#### TO Public Health January 17, 2007

# An Introduction to Clinical Microbiology

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### Objectives

- 1. To provide an introduction to a typical microbiology laboratory
- 2. To address specific microbiology laboratory test issues as they apply to public health



#### Who we are

- Shared microbiology service between TML (UHN & MDS) and MSH
- Serve nine Ontario hospitals (~5000 beds) and five non-hospital clients
- Approximately 35 000 specimens processed per month



#### Who we are

- Site:
  - 14<sup>th</sup> Floor Mount Sinai Hospital
- Website:
  - www.microbiology.mtsinai.on.ca





#### What we do

- Clinical Service
  - Routine Diagnostics
  - Infection Control
  - Reference Testing
- Research
- Education



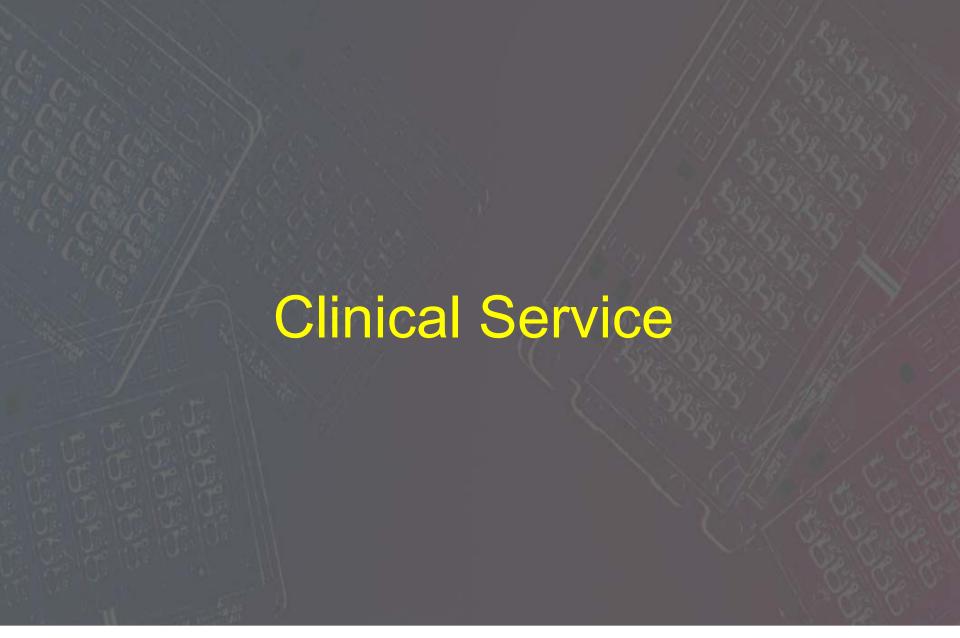


#### What we do

- Clinical Service
  - Routine Diagnostics
  - Infection Control
  - Reference Testing
- Research
- Education











# A. Routine Diagnostics

- Bacteriology
- Mycology
- Virology
- Serology
- Parasitology
- Mycobacteriology





## Terminology

- Bacteriology
  - Prokaryotic, single cell organisms
  - Divided into aerobic and anaerobic
  - Divided into gram-positive and gram-negative
- Mycology
  - Eukaryotic, multi-cellular organisms
  - Divided into yeast and filamentous fungi





## Terminology

- Virology
  - Acellular infectious particles consisting of core of RNA or DNA surrounded by a protein coat unable to replicate without a host cell
- Serology
  - Detection of antibodies against infectious agents



## Terminology

- Parasitology
  - Eukaryotic organisms
  - Divided into protozoa (e.g. *Plasmodium* spp.,
     Giardia lamblia) and nematodes (i.e. worms)
- Mycobacteriology
  - Prokaryotic, single cell organisms
  - Acid-fast bacteria





#### Process

- Specimen collection
- Specimen receipt
- Specimen processing
- Testing
- Interpretation
- Reporting





# Specimen Collection → Receipt

- Transport media
  - Stool cultures (Cary-Blair)
  - Viral/Mycoplasma/Chlamydia (transport media)
- Transport temperature
  - Sterile Site Specimens (room temp/incubate)
  - Nonsterile Site Specimens (room temp/4°C)
  - Virology/Serology/NAAT (4°C)





#### **Tests Overview**

- Direct detection
  - Stained smears, EM, LA, DFA, EIA, NAAT
- Culture
  - Media, Cell lines
- Serology
  - EIA, IFA, Immunoblots
- Susceptibility Testing



