HG Career Development Domain Competency		Harvested Activities / Worksheets from Career Guidance Teacher's Manual for Grade 11 and 12					
Standard	Competency	Module No. and Title	Objectives	Activity / Page No.	Activity Output	Skills and Processes to Master	Week No. / Time Allotment
	I	I	Quai	rter 2			I
1. Understand the importance of knowledge, skills and positive attitude helpful to daily living and their relation to life and profession	<ol> <li>Identify factors related to life and profession</li> <li>Explain the significance of knowledge and skills needed in life and profession</li> </ol>	Module 1: Entering the Exits	<ol> <li>determine preferred life and career based on chosen curriculum exit; and</li> <li>appreciate the chosen life, career, and curriculum exit based on one's interests and personality type.</li> </ol>	<ol> <li>Lecturette         Four Curriculum Exits             (pp. 2 – 5)         </li> <li>Evaluation             My Plan to Exit             (pp. 5 – 6)</li> <li>Reflection             My Meaningful Exit             from Senior High             School (p. 5)</li> </ol>	Appendix 7: Activity Sheet No. 3 (p. 21) Appendix 6: Journal Reflection No. 1 (p. 20)	<ul> <li>Self-awareness</li> <li>Decision Making Skills in relation to one's career</li> <li>Critical Thinking Skills</li> </ul>	Week 5 30 mins. 20 mins. 10 mins.
		Module 2: Discovering the Cs	<ol> <li>identify the different lifelong skills that respond to the changing nature of work;</li> <li>relate academic achievement to life and career success; and</li> <li>express appreciation on the relationship of</li> </ol>	<ul> <li>4. Lecturette The Changing Nature of Work / Processing Questions (pages 25 – 26)</li> <li>5. Reflection Hierarchy of Cs (p. 29)</li> </ul>		<ul> <li>Lifelong skills</li> <li>Creativity and imagination</li> <li>Critical thinking skills</li> <li>Problem solving</li> </ul>	Week 6 30 mins. 30 mins.

			academic achievement to life and career success						
2. Analyze the relationship of one's skills and experiences in choosing a profession, vocation and future plans	<ol> <li>Gather         <ul> <li>information about</li> <li>life, profession</li> <li>and vocation</li> <li>Understand the</li> <li>importance of</li> <li>guidance from</li> <li>parents or</li> <li>guardians and</li> <li>significant adults</li> </ul> </li> </ol>	Grade 11 CGP Module 3: Reaffirming the Chosen Track	<ol> <li>determine the different sources of information relevant to curriculum exits;</li> <li>evaluate the different sources of information relevant to their preferred curriculum exit.</li> </ol>	<ol> <li>Motivation         Finding a Job /             Processing Questions             (p. 18)         </li> <li>Lecturette         Sources of Information             / Guide Questions (pp.             22 –29)     </li> </ol>		<ul> <li>Developing sound decision making skills on career choices.</li> <li>Self-awareness</li> <li>Communication Skills</li> <li>Collaboration</li> <li>Goal setting</li> </ul>	Week 7 15 mins. 25 mins.		
	in choosing a profession, vocation and future plans 3. Relate the		curriculum exit; 3. match the knowledge and skills to the job market demands	<ul><li><b>3. Reflection</b></li><li>Questions (p. 32)</li><li><b>4. Evaluation</b></li></ul>			10 mins.		
	choice of profession, vocation and future plans to		and possible curriculum exits; and 4. value the	My Career Information Sheet (p. 32)	Appendix 6a – c (pp. 88 – 90)		10 mins.		
	one's skills, competencies, and the roles of parents/guardians		importance of the chosen track/ strand.				Total: <b>180</b> minutes		
and significant		Quarter 3							
	adults 4. Strengthen the connection among knowledge, skills and roles of	Module 4: Myself in Another Person's Shoes	1. analyze the information gathered from people that will help affirm their	<b>5. Lecturette</b> Info-Bits (page 48 – 49)		<ul> <li>Observational learning</li> <li>Self-awareness</li> <li>Career- awareness</li> </ul>	Week 5		
	parents or guardians and significant adults		decision in choosing the career	<b>6. Application</b> Crafting a Career Road	Activity Sheet No.	Career pathing	30 mins.		

