

NATIONAL

**Nurses Week**

MAY 6-12



ADVENT CHRISTIAN VILLAGE  
AT DOWLING PARK



# Friendly Neighbor News

Advent Christian Village, Dowling Park, FL 32064

"Where People Enjoy Living"

"The mission of Advent Christian Village, Inc. is to express Christ's love by providing compassionate care and quality comprehensive services for senior adults, families with special needs, and children, in a secure, supportive residential setting and in the surrounding communities."

**APRIL 30, 2021**

**ADMINISTRATOR ON CALL: TRACI NISSLEY, 386-658-3333**



**IN LOVING MEMORY**

James Chapman, who was a resident of DH and GSC, died April 26. His memorial service information will be provided when available.  
 Beverly Tilley, who was a resident of RW, died April 25. Visitation will take place Friday, April 30, at 1:00 p.m. in the VC, with a funeral following at 2:00 p.m.  
 Jolly Blue, who was a resident of CH, died April 20. His memorial service was held April 25 in Perry.

**NEW MEMBERS**

Lynn Harris of Port Orange, Florida, has moved to CH. Her mailing address is P.O. Box 4067.

**MOVED FROM ACV**

Gladys Hodges has moved to Louisiana. Her new mailing address is P.O. Box 623, Abita Springs, LA 70420.

**ANNOUNCEMENTS**

**COVID-19 VACCINE**

Friday and Saturday, April 30 and May 1, individuals will be at ACV to administer COVID-19 vaccines to the general public. The vaccine will be provided by way of drive-through service on Aquilla Cir. (the road on which the Chriss Building, Watkins Hobby Shop, and PCS are located). No appointment is necessary; simply drive up between 8:00 a.m. and 5:00 p.m. Currently, only 100 vaccines will be available per day.

The shuttle should not be called to provide transportation to this event. If you need transportation assistance, call MS at 658-5400 before Friday at 4:00 p.m.

**INDEPENDENT LIVING COVID-19 RESTRICTIONS REDUCTIONS**

All of our indicators for the lifting of restrictions continue to be positive, and we are moving forward with our May plans to lift additional restrictions. Please note the following changes that will be taking place during the month of May:

- We will allow the Suwannee County Tax Collector's office to resume on-campus services for property tax issues. The FLOW Mobile for driver's licenses is operated by the state of Florida, and they have not yet announced when they will resume service.
- The professional offices will be allowed to return and resume services at the VS. You should check with them individually for scheduled times and appointments.
- Beginning May 10 we will no longer lock DH, CH, RV, or Lawrence House during the day. However, for the time being, we ask that you continue to restrict off-campus visitors. Please continue to contact your service coordinator if you plan to have off-campus visitors.
- CCC will begin to allow all CCC members to resume use of the facility. Until further notice, we ask all members to make an appointment to limit the overall occupancy of the facility, and use will be limited to the hours of 6:00 a.m. to 5:00 p.m. Monday through Friday.
- We are scheduling an outdoor event for the Members Association in May. More details to follow.
- Beginning in May we will resume our new member receptions.

Thank you all for your cooperation. This continues to be a community effort, and we would not be where we are today without all of you doing your part.

- Please remember that all visitors to the campus must continue to be screened at the IC.
- Continue to exercise caution as you make travel plans both locally and to other areas of the country.
- Continue to be safe and follow guidance. Be vigilant when in public and in other group settings.

Jim Schenck, VP for Independent Living

**CABLE TV UPGRADE**

As many heard during Craig's comments to the Membership Association, we are in the process of changing the cable system and programming. In early May work will begin on the cable distribution to upgrade various pieces of equipment, as well as to install new equipment to insure better reliability and quality of service. We are changing vendors, which does bring with it some changes in programming, and for many of you it will eliminate the need for a receiver box.

By the time you read this, each on-campus independent living resident should have received some information on the new system and channel lineup, as well as the new rates, which will take effect on July 1. We would also like to get some information about your TV to assist in the transition to the new system: your TV's make and model, the style (LED flat screen or tube TV), and the year your TV was purchased.

Normally we would hold several large meetings to handle questions and to communicate with you about the changes. With our current limit on group sizes, I plan to try to communicate with folks in written form. However I do plan to hold one or more in-person meetings with folks. These meetings will be for groups of approximately 40 people and will be by reservation.

Jim Schenck, VP for Independent Living

**ACV EVENTS**

**Friday, April 30**

Bible Study — 9:30 a.m. — BC  
 Sit 'N Stitch — 2:00 p.m. — CH

**Saturday, May 1**

Movie Matinee — 2:00 p.m. — OPR

**Sunday, May 2**

Worship Service — 9:40 a.m. — VC  
 Bruce Strickland C.E. Class — 11:15 a.m. — BC  
 First Principles C.E. Class — 11:15 a.m. — SMR/DR  
**VC Discovery Class — 3:30 p.m. — BC**  
**WH&FMS Council Meeting — 4:00 p.m. — VC Room 5**

**Monday, May 3**

Ceramics — 2:00–4:00 p.m. — PCS

**Tuesday, May 4**

Men's Bible Study — 8:30 a.m. — VC  
 Bus Trip: Walmart & Publix — 8:45 & 9:00 a.m. — CH & DH (sign up at the IC)  
 Bus Trip: Walmart & Publix — 1:15 & 1:30 p.m. — CH & DH (sign up at the IC)

**Wednesday, May 5**

Ceramics Shop Elves — 9:00–11:00 a.m. — PCS  
 VCBI Shepherding Class — 10:00 a.m. — BC  
 Prayer Meeting — 6:00 p.m. — BC  
 Chancel Choir — 6:30 p.m. — VC

BA	Butterfield Acres	DH	Dowling House	IC	Information Center	RDR	Rumph Dining Room
BC	Bixler Chapel	DM	Dacier Manor	JKPL	Jo Kennon Public Library	RV	Smith Riverview Apartments
CB	Chriss Building	DMA	Dowling Manor	MS	Member Services	RW	River Woods
CH	Carter House	DR	Depot Room	OPR	Old Pavilion Room	SMR	Sawmill Room
CCC	Copeland Community Center	ET	Edgewood Terrace	PCS	Polk Ceramics Shop	VC	The Village Church
CMC	Copeland Medical Center	GSC	Good Samaritan Center	POP	Park of the Pines	VS	Village Square

## National Nurses Day

Thursday, May 6

Bus Trip: Walmart & Publix — 8:45 & 9:00 a.m. — CH & DH (sign up at the IC)

Suwannee County Tax Collector — 9:00 a.m.— 4:00 p.m. — VS

VCBI Acts Class — 10:00 a.m. — BC

Bus Trip: Walmart & Publix — 1:15 & 1:30 p.m. — CH & DH (sign up at the IC)

National Day of Prayer Service — 3:00 p.m. — VC

Friday, May 7

Bible Study — 9:30 a.m. — BC

Sit 'N Stitch — 2:00 p.m. — CH

### MOVIE MATINEE

Saturday, May 1, 2:00 p.m. - OPR

The Queen has declared that no one in the kingdom may wed until her son, Prince Dauntless, is happily married. But when the royal's incredibly difficult tests deem each candidate unworthy, Sir Harry fetches the unlikely Princess Winnifred to be the next applicant. As the Queen devises her most difficult test yet, Prince Dauntless falls in love, and several members of court conspire to help "Fred" come out on top. 2005 musical. 96 mins. Rated PG. The Village Church is able to show this movie because it is covered by their CVLI license, which also prohibits the advertisement of the movie's title and actors' names.

