



Fort McCoy MWR Enews

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April 15, 2021 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*

You have
needs.
**WE HAVE
ANSWERS.**

MORE BENEFITS
FOR MILITARY MEMBERS



Call **800-531-8521**

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FORT MCCOY MWR Military Appreciation Luncheon **DRIVE THRU EDITION**

**May 7, 2021
11 am - 1 pm
McCoy's Community
Center**

**FREE TO-GO LUNCH
for current or retired
Military members***

*Limited to the first 300 service members. Must show valid Military or retired Military ID (dependents not included). First come, first served. Please call 608-388-2065 for additional details.



Sponsors: No endorsement implied



PINE VIEW CAMPGROUND OPENS FOR THE SEASON ON APRIL 30

Register now to rent a campsite, a spacious camper or one of our beautiful cabins. Call 608-388-3517 or register online at mccoy.armymwr.com to ensure you reserve the dates you want for 2021.



Meeting & Social
April 16, 2021 | 6 pm
McCoy's Community Center



Sponsor (No endorsement implied)

Come learn about the BOSS program and what it has to offer.

After the meeting, enjoy free bowling, pool, darts, cornhole and other activities.

Food and beverages will be provided.

FOR MORE DETAILS, CALL 336-596-1651



PURPLE UP!
FOR MILITARY KIDS WEEK

April 16, 2021

MONTH OF THE MILITARY CHILD

Wear purple to show support for Military Kids

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498



RENT ONE OF OUR NEW PARK MODEL CABINS

They feature one bedroom, loft, full kitchen, living room with loveseat sofa sleeper, cable TV, full bathroom, washer & dryer and air conditioning.

DAILY RATES:

Sunday - Thursday

\$95 for Military/DoD | \$105 general public

Friday & Saturday

\$110 Military/DoD | \$130 general public

Call (608) 388-3517 for reservations

CELEBRATING 50 YEARS

GET OUTDOORS, STAY ACTIVE, EXPLORE MORE!

Visit your local outdoor recreation today.

U.S. ARMY MWR STRONG BANDS BOSS

McCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

BEER Brat

ENJOY A WISCONSIN FAVORITE!

Our bratwursts are boiled in beer before being grilled. Topped with sauerkraut and served on a toasted bun. Available for a limited time.



RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

FREE APRIL FITNESS CLASSES

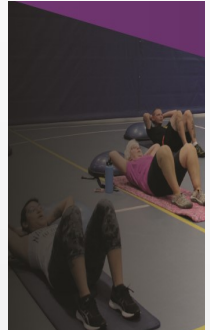
Mon & Wed | 11:30 am –12:00 pm

ABS class that targets the core.

Mon | 3:30 pm – 4:00 pm

BODY BLAST class that hits the upper and lower body.

Limited class size. Social distancing rules apply. Reservations required—please call 608-388-2290.



BATAAN
Memorial Death March
Virtual Edition

**COMPLETE YOUR MARCH
ON OUR COURSE!**
April 9-18, 2021
Whitetail Ridge Chalet
Fort McCoy, WI

**Register to participate
in this virtual race at
www.bataanmarch.com**

Call 608-388-3517 for additional information

FROM START TO FINISH 13.1

Apr 26 | 11:30 am –12:00 pm

Rumpel Fitness Center

Have you always wanted to complete a half-marathon? Consider joining our running group! First time? No Problem! Ask the front desk for details. Join us for the initial meet and greet where we will discuss training as a group for the "Rockin Brews Marathon" on September 4 in Monona, WI.

SEXUAL ASSAULT AWARENESS/PREVENTION MONTH

Strike-Out Sexual Assault

Virtual Bowling Event

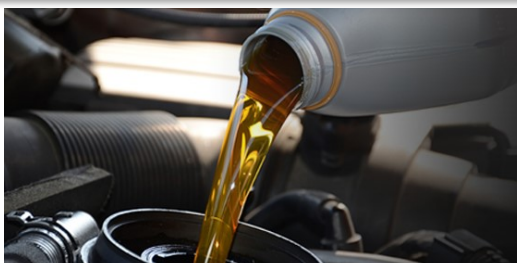
APRIL 19 - 23, 2021

For a chance to win prizes, come to McCoy's Community Center and bowl a standard 10 frame round and post a photo to the event discussion board at: www.facebook.com/FORTMCCOYACS

For questions, please call 608-388-8951

Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition



OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

Oil and filter must be supplied by customer

ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

TRIPLE P INFORMED WORKSHOP: STEPPING STONES

Sessions are available via Microsoft Teams. Sign up for 1 or all 3! Each session will last approximately 1.5 hours. Join Mike from The Parenting Place to learn how to manage problem behavior and developmental issues common in children with a disability. It also helps encourage behavior you like, cope with stress, and teach your child new skills.

Apr 15 | 9 am

Helping Your Child Reach their Potential

Apr 22 | 9 am

Changing Problem Behavior into Positive Behavior

To register call x6507 or [click here](#) to send an e-mail.

BUILD A BIRD HOUSE OR BIRD FEEDER

Apr 15, 20, 22 or 27 | B1130 | 4-6:30 pm

Spending Time Together as a Family Builds Family Resilience! Step into Spring by creating a bird house or feeder the whole Family can enjoy over the spring and summer months. Choose a bird house or feeder (based on availability) which you will put together and personalize it by painting or adding decorations to meet your creative ideas. Must register at least one week prior - to register call x3505.

