

Imam Nawawi's 40 Hadith - How to live life

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



How do you consider if a person is living or non living?

A person living has senses, can breath, moves, feels. The difference between the living and non living is the soul.

How are we supposed to really live?

Life to life is different, living to living is different.

How can we have the perfect life? Follow the advice of Prophet Muhammad *ṣallallahu 'alayhi wa sallam*.

Hadith no 18

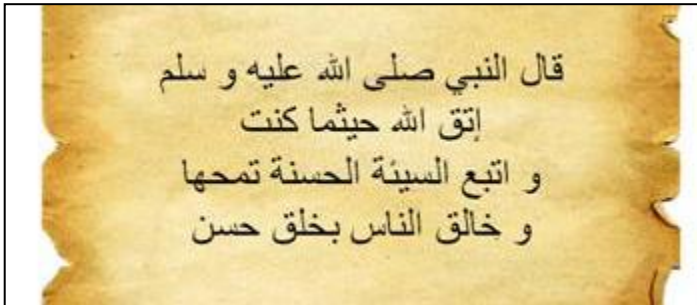
The concept of Taqwa

Abu Dhar Jundub bin Junadah and Abu Abdul Rahman Mu'adh bin Jabal, radiyallahu anhuma, reported that the Messenger of Allah, sallallahu 'alayhi wasallam, said:

“Fear Allah wherever you may be; follow up an evil deed with a good one which will wipe (the former) out, and behave good-naturedly towards people.”

[Al-Tirmidhi relates it, saying: It is a good (hasan) Tradition. In some copies he says: It is a good and genuine (hasan and sahih) Hadith.]

There are 3 pieces of advice in this hadith – simple and to the point, full of hikmah.



2 people narrated this hadith.



1st Advice

اتَّقِ اللَّهَ حَيْثُمَا كُنْتَ

Have taqwa (fear) of Allah wherever you may be

Have taqwa where ever you are, at sea, on a mountain in the house, with people, without people

You need to have a shield – to protect you from what you come across in life, situations or people which will cause you to sin, or to fall into Allah *subhana wa ta'ala*'s anger and wrath.

People or situations which are irritating you are cracks – the cracks are a way of elevation by having taqwa, and guarding yourself from Allah *subhana wa ta'ala*'s punishment.

You a Slave of Allah, you are in life to worship Allah *subhana wa ta'ala*. Abstain from the sin – do the good, this is how you will enjoy life. People who are sinning think they are enjoying life but they are very miserable afterwards.



Wherever you are you can do the different ibadah.

Allah *subhana wa ta'ala* will see you in a place where He wants to see you.

Allah *subhana wa ta'ala* will not see you in the places which He hates to see you.

Allah *subhana wa ta'ala* wants to see you in a place which is a good place. You don't want Allah *subhana wa ta'ala* to see you in places which will cause Him to be angry with you. This is the meaning of the taqwa.



The places where you acquire knowledge are places which Allah *subhana wa ta'ala* loves. In places of haram entertainment, these are places which Allah *subhana wa ta'ala* does not love. People will make taqwa only in Muslim countries, when they go elsewhere they behave differently – this is wrong. Everywhere you need to have the taqwa and don't give yourself excuses to sin in certain places.

Taqwa is wasiyah from Allah *subhana wa ta'ala*.

There are many commands from Allah *subhana wa ta'ala* to make taqwa. It is also a wasiyah from the Messengers.

Do what you are supposed to do and don't do what you are not supposed to do, anywhere. You are the same person wherever you are.



ما صفات المتقين ؟؟؟؟



Siffat al Muttaqeen



They are the believers, they are learning about Allah *subhana wa ta'ala* all the time and they are trying to increase their faith. Taqwa is in the heart. They believe in the fundamentals of Islam. Every ayat in the Qur'an will make them to believe more in Allah *subhana wa ta'ala*.

The matter of faith is very important. You need to read the Qur'an again and again – about the Day of Judgment, the Messengers etc. to strengthen your faith.



They do all the different obligations – they know how to please Allah *subhana wa ta'ala* and to please the people for the Sake of Allah. They are slaves by doing the worship. Being Muttaqeen is not difficult – focus on doing the 5 daily prayers you are 'abd ul Allah.

They are good with the people.



If there is any shortage i.e. sin, they hasten to the repentance.



The Awwabeen are constantly trying to go back to Allah *subhana wa ta'ala*. You feel regret and hasten to the tawbah.

Don't think because nobody knows you in a certain place I will sin, think where is Allah *subhana wa ta'ala*.



What will help you to have taqwa?



Allah *subhana wa ta'ala*.

If you know that Allah is All Witness over you, if you know that Allah *subhana wa ta'ala* is having power over you and sees you, hears you and knows about you, you feel too embarrassed to do

anything which would displease Allah *subhana wa ta'ala*. You cannot escape from Allah *subhana wa ta'ala*, if you want to commit a sin find a place where Allah *subhana wa ta'ala* cannot see you.

