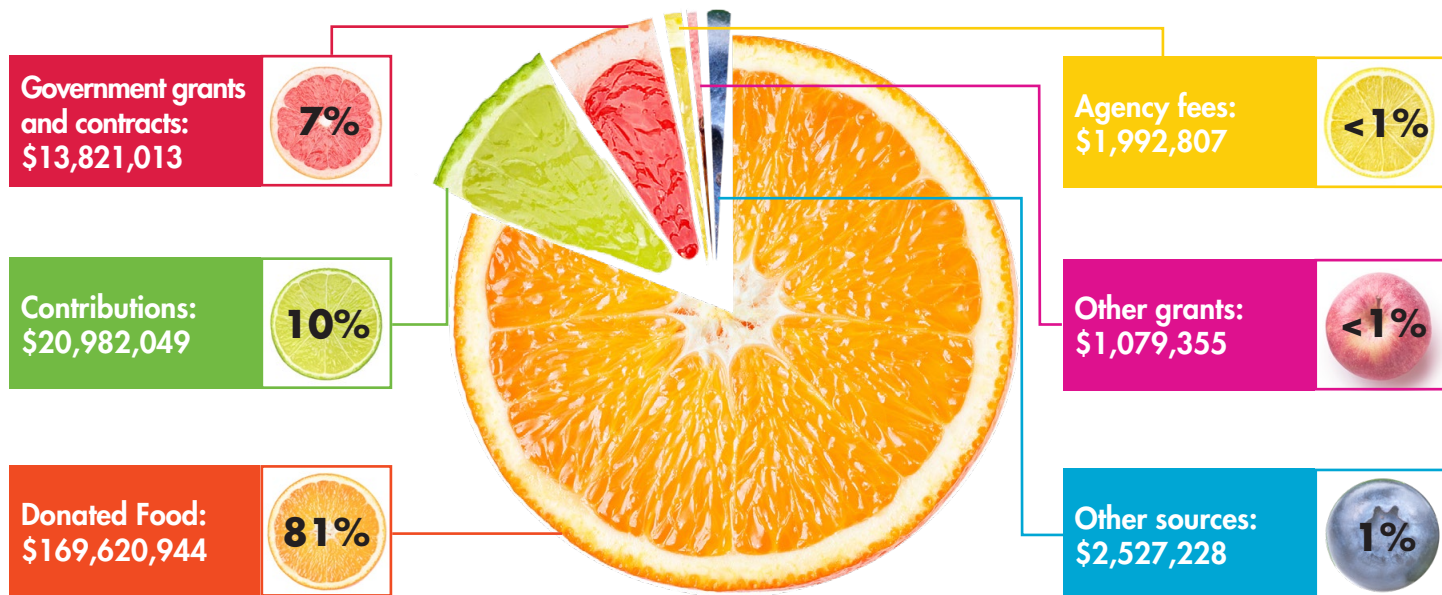


Where our resources come from:



How we use our resources:

- 1.8% Fundraising (\$3,967,406)
- 2.5% Management and general (\$5,446,285)

• 95.7% Food Bank Operations (\$207,825,885)



What we distribute:



Grains and pasta	5%	Assorted non food (books, toys, etc.)*	3%
Meat, fish, poultry, other protein	13%	Condiments and dressings*	1%
Fresh produce	32%	Beverages*	5%
Canned and frozen produce	9%	Bread, baked goods, sweets*	5%
Dairy	11%	Health and household items*	2%
Other nutritious foods	14%		

*categories not included in nutritious meal count
[^] includes meals made possible through SNAP benefits received with help from HFB

houston**food**bank **Annual Report FY 19: Impact**

In Houston Food Bank's 18-county service area, there are **1.1 million food insecure individuals**, meaning they cannot afford enough food to fuel a regularly healthy lifestyle. **The impact of the Houston Food Bank extends beyond putting food on the table.** We distribute millions of pounds of nutritious food to the community with the goal of not only providing nourishment but also reducing the hardship in making difficult financial choices such as deciding between paying for medicine or paying for groceries. Beyond providing nourishing food as a resource for families, Houston Food Bank also provides programs and services aimed at helping families achieve long-term stability including nutrition education, job training, health management, and help with securing state-funded assistance. In collaboration with the community, we advocate for policy change to increase access to food and further improve the lives of those we serve. **With your help, we are providing food for better lives.**

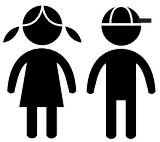
The Food Bank's Contribution to the Community



104 million nutritious **meals** made possible



1,500 community partners worked with the food bank to provide food and services to people throughout our 18-county service area



6.5 million meals provided to kids through our Backpack Buddy, Kids Cafe, and School Market programs



40.2 million pounds of fresh **produce** provided



14.2 million SNAP meals accessed



1,262 nutrition education classes taught

Because of You



623,000 hours of **volunteer time**, equivalent to **300** full-time **employees**



84,501 individual **people volunteered**



Volunteer work produced the equivalent of **1 meal each minute**



★★★★★
CHARITY NAVIGATOR
Four Star Charity

houston**food**bank.org
Filling pantries. Filling lives.

\$10 provides 30 meals



houston**food**bank Annual Report FY 19: Donors

The following donors helped Houston Food Bank provide *food for better lives* through their generous gifts made in 2018–2019 of \$5,000 or more. In addition to the donors listed below, Houston Food Bank also wishes to gratefully acknowledge the many contributions made by members of Faithful Friends, our monthly giving society.

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Philip J. Hawk

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