APRIL SEXUAL ASSAULT AWARENESS AND PREVENTION MONTH (SAAPM) EVENTS/ACTIVITIES

Strike Out Sexual Assault Virtual Bowling Event

Apr 19 - 23 | McCoy's Community Center Bowling Center

April is Sexual Assault Awareness Month. Come to McCoy's for a chance to win prizes. Bowl a standard 10 frame round and post a photo to the event discussion board at: www.facebook.com/FORTMCCOYACS.

Teal Tuesdays/Thursdays

Engage your voice and support sexual assault awareness and prevention by wearing teal on Tuesdays and Thursdays in April. Post a picture on the ACS Facebook page with the hashtag #SAAPM2021

Clothesline Project

Paper shirts will be available at McCoy's, PX and the Dining Facilities. Simply select a paper shirt; write a message, your name, or a quote on your shirt; and display your shirt on the clothesline to show support to survivors in your community.

SHARPen Your Knowledge

Look for SHARP information awareness tables located at various locations throughout the installation. Post a picture on the ACS Facebook page with the hashtag #SAAPM2021 to show support of survivors and your pledge to help prevent sexual assault.

DENIM DAY

Apr 29

In an effort to bring awareness to those that have been affected by sexual violence, Garrison Civilians are authorized to wear denim on this day.

FAMILY ACTIVITY BAGS

Stop by ACS (2111 South 8th Ave) on 30 April between 10 am - 12 noon to pick up your Connect the Tots and Family Resilience Bag. Find information/activities for the month of May to include: Asthma & allergies, Mental Health Month, Mother's Day, animals/circus and much more! Contact 608-388-7262 for more information.

RESILIENCE & DETECTING ICEBERGS

May 5 | 9 - 11 am | B2111

Join us to learn the resilience skill of detecting icebergs. What is an iceberg? An iceberg is a core belief or value that just like an iceberg is bigger and deeper under the surface than one may realize. Once we challenge our icebergs that fuel our out-of-proportion emotions and reactions, we are able to enhance understanding and build stronger work and personal relationships. To register [click here](#) or call x6507. Coming in June: Monthly Resilience classes will be available on teams!

REDUCING STRESS THROUGH SELF-CARE

Learn how to maintain a healthy mind & body through this self-paced online training! TOPICS INCLUDE: The difference between normal stress and unhealthy stress AND Healthy coping strategies for stressful situations. To register, call or text 608-630-7473 or [click here](#) to send an email. Training available now - August 31, 2021.

ICE COMMENTS
& FEEDBACK
INTERACTIVE CUSTOMER EVALUATION

military teen summit

VIRTUAL EVENT
22 - 24
APRIL 2021

BOYS & GIRLS CLUBS OF AMERICA
FLUOR

Encourage the teens in your life to attend the first-ever Military Teen Summit, brought to you by Boys & Girls Clubs of America! This free, exciting virtual event is open to ALL teens in our community where they will learn and grow with their peers.

Register today at www.bit.ly/MilitaryTeenSummit21.

#MilitaryTeenSummit

*Spring
into good
study habits*

tutor.com™
A Service of The Princeton Review

2021 VIRTUAL MILITARY SPOUSE SYMPOSIUM

**REFLECT.
EXPLORE.
ACT.**

NEW! DAY THREE: RELATIONSHIP SUMMIT

SAVE THE DATE April 27-29, 2021

Join us for three days of online sessions and get resources and tools to meet your career, education and relationship goals.

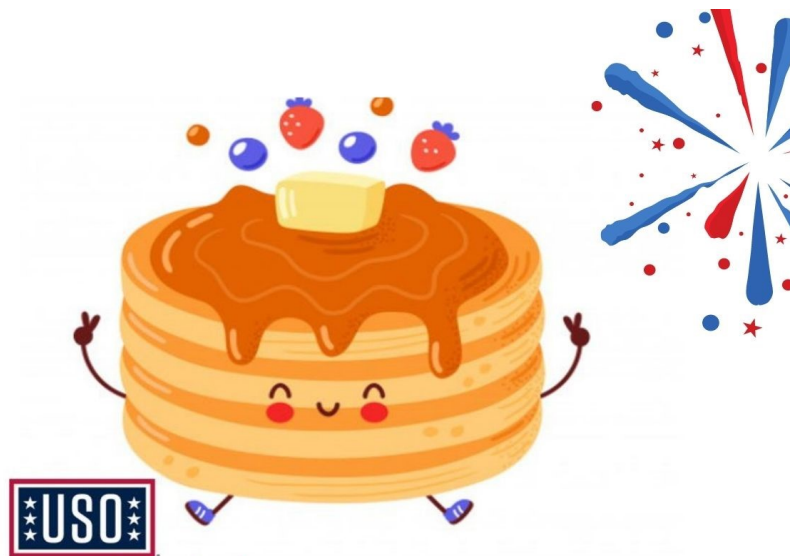
- Build knowledge on self-care, entrepreneurship and federal job searching while networking with other military spouses.
- Learn personal branding, finding your passion, storytelling with your resume, interview skills and more.
- Participate in breakout sessions for Army, Marine Corps, Navy and Department of the Air Force military spouses.
- **RE THEWE New Day Three Relationship Summit:** Explore relationship skill-building with proven tips from experts.

Save the date and register starting Thursday, April 1.

Want more info? Call a SECO career coach or Military OneSource consultant at 800-342-9647.



Fort McCoy



Good day starts with

PANCAKES

Grab your stack at the
USO Fort McCoy Building 1501
10th ave

8 am - 11:30 am .

April 10th
April 24th
May 8th

Munchie Mobile
SATURDAY 6-8 PM



1. Listen for the HORN!
2. Get to the USO van
3. Grab the snack

Remember we visit the Transient
Housing area & NCO school:

WE DO NOT STAY LONG SO DON'T MISS IT!

