

Tidewater Appalachian Trail Club

Appalachian Hiker



www.tidewateratc.com

August 2019 - September 2019
46th Edition, 4th Issue

PREZ SEZ

Summer is in full swing and our members are getting out there and making the most of the warm weather in a variety of fun ways. We've had our friends paddling for a pint at Fort Monroe, exploring the Military Aviation Museum and seeing a genuine PBY aircraft take off, fly and land in Virginia Beach, and bike ride through Deep Creek Park in Chesapeake.

These fun days happened because someone stepped forward and MADE IT HAPPEN. Thanks go out to Phyllis Neumann, Ellis Malabad, and Marti Malabad for making the time to share something fun with the club. Won't YOU make some time to offer something to your friends and fellow TATCers?

On the horizon is Music in the Blue Ridge and Hoopla - both events take place near our section of the trail in the beautiful Blue Ridge area of Virginia. There is also a cabin trip open to all members - thanks to Tom Meree for hosting this event at our charming- but-ruggedly- beautiful cabin. If you've never been to this extraordinary place, this is your chance!

Wishing you all a memorable summer,

Rosanne Cary
President - Tidewater Appalachian Trail Club
president@tidewateratc.com



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Banner Photo by Mark Ferguson



Visit our website at www.tidewateratc.com

Minute For Maintenance

As we enter the dog days of summer, urgent trail maintenance issues are considerably reduced. Since December we have been busy with clearing ice damage and swing-blading vegetation while joining SAWS in Saint Mary's Wilderness for rockwork along the river trail. Now, we have one last weed cutting (August 16-18) that will hold matters until the Fall Maintenance of October 18-20.

Special thanks are due the sixteen brave folks who volunteered to clear snow-covered logs in December. The chief workhorse of this group was Paul Dickens who surveyed the trail beforehand and did part of the work alone prior to group arrival. Also thanks are extended to Jim Baum our new trail runner. Jim kept us informed of trail conditions and took care of smaller problems while passing our area.

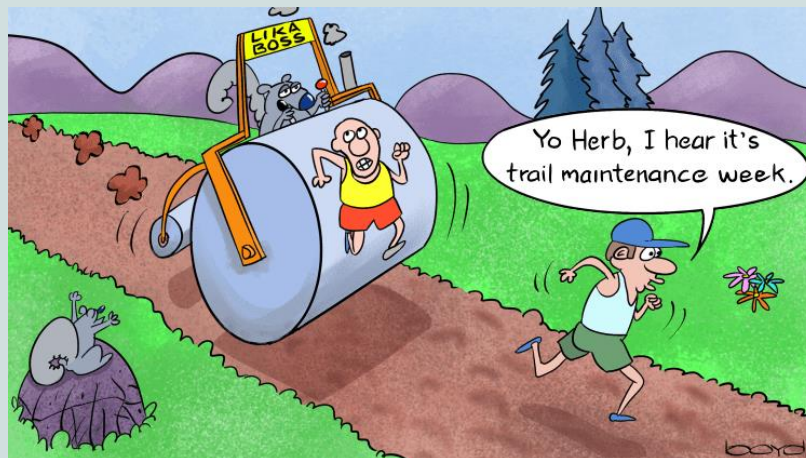
One last recognition: Patrick Hayes took change of Swing Blade #2 while I was away in Alaska. It's good to have a capable assistant. Thanks Patrick

Looking ahead, two matters of concern: In order to get an early start on weed growth, swing blading must always be a part of Spring Maintenance, giving us a fourth hit on the weeds. Lastly, expect two blaze-painting crews to be involved in the upcoming Fall Maintenance.

With this, I leave you with wishes of a safe and pleasant summer.

Jim Newman

Trail Supervisor
trailsupervisor@tidewateratc.com



Swingblade & Lopperfest #2

By Mal Higgins

About a dozen maintainers arrived at the Sherando CCC Kitchen Volunteer Village the evening of July 12, 2019, to enjoy a fine summer evening and tented out with a nearly full moon. The night was peaceful enough except for the annoying all night sound of whippoorwills. I am not sure if it was a couple or a flock, but they kept up their racket most of the night.

The following day, July 13, assistant trail supervisor and trip leader Pat Hayes created three swingblade teams. One team I joined consisted of Pat, Tim, Paul, Lee, John and me. We knew there were reports of some major trail growth on the A.T. on the south side of the summit of Three Ridges. We drove up the fire road to Maupin Field shelter, parked, grabbed our tools and then we hiked the A.T. southbound from Maupin Field up to the summit of Three Ridges and beyond almost to Chimney Rock. Heading up we stopped briefly to chat with Peter who was already whacking away on his section near Gid Spring. Gid Spring was flowing nicely and would have been a good place to resupply water, but that early in the day we all had plenty.

Once in place and spread out on both sides of the summit approaches, north and south, we split ourselves into two teams of three, and cleared up both sides of the summit. We stopped for lunch at Hanging Rock, then all six of us began to swingblade our way back to the cars, leapfrogging each other as we cleared a section up to where the next person was working away. This system went well and we completed the entire section back to where Peter had finished. By now most of us were nearly out of water, so we didn't dally and beat feet to the cars.

Andy and Bruce entered the A.T. from the cow pasture and maintained the A.T. on the south side. Mark F and another Tim entered St. Mary's Wilderness Minebank trail and did maintenance there. At the end of the day we reassembled back at the Sherando CCC Kitchen and compared notes. Growth was heavy in spots at all three sites. Much was accomplished, and no ticks were reported that night! As we relaxed, we were joined by Jim Baum, who has been the ATC Ridge Runner this year from quite south up to Rockfish Gap. Jim recounted a bit about his times this summer and we enjoyed his company. He had been helping ODATC on Saturday with a project.

A second night of conversation, camp meals, and tenting at the CCC Kitchen ensued, with several maintainers heading to Wild Wolf Brewing Company for supper. The whippoorwills came back on cue at dark. No rain and two sunny, hot days in the 80s F made for a great weekend.

TATC Paddles for a Pint *Phyllis Neumann*

On Sunday, July 14, six adventurous members of TATC rendezvoused at Old Point Comfort Marina on Fort Monroe in Hampton for a paddle on Mill Creek. We launched our kayaks on the beach next to the marina and paddled up past the sailboats and fishing boats and into Mill Creek. Paddling under Mercury Blvd and on into Mill Creek, we explored the coastline of this quiet little backwater. We talked to people lounging on their docks and investigated some small creeks. We saw lots of fish jumping out of the water as well as many egrets, heron and osprey. After a couple of hours, we decided to head back to our starting point as the day was hot and we were thirsty! After loading our boats and stowing our gear, we headed to Oozlefinch Brewery where we enjoyed gourmet pizzas from the food truck and some cold brews. A hot but fun day shared by all!

