

AUGUST 2022



PROVIDENCE REC CENTER POOL CALENDAR

7525 Marc Drive Falls Church, Virginia 703-698-1351 [Providence Rec Center](#)
AQUATICS DIRECTOR: BORIS AREVALO (BORIS.AREVALO@FAIRFAXCOUNTY.GOV)

| SUNDAY 9am-6pm | MONDAY 6:30am-9pm | TUESDAY 6:30am-9pm | WEDNESDAY 6:30am-9pm | THURSDAY 6:30am-9pm | FRIDAY 6:30a-9pm | SATURDAY 9am-6pm |
|---|--|--|--|--|--|--|
| | 1 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 2 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 3 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 4 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 5 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 6 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9AM-1PM OPEN SWIM 1PM - 4:30PM |
| 9AM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS, CLASSES OR CAMPS IN POOL | | | | | | |
| 7 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9AM-1PM OPEN SWIM 1PM - 6PM | 8 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 9 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 10 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 11 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 12 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 13 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9AM-1PM OPEN SWIM 1PM - 4:30PM |
| 9AM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS, CLASSES OR CAMPS IN POOL | | | | | | |
| 14 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9AM-1PM OPEN SWIM 1PM - 6PM | 15 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 16 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 17 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 18 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 19 CLASSES & LAP SWIM ONLY 9AM-12PM CAMPS 12PM- 4PM | 20 NO SWIM CLASSES OPEN SWIM 9AM - 6PM |
| 9AM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS, CLASSES OR CAMPS IN POOL | | | | | | |
| 21 NO SWIM CLASSES OPEN SWIM 9AM - 6PM | 22 OPEN AND LAP SWIM 6:30AM-4PM | 23 OPEN AND LAP SWIM 6:30AM-4PM | 24 OPEN AND LAP SWIM 6:30AM-4PM | 25 OPEN AND LAP SWIM 6:30AM-4PM | 26 OPEN AND LAP SWIM 6:30AM-4PM | 27 NO SWIM CLASSES OPEN SWIM 9AM - 6PM |
| 4PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS, OR CLASSES | | | | | | |
| 28 NO SWIM CLASSES OPEN SWIM 9AM - 6PM | 29 OPEN AND LAP SWIM 6:30AM-4PM | 30 OPEN AND LAP SWIM 6:30AM-4PM | 31 OPEN AND LAP SWIM 6:30AM-4PM | Fall Early Registration begins August 2nd at 9am, Online and Phone. Falls Classes Session 1, will start August 29th | | |
| 4PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS, OR CLASSES | | | | | | |

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

AUGUST 2022



FAIRFAX COUNTY PARK AUTHORITY
REC CENTERS
Aquatics

PROVIDENCE REC CENTER POOL CALENDAR

7525 Marc Drive Falls Church, Virginia 703-698-1351 [Providence Rec Center](#)
AQUATICS DIRECTOR: BORIS AREVALO (BORIS.AREVALO@FAIRFAXCOUNTY.GOV)

BREAK TIMES! For all kids 12 years & under. Please encourage your child to use the restroom.

WEEKENDS: a 10minute break will be called at the top of the hour, starting at 2pm until 1 hour before closing.

WEEKDAYS: a 10 minute break will be called at the top of the hour, starting at 4pm until 1 hour before closing.

Diving Boards: Will open Saturday 1pm to 2pm, and Sunday 3:00pm-4pm, based on user request, rentals, Lifeguard staffing levels and availability.

Fall Early Registration begins August 2nd, 9am. Online and Phone.

First day of Fall Classes session 1, is August 29th.