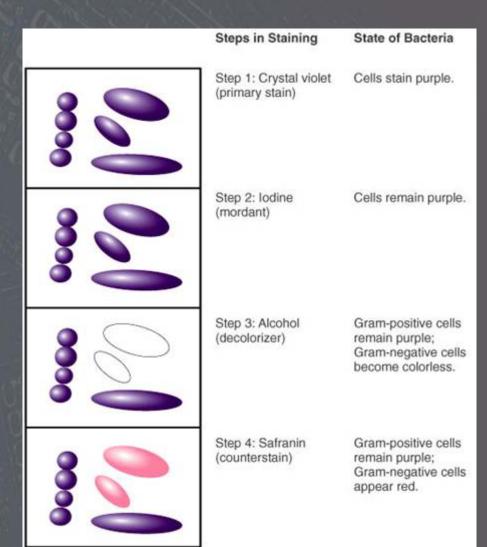








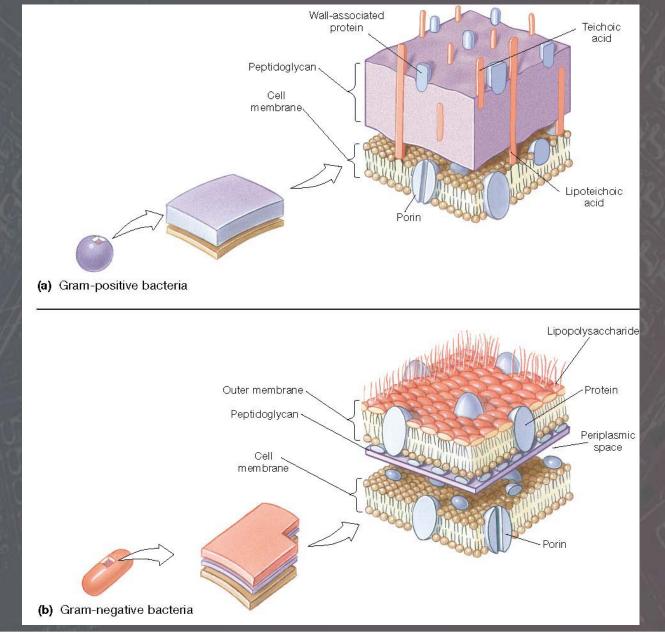
#### The Gram Stain







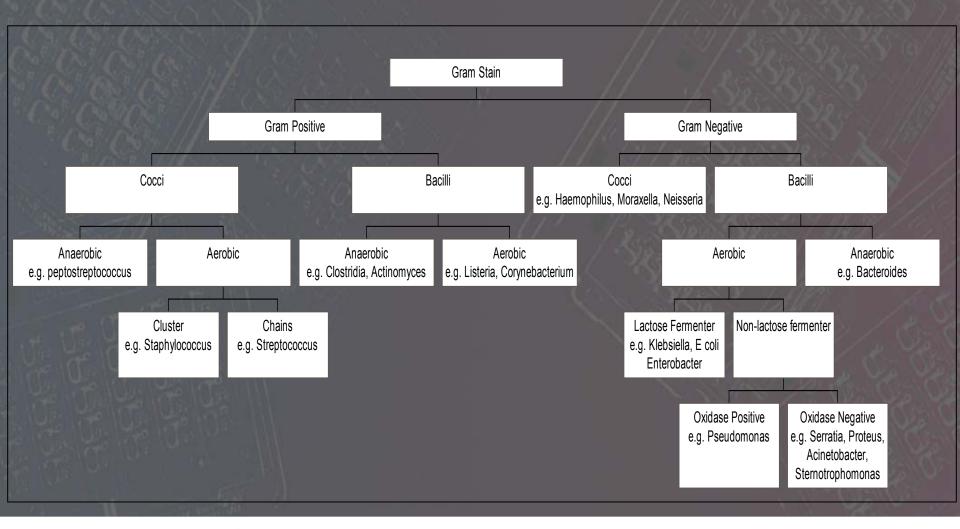








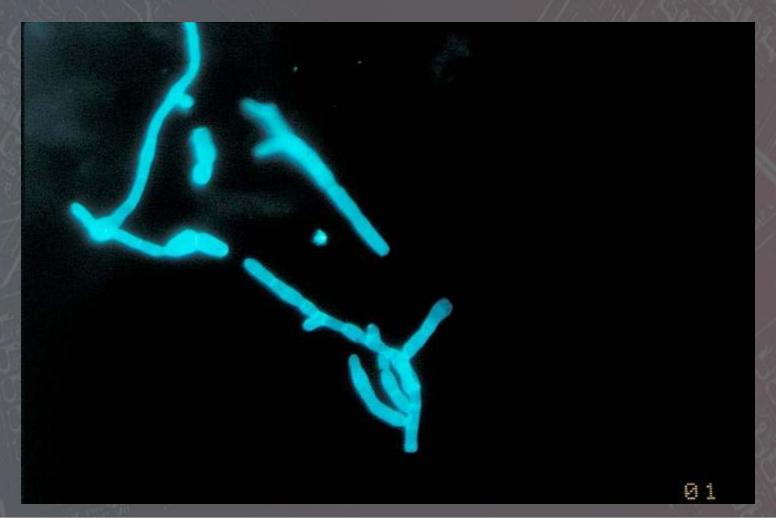
#### **Bacterial Classification**







### Calcofluor White

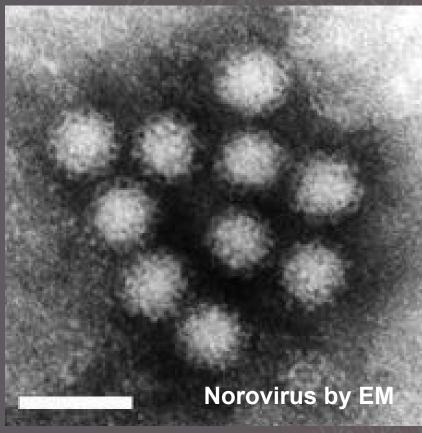






# Electron Microscopy









# Latex Agglutination

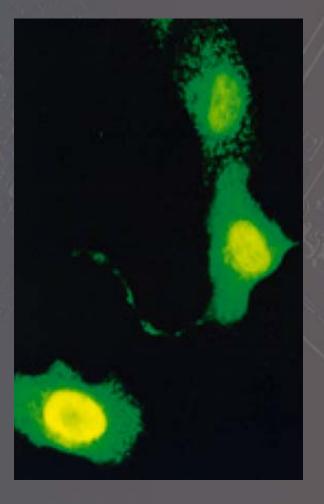
 Cryptococcal Antigen (CRAG)