TATC Visits the Military Aviation Museum *Ellis Malabad*

The Trail Club had something different on the Hike Schedule this month. Fifteen members visited the Military Aviation Museum in Virginia Beach to experience the World War II history of the PBY Catalina flying boat. The museum program included a talk on the remarkable contributions of the PBY to the US and her allies in winning the Second World War. After the talk we were given the treat of watching the museum's seventy plus year old PBY startup and takeoff. It was like experiencing history first hand. After several low passes over the runway the plane landed and we were allowed to get up close. Even on one of the hottest days of the year we all enjoyed our trip. If you have not visited the Museum it is well worth the trip out to Pungo.

Hike leaders are needed to bring activities to our Club. If you can't get away to lead something in the mountains consider leading a local event. If you have something you feel would be interesting to others please contact our Hike Master Phyllis Neumann. She will be glad to add your activity to the schedule.

Show Your Love for the Appalachian Trail with your FREE #ATSTRONG sticker!

In 2018 alone, more than three million people set foot on the Appalachian Trail. At the Appalachian Trail Conservancy (ATC), we expect just as many will set foot on the A.T. this year.

As one of our most dedicated supporters, we'd like to send you one of our NEW A.T. STRONG stickers to celebrate our tight-knit and ever-growing community. Put this sticker on your water bottle, your car, your laptop, or anywhere you want to show your pride for the A.T. community you've helped create. Click here to **Claim your FREE A.T. STRONG sticker today!**

The Appalachian Trail brings volunteers, conservationists, advocates and outdoor enthusiasts together in a community dedicated to the protection and preservation of this national treasure. Together, we are a strong and far-reaching community that loves the Trail and revere it as a place to explore, recharge and connect with nature.

Don't miss your chance to receive a FREE A.T. STRONG sticker as a token of our gratitude and appreciation for being a part of our team

Deep Creek Park Dismal Swamp Trail Bike Ride

Marti Malabad

Seven TATC members enjoyed a casual ride from Deep Creek Park to the Dismal Swamp Trail and back on 7-28-19. Despite warm temperatures, we rode the entire route of almost 22 miles. The Dismal Swamp Trail was created on the 2 lane section of the original Route 17 that ran along the Dismal Swamp Canal. When this section was closed due to the newer 4 lane Route 17 Bypass, it was made into the multi-use trail. Flat and wide, it is very pleasant to ride. The extended bike path from there to the park is separate from the road and also nice to ride. Returning to Deep Creek Park, we ate our picnic lunch then drove to a nearby campground for ice cream, continuing a tradition of a treat after our activity. Thank you to the folks who came out to join me.



Appalachian Trail Conservancy Announces Departure of President and Chief Executive Officer Suzanne Dixon, Appoints Sandra Marra to Replace Her

HARPERS FERRY, W.Va. (July 22, 2019) – The Appalachian Trail Conservancy (ATC) today announced that Suzanne Dixon will be resigning from her position as President and Chief Executive Officer (CEO) effective August 30, 2019. The ATC’s Board of Directors has selected Sandra Marra as the new President and CEO.

Ms. Dixon joined ATC in 2017 and has had an immediate and long-lasting impact on the organization. She conceptualized the ATC’s Wild East campaign; increased the ATC’s visibility with federal, state and local elected officials and agencies; expanded fundraising opportunities; and, through the continuation of our Appalachian Trail (A.T.) Landscape initiative, helped protect thousands of additional acres along the Trail.

“Serving as the President/CEO of ATC has been the fulfillment of my professional career,” said Ms. Dixon. “My decision to leave ATC as of August 30 comes only after deep reflection on my professional and personal needs, and my belief that ATC is on a solid foundation to move ahead to realize its visions. The wonderful impact that ATC has had on me is something that will guide my future career.”

In accepting her new President and CEO position, Ms. Marra has resigned as Chair of ATC’s Board of Directors. Ms. Marra joined ATC’s Board of Managers in 1999 and played a significant role in leading the organization through its transition from a Conference to a Conservancy. She joined ATC’s first Stewardship Council in 2005 and later ATC’s Board of Directors in 2008. In addition, she is a past president and honorary life member of the Potomac Appalachian Trail Club. As an ATC Board member, Ms. Marra has chaired several ATC committees and, for the past several years, served as board chair. Most recently, Ms. Marra has been a partner consultant with Capacity Partners, a full-service consulting firm to nonprofit organizations, providing strategy and development services including strategic planning, board development and training, and change management support. In 2015, she retired from her position as Chief Operating Officer of St. Coletta of Greater Washington, a \$20 million nonprofit organization supporting educational and service programs for developmentally disabled children and adults. She has hiked over 1,200 miles of the Trail and, with her husband, oversees 3 miles of the Trail in Northern Virginia.

Ms. Marra stated, “I am committed to fulfilling ATC’s mission to manage, protect and promote the Appalachian Trail, and to ensuring the Trail is protected forever and for all. I particularly look forward to the development of a new strategic plan that focuses on the issues the Appalachian Trail faces today.”

Before Ms. Dixon leaves ATC, she will be taking leave to spend some well-earned time with her family from Ireland.



TATC Photo Contest September 11th at the General Meeting

Calling all Photographers! Here's your chance to have your pictures in the TATC 2020 calendar! At our General Meeting on September 11th, you are encouraged to bring pictures taken this year of the Appalachian Trail and trail club activities. We especially welcome action shots of club members working on trails, parks, and the cabin as well as other club related activities.

A few tips to remember before submitting pictures:

Please submit pictures which are **photographic quality prints**, such as you may have printed at **Walgreens, Sam's, or Target**. The more megapixels in an image, the higher the resolution, and the better the photo will look when printed.

Please submit pictures only in **horizontal** in other words **Landscape format**.

Please identify the **subject matter** of the picture, the **photographer's name** as well as your **email address** on the back of the print. For those folks whose photos are chosen for the calendar, they will be asked to send us a high-quality digital file, if they have one.

Michael Harding President of Hampton Roads Digital Shutterbug Club will give a presentation on cell phone photography and will be judging photo candidates for the TATC's 2020 calendar/planner. **The 1st, 2nd, and 3rd place winners of the photo contest are guaranteed a place in the calendar and will receive a prize from the TATC store.**

Criterion for the remaining calendar months will be based on:

Match photos with the weather of the month it represents

Include as many different photographers as possible.

We look forward to seeing you and your best photos at the General Meeting on September 11th!

Thank you, Tony Phelps

TATC Calendar Committee

calendar@tidewateratc.com



NEWS RELEASE July 17, 2019 A.T. Museum to Assume Operation of Ironmaster's Mansion Hostel

GARDNERS, PA. – The Appalachian Trail Museum will assume responsibility for operating the Ironmaster's Mansion Hostel as of Jan. 1, 2020. The owner of the mansion, the Bureau of State Parks of the Pennsylvania Department of Conservation and Natural Resources, has announced that it intends to enter into an agreement with the Museum to operate the hostel in Pine Grove Furnace State Park following the end of the current 10-year lease with Central Pennsylvania Conservancy (CPC). Since 1983, the facility has served as a popular overnight rest stop for Appalachian Trail thru-hikers who traverse northbound or southbound along the trail's 2,190 miles between Maine and Georgia. The AT passes along the Mansion's south balcony (shown in photo), just steps from the surveyed halfway mark.

