



Annual Report 2016-2017



Director's Message

Special thank you to organizations and individuals who are paving the way for the Youth Health Center's future growth.

Adrienne J. Tissier
Amin Family
Andy & Page Lie
Anonymous
Braxton R. Lethco
Charlene & David Noveras
City of Daly City
fingerpuppets
Janet Chaikind, MD & Sandy Hain
Kimberly Gillette
Margaret Taylor & Floyd Gonella
Melissa & Pamela Ambrose
Mills Peninsula Health Services
Nick Occhipinti
Patrick & Marilyn Hall
Paul Resnick & Joan Karlin
Robin & Ginny Jaquith
Rosie Tejada
Salahuddin Family
San Mateo County Measure K
San Mateo County Health System
Thorsteinson Cousineau Family
Woodlawn Foundation

Dear Friends,

This year has been full of accomplishments. The Daly City Youth Health Center's reach is expanding and enabling us to improve the lives of more youth. Our dedicated therapists counseled **34% more** youth in 2016-2017 than the previous year. Our medical team was busy with **13% more** youth accessing our primary care clinic this year. On school campuses, our health educators trained **36% more** peer health educators. Lastly, our generous individual donors **doubled** their support.

Because of the partnerships with San Mateo County, Jefferson Union High School District, local businesses and community members, the Youth Health Center is growing and on the precipice of greater things to come. We are excited and thankful the Youth Health Center, together with our youth, is on a path for a successful and healthy future.



A handwritten signature in black ink that reads "Kimberly Gillette". The signature is written in a cursive, flowing style.

Kimberly Gillette, MPH

Daly City Youth Health Center provides safe, respectful, comprehensive health services to underserved teens and young adults, preparing them for a healthy adulthood.

Health Education

Project PLAY (Peer Leadership Alternatives for Youth) is a reproductive health and pregnancy prevention education program. Our health educators teach comprehensive sex education in health classes and train peer health educators (Sex Ed Squads) to be a resource for peers at their respective high schools.

- 10 day curriculum implemented in 6 high schools: El Camino, Jefferson, Oceana, Terra Nova, Thornton, and Westmoor
- 61 peer health educators were trained through weekly after-school programs
- 82% increase in youth's knowledge about how often one should get tested for STIs

1,206

number of students educated with 10 hours of comprehensive sexual health information



Peer Health Educators at Oceana High School fundraise for their Squad

Primary Health Care



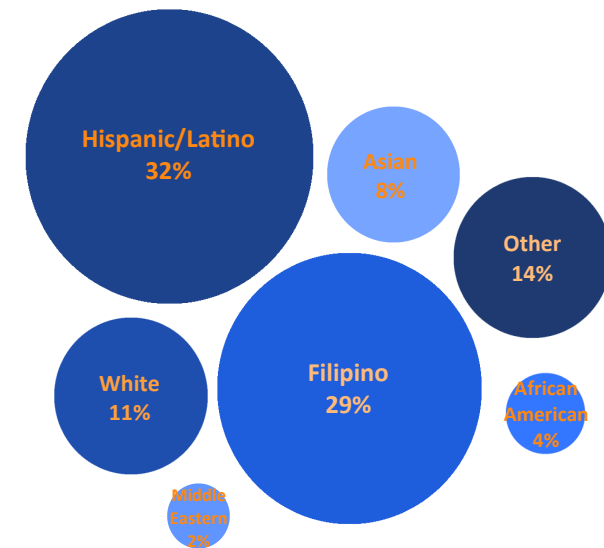
Tiffany Lambright, Nurse Practitioner, informs a patient about birth control options

1,931

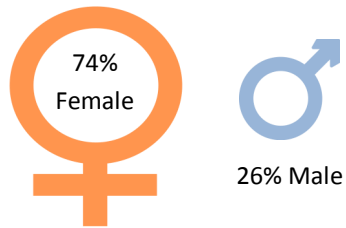
number of youth served with medical care

Our community-based health center offers low or no-cost medical care to youth who may otherwise be unable to access health care.

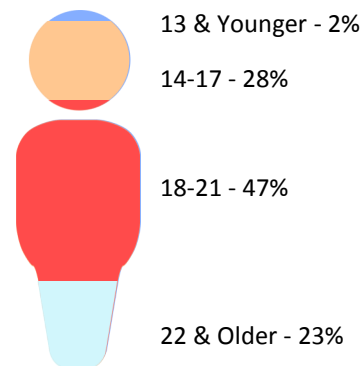
Our comprehensive system allows for our primary health care providers to seamlessly refer patients to our onsite behavioral health therapists.



