



Animal
Fun
Sleepover
@ Home

Timetable

Saturday 6 March

4:30pm - Sleepover opening & activity

8:30pm - Storytime and bed

Sunday 7 March

9am - Activity

11am - Elevenses and Bingo

1pm - Lunch and closing



Kit List

You should wear your Rainbow uniform for our sleepover.

You'll need:

- Pyjamas
- Bedding (Make a den if you'd like to)
- Activity equipment
- Camera to take lots of photos
- Bingo Board - 3 x 3 with 9 animals from goat, lion, crocodile, panda, elephant, dog, rabbit, flamingo, giraffe, monkey, zebra, pig, mouse and cat.



Activities

Animal BINGO

Animal Science

Animal Food Fun

Birdie Builder UMA

Lion Crafts

Eat like a bird

Handprint Zebra

Finger puppet

Light up rabbit

Bug Hunt UMA

CD Jellyfish

&
MORE



Paper plate & handprint lion mask

Instructions

What to do:

- 1) Draw this shape on the back of your paper plate and cut it out carefully. (save this to make the ears).
- 2) Paint the front of both pieces of the paper plate and paint or colour the nose and ears.
- 3) Make handprints on the thin card and leave to dry.
- 4) To make the whiskers take three yellow straws and stick them together in a row on the short side just below the bendy section. Fan out the straws and trim both ends to make them whisker size.
- 5) Repeat to make a set of whiskers for the other side of your lion mask.
- 6) Stick them on the back of the lion's nose.
- 7) Cut the ears out and stick them to the back of the lion's head.
- 8) When your handprints are dry cut them out carefully and stick on the back of the plate to make the lion's mane.

Equipment:

- Paper plate
- Thin card (not paper as it is too thin)
- Yellow and brown paint (or felt pen).
- Yellow bendy straws (you can colour paper ones)
- Sellotape
- Glue
- Elastic



Lolly stick tiger

Instructions

What to do:

- 1) Stick the lolly sticks into a triangle.
- 2) Cut out and stick a triangle of orange card onto the back.
- 3) Cut out and stick on 2 ears.
- 4) Stick on 2 googly eyes or draw on with a black felt pen.
- 5) Draw on a mouth nose and stripes.



Equipment:

- 3 orange craft/lolly sticks
- Thin orange card
- 2 googly eyes
- Black felt pen
- Scissors
- Glue



Handprint Zebra

Instructions

What to do:

1. Draw round your hand on the white card and cut it out carefully.
2. Cut a head shape, 2 ears and a tail out of the white card.
3. Stick the head onto the thumb.
4. Stick on the ears and tail.
5. Using your felt pens draw stripes on the Zebra's body, head and tail.
6. Add eyes and a nose.



Equipment:

- White card
- Felt pens
- Scissors
- Glue stick



Fingerprint Monkeys

Instructions

What to do:

1. For the monkey's body dip your thumb in the brown paint and make thumbprints on the white paper (1 for each monkey).
2. For the head dip a smaller finger in the paint and make a fingerprint above the thumbprint. Leave to dry.
3. Stick the piece of string/twine/wool just above the monkeys' heads.
4. Use the felt pen to draw the arms, making sure one arm of each monkey touches the string so that it looks like it is swinging. Add a tail, ears and the face.
5. Add a background so that it looks like the monkeys are swinging through a jungle. (You could do the background first).

Equipment:

- White paper
- Piece of string/twine/wool
- Brown paint
- Brown felt pen
- Glue



Giraffe Finger Puppet

Instructions

Equipment:

- Yellow and cream thin card.
- $\frac{3}{4}$ inch round hole punch
- Brown paint
- Small googly eyes
- Brown wool
- Black felt pen
- Scissors and glue

What to do:

1. Cut out a $2\frac{1}{2}$ inch circle, a 3 to $3\frac{1}{2}$ inch circle, a rectangle for a giraffe neck and 2 ears from yellow card.
2. Using cream card, cut out a snout and horns.
3. Take the $\frac{3}{4}$ inch hole punch and punch two circles in the bottom of the larger yellow circle. These will become the finger puppet holes in the giraffe.
4. Glue the yellow rectangle giraffe neck onto the large circle.
5. Glue the smaller circle on top of the rectangle neck. That becomes the giraffe's head.
6. Glue on your snout, ears, horns and googly eyes.
7. Cut off a few small pieces of brown yarn and glue them on top of the giraffe's head.
8. Use felt pen to draw a mouth and nose on your giraffe.
9. Dip your finger into the brown paint and make fingerprints all over your giraffe, making the giraffe spots.



