

The Easiest Way

Solve your problems and take the road to love, happiness, wealth and the life of your dreams.

*“Success is not the key to happiness. Happiness is the key to success.
If you love what you are doing, you will be successful.”*

-Albert Schweitzer

Applying Ho'oponopono in Business

**Bring the power of clarity, purpose, and peace of mind
to create happiness and greater success at work**

Newsflash! Getting to Peace Is the Key to Your Business Success

You may think you generally see situations clearly, solve problems wisely, and make smart decisions based on good analysis. However, that's almost never the case. Past programming you have learned almost from birth colors your perceptions, continually whispering sabotaging messages of fear and doubt. You may be pretty good at dealing fairly well with work situations, yet imagine what can happen to your performance and your satisfaction when you are operating from a place of real clarity and power.

When you change, everything around you can change. If you want to change things, change your mind set. Change your paradigm. That is the promise of this workshop.

Statistics show that only 3% of our business problems are resolved while we are working. That means 97% of problems are not being solved, even when we are working and thinking hard on how to resolve them. Yet we continue to take the same approach though respected research says it's not working.

Albert Einstein said “The definition of insanity is keep doing the same expecting different results.” Are you going round and round trying to change things by doing what you've always been doing? Are you ready to consider a different approach?



What if your goal is to be at peace because when you are at peace, solutions come from unexpected people and places?

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You can have peace of mind at all times no matter what is going on around you: Contention, hostility, killer deadlines, or pressure from the boss or co-workers. Peace of mind will enable you to “know” what to do. It will reveal your true self and purpose with clarity, and assure success in all your endeavours – business and personal!

The Applying Ho’oponopono in Business workshop will guide you with solid and practical methods for achieving peace of mind. In it, you will learn to:

- Delete negative programs that impact on your plans, goals, decisions and results
- Take yourself to the zero state where the most ideal results occur
- Let go of thinking "I know," and let intuition and inspiration move you
- Be open and flexible to receive ideal solutions through inspiration
- Resolve issues and dilemmas by working on the one thing you can control: yourself
- Mentally re-tune yourself to release "sour notes" that make life stressful



How would you like to stand on a rock solid foundation of confidence and:

- Be more effective and productive
- Resolve problems in an easy way
- Create perfect and right business relationships
- Let go of expectations so you can be surprised by ideal outcomes
- Discover who you really are, your inherent talents and your purpose in life

Get back to Zero and achieve your full potential

Ho'oponopono is the delete key on the keyboard of your mind. You can use it to delete those programs stored in your computer bank – your subconscious mind -- that cloud your perception of people, problems, or situations, that keep you blaming and complaining and keep you from making the best choices. It is an easy, safe, and effective way of solving problems and creating the time and space for success.

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The Harvard Business Journal acknowledges that “happy people” – no matter where they are in the organizational hierarchy – are more motivated, productive, energetic and committed.

If you are ready to be happy and to change your work environment, if you’re ready to reclaim yourself, your life, and your passion, please contact us now for more information:



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Testimonials

Hi Mabel,

I am Elena, from Romania and I want to tell you some of changes that occurred in my life in the last 6 months. I heard about Ho'oponopono last year and I read Zero Limits by Joe Vitale in October 2010. I was on a course with you in October 2010, March 2011 and last weekend June 2011. Ho'oponopono changed my life, changed me.

- 1. Beginning for me, it was not easy to say moment by moment Thank you or I love you, but now it is easy.*
- 2. Until February 2011, I woke up at 5.30 am, every morning, I arrived at the office at 7,30 am and I came home after 11,00 pm. Now I wake up when I can and I am not staying in the office after 6:00 pm (and I solve all tasks).*
- 3. 90% of my colleagues always avoided me because I was in conflict with them (I work for a big company, 3500 employees). In the last six months I had only three conflicts (minor) and my colleagues are very nice with me. I detached from all the problems that are here and this is a state that still I am not comfortable (and I still clean).*
- 4. Many people asked me: What do you do?, What do you take? (drugs?!), What do you eat? Because now, all the time, I smile or make jokes. (I didn't do this until 6 months ago)*
- 5. Until February 2011, I was living with my brother who is HIV positive. I was afraid to let him live alone. On February 7, 2011 I moved into a new apartment and I still clean with my fears.*
- 6. Inside of me is peace and I can sleep!*

I am sorry for my English, I still learn. Thank you for all and especially for appearing in my life.

