmness and their effect on finished cheese
  - Determining flocculation and gelation
- E. Intermediate steps
  - Rest/fore work
  - Milk and whey dilution
  - Curd washing
  - Settling- curd matured under whey as for pasta filata
  - Pre-draining/ separation of whey
    - Mechanical or manual pressing
    - Natural draining
    - Mechanical draining (belts/ rotating perforated tubes)
- F. Salting

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- Pre-salting, direct salting, dry salting
  - Grain size
    - Brining
    - Static, or mechanically managed
      - Chilled, filtered, pH regulated
- Flipping
- Factors that influence salt uptake

- G. Concentrating curd solids
  - Achieving the target moisture level in cheese body
    - Agitation
    - Stirring
    - Cooking
    - Pressing
    - Curd maturing
    - Under whey
    - Whey dilution
    - Washing
    - Cooking/ stretching
- H. Acidification

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- Impact on mineralization and texture
- I. Forming a curd mass
  - Molding
  - Milling

## Domain 6: Ripening

- 1. Science of cheese ripening
  - A. Microbiology
    - Rind
    - Paste
  - B. Chemistry
    - Predictors and chemistry behind texture and flavor development
    - Moisture in Non-Fat Solids (MNFS)
      - Proteolysis
      - Lipolysis
      - Glycolysis

#### 2. Ripening parameters

- A. Climatic requirements
  - Bloomy
  - Washed
  - Blue
    - Mold ripened
    - Foil-wrapped
  - Bandaged
     Natural rinc
    - Natural rind
  - Plastic or poly coated
  - Vacuum sealed/cryovac/ permeable plastic
  - Waxed
- B. Adjusting care based on unique batch parameters
  - Data/ communication from cheesemakers (in house or outsourced)
  - Reaching targets
  - Information about milk composition and heat treatment
  - Moisture, pH, salt, inherent microflora, Aw

#### 3. Ripening process

- A. Rind development
  - Rind treatment
    - Brining and salting

- o Brine tanks and systems
- Hand salting methods
- Washing
  - Tools and methods for washing
  - Wash solutions
  - Use of cultures in the brine to create a desired outcome for smear-ripened cheeses
- Rind protection material
  - plastic coating
  - wax
  - cloth
  - Specialty cheese papers
  - bags
  - ash
  - oil
  - lard
- B. Managing rind flora
  - Mitigation of desirable and undesirable mold/ yeast/ bacteria development
    - Mucor
    - Cheese mites
    - Rind rot
    - Slipskin (Peau de Grenouille)

## Domain 7: Assessment and Evaluation

## 1. Sensory Evaluation

- A. Grading systems/ schedules
  - Determine categories to measure
  - Determine measurement system
  - Build a grading database
  - Spider graphs
- B. Preparation
  - Familiarizing oneself with cheese varieties and judging standards prior to tasting
  - Avoid strong foods/odors before a grading session
- C. Evaluation environment
  - Effect of temperature, cleanliness, lighting, other aromas, potential distractions on cheese assessment
  - Tools- knives, triers
  - Calibrating palates and developing a common lexicon
  - Taste progression
  - Avoiding fatigue

#### 2. Points of Evaluation

- A. Quality assurance and analysis
- B. Defining cheese profiles
  - Determining acceptable and unacceptable flavor and body characteristics
  - Determine intensity of acceptable and unacceptable flavor and body characteristics
- C. During ripening
  - Sensory and technical assessments/ evaluations
  - Determining ripening trajectory for proper timing of release
  - Determining shelf life or best by dates for products

- Sensory analysis informed by cheese chemistry
  - (pH, moisture, fat, salt)
- D. Upon receipt
  - Affinage facility
  - Distribution
  - Retail
- E. Before selling or serving
  - Determine ripeness
  - Shelf life
- F. Competitions and judging

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- Types of competitions
  - Blind to producer vs. producer known
  - Number of entries
    - History
- American Competitions
  - American Cheese Society Judging & Competition
  - US Championship Cheese Contest
  - Good Food Awards
  - Regional Agricultural Fairs
  - International Competitions
    - World Cheese Awards
    - World Championship Cheese Contest
    - International Cheese Awards