Brown Bear Cookies

Equipment:

Cookies

- 225g butter, softened
- 110g caster sugar
- 275g plain flour

Frosting

- 200 g butter, softened
- 1 ¼ cup pure icing sugar, sifted
- ¼ cup cocoa powder, sifted

Decorations

- A selection of chocolate drops, oreos, minstrels, maltesers etc for the face.

Instructions

What to do:

(Use your own cookie recipe if you prefer)

1. Heat the oven to 190C/170C fan/gas 5.
2. Cream the butter in a large bowl with a wooden spoon or in a food mixer until it is soft.
3. Add the sugar and keep beating until the mixture is light and fluffy.
4. Sift the flour into the bowl and mix until it forms a dough.
5. Roll the mixture into balls and put on a baking sheet.
6. Flatten the balls with the palm of your hands.
7. Bake for 10-12 mins until golden brown.
8. Leave to cool.

Frosting:

1. Beat the butter until pale and fluffy.
2. Gradually add the icing sugar until it is all mixed in.
3. Add the cocoa powder and mix.
4. Put chocolate frosting on the cookies making it look like a bear's head.
5. Add eyes, ears and a nose using your choice of mini Oreo biscuits, chocolate drops, shortbread, small pieces of your own cookies, brown minstrels etc.



Chocolate Puppy

Instructions

What to do:

1. Melt some chocolate and pipe a tail, a head and ears onto greaseproof paper. Leave to set. (You could use a chocolate such as a Malteser to make the head).
2. Use melted chocolate to stick chocolate buttons underneath the twix bar for the feet.
3. When the head has set use icing to make the eyes, mouth and nose on the head.
4. Use melted chocolate to stick head and tail to the body.

Equipment:

- Twix bar (fun size or full size)
- Chocolate buttons
- Black and white icing
- Melted chocolate
- Grease proof paper
- Chocolate like a Malteser (optional).



Light up Rabbit

Instructions

Equipment:

- 1 ping pong ball
- Pink pipe cleaner
- 1 battery tea light
- White pom pom
- Black felt pen
- Small pink pom pom (optional)
- 2 small googly eyes (optional)
- Ribbon

What to do:

1. Make a hole in the ping pong ball (**an adult should do this**).
2. Put the 'flame' of the candle into the ping pong ball.
3. Cut the pipe cleaner in half and then fold each piece in half for the ears.
4. Make 2 holes in the top of the ping pong (**an adult should do this**) and push the pipe cleaners through.
5. Use the black felt pen to draw on the eyes, whiskers, nose and mouth. You can use a pom pom for the nose and googly eyes if you prefer.
6. Wrap some ribbon round the candle and stick to hold in place.
7. Stick the white pom pom on the back for your rabbit's tail.
8. Turn your candle on and see your rabbit light up.



Goldfish in a bag

Instructions

What to do:

1. Cut a bag shape out of the white paper.
2. Using pale blue, paint $\frac{3}{4}$ of the way up for the water and leave to dry.
3. When the paint is dry paint your pet goldfish swimming in the water.
4. When your fish is dry stick on the googly eye or draw one with felt pen.
5. Use felt pen to draw the string round the top of the bag.

If you like you can paint your fish on a different piece of paper and then stick it onto the bag.

Some people have tropical fish for pets so you could paint a multi-coloured fish.

You could make an aquarium and add different coloured fish. Add decorations like plants, a bridge, a treasure chest.

Equipment:

- White paper
- Paints
- Black felt pen
- Googly eye



Paper Pig

Instructions

What to do:

1. Cut a circle, a face shape and 4 strips (approx. 1.5cms X 20cms) out of the pink card.
2. Fold each end of the strips equally (about 2cms).
3. Glue the folded parts of each strip and stick on opposite edges of the circle bending the strips to do so.
4. Draw the ears, nose and mouth on the face. Stick on the googly eyes.
5. Stick to the front of the pig.
6. Twist the pipe cleaner and stick to the back of the pig for a tail.