# DFA/IFA







#### Membrane ElAs







# NAAT

- PCR most common
- Real-time instruments















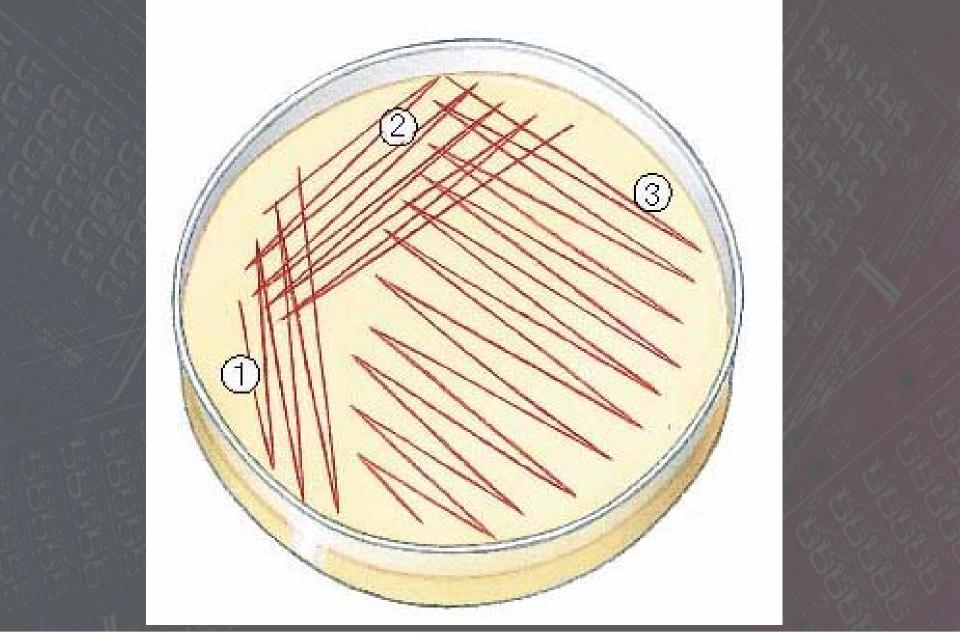






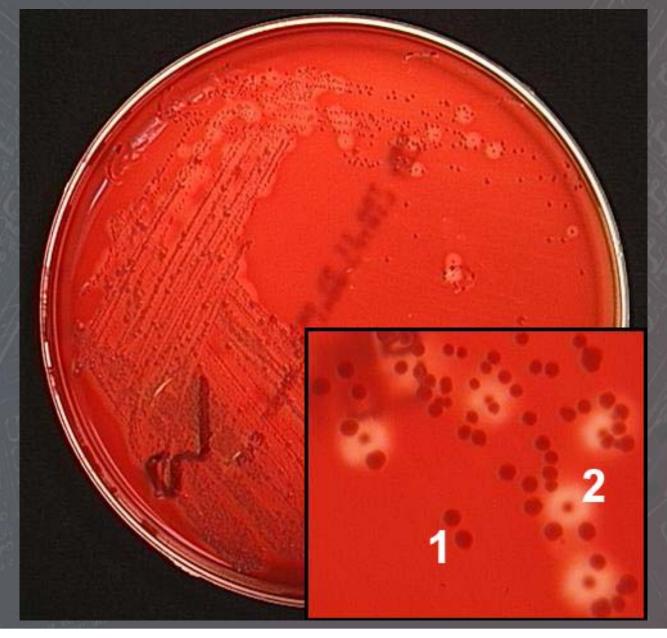






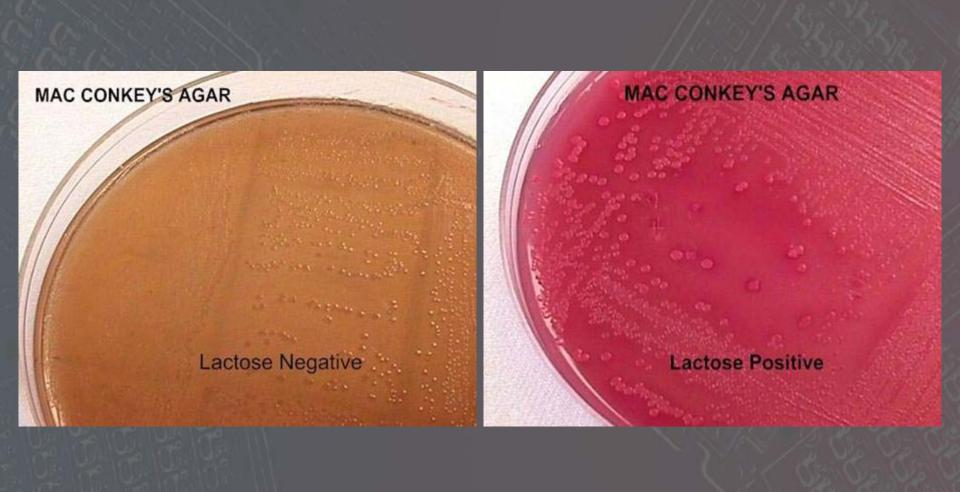














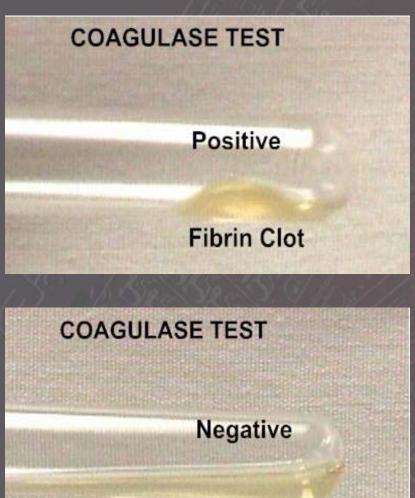








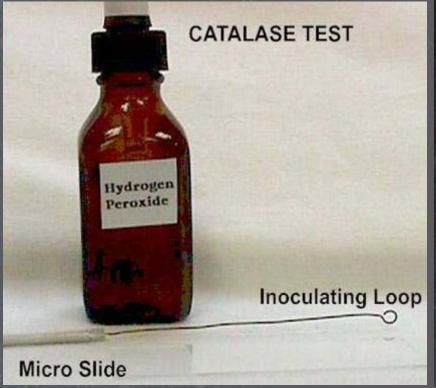


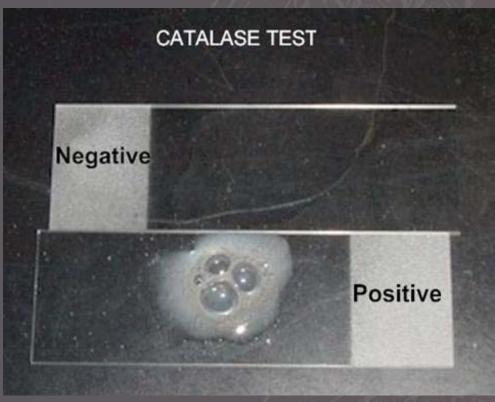






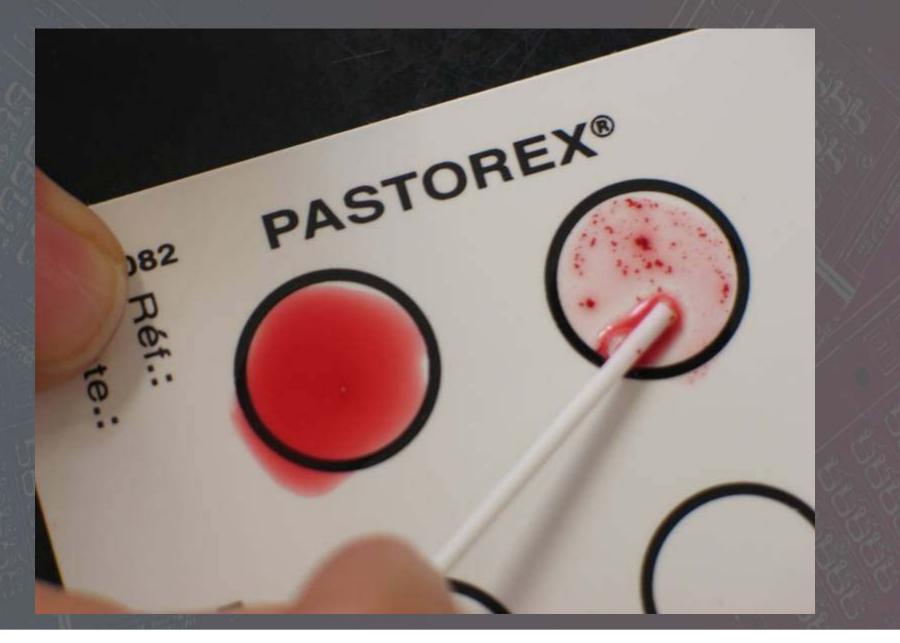
No Fibrin Clot











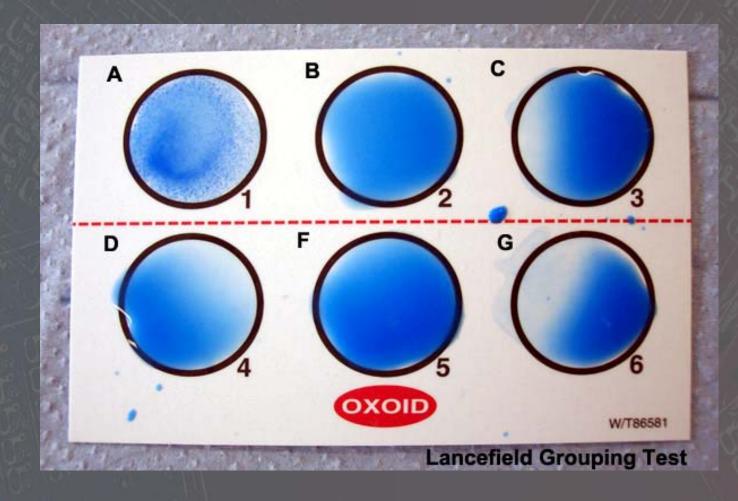














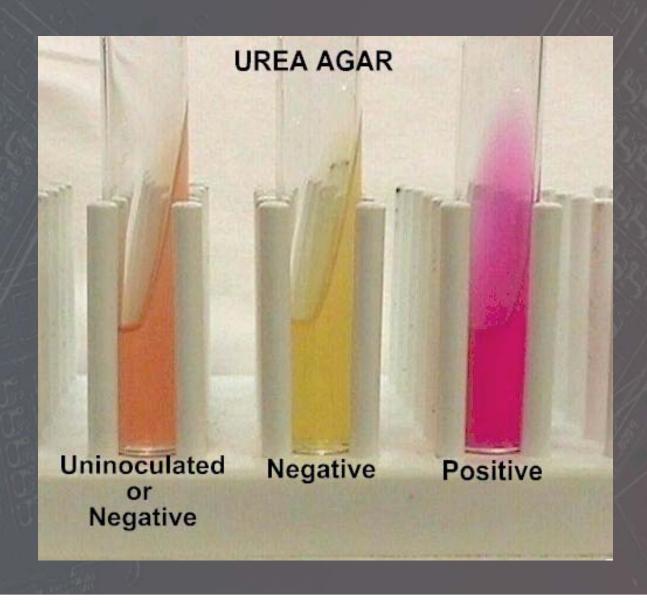






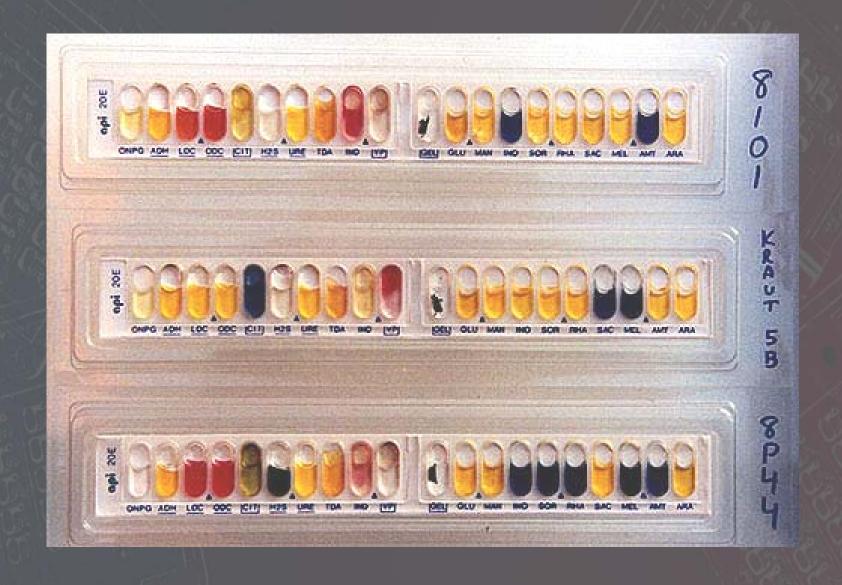














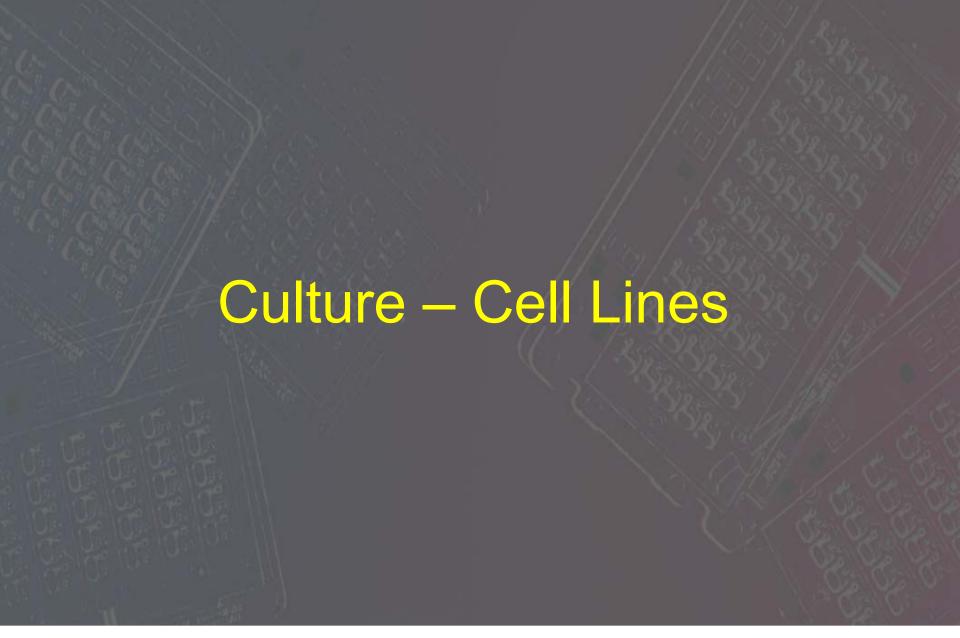


#### **Automated Identification**





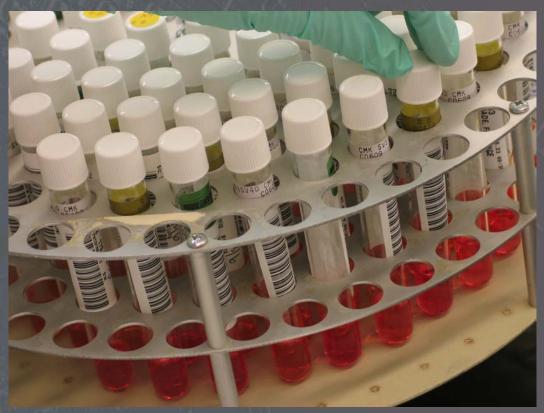








#### **Tube Culture**

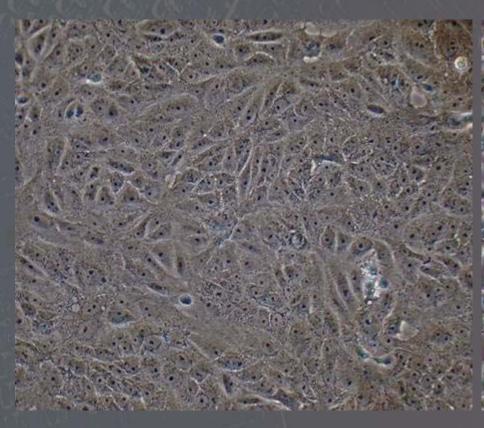