"The Museum is working in partnership with CPC to maintain current operations mostly as is", according to Museum President Larry Luxenberg. CPC's President, Ken Waidelich, adds that, "we entered our tenure at the Ironmaster's Mansion in the spirit of partnership, and we are thrilled to pass along operations to a very capable partner organization with an on-site presence at Pine Grove Furnace State Park and who is committed to the facility's stewardship and use as a hiker's hostel." CPC completely renovated the dilapidated facility in 2010 with the help of local trail clubs, volunteers, local funders, and CPC membership contributions. It hosted a youth conservation leadership camp there for 6 years (Goddard Leadership Legacy Institute), the annual Ironmaster's Challenge trail running event, and opened it up to outside groups for events such as school, scout and church youth retreats, family reunions, weddings, showers, and environmental and community programming. A private guest suite was added in 2017, supported with a grant from Cumberland Valley Visitor's Bureau, and other improvements and necessary maintenance was made along the way."

"We thank our hard-working, on-site innkeepers over the years, who cared for the historic building and ran the day-to-day operations of the hostel", said CPC's Waidelich. "While CPC is turning to focus on its growing land conservation projects in the region, it's proud to have played a role in sustaining the facility and its viability as one of the few remaining hiker's hostels on the A.T. in Pennsylvania. The partnership with the Friends of Pine Grove Furnace, PA DCNR, Cumberland Valley Visitor's Bureau, and other local groups is critical to its continued success. The A.T. Museum already has strong ties with these entities and has a good strategy in place to achieve its organizational goals while continuing similar uses."

The Museum plans to expand the hostel's current hours and programming. In the future, the Museum will install exhibits at the facility as well as utilize it for storing items from the Museum collection and housing Museum volunteers. Specific plans will be announced during the 4th quarter of 2019, including days and hours of operation and rates. These details will be announced via press releases and on the Museum's website: www.atmuseum.org The hostel will remain open to the public for overnight stays as well as for groups and events. While many of the visitors are hiking the Appalachian Trail, the hostel welcomes any visitor.

Located 20 miles from Gettysburg, the hostel is in the beautiful South Mountain area of Cumberland County in the midst of many tourist attractions. Surrounded by the Michaux State Forest and also near Caledonia State Park, the area has abundant outdoor recreation opportunities as well as historic sites, festivals and other attractions.



TATC Trip to Cornwall and London, UK

Jim Sexton

A group of ten from TATC traveled to the UK from June 1st to June 10th of this year. The group included; Jim and Chris Sexton, John and Jane Oakes, Milton Beale, Nancy Pruden, Lisa Bilow, Phil Spayd, Peggy Rommen and Juliet Stephenson.

We flew from Norfolk to Heathrow Airport in London, and then took a train ride to St. Ives Cornwall. Situated at the southwest tip of Britain, Cornwall has more miles of coastline and more hours of sunshine than any other English county. St. Ives is the most popular seaside resort village in Great Britain. The combination of beautiful scenery and a pleasant climate makes it one of the most popular locations in Britain for a walking holiday.

We stayed in St. Ives for seven nights at Chy Morvath, a Manor House run by HF Holidays. Besides board, the Manor House provided three meals a day, guided hikes and nightly educational programs. For four of the days that we stayed at Chy Morvath, we went on guided hikes through the hedgerows of Cornwall and along the Coastal Path, stopping in small and large towns and villages, at restaurants, coffee houses and pubs. The Manor House provided us with experienced guides and a choice of three different hikes each day to choose from; either easy, moderate or harder hikes. A presentation was given by the Hike Leaders each night, describing the hikes for the upcoming day. Box lunches were provided to hikers. The food, special treats and the service provided all exceeded my expectations, I thought it was good to great!

Our first hike in Cornwall was from St. Ives along the hedgerows and rugged cliffs on the coast west of St. Ives, passing Clodgy Point and returning to St. Ives. Part of this hike was along the Tinner's Way, an 18th-century packhorse route used to move Tin up the coast. We saw the ruins of several old tin mines along the way. We also spotted one seal swimming between the rocks at Clodgy Point.

Our second hike was along the Coast and Coves of Mount's Bay. We walked along the Coastal Path, past several coves and beaches, over the Halzephron Cliffs and across the sands of the Loe Bar to finish at the fishing harbor of Porthleven.

Our third hike was to Poldark Country and Land's End. We walked through the mining village of St. Just, across the fields and lanes of the Cot Valley, before joining the Coastal Path to reach the fishing village of Sennen Cove. The final section lead us over the granite cliffs to Land's End, which is the most westerly point of mainland Cornwall and England. While in St. Just, we took a guided tour of the Geevor Tin Mine complex, where parts of the Poldark BBC TV series was filmed.

Our fourth hike was along the Helford Estuary. We went along the coast, past the Helford River estuary, along the gnarled cliffs at the tip of the Cornish peninsula, finishing at Trebah Gardens.

We were supposed to go to St. Michael's Mount and the Mousehole for our fifth hike. However, it rained torrentially on that day. Instead, we decided to take a taxi to the town of Marazion, and then walk from the town across the causeway to St. Michael's Mount. The causeway is only above water at low tide, so we ate lunch in town while we waited for the causeway to surface. The causeway is about a fifth of a mile long and connects the mainland to St. Michael's Mount. We experienced heavy rain and 30 mph wind as we crossed the causeway. Some of us, who had lighter rain gear on, got pretty wet. When we arrived on St. Michael's Mount, we were told that the St. Michael's Mount Castle was temporarily closed for visits, since 40+ mph winds were battering against the west entrance doors. We visited the museum exhibits on the Mount, and then went to a coffee shop to dry off and wait until the castle opened. It never did open that day, so we crossed back over the causeway to the mainland, before the high tide came back in and covered the causeway. We then gathered together and the Manor House provided us with a bus to take us back to St. Ives. An exciting day, but most of us would like to return back again someday, to visit the castle when it's open.

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All in all, I thought our stay in Cornwall was amazing, and a great value for the money. Most of the time in Cornwall the temperatures ranged from the high 50's to the mid-60's, great weather for hiking. The only thing negative that I can think of about the Manor House stay; is that it had no clothes dryer. They did have a washing machine, but no dryer; so you had to hang your clothes to dry them, and in the cool and humid climate of St. Ives, clothes dried slowly.