Equipment:

- Thin pink card
- 1 pink pipe cleaner
- 2 googly eyes
- Black felt pen



Peg Horse

Instructions

Equipment:

- 4 clothes pegs
- Lolly stick
- Paint (your choice for your horse)
- Foam sheet (the same as the paint)
- Wool
- Glue
- 2 googly eyes
- Fairy cake case

What to do:

1. Paint the clothes pegs and lolly stick on all sides and leave to dry. (Make sure to open the clothes pegs a few times while they are drying to stop them sticking).
2. Cut out a head shape from the foam.
3. Stick a googly eye to each side of the horse's head.
4. Cut strands of wool and stick them to the horse's head for a mane.
5. Cut strands of wool and glue them to one end of the painted lolly stick to form a tail.
6. Turn the clothes pegs upside down and clip to the lolly stick body for legs.
7. Clip the head to the body.
8. Fold the fairy cake case in half and stick over the lolly stick as a saddle.



French Knitting

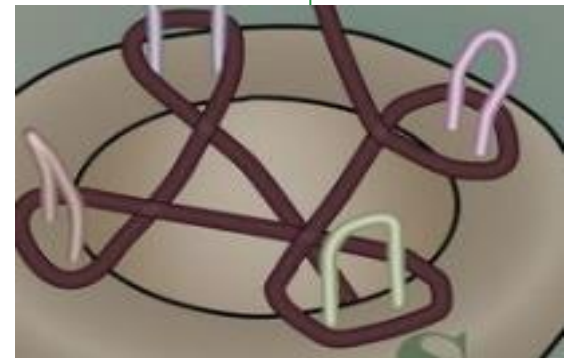
Instructions

What to do:

1. Use the masking tape to stick the lolly sticks equally spaced round the toilet roll inner. They need to stick out above the toilet roll inner.
2. Make a slip knot near the end of the wool and use it to pull the end through the inside of the toilet roll.
3. Hold the end of the wool or secure it on a table. Then wrap the wool at the top round 1 of the sticks clockwise. Working in an anti-clockwise direction wrap the wool round each lolly stick in a clockwise direction.
4. Repeat making a second loop on each stick and, using a crochet hook lift the bottom stitch over the top stitch letting it fall into the centre.
5. Keep going. Your knitting will appear at the bottom of the toilet roll and will look like a snake.
6. When your cord is long enough move one stitch onto the next lolly stick and lift the bottom stitch over it. Repeat until 1 stitch is left. Break the wool and thread through the last stitch.

Equipment:

- Toilet roll inner
- 4 lolly sticks
- Masking tape
- Wool
- Crochet hook



Cow Headband

Instructions

What to do:

1. Fold the white card in half lengthwise and cut along the fold.
2. Staple or stick the 2 pieces together.
3. Cut the cow's black patches out of the black card and stick onto the white card (or paint them and leave to dry).
4. Fold the headband and join the ends to fit your head.
5. Cut 2 large ear shapes out of white card.
6. Cut 2 smaller inner ears out of pink card and stick onto the white ears.
7. Pinch/fold one end of each ear to shape it and staple or stick to the top of the headband.
8. Wear your headband.

Equipment:

- Thin white card
- Thin pink card
- Black card or black paint
- Stapler/Sellotape



Farmyard Biscuits

Instructions

Equipment:

- Biscuits - shop bought or homemade OR
- Fairy cakes - shop bought or homemade
- Icing in different colours

What to do:

1. Decorate your biscuits or fairy cakes so they look like a farm animal.
2. Can you make a whole farmyard of animals?



Squirrel Watch

Instructions

What to do:

See what you can find out about squirrels.

Here are some facts to get you started.

- Squirrels often forget where they stored every nut for the winter as they also dig empty holes and cover them with leaves and twigs to trick other animals and protect their food stores. This may cause a problem for the squirrel when they can't find some of their nuts, but it is good for the planet as the lost nuts help to reforest areas across the globe.
- Squirrels are mammals; they are warm-blooded, covered in fur and give birth to live young.
- Squirrels are omnivores because they eat both plants and animals. They eat nuts, seeds, fruits, plants, fungus, insects, eggs, etc.
- Squirrels are active and playful animals. They often chase each other.
- A group of squirrels is called a scurry or a dray.
- Squirrels communicate with each other with chirps, barks, screams, purrs, and body language.
- In the United Kingdom we can see Red and Grey squirrels.

Have a Squirrel watch (like a bird watch) and count how many squirrels you see.

