

"In a racist society it is not enough to be non-racist, we must be anti-racist."

___ Angela Davis

"One either allows racial inequities to persevere, as a racist, or confronts racial inequities, as an antiracist. There is no in-between safe space of "not racist." The claim of "not racist" neutrality is a mask for racism."

___ Ibram X. Kendi, *How to Be an Antiracist*

The beauty of anti-racism is that you don't have to pretend to be free of racism to be anti-racist. Anti-racism is the commitment to fight racism wherever you find it, including in yourself. And it's the only way forward.

___Ijeoma Oluo

more Black bodies fall

*into the bag of my heart
continuous rage*

___Tasha K. Ryals

Anti-racism Resource Guide

Last Updated: May 28, 2020

This anti-racist resource guide was crafted amidst the anger of the latest black body turned hashtag #AhmaudArbery. It is consistently being updated to address the current climate of our country and the personal growth needed to sustain this life-long journey. Please note that this document was and will continue to be a group effort. Suggested additions or other feedback can be emailed to me at the address below. I have tried extremely hard to thoroughly comb through these resources before they were listed, but always seeking new material. It took a lot of time and energy, emotional and mental labor to get this document to its current update. Some have asked about financially supporting the continued work of this anti-racism resource, that info is also below.

This is *just* a resource, not a map leading to a destination, but help along the way, a strong start. The tendency to try and get through this list in its entirety and feel accomplished or to get overwhelmed by the ever growing list are real reactions we should leave behind. Again, this **IS LIFE-LONG WORK that we choose to enter into**, a journey for an anti-racist traveler that will take a lifetime.

Starting Your Journey begins on page three and is based on [Ibram X. Kendi's anti-racism syllabus](#). There are four steps to guide you into the other resources that begin on page four. If you don't feel quite ready to begin your journey, you can start below with some suggested pre-reading. Throughout the guide you will notice, White authors are noted, books are alphabetized by author, and podcasts, movie trailers, and organization websites are all linked. It is strongly encouraged that if you choose to purchase a book, you find it on a site that benefits the writer the most.

It is important to start somewhere, even though there is no end point. This is a tool. This does not even brush the surface of anti-racism resources, but it is a start. Learning, re-learning, and decolonizing history are all necessary pieces of this journey, but should coincide with other things like listening, taking action, financially supporting, decentering whiteness, etc.

For those who identify as Black, Indigenous, and Persons of Color (BIPOC) engagement with these resources may be triggering. These materials are intended to help you further understand oppressive systems, and provide more tools and resources to fight these systems while recognizing how your own bias contributes to your prejudices.

For those of you who are White, engaging with these resources could bring a negative or defensive reaction. I encourage you to challenge your own culture, privilege, and bias while continuing the fight against oppressive systems that you benefit from.

I truly believe that this ongoing work is a journey of empathy and care for humanity, individually and collectively. We must engage if we want to do intentional anti-racism work in our families, our classrooms, our conversations, our meetings, our community, our country, and our world.

Tasha K. Ryals

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Venmo: @tatortash

Ca\$hApp: \$tatortash

SUGGESTED PRE-READING

Blindspot

Mahzarin R. Banaji

Racism Without Racists: Color-blind Racism And The Persistence Of Racial Inequality In America

Eduardo Bonilla-Silva

Biased

Jennifer L. Eberhardt, PhD

Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong

James W. Loewen (white author)

So You Want To Talk About Race

Ijeoma Oluo

**STARTING YOUR JOURNEY****1. Define Race****Fatal Invention: How Science, Politics, Big Business, Re-create Race In The 21st Century**

Dorothy Roberts

2. Define Racism & Anti-racism**Stamped From the Beginning: The Definitive History of Racist Ideas In America**

Ibram X. Kendi

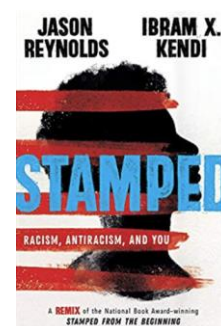
How To Be Antiracist

Ibram X. Kendi

or

Stamped: Racism, Antiracism, and You

Ibram X. Kendi & Jason Reynolds

**3. Settle Your Feelings**

BIPOC Learners should read:

Locking Up Our Own: Crime and Punishment In Black America

James Forman Jr.

or

White Learners should read:

White Fragility: Why It's So Hard For White People To Talk About Race

Robin Di'Angelo (white author)

4. Continue Your Journey

Anti-racism is life-long work for all of us, there is no finish line. May we continue to move forward, instead of backwards. Start somewhere, start anywhere.