## 3. Communicating assessments

- A. Documenting cheese assessments and evaluations
  - Scorecards
  - Templates
  - Tasting history
- B. Sharing assessments and evaluations
  - Consider audience
  - Providing positive feedback and comments
  - Language/tone
  - Vocabulary
- C. Feedback loop
  - Communicating problems across the supply chain
  - Collecting info/documentation for communication
  - Samples and photos
  - Develop a system that helps communicate issues back to producer, distributors/ cheesemaker/ milk source
  - Vat id, make date

# **Domain 8: Selling and Transporting**

## 1. Selecting sales outlets

- A. Choosing sales routes
  - Wholesale direct, distributor
  - Retail online, on farm, producer store
- B. Selecting distributors/retailers
  - Shop/Distributor Mission
    - Geographic location/scope/overlap

- Range of cheeses
- Selling approach (cut from wheel, cheese specialists)
- Receptiveness to seasonality
- Quantity requirements/expectations
- Seller integrity
- Competitive landscape
- C. Working with distributors/retailers
  - What to require
    - 3<sup>rd</sup> party audits, certifications, licenses, food safety plan or HACCP, FSVP, GFSI- SQF, BRC, End- product testing, COA analysis from a lab, environmental testing plan, FSMA vs. NON FSMA Audits
  - Setting policies re: payment terms, sampling allowance, demoing, what constitutes a valid return
  - Distributor reports (where cheese is sold)
  - Communicating with retailers, distributors and sales teams
  - Essential materials (POS, Handling instructions, producer info)

#### 2. Selling Cheese

A. Chain of Custody

- Terminology
  - Ex-works
  - FOB
  - CIF
  - Delivered
- Insurance
  - Documentation
    - Bill of Lading
- B. Recordkeeping

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- Traceability
- Invoicing
- Cold chain
- C. Format
  - Wheels
  - Blocks
  - Cubes, slices
  - Cut formats
  - Shred
  - Lidded containers

#### 3. Procuring

- A. Supply chain and sales channels
  - Producer
  - Importer
  - Distributor, broker, sub distributor (jobber),
  - Affineurs
  - Retailers
  - Restaurants
  - Direct to consumer
  - Farmers markets and farm stores
  - Online sales
  - Institutional (schools, military, hospitals, nursing homes)
  - Cruise ships and airlines

### 4. Packing

- A. Cheese preparation
  - Holding zones
    - Flow chart of physical movement of product and employees
- B. Wrapping cheese
  - Wrapping appearance: employee training
  - Types of wrapping materials
    - Environmentally conscious options
    - Specialty cheese papers
    - Plastics
    - Protective shells/ boxes
- C. Documentation
  - Labels with nutritional information
  - Packing lists
  - Invoices
  - Bill of lading
  - Airway bill
  - Batch/ lot code
  - Date packed
  - Weight
  - Regulatory requirements
  - Retail labels
  - Bar code
- D. Packaging materials
  - Environmentally conscious options
  - Type of cheese(s) being transported
  - Individual cheese box
  - Cases of boxes
  - Insulated boxes
  - Ice packs
    - Size and cheese: ice ratio
    - Special labeling
      - Case labeling: cheese, batch date, barcode
    - Pallet size requirements
  - Protectants and cushioning
    - Vacuum packing for transport
      - Gas flush
  - Disposal of packing materials

#### 5. Logistics and transportation

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- A. Modes of transportation
  - Refrigerated transport
  - Palletized shipments
  - Cheesemaker transport
  - Air freight
  - Ocean freight
  - Non-refrigerated shipping services
- B. Maintenance and documentation of the cold chain
  - Recording temperatures during transport
  - Temperature reading/ recording methods and devices

# Domain 9: Inventory Management

## 1. Sourcing (inventory selection)

- A. Considerations
  - Knowledge of customer base
  - Knowledge of product
  - Mission statement (declared or implied)
  - Subjective tastes of buyer
  - Geographical constraints of location
  - Type of cheese program
  - Style of shop/restaurant/company etc.
  - Producer integrity
  - Seasonality
  - Competitive landscape
  - Product diversity
  - Market trends
  - Optimal retail price
- B. Supplier Programs
  - Approved supplier programs (FSMA)
  - What to require of producers/ distributors
  - 3<sup>rd</sup> party audits, certifications, licenses, food safety plan or HACCP, FSVP, GFSI- SQF, BRC, Endproduct testing, COA analysis from a lab, environmental testing plan, FSMA vs. NON FSMA Audits
  - Store policies re: ingredients, payment terms, sampling allowance, demoing, what constitutes a
    valid return