Watch them performing acrobatics. Can you copy some of the squirrel's acrobatics. **(Make sure it is safe to do the acrobatics).**



Beaver dam

Instructions



Beavers build dams out of wood, leaves, stones, mud etc, in rivers and streams, to give them access to food and help to keep them safe from other animals. (They even use their teeth to saw down whole trees).

Can you build a dam?

What to do:

1. You can shape some foil to make a riverbed or use a bowl or tray.
2. Collect twigs, leaves, plants, bark, stones, rocks etc.
3. Use the items you have collected to build a dam. Beavers use mud to stick the things together but you can use playdoh (homemade) instead.
4. When your dam is finished pour water one side of it and see what happens. If the water flows through see if you can improve it to stop the water.



Instructions

What to do:

1. Fold the red square in half diagonally.
2. With the fold at the bottom fold in half again sideways. Make a crease and unfold.
3. Fold one top point down to the fold at the bottom.
4. Fold one of the bottom points to the to the middle of the bottom fold. Crease and unfold. Repeat with the other point.
5. Fold a bottom point to the top point and tuck into the pocket. Repeat with the other bottom point.
6. Shape the single point to look like wings.
7. Stick the black semi-circle on the back of the single point for the head.
8. Decorate the wings and stick googly eyes on the head.



Equipment:

- 1 red square
- 1 black semi-circle
- 2 googly eyes



Celery Snails

Instructions

Equipment:

- Celery sticks
- Peanut butter or cream cheese (at room temperature)
- Sliced apple
- Sliced orange
- Sliced kiwi
- Sliced cucumber
- Sliced tomato
- Grapes
- Blueberries
- Baby tomatoes
- Celery or radish matchsticks
- Sweets or icing for the eyes

What to do:

1. Cut the celery into short pieces.
2. Fill the hollow side of the celery with the peanut butter or cream cheese.
3. Use the other ingredients to turn the celery into snails and caterpillars.
4. Use icing or sweets to make eyes.
5. Can you make any other bugs?



CD Jellyfish

Instructions

What to do:

- 1) Cut your chosen paper into strips.
- 2) Use the glue to fix the strips round the outside of the CD - these will be the tentacles for the jellyfish.
- 3) Fold the ribbon in half and fix to another CD with glue or double side tape.
- 4) Use more glue to stick the two CD's together - ensure both the tentacles and ribbon hang freely.
- 5) Glue the wobble eyes to the outside of the jellyfish. Hang up using the ribbon.

Equipment:

- 2 x old CD/DVD
- Glue
- Crepe/Tissue paper or coloured paper
- Googly eyes
- Ribbon
- Scissors



Seal Science

Instructions

Complete this plus 2 others with the 'science' tag towards your innovate stage 1 badge.

What to do:

1. Put cold water and ice cubes in the bowl.
2. Put your hand into the bowl of water and ice cubes. Describe how the water feels. (cold. Icy, freezing)
3. Dry your hand and put on a rubber glove.
4. Cover the glove with the lard/fat and then cover the lard/fat with the plastic bag.
5. Put your hand back into the same water. How does it feel this time?

Many seals live in the icy waters of the Arctic and Antarctic, but they manage to keep warm. They have a thick layer of blubber (the lard/fat in the experiment) which acts as an insulator and keeps the seals warm.

Equipment:

- Lard or an alternative fat
- Bowl
- Ice cubes
- Cold water
- Disposable/rubber gloves
- Plastic bag



Giraffe Science

Instructions

Complete this plus 2 others with the 'science' tag towards your innovate stage 1 badge.

Just like fingerprints on people and stripes on a zebra, spots on a giraffe are unique. Each has its own individual spot design. Giraffe skin is tough and thick, and their coats are a shade of tan with brown spots or patches. To make your 'giraffe skin' you're going to use capillary action and watercolour paints! Capillary action is the ability of a liquid to flow in narrow spaces.

What to do:

1. Dip the paintbrush in paint and then dot it on the kitchen paper.
2. Watch as the colour moves through the paper.
3. Add more colours until you get the 'giraffe skin' you want.

Water tends to stick to itself because each water molecule has slight positive and negative ends which attract other water molecules with oppositely charged ends. The positive end of one water molecule sticks to the positive end of another molecule, and soon a whole chain of water molecules has slid along a narrow passage of kitchen paper.



Equipment:

- Kitchen paper
- Paintbrush
- Watercolour paint or liquid food colouring



Cat Science

Instructions

Complete this plus 2 others with the 'science' tag towards your innovate stage 1 badge.

