

ANNE SEMONIN SPA AMBIANCE

In an elegant, soft, and cozy atmosphere, the Anne Semonin Spa offers a privileged area dedicated to beauty and well-being.

Our Spa invites you to discover the Anne Semonin treatment collection, created for clientele seeking efficiency and absolute high quality service.

Immerse yourself into the tranquil world of Anne Semonin, rediscover your senses and emerge relaxed, recharged and glowing.

L'EXPERIENCE ANNE SEMONIN

"Because each skin is unique", every Anne Semonin programme is customized and starts with a personal interview and a diagnosis of your skin. Your beauty therapist will create your own "beauty prescription", depending on the needs of your skin at that time, and your lifestyle.

The Anne Semonin treatment collection combines an ingenious blend of aromatic essential oils, trace elements and marine ingredients with the classic French touch and a holistic approach to treating the individual needs of your body and skin. Anne Semonin treatments are designed to be "tailor made" and will not only revitalize the skin, but energize and balance the mind and spirit, providing total relaxation.

After your spa experience, a simple Anne Semonin regime is carefully prescribed, in which the therapist will recommend how to customize products to create perfect blends for optimum efficiency. This can then be carried out at home on a daily basis.



THE PACKAGE COLLECTION

ULTIMATE ESCAPE 210 minutes

Floral Foot Bath/ Jacuzzi/
Choice of Sea Salt Scrub or Seaweed Wrap/
Relaxing Massage/
Phyto-Aromatic Moisturizing Facial/
Refreshments

HEAVENLY EXPERIENCE 120 minutes

Floral Foot Bath/
Made-to-Measure Massage/
Made-to-Measure Facial

HYDRA SENSATION 120 minutes

Floral Foot Bath/ Milky Scrub/
Made-to-Measure Facial

DEEP TENSION 120 minutes

Floral Foot Bath/ Back, Neck, and
Head Massage/ Foot Massage

EXPERIENCE OF SIAM 120 minutes

Floral Foot Bath/ Traditional Thai Massage/
Foot Massage

THE MASSAGE COLLECTION

FULL BODY

ASIAN BLEND (Japanese, Hawaiian,
Swedish, Balinese, and Thai) 60 minutes

PUMICES (Aromatherapy with
Parisian style hot compress) 60 minutes

MADE-TO-MEASURE 60 minutes
(ENERGIZING/ ANTI-AGING/
DETOXIFYING/ RELAXING)

DEEP TISSUE (SPORTS) 60 minutes
(Swedish, deep tissue techniques)

TRADITIONAL THAI MASSAGE 60 minutes
(Non-oil, pressure point,
blend and stretch)

SPECIFIC AREA

DE-STRESS BACK RELEASE 30 minutes
(full back, shoulders, and neck)

FOOT MASSAGE (relaxing,
ancient Chinese pressure point) 60 minutes

INDIAN HEAD (upper back,
shoulders, neck, and scalp) 30 minutes





THE FACIAL COLLECTION

NEW!

WHITE STAR EVEN SKIN TONE 55 minutes
Brightening, Firming, Moisturizing

SKIN RENEWAL TREATMENT 55 minutes
Peeling, Rejuvenating, Smoothing
(The best alternative to laser treatment)

CRYOTHERAPIE AGE DEFYING 55 minutes
Anti-aging, Brightening, Refreshing

ULTRA FIRMING TREATMENT 55 minutes
Anti-aging, Toning, Nourishing

DEEP MARINE PURIFYING 55 minutes
Deep cleansing, Clarifying, Smoothing

SOOTHING REPAIR TREATMENT 55 minutes
Calming, Hydrating, Restoring

HYDRA EXPRESS TREATMENT 45 minutes
Refreshing, Firming, Healthy look

MIRACLE EYES TREATMENT 25 minutes
Brightening, De-stressing, Refreshing

GENTLEMAN'S COLLECTION

FACIAL TREATMENTS

DEEP CLEANSING FACIAL 60 minutes
Deep cleansing, Clarifying, Nourishing

SOS FACIAL 45 minutes
Refreshing, Firming, Healthy look

MIRACLE EYES TREATMENT 25 minutes
Brightening, De-stressing, Refreshing

MASSAGE & BODY TREATMENTS

MADE-TO-MEASURE MASSAGE 60 minutes
ENERGIZING/ANTI-AGING/
DETOXIFYING/RELAXING

DEEP TISSUE (SPORTS) 60 minutes
Combines Swedish and deep tissue
techniques

ANTI-STRESS BACK TREATMENT 45 minutes
The best jet lag treatment - relaxes
Stiff muscles, promotes sleep
(back treatment/ lower legs & feet
massage)





THE BODY TREATMENT COLLECTION

ANTI-AGING BODY WRAP 55 minutes

(Body scrub/ Red Grapes mask)
Full of anti-oxidants, enhances body drainage, hydrates, plumps and smoothes the skin to perfection!