Patients by Ethnicity



Patients by Gender



Patients by Age

Our Primary Health Care provided:

- 540 physical exams
- 858 immunizations/vaccinations
- 74 tuberculosis skin tests and treatments
- 59 vision and hearing screens and exams
- 2,263 reproductive health care visits, including pap smears, contraceptives, and sexually transmitted infection tests and treatments

4,299

number of medical visits



Behavioral Health



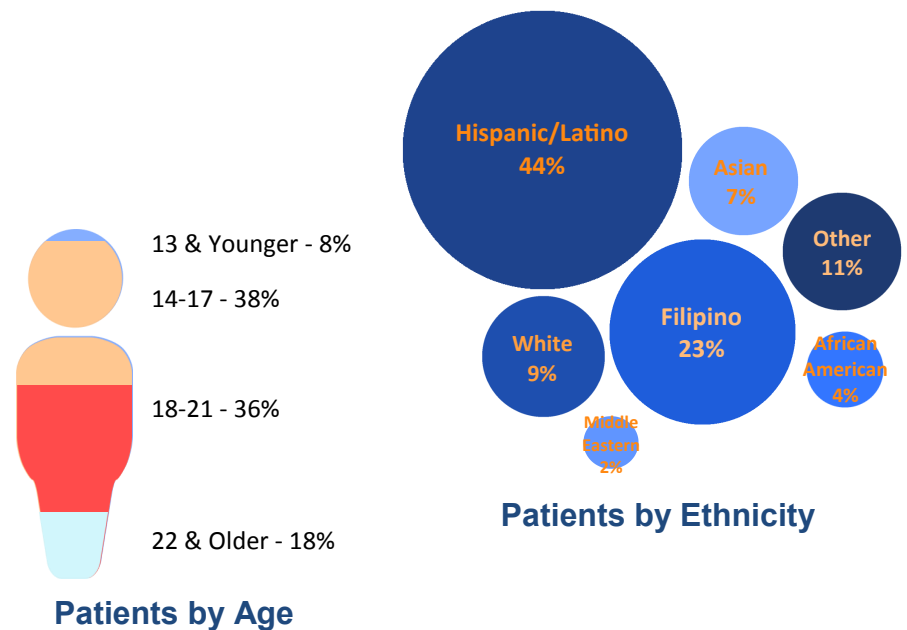
Errol Feria, Youth and Family Therapist, demonstrates the therapeutic effects of drumming

303

number of youth counseled

Our Behavioral Health Counseling provides individual, family, couples, and group therapy to an average of 70 youth a month at the Youth Health Center and several JUHSD high schools.

- Top presenting problems: Anxiety, Depression, & Bullying
- 72% of clients with anxiety reported an improvement in symptoms



Elements for Success

Elements for Success facilitates our Behavioral Health Careers Pathways Project at both Westmoor and Jefferson High Schools.