Some of the Names of Allah will make you more aware of this. For example people may be afraid of their elders, their grandparents. You need to make everybody else to have taqwa from Allah *subhana wa ta'ala* and not to be scared of the people. Do not make children scared to not sin only in front of their parents, this will not last. Make them to know about Allah *subhana wa ta'ala*
Who is

- Watching you
- Allah huwa al Shaheed – All Witness over you
- Al Muhaymin – The One Dominator, you cannot escape from Allah
- As Sameer – All Hearer
- Al Baseer – All Seerer
- Al Alim – All Knower
- Al Kabir – All Aware

The Names of Allah will make you more conscious.

An ayah in the Qur'an says "If two or three people are talking, Allah *subhana wa ta'ala* is the fourth person, if five people are talking He is the sixth one, if you are one person, He is the other person, by His Hearing and His seeing".

With the taqwa you have so many branches, everyone will be reformed, you will be reformed, this is the best life.

Why do you have problems, why is everyone fighting, screaming and shouting?
Because there is no taqwa. Why do you have problems at home? No taqwa. With the taqwa you have the peace. Surat al Talaq has many verses about the taqwa.



2nd Advice.

وَأَتَّبِعِ السَّيِّئَةَ الْحَسَنَةَ تَمْحُهَا

and follow up a bad deed with a good deed which will wipe it out

Can you get the maximum taqwa – to be what Allah *subhana wa ta'ala* wants, to say what Allah *subhana wa ta'ala* wants.

Can you really control your tongue? But people think it is better to say whatever is in your heart, but your heart has bad feelings and you need to control them.

Our taqwa is not perfect, we make mistakes, some of the obligations we do and some we don't, some sins we do and others we don't do.

Are any of us not committing any sins? – No. we are all sinners. Anyone who says that they are not sinning is negating the hadith of Prophet Muhammad *ṣallallahu 'alayhi wa sallam*.

What are we supposed to do?

You may sin, but follow your sin with hasanat and your hasanat will erase the sin.



What is considered evil?

Everyone, every culture, every country has a different definition of evil.

What did Allah *subhana wa ta'ala* say is sayy'ah.

- leaving Allah *subhana wa ta'ala*'s obligations – praying, fasting etc
- doing something you shouldn't do.

This is opposite of being muttaqeen – the opposite of what Allah *subhana wa ta'ala* wants from you.



We do sayy'ah – we do things which we are not supposed to do. For example two friends have a dispute, you can help to solve the problem between your two friends but you don't, you are a coward, you leave something Allah *subhana wa ta'ala* wants you to do. Or someone pressures you and you end up screaming at them or insulting them.



You make taqwa and then something comes to test you, you are rude for example, you want to erase it, you need to follow it with good deeds. What are these good deeds?

You sinned due to the pressure.

The hasanat = You do the good deed that comes into your mind at that moment.

Allah *subhana wa ta'ala* made it open, it did not say if you sin make istighfar or repent, it said 'hasanat'.

Whatever is convenient and you can do from



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the good deeds just you do it. It can be istighfar, tawbah, helping someone etc. The hasanat = anything that will make you closer to Allah *subhana wa ta'ala*.



The best of the hasanat – Your options.



Al tawbah wa Istighfar.

Repentance and asking for forgiveness and not talking about your sin.



Al Innabah - Run to Allah *subhana wa ta'ala*, flee to Allah *subhana wa ta'ala*.

You are too embarrassed to tell people and if you do they will only make you feel even more worse than you already do.

Allah *subhana wa ta'ala* will be happy, run to Him with your heart and

- Allah *subhana wa ta'ala* will never, never leave you,
- Allah *subhana wa ta'ala* will always accept you no matter how big is the sin.

An action of the heart – quickly, you don't need to build a well etc.



Al tham'a fi fadhilah – you desire and hope Allah *subhana wa ta'ala* will forgive you from His bounties and blessings.



When you pardon people.

Your pardoning others will expiate your sins.



Be good with the people.

This will expiate the sins. Sometimes we make a mistake and we do more bad to the people – you should be more humble and good to the people.



To relieve the distress from people.

With good words you relieve the distress of people. With words, with money, by helping or advising.



Your prayer.

Daily, the 5 obligatory prayers will expiate the sins committed between them. Only the minor sins. Accumulation of minor sins can become major sins.

Friday to Friday will expiate the sins weekly.





Ramadan to Ramadan will expiate the sins, yearly.

You finish one Ramadan and your heart is attached to the next Ramadan. You finish one prayer and your heart is waiting for the next prayer. Jum'ah is a blessed day and you are waiting for the next Jum'ah.

We are losing the small chances – just your heart wants this and it will expiate the sins.

Which sins? Minor sins.



Other things which expiate the sins, but they are not in your hands.



The calamities and the trials.

This will clean the person from sins.

Sadness – someone causing you to be sad, mentally or physically.

Grief

No one wants any calamity or harm to befall them.

One man was praying Salat ul Fajr with Prophet Muhammad *ṣallallahu 'alayhi wa sallam*. He told Prophet Muhammad *ṣallallahu 'alayhi wa sallam* that last night he had approached a woman and did everything with her except adultery. Prophet Muhammad *ṣallallahu 'alayhi wa sallam* asked the man 'Did you pray Fajr with us, then the good deeds expiate the sins'.