### 2. Receiving

- A. Receiving protocols
  - Documentation
    - Purchase orders
    - Invoices
    - Packing slips
    - Bills of Lading
    - Product evaluation results (Ripe, ready to sell?)
    - Visual
    - Olfactory
    - Tasting
    - Batch no. logged
    - COA attached
    - Receiving logs
    - Photos
  - Check against purchase order, check actual received cheese against invoice/packing slip
  - Temp incoming product
    - How to temp- in cheese, in box, in truck
    - Check product specs. and quality proper labeling
  - Preparing for incoming cheese
    - Making space in refrigerated areas
    - Staff preparation
    - Work surfaces: clearing and cleaning
  - C. Unloading cheese
    - Receiving area/ dedicated tables
    - Unpack cheese
      - Put directly out for sale, or storage
    - Triage

- What to do if product arrives out of temp/ wet/ dry, etc.
- When to return/dispose/reach out for credit
- Documentation needed

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- Batch info, pictures
- Evidence of infestation
- Damaged or out of date product
  - Acceptable time lag from receipt to discovery (if defects are not visible)
  - Acceptable deviation from the norm
- Definitions: Best by, sell by, use by
- Discrepancy between purchase order and delivered product/ invoice- item name/ weight/ Qty, Weight discrepancies invoice to box to product- understanding the loss of weight from supplier to shop and how to handle this

#### 3. Inventory management

- A. Ordering
  - Pars
  - Logs
  - Tracking movement via sales/ shrink
  - Ordering/ buying management
  - Managing/evaluating promotions & sales goals
  - Systems for controlling inventory
  - Record keeping practices
  - Determine monetary value of inventory or evaluate inventory to determine monetary value
  - Internal reporting to gauge success
  - Movement reports
- B. Rotation
  - First in, first out
  - Date received
  - Make date/batch number
  - Product lifecycle
    - Knowing when to sell/push/ hold back based on assessment/ripeness/condition
- C. Controlling loss
  - Reducing and recording waste
  - Shrink
  - Expiration dates and product past prime
  - What to do when cheese doesn't sell
  - Regular inventory checks
  - When to clean/ how to clean, when to throw away

#### 4. Storage & Shelf Life Guidelines

- A. Product lifecycle
- B. Date marking and labeling
- C. Requirements for cold storage
  - Organizational flow
  - By category, region, producer,
    - Requirements for different business types
      - Cheesemaker/ producer storage
      - Distributor storage/warehouse
      - Retail storage
      - Restaurant
      - Cart, back case
      - Consumer storage recommendations

## Domain 10: Point of Sale to Consumer/ Preparation for Sale/Service

## 1. Types of cheese service

- A. Distribution
- B. Retail / wholesale
  - Take and fulfill orders
    - Managing special orders
  - Prioritization
  - Cleaning between cheeses .
    - Tasting and sampling
      - Active •
      - passive •
  - Cutting
    - Cut to order •
    - Cut and wrap
  - Wrapping
  - Manage sell by dates/ cut dates
  - Weighing for sale
  - Wholesale programs
  - Care of cheese on display
- C. Catering
  - Cheese platters
  - Off-site service
  - Hot service: fondue, raclette
- D. Restaurant
  - Portioning
  - Determining scope of cheese program
  - Suitability of program to goals of the restaurant
    - complimenting style of cuisine •
    - local / national / international selection •
  - Cheese presentation
  - Menu design
    - Cheese as starter course •
    - Cheese as separate course in multi-course meal •
    - Cheese as dessert
  - Plating
    - Kitchen or front of house
    - Proper serving temperature •
    - Proper tasting order •
  - Cheese cart
    - Appropriateness to style of restaurant
    - Table spacing
    - Ability of staff/designated fromager to make presentations •
    - Ability to maintain during service •
    - Working off vs. display only •
  - "Ownership" of cheese program
    - Kitchen vs front of house •
    - fromager vs out-sourcing to local cheese shop •

#### 2. Customer service

- A. Role of cheese professional
  - Consideration of what customer is looking for
  - Pricing •
    - Educate and communicate about all aspects of cheese background
      - Rennet, mold, yeast types