Page four begins the evolving list of resources organized by topic, and medium. Feel free to use the outline on the left to navigate the resources.



CONTINUING THE JOURNEY

How Does It Feel To Be A Problem? Being Young And Arab In America

Moustafa Bayoumi

The Next American Revolution: Sustainable Activism For The Twenty-First Century

Grace Lee Boggs

Tears We Cannot Stop: A Sermon To White America

Michael Eric Dyson

Ghosts In The Schoolyard: Racism And School Closings On Chicago's South Side

Eve L. Ewing

How To Be Less Stupid About Race: On Racism, White Supremacy And The Racial Divide

Crystal M. Flemming

Tell Me Who You Are

Winona Guo & Priya Vulchi

This Book is Anti-Racist: 20 Lessons on How To Wake Up, Take Action, And Do The Work

Tiffany Jewell & Aurelia Durand

Why We Can't Wait

Martin Luther King, Jr.

They Can't Kill Us All: Ferguson, Baltimore, and a New Era In America's Racial Justice Movement

Wesley Lowery

Citizen: An American Lyric

Claudia Rankine

American Lynching

Ashraf H. A. Rushdy

The Politics Of The Veil

Joan Wallach Scott (white author)

The Origins Of The Urban Crisis: Race and Inequality In Postwar Detroit

Thomas Surge (white author)

"Why Are All The Black Kids Sitting Together In The Cafeteria" And Other Conversations On Race

Beverly Daniel Tatum, PhD

A People's History Of The United States

Howard Zinn (white author)

MEMOIRS

I Know Why The Caged Bird Sing

Maya Angelou

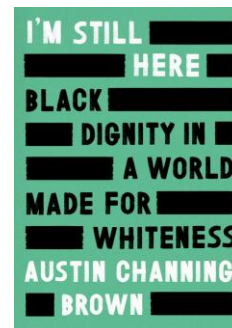
I'm Still Here: Black Dignity In A World Made For Whiteness

Austin Channing Brown

Between The World And Me

Ta-nehisi Coates

Eloquent Rage



Brittney Cooper

Minor Feelings: An Asian American Reckoning

Cathy Park Hong

Good Talk: A Memoir In Conversation

Mira Jacob

When They Call You A Terrorist: A Black Lives Matter Memoir

Patrisse Khan-Cullors & Asha Bandele

Paper Sons

Dickson Lam

Heavy: An American Memoir

Kiese Laymon

Redefining Realness: My Path To Womanhood, Identity, Love & So Much More

Janet Mock

The Auto-Biography Of Malcolm X

Malcolm X

ESSAYS

The Fire Next Time

James Baldwin

Black Is The Body: Stories From My Grandmother's Time, My Mother's Time, And Mine

Emily Bernard

We Were Eight Years In Power: An American Tragedy

Ta-Nehisi Coates

We Gon' Be Alright: Notes on Race & Resegregation

Jeff Chang

If They Come In The Morning...Voices Of The Resistance

Edited by Angela Davis

The Souls of Black Folk

W.E.B. Du Bois

Bad Feminist

Roxane Gay

Sister Outsider: Essays & Speeches

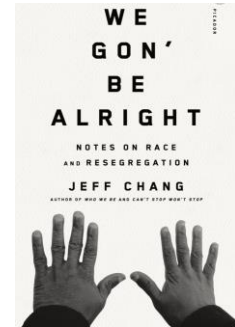
Audre Lorde

This Bridge Called My Back: Writings By Radical Women Of Color

Edited By Cherríe Moraga & Gloria Anzaldúa

The Fire This Time: A New Generation Speaks About Race

Jesyynn Ward



FICTION

Poet X

Elizabeth Acevedo

Homegoing

Yaa Gyasi

Welcome To Braggsville: A Novel

T. Geronimo Johnson

The Other Americans

Laila Lalami

The Bluest Eye

Toni Morrison

Americanah

Chimamande Ngozi Adichie

All American Boys

Jason Reynolds

We Cast A Shadow

Maurice Carlos Ruffin

The Hate U Give

Angie Thomas

The Paragon Hotel

Lyndsay Faye (white author)