Chapter (11) sūrat hūd (Hud)

فَإِذَا يَسْتَجِيبُوا لَكُمْ فَأَعْلَمُوا أَنَّمَا أُنزِلَ بِعِلْمِ اللَّهِ وَأَن لَّا إِلَهَ إِلَّا هُوَ فَهَلْ أَنْتُمْ

مُسْلِمُونَ ﴿١٤﴾

11:14 And if they do not respond to you - then know that the Qur'an was revealed with the knowledge of Allah and that there is no deity except Him. Then, would you [not] be Muslims?

You cannot judge people – this man had a weakness, if people repent you need to encourage them, especially your children.



This is the rahma of Allah fadla.

Some people are easily irritated – they should repent, this is to encourage them to move on and continue.



How many sins will be deleted by one hasanah?



Allah Kareem al Jawad – if you commit one good deed, for example remove the dirt from the floor, it will be equivalent to ten hasanat.



One hasanat will erase ten sins – ten sayy'at. But with all of this people are still going to Hell.



Evidence

Hadith: after each obligatory salat when you say Allah Akbar 10 times, Alhamdulillah 10 time & SubhanaAllah 10 times.

30 x 5 = 150 times on the tongue.

In the meezan – in the balance this will be equivalent to 1500 hasanat



Prophet Muhammad *ṣallallahu ‘alayhi wa sallam* asked the sahabah ‘Which one of you commits 1500 sayy’ah in a day?’

And still people are going to Hellfire.

Be like a machine producing good deeds – when waiting in the car, in a queue etc. You don't know which hasanat will take you to Paradise. Take every opportunity, every chance.



3rd Advice

وَخَالِقِ النَّاسَ بِخُلُقٍ حَسَنِ

and behave well towards the people

Khalaqan Nas – be with the people the best way, with the best manners.



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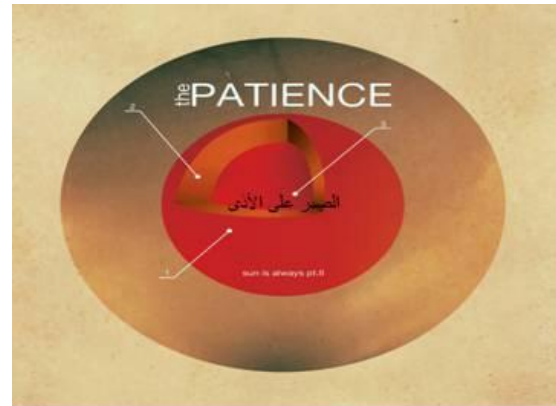
Taqwa and erasing the sins is not enough, you need to be good with the people.

You stop the harm.



You give away as much as you can – even one hadith, one ayah. Don't give people a hard time and produce all the good.

When people are bad to you, you need to make sabr.



Always have a happy face - free.



How you want people to be with you, you will be with the people.

Chapter (7) sūrat l-a' rāf (The Heights)

خُذِ الْعَفْوَ وَأْمُرْ بِالْعُرْفِ وَأَعْرِضْ عَنِ الْجَاهِلِينَ

7:199 Take what is given freely, enjoin what is good, and turn away from the ignorant.

Husna khuluq

- take from people whatever they give you with a good heart, don't have expectations from people. Don't say 'they should.....'. All the akhlaq is in this ayah.
 - People give you something good say 'Alhamdulillah,
 - People give you something bad say 'Alhamdulillah'



Always do the best.

Don't make your tongue to say something negative. Don't do something negative. Everything that comes from you is good, is the best.

Jump over the ignorant people.

Don't be more jahil than the other person – because they are pushing you. Don't say something because she made you to say it.





Prophet Muhammad *ṣallallahu ‘alayhi wa sallam* said ‘You cannot own the hearts of people with money, only with the akhlaq. If you want the hearts of the people, if you want the best in your life take what the people give you, do the good, and overlook their mistakes.

The one having Hasna al khalaaq – is the best among the people.



And the best of the deeds;

And the most heaviest on the scale which will weigh more than the praying and fasting person. With your akhlaq it will exceed the limit of the rank of the praying and fasting person.



Be with the people who have the good manners with the people.

The one who harms you, don't harm them. Anyone deprives you of something, don't deprive them. Anyone cuts the relation with you, don't cut that relation. Anyone who oppresses you, don't oppress them. Be 'adil' with them.

3 tools – act upon them with isti'annah billah (the help of Allah *subhana wa ta'ala*)

- taqwa
- do more good deeds
- you take from the people whatever and overlook their mistakes.

This is a transcript of a lecture given by Sister Eman al Obaid. We ask Allah subhana wa ta'ala for His forgiveness and His Mercy. Anything that is good from these notes is from Allah subhana wa ta'ala. Any mistakes & misrepresentations are my own. I ask Allah subhana wa ta'ala for His forgiveness and to put forgiveness in the hearts of those who read them. JazakAllah Khairan.