- Cheese names
- Ingredients and nutritional info
- Variety and milk type, heat treatment
- Provenance- producer/ affineur/Cooperatives/ fruitière/ certifications/ designations/ regionalities
- Producer biographies
- Serving sizes and portioning
- Pairing ideas
- Recipe suggestions
- B. Customer care

- Determine action
  - Apology
  - Discount
- Refund
- Documentation
  - Share with staff to educate

### 3. Tastings and pairings

- A. Composition
  - Classics
  - Seasonal variation and availability
  - Tasting progression
  - Beverages
  - Food
    - Regional specialties
  - Accompaniments
    - Breads
    - Fruits and vegetables
    - Nuts
    - Meats
    - Condiments
    - Honey
    - Olives
- B. Cooking with cheese

- Classic dishes
  - Raclette
  - Fondue
  - Poutine
  - Aligot
  - Macaroni and cheese
  - Grilled cheese sandwich
  - Onion soup
  - Frittata
  - Welsh Rarebit
  - Tartiflette
  - Concoillotte
  - Cheese as an ingredient
    - Melting cheese vs. non-melting
- C. Cheese boards

- Choices
- Condiments
- Visual appeal

Tools

# **Domain 11: Business Principles and Practices**

## 1. Research

- A. Industry statistics
  - Cheese sales and trends
    - Historic, present, predicted
    - Survey
      - In house
      - Contracted
- B. Market research
  - Target market
  - Demographics of the market
  - Knowledge of competition
  - Pricing thresholds
    - Performance/market changes over time
      - Your products
      - Trends overall
      - New trends

### 2. Accounting and finance

- A. Chart of Accounts
  - Cost of goods sold vs. expenses
  - Profit & Loss statements
  - Cash flow
  - B. Costing strategy
    - Definitions: Pricing, markup, margin
    - Delivered pricing versus freight on board/ free on board
    - Margin structure: distributor, wholesaler, retailer
    - Freight costs
    - Brokerage
    - Marketing costs
      - Sampling allowances
      - Identifying suggested retail price
    - Cost analysis of all cheeses produced before determining your selling price
    - Gross margin
      - Price architecture
      - Margin versus markup
      - Case procurement
      - Planograms
  - C. Reporting and profitability
    - Regular financial health checks
      - Financial dashboard
      - Taxes
    - Overhead: Utilities, rent

## 3. Human resources

- A. Insurance
  - Types of coverage and levels of coverage
    - Product liability
    - Product spoilage
    - General liability

- Natural disaster/crisis coverage
- Cyber-attacks and information breach coverage (credit cards)
- Business property
- Worker's comp
- Health
- B. Wages and benefits
  - Hours
  - Federal overtime laws
  - Exempt v. non-exempt
- D. Management
  - Creating a company culture
- A. Hiring practices
  - Interviewing
  - Required documentation
  - Employee handbook/ new hire packet
- C. Employees

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- Workplace behavior
- Educational opportunities
  - Field trips/ university training/ trade associations/ regional meetings/ ACS conference/ Cheesemonger competitions/ scholarships/independent cheese courses and tours
  - Resources: books, magazines, articles, podcasts, websites
  - Certification Exam
- Employee development
  - Evaluations
  - Writeups, disciplinary documentation
  - Corrective action plans
  - Termination procedures
  - Unemployment financial responsibility and remediation
  - Non-compete clauses
- D. Training
  - Employee training
    - Onboarding
      - Mentorship/ coaching

#### 4. Marketing

- A. Branding
- B. Strategic goals
- C. Sales
  - Sales employees
  - Brokers
  - Role of distributors
  - Goal setting
- D. Marketing
  - Advertising opportunities
  - Competitions
  - Social media
  - Print advertising
  - Website
  - Demonstrations
- E. Outreach and engagement
  - End user
  - Retail
  - Food service

- E. Cross platform strategies
  - Social media, partnerships, written communications (blog newsletter, etc.), website
  - Classes
  - Sampling: Tastings, dinners, in store demos

## 5. Merchandising

- A. Packaging and paper goods
- B. Signage
  - Sales sheets
  - Price sheets
  - Shelf talkers
  - Cheese signs
  - Promotional materials
- C. Visual merchandising
  - Creating an effective and safe display
  - Light oxidation
- D. Merchandising hot zones
  - Countertops
  - Eye-level shelving
- E. Impulse shopping
  - Merchandising at cash wrap
  - Cross merchandising displays