

April 2015

If you would like to be removed from our mailing list, please reply to this e-mail: hpadvising@fullerton.edu

Hours of Operation for Spring 2015



Office Hours

Monday: 8:00am-3:00pm Tuesday: 8:00am-3:00pm

Wednesday: CLOSED

Thursday: 8:00am-3:00pm Friday: 10:00am-3:00pm

Hours are subject to change at any time. Please check our website for updates.

Advising Hours

Spring 2015 Advisement Hours:

Dr. Goode:

Tuesday: 8am-2pm Thursday: 8am-2pm

Friday: 7am-8am & 10am-12pm

To schedule an appointment please refer to the link here: http://www.fullerton.edu/health_professions/appt.asp

Important News

MCAT Exam Update:

Please be advised that registration will open on the following dates for the July-September MCAT exam dates:

- April 21, 2015 July and August MCAT exam dates
- April 23, 2015—September MCAT exam dates

For more information on registration, please visit the AAMC website at https://www.aamc.org/students/applying/mcat/register/.

If you have any questions, please email mcat2015@aamc.org.

<u>College Science Enrichment Program at Marquette</u> <u>University:</u>

Deadline to Apply: April 1, 2015 **Location:** Marquette University **Date:** June 18-July 31, 2015

This program includes:

• Free six week summer program for undergraduate students who are interested in pursuing a career in dentistry, physician assistant, biomedical science, clinical laboratory science, speech and language pathology,

- physical therapy, or behavioral health
- Covers the cost of books, supplies, room and board, and includes a stipend
- Applicants must be a rising college sophomore, junior, or senior with an interest in a health career
- Applicants must also meet the following criteria:
 - Minimum GPA of 2.7 (transcripts required)
 - Completed two semesters of biology and chemistry
 - o Academically or financially disadvantaged

If you have any remaining questions, please feel free to contact the Marquette University College of Health Sciences at (414) 288-5505 or Muhcop@Marquette.com. The application is attached to this email.

I-DOC Summer Program:

Deadline to Apply: April 1, 2015 or until filled

Location: Ohio State University College of Optometry

Date: June 15-17, 2015 This program includes:

- Sample lectures of optometry courses
- Receive and observe eye examinations
- Overview of the admissions process
- College and OD panels

For more information, <u>visit their website</u>.

2015-2016 UCSF Interprofessional Health Post-Baccalaureate Certificate Program Application Cycle for the School of Pharmacy is Now Open!

Deadline to Apply: April 10th, 2015

Description: The UCSF School of Pharmacy offers a structured post baccalaureate graduate certificate program designed for

individuals who have been unsuccessful in gaining admission to pharmacy school or who have completed the undergraduate course work, but feel they need more background before initiating the pharmacy school application progress.

For more information, <u>visit their website</u>.

Prescribing Hope

Deadline to Sign Up: April 17th, 2015

Location: El Encinal, Mexico

Date: April 25th, 2015

Description: This medical clinic will be particularly fun because the community will be celebrating Children's Day. This celebration emphasizes the importance of advocating literacy for children of all linguistic and cultural backgrounds. Drivers have priority, are guaranteed a volunteer spot, compensated for the cost of travel, provided with Mexican Insurance for their vehicle, and will earn an extra 5 hours of volunteer credit per clinic!

The Volunteer form, Liability form, and a flyer for this event are attached to this email.

<u>Marshall B. Ketchum College of Pharmacy Summer</u> <u>Enrichment Program</u>

Location: Marshall B. Ketchum University

Date: July 7 – August 15 2015

This program includes:

- PCAT review
- Working wit other pre-health profession students
- Solving case studies
- Completing lab assignments

See attachment for more information

Marshall B. Ketchum College of Pharmacy Open House

Location: Marshall B. Ketchum University **Deadline to Register:** June 19th 2015

Date: June 27th 2015 This event includes:

• Meeting faculty, staff, and students

Working wit other pre-health profession students

• Learn about unique curriculum

See attachment for more information.

Opto-Camp at Berkeley Optometry:

Deadline to Apply: May 4, 2015

Location: UC Berkeley

Date: June 17-19, 2015 and July 15-17, 2015

This program includes:

- In-depth information about Optometry as a career track
- Prepare attendees to be successful applicants to optometry school
- Three-day "in residence" experience
- Process of becoming an optometrist

For more information, visit their website.