CHILDREN'S LITERATURE

The Undefeated

Kwame Alexander, illustrated by Kadir Nelson

Something Happened In Our Town

Marianne Celano, Marietta Collins, and Ann Hazzard,
illustrated by Jennifer Zivoin

I Am Not A Number

Jenny Kay Dupuis & Kathy Kacer, illustrated by Gillian Newland

Anti-Racist Baby

Ibram X. Kendi, illustrated by Ashley Lukashevsky

Separate Is Never Equal: Sylvia Mendez And Her Family's Fight For Desegregation

Duncan Tonatuih

Young Water Protectors: A Story About Standing Rock

Aslan & Kelly Tudor

The Day You Begin

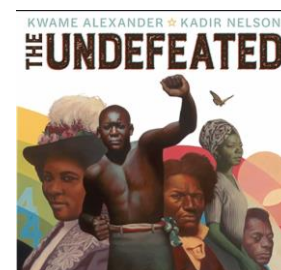
Jaqueline Woodson, illustrated by Rafael Lopez

Moses: When Harriet Tubman Led Her People To Freedom

Carole Boston Weatherford, illustrated by Kadir Nelson

The Boy And The Wall

Palestinian Children in the Aida Refugee Camp



PARENTING

The First R: How Children Learn Racism

Debra Van Ausdale & Joe R. Feagin (white author)

Motherhood So White: A Memoir of Race, Gender, and Parenting In America

Nefertiti Austin

Teaching Your Kid About Black History Month (Article)

Nefertiti Austin

Parenting Forward

Cindy Wang Brandt

Parenting Forward (Podcast)

Revolutionary Mothering: Love On The Front Lines

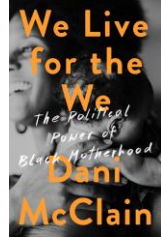
Edited by Alexis Pauline Gumbs, China Martens, and Mai'a Williams

Raising White Kids: Bringing Up Children In A Racially Unjust America

Jennifer Harvey

We Live for the We: The Political Power of Black Motherhood

Dani McClain



ASIAN & PACIFIC ISLANDER STUDIES

The Myth Of The Model Minority: Asian Americans Facing Racism

Rosalind S. Chou & Joe R. Feagin (white author)

Two Faces Of Exclusion: The Untold Story Of Anti-Asian Racism In The United States

Lon Kurashige

The Making Of Asian America

Erika Lee

On Gold Mountain

Lisa See

Strangers From A Different Shore: A History of Asian Americans

Ronald Takaki

They Called Us Enemy (Graphic Novel)

George Takei

Yellow Peril!: An Archive of Anti-Asian Fear

Edited by John Kuo Wei Tchen and Dylan Yeats (white author)

Yellow: Race In America Beyond Black And White

Frank H. Wu

Alien Nation: Chinese Migration In The Americas From The Coolie Era Through World War II

Elliott Young

The Good Immigrants: How The Yellow Peril Became The Model Minorities

Madeline H. Ysu

Asian American Dreams: The Emergence Of An American People

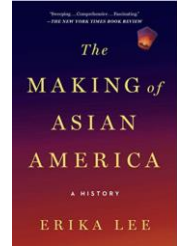
Helen Zia

Asian Americans (Mini-Series)

PBS

Long Distance (Podcast)

Self Evident(Podcast)



CHICANX/LATINX STUDIES

Borderlands/La Frontera

Gloria Anzaldúa

Open Veins of Latin America: Five Centuries of Pillage of A Continent

Eduardo Galeano

Inventing Latinos: A New Story of American Racism

Laura E. Gomez [Available August 2020]

De Colores Means All Of Us

Elizabeth Martinez

Latinos Who Lunch (Podcast)

INDIGENOUS STUDIES

Native: Identity, Belonging, And Rediscovering God

Kaitlin Curtice

An Indigenous People's History Of The United States

Roxanne Dunbar-Ortiz (white author)

Why Indigenous Literatures Matter

Daniel Heath Justice

Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, And The Teaching Of Plants