## EVENTS HERE AND THERE



### JO KENNON PUBLIC LIBRARY

386-658-2670

Monday–Friday 9:00 a.m.–5:00 p.m.

Closed Saturday and Sunday

Face coverings are *required* and social distancing guidelines will be followed. Please return Hotspots and Launchpads *inside* the library, all other items can be returned inside or in the outdoor book drop.

#### Mother's Day Gift Basket Drawing

Mother's Day is quickly approaching! A beautiful gift basket has been donated to the library by Pat Mathews for a drawing. You can enter simply by coming into the library and filling out an entry form. Each person may enter the drawing once per day. Entries will be accepted through Wednesday, May 5. The winner will be notified on Thursday, May 6. You do not have to be present to win.

**There's something for everyone at the JKPL!**

#### New Books

*A History Lover's Guide to Florida* — Find an abundance of places to explore and fascinating facts. Trace the state's long and colorful history from Pensacola to the Florida Keys in this new book from one of Florida's leading historians, James C. Clark. *Little Wishes* — A feel-good love story, full of warmth and tenderness about first love, second chances, and the courage to follow your heart. *The Russian* — James Patterson's latest addition to the Detective Michael Bennett series. An upcoming wedding, a string of murders, and an assassin with a lethal vow of his own all converge in this thrilling new crime novel. *Montana Territory* — John Hawk, former U.S. Army scout raised by a Blackfoot tribe, sets out to find a mule train that has gone missing. When he finds it, the train appears to have been ambushed by a savage band of outlaws. Now it's up to Hawk to stalk the killers across the lawless Montana territory — alone. No backup. No cavalry. No mercy.

#### Explore the Library's Databases

Whether you are looking for your ancestral heritage, a Chilton Auto Repair manual, or what to read next, jump online and check out the *free* digital resources provided by your library. The Suwannee River Regional Library system provides access to a variety of databases, all

you need is your library card number. Visit [srrlib.org](http://srrlib.org) and click on the Digital Resources link on the upper left-hand side of the page. Best of all, they are available 24/7!

### Questions about Medicare, Medicaid, and Health Insurance?

SHINE (Serving Health Insurance Needs of Elders) is a free program offered by the Florida Department of Elder Affairs and your local area agency on aging. Specially trained volunteers can assist you with your Medicare, Medicaid, and health insurance questions by providing one-on-one counseling, and information. SHINE services are free, unbiased and confidential. Get answers to your questions by signing up for a virtual appointment. Appointments are available Monday, May 10, at 1:00 p.m. or 2:00 p.m. at the JKPL.

#### Display Art

- ❖ Our display case and artist's easel will be changing soon. If you haven't been in this month to see the collector plates or the beautiful photograph of the Western Spiderwort flower, there's no time like the present.
- ❖ In art, the term "retrospective" is defined as an exhibition or compilation showing the work of a particular artist over a period of time. Anne Donohoe's one-woman show is aptly titled *Retrospective* and is on the gallery wall for your viewing pleasure.

## BUS TRIPS

If you wish to ride the ACV bus on these trips, contact the IC to sign up — in person, or by phone at 658-3333. There is no charge for Village members to go on the bus for the regular weekly shopping trips. If you have questions, call Member Services at 658-5400.

Until further notice, bus trips will be limited to nine passengers and ACV members only. Riders must wear a mask over the nose and mouth while on the bus and are encouraged to continue to wear a mask after exiting the bus.

Please be considerate of those who have allergies and limit your use of perfumes, aftershaves, and colognes when riding the bus.

### WEEKLY LIVE OAK SHOPPING TRIPS

Because Publix has relocated near Walmart, until further notice, riders on any shopping trip may visit either Walmart or Publix; the bus will drop off passengers at both locations when needed. Riders need to choose one store or the other; they should not plan to visit both stores on one visit.

Next week, both afternoon trips must fill up before anyone can sign up for a morning trip. The Tuesday morning trip must fill up before anyone can sign up for the Thursday morning trip. We appreciate your cooperation in our effort to keep costs down.

If you ride to town to shop one week, expect to be put on the waiting list if you sign up again the very next week to give those who did not go the week before priority.

Please remember to bring your own bags to Walmart and Publix to assist in keeping everyone's purchases separate.

- **May 4 and 6, Tuesday and Thursday**, Walmart and/or Publix, leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from stores around 4:00 p.m.; return to the Village around 4:30 p.m.
- If needed: **May 4 and 6, Tuesday and Thursday**, Walmart and/or Publix, leave from CH at 8:45 a.m. and DH at 9:00 a.m. Leave from stores around 11:30 a.m.; return to the Village around noon.
- **May 12, Wednesday**, Walmart and/or Publix, leave from CH at 8:45 a.m. and DH at 9:00 a.m. Leave from stores around 11:30 a.m.; return to the Village around noon.
- **May 12, Wednesday**, Walmart and/or Publix, leave CH at 1:15 p.m. and DH at 1:30 p.m. Leave from stores around 4:00 p.m.; return to the Village around 4:30 p.m.



# **DEPARTMENT, SHOP AND CLUB NEWS**

## **THE VILLAGE CHURCH Rev. Sam Worley**

**Church Office - 658-5344 - P.O. Box 4314**

Find our church services on Facebook and YouTube as  
"The Village Church at Advent Christian Village"

**SERMON:** "Meeting Jesus When He Returns"

**TEXT:** John 14:1-6, 1 Thessalonians 4:13-18

**SPEAKER:** Rev. Sam Worley

Join us for Sunday worship at 9:40 a.m. Masks and safe distancing are still necessary at VC gatherings, but all are welcome.

Have you been thinking about becoming a member of the VC? A two-part Discovery Class taught by pastors Sam Worley and Frank Hall is planned for 3:30 p.m. on Sundays, May 2 and 16. Participation in the Discovery Class is required for church membership, but it is also a good way to find out more about our church and how we relate to ACV. Please call the church office (658-5344) to sign up for the class.

There will be a National Day of Prayer service in our sanctuary on Thursday, May 6, at 3:00 p.m.

Mother's Day is Sunday, May 9. In honor of that special day, our youth and children are preparing a dramatic presentation for the morning worship service called "Shine Bright for Jesus, GLOW!" They will also help lead worship that morning.

The following VC groups are meeting this week:

### **Friday, April 30**

9:30 a.m. – Bible Study with Tom Spannagle (BC)

### **Sunday, May 2**

9:40 a.m. – Worship Service (VC)

11:15 a.m. – Adult CE Classes (BC & SMR/DR)

3:30 p.m. – Discovery Class (BC)

4:00 p.m. – WHFMS Council (VC Rm 5)

### **Tuesday, May 4**

8:30 a.m. – Men's Bible Study with Paul Cochrane (VC Rm 5)

### **Wednesday, May 5**

10:00 a.m. – VCBI Shepherding Class (BC)

6:00 p.m. – Prayer Meeting (BC)

6:30 p.m. – Chancel Choir Rehearsal (VC)

### **Thursday, May 6**

10:00 a.m. – VCBI Acts Class (BC)

3:00 p.m. – National Day of Prayer Service (VC)

### **Friday, May 7**

9:30 a.m. – Bible Study with Donald Wrigley (BC)

## **MEMBER SERVICES**

**James Sutter-386-358-5400**

Don't skip over the announcements on Page 2. They are very important. One concerns COVID-19 vaccinations being administered here at ACV today (Friday) and tomorrow!