**WE'RE
HIRING!**

Best Times for a Lap Lane

Saturday: 1pm—6pm

Sunday: 1pm—6pm

Mon-Fri: 6:30am- 4pm

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354



PROVIDENCE RECENTER

Lap Lane Schedule

AUGUST 1st to 19th



Saturday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

| LEGEND | | Recreational Play/Swim/Dive | | | Lap Swim / Water Walking ONLY | | | | | | FCPA scheduled programs (Space is scheduled) | | | |
|---------------|-------------------------|-----------------------------|---|-------------------------------------|-------------------------------------|---|--------------------|--------------------|---|---|--|---------------------|------|------|
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | |
| 6:00 | | Pool Closed | | | | | | | | | | | | 6:00 |
| 6:30 | | Pool Closed | | | | | | | | | | | | 6:30 |
| 7:00 | | Pool Closed | | | | | | | | | | | | 7:00 |
| 7:30 | | Pool Closed | | | | | | | | | | | | 7:30 |
| 8:00 | Swim Lessons only 8a-1p | Aerobic Exercise 8a-10a | | | FCPA Master 8a-9a | | | | | | | | | 8:00 |
| 8:30 | | Aerobic Exercise 8a-10a | | | FCPA Master 8a-9a | | | | | | | | | 8:30 |
| 9:00 | | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | 9:00 | | |
| 9:30 | | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | 9:30 | | |
| 10:00 | | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | 10:00 | | |
| 10:30 | | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | 10:30 | | |
| 11:00 | | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | 11:00 | | |
| 11:30 | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | 11:30 | | | |
| NOON | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | NOON | | | |
| 12:30 | Aerobic Exercise 8a-10a | | | Lap swim & Water walking Only 9a-1p | | | Swim Lessons 9a-1p | | | | 12:30 | | | |
| 1:00 | | | | Lessons 1p-6p | | | | | | | Diving Boards 1p-2p | | 1:00 | |
| 1:30 | | | | | | | | | | | | Diving Boards 1p-2p | | 1:30 |
| 2:00 | | | | | | | | | | | | Diving Class 2p-4p | | 2:00 |
| 2:30 | | | | | | | | | | | | Diving Class 2p-4p | | 2:30 |
| 3:00 | | | | | | | | | | | | Diving Class 2p-4p | | 3:00 |
| 3:30 | | | | | | | | | | | | Diving Class 2p-4p | | 3:30 |
| 4:00 | | | | | | | | | | | | Diving Class 2p-4p | | 4:00 |
| 4:30 | | | | | | | | | | | Diving Class 2p-4p | | 4:30 | |
| 5:00 | | | | | | | | | | | Diving Class 2p-4p | | 5:00 | |
| 5:30 | | | | | | | | | | | Diving Class 2p-4p | | 5:30 | |
| 6:00 | | Pool Closed | | | | | | | | | | | | 6:00 |
| 6:30 | | Pool Closed | | | | | | | | | | | | 6:30 |
| 7:00 | | Pool Closed | | | | | | | | | | | | 7:00 |
| 7:30 | | Pool Closed | | | | | | | | | | | | 7:30 |
| 8:00 | | Pool Closed | | | | | | | | | | | | 8:00 |
| 8:30 | | Pool Closed | | | | | | | | | | | | 8:30 |
| 9:00 | | Pool Closed | | | | | | | | | | | | 9:00 |
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | |



PROVIDENCE RECENTER

Lap Lane Schedule

AUGUST 1st to 19th



Sunday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

| LEGEND | | Recreational Play/Swim/Dive | | | Lap Swim / Water Walking ONLY | | | | | FCPA scheduled programs (Space is scheduled) | | | | |
|---------------|--------------------|-----------------------------|---|-----------|-------------------------------|---|---|---|---|--|---|----------|-----|-------|
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | |
| 6:00 | | | | | | | | | | | | | | 6:00 |
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| 9:00 | | | | | | | | | | | | | | 9:00 |
| 9:30 | | | | | | | | | | | | | | 9:30 |
| 10:00 | Swim Lessons 9a-1p | | | | | | | | | | | | | 10:00 |
| 10:30 | | | | | | | | | | | | | | 10:30 |
| 11:00 | | | | | | | | | | | | | | 11:00 |
| 11:30 | | | | | | | | | | | | | | 11:30 |
| NOON | | | | | | | | | | | | | | NOON |
| 12:30 | | | | | | | | | | | | | | 12:30 |
| 1:00 | | | | | | | | | | | | | | 1:00 |
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| 8:30 | | | | | | | | | | | | | | 8:30 |
| 9:00 | | | | | | | | | | | | | | 9:00 |
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | |



PROVIDENCE RECENTER

Lap Lane Schedule AUGUST 1st to 19th



Monday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

| LEGEND | | Recreational Play/Swim/Dive | | | Lap Swim / Water Walking ONLY | | | | | | | FCPA scheduled programs (Space is scheduled) | | | | |
|--------|-----------------------|----------------------------------|---|-----------|-------------------------------|---|---|---|--------------------------|---|----------|--|------------------------------------|------|-------|-------|
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | Deep End | | Time | | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | | |
| 6:00 | | Pool Closed | | | | | | | | | | | | | 6:00 | |
| 6:30 | | | | | | | | | | | | | | | 6:30 | |
| 7:00 | | | | | | | | | | | | | | | 7:00 | |
| 7:30 | | Aerobic Exercise 7:30a-8:30a | | | | | | | | | | | | | 7:30 | |
| 8:00 | | | | | | | | | | | | | | | 8:00 | |
| 8:30 | | | | | | | | | | | | Deep Water Exercise 8:30a - 9:30a | | 8:30 | | |
| 9:00 | Swim Lessons 9a-12p | Swim Lessons | | | | | | | | | | | Advance Deep Water Ex 9:30a-10:30a | | 9:00 | |
| 9:30 | | | | | | | | | | | | | | | 9:30 | |
| 10:00 | | Aerobic Exercise 10:30a-11:30a | | | | | | | | | | | | | 10:00 | |
| 10:30 | | Arthritis Exercise 11:30a-12:30p | | | | | | | | | | | | | 10:30 | |
| 11:00 | | | | | | | | | | | | | | | 11:00 | |
| 11:30 | | | | | | | | | | | | | | | 11:30 | |
| NOON | Camps | | | | | | | | Summer Camps 12p-4p | | | | | | | NOON |
| 12:30 | | | | | | | | | | | | | | | | 12:30 |
| 1:00 | | | | | | | | | | | | | | | | 1:00 |
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| 5:00 | | | | | | | | | | | | | | | 5:00 | |
| 5:30 | Swim Lessons 5:30p-8p | | | | | | | | | | | | | | | 5:30 |
| 6:00 | | Aerobic Exercise 6p-7p | | | | | | | Summer Swim Legues 6p-8p | | | | | | | 6:00 |
| 6:30 | | | | | | | | | | | | | | | | 6:30 |
| 7:00 | | Swim Lessons 7p-8:30p | | | | | | | | | | | | 7:00 | | |
| 7:30 | | | | | | | | | | | | | | 7:30 | | |
| 8:00 | | | | | | | | | | | | | | 8:00 | | |
| 8:30 | | | | | | | | | | | | | | 8:30 | | |
| 9:00 | | Pool Closed | | | | | | | | | | | | | 9:00 | |
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | Deep End | | Time | | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | | |



PROVIDENCE RECENTER

Lap Lane Schedule AUGUST 1st to 19th



Tuesday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

| LEGEND | | Recreational Play/Swim/Dive | | | Lap Swim / Water Walking ONLY | | | | | | FCPA scheduled programs (Space is scheduled) | | | | | | | | | |
|--------|--------------------------|-------------------------------------|---|-----------|-------------------------------|---|---|-------------------------|---|---|--|----------|------|------|-------|--|--|--|-------|------|
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time | | | | | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | | | | | | |
| 6:00 | | Pool Closed | | | | | | | | | | | | | 6:00 | | | | | |
| 6:30 | | | | | | | | | | | | | | | 6:30 | | | | | |
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| 8:00 | | | | | | | | | | | | | | | 8:00 | | | | | |
| 8:30 | | Aerobic Water Exercise 8:30a-9:30a | | | | | | | | | | | | | 8:30 | | | | | |
| 9:00 | Swim Lessons 9a-12p | Aerobic Water Exercise 9:30a-10:30a | | | | | | | | | | | | | 9:00 | | | | | |
| 9:30 | | Swim Lessons | | | | | | | | | | | | | 9:30 | | | | | |
| 10:00 | | Arthritis Water Ex 11:30a-12:30p | | | | | | | | | | | | | 10:00 | | | | | |
| 10:30 | | Summer Camps 12:30p-4p | | | | | | | | | | | | | 10:30 | | | | | |
| 11:00 | | | | | | | | | | | | | | | | | | | 11:00 | |
| 11:30 | | | | | | | | | | | | | | | | | | | 11:30 | |
| NOON | Camps | Summer Camps 12:30p-4p | | | | | | | | | | | | | NOON | | | | | |
| 12:30 | | | | | | | | | | | | | | | | | | | 12:30 | |
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| 5:30 | | | | | | | | | | | | | | 5:30 | | | | | | |
| 6:00 | Swim Lessons 5:30p-8:30p | Summer Swim League 6p-8p | | | | | | | | | | | | | 6:00 | | | | | |
| 6:30 | | | | | | | | Swim Lesson 6:30p-8:30p | | | | | | | | | | | | 6:30 |
| 7:00 | | | | | | | | Swim Lesson | | | | | | | | | | | | 7:00 |
| 7:30 | | | | | | | | Swim Lesson | | | | | | | | | | | | 7:30 |
| 8:00 | | | | | | | | | | | | | | 8:00 | | | | | | |
| 8:30 | | | | | | | | | | | | | | 8:30 | | | | | | |
| 9:00 | | Pool Closed | | | | | | | | | | | | | 9:00 | | | | | |
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time | | | | | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | | | | | | |



PROVIDENCE RECENTER

Lap Lane Schedule AUGUST 1st to 19th



Wednesday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

| LEGEND | | Recreational Play/Swim/Dive | | Lap Swim / Water Walking ONLY | | | | | | | | FCPA scheduled programs (Space is scheduled) | | | |
|--------|--------------------------|----------------------------------|---|-------------------------------|---|---|---|---|---|---|---|--|-----|-------|-------|
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | |
| 6:00 | | Pool Closed | | | | | | | | | | | | 6:00 | |
| 6:30 | | | | | | | | | | | | | | 6:30 | |
| 7:00 | | | | | | | | | | | | | | 7:00 | |
| 7:30 | | Aerobic Exercise 7:30a-8:30a | | | | | | | | | | | | 7:30 | |
| 8:00 | | | | | | | | | | | | | | 8:00 | |
| 8:30 | | | | | | | | | | | | Deep Water Exercise 8:30a-9:30a | | 8:30 | |
| 9:00 | Swim Lesson 9a-12p | Swim Lessons | | | | | | | | | | Advance Deep Water Ex 9:30a-10:30a | | 9:00 | |
| 9:30 | | Aerobic Exercise 10:30a-11:30a | | | | | | | | | | | | 9:30 | |
| 10:00 | | Arthritis Exercise 11:30a-12:30p | | | | | | | | | | | | 10:00 | |
| 10:30 | | Summer Camps 12:30p-4p | | | | | | | | | | | | 10:30 | |
| 11:00 | | | | | | | | | | | | | | 11:00 | |
| 11:30 | Camps | | | | | | | | | | | | | 11:30 | |
| NOON | | Summer Camps 12p-4p | | | | | | | | | | | | NOON | |
| 12:30 | | | | | | | | | | | | | | | 12:30 |
| 1:00 | | | | | | | | | | | | | | | 1:00 |
| 1:30 | | | | | | | | | | | | | | | 1:30 |
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| 5:00 | | | | | | | | | | | | | | 5:00 | |
| 5:30 | | | | | | | | | | | | | | 5:30 | |
| 6:00 | Swim Lessons 5:30p-8:45p | Aerobic Exercise 6p-7p | | | | | | | | | | | | 6:00 | |
| 6:30 | | Swim Lessons 7p-8:45p | | | | | | | | | | | | 6:30 | |
| 7:00 | | Swim Lesson 7p-8:05p | | | | | | | | | | | | 7:00 | |
| 7:30 | | | | | | | | | | | | | | | 7:30 |
| 8:00 | | | | | | | | | | | | | | 8:00 | |
| 8:30 | | | | | | | | | | | | | | 8:30 | |
| 9:00 | | Pool Closed | | | | | | | | | | | | 9:00 | |
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | | | Deep End | | Time | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | |



PROVIDENCE RECENTER

Lap Lane Schedule

AUGUST 1st to 19th



Thursday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

| LEGEND | | Recreational Play/Swim/Dive | | Lap Swim / Water Walking ONLY | | | | | | FCPA scheduled programs (Space is scheduled) | | | | |
|--------|-----------------------------|--------------------------------|---|-------------------------------|--------------------------|---|---|---|----------------------|--|---------------------------|------------------------|------|-------|
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | Deep End | | Time | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | |
| 6:00 | | Pool Closed | | | | | | | | | | | | 6:00 |
| 6:30 | | | | | | | | | | | | | | 6:30 |
| 7:00 | | | | | | | | | | | | | | 7:00 |
| 7:30 | | | | | | | | | | | | | | 7:30 |
| 8:00 | | | | | | | | | | | | | | 8:00 |
| 8:30 | | Aerobic Water Exercise | | | | | | | | | | | | 8:30 |
| 9:00 | Swim Lessons 9a-12p | 8:30a-9:30a | | | | | | | | | | | | 9:00 |
| 9:30 | | Aerobic Water Exercise | | | | | | | | | | | | 9:30 |
| 10:00 | | 9:30a-10:30a | | | | | | | | | | | | 10:00 |
| 10:30 | | Swim Lesson | | | | | | | | | | | | 10:30 |
| 11:00 | | | | | | | | | | | | | | 11:00 |
| 11:30 | | Arthritis Water Exercise | | | | | | | | | | | | 11:30 |
| NOON | Camps | 11:30a-12:30p | | | | | | | | | | | | NOON |
| 12:30 | | Summer Camps 12:30p-4p | | | | | | | | | | Summer Camps 12:30p-4p | | 12:30 |
| 1:00 | | | | | | | | | | | | | | 1:00 |
| 1:30 | | | | | | | | | | | | | | 1:30 |
| 2:00 | | | | | | | | | | | | | | 2:00 |
| 2:30 | | | | | | | | | | | | | | 2:30 |
| 3:00 | | | | | | | | | | | | | 3:00 | |
| 3:30 | | | | | | | | | | | | | 3:30 | |
| 4:00 | | | | | | | | | | | | | | 4:00 |
| 4:30 | | | | | | | | | | | | | | 4:30 |
| 5:00 | Swim Lessons 5:30p-8:30p | | | | | | | | | | | | | 5:00 |
| 5:30 | | | | | | | | | | | | | | 5:30 |
| 6:00 | | Swim Lessons 5:45p to 8:30p | | | Summer Swim League 6p-8p | | | | Swim Lessons 6p- 8pm | | Deep Water Ex 5:45p-7:45p | | 6:00 | |
| 6:30 | | | | | | | | | | | | | 6:30 | |
| 7:00 | | | | | | | | | | | | | 7:00 | |
| 7:30 | | | | | | | | | | | | | 7:30 | |
| 8:00 | | | | | | | | | | | | 8p-9p | | 8:00 |
| 8:30 | | | | | | | | | | | | | | 8:30 |
| 9:00 | | Pool Closed | | | | | | | | | | | | 9:00 |
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | Deep End | | Time | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | |



PROVIDENCE RECENTER

Lap Lane Schedule

AUGUST 1st to 19th



Friday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

| LEGEND | | Recreational Play/Swim/Dive | | Lap Swim / Water Walking ONLY | | | | | | FCPA scheduled programs (Space is scheduled) | | | | | |
|--------|-----------------------|----------------------------------|---|-------------------------------|---|---|---|---------------------|---|--|---|------------------------------------|-----|-------|-------|
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | Deep End | | Time | | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | |
| 6:00 | | Pool Closed | | | | | | | | | | | | 6:00 | |
| 6:30 | | | | | | | | | | | | | | 6:30 | |
| 7:00 | | | | | | | | | | | | | | 7:00 | |
| 7:30 | | Aerobic Exercise 7:30a-8:30a | | | | | | | | | | | | | 7:30 |
| 8:00 | | | | | | | | | | | | | | 8:00 | |
| 8:30 | | | | | | | | | | | | Deep Water Exercise 8:30a-9:30a | | 8:30 | |
| 9:00 | Swim Lessons 9a-12p | | | | | | | | | | | Advance Deep Water Ex 9:30a-10:30a | | 9:00 | |
| 9:30 | | | | | | | | | | | | | | 9:30 | |
| 10:00 | | | | | | | | | | | | | | | 10:00 |
| 10:30 | | Aerobic Exercise 10:30a-11:30a | | | | | | | | | | | | | 10:30 |
| 11:00 | | | | | | | | | | | | | | | 11:00 |
| 11:30 | | Arthritis Exercise 11:30a-12:30p | | | | | | | | | | | | | 11:30 |
| NOON | Camps | Summer Camps 12:30p-4p | | | | | | Summer Camps 12p-4p | | | | | | NOON | |
| 12:30 | | | | | | | | | | | | | | 12:30 | |
| 1:00 | | | | | | | | | | | | | | 1:00 | |
| 1:30 | | | | | | | | | | | | | | 1:30 | |
| 2:00 | | | | | | | | | | | | | | 2:00 | |
| 2:30 | | | | | | | | | | | | | | 2:30 | |
| 3:00 | | | | | | | | | | | | | | 3:00 | |
| 3:30 | | | | | | | | | | | | | | 3:30 | |
| 4:00 | Swim Lessons 4p-6:30p | | | | | | | | | | | | | 4:00 | |
| 4:30 | | | | | | | | | | | | | | 4:30 | |
| 5:00 | | | | | | | | | | | | | | 5:00 | |
| 5:30 | | Swim Lessons 5:30p-7:30p | | | | | | | | | | | | 5:30 | |
| 6:00 | | | | | | | | | | | | Swim Classes 6p-8pm | | 6:00 | |
| 6:30 | | | | | | | | | | | | | | 6:30 | |
| 7:00 | | | | | | | | | | | | | | 7:00 | |
| 7:30 | | | | | | | | | | | | | | 7:30 | |
| 8:00 | | | | | | | | | | | | | | 8:00 | |
| 8:30 | | | | | | | | | | | | | | 8:30 | |
| 9:00 | | Pool Closed | | | | | | | | | | | | 9:00 | |
| Time | Beach/Ramp | Shallow end | | Lap Lanes | | | | | | Deep End | | Time | | | |
| | | 0.5 | 1 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 1 | 0.5 | | |