Robin Wall Kimmerer

Highway of Tears: A True Story of Racism, Indifference, And The Pursuit Of Justice For Missing And Murdered Indigenous Women and Girls

Jessica McDiarmid (white author)

The Other Slavery

Andrés Reséndez

Seven Fallen Feathers

Tanya Talaga

All Our Relations: Indigenous Trauma In The Shadow Of Colonialism

Tanya Talaga

All Our Relations: Finding The Path Forward

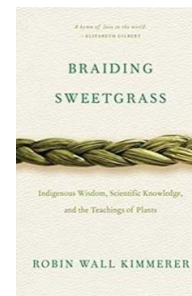
Tanya Talaga

Everything You Wanted To Know About Indians But Were Afraid To Ask

Anton Treuer

Rez Life: An Indian's Journey Through Reservation Life

David Treuer



BLACK STUDIES

The Education Of Blacks In The South, 1860-1935

James D. Anderson

The Half Has Never Been Told: Slavery And The Making Of American Capitalism

Edward E. Baptist (white author)

A Black Women's History Of The United States

Daina Ramey Berry & Kali Nicole Gross

The Price For Their Pound Of Flesh: The Value Of The Enslaved, From Womb to Grave, In The Building Of A Nation

Daina Ramey Berry

Selma(movie)

Directed by Ava Duverney

Ain't I a Woman: Black Women and Feminism

Bell Hooks

March Trilogy (graphic novels)

John Lewis, Andrew Aydin, Nate Powell

North Of Slavery: The Negro In The Free States, 1780-1869

Leon F. Litwack (white author)

Black Stats: African Americans By The Numbers In The Twenty-First Century

Monique M. Morris

Pushout: The Criminalization of Black Girls in Schools

Monique M. Morris

From #BlackLivesMatter To Black Liberation

Keeanga-Yamahtta Taylor

A More Beautiful And Terrible History: The Uses And Misuses Of Civil Rights History

Jeanne Theoharis

The Underground Railroad (Historical Fiction)

Colson Whitehead

The Warmth of Other Son:The Epic Story Of America's Great Migration

Isabel Wilkerson

African American History: From Emancipation to the Present

Yale University AFAM 162, Free Online Course

HEALTH AND MEDICINE

Just Medicine: A Cure For Racial Inequality In The American Health Care System

Dayna Bowen Matthew

The Immortal Life Of Henrietta Lacks

Rebecca Skloot (White Author)

Medical Apartheid: The Dark History Of Medical Experimentation On Black Americans From Colonial Times To The Present

Harriet A. Washington

Flatlining: Race, Work, And Healthcare In The New Economy

Adia Harvey Wingfield

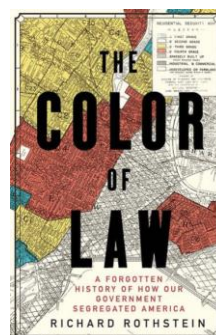
LAND AND HOUSING

Evicted: Poverty And Profit In The American City

Matthew Desmond (white author)

The Color of Law: A Forgotten History on How Our Government Segregated America

Richard Rothstein (white author)



TEACHING

For All You White Folks Who Teach In The Hood...And The Rest Of Ya'll Too

Christopher Emdin

Not Light, But Fire: How To Lead Meaningful Race Conversations In The Classroom

Matthew R. Kay

Culturally Responsive School Leadership

Muhammad Khalifa

We Want To Do More Than Just Survive: Abolitionist Teaching And The Pursuit Of Educational Freedom

Bettina L. Love

Start Where You Are But Don't Stay There: Understanding Diversity, Opportunity Gaps, And Teaching In Today's Classroom

H Richard Milner IV

Cultivating Genius: An Equity Model for Culturally and Historically Responsive Literacy

Gholdy Muhammad

White Teachers Need Anti-racist Therapy (article)

Bettina L. Love

Everyday AntiRacism: Getting Real About Race In Schools

Mica Pollock (white author)