The bus will go to Live Oak next Tuesday and Thursday for Walmart and Publix shopping as it has been scheduled to do the past couple of weeks. Beginning the next week (May 12), we will return to the regular shopping schedule of going Wednesday morning and afternoon only. The bus will drop off and pick up at both Walmart and Publix in the morning and afternoon, but you should plan to shop at only one location per trip. The capacity limitation of nine passengers and the requirement of wearing a mask continue to be in effect.

Your neighborhood news reporters would love to include your news in their FNN column. Did you go somewhere interesting? Did you meet someone new? Did you experience something of note? Please let your neighborhood reporter know. Just like you enjoy reading about your neighbors, your neighbors enjoy reading about you. If your neighborhood doesn't have a neighborhood reporter, consider becoming one! Below is the current list of reporters:

- BA: James Sutter
- CH: Diane Milnes

- DM: Janice Chapman
- DH: Janice Harris
- DMA & Dowling Park North: CrackerJack Dixon
- ET & Taylor Commons: Sandra Kelly
- POP: Bob Reynolds
- RW: Betsey Ruehl

Did you receive a letter from the IRS and the White House about receiving another pandemic-related stimulus check? Turns out this isn't a scam. President Biden distributed the letter in conjunction with the American Rescue Plan. As long as the websites listed on the letter are [wh.gov/arp](http://wh.gov/arp) and [IRS.gov/coronavirus](http://IRS.gov/coronavirus), and the phone number at the bottom is 800-919-9835, you're safe. Here's a tip: If you'd like to verify the validity of a phone number, Google it to see if it appears on the correct website for the organization. Also, any website that ends in ".gov" ([wh.gov](http://wh.gov), [IRS.gov](http://IRS.gov) and [SSA.gov](http://SSA.gov) for instance) is always safe because only government organizations can register that type of domain.

Speaking of letters that are not a scam, neighbors all over the area are receiving invitations to join Nextdoor. Nextdoor is a social network like Facebook, but it groups neighbors by geographic location. Instead of sending email invitations, the network sends physical letters. Feel free to either join or just discard the letter.

The outdoor gathering I have mentioned a couple of times previously scheduled for Tuesday, May 18, has been rescheduled for Tuesday, May 25. I hope you had already marked your calendar, and I apologize for you having to re-mark your calendar with the changed date. There are two other events still taking place May 18 that I hope you will consider attending: a blessing of the garden at the ACV community garden in the morning and a Grace Harmony concert at the VC in the evening.

## **Member Services Tip of the Week**

Are you interested in volunteering, or do you have questions about volunteering at ACV? Call Eleanore Catarious at 658-5251.

## **TV2**

I said in last week's FNN that I was hopeful the new TV2 equipment and software would be installed in time for a live broadcast test this Sunday morning, but the equipment arrived later in the week than I had hoped, so it is not very likely. Thank you for your patience.

Someone asked me how the new equipment will affect TV2's broadcast. The time you will see the difference will be during the Sunday morning live broadcast and the Sunday worship replays. Almost all of the regular programming that plays on TV2 is in standard definition format and will not look any better after the upgrade. When new videos are converted for use on TV2, those programs should look much better.

## **VILLAGE PHARMACY**

**Lee Anne Tadlock-386-658-5860**



We are so glad to announce our re-opening and can't wait to finally see you face to face. We are having a raffle for in-store purchases (not including prescriptions) with many chances to win. We will be doing this beginning Monday, May 3, and will continue throughout the week. We will be serving beverages and cookies, and we hope you will come visit us and win a wonderful prize. Attached to our flyer on Page 9 of this FNN, you will find a coupon that you can cut out and redeem for \$15 off one OTC item. We are glad we are at a junction that we can finally open our doors and you can come in person and pick up your prescriptions again. We ask that you wear a mask and remember safe distancing.

## **VOLUNTEER SERVICES**

**Eleanore Catarious-386-658-52513**

The secret of happy people ... It's not professional or financial success, according to a 25-year study published online by the *Proceedings of the National Acade-*

*my of Sciences.* Instead, it's community involvement, healthy relationships, and helping — all of which can be incorporated into one important word: **volunteering.** Social connectedness helps seniors stay healthy whether it's lending a hand to friends and neighbors or **volunteering.** Maintain social contact by planning your day to include others. Send e-mails to friends and family. Reach out by being a volunteer, and give of your time, talents, commitment, willingness, compassion, efforts and more.

Happiness is a habit ... Live a simple life. Avoid self-seeking and selfishness. Train yourself to think clearly and accurately. See the other's viewpoint. Divert your mind from self-centeredness. Be grateful. Begin the day with gratitude for opportunities to serve others in a meaningful way. Be interested in others. There is no greater joy in life than to render happiness to others. Live one day at a time. Make the most of today. Remember your manners. Always say "please" when making a request.

Keep close to God ... Happiness keeps you sweet, trials keep you strong, sorrows keep you human, failures keep you humble, and success keeps you glowing.

Volunteers, it is time to calculate your volunteer hours for April and mail them to me at P.O. box 4304 for tallying. Just fold the blue form in half — no need for staples or tape. Your input is very important. Please guesstimate if necessary. A heartfelt thanks to all of our volunteers. This has been an incredible year, and your cooperation has been outstanding.

"To love what you do and feel that it matters — how could anything be more fun?" Kathryn Graham.

## **TWICE NICE FURNITURE & MORE**

**Verna Piper, Reporter**

BIG sale coming! We will be open Saturday, May 1, 8:00 a.m.–noon for you to shop our sales. Look for 1/2 price items! Shop our clothing for \$2.00 each piece.

## **GARDEN CLUB**

**Sandra Kelly, Reporter**

The Garden Club would like to share a special happening planned for May 18 at 10:00 a.m. at the community garden. Pastor Worley will be giving a garden blessing for us. This is the first of what we hope will be an annual event. Jack Jones and Cindy Hett have planned a participatory program built around Pastor Worley's dedication.

The gardens are green and growing with all kinds of vegetables and flowers. Personally, I never give up on tomatoes even though I know they don't do especially well in this soil. I also like to try new things, so this year I have planted some Brussels sprouts. I know many of you love them, but this is a first for me. I am also trying to put together a history of the garden.

If you were involved in the early creation or functioning of the ACV garden, I would love to talk to you. Give me a call at (850) 766-3133.

As you may be aware, the garden is planned so that even if you can't bend or kneel, there is a space where you can cultivate and grow plants. Come and see the possibilities!

## **VILLAGE VOICES**

**Nancy Seale, Reporter**

Looking up into the sky in the predawn hours this past Friday morning, I witnessed an accomplishment worthy of *celebrating.* The launch of the Space X rocket was scheduled for early Thursday morning, however, all systems were not "go for launch". The launch was postponed for 24 hours, and all systems *were* go for Friday's launch for its journey to the ISS.

A small group of Village folk were on hand to view this miracle of modern science technology. No one was disappointed by the delay, for the view from the field between the swimming pool and the communication tower was spectacular. Even better than it would have been on Thursday due to less cloud cover. A sense of anticipation was evident due to the scrubbed launch from the previous morning.

I have my mother to thank for instilling in me the wonder of the skies and the thrill of watching "Echo", a metalized balloon communication satellite

which launched on Aug. 12, 1960. It was a game-changer in the field of communications; the 100-foot-in-diameter satellite was to serve as a reflector, allowing a signal sent from Earth to "bounce off" of it and return the signal back to the ground. At that time, Eisenhower was the president and had the honor of being the first person to send a message to radio operators across America by using Echo.