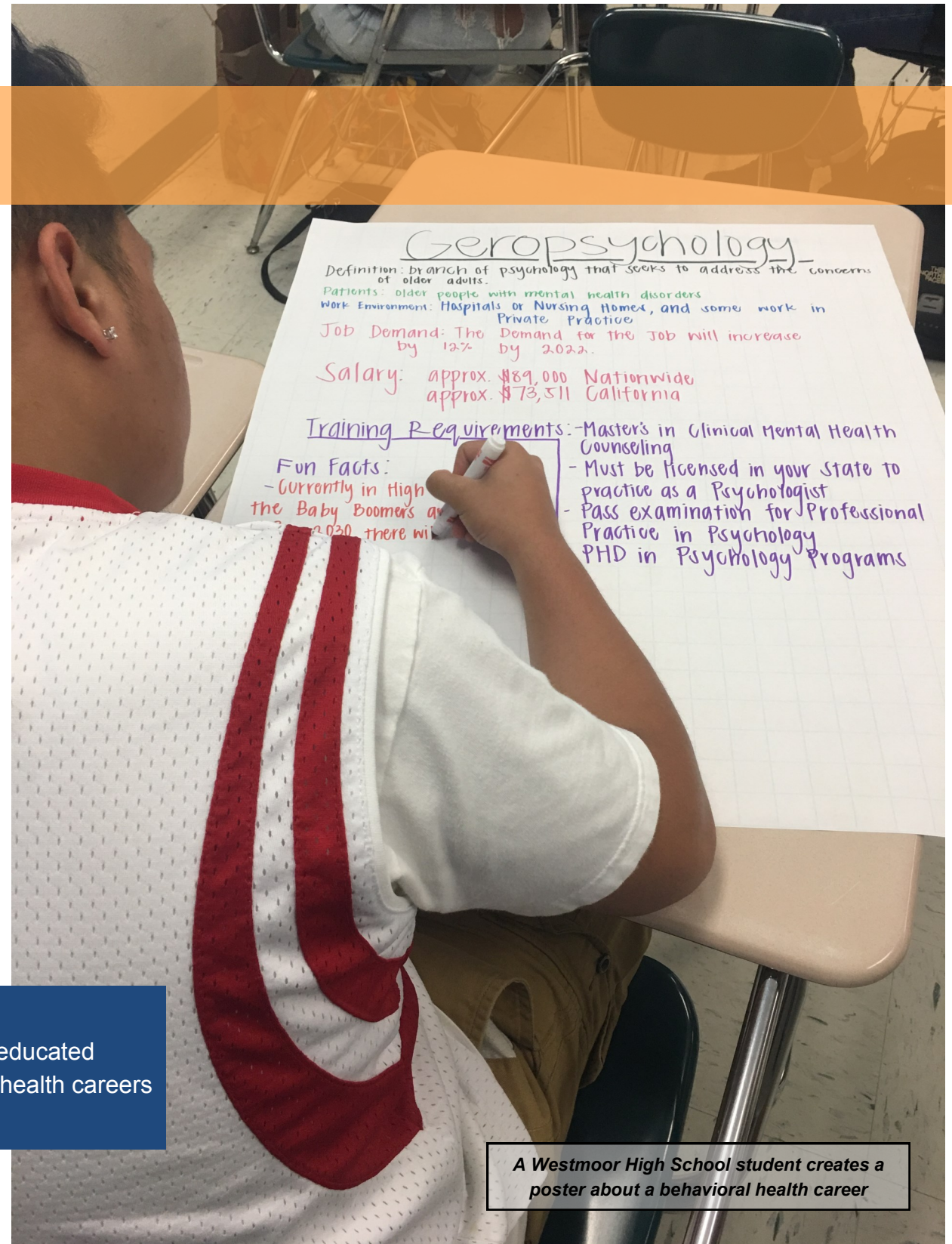
We are cultivating a diverse behavioral health workforce by:

- Introducing youth to people working in this field,
- Teaching youth about the degrees and experience needed for each career,
- Bringing in people with lived experiences to share their journeys, thereby decreasing stigma.

In 2016-2017, we increased students' knowledge about careers in mental illness and substance abuse by 27%.

154

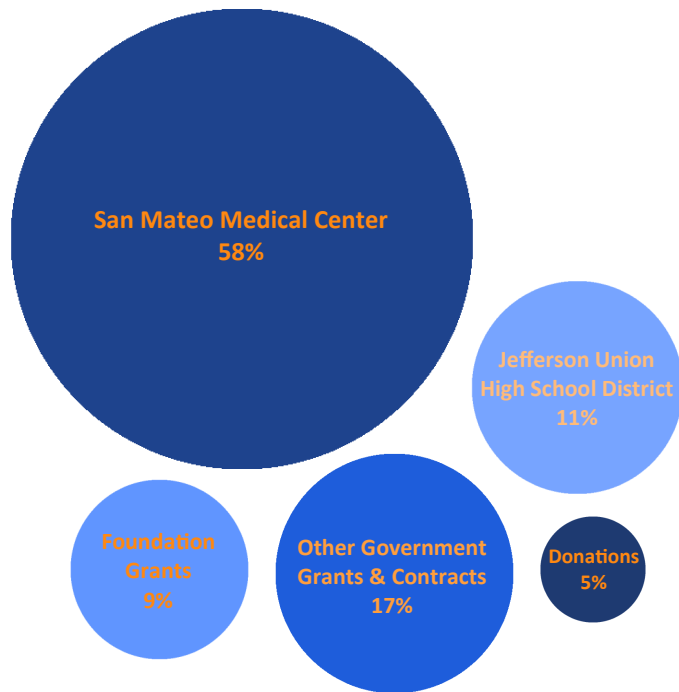
number of youth educated about behavioral health careers