At the end of our stay in Cornwall, we took a train back to London, to stay for two nights at the St. Pancras Hostel. The location of the Hostel was ideal, it was just a block and a half away from the St. Pancras/King's Cross Train Station, with easy subway access to all of London. We arrived in the middle of the afternoon, and ate dinner at O'Neil's Pub. The prices were fair and the food was very good. We also ate breakfast at O'Neil's the next day for only 5 British Pounds (around \$6.50) each. I had more food than I could eat, along with coffee. We all took an early evening walk that first day and ended up walking all the way from the Hostel to the center of London along the River Thames.

The rooms at the Hostel were basic but clean, with each room having two bunk beds and with three shared bathrooms on each floor. The Hostel also had a small Bistro/Bar, a TV room, a Breakfast Room, and Laundry Machines. The front doors, the doors to the rooms, and the rooms themselves all had key-coded locks, and we were provided with magnetic key cards. A great place and location to stay for the money. One suggestion; for a bit more money, reserve ahead for a private room with an attached bathroom, especially if you don't want to sleep in bunk beds and share a bathroom.

The next day, we had one full day of sightseeing in London. We split into several groups; since some of us wanted to see specific sites on our first trip to London, while others who had been to London before, wanted to see other sites. Chris and I took the Subway into London, then walked across the Mall to Buckingham Palace and watched the 'Changing of the Guard'. From there, we took a Sightseeing Bus Tour of London, and then a cruise down the River Thames to the dock next to the Tower Bridge. We then walked to the nearest subway station and returned to St. Pancras at the end of a long day.

On our final day in London, we took the subway to Heathrow Airport for the plane back home. Nine of us arrived back in the U.S. at JFK Airport, where we found our flight had been cancelled due to bad weather. The flight back home was rescheduled two times, but both times ended up being cancelled. So, our group had another adventure; camping out on the floor and in chairs at the airport terminal overnight and waiting 18 hours for a flight back to Norfolk the next day. This was the not-so-great portion of our trip.

Photos of this trip are included in the later portion of this newsletter.

TATC Alaskan Trip 2019

Jim Sexton

Jim Mooney, Jim Newman and Jim & Chris Sexton went on an Alaskan Cruise/Land Tour using Princess Cruise Lines from July 13th to July 25th 2019. We flew from Norfolk to Vancouver, BC on July 12th 2019 and stayed overnight in Vancouver at the Victorian Hotel; so that we could start the cruise portion of our trip the next day. We cruised on the Golden Princess from July 13th to July 20th, stopping at ports in the cities of Ketchikan, Juneau and Skagway Alaska. We also spent a day cruising in Glacier Bay National Park and a day cruising in College Fjord. The glaciers in College Ford were especially spectacular. We enjoyed various daily shipboard events and entertainment while at sea. On July 20th we arrived in Whittier AK for the Land Tour portion of our trip. We took a train ride for 8-1/2 hours from Whittier to Denali on the Denali Explorer, a train with domed railcars for sightseeing. We stayed two nights at the Denali Princess Wilderness Lodge, then two nights at the Mt. McKinley Wilderness Lodge and then one night at the Captain Cook Hotel in Anchorage. The average daily high temperatures on this trip ranged from the high 50's to the mid-60's, although there was one day in Denali where it got up to a blistering 79 degrees, We took various excursion trips while at the cruise ports and during the land portion of our tour, some of us going together on some of these excursions, and some of us going on separate excursions. Listed below is a listing of the excursions that that one or more of us went on. Photos from these excursions are included in the later part of this newsletter.

Excursions:

- ATV Adventure with Back Country Dining (Jim Newman) - Denali Lodge
- Denali Wilderness Hike (Bob Mooney) – Talkeetna
- Helicopter Glacier Trek/Hike (Jim Newman and Bob Mooney) – Juneau
- Helicopter Hike and Rail Adventure (Bob Mooney) – Skagway
- McKinley Discovery Air Tour (Bob Mooney) - McKinley
- Musher's Camp & Sled Dog Experience (Jim Newman) - Skagway
- Natural History Tour into Denali National Park (Jim Newman, Chris Sexton, Bob Mooney and Jim Sexton)
- Nenana River Scenic Wilderness Run (Chris Sexton, Bob Mooney and Jim Sexton) - Denali
- Skagway City, Summit & The Days of 98 Show (Chris Sexton and Jim Sexton) - Skagway
- The Great Alaskan Lumberjack Show (Chris Sexton, Bob Mooney and Jim Sexton)
- Town Tour, Tram & Timberline Trek (Chris Sexton and Jim Sexton) - Juneau
- Wilderness Jet Boat Adventure (Chris Sexton and Jim Sexton) – Talkeetna

Unfortunately, I cannot provide a complete description of all the excursions that we went on in just a short newsletter article, but listed here are a few of the more memorable highlights of the excursions that Chris and I went on:

- While in Juneau, Chris and I took the Mount Roberts Tramway 1,800 feet up the mountain from sea level. At the top, we took a half-mile hike with a Naturalist who pointed out many of the most common plants in Alaska. At the end of the hike, we went to a Tea Room, where we sampled three teas and three jams made from native Alaskan plants. Both the hike and the tea room were very soothing and enjoyable. This excursion was relatively inexpensive compared to the costs of other excursions, and provided the most value for the money spent.
- Probably my most favorite excursion was rafting the Nenana River. Although we rafted through on only Class II and III rapids; the trip was still exciting and the views from the river were spectacular.

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- Although the Jet Boat excursion that Chris and I took was OK, I actually thought that visiting the small town of Talkeetna was the most fun part of this trip. Talkeetna is a tourist town, but it still provided a view of what a small Alaskan town is like. We especially liked stopping at the Denali Brewing Company in Talkeetna for lunch.
- We all took the shorter Natural History Tour into Denali National Park, which was included by Princess as part of the price of our overall cruise/land tour. This was a 30-mile narrated bus tour on the restricted road going into the interior of the National Park itself. Our bus only traveled 30-miles into the park on the 92-mile road, but the bus stopped plenty of times for walks and views, and we saw plenty of wildlife. Unfortunately, we saw no bears. If you do go on a Natural History Tour in Denali, I suggest that you take the longer version of this tour, where you travel 65-miles into the park. We heard from several people who took this longer tour, that they saw a lot more animals and sights, including herds of elk and several grizzly bears.

Cruising College Fjord and seeing all of the Tidewater Glaciers emptying into the sea is a must-see on any Alaskan Trip. This is the part of the trip with the most spectacular views. If you go to Alaska, this is the one place that you do not want to miss.

During our last night and day in Anchorage, we had time to take a city bus tour, go to exhibits, and watch a show on the Northern Lights (at the Sydney Lawrence Theatre). Another memorable part of our stay in Anchorage was the eating out. We went to three excellent restaurants in Anchorage; the Glacier Brewhouse, the Crush Bistro and the 49th State Brewing Company. All of these restaurants were at least 4 -1/2 stars. The food at the Crush Bistro was a bit more expensive than average, but it certainly was different and all of it was delicious. We all enjoyed sitting on the second deck patio of the 49th State Brewing Company, good food and good views.