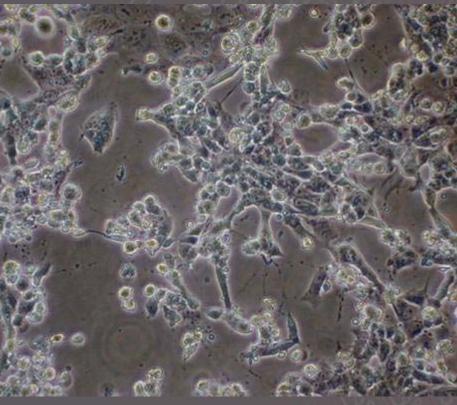






## Vero Cells – SARS-CoV









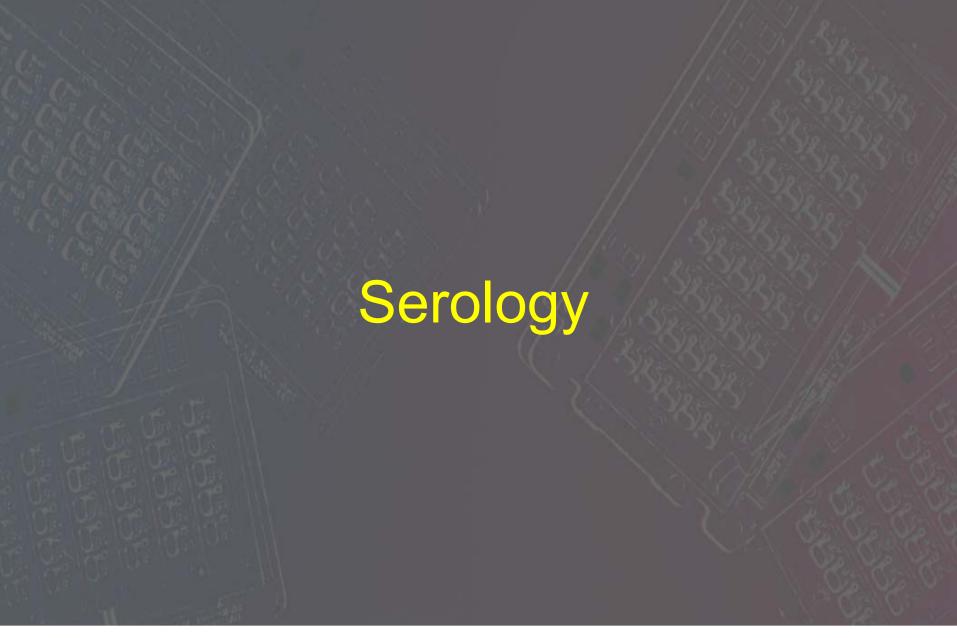
### Shell Vial















## Serologic Tests

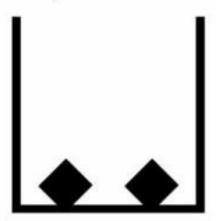
- Enzyme Immunoassay (EIA)
- Immunofluorescent Assays (IFA)
- Complement Fixation (CF)
- Hemagglutination Inhibition Assays (HAI)
- Western Blot
- Neutralization Tests



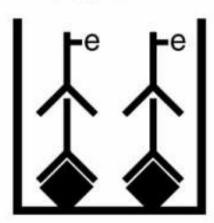




Step 1 Specific antigen is attached to a solid-phase surface



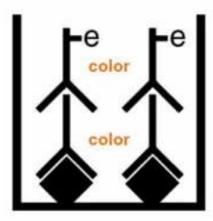
Step 3 An enzyme-labeled antibody specific to the test antibody is added (conjugate)



Step 2 Test specimen is added, which may or may not contain the antibody

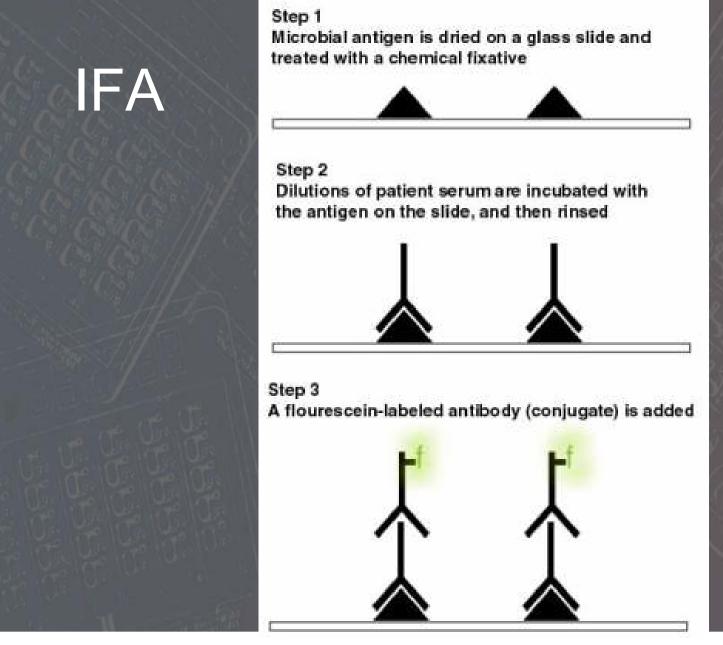


Step 4 Chromogenic substrate is added, which in the presence of the enzyme, changes color.