A Westmoor High School student creates a poster about a behavioral health career

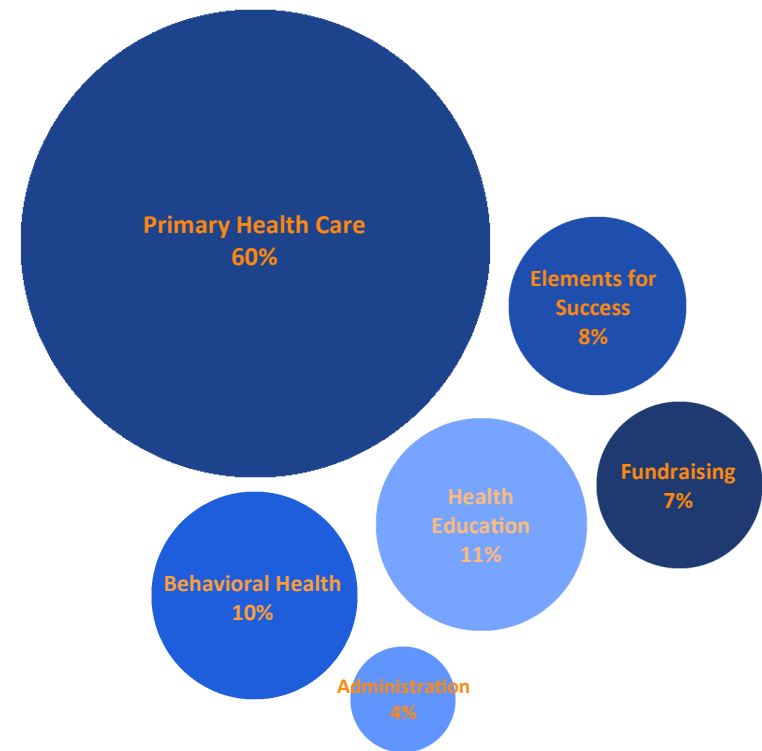
Financial Overview

Operating Revenue



Total Operating Revenue: \$2,282,912

Operating Expenses



Total Operating Expenses: \$2,248,411

Individual and Family Supporters

**Leadership Circle,
\$5,000 and above**
fingerpuppets (Jennifer
Ball & Michael Varney)
Marjorie Fasman
Paul Cousineau
& Christine Thorsteinson

Partners, \$1,000 - \$4,999
Anonymous
April & Denny Holland
Betty P. Rauch
Dan Duggan
Fay Abrams
Janet Chaikind, M.D.
Keith Irish
Margaret Taylor
& Floyd Gonella
Marilyn St. Germain-Hall
& Patrick Talbot Hall
Pamela
& Melissa Ambrose
Paul Resnick
& Joan Karlin
Stephen O. Lesser

Patrons, \$500 - \$999
Andrea Masters
Hon. Andy & Page Lie
Anonymous
Catharine Riggs
Diana Rumney
& Arturo Balderas
Joseph Curran
Kimberly Gillette
Lorna Stephanie Sotomayor
Michael & Patricia Crilly

Supporters, \$250 - \$499
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Annette Shreve
Arthur Tong
Brian Huff
C. Lynne Tondorf
Denise Shreve
Donna Doney
Dorothy Buhagiar
Ilana Sherer, M.D.
Janice Key
Hon. Jeanne Matysiak
Joyce Dillard
Juan Raigoza
Julie Sims
Laurie Hughes
Linda Garner
Linda Wolin
Maritza M. Torres
Matthew Rauch
Naomi Yunker
Roland Wiley
Scott Cuyjet
Shafia I. Nisa
Sylvia Chu
Teresa Proano
Yvette Yambao-Wacher

Benefactors, \$100 - \$249
Adam Weiss
Adriana Naranjo
Allan Hale
Araceli Perez Ramirez
Barbara Iri
Belinda Lesser
Beverly & Richard Boitano
Carol Forest
Carole Hutchins
Catherine Tumilty
Cielo Calpotura

Hon. Clifford Lentz
Darlene Mann
Darrel Daquigan
Dennis Shreve
Donald G. Ross
& Donna L. Jang
Doug Kizer
Eileen Protz
Elin Peinado
Elizabeth Bredall
Emilio Osorio
Emily Rodda
Hon. Ginny Jaquith
Gypsy R. Achong
Hadi Koesnodihardjo
Hildur L. Carlen
Inanama E. Christenson
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Louise Rogers
Matthew Lowry
Molly Rauch
Patricia Bohm
Peter F. Pfaelzer
Regina Stanback Stroud
Hon. Rosie Tejada
Robine Runneals
Sabrina Mah