Conversation Starters with #schooltalking

A Framework For Teaching American Slavery

Teaching While White Foundational Texts

Teaching Tolerance Classroom Resources

IMMIGRATION

Create Dangerously: The Immigrant Artist At Work

Edwidge Danticat

My Family Divided

Diane Guerrero

Call Me American

Abdi Nor Iftir

Tell Me How It Ends: An Essay In Forty Questions

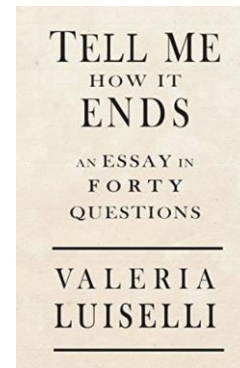
Valeria Luiselli

Enrique's Journey

Sonia Nazario

The Devil's Highway: A True Story

Luis Alberto Urrea



The Undocumented Americans
Karla Cornejo Villavicencio

VOTING

One Person, One Vote: How Voter Suppression Is Destroying Our Democracy
_____Carol Anderson

Give Us The Vote: The Modern Struggle For Voting Rights In America
Ari Berman

MASS INCARCERATION

The New Jim Crow

Michelle Alexander

Slavery By Another Name: The Re-enslavement Of Black Americans From The Civil War To World War II

Douglass A. Blackmon (white author)

Choke Hold: Policing Black Men

Paul Butler

Are Prisons Obsolete?

Angela Y. Davis

From The War On Poverty To The War On Crime: The Making Of Mass Incarceration In America

Elizabeth Hinton

An American Marriage (Fiction)

Tayari Jones

Just Mercy: A Story Of Justice And Redemption

Bryan Stevenson

Just Mercy (Movie)

Directed by Destin Daniel Cretton

The Nickel Boys (Historical Fiction)

Colson Whitehead

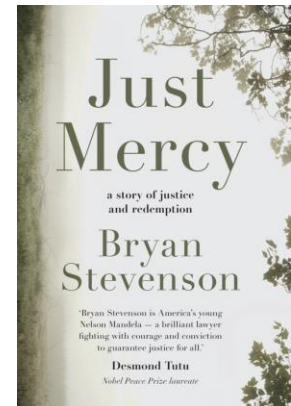
13th (Movie)

An American Documentary Directed by Ava Duvernay

When They See Us (Mini-Series)

Netflix Original Co-Written and Directed by Ava Duvernay

Ear Hustle (Podcast)



WHITE STUDIES

The Invention of The White Race: Volume 1: Racial Oppression and Social Control Theodore W. Allen (white author)

The Invention of The White Race: Volume 2: The Origin of Racial Oppression in Anglo-America

Theodore W. Allen (white author)

White Rage

____Carol Anderson

What Does It Mean To Be White: Developing White Racial Literacy

____Robin DiAngelo (white author)

We Talk Different Episode #63-The 'What Does It Mean To Be White' Edition with Robin Di'Angelo (Podcast)

Black Like Me

John Howard Griffin

White Kids: Growing Up With Privilege In A Racially Divided America

Margaret A. Hagerman

The History of White People

____Nell Irvin Painter

Me And White Supremacy: Combat Racism, Change The World, and Become A Good Ancestor

____Layla F. Saad

White Like Me: Reflections On Race From A Privileged Son

____Tim Wise (white author)

HEALING AND RESTORATION

The Little Book on Race and Restorative Justice

Fania E. Davis

The Innerwork of Racial Justice: Healing Ourselves and Transforming Our Communities Through Mindfulness

Rhonda V. Magee

My Grandmother's Hands: Racialized Trauma And The Pathway To Mending Our Broken Hearts And Bodies

Resmaa Menakem

The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systematic Racism, and Engage in Collective Healing

Annealiese A Singh, PhD, LPC

FOR THE CHURCH

The Cross and the Lynching Tree

James H. Cone

Unsettling Truths: The Ongoing, Dehumanizing Legacy Of The Doctrine Of Discovery

Mark Charles & Soong-Chan Rah

Divided By Faith: Evangelical Religion And The Problem Of Race In America

Michael O. Emerson & Christian Smith (white author)

Rethinking Incarceration: Advocating For Justice That Restores

Dominique Du Bois Gilliard

White Awake: An Honest Look At What It Means To Be White

Daniel Hill

Trouble I've Seen: Changing The Way The Church View Racism

Drew Hart

An Introduction to Womanist Biblical Interpretation

Nyasha Junior

Recovering From Racism: City Ministry In “Post-Racial” America

Larry Lloyd (white author)

Woke Church: An Urgent Call For Christians In America To Confront Racism And Injustice