Some animals such as cats have a superior ability to see in the dark because of the high number of rods in their retina that are sensitive to dim light.

What to do:

1. Cut a 4 x 4 square from the plastic bin liner.
2. Cut an oval in the centre of the plastic square.
3. Secure the plastic over the empty can with the rubber band.
4. Put the can in a dark place and shine the torch at it.
5. What happens? The can will appear to glow in the dark



Cats appear to have glowing cat eyes because the back of their eyeballs includes a special reflective surface. As light comes into the eye, the light is supposed to hit the photoreceptor that transmits information to the brain. However, when light doesn't hit the photoreceptor, the reflective surface acts as a mirror and bounces the light back for another chance.



Equipment:

- Empty can
- Black plastic bin liner
- Rubber Band
- Torch
- Scissors

Penguin Science

Instructions

Complete this plus 2 others with the 'science' tag towards your innovate stage 1 badge.

What to do:

1. Draw and cut out a penguin.
2. Colour your penguin using wax crayons. (Make sure you colour every part of your penguin).
3. Spray some water onto your penguin and see what happens. (You can add some food colouring to the water so it is easier to see what happens).

Penguins have a lot of feathers that are packed tightly together. These feathers have a gland that produces an oil that makes the feathers waxy. The wax repels the cold water and keeps the penguins dry, just like the wax on your penguin

Equipment:

- White card
- Black, white and other coloured wax crayons
- Water in a spray bottle
- Food colouring (optional)



Eat like a bird

Instructions

Birds beaks have adapted to allow them to gain access to food more easily and to be able to survive. Why not try to be a bird and use your beak to feed.

What to do:

1. Place the pasta in a bowl and then use the tweezers to transfer to another bowl.
2. Repeat using a peg, chop sticks and straw - which works the best?
3. Now try picking up the marshmallows, seeds/nuts with the tweezers before repeating with the peg, chop stick and straw
4. Can you think of other items you can pick up with your 'beaks'? Why not try out.

Hummingbirds have long beaks like straws which allow them to suck nectar from flowers. Herons have long pointed beaks so they can spear fish. Birds of prey such as hawks have curved beaks for tearing flesh. Woodpeckers have long chisel like beaks for boring into wood to reach insects. Short bill such as those found on finch's are used for cracking open seeds.

Equipment:

- Tweezers
- Wooden Pegs
- Chop sticks or kebab sticks
- Straws
- Pasta - raw or cooked like spaghetti.
- Mini marshmallows
- Sunflower seeds or nuts
- Bowls



Pop-up Polar Bear

Instructions

What to do:

1. Paint/colour a background for your polar bear. Leave it to dry.
2. Out of the white card cut 2 polar bear bodies/legs. One should be big enough to fill most of the background and one should be smaller.
3. Cut out a head shape for your polar bear.
4. When the background is dry, stick the larger body piece onto it.
5. Cut a strip from the short end of the A4 paper and cut in half. Fold both pieces in half to make 2 tubes.
6. Stick one of the tubes to the middle of the polar bear's body and the other to one of the legs.
7. Stick the smaller body on top of the 2 tubes.
8. Cut 2 strips of equal width (about 2.5 cms wide) from the short side of the A4 paper.
9. Stick the strips together at right angles and fold over each other to make an 'accordion'. Crease the folds. Continue until the end of the strips.
10. Stick the ends together. Stick one end of the accordion to the body.
11. Add eyes, nose and mouth to the face. Stick the face to the loose end of the accordion.
12. Now watch your polar bear wobble and bounce.

Equipment:

- 2 sheets white card
- 1 sheet white or coloured card for the background.
- Paint/felt pens/coloured pencils
- A4 White paper
- Glue stick and Scissors



Dinosaur Eggs

Instructions

Equipment:

- Lolly Stick
- Thin white card
- Colouring pencils
- Glue and scissors

What to do:

1. Draw and cut out 2 large egg shapes (both the same size).
2. Draw a zigzag line across the egg just over halfway up.
3. Colour both eggs so they look like real dinosaur eggs.
4. Draw, colour and cut out a dinosaur (or print a picture of one).
5. Stick it to one end of the lolly stick and let it dry.
6. Cut across one egg on the zigzag line.
7. Glue the bottom part of the egg to the bottom part of the whole egg making sure you only glue the side edges.
8. Glue the top piece of egg to your dinosaur like a hat.
9. Put the lolly stick between the 2 eggs and through the bottom. Pull it down carefully so that the zigzag lines meet and your egg looks as though it is starting to crack.
10. Push the lolly stick up so your dinosaur hatches.