Sarah Coffey
Stephanie Balon
Steven Colgrove
Sylvia Garcia-Lechelt
Sylvia Payne
Ted & Susan Tanisawa
Tony Press

Circle of Friends, \$99 & Below
Analyn R. Gotanco
Andrew Paul Hambre
Beryl F. Zimberoff
Caro Pemberton
Charles Gerughty
Cherie Colin
Christina Christenson
Danielle Kaho
David Dempsey
Diane Mei-Ling So
Edward Lopez
Ellen Legaspi
Fawnda Nguyen
Graham Cruickshank
Gregory Cochran
Hilary S. Davis
Jannah Schwab
Jennifer Brodsky
Johanna Stefanski
John Maltbie
Hon. Juslyn C. Manalo
Kareen Baca
Karen Latham
Kelly Bohm
Laura Marshall
Leatrice Zeff
Linda MacDonnell
Marguerite Machen
Marianne Petroni
Marie G. Derenzi
Mary Bier

Matthew L. Brennan
Melinda Dart
Michael Pacelli
Monica Casey & Anne Stewart
Paul Poon
Raquel Paniagua Gonzalez
& Kenneth Gonzalez
Richard Rojo
Roisin E. Madden
Sarah Wiley
Shirley Zeff
Steve Martinez
Susan Vaterlaus
Tiffany Lambright
Tom Celentano
Vicki Vinculado
Wanda Marie Lewis
Hon. Warren Slocum



Hon. Rosie Tejada and Dan Duggan explore auction items at Spring for Youth

In-Kind Supporters

Anonymous	Concannon Vineyard	IFeltinLoveBaby	Napa & Sonoma Valley Bike Tours	Senses of Place
Adventure Cat Sailing Charters	The Condom Bag	iFLY San Francisco Bay	Napa Valley Wine Train	SF on Tap
Al Cameron Designs	Contemporary Jewish Museum	IHOP	National Automobile Museum	Shari's Cafe & Pies
Alcatraz Cruises	Create Mix & Mingle	Ike's Place, Daly City	Oakland Symphony	Sheraton Grand Sacramento Hotel
The Animal Connection	Crocker Art Museum	Jack's Restaurant & Bar	Oakland Zoo	Six Flags
Aqua Adventure	Dan Duggan	Jennifer Ball	Pacific Park	Sixteen Mile House
Aquarium of the Bay	Dave and Busters	John W. Schulz, D.D.S.	Papa Murphy's	Sky High Sports Burlingame
Aquarium of the Pacific	David Gordon and Julie Sims	Kapelika	Patrick Carbullido	SMUIN Contemporary American Ballet
Asian Art Museum	Denise Shreve and Steve Hall	KathleenKelleyArtist	Paul Belluomini, D.D.S.	Sole Salon
Avital Food Tours	Disneyland	kfsBOHome	Peppermill Resort Spa Casino	Soroptimist International of Northern San Mateo County
Beach Blanket Babylon	donnaOdesigns	Kimberly Gillette	The Pics Stop	Starbucks
Berkeley Symphony	Eagle Vines Vineyards & Golf Club	Kristine Javier	Pier 39	Stevenot Winery
Better Business Bureau, Inc.	EclectikLush	Kristin's Kitty Care	Pixar Animation Studios	Suzette's Crepe
BettysBlueRoom	Eden Silk Road	La Petite Baleen Swim Schools	Planet Granite	Tanith
bitchcraftca	EssentiallyYoursCo	Landmark Theatres	Pretty Collected	Target
BJ's Restaurant & Brewhouse	Exploratorium	Law Offices of Patrick Talbot Hall	Quiltworks	Tastebud Tours San Francisco Food Tours
Blue and Gold Fleet	Fay Abrams	Lawrence Hall of Science	Red Lobster, San Bruno	tghGrows
BreakupBoxCo	FeltCakeHouse	Le Colonial	Red Robin	Tiffany Lambright
Bug Under Glass	Fine Arts Museums of San Francisco/de Young Legion of Honor	Leatherby's Family Creamery	Rendez Vous Cafe Bistro	tlgvintageart
Cafe Figaro	Fizz Las Vegas	Lighten Up Shoppe	Reno Air Racing Association, Inc.	Total Wine & More
CafeSocietyStore	Flightdeck Flight Simulation Center	Lovesknitting	The Reno Philharmonic	Trader Joe's
California Academy of Sciences	Flightlinez Bootleg Canyon	Lowe's Home Improvement	Roland Maxie	UncutStandards
California Canoe & Kayak Oakland	Floralistic	Luigi's the Pizza Man	Sabrina Mah	Val's Restaurant and Lounge
CammiandCo	Gokart Racer	Mackinnon Ross	Sacramento State Aquatic Center	Villa D'Este Restaurant
Cheesecake Factory, San Francisco	Grand Leader Market & Deli	Made with Magic	Sacramento Zoo	Vivace Restaurant
Cheesecake Factory, San Mateo	GreenerLeafDesigns	Marianne LaRuffa	San Bruno Flower Fashions	Wag Hotels
Children's Creativity Museum	Guittard Chocolate Company	Marilyn St. Germain-Hall & Patrick Talbot Hall	San Francisco Ballet	Westin San Francisco Airport Hotel
Children's Discovery Museum of San Jose	Hampton Inn San Francisco, Daly City	Michelle Glenn	San Francisco Bird Hotel	WildWomenSkinCare
Children's Empowerment Inc.	Happy Hollow Park and Zoo	Millbrae Jewelers	San Francisco Opera	Winchester Mystery House
Chili's Grill & Bar	Hon. Helen Fiscaro	The Misfit Restaurant and Bar	San Mateo Credit Union	Windsor Vineyards
Choose Love Designs	High Tail Hotel	MissAvaRose	Scotasian Capital	Yerba Buena Ice Skating & Bowling Center
Christina Miranda	HighDesertDryGoods	Mission Pie	Scott Cujyet	Yuzo Soap
Cole Hardware	Hiller Aviation Museum	Moaning Cavern Adventure Park and California Zip Lines	Sea Bowl Entertainment Center	Zephyr Cove Resort & Lake Tahoe Cruises
Colibri Aromatherapy	Homer Depot	Monterey Bay Whale Watch	Sea Horse Ranch	
Community at Work	Hotel Aura San Bruno	Music at Kohl Mansion	Sea Trek Kayak & Stand Up Paddling Center	
			Seedles	