Our local paper gave the sighting times for our area and, when visible, my mother and I would rouse from sleep to watch its trip across the sky. That giant balloon was the coolest thing in space at that time.

It is no wonder that I still set my clock to get up while the skies are dark to go and meet friends so that we can look up into the skies and see the accomplishments of modern day science technology. From the lowly Echo to the marvel of Space X, another reason for *celebrating.* A lot has happened in the past 60 years.

I hope that the next time a launch is scheduled more of you will join in *celebrating* the marvel of space travel from within the gates of ACV by watching from the field behind the swimming pool. A sight to behold indeed! There is plenty of room for you! Come on out and join us.

As you complete your submissions for the upcoming edition of *Village Voices*, you may email me at basketcasenan51@gmail.com. If you are in need of a friendly face, you may use the submission envelope in MS.

## **NEIGHBORHOOD NEWS**

### **BUTTERFIELD ACRES**

**James Sutter, Reporter**

We have two BA birthdays this week: Doug Lucas on the 5th and Martha-Jean Emslie on the 6th. We also have three wedding anniversaries to celebrate: Traci and Kevin Nissley on the 1st, Dot and Stevan Shuman on the 2nd, and Keri and Jason Hilliard on the 7th. Happy birthday and happy anniversary!

This week, I happened to walk by as our newest BA neighbors were visiting their house at 22939 102nd Trace after just having signed the mortgage papers. Unfortunately, my memory isn't good enough to remember their names, so you're going to have to stop by to find out what they are yourself. Take a pie or some toilet paper and welcome them to BA.

I was also informed this week that Amy Hancock, who is taking over the Village barbershop (she opens on Monday; call 647-6240 to make an appointment), lives on 102nd Trail in BA.

It will be nice when we can start having BA get-togethers again to get to know those who have moved into the neighborhood over the past year.

### **CARTER HOUSE**

**Diane Milnes, Reporter**

I finally got to visit another lady. Her name is Diane Starke. We had a good visit. Something funny though: I am deaf in my left ear, she is deaf in her right ear, and her dog is deaf in both ears.

The Sunday worship service was good. I really love being in church every Sunday. I enjoy seeing people that live outside the Village.

I enjoyed Sunday lunch that was very good. A lady in front of me in line asked me to eat lunch with her. I said sure. Then another lady came and joined us for lunch. Then my cousin, Glynn, joined our table. It was all fun.

Please continue to pray for the people recovering from illness or grieving the loss of loved ones.

### **DACIER MANOR**

**Janice Chapman, Reporter**

Dear readers, visitors through April were noted in last week's column. We have no new workers, residents, activities or birthdays so far in May. We are well cared for and thank our resident aides, Chaplain Arnold, and our manager, Crystal Delcastillo, for individual attention to each person's needs. God will continue to bless you this week. Praise and thanks to Him!

## **DOWLING HOUSE**

**Janice Harris, Reporter**

Sylvia Fraser's son, Brett, took Sylvia to a wedding near Atlanta, Georgia.

Sharon Terjung is recovering. We are thankful her surgery went well and pray she will be recovered soon. If you'd like to send her a get-well card, send it to P.O. Box 4325.

We can never say thank you enough to our first responders, Barbara, Donna, Leon and Robert. The elevator went out in DH on Saturday and our first responders assisted residents in getting to the appropriate floors. Thanks for all you do!

Thanks to maintenance men Ken and Steve who worked diligently to repair the elevator with no success. A part has been ordered, and we pray it will be working again by the time you read this.

Have you met Joyce Finch? She has been an Advent Christian since childhood and had a grandfather and uncle who were pastors for the denomination. She came to us from Sebring, Florida, where her sister lives. She has previously lived in RW twice. Prior to coming here, she loved to work in the yard with her beautiful flowers. We are glad you are here.

## **DOWLING MANOR & DOWLING PARK NORTH**

**Jack "CrackerJack" Dixon, Reporter**

April showers bring May flowers. We have had our share of showers; let's hope the May flowers will be as plentiful.

Other than Don and Joanne Mott's anniversary last week, we have no birthdays or anniversaries to report this week, and nothing to report for next week.

You know what protons are, don't you? Well protons have mass, and I didn't even know they were Catholic! You know they say, "Money can't buy you happiness." Well as for me, I'd just like the chance to prove them wrong! I have found that the nice thing about an egotist is that they don't talk about other people.

From the bumpy, dusty, dead end dirt road, 102nd Place, "Let go and let God," and never forget who is in charge. Isaiah 40:28-31.

## **EDGEWOOD TERRACE**

**Sandra Kelly, Reporter**

Hello again, ET! No personal remembrances this week, but on this day ... in 1945, the U.S. Army liberated 31,601 people from the Dachau Nazi concentration camp in Germany ... in 1975, the U.S. began to evacuate its citizens from Saigon in Operation Frequent Wind in response to advancing North Vietnamese forces, bringing an end to U.S. involvement in the war ... and in 1990, wrecking cranes began tearing down the Berlin wall at the Brandenburg Gate.

We still need to be aware of the prayer needs of our neighbors. Jack Sisk is undergoing some testing today. Carole Kueppers is in her new yard looking her normal happy self, but she is still receiving medical care. Herschel Kelly is recovering nicely from some preventative scalp surgery. Dick McClaine is doing great. He is out and about making the rounds on his walker. Unfortunately, Bill Storey has just been diagnosed with shingles! Somehow, we all seem to fall prey to one medical issue or another. We need to be thankful for the wonderful medical care available to us through the clinic and from the surrounding health care providers from Tallahassee to Gainesville.

Monday evenings at Cleo's Meeting House are going well. Last night there were enough participants to have a dominoes game and a learning session on playing cribbage. If you are interested in cribbage, come on down!

Ann Lance's flower gardens are beautiful. She favored me with two lovely pink roses in a vase. They are not only pretty, but they smell heavenly.

**Keep Smiling, Y'all**

(Again, thanks to Jack Sisk)

- ♦ I find it ironic that the colors red, white, and blue stand for freedom until they are flashing behind you.
- ♦ You're not fat; you're just easier to see.

- ♦ I think my neighbor is stalking me as she's been Googling my name on her computer. I saw it through my telescope last night.
- ♦ Money can't buy happiness, but it keeps the kids in touch.

Laugh a little, then get out and enjoy the gorgeous days we are having.

## **PARK OF THE PINES**

**Bob Reynolds, Reporter**

There are no celebrations in POP this week, but look to other areas if you really want to send a card or two. I'm sure you'll find someone around here that will appreciate a card or even a gift card for one of our shops.

The process of sighting an egg or worm and then looking every day as it turns into a "whatever", well you butterfly enthusiasts know what I mean, and somehow it becomes a beautiful flying creature. Wow, what a description, eh? Actually, their four stages are egg, larva, pupa and adult. Liz's butterfly garden is busy supporting these wonders. There are some beetles, bugs, bees, etc. that appreciate these creatures as the eggs are not protected and consequently become breakfast for others. Liz has facilities for the "worms" that let them mature and wiggle out of their covering to become a "wet" butterfly. Even at this stage they are vulnerable to other creatures, but shortly their wings dry and off they go. What a life!

The grounds around the Village look very nice. I noticed that some areas that had more than their share of pine cones had been cleaned up, and that certainly makes a difference in that area's appearance. Thanks, guys! The grapevine area also looks like a professional job of housekeeping. I think August is the time for the grapes to be ready for canning jars, but then, what do I know? I get them at the store.