I always like to mention at least one downside of any trip that I go on, and this trip had one as well. While traveling back on the bus to the Mt. McKinley Wilderness Lodge from our last excursion trip, we heard that the power was out in the whole lodge complex. When we returned to the Lodge at 5:45 pm, the power was still out, and remained so until around 11:00 pm that night. The Lodge apparently had plans for such outages, since they quickly arranged for a buffet-style dinner for which they only charged \$10.00. We did have to wait around an hour or so after our return to eat. The food consisted of hamburgers or salmon patties, along with mashed potatoes and vegetables, a drink and a desert. They cooked the food using outside grills and propane burners. One of the Servers mentioned that the power goes off at least a couple of times each season at the lodge, due to storms and trees falling on the power lines that run 300 miles through the woods and tundra between the lodge and Anchorage. On the plus-side; at least we had to only spend \$10.00 each for dinner, instead of the \$20-\$30 each that we were normally paying for dinner during the land portion of our trip.

After going on this trip, one thought predominates; "When can I go back again".



Leave No Trace Master Educator Course with ATC

August 7 - 11, 2019 in Gatlinburg, TN

[Learn More and Sign Up](#)

The Appalachian Trail Conservancy is offering a Master Educator Course in the Great Smoky Mountains National Park! The most visited National Park in the country, we ask what better place is there to learn how to educate the public about minimizing our impact? The Smokies host some of the greatest examples of biodiversity in the world and can be found within the wildlife, fungi, plants, and organisms. Come experience the wonder of some of the oldest and wisest mountains in the world, which will show you an impressive amount of biodiversity that will leave you in awe.

This 5-day course is designed for individuals who are actively teaching others back-country skills or providing recreation information to the public. Through classroom discussion, lectures, and a 4-day backpacking trip, participants will receive an in-depth and hands-on study of the seven principles and wildland ethics, and learn a variety of ways to share and disseminate low-impact recreation skills to other visitors.

Cost: \$630 for Appalachian Trail Conservancy members, \$580 for A.T. Trail Club Members and Agency Partners and \$700 for all others. Fee includes instruction, curriculum and teaching materials, a one year Leave No Trace individual membership, and meals during the course.

[Learn more here.](#)

Leave No Trace Master Educator Course - Gatlinburg, Tenn.

Dates: 07 – 11 Aug, 2019

Location: Gatlinburg, TN

Address: 199 Soak Ash Creek Rd

Contact: Chloë de Camara

Email: cdecamara@appalachiantrail.org



Citizen Science Opportunity for Members of the Tidewater Appalachian Trail Club

My name is Steve Gougherty and I am a PhD student at Boston University in the Department of Biology. As part of my research I have started a citizen science project that aims to characterize how leaf traits within species vary throughout their geographic distributions. My focus is mainly on differences in nutrient concentrations of green leaves in the summer and freshly fallen leaves in the autumn.

I am currently recruiting volunteer citizen scientists and thought that members of the Tidewater Appalachian Trail Club would be interested in participating in this project. In total we are looking for at least 150 citizen scientists throughout the United States to collect red maple (*Acer rubrum*) leaves from trees in their local areas, once when the leaves are green and again at leaf fall.

I would greatly appreciate if members of the Tidewater Appalachian Trail Club would contact me if they think they would be interested in participating in this project. This project might also be of interest to educators that lead nature programs or teach biology and are looking for class activities. For more information and to sign up as a citizen scientist for this project, please visit our website (<http://sites.bu.edu/tasper/>).

For the collecting process, all volunteers will receive a written protocol and sampling information in the mail. After the red maple tree has been identified we will ask the volunteers to collect 10 fully expanded green leaves from a variety of locations accessible to them on the tree. During leaf fall we are looking for the volunteers to collect 10 freshly fallen leaves from the same tree green leaves were sampled.

Most communication with the volunteers will happen via email, which they provide when they sign up for the project.

Please feel free to contact me with any questions directly via email (gougher@bu.edu) or through our website (<http://sites.bu.edu/tasper/people/>).

Thanks a bunch!

Steve Gougherty
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Boston, MA 02215

Email: gougher@bu.edu

TASpeR Project: <http://sites.bu.edu/tasper/>

Free Events and Classes offered by Local Virginia Beach Outfitters

(Note: Pre-Registration is required for most events, Click on links to register)

Free REI Events and Classes - <https://www.rei.com/stores/virginia-beach.html>

Yoga Class led by Firm717: Sunday Samadhi

Join Firm717 for a 45-minute beginner friendly moving meditation in the classroom at REI Virginia Beach!

Location: Virginia Beach REI

Date/Time: 8/4/2019 12:00 PM–12:45 PM

Paddling Basics

Before you head out on the water, be sure to learn the Paddling Basics. This class offers you an overview of information on Canoes, Kayaks and Stand-up Paddleboards and equipment.

Location: Smartmouth Brewing Pilot House

Date/Time: 8/6/2019 6:00 PM–7:15 PM

Bike Maintenance at Dismal Swamp Canal Trail

Held at Dismal Swamp Canal Trail

Location: Dismal Swamp Canal Trail

Date/Time: 8/7/2019 6:00 PM–7:00 PM

Peace Corps Info Session: Volunteer at Any Age

Whether you're fresh out of college, mid-career, or ready to retire, Peace Corps service is the opportunity of a lifetime. Join us at this information session to learn about Volunteer experiences.

Location: Virginia Beach REI

Date/Time: 8/13/2019 6:00 PM–7:00 PM

Bicycle Commuting Basics

Bike commuting means different things to everyone, and before you start, it's important to understand why you ride. This will impact where you ride, how frequently you ride, and what gear you may need.

Location: Virginia Beach REI

Date/Time: 8/22/2019 6:30 PM–8:30 PM

Night Hiking Basics and Star Viewing at Northwest River Park

Learn the basics of hiking at night, then embark on a night hike to meet up with the Back Bay Amateur Astronomers for star viewing.

Location: Northwest River Park

Date/Time: 8/24/2019 7:30 PM–10:30 PM

Paddling Basics

Before you head out on the water, be sure to learn the Paddling Basics. This class offers you an overview of information on Canoes, Kayaks and Stand-up Paddleboards and equipment.

Location: Virginia Beach REI

Date/Time: 8/26/2019 6:00 PM–7:30 PM

Women's Solo Travel: Conquering the World and Your Fears

This presentation will cover topics to think about when you're traveling alone, a variety of ways to stay safe and how to learn to trust yourself (and strangers) when it comes to adventure.

Location: Virginia Beach REI

Date/Time: 8/27/2019 6:30 PM–7:30 PM

The Camino Experience: American Pilgrims on the Camino

New to the Camino? Already braved "The Way"? Join the American Pilgrims on the Camino- local Chapter- to explore stories, memories, and new experiences on the Camino de Santiago.