Foundation, Government, Corporate & Community Support

Foundation Grants

Atkinson Foundation
The David & Lucile Packard Foundation
Gay Asian Pacific Alliance (GAPA) Foundation
Kaiser Permanente
Pacifans Care
Philanthropic Ventures Foundation
The San Francisco Foundation
Sand Hill Foundation
Seton Medical Center
Thelma Doelger Charitable Trust
Woodlawn Foundation

Government Grants and Contracts

City of Daly City
City of Sunnyvale - Workforce Innovation and Opportunity Act
County of San Mateo - System of Care
Jefferson Union High School District
Office of Statewide Health Planning & Development (OSHPD)
San Mateo County
- Behavioral Health & Recovery Services
- Human Services Agency
- San Mateo Medical Center
Town of Colma

Corporate and Community

Accurate Appliance
A.S.F. Electric Inc.
Associated Student Body of Thornton High School
Callan Realty
Daly City Retired Employee's Association
Duggans Serra Mortuary
First National Bank of Northern California
HealthRIGHT 360
IBEW Local Union 617
Lagomarsino Properties
Law Offices of Patrick Talbot Hall
Lucky Chances, Inc.
Mizpah Fellowship, Pacifica Community Service Volunteers
O'Neill Glass, Inc.
Pacific Gas & Electric Company
Quest Discovery Services
Quiltworks Collaborative
Republic Services, Inc.
San Mateo Credit Union
Seton Medical Center
Skyline College
Universal Paragon Corporation



Melissa Ambrose accepts the Carol Forest Service Award



*A collaborative program of
Jefferson Union High School District
and
San Mateo Medical Center*

Youth Health Center Advisory Council

Melissa Ambrose	Karla Talkoff
Denise Brown	Christine Thorsteinson
Jeanne Matysiak	Tina VanRaaphorst
Marilyn St. Germain-Hall	Sara Watson

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Geraldine Mack, Jane Hipe Memorial Awardee, and Fawnda Nguyen, Project PLAY Program Manager, embrace at Spring For Youth 2017