Altius MCAT Prep Opportunities

Take a free 2015 MCAT test:

- Written by over 50 PhD Content Experts from universities across the country.
- Statistically indistinguishable from AAMC MCAT-2015

- practice materials on over 100 statistical measures.
- Developed using the same robust methodology used by the AAMC, the SAT Board, and other standardized test creators.
- The first MCAT practice exam to undergo double-blind peer review
- To access the test:
 - Click here
 - o Scroll down to "Take a Free Test"
 - Enter your information, then check your email for the exam link. If you do not receive your link, check your junk folder. If that doesn't work, add altiustestprep.com to your email white list and repeat the process.
 - The exam is half-length and requires a full four hours to complete, so plan accordingly.

<u>Visit their website</u> to learn more about their summer MCAT boot-camp-style program and private 1-on-1 mentoring.

Opportunity to Win a Free MCAT Course

- Snap a pic of your MCAT2015 test date
- Tweet your photo @ThePrincetonRev and tag #GotMyDate
- Two entries will win a free MCAT2015 Ultimate or Cram Pack course

Office News

Appointments

The Health Professions Advisor appointment schedule has

limited availability during the next few weeks. Therefore, it is recommended you schedule your appointment well in advance.

Intent to Apply

Please contact our new Intent to Apply Specialist, Ashley Chrisakis, if you have questions regarding the Intent to Apply process via itoa@fullerton.edu. Intent to Apply is a program managed by our office that assists students applying to professional school.

Health Professional School Linkage Updates

Students at CSUF are eligible to apply for a special linkage program that the university has with a number of health professional schools. By doing so, students can bypass the application process and automatically earn a place in a Health Professional University. These programs not only **accelerate the application process**, they **eliminate the need to apply to multiple schools**, significantly **reducing the cost** of the application process and travel expenses for interviews, which can easily add up to \$3,000 to \$5,000 each application cycle.

To view more information about the linkage program, new application updates, and the two universities added to the list, click here.

Shadowing Opportunities

The CSUF Health Professions Advising Office Shadowing Program matches students with health professionals who will serve as mentors to provide essential shadowing opportunities. Shadowing opportunities enhance your application to professional schools and develop in-depth insight into the various medical professions. There is no better way to learn about medicine than by shadowing physicians in a busy clinical environment. Students must schedule an

appointment with Dr. Goode and must meet the shadowing requirement GPA of 3.0 and 50 hours of volunteer service.

CSUF Alumni Mayra Cruz Speaks about MiMentor on MSNBC

Mayra Cruz, CSUF alumni, spoke on MSNBC about MiMentor, a program she created to help Latinos achieve their career goals regarding the health professional field.

<u>Click here</u> to watch the interview.

Additional Opportunities

<u>Army and Navy Health Professions Scholarship</u> <u>Programs</u>

Get 100% tuition coverage for medical school! The Navy and Army are offering applications and information about their prestigious scholarship programs.

For more information please see the flyers attached to this blast.

Princeton Review Prep Classes

The Princeton Review has offered prep classes to help you prepare for the current MCAT Exam! A minimum deposit of \$499 is required.

Find a location near you!

Worry free guarantee: <u>www.PrincetonReview.com/Guarentee</u>

Please contact Keisha Hellon at <u>KeishaH@Review.com</u> for any questions you have regarding the Princeton Review.

Khan Academy MCAT Collection:

The Khan Academy MCAT Collection includes more than 900 videos and 2,000 review questions that include concepts in:

- Biology
- Chemistry
- Biochemistry
- Physics
- Psychology
- Sociology

For more information, click here.

Official MCAT Question Packs

Designed to help you focus your efforts by subject area: Biology, Chemistry, Physics, and Critical Analysis and Reasoning Skills. Each pack includes 120 questions and solutions written by the MCAT test developers.

MCAT Exam Policy Updates:

The Association of American Medical Colleges (AAMC) and American Association of Colleges of Osteopathic Medicine (AACOM) have created an updated list of all medical schools and their individual policies in adherence to the current and new MCATs. Please check to see if the old MCAT exam will be accepted when you apply. Please refer to the attachments in this email for the detailed lists.

Full-Length MCAT 2015 Practice Exam

The developers of the MCAT have released a sample MCAT 2015 exam for students planning to take the new MCAT in March 2015 or later. This is a full length, 230-question test taken online. The package is \$25 and includes a full length

exam, score reports, solutions and feedback for up to 10 trials. Don't miss this wonderful opportunity to practice your test-taking skills!

Click here to order your practice exam

The Official Guide to Medical School Admissions: How to Prepare for and Apply to Medical School

The Association of American Medical Colleges has offered a guidebook including answers to any questions regarding how to prepare for and apply to medical school, how to be a more competitive applicant, how to finance your education, as well as interview and test taking tips. It is a useful resource to have when planning out your academic career towards medical school.