DETOXIFYING SPIRULINA WRAP 55 minutes

(Body scrub - Seaweed mask)
Boosts metabolism and draining of toxins

ANTI-OXIDANT BODY SCRUB 45 minutes

Softens and revitalizes skin with highly anti-oxidant Red Grapes

NUDE BODY SCRUB 45 minutes

Brightens skin tone and luminosity with Bora Bora White Sand, White Hibiscus, & Rose Quartz

ANTI-STRESS BACK TREATMENT 45 minutes

(Back treatment/ lower legs & feet massage)
The best jet lag treatment - relaxes stiff muscles, promotes sleep

NAIL SALON

MANICURE WITH POLISH 75 minutes

(hand scrub/ nail trim/ shaping/ cuticle grooming/ nail polish/ hand massage)

MANICURE WITHOUT POLISH 60 minutes

(hand scrub/ nail trim/ shaping/ cuticle grooming/ hand massage)

PEDICURE WITH POLISH 75 minutes

(foot scrub/ nail trim/ shaping/ cuticle grooming/ nail polish/ foot massage)

PEDICURE WITHOUT POLISH 60 minutes

(foot scrub/ nail trim/ shaping/ cuticle grooming/ foot massage)

EXPRESS MANICURE (OR PEDICURE) FOR MAN 45 minutes

(nail trim/ shaping/ cuticle grooming)

WAXING

Trim or remove unwanted hair efficiently with our Brazilian honey wax. Treatments available include lip area, eyebrow, under arm, half and full leg or arm, back, chest, stomach, and bikini area 15-60 minutes

ADD-ON SPA SERVICES

JACUZZI 30 minutes

with relaxing bath oil, remineralizing bath powder, and Rose petals

STEAM BATH 30 minutes

with aromatic Thai herbs (available only at Pullman)

VIP Suite room 60 minutes

HOW TO SPA

OPENING HOURS Daily, 10:00am - 10:00pm

CANCELLATION POLICY Please note that a 100% charge will be applied should you cancel your appointment less than 4 hours prior to the scheduled time, the same applies to no-shows.

ADVANCE BOOKINGS We highly recommend booking your treatment in advance to ensure that your preferred time and service is available.

SPA ETIQUETTE Our spa environment is one of the tranquility and relaxation. Please respect all spa guests' right to privacy and serenity. Please switched off your mobile phones.

SPA ARRIVAL We recommend that you arrive at the Spa Reception at least 15 minutes prior to your appointment to allow for your pre-treatment procedure and enjoy your welcome refreshment. Please understand that late arrivals will not receive an extension of scheduled treatments.

SPA ATTIRE For hotel guests, you may feel more comfortable to wear the robe and slippers provided in your room. Disposable underwear will also be provided and our therapists are highly trained to drape you properly.

HEALTH CONDITIONS Please advise us of any health conditions, allergies, injuries or treatments when making your spa reservation.

LOSS OR DAMAGE We regret that we cannot be responsible for any loss or damage of personal articles of any kind brought onto the hotel premises.

SPA BOUTIQUE To continue your spa regime at home, all spa products used in treatments are available in our Spa Boutique. Gift certificates are also available.



SPA TARIFF

SPA PACKAGES	MIN	++THB	FACIALS	MIN	++THB
Ultimate Escape	210	8,500	White Star Even Skin Tone	55	3,900
Heavenly Experience	120	4,400	Skin Renewal Treatment	55	3,900
Hydra Sensation	120	4,400	Cryotherapie Age Defying	55	3,900
Deep Tension	120	3,900	Ultra Firming Treatment	55	3,900
Experience of Siam	120	2,900	Deep Marine Purifying	55	2,900
			Soothing Repair Treatment	55	2,900
			Hydra Express Treatment	45	2,400
			Miracle Eyes Treatment	25	2,400
MASSAGES	MIN	++THB	BODY THERAPIES	MIN	++THB
Asian Blend	60	4,400	Anti-Aging Body Wrap	55	3,900
Pumices	60	3,900	Detoxifying Spirulina Wrap	55	3,900
Made-to-Measure	60	2,700	Anti-Oxidant Scrub	45	2,200
Deep Tissue (Sports)	60	2,700	Nude Body Scrub	45	2,200
Traditional Thai	60	1,800	Anti-Stress Back Treatment	45	1,900
De-Stress Back Release	30	1,500			
Foot Massage	60	1,400			
Indian Head	30	1,200			

All prices in Thai Baht and are subject to 10% Service Charge and 7% Government Tax.

SPA TARIFF

NAIL SALON	MIN	++THB	GENTLEMAN'S COLLECTION	MIN	++THB
Manicure with Polish	75	1,500	<u>Facial Treatments</u>		
Manicure without Polish	60	1,200	Deep Cleansing Facial	60	2,900
Express Manicure for Men	45	700	SOS Facial	45	2,400
			Miracle Eyes Treatment	25	2,400
Pedicure with Polish	75	1,500			
Pedicure without Polish	60	1,300	<u>Massage & Body Treatments</u>		
Express Pedicure for Men	45	800	Made-to-Measure Massage	60	2,700
Remove/Change Polish	20	300	Deep Tissue (Sports) Massage	60	2,700
			Anti-Stress Back Treatment	45	1,900
WAXING	MIN	++THB	ADD-ON SPA SERVICES	MIN	++THB
Full Legs or Arms	60	2,200	Jacuzzi/Steam (per person)	30	550
Full Bikini	60	1,900	* Steam available only at Pullman		
Back, Chest or Stomach	45	1,900			
Half Legs or Arms	30	1,500	VIP Suite Room (per couple)		
Line Bikini	45	1,200	• First hour	60	1,000
Under Arms	25	500	• Each succeeding hour	60	550
Upper Lip or Eyebrows	15	500			

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