	in choosing a profession, vocation and future plans		or curriculum exit; 2. evaluate the role of selected people with the chosen career or curriculum exit in terms of their beliefs, attitude and skills; and 3. make a career road map as an expression of commitment to one's chosen career or curriculum exit.	Map (pp. 49 – 51) <b>7. Assignment</b> VMCV of My Future Company (p. 54)	3 (p. 60)		15 mins. Total: <b>180</b> <b>minutes</b>
3. Apply the ability to choose their own field based on the different factors toward achieving goals in life	<ol> <li>Describe the chosen field</li> <li>Decide for life and profession</li> <li>Reflect on the decisions made for life and profession</li> </ol>	Module 5: Future Combo, Activate!	<ol> <li>formulate mission statements in relation to life and career decisions aligned to the curriculum exits;</li> <li>link life and career decisions to the current demands and trends in the regional and global level; and</li> <li>appreciate how life and career decisions may contribute to national development.</li> </ol>	<ul> <li>1. Lecturette Personal Mission Statement (p. 69 – 71)</li> <li>2. Main Activity Ang Misyon Ko! Reality / Processing Questions (pp. 66 – 69)</li> <li>*25 minutes</li> <li>3. Reflection Career Journal (p. 74)</li> </ul>	Appendix 2 (p. 77) Appendix 3 (p. 78)	<ul> <li>Development of One's Mission Statement</li> <li>Decision-making</li> <li>Critical Thinking Skills</li> </ul>	Week 6 20 mins. 25 mins. 15 mins.

		Module 6: <b>Keep Me</b> <b>Balanced</b> !	<ol> <li>identify their values that leads to the attainment of their career goals;</li> <li>evaluate their values that influenced their career and life decisions; and</li> <li>plan ways on how to resolve conflict in their values to successfully achieve their career and life goals</li> </ol>	<ul> <li>4. Main Activity Side A, Side B (pp. 92 – 93)</li> <li>5. Lecturette Values (pp. 94 – 95)</li> <li>6. Application Rerouting Values (pp. 95 –96)</li> <li>7. Reflection Career Journal (p. 96)</li> </ul>		<ul> <li>Values Actualization</li> <li>Decision-making</li> <li>Setting of Goals</li> </ul>	Week 7 25 mins. 15 mins. 10 mins. 10 mins. Total: 180 minutes
			Quar	ter 4			
4. Implement steps toward the realization of chosen profession and vocation based on international standards	<ol> <li>Determine         aspects that need         to be valued in         planning life and         profession         2. State steps to         fulfill the goal in         life         3. Outline plans         for the chosen         profession,         vocation and the         future         4. Show         August 2000         August 2000</li></ol>	Module 7: Version of Me 2.0	<ol> <li>identify the rights and responsibilities of the employees and employers;</li> <li>determine the aspects considered in planning for life and career; and</li> <li>relate the chosen career to the needs of the society.</li> </ol>	<ol> <li>Main Activity My Hand Version 2.0 (pp. 99-102)</li> <li>Activity: Academic Transition Work Sheet Analysis: Curriculum Exit (pp. 102 – 103)</li> <li>Lecturette (pp. 104 – 107)</li> </ol>	Activity Sheet No. 3 (p. 102 – 103)	<ul> <li>Transitioning from senior high school to four curriculum exits</li> <li>Determining aspects and factors for planning life and profession</li> </ul>	Week 5 20 mins. 10 mins. 20 mins.
	adherence to steps based on the outlined plan			<b>4. Reflection</b> Version of Me 2.0 – Progression Sheet (pp.	Activity Sheet (p. 110)		10 mins.

Modu Read Take	to learning strategies	108-110) <b>5.</b> Lecturette         Lifelong Learning         Strategies and The         Lifelong Learning Plan         (pp. 131-132) <b>6.</b> Application         The Lifelong Learning         Plan (pp. 132-135)         Agreement:	<ul> <li>Writing lifelong learning plan</li> <li>Outlining plans for lifelong learning strategies beyond SHS</li> </ul>	<b>Week 6 &amp; 7</b> 30 mins. 90 mins.
		<b>Agreement:</b> My Career Portfolio		Total: <b>180</b> minutes