The guidebook is \$15 and can be purchased in print or in e-book





Please visit the <u>student organizations website</u> for meeting dates, times, and locations

SHPA:

General Meeting: April 10th

Time: 12pm

Location: UH 248

Speaker: Joseph Franza, Director of Admissions for St. George's

University School of Medicine Topic: Allopathic Medicine

General Meeting: April 17th

Time: 12pm

Location: TSU Hetebrink AB

Speaker: Dr. Ron Betezniak, PhD Topic: Problem Based Learning

("Meet the Candidates" takes place after this meeting)

Officer Election Week-Online Elections

Dates: April 20th-April 24th

General Meeting: April 24th

Time: 12pm

Location: UH 248

Speaker: Pharmacy Students

Topic: Life as a pharmacy student

AMSA:

Birth Choice Clinic: April 8th, 22nd, 29th

Time: 9:30am-4:00pm

Location: Outside the Kinesiology building, facing the SRC. Description: Birth Choice Health Clinic is a fully-licensed FREE community care clinic providing convenient, confidential and professional medical services including: FREE pregnancy test, FREE HIV/AIDS testing and FREE STD testing, abortion information, and STD/HIV information. These services are for our CSUF community and anyone outside of school.

General Meeting: April 10th

Time: 11:00PM-12:00PM Location: TSU Bradford AB

Speaker: Dr. Jimenez, a Trauma Surgeon

MS Walk: April 11th

Time: 7:30AM-12:00PM

Location: University of Irvine California

Description: Come join us for a family-friendly event with a 1-3 mile walk to raise funds to help more than 2.3 million people living with MS worldwide. We'll have live music, awards, good

food, and plenty of fun and inspiration!

Click here to register:

• Click Saturday April 11th

- Click volunteer
- Create an account to get registered
- Put AMSA for "group"
- Email AMSA at amsa@exchange.fullerton.edu for the consent form
- Please let our officer Tiffany Navarro know that you've signed up by emailing her at <u>t-navarro@hotmail.com</u>
- Deadline to sign up: April 9th

For more information, visit their website.

General Meeting: April 17th

Location: Legislative Chambers 1&2

Speaker: Dr. Jesus Sanchez, DO

Relay for Life Walk: April 18th

Location: CSUF

Time: starts at 10:00AM

Description: Our team will take turns walking around the track to raise money and awareness to help the American Cancer Society in the world's largest movement to end cancer. You are not required to donate, but you are more than welcome too!

To sign up and/or donate, use the link provided here: AMSA CSUF Relay For Life Sign Up

LMSA:

31st Annual LMSA Western Regional Conference: April 3-4, 2015

Location: USC Keck School of Medicine

General Meeting: April 10th

Time: 10:00AM-11:00AM

Location: TSU Tuffree AB

Topic: How to get involved in research

General Meeting: April 24th

Time: 10:00AM-11:00AM Location: TSU Ontiveros A

Speaker: Physician Guest Speaker

LMSA Fundraiser: April 27th

Time: 11:00AM-1:00PM Location: Titan Walk

Pre-Dental Society:

One Health Carnival: April 6th

Time: 8:00AM-5:00PM Location: Titan Walk

Description: Join all the pre-health clubs who are informing students about public health in all it's forms: oral health, eye health, animal health and medical health. There will be food, games and even the chance to dunk a faculty member in the dunk tank!

General Meeting: April 10th

Time: 10:30AM-11:30AM Location: Humanities 226

Topic: How to financially survive dental school

Social: April 10th

Time: 12:00-1:00PM

Location: TBD

Description: Come get to know your fellow PDS members!

General Meeting: April 17th

Time: 10:30AM-11:30AM Location: TSU Tuffree AB

Description: Meeting with a dental speaker

General Meeting: April 24th

Time: 10:30AM-11:30AM Location: Humanities 226

Description: Our officers, Chris and Daisy, will be presenting about pediatric dentistry and as well as talking about oral health to prepare for the dental outreach event following the

meeting.

Dental Outreach Event: April 24th

Time: 1:00PM-2:00PM

Location: Commonwealth Elementary School Fullerton, CA Description: Teach children how to properly take care of their teeth and gums. This event includes games and activities to help children better understand oral health and how to keep their pearly whites!

UCLA Pre-Dental Course: May 16, 2015

Time: 9:00AM-5:00PM

Location: UCLA

This course includes:

- Hands-on techniques of hot dropping wax patterns and shapes
- Behavior of wax hot flow and solidification
- Learn a step-by-step procedure of reconstructing a mandibular molar
- Setting upper and lower anterior denture teeth
- Denture festooning techniques
- Total cost to attend couse is \$280

For more information, <u>visit their website</u>.