## **RIVER WOODS**

**Betsey Ruehl, Reporter**

No phone calls and no emails must mean no news! I have seen some RVs in the area, so it must be trip time for some. Stay safe and healthy, have fun, and hurry back to those traveling.

Welcome Jack and Anna Weaver and their dog, McClintock "Clint", from Columbus, Ohio. We look forward to getting to know you.

My headline: It is noisy in this neighborhood. We hope to have some baby birds any day now, we think. Mom built a nest in one of our hanging baskets. All the other birds are so cheerful in song, we fear we may miss hearing the newest voices when they hatch.

Turtle watch: Last week we saw a turtle on the pond side of Wildwood Drive approaching Marvin Jones Blvd.

Tom and Sandy Spannagle have begun a Bible study class at the local prison. We hope it brings comfort through knowledge to those attending.

Alert: The Lopin' Gopher made THE BEST cheesesteak last week. My husband raved about it for days. Newcomers, note that they also make great Reubens and pizza.

Calendar quote: "Kindness is loving people more than they deserve."

## **FOR YOUR INFORMATION**

### **HAIR CROPPERS**

Hair Croppers is officially offering acrylic nail services. Call (386) 249-3515 to make an appointment!

### **OPENING MAY 3 SQUARE CUTS & MORE**

**Hair by Amy Hancock**

Located in what was formerly the Village Barber Shop, Amy brings 27 years of hair care experience to the VS.

Square Cuts & More's hours of operation will be Monday, 11:00 a.m.-6:00 p.m., and Tuesday and Wednesday, 10:00 a.m.-5:30 p.m. Appointments are preferred (call 386-647-6240). Walk-ins are welcome. Don't forget to wear your mask.



# THANK YOU

A big THANK YOU to our rescuers who showed up immediately, out of the kindness of their hearts, to fix a flat tire. Thank you to John from maintenance who did all the hard work getting the spare out from under the truck and replacing the flat tire. Thank you Tessy who supported and encouraged John and made us all laugh! Thank you to Steve Banks who went to find a flat jack and provided an impact wrench. Thank you, Will Doe, who took Pedro home to return with an air pressure kit to inflate the spare tire.

You are all truly appreciated! You made a stressful time into a blessing! God set our steps! May God bless you all abundantly.

Tom Branan and Kathy Bochow

Dear friends, thank you for the thoughtful cards and flowers that were sent to us on our 38th anniversary. We are so blessed to have moved here 22 years ago and to be surrounded by such a caring community.

Don and Joanne Mott

I appreciate all the cards and good wishes that I received for my birthday. Thank you so much.

To correct a statement in last week's FNN, I do not have a favorite sister. I love Sue Lazar and Jean Snyder equally, as well as my brother and sister-in-law, Dick and Nancy Beggs.

Barbara Rawls

# MISCELLANEOUS

**PLEASE NOTE:** All submissions to the FNN must have a name attached for communication purposes. We cannot publish anything submitted anonymously. If you prefer to not have your name included with the listing in the FNN, indicate that on the submission.

**FOR SALE:** Now available, from our family to yours, a recipe that's been made at special occasions throughout the years at family gatherings. It's an authentic Key West key lime cheesecake. Single serving is \$4.00; 4-pack is \$14; full cheesecake is \$20. We will gladly deliver to you. Call Julie at 386-688-5827.\*\*

**LOST:** I have lost my large insulated navy blue shopping bag with Sam's or Sam's Club in white letters on the outside. Last time I saw it was in DH lobby on Thursday, April 13. If you have seen it, please call 561-227-8481 or 386-688-0649.\*\*

**FREE:** Moving boxes: 50 book size, 2 wardrobe, several larger boxes, and packing paper; used but in very good condition. Call Ellen at 658-1937.\*\*

**FOR SALE:** 42X62 plate glass table w/ 4 high back white padded chairs, \$100; over 80 lamps of all styles, concertmate keyboard plus stand, \$60; pair of solid wood side tables, 27x22x21H, \$25 ea.; solid oak desk, 42x17, 4 drawer chest, 29x18 serving table w/ plate

glass shelves, \$30; 13 bldgs. full of stuff in BA. Call David Northup at 658-3207.\*\*

**WHALE COLLECTOR:** Do you collect whales? It is amazing the items that people collect. I may be able to help you with your collection. Call Ann at 386-208-2764.\*\*

**FOR SALE:** Former residence sold and need to sell items. No response, so prices reduced: one table level to eat, solid wood roll top computer desk, must be disassembled to move, 51 inches high, 40-1/2 inches wide, \$40 OBO; floral couch 86-1/2 inches long, 36-1/2 inches wide \$25; Contact Bruce Harris 850-209-6746.\*

**FOR SALE:** Hot iron styling hair straightening brush, like new. Cost \$20, sell for \$10. Call 688-6610.\*

**FOR SALE:** Grocery utility shopping cart w/ wheels and handle to push cart; 14"x15" square, 20" deep, \$25. Cart is used to move your groceries from your car into your apartment. Call Jean at 658-3248.\*

**FOR SALE:** Power wheel chair, Invacare Pronto M41 with sure step, and 2 new batteries. Best offer. Call 386-234-1055.\*

**FOR SALE:** Pride Victory 9 electric scooter, \$1000; Hisense 5500 portable a/c, 1 yr. old, \$150; Carousel slide projector, free. Call 361-205-9399 for more information.\*

**AVAILABLE:** Moving pads. Call Jack or Anna at 614-980-4594.\*

## HAPPY MAY DAY

Here we are at the end of April, and May Day is just around the corner. Throughout the years, there have been many different May Day events and festivities worldwide, most with the express purpose of welcoming in a change of season. May Day 2021 will be celebrated on Saturday, May 1.

### Beltane

The Celts of the British Isles believed May 1 to be the most important day of the year. This May Day festival, Beltane, was thought to divide the year in half, between the light and the dark. When the Romans took over the British Isles, they brought with them their five-day celebration known as Floralia, devoted to the worship of the goddess of flowers, Flora. Taking place between April 20 and May 2, the rituals of this celebration were eventually combined with Beltane.

### Maypole Dance

Another popular tradition of May Day involves the maypole. While the exact origins of the maypole remain unknown, the annual traditions surrounding it can be traced back to medieval times. Villagers would enter the woods to find a maypole that was set up for the day in small towns. The day's festivities would involve people dancing around the pole clad with colorful ribbons.

So now you know, and this gives me the opportunity to say Happy May Day!