Location: Virginia Beach REI

Date/Time: 9/9/2019 6:30 PM–8:00 PM

Hiking with Dogs

Join REI staff to learn about the basics of hiking with dogs. This class will help you plan a successful hike for you and your canine. We'll review where to go, what to bring, and what you may encounter on the trail. Due to classroom constraints, please do not bring non-service animals.

Location: Smartmouth Brewing Co: Norfolk Location

Date/Time: 9/11/2019 6:00 PM–7:15 PM

Members Only Garage Sale!

Get out your membership card so you can access great prices on used gear and clothing! Not a member? Join today to take advantage of these bargains.

Location: Virginia Beach REI

Date/Time: 9/14/2019 9:00 AM–2:00 PM

Registration not required

(Continued on Next Page ...)

Free Events and Classes offered by Local Virginia Beach Outfitters

(Note: Pre-Registration is required for most events, Click on links to register

(Continued from Previous Page ...)

Free L. L. Bean Events and Classes - <https://www.llbean.com/llb/ods/514386?nav=33-11&page=hiking&activeTab=1>

Clinic: Wildlife Tracking 101

Ever wonder about the story behind that footprint you've seen while hiking? From identifying tracks and track patterns, to looking for chews and rubs, our experts will share tips and techniques to help uncover who's responsible.

Location: L.L. Bean, Virginia Beach, VA

Time/Date: Thursday 8/1/2019 6:30 p.m.-7:30 p.m.

Tent Tales for Tykes - Storytime at L.L. Bean

Join us in our L.L. Bean Tent for story time at your local L.L. Bean store! During each session, we'll explore a different nature or outdoor theme, followed by related activities, games or crafts. Recommended for children ages 3-6. Caretakers must remain on-site and are welcome to join in the fun or spend the time shopping. Please register each participant separately.

Location: L. L. Bean, Virginia Beach, VA

Date/Time: Tuesday 8/6/2019 10:30 a.m.-11:30 a.m.

Tent Tales for Tykes - Storytime at L.L. Bean

Join us in our L.L. Bean Tent for story time at your local L.L. Bean store! During each session, we'll explore a different nature or outdoor theme, followed by related activities, games or crafts. Recommended for children ages 3-6. Caretakers must remain on-site and are welcome to join in the fun or spend the time shopping. Please register each participant separately.

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Location: L. L. Bean, Virginia Beach, VA

Date/Time: Tuesday 8/20/2019 10:30 a.m.-11:30 a.m.

Clinic: Emergency Preparedness

Be ready the next time a storm approaches. Learn about the supplies you should have on hand and the steps you can take to handle unforeseen situations, wherever you are.

Location: L. L. Bean, Virginia Beach, VA

Date/Time: Thursday 8/22/2019 6:30 p.m.-7:30 p.m.

Tent Tales for Tykes - Storytime at L.L. Bean

Join us in our L.L. Bean Tent for story time at your local L.L. Bean store! During each session, we'll explore a different nature or outdoor theme, followed by related activities, games or crafts. Recommended for children ages 3-6. Caretakers must remain on-site and are welcome to join in the fun or spend the time shopping. Please register each participant separately.

Location: L. L. Bean, Virginia Beach, VA

Date/Time: Tuesday 8/27/2019 10:30 a.m.-11:30 a.m.

Activities Schedule

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a first-come, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

TATC Board Meeting

When: Wednesday, August 7, 2019, 7pm- 9pm

Where: Norfolk Public Library: Mary D Pretlow Anchor Branch, 111 W Ocean View Ave, Norfolk, VA 23503 ([map](#))

Contact: Rosanne Scott president@tidewateratc.com

Description: TATC Board Meeting - all Members are welcome to attend.

TATC General Membership Meeting

When: Wednesday, August 14, 2019, 7pm- 9pm

Where: Norfolk Public Library: Mary D Pretlow Anchor Branch, 111 W Ocean View Ave, Norfolk, VA 23503 ([map](#))

Contact: Rosanne Scott president@tidewateratc.com

Description: TATC General Membership Meeting. Speaker: James Abbott. Mr. Abbott is an Environmental Educator with the James River Association in Williamsburg, VA. He will be speaking on the James River watershed: its history, activities that affect the river and how important the Tye River and its head waters are.

Swing Blade / Lopper Festival # 3

When: Friday - Sunday, August 16-18, 2019

Where: Sherando Lake Recreation Area, 96 Sherando Lake Road, Lyndhurst, VA 22952 ([map](#))

Contact: Jim Newman, jimnewman55@cox.net, 757-867-6688

Description: Camp at Sherando Campgrounds CCC Kitchen area. Work on Appalachian & Mau-Har Trails. Cut back encroaching plant growth from trails using swing blades, loppers and shears. Free park entrance; Free camping. Friday & Sunday are travel days. Work Saturday 8:00-4:00. Ten to twelve people needed. Please let Jim know in advance if you can make it!

Music in the Blue Ridge at Devils Backbone

When: Saturday, August 17, 2019

Where: Devils Backbone Basecamp and Meadows, 200 Mosbys Run, Roseland, VA, 22967 ([map](#))

Description: Music in the Blue Ridge at Devils Backbone Basecamp Brewpub. Live music and camping. Pop-up beer tastings! Family Friendly. August 17 Sister Sparrow & The Dirty Birds, Southern Avenue, Sarah Shook and the Disarmers, Lilly Hyatt, Morgan Wade, and Erin & The Wildfire. Crossroads of Route 151 and Route 664. 434-361-1001. <https://nelsoncounty.com/event/music-in-the-blue-ridge-at-devils-backbone-2/>

Cabin Trip

When: Friday, August 30, 2019, 2pm – Monday, September 2, 2019, 2pm

Where: TATC Cabin ([map](#))

Contact: Tom Meree 757-846-3116 etmeree@cox.net

Description: Tom Meree is hosting a cabin trip open to all. Reserve your spot and find out further details by contacting him directly.

TATC Board Meeting

When: Wednesday, September 4, 2019, 7pm-9pm

Where: Norfolk Public Library: Mary D Pretlow Anchor Branch, 111 W Ocean View Ave, Norfolk, VA 23503 ([map](#))

Contact: Rosanne Scott president@tidewateratc.com

Description: TATC Board Meeting - all Members are welcome to attend.

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Activities Schedule

PLEASE NOTE: Most hikes are limited in the number of participants. The hike leader will take reservations on a first-come, first-served basis. You can include your name on the sign up sheets available at each meeting or call the hike leader. If you sign up for an activity and then decide not to participate, please contact the leader in advance.

TATC General Membership Meeting

When: Wednesday, September 11, 2019, 7pm-9pm

Where: Norfolk Public Library: Mary D Pretlow Anchor Branch, 111 W Ocean View Ave, Norfolk, VA 23503 ([map](#))

Contact: Rosanne Scott president@tidewateratc.com

Description: TATC General Membership Meeting. Program PHOTO CONTEST.