Perceptual Skills Workshop: June 22-25, 2015

Location: UCLA School of Dentistry

This workshop includes:

- 4-day sculpture course designed by artist Ronn Davis to help prepare students for the Perceptual Ability portion of the Dental Admission Test
- Develop your ability to visualize three-dimentional forms on paper by learning different methods of drawing
- Carving on a variety of materials including plaster and wax

To register:

- Submit the <u>registration form</u> with a money order in the amount of \$80.00 made payable to Ronn Davis
- You will be sent a confirmation e-mail and campus map about 10 working days before the start of the course Parking on campus is \$12.00 per day. Must wear long pants and close toed shoes.

For more information regarding the perceptual skills workshop, please contact: Maribel Uribe at (310) 825-9789 or muribe@dentistry.ucla.edu.

Pre-Optometry Club:

Bake Sale: April 6th

Time: TBA

Location: Titan Walk

Speaker: Participate in our first bake sale of the year! Either bake goods for us to sell (12 goods= 1 point) or come help

table and get points (per hour).

General Meeting: April 7th

Time: 11:30AM-12:30PM Location: President's Room

Description: Speeches of our new e-board candidates! Your

vote makes a difference, and these new officers will be representing you and our club, so don't miss this meeting!

2nd Annual Blink Conference: April 11th

Time: 8:30AM-5:00PM

Location: Western University

Description: Network with optometrists and optometry students while listening to some of California's most renown

doctors all at a FREE event! Register on our Titanium

community page by Tuesday, March 31st.

General Meeting: April 14th

Time: 11:30AM-12:30PM Location: President's Room

Topic: A representative from one of the three optometry schools in California will be coming to speak about how YOU can be a better applicant and what specific qualifications can

get you into their program.

MBKU Spring Amissions Open House: April 18th

Time: 9:00AM-1:00PM

Location: Southern California College of Optometry, MBKU Description: Lean about why you should choose optometry and what optometry programs are looking for in a competitive applicant. Socialize with and meet up with pre-optometry students from other universities at our collaboration social after the event.

Click here to register for this event.

One Health Carnival: April 20th

Time: 8:00AM-6:00PM Location: McCarthy Quad

Topic: Collaborate with other health professions in bringing awareness about the various health professions and the interprofessional relationships that make quality patient care possible. Sign up for shifts on the google document, which is available on the Titanium community.

tEYEtans Banquet: April 30th

Time: 7:00PM-9:00PM

Location: BJ's Restaurant in Brea

Description: Join us when we announce next year's officers and

commemorate our stellar members of the year.

Pre-Vet Club:

Visit their website for more information.

Spanish for Health Services:

Visit their website for more information.

Health Professions Information: Pre-Health Professions Minor

Please note that ASAM 330 will be offered starting Fall 2015. ASAM 330B will be offered starting Spring 2016.

This minor has been created to prepare California State Fullerton students, from any major, who want to pursue an advanced study in a health professional program. Students can declare the minor, which will give them a structured pathway to meet health professions prerequisites and recognizes this secondary field of study and specialization. Coupled with

intrusive advising and additional resources, this program will enhance the competitiveness of all of our students for professional school, regardless of their major.

- 1. Students who are interested in declaring the Pre-Health Professions Minor should complete the Declare Interest form here
- 2. Completing the form will allow us to open a file for you in our database in the event that you choose and qualify to pursue the Pre-Health Professions Minor
- 3. You do not have to have all prerequisites completed to simply declare interest
- 4. When you have completed the minor prerequisites, send your most current Titan Degree Audit (TDA) to hpadvising@fullerton.edu
- 5. Dr. Goode will review your TDA to ensure you have fulfilled the GPA and pre-requisite course requirements
- 6. An email will be sent to approve or deny your request
- 7. If approved, you will be asked to pick up a Request for Minor Objective Form from Admissions and Records LH-114.
- 8. Bring the Minor Objective Form to our office to obtain Dr. Goode's signature
- 9. Turn in Minor Objective Form to Admissions and Records

You may also schedule an advising appointment to learn more information: www.fullerton.edu/health_professions

Looking for Volunteer Opportunities?

Please stop by UH-223 to fill out a volunteer opportunity form to receive more information!

Articles

Links to articles and opportunities may be accessed via

Facebook. Please "like" our page here: https://www.facebook.com/HPOfficeCSUF

Contact us:

Health Professions Advising Office

University Hall 223 Cal State Fullerton

Email: hpadvising@fullerton.edu

Telephone: 657-278-3980

Fax: 657-278-5888