CrackerJack Dixon

# SOLUTIONS TO APRIL 23'S PUZZLES

1	F	R	I	S	K	S	7	R	E	A	P	11	R	O	W		
14	L	A	G	U	N	A	15	E	L	S	A	16	I	S	H		
17	U	P	O	N	E	S	18	A	L	L	E	Y	19	G	T	O	
20	K	E	S	H	A	21	A	P	C	H	E	M	22				
23	L	E	24	A	25	T	26	E	27	A	L	T	O	28			
29	O	P	E	N	30	I	31	T	32	E	M	P	L	O	Y	33	
34	I	N	F	35	C	U	36	R	37	S	O	R	38	T	O	E	S
40	L	E	T	41	T	U	42	C	43	E	J	O	B	H	U	N	T
44	S	A	N	E	45	C	46	A	47	V	I	A	R	48	A	R	I
49	O	N	T	50	I	M	51	E	52	M	A	T	R	O	N	53	
56	F	L	O	R	57	A	58	L	59	T	A	B	L	E	60		
61	A	D	U	62	D	63	W	N	64	T	O	E	A	65	66	T	H
67	N	I	B	68	E	C	H	O	69	N	A	T	U	R	E	70	
71	G	E	T	72	R	O	A	R	73	D	R	Y	E	Y	E	74	

	1	2		4	3		8	7
5	3	1	7	6	4	2	9	8
3	2	8	6	7	5	4		
2			8	9		3	4	5
4	6	5		8	7		3	2
9	8	7	4	5	6		2	1
	7	6	5	3	9	8	1	
7	5	4	2	1	8	9	6	3
8	9		3	2		6	5	4

6	4	8	5	2	9	3	7	1
5	9	1	7	3	6	2	8	4
7	3	2	1	8	4	9	6	5
1	2	6	8	9	5	7	4	3
4	5	3	2	6	7	1	9	8
8	7	9	3	4	1	6	5	2
2	1	5	9	7	8	4	3	6
3	6	7	4	5	2	8	1	9
9	8	4	6	1	3	5	2	7

# CROSSWORD

## ACROSS

- 1 Igloo shape
- 5 Least satisfactory
- 10 Boars' mates
- 14 Did a takeoff on
- 15 "Christina's World" painter Andrew
- 16 Witty remark
- 17 \*Divisive political topic
- 19 Useful Word command for the error-prone
- 20 "Good \_\_\_!": Charlie Brownism
- 21 Immature newt
- 22 Cake decorator
- 23 Biological pouch
- 24 \*Want-ad heading in the London Times, perhaps
- 28 MADD ads, e.g.
- 29 Gerbil or hamster, often
- 30 I-90 in Mass., say
- 33 Defrost
- 36 Slack-jawed
- 40 \*Get up and running, digitally
- 43 Vowel-heavy goodbye
- 44 Truck stop vehicle
- 45 About to arrive at
- 46 Monopoly quartet, briefly
- 48 HQs for B-52s
- 50 \*Interrogate persistently
- 55 Nor. neighbor
- 58 Morales of "Ozark"
- 59 Female in the fam

- 60 "Darn!" and "Dagnabbit!" are mild ones
- 62 Easy win
- 63 "Stand up!" ... and a hint to the beginnings of the answers to starred clues
- 66 "My treat"
- 67 Double-curved arches
- 68 Starting poker pot contribution
- 69 Sign of joy, maybe
- 70 \_\_\_-Dame de Paris
- 71 Went up

## DOWN

- 1 Georgia team, in sports headlines
- 2 "Aida," for one
- 3 Battlefield doc
- 4 Beat by a hair
- 5 Early 20th-cent. conflict
- 6 Yiddish laments
- 7 Start-over button
- 8 Assorted items
- 9 Place to take it from?
- 10 Water pistols
- 11 Part of a pound
- 12 Add a lane to, say
- 13 Hurling or curling
- 18 Failing grades
- 25 Wood strip
- 26 Campfire remnants
- 27 Harvest
- 28 Guy in a popular tongue-twister
- 30 Not yet known: Abbr.

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17				18							19				
20							21				22				
23					24	25	26				27				
			28						29						
30	31	32			33		34	35		36		37	38	39	
40					41					42					
43							44					45			
				46		47			48		49				
50	51	52					53	54					55	56	57
58							59				60	61			
62							63			64	65				
66							67						68		
69							70						71		

- 31 Pea holder
- 32 Decorative fish
- 34 Pro
- 35 Wonder \_\_\_
- 37 Had
- 38 Princess' bane, in a fairy tale
- 39 Goof
- 41 Grass-and-roots layer
- 42 Tick off
- 47 "Already?"
- 49 Ill-mannered sort
- 50 '90s candidate Ross
- 51 Me.-to-Fla. route
- 52 Poppa's partner
- 53 Drummer for John, Paul and George
- 54 "The best \_\_\_ to come"
- 55 Shorthand specialist, for short
- 56 Stimulates
- 57 Cosmetician  
Lauder
- 61 Many miles away
- 64 "\_\_\_ the ramparts ..."
- 65 Take advantage of

# STR8TS

No. 540

© 2021 Syndicated Puzzles

Medium

							9		
			5	8				3	
	1		4						
4		3		5					
6			1						4
				3	8				
7						1			5
					3			5	

How to beat **Str8ts** — Like Sudoku, no single number can repeat in any row or column. Rows and columns are divided by black squares into **compartments**. Each compartment needs to be filled in with numbers that complete a **straight**: a run of numbers that can be in

# SUDOKU

No. 540

© 2021 Syndicated Puzzles

Medium

						6	8	
2		7					5	3
				8	4		9	
	6		5			1		
	3						4	
		4			1		6	
	7		8	5				
6	1					8		2
	4	8						

any order, e.g., 4-2-3-5. Clues in black cells remove that number as an option in that row and column, and are not part of any straight. Blank black cells may represent one number vertically, but a different number horizontally. See last week's solution on the back as an example.





# VILLAGE PHARMACY

LOCATED IN COPELAND MEDICAL CENTER  
386-658-5860 • LEE ANNE TADLOCK, PHARMACIST

**Raffles**  
**for in-store purchases**  
**(not including prescriptions)**  
**Monday–Friday, May 3–7**

**Beverages and Cookies**

**Come visit us!**  
**Win a wonderful prize!**  
**Bring your coupon (below)!**



VILLAGE PHARMACY COUPON  
15% off any one in-store item.  
Excludes prescriptions.

Expires 12/31/2021



# MAY 2021

PLEASE KEEP THIS PAGE FOR THE MONTH OF MAY;  
IT WILL APPEAR THIS WEEK ONLY.

## Birthdays

**4.** Joe Brooks, Frances Flythe\*, Cindy Miller; **5.** Ben Bowen; **6.** Janet Groene, Albert Yale; **8.** Mark Brennan, Faye Decie, Lexie L. Soles; **9.** Steven Heintz; **10.** Janice "Jan" Cuddy, David Vignali; **11.** Marilyn Ludington; **12.** Joel Rutter, Johnny Brown Sr.\*, Mary Carter\*; **14.** Kathy Daniels, Jeannette Parrish; **15.** Dorothy Brenner, Gloria Keller, Vida Martin; **16.** Josephine Baron, Jane Burns, Fred DeVane, Carlene Polk; **17.** Karen Dippolito, Diane Starke; **18.** Ray Brown, Janet Pinder, Charles Ulrey\*; **19.** Charles Johnson; **20.** Patty Davies, Ron Green, James Gutshall, Betty June Kerce\*; **21.** Judy Crankshaw, Betty Buick\*; **22.** Donald B. Wrigley; **23.** Gary Ruehl, Rick Welling, Marjorie Hoffman; **24.** Bob Stross; **24.** Ann Thompson, Allie Hadden\*; **25.** Linda Hasson\*, Nancy West\*; **26.** Marie Anne Armsheimer, Jan Barrows, Jim Rainsberger; **28.** Jacki Lloyd, Margaret White; **29.** Barbara Bland, Doris Cousins, Wilma Cox, Trecia Wade\*, Jan Gurniak; **30.** Joanne Mott, Nancy Nicely, Norman Powell, Helen Whitfill; **31.** Frances Rowe.