Michael Harding President of Hampton Roads Digital Shutterbug Club will give a presentation on cell phone photography. He will also judge our annual photo contest so bring your photos from your trail club and other adventures. Winners will appear in the TATC calendar!

Hoopla at Devils Backbone Brewing Company

When: Friday-Sunday, September 27-29, 2019

Where: Devils Backbone Basecamp and Meadows, 200 Mosbys Run, Roseland, VA, 22967 ([map](#))

Contact: Jim Moir jimmoir@gmail.com

Description: Devils Backbone Hoopla is a 3-day festival packed with award-winning beer, live music, camping, and adventures. Music and Adventure passes include access to live music, most adventures advertised for that day and access to the Meadows; The Outdoor Bar area as well as the Brewpub, The Summit, and The Shanty. We offer multiple camping options including Premium RV Slips, Tent only camping, and two luxury houses on property. Kids 12 and under are free and our Family Activity area will once again be hosted by Little Planets.

Tickets: <https://www.eventbrite.com/e/2019-devils-backbone-hoopla-festival-passes-tickets-54536447984> Crossroads of Route 151 and Route 664. 434-361-1001.

TATC will participate in this event by manning an information table as well as leading hikes. Contact Jim Moir to sign up/help out!

Fall Walk Thru

When: Friday-Sunday, October 4-6, 2019

Where: Sherando Lake Recreation Area, 96 Sherando Lake Road, Lyndhurst, VA 22952 ([map](#))

Contact: Jim Newman, jimnewman55@cox.net or 757- 814-1467 to sign up.

Description: Approximately 10 people needed to walk our section of A.T. & Mau-Har Trail to document maintenance needs. Base camp at Sherando CCC Kitchen area. Most will want to arrive Friday. Free camping. Bring your own food & items necessary for camping.

Fall Maintenance Weekend

When: Friday-Sunday, October 18-20, 2019

Where: Sherando Lake Recreation Area, 96 Sherando Lake Road, Lyndhurst, VA 22952, USA ([map](#))

Contact: Jim Newman, jimnewman55@cox.net or 757- 814-1467 to sign up.

Description: This is a weekend for us to do what the club was set up to do! We'll maintain our assigned section of the Appalachian Trail, the Mau-Har Trail, the White Rocks Trails, plus more! Come out to our base camp at Sherando Lake Recreation Area on Friday as early as noon; set up your tent at the Williams Branch Picnic Area, keeping in mind that the gate is locked at 10PM and opens on Saturday morning at 6AM. Crew signup sheets available Friday; Saturday organizational meeting at 7:45AM.

New Quarter Park Fall Maintenance

When: Sunday, October 27, 2019 9am-12pm

Where: 000 Lakeshead Drive, Williamsburg, VA 23185 ([map](#))

Contact Phyllis phyllisneumann@hughes.net to sign up!

Description: New Quarter Park Fall Maintenance. Meet at the inner parking lot of New Quarter Park at 9:00 AM for light maintenance on walking trails constructed by TATC. Bring gloves, comfortable walking/hiking shoes, snacks and water. Tools will be provided. Eat out afterwards.

Swingblade & Lopper Festival #2

Mal Higgins



Paul, Pat, Tim, John and Lee at Maupin Field Shelter



Tent City at CCC Kitchen Volunteer Village

Swingblade & Lopper Festival #2

Mal Higgins



Ridge Runner Jim Baum with Mark



Tim, Paul and Lee on A.T. near Gid Spring

Swingblade & Lopper Festival #2

Mal Higgins



Pat on the Appalachian Trail



View from Hanging Rocks on the A. T.