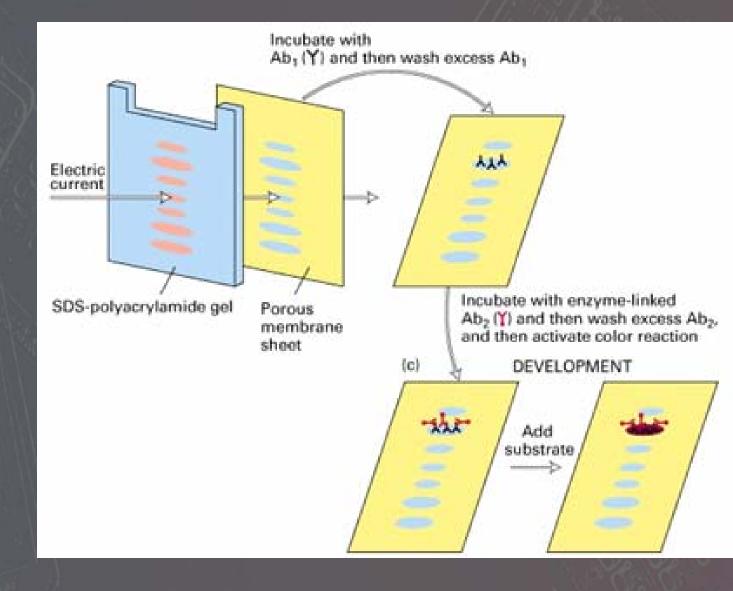


#### **Complement Fixation Test** Serum with Serum without antibodies antibodies Antigen binds Unbound with antibodies Antigen Complement Unbound binds with complement Ag/Ab complex Hemolysin Hemolysin Sensitized red Sensitized blood cells RBCs serve serve as an indicator as an indicator RBCs settle into RBCs lysed by unbound a pellet complement no lysis lysis Nonreactive Reactive





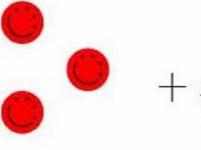
#### W. Blot



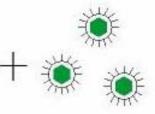




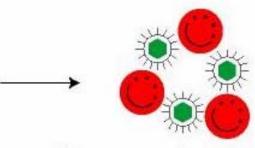




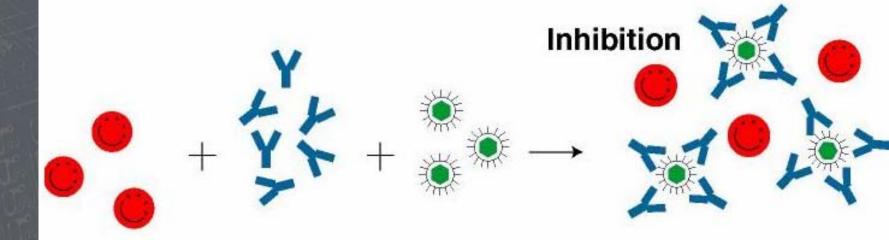




Virus Orthomyxovirus, Paramyxovirus



Hemagglutination



Red blood cells

Anti-viral antibodies from serum

Virus

Viruses neutralized and hemagglutination inhibited





#### **Neutralization Tests**

- Neutralization of a virus is defined as the loss of infectivity through reaction of the virus with specific antibody
- Virus and serum are mixed under appropriate condition and then inoculated into cell culture, eggs or animals



#### **Titres**

- Dilute specimen to determine how concentrated antibody titre is
- Expressed as 1:8, 1:16, 1:32, 1:64 etc.
- Positive
  - +IgM test
  - ->set cutoff (specific to each agent)
  - ->=4 fold rise between acute and convalescent specimens











#### **Definitions**

- MIC (Minimum Inhibitory Concentration)
- MBC (Minimum Bactericidal Concentration)
- Tolerance
  - $-MBC/MIC \ge 32$
  - Clinical relevance not established
  - Mostly related to beta-lactam drugs





#### **Definitions**

#### Combination Testing

- MCBT (multiple combination bactericidal testing)
- Synergy Testing (synergy, indifference, antagonism)
  - Checkerboard Titration
  - Time Kill Curves





#### MIC

- Interpretive Standards
  - NCCLS (changed to CLSI in Jan 2005)







- Susceptible (S), Intermediate (I), Resistant (R)
  - MIC breakpoints based on studies assessing:
    - PK/PD based on systemic antibiotic delivery
    - Clinical efficacy studies
      - » Clinical resistance vs. biologic resistance





M100-S15 Vol. 25 No. 1 Replaces M100-S14 Vol. 24 No. 1

January 2005

# Performance Standards for Antimicrobial Susceptibility Testing; Fifteenth Informational Supplement





## Susceptibility Testing

- Bacterial
  - Agar dilution, broth macrodilution, broth microdilution
  - Automated broth microdilution
  - Disk diffusion
  - E test
  - Screening Plates
  - Molecular (latex agglutination, NAAT)
- Fungal
  - Macrodilution, microdilution
- Mycobacteriology
  - Macrodilution





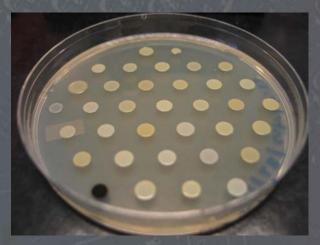
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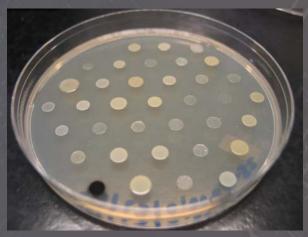




## Agar Dilution



Penicillin 1 mg/L



Penicillin 2 mg/L

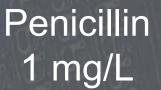


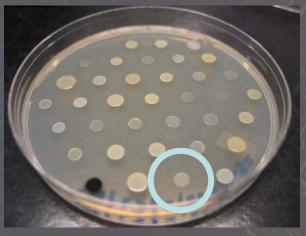
Penicillin 4 mg/L



## **Agar Dilution**







Penicillin 2 mg/L



Penicillin 4 mg/L

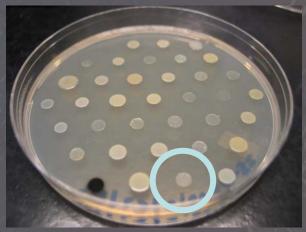




### **Agar Dilution**

Pen MIC = 4 mg/L







Penicillin 1 mg/L

Penicillin 2 mg/L

Penicillin 4 mg/L







1 2 4 8 16 32 64 128 256 512 Penicillin (mg/L)