Eric Mason

Road Map To Reconciliation: Moving Communities Into Unity, Wholeness and Justice

Brenda Salter McNeil

Introducing Womanist Theology

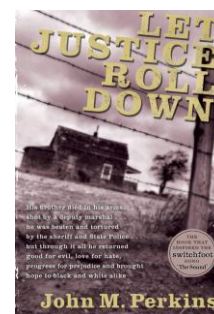
Stephanie V. Mitchem

The Long Repentance (Bible Study)

Mako Nagasawa

Let Justice Roll Down

John Perkins



Prophetic Lament: A Call For Justice In Troubled Times

Soong-Chan Rah

Beyond Colorblind: Redeeming Our Ethnic Journey

Sarah Shin

Urbana 1970: Racism & World Evangelism (Sermon)

Speech by Tom Skinner

Jesus And The Disinherited

Howard Thurman

The Color of Compromise

Jemar Tisby

Footnotes with Jamar Tisby (Podcast)

Reconstructing The Gospel: Finding Freedom From The Slaveholder Religion

Jonathan Wilson-Hartgrove (white author)

Centering: The Asian American Christian Podcast (Podcast)

Truth's Table (Podcast)

ARTICLES

On Being Comfortable with Discomfort: Tiffany Jewell Explains What It Means To Be Anti-racist

Vanessa Willoughby

The Case for Reparations

Ta-nehisi Coates

Why I Am No Longer Talking To White People About Race

Reni Eddo-Lodge

EJI Lynching In America Interactive Resource

Equal Justice Initiative

Are All White Americans Police Officers?

Andre Henry

White Privilege: Unpacking The Invisible Knapsack

Peggy McIntosh

America, The House That Slavery Built

Tasha Williams

Blacks And Jews Entangled

Edward S. Shapiro (white author)

MOVIES & CLIPS (Linked)

#1619 Project Interview with Hannah Jones

Campaign Zero Interview on MSNBC On Justice for Ahmaud Arbery

I Am Not Your Negro

Written by James Baldwin and Directed by Raoul Peck

Fruitvale Station

Directed by Ryan Coogler

Race: The Power Of Illusion

PBS

American Son

Directed by Kenny Leon

How Studying Privilege Systems Can Strengthen Compassion

Peggy McIntosh

Mudbound

Directed by Dee Rees

Black Feminism & The Movement For Black Lives

Barbara Smith, Reina Gossett, Charlene Carruthers

The Hate U Give

Directed by George Tillman Jr.

[OTHER RESOURCE LISTS \(Linked\)](#)

[30+ Resources To Help White Americans Learn About Race and Racism](#)

[75 Things White People Can Do For Racial Justice](#)

[Anti-Oppression Resource Guide](#)

[Anti-Racism Resource Guide for White People](#)

[Jenna Arnold's Resources](#)

[Rachel Ricketts' Anti-Racism Resources](#)

[Resources For White People To Learn And Talk About Racis](#)

PODCASTS (Linked)

1619

About Race

All My Relations

Antiracist Pod Squad

Code Switch

Combing The Roots

Healing Justice

Intersectionality Matters

Identity Politics

Momentum: A Race Forward Podcast

Pod For The Cause

Pod Save The People

Puestas Pa'l Problema

See Something Say Something

Speaking of Racism

Still Processing

The Nod

We Talk Different

What Would Our Ancestors Think

White Lies

FOLX TO FOLLOW

Rachel Cargle

Jelani Cobb

Mari Copeny

Sybrina Fulton

Elwing Suong Gonzalez

Britt Hawthorne

Ally Henny

Myisha T. Hill

Bernice King

Deray Mckesson

S. Lee Merritt, Esq.

Latasha Morrison

Brittany Packnett Cunningham

Sam Sinyangwe

Clint Smith

Tori Williams Douglass

[Any Author Listed Above]

ORGANIZATIONS

Asian American Justice Center

Be the Bridge

Black Lives Matter

Campaign Zero

Color of Change

Dignity In Schools

Equal Justice Initiative

NAACP

Showing Up For Racial Justice

Southern Poverty Law Center

The Audre Lorde Project

the conscious kid

The Decolonial Atlas

The King Center

Zinn Education Project

Teaching Tolerance