~Elena, Romania

Aloha, I signed up for this~~ and the results are really amazing~~~ Thank you so much everyone for this!! ~^^~ xo POI,

~Yuetching, Singapore

Thank you Mabel for making such a huge difference in my life and help me trust! I love you! POI,

~ Mara, Brazil

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Mabel Katz

Is an internationally acclaimed speaker, author, and seminar leader who is recognized as a leading authority on Ho'oponopono, an ancient Hawaiian art and practice of problem solving for achieving greater clarity of purpose and living and working more effectively. She has crafted a series of keynotes, talks, and seminars for corporations, businesses, and individuals; applying the practices of Ho'oponopono to bring companies closer to their full potential and give people an edge at work and in all areas of life. Mabel's series also include unique seminars for children and parents.

Based on using Ho'oponopono's forgiveness and gratitude, Mabel's presentations also focus on practical ways for reaching what she calls Zero Frequency®, a state where we are free of restrictive memories and limiting self-talk. From the clarity of Zero, outstanding solutions become apparent and excellent choices can be made.

Mabel is rapidly gaining acclaim for her work in support of world peace. She has spoken in front of national senates and other influential government bodies and presented at the United Nations. She has addressed multi-cultural audiences, including those of diverse ethnicities in the Middle East.

Born in Argentina, Mabel moved to Los Angeles in 1983 where she became a successful accountant, business consultant, and tax advisor. In 1997 she started her own company, Your Business, Inc., a step that not only enhanced her own success but also increased her ability to work more directly with others. Her company prospered by helping new and established businesses to expand and grow.

Amplifying her contribution to the Los Angeles Latino community, Mabel created and produced a radio program, *Despertar* (Awakening), then a television talk show, *The Mabel Katz Show*. Motivated by her desire to bring awareness about better living choices for the Latino Community, her shows employed the best features of Oprah, Suze Orman, and Rachael Ray. As a result of her media work, speaking, and seminars, she has become known in the Spanish-speaking community as "the Latino Oprah Winfrey." Mabel has received numerous prestigious local and national awards recognizing her achievements in business and with local communities.

Despite the success of her business and her media celebrity, Mabel chose to move from those endeavors to follow her heart's desire -- devoting her prodigious talents and powerful drive to assisting people worldwide with what she has learned and continues to learn from Ho'oponopono.

Studying and traveling with Ho'oponopono Master Teacher, Dr. Ihaleakalá Hew Len, Mabel deepened her learning. Mabel has been exposed 24 hours a day for more than a decade to the Secret beyond the



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Secrets of this ancient Hawaiian art of problem solving. From this foundation, Mabel has designed her unique workshops to bring wisdom and gifts to audiences across the planet.

Mabel authored her first book, *The Easiest Way*, which has received widespread praise from readers and thought leaders alike. She has authored several other books, including a wonderful children's book, and her works have been published in English, Spanish, Korean, Portuguese, Swedish, German, French, Russian, Chinese, Italian, Czech, Hebrew, Japanese, Croatian, Hungarian, Polish and Romanian.

Today, Mabel maintains a busy global speaking and seminar schedule. She has presented throughout Europe and Eastern Europe, China, and Central and South America as well as across the United States and Canada. In her talks, she often shares how she has used what she has learned to move into a fulfilling and successful life of travel, speaking, and working with others to create the lives they had only dared to imagine.

Mabel Katz is truly an exceptional woman of international stature with universal appeal. The work she does is transforming businesses and improving lives. Her unique presentations reach people's cores -- their souls -- giving them tools to create lasting results. Many have said Mabel has changed their lives forever.

"Problems, be they spiritual, mental, physical, or material, are simply memories replaying in the subconscious mind. The beauty and simplicity of Self-Identity through HO'OPONOPONO is its ability to erase memories replacing them with inspirations for perfect living. In The Easiest Way, Mabel Katz tells her story about rediscovering her Identity and freedom through applying Self Identity through HO'OPONOPONO in every area of her life. Everyone who reads her book will find gems of wisdom allowing them to discover for themselves their own Identity and freedom."

Dr. Ihaleakalá Hew Len, Ph.D. Ho'oponopono Master Teacher

"The Easiest Way" by Mabel Katz is the clearest explanation of HO'OPONOPONO I've ever seen!"

Joe Vitale, author, teacher, inspirational speaker and star of "The Secret"

Mabel is available for keynotes, talks, and seminars for executives, managers, employees, individuals, and children.