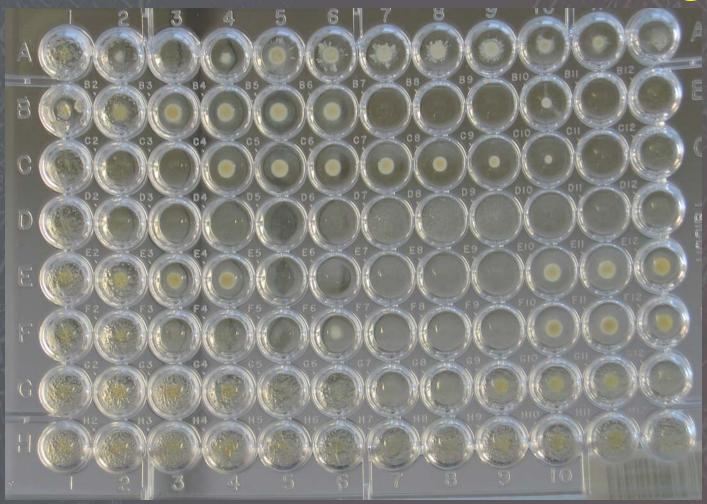




1 2 4 8 (16) 32 64 128 256 512 Penicillin (mg/L)











ISOLATE #: 4												
	1	2	3	4	5	6	/	8	9	10	11	12
Α	MHB	Vanco	Vanco	Vanco	Oxacillin							
	CONT.	2	4	8	0.25	0.5	1	2	4	8	16	32
В	MHB	Ery	Ery	Ery	Ery	Ery	Clinda	Clinda	Clind/ery	Tetra	Tetra	Tetra
	2%NaCl	0.5	1	2	4	8	2	4	4/0.25	4	8	16
С	Doxy	Doxy	Doxy	Mup								
	4	8	16	1	2	4	8	16	32	64	128	256
D	Mino	Mino	Mino	Rif	Rif	Rif	TMP/SMX	TMP/SMX	TMP/SMX	Genta	Genta	Genta
	4	8	16	1	2	4	2	4	8	4	8	16
Е	Cipro	Cipro	Cipro	Cipro	Fucidic	Fucidic	Fucidic	Fucidic	Fucidic	Gemi	Gemi	Gemi
	1	2	4	8	0.5	1	2	4	8	0.25	0.5	1
F	Linezo	Linezo	Linezo	Linezo	Linezo	Synercid	Synercid	Synercid	Synercid	Gemi	Gemi	Gemi
	1	2	4	8	16	1	2	4	8	8	4	2
G	Dapto	BMS 756	BMS 756	BMS 756	Genta							
	0.03	0.06	0.12	0.25	0.5	1	2	4	0.25	0.5	1	500
Н	Cefoxitin	BMS 756	BMS 756	BMS 756	NG							
	0.5	1	2	4	8	16	32	64	8	4	2	CONT.

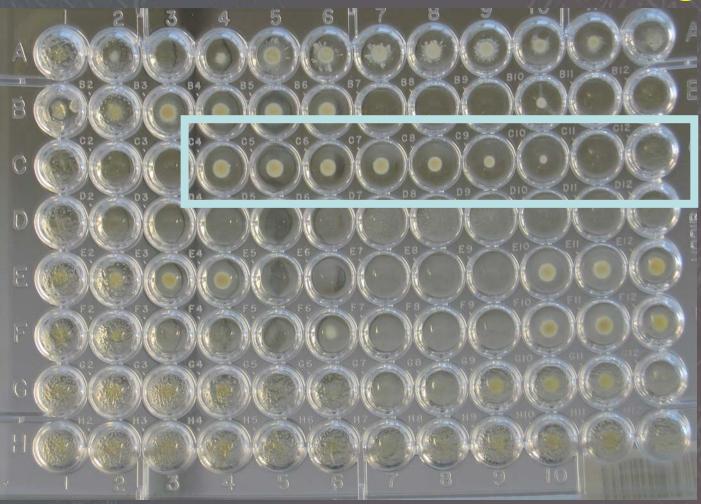




ISOLATE#:												
	1	2	3	4	5		'	8	9	10	11	12
Α	MHB	Vanco	Vanco	Vanco	Oxacillin							
	CONT.	2	4	8	0.25	0.5	1	2	4	8	16	32
В	MHB	Ery	Ery	Ery	Ery	Ery	Clinda	Clinda	Clind/ery	Tetra	Tetra	Tetra
	2%NaCl	0.5	1	2	4	Я	2	4	4/0.25	4	R	16
С	Doxy	Doxy	Doxy	Mup								
	4	8	16	1	2	4	8	16	32	64	128	256
D	Mino	Mino	Mino	Rif	Rif	Rif	TMP/SMX	TMP/SMX	TMP/SMX	Genta	Genta	Genta
	4	8	16	1	2	4	2	4	8	4	8	16
Е	Cipro	Cipro	Cipro	Cipro	Fucidic	Fucidic	Fucidic	Fucidic	Fucidic	Gemi	Gemi	Gemi
	1	2	4	8	0.5	1	2	4	8	0.25	0.5	1
F	Linezo	Linezo	Linezo	Linezo	Linezo	Synercid	Synercid	Synercid	Synercid	Gemi	Gemi	Gemi
	1	2	4	8	16	1	2	4	8	8	4	2
G	Dapto	BMS 756	BMS 756	BMS 756	Genta							
	0.03	0.06	0.12	0.25	0.5	1	2	4	0.25	0.5	1	500
Н	Cefoxitin	BMS 756	BMS 756	BMS 756	NG							
	0.5	1	2	4	8	16	32	64	8	4	2	CONT.











Mupirocin (mg/L)