Crocodile Craft

Instructions

What to do:

1. Paint the backs of both plates green and leave to dry.
2. When the green paint is dry paint the other side of one plate pink and leave to dry.
3. When the pink is dry fold this plate in half so that the pink side is inside.
4. Cut the white paper into zig zag strips for the teeth.
5. Cut the a large tongue shape out of the red paper.
6. Glue the teeth inside the folded paper plate. (It may be easier to stick the teeth on if you cut the zig zag strips into shorter strips).
7. Put glue on the bottom of the folded paper plate and glue it on top of the other plate.
8. Cut 2 eye shapes out of the green card and fold the bottom of them Stick them onto the crocodile's face.
9. Stick googly/sticker eyes onto them.

Equipment:

- 2 paper plates
- White paper
- Red paper
- Pink and green paint
- Black marker
- Glue, scissors, pencil
- Green card
- Large Googly/sticker eyes

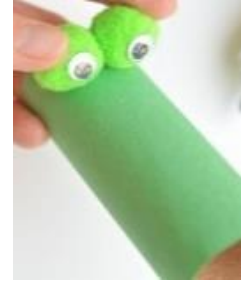


Firebreathing Dragon

Instructions

What to do:

1. Cover the toilet roll inner with the green paper.
2. Stick a googly eye to each of the larger pom poms.
3. Stick these to the end of the toilet roll inner so they are looking at the rest of it.
4. Stick the smaller pom poms at the other end of the toilet roll inner.
5. Out of the tissue paper cut pointed strips (about 25cms long) for the dragon's fiery breath.
6. Stick the tissue paper to the inside of the toilet roll inner at the nose end. (Don't stick any round the bottom of the roll as they won't move when you blow through the roll).
7. Blow through the roll from the eye end and watch the flames move as your dragon breathes fire.



Equipment:

- Toilet roll inner
- Green paper
- 4 green pom poms (2 large and 2 smaller)
- Red, Yellow and Orange tissue paper
- 2 googly eyes



Birdie Builders

Instructions

UMA Have Adventures worth 20 Points

Equipment:

- Peg
- Plastic bag
- Small bowl

What to do:

Birdie Builder

In Spring many birds build their nests and staying safe and warm outside can be tough, especially if you are a baby bird. Can you build a nest using only things that you can find outside?

First, think very carefully what you would like your nest to feel like. Then think about what natural things you think would be best to use. What would be soft and comfortable? What would make the nest strong?

Now you need to go outside with your bag and peg. The peg will be your beak and you will put what you are going to use inside your bag. If you cannot pick things up with your peg, then you cannot use them. When you think that you have enough go back inside and put what you have collected out. Remember to put them on some newspaper if any of them are dirty so that you keep things clean.

Can you make a nest inside the bowl with what you have collected? Was there anything that you wanted to use but could not find? When you have finished making your nest take all the pieces that you collected back into the garden and make a pile so that birds can use them to make their nests.

Keep watching your pile and see if any birds come to collect things off it. Do not forget to tidy up and remember to wash your hands and the bowl that you have used.

Ask your grown up to post a picture of your nest and your answers.



Bug Hunt

Instructions

UMA Have Adventures worth 30 Points

Equipment:

- Paper
- Pen/Pencil
- Magnifying glass (optional)

What to do:

Have you got what it takes to be a nature detective? Creepy crawlies live everywhere. In this activity you will look around to see how many you can discover.

Please be careful not to harm any mini beasts while you are doing this activity. Think about the outside spaces that you can go to and try to list five places where you could look for mini beasts. These are some suggestions:

- A flowerpot or in a flower bed?
- Under a stone?
- At the bottom of a tree?
- In a patch of grass?
- Around the outside edges of the house?
- Is there somewhere else that you can look?

Now go outside to your places and very carefully look at the areas that you have chosen. Write down any mini beasts that you can see. How many of each did you see?

If you have a magnifying glass does it show anything extra about the mini beasts? Make sure to wash your hands carefully after you have looked for your mini beasts. Can you look at the internet or a book to find out more about those you have spotted?

Now write down how many different types of beasts you have seen. Which was your favourite? Are there any that you do not like?

Remember to ask a grown up to post your answers.