## Anniversaries

**2.** Phillip and Becky Mahler; **7.** Stan and Elizabeth Storey, Chuck and Peggy Eckel; **14.** Bruce and Janice Harris; **15.** Rick and Debbie Welling; **16.** Jack and Doris McClain; **18.** Mike and Jan Cuddy, George and Nancy Gearhart; **23.** Dean and Debbie Skinner; **30.** Paul and Petey Briggs; **31.** Albert and Marilyn Yale.

\* Denotes GSC resident. Send cards to P.O. Box 4325.

**FNN purpose:** The *Friendly Neighbor News* (FNN) is published and distributed weekly by the Member Services office with the aid of volunteers. As an official publication of the membership of Advent Christian Village at Dowling Park, Florida (ACV, [www.acvillage.net](http://www.acvillage.net)), its purpose is to inform the ACV community (members, staff and friends) of events, news, and services. The FNN, funded by membership fees, is delivered (without charge) to both on-campus residences and facilities and to residences in the satellite communities of Dowling Manor, Dowling Park North, and Butterfield Acres. Additional copies are distributed to several Village Square locations and to the Information Center for visitors. **FNN ad policy:** ACV members and employees (only) may advertise in the FNN. For ad information, call Member Services at (386) 658-5400. All member and staff ads will be strictly limited to a maximum of eight lines and will be run for two weeks. The ad submission must include the person listing the ad (but does not need to be published). Deadline for submissions is Tuesday by noon of the week for publication unless otherwise publicized and may be sent by email to [FNN@acvillage.net](mailto:FNN@acvillage.net), dropped off in the FNN box near the IC, or delivered to Member Services. **Volunteer editorial staff:** Paul Cook, Verna Piper, and Liz Reynolds. **Electronic distribution:** If you would like to receive the FNN electronically through email, contact Ann Bemby at (386) 658-5400 or [abembry@acvillage.net](mailto:abembry@acvillage.net).

Prices Effective  
4/30- 5/6

Monday-Saturday 9:00am-6:00pm {We deliver - 2:00 PM everyday!} 658-3130

# The Village Grocer

## GROCERY

Lucky Leaf Applesauce	
6/4 oz.	2.69
Mt. Olive Dill Relish	
16 oz.	2.99
Hy-Top Spaghetti	
16 oz.	1.19
Ragu Pizza Sauce	
14 oz.	1.49
Lil Dutch Maid Cookies	
13 oz. {all varieties}	.99
Hy-Top Sugar Free Syrup	
12 oz.	1.49
Mueller's Home Style Yolk	
Free Noodles	
12 oz.	2.69
PowerAde Drink	
28 oz.	.99

## DAIRY

Sun-Up Large White Egg's	
Dozen	1.29
Land-O-Lakes Butter with	
Olive Oil	
7 oz.	2.29

## Produce

Yellow Cooking Onions	
3 lb. bag	1.99
Fresh Green Peppers	
lb.	1.69

Call Today For Your Fresh  
Cooked Rotisserie Chicken!

Whole Chicken	= \$7.99
½ Chicken	= \$4.50
Last Cooking at 2:00 pm	

## FROZEN

**Pictsweet Cut Okra**  
12 oz. 1.79

Stouffer's Dinners  
16 oz. {all varieties} 3.99

## MEATS

Sanderson Farms  
Whole Chickens

lb. 1.29

Boneless Beef Chuck Roast  
lb. 4.99

Lean Baby Back Pork Ribs  
lb. 4.99

Skylark Beef Liver  
lb. 2.29

Bone-In Pork Chops  
lb. 4.99

Sunnyland Thick Sliced Bacon  
12 oz. 3.99

Sugardale Jumbo Meat Franks  
16oz. 1.49

Seabest Swai Fish Fillets  
16 oz. 4.79

## CHEESE OF THE WEEK!

Colby Cheese  
lb. 4.69

This Week's  
Bible Verse

First take the log out of  
your own eye, and then  
you will see clearly to  
take the speck out of your  
brother's eye.  
Matthew 7:5



ADVENT CHRISTIAN VILLAGE  
AT DOWLING PARK

# Retail Shops



All proceeds are used to benefit the ministries of Advent Christian Village.  
All shops are Village-owned, and are operated by volunteers.

## TWICE NICE FURNITURE & MORE

See what we have to furnish your home!



Monday & Thursday  
12:00 NOON to 4:30 p.m.

\*Open 1<sup>st</sup> Saturday of the month 9-12

Located at 23353 County Road 250  
658-5871

Call Larry Wotton for pickup 386-688-6844

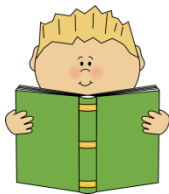
## Riverside Gifts

GREAT SELECTION OF BOOKS, GIFT IDEAS,  
CLOCKS, AND IDEAS FOR CHILDREN

\*JEWELRY FOR THAT NEW SPRING OUTFIT

FOR YOU MYSTERY READERS, WE HAVE MANY SELECTIONS  
FROM OUR LOCAL AUTHORS: DAVID & DIANE MUNSON

10:00am - 2:00pm



We accept major credit cards.

386-658-5771  
In our lovely Village Square  
Mon. - Fri. 10 a.m. - 2 p.m.

## Twice Nice Shop

658-5271

OPEN MONDAY TO FRIDAY  
10:00a.m. - 2:00p.

LADIES SKIRTS 50% OFF  
LADIES SLACKS \$2.00 EACH



Attention Wednesday Shoppers!

Every Wednesday  
you will have a chance to draw for a discount  
of 20%, 30%, 40%, or 50% on  
your total purchase of \$15.00 or more.

Gift Certificates are available.  
Credit Cards accepted on items of \$10 or more.

## THE RUSTIC SHOP

EST. 1972

We specialize in quality, hand-crafted items made at ACV

New Selections of Lamps just Arrived!



Bring in items for alterations anytime  
Hemmings, rips, etc. done on Wednesdays  
From Noon until 2:00

We accept major credit cards.  
Monday to Friday 10:00 a.m. - 2:00 p.m.  
in the Village Square.  
658-5273



**April 30–May 7, 2021**

**FRIDAY, 4/30**

- \$1.99 Soup:** Mediterranean Vegetable Soup
- \$5.10 Entrées:** Golden Fried Catfish, ♥Herb Roasted Chicken, Ole Polenta Casserole
- \$0.95 Sides:** Baked Sweet Potato, California Blend Vegetables, Baked Beans, Coleslaw, Potato Salad, Cheese Grits, Hushpuppies, Dinner Roll
- \$2.18 Desserts:** Banana Cake and NSA Apple Pie

**SATURDAY, 5/1**

SERVED AT **THE LOPIN' GOPHER**  
D E L I

- \$1.99 Soup of the Day**
- \$6.00 Blue Plate Special:** Shepherd's Pie, Glazed Carrots, Beets, Corn Muffin, Assorted Desserts, and a Fountain Drink

**SUNDAY, 5/2**

**Single-Pass Buffet Service | Members \$7.00 | Beverage Included**

- Entrées:** Golden Fried Chicken, Baked Chicken, Glazed Ham with Pineapple
- Sides:** Macaroni and Cheese, Italian Green Beans, Mashed Potatoes with Gravy, Chef Blend Vegetables, Dinner Roll
- Desserts:** Assorted Cakes and Pies, NSA Assorted Desserts

**MONDAY, 5/3**

- \$1.99 Soup:** Bacon Cheese Soup
- \$6.10 Special:** Salad Bar or Pizza Bar
- \$5.10 Entrées:** ♥Beef with Orange Glaze, Pork Chop Fiesta, Turkey Broccoli Crumble Casserole
- \$0.95 Sides:** Carrot Soufflé, Broccoli, Rosemary Red Potatoes, Bowtie Noodles, Dinner Roll
- \$2.18 Desserts:** Cinnamon Baked Apples, NSA Chocolate Pudding

**TUESDAY, 5/4**

- \$1.99 Soup:** Mexican Corn Soup
- \$5.10 Entrées:** ♥Beef Cubed Steak, Seafood Hali-a-Bake, Ham Fettuccini Carbonara
- \$0.95 Sides:** Macaroni and Cheese, Diced Parsley Potatoes, Roasted Asparagus, Roasted Cauliflower and Butter Sauce, Dinner Roll
- \$2.18 Desserts:** Lemon Pie, NSA Orange Angel Food Cake

**NOTE:** Prices listed are the retail cost per item. ACV members who present their ID badge at the cash register will receive a 10% discount. Menu is subject to change. Individual beverage cost: \$1.25.