1 2 4 8 16 32 64 128 256



Mupirocin MIC = 128 mg/L





#### **Automated Broth Microdilution**







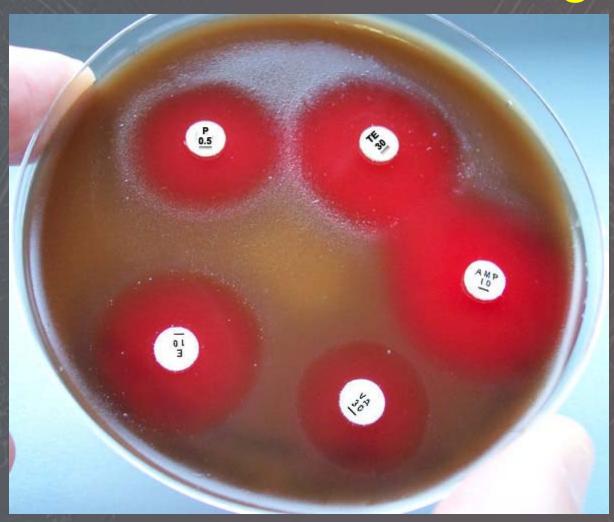
## **Disk Diffusion Testing**







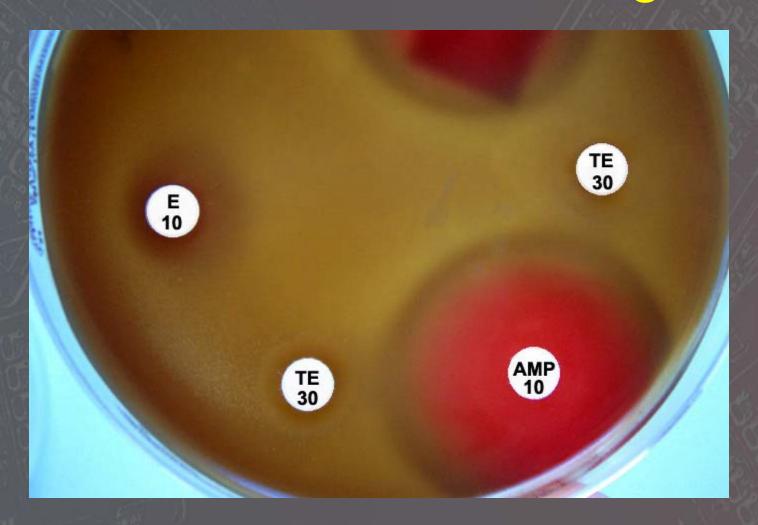
# Disk Diffusion Testing







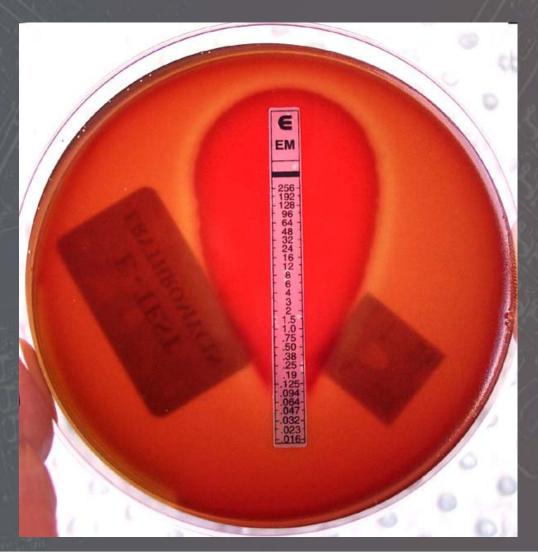
# **Disk Diffusion Testing**







## E test







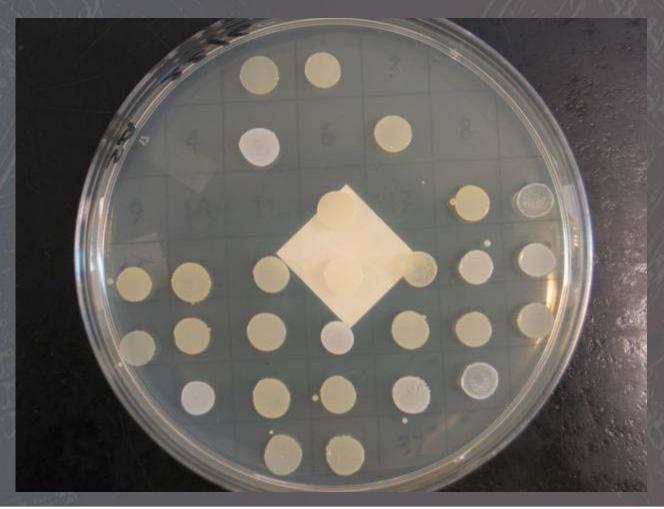
# E test







# Screening Plates (DIRECT FROM ISOLATE)







# Screening Plates (DIRECT FROM SPECIMEN)









# Latex Agglutination







# NAAT







## Limitations of Susceptibility Tests

- Interpretative guidelines
- Cost (NAAT)
- New resistance determinants
  - MRSA
  - VRE
  - ESBL
  - VRSA, VISA
- Turn-around-times











#### **TATs**

- Direct detection
  - STAT or within 24 hours
- Culture
  - Varies
- Serology
  - Usually within 24 hours (excluding weekends)
- Susceptibility Testing
  - Varies (typically requires positive culture)





### Culture TATs

- Bacteriology
  - Routine: 24-48 hours
  - BC: 5 days (21 days if endocarditis)
- Mycology
  - 2-6 weeks
- Virology
  - 1-2 weeks
- Mycobacteriology
  - -6 weeks





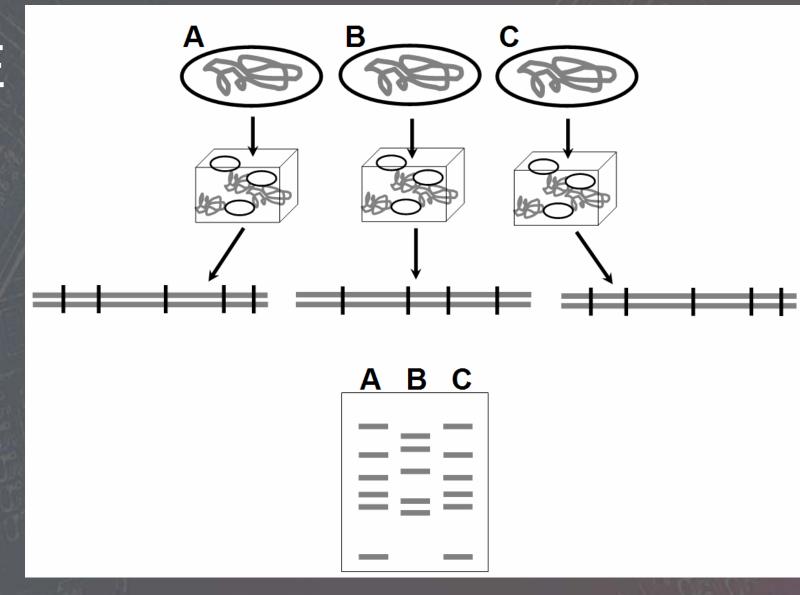
### B. Infection Control

- Epidemiology of Infectious Disease
  - Reportable diseases
  - Tracking rates of select pathogens
    - e.g. C. difficile, AROs
- Epidemiology of Antimicrobial Resistance
  - Annual antibiogram
  - Antibiotic Subcommittee
    - Formulary, guidelines
- Outbreak investigation
  - Epidemiology typing, treatment options





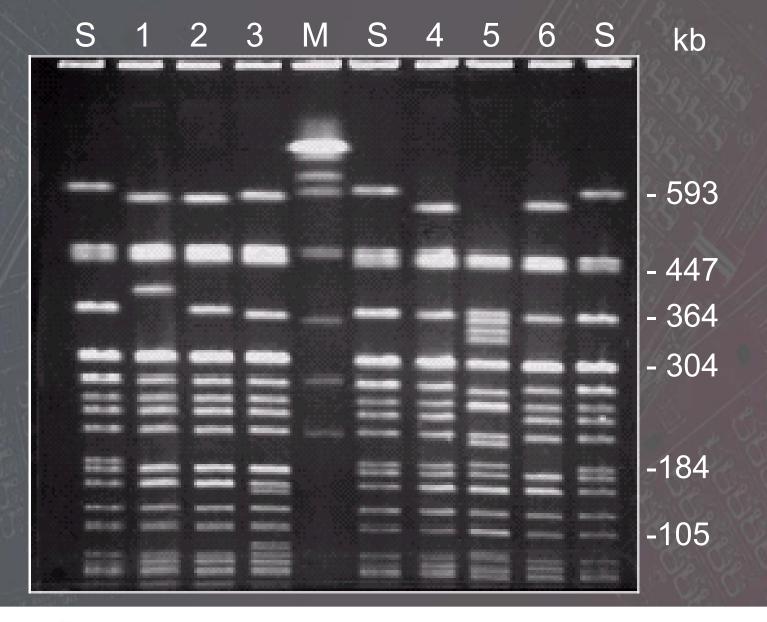
### **PFGE**







eg.





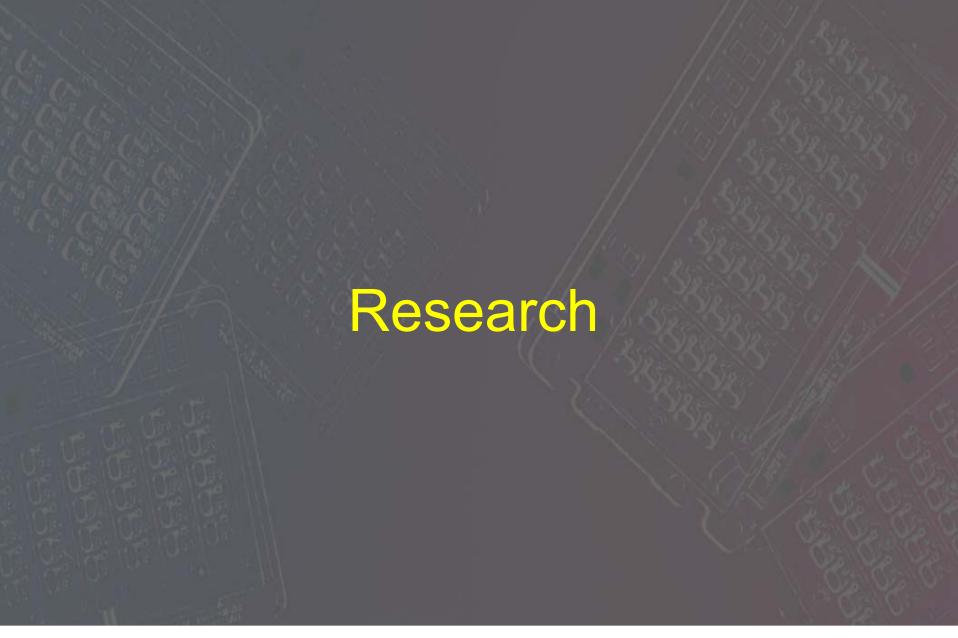


### C. Reference Work

- Susceptibility testing
- Identifying resistance determinants
- Epidemiologic typing (esp. AROs)
- NAAT