Swingblade & Lopper Festival #2

Andy Grayson



Deer at Sherando



Cows in pasture greeting maintenance team

Swingblade & Lopper Festival #2

Andy Grayson



Upper Sherando Lake

TATC Paddles for a Pint

Phyllis Neumann



TATC Visits the Military Aviation Museum

Ellis Malabad



James at the TATC Cabin

Duncan Fairlie



Alaskan Cruise and Land Tour

Bob Mooney



Alaskan Cruise and Land Tour

Bob Mooney



Alaskan Cruise and Land Tour

Bob Mooney



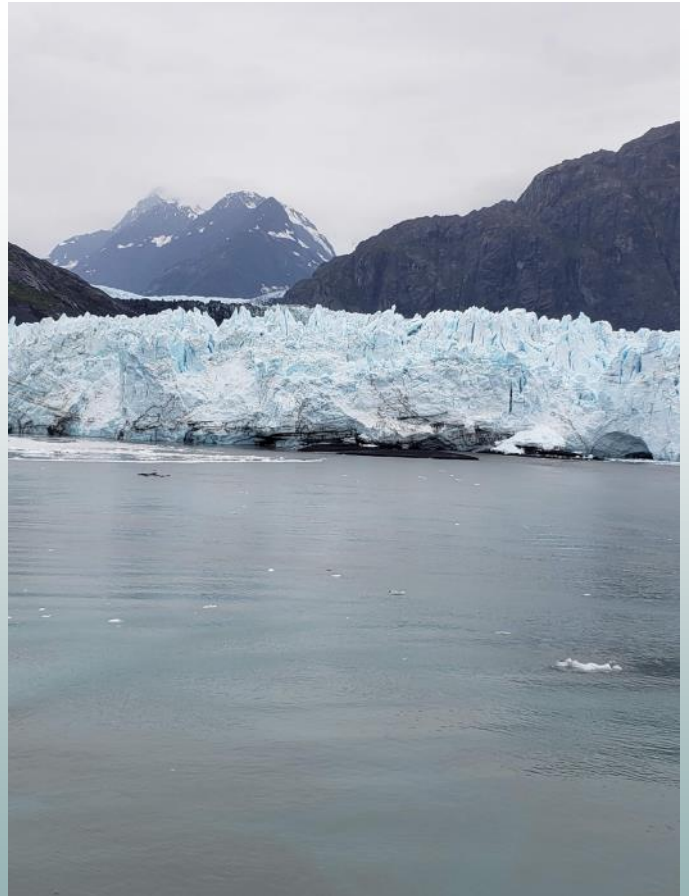
Alaskan Cruise and Land Tour

Bob Mooney



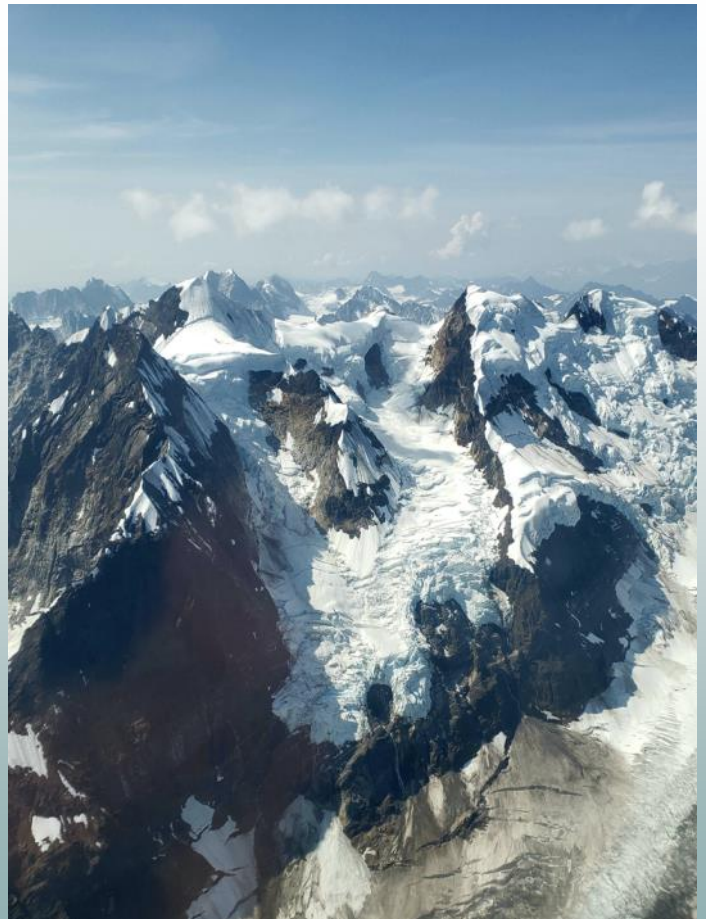
Alaskan Cruise and Land Tour

Bob Mooney



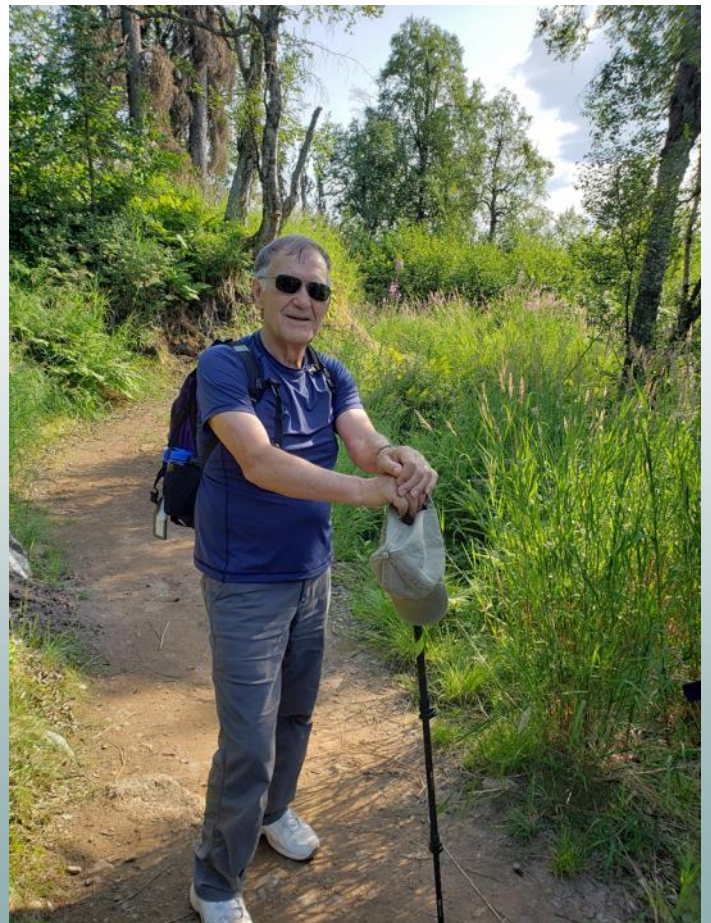
Alaskan Cruise and Land Tour

Bob Mooney



Alaskan Cruise and Land Tour

Bob Mooney



Alaskan Cruise and Land Tour

Bob Mooney



Alaskan Cruise and Land Tour

Bob Mooney



Alaskan Cruise and Land Tour

Chris Sexton



Alaskan Cruise and Land Tour

Chris Sexton



Alaskan Cruise and Land Tour

Chris Sexton



Alaskan Cruise and Land Tour

Chris Sexton



Alaskan Cruise and Land Tour

Chris Sexton



Alaskan Cruise and Land Tour

Chris Sexton



Alaskan Cruise and Land Tour

Jim Sexton



Alaskan Cruise and Land Tour

Jim Sexton



Alaskan Cruise and Land Tour

Jim Sexton



Alaskan Cruise and Land Tour

Jim Sexton



Alaskan Cruise and Land Tour

Jim Sexton



Alaskan Cruise and Land Tour

Jim Sexton



Alaskan Cruise and Land Tour

Jim Sexton



Alaskan Cruise and Land Tour

Jim Newman



Alaskan Cruise and Land Tour

Jim Newman



Alaskan Cruise and Land Tour

Jim Newman



Railroad Track Snowblower

Alaskan Cruise and Land Tour

Jim Newman



Nails on doors and windows for Bears

TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



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Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Trip to Cornwall and London, UK

Jim Sexton



TATC Officers & Board

Positions	Names	E-Mails or Phone #'s
President	Rosanne Cary	president@tidewateratc.com
Vice President	Phyllis Neumann	vicepres@tidewateratc.com
Treasurer	Douglas Cary	treasurer@tidewateratc.com
Secretary	Steve Rosenthal	secretary@tidewateratc.com
Trail Supervisor	Jim Newman	trailsupervisor@tidewateratc.com
Assistant Trail Supervisor	Patrick Hayes	assistantts@tidewateratc.com
Counselor	Bill Bunch	counselor@tidewateratc.com
Counselor	Mark Ferguson	counselor@tidewateratc.com
Counselor	Ellis Malabad	counselor@tidewateratc.com
ATC RPC Representative	Ned Kuhns	rpcprep@tidewateratc.com
ATC RPC Representative	Jim Sexton	rpcprep@tidewateratc.com
Cabin Committee	Greg Hodges	cabin@tidewateratc.com
Cabin Committee	Bob Adkisson	cabin@tidewateratc.com or 627-5514
Calendar Committee	Tony Phelps	calendar@tidewateratc.com
Education Committee	Lee Lohman	education@tidewateratc.com
Hikemaster	Phyllis Neumann	hikemaster@tidewateratc.com
Historical Committee	Juliet Stephenson	historical@tidewateratc.com
Land Management Committee	Bob Giffin	landmgt@tidewateratc.com
Local Trails	J. P. Richards	localtrails@tidewateratc.com
Membership	Sharon Salyer	membership@tidewateratc.com
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Newsletter	Jim Sexton	newsletter@tidewateratc.com
Notices	Jim Sexton	notices@tidewateratc.com
Outreach	TBA	outreach@tidewateratc.com
Past President	Juliet Stephenson	pastprez@tidewateratc.com
Programs	TBA	programs@tidewateratc.com
Timekeeper	Mike Wilson	timekeeper@tidewateratc.com
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Webmaster	Jim Sexton	webmaster@tidewateratc.com