♥=Healthy Choice

NSA=No Sugar Added

# Rumph Dining Room Midday Dining Menu

April 30–May 7, 2021

## WEDNESDAY, 5/5

- \$1.99 Soup:** Lentil and Bacon Soup
- \$6.10 Special:** Salad or Potato Bar
- \$5.10 Entrées:** ♥Lemon Herb Cod Fish, Golden Fried Chicken, Hamburger Supreme Casserole
- \$0.95 Sides:** Oven Browned Potatoes, Garden Blend Rice, Hazelnut Acorn Squash, Creole Cabbage, Corn Muffin
- \$2.18 Desserts:** NSA Fruit Pie, Strawberry Shortcake

## THURSDAY, 5/6

- \$1.99 Soup:** Cream of Broccoli Soup
- \$5.10 Entrées:** ♥Glazed Pork Chop, Breaded Beef Liver and Onions, Three Cheese Beef Lasagna
- \$7.00 Premium:** Deep Fried Tiger Shrimp
- \$0.95 Sides:** Medley Blend, Grilled Squash Mix, Confetti Rice, Tri-Color Pasta, Garlic Toast, Dinner Roll
- \$2.18 Desserts:** Chocolate Chip Cookies, NSA Peach Crisp

## FRIDAY, 5/7

- \$1.99 Soup:** Chicken Noodle Soup
- \$5.10 Entrées:** Golden Fried Catfish, ♥Hamburger Steak, Pizza Deluxe
- \$0.95 Sides:** Coleslaw, BBQ Baked Beans, Cheese Grits, Sesame Glazed Green Beans, Potatoes O'Brien, Macaroni Salad, Hushpuppies, Dinner Roll
- \$2.18 Desserts:** Apple Cobbler, NSA Orange Gelatin Delight



### **\$7.00 WEEKDAY VALUE PLATE**

Includes 1 entrée, 2 sides, bread,  
and a fountain drink.

Working ACV employees receive a \$1.50 discount.

Ann & Quinton  
*Rumph*  
DINING ROOM

**658-5259**

**Mon–Fri:** 11:00 am–1:00 pm  
**Sunday:** 10:45 am–1:00 pm

**THE LOPIN' GOPHER**  
D E L I

**658-5259**

**Mon–Fri:** 7:30 am–1:30 pm | 2:15–6:00 pm  
**Saturday:** 7:30 am–1:30 pm | 2:15–6:00 pm  
**Sunday:** 7:30–10:00 am | 2:15–6:00 pm

Village  
*Café*

**658-5777**  
**Closed until  
further notice**

## WATER ACTIVITIES

**AQUATONE:** Aquatone is a water therapy class for people suffering from the pain of arthritis. This class uses a protocol from the Arthritis Foundation. If you experience pain associated with arthritis, or you are new to aquatic exercise, this is a great class to join.

**JACUZZI:** Water temperature ranges from 100 – 110 degrees. Please limit time to 15 minutes per session. No children 5 and under. Please observe posted rules.

**LAP SWIMMING:** Lap swimming is excellent exercise for toning and strengthening the entire body. It is also great for the most important muscle in your body...your heart! Lap swimmers have priority during designated times. Please check the reverse side for lap swim times. **80 pool lengths = 1 mile**

**WATER AEROBICS:** This class is designed to increase your heart rate in order to strengthen your cardiovascular system. This class also includes stretching and muscle strengthening exercises.

**WATER VOLLEYBALL:** This group plays every Tuesday and Thursday at 3:00 PM.

**Copeland membership required.** You do not need to join a team; just come! **If you are 18 or older**, come join us! We need all the help we can get!

## WEIGHT ROOM

**FITNESS BASICS:** Copeland Center staff is available to assist members with the machines in the exercise room. If you are interested, please call the CCC at 658-5555.

## WALKING

**1¼ LOOP:** Start at Copeland – end at Copeland. This great beginner's trail is well marked for you.



**Monday, Wednesday & Fridays**

9:30 AM – 11:30 AM

Harmony Center Court

*(by the outdoor pool)*

**Pickleball** is a racquet sport for all age groups and levels. It combines elements of badminton, tennis, and table tennis. Come out and watch or join in the fun!

## EXERCISE

### **EXERCISE CLASS:**

This class is on TV2 at 2:00 p.m. Monday-Friday.

Exercises are done seated or standing by a chair for support on TV2. If you are just beginning an exercise program, this is a great class to try!

### **TABLE TENNIS at MPR/CCC:**

Table Tennis helps you build strength, coordination, and sharpens your brain without risking serious injury. It is a fun and easy way to burn calories and enjoy social time. The table is always up in the multi-purpose room, so bring your friends and enjoy!

# Stretching

*with Joyce Berra  
on DVD*



on **TV2** Monday-Friday at 3:00 pm  
& in the **CCC** Multi-purpose room  
Tuesdays & Thursdays 8:30 – 9:30 AM

**Stretch and strengthen your body;  
release tension; ease your mind!**

*This is a gentle class that focuses on posture,  
breathing, and relaxation.*



## Copeland Community Center (386) 658 - 5555

Monday-Friday 6:00 AM – 5:00 PM

### ACV Health & Fitness Activities

Days	Activity	Location	Time	Group Leader
M-F	Lap Swimming	Copeland Pool	6:00-8:00 AM	
M	Step/Walking	MPR/CCC	8:45-9:15 AM	Jordan Esco
WF	Ab Workout	MPR/CCC	8:45-9:15 AM	Jordan Esco
MWF	Water Aerobics	Copeland Pool	9:30-10:00 AM	Jordan Esco
MWF	Aquatone for Arthritis	Copeland Pool	10:05 AM	
T TH	Stretching <i>with Joyce Berra</i>	MPR/CCC	8:30–9:30 AM	Video
MWF	Open Swim	Copeland Pool	11:00 AM – 5:00 PM	
T TH	Aqua tone for Arthritis	Copeland Pool	2:00 PM	David Burch
T TH	Water Volleyball	Copeland Pool	3:00 – 5:00 PM	
T TH	Open Swim	Copeland Pool	8:00 – 2:30 AM PM	
M-F	CCC Shuffleboard	Copeland Courts	Inquire at CCC front desk for equipment.	
M-F	CCC Tennis Courts	Call 658-5555 to schedule a game.		

### Class updates

**T TH Aqua tone for Arthritis at 2** needs more people in order to start back up



**CCC will be closed Monday, May 31st in observance of Memorial Day.**