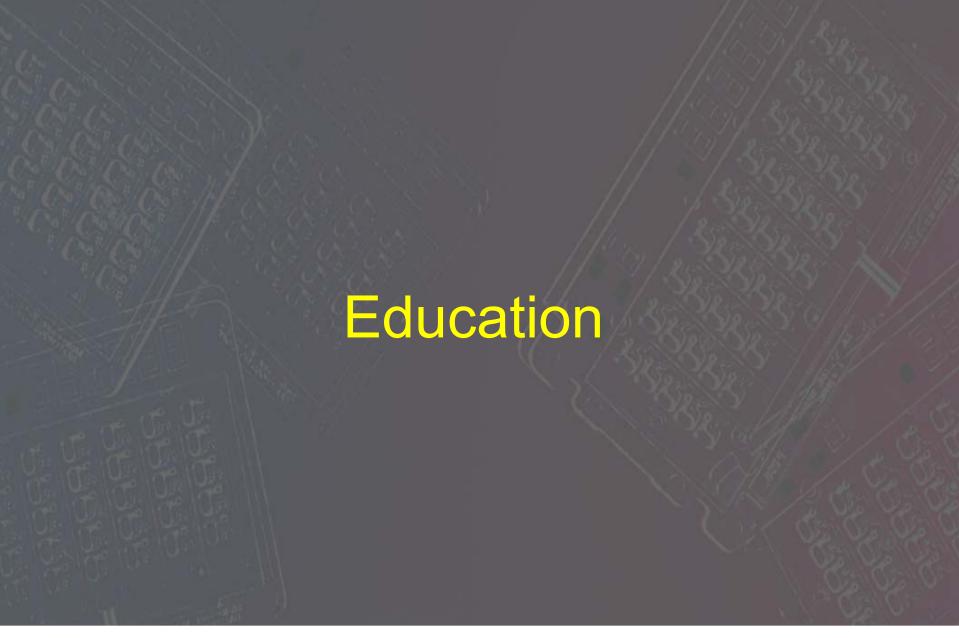


#### Research

- Collaborative studies
- Surveillance studies
- Mechanisms of resistance
- Animal model
  - PK/PD
  - MPC









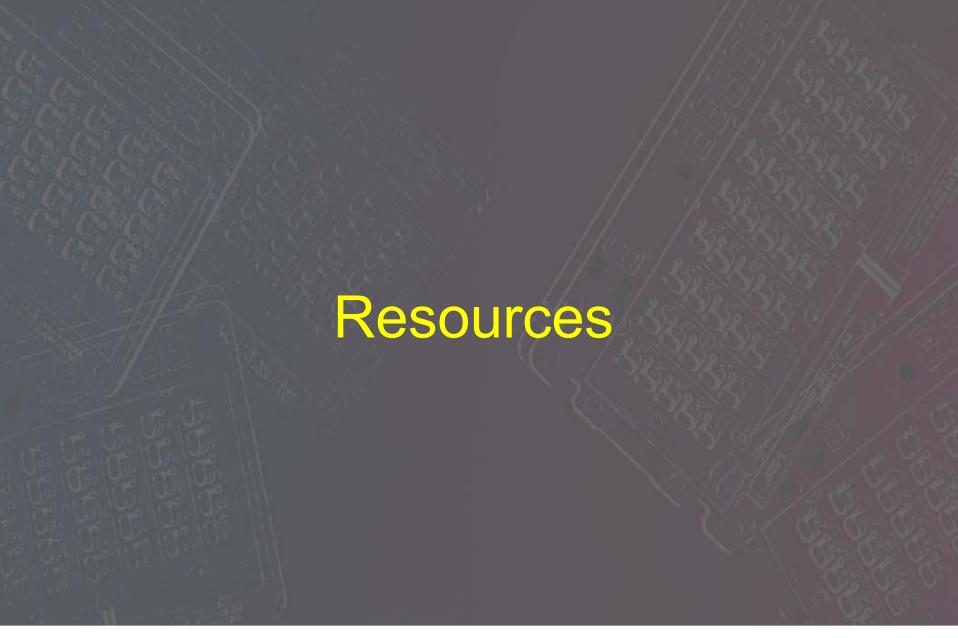


#### Education

- Undergraduate lectures
- Postgraduate lectures
- Plate rounds
  - ID team with pharmacists
- Internships
  - Students
  - Pharmaceutical industry representatives













#### Specimen Collection Guide: Testing Guideline 2006

The Testing Guideline provides an overview of the laboratory testing available through the Ontario Public Health Laboratories (OPHL).

The guideline is listed in alphabetical order by disease, syndrome and/or causal agent.

Information includes:

- Laboratory tests available
- Laboratory test code
- Appropriate specimens
- Collection kit numbers
- Section / location where test is performed
- Turn-around-times for negative and for positive or confirmatory results
- Additional information as required

Please note that the turn-around-times are based on Monday to Friday business working days.

For further assistance, please use the OPHL HELPLINE at 1-800-640-7221 and your call will be appropriately directed.

#### Document download

This Publication requires knowledgeable interpretation and is intended primarily for professional health care practitioners, health care organizations and public health units.

Specimen Collection Guide - August 2006 Testing Guidelines

74 pages | 306 Kb | PDF format

http://www .health.go v.on.ca/en glish/provi ders/pub/l abs/speci men.html





# **Specimen Collection Guide**- Testing Guidelines

Public Health Laboratories Ministry of Health and Long-Term Care

August, 2006



http://www.health.gov.on.ca/english/providers/pub/labs/specimen.html





Disease / Syndrome / Causal Agent / Test	Test Code	Specimens	Collection Kit	Test Available	Section	TAT Negative Results Reported	TAT Positive or Confirmatory Results Reported	Notes *
Ascariasis Ascaris lumbricoides		Faeces in SAF preservative	Para	Microscopy	Parasitology	3 days	Within 3 days	
		Adult worm (passed in vomit or faeces)	Sterile container with normal saline		Parasitology	2 days	Within 2 days	
	S06	Blood, clotted or serum	BL-S	EIA	Immunodiagnostics	7 days	Within 7 days	
Aspergillosis (Invasive)	S05	Blood, clotted or serum	BL-S	Immuno-diffusion	Immunodiagnostics	7 days	Within 7 days	
Astrovirus Infections Astrovirus	V06	Faeces	Sterile container	Electron microscopy	Virus Detection	3 days	Within 3 days	If transportation is delayed, refrigerate at 4°C.
Avian Flu		Nasopharyngeal aspirate/swab	Virus-Resp	Virus isolation	Virus Detection	Preliminary 7 days	Within 10 days	Contact the local Health Unit and Head, Virus Detection at 416-235-5730 prior to submitting specimen.
				Direct antigen Detection (Flu A, B)		1 day		Submit travel history and clinical information.
				rRT-PCR	Molecular Diagnostics		Preliminary 1 day, confirmation sent to NML, Winnipeg, MB.	





#### OPHL

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Susan M. Poutanen, MD, MPH, FRCPC spoutanen@mtsinai.on.ca (416) 586-3139



