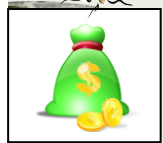


SUZANNE RICE, Ed.D
PRINCIPAL

ISSUE 9 | VOLUME 2 | APRIL 2013

CAROL KENNEDY-DICKENS
IB COORDINATOR
EXTENDED ESSAY SUPERVISOR



RENEA COLEY
COUNSELOR



STEFANIE HICKS
CAS COORDINATOR

DELAUREN DAVIS
EDITOR



Insights

The Student Newsletter

THE INTERNATIONAL BACCALAUREATE AT KING'S FORK HIGH SCHOOL, SPS

Get Involved!!

When teachers are writing letters of recommendation for your college applications/scholarships, they should be able to say as many positive points about your traits as possible. Their letter will be basically a format which states that how they know you as a student through IB, what IB is, and how well you are doing. With a resume you will have provided they can continue to talk about aspirations, test scores, etc. What often comes up as a matter of concern is the level of involvement. There is usually a paragraph about school and community participation.

This part of your resume should not be vacant. Let me stress that scholarship committees and college admissions teams prefer the well-versed students who have strong academics but who also care about service. I don't suggest that you become so

involved that your studies will suffer, but I do recommend that you join at least one club or organization at school and in the community. In addition, you are required as juniors and seniors to earn CAS hours through participation in various activities. See Ms. Hicks if you need ideas. I, also, strongly recommend summer internships. Volunteer in the profession you feel you will follow after college. It is great experience.

It is one of the most beautiful compensations of life that no man can seriously help another without helping himself.-Ralph Waldo Emerson

Coordinator's Notes

We are now looking forward to 4th quarter which is approaching soon! Our spring vacation is ahead of us, and we must spend the last weeks of school making sure that we end the school year with the best grades possible. **This is an important quarter.** Please do not let spring fever or any other deterrents hinder you from reaching your personal academic goal.

IB Examinations

Seniors and a few juniors will receive specific instructions for the May examinations just before the spring break. These instructions will outline time, locations, what you must bring, lunch times, etc. The rules prescribed by the IB will be strictly followed. Please do not ask for exceptions.





KFH IB Pinning1 photo: Nicole Gordon.



KFH IB Pinning2 photo: James "Cameron" White pinning Paige Moore.



KFH IB Pinning3 photo: Guidance counselor Renea Coley, supervisor of advanced instruction Carol Kennedy-Dickens, Tyla Holloway, Kaitlyn Finch, Elizabeth Cherry, Andre Baines and Ashley

Scheduling

According to my records, everyone has been scheduled. If you wish to change a course(s), send it to both me and Ms. Coley via email or place your name on a sheet of paper with the course(s) you wish to delete and the course(s) you wish to add and turn it in to both of us.

Please remember that with the exception of your PreDip/IB courses, we can not promise that you will be scheduled for the exact course of your choice. Once the computer sorts all of the students and creates the master schedule, it could prevent you from receiving the elective of your first choice. In that case, Ms. Coley or I will call you in the summer to let you know of the conflict. Please work with us in a gracious positive manner. We do not create the conflicts, but we must try to advise you in resolving them.

If you are choosing to deselect the IB program for next year, your parents must send a letter of confirmation that you are deselecting and your guidance counselor according to your alphabet will schedule you. Remember, if you are not zoned for KF, you will have to return to your zoned school.

From the desk of Ms. Hicks...

G

I'm impressed with the amount of work going into CAS and the usage of ManageBac. When submitting proposals, which of the C/A/S requirement as well as which of the learning outcomes expected to be attained through each particular activity is marked. Please remember to include in a comment explaining to me how it is envisioned that *each* of these (C/A/S and the learning outcomes) will be attained through this activity. This is very important to help me in my approval process.

A

S

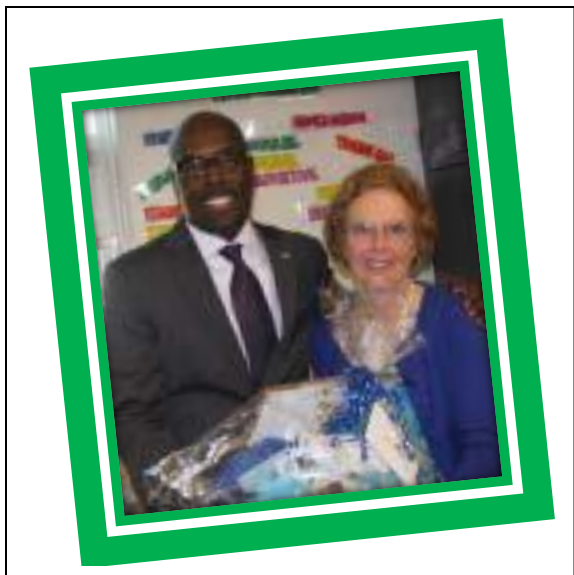
When submitting a proposal contact information is needed for the supervisor of the activity. If there is no supervisor please don't submit the proposal until one has been located one and all the necessary requirements are on hand. Please remember that those requirements are: name, email address and contact #.

Don't forget to complete the reflection pages!! Remember, I MUST see how the C/A/S components and the learning outcomes ultimately were attained via each activity.

Continuous active participation in CAS is required from September of the Junior year, through the summer and well into the Senior year! Please start planning activities for the summer now! Keep in mind that the IB diploma is tied in with the completion of your CAS activities and MAY NOT be done in a lump sum. It MUST be done throughout the span of the 18 months. Please see me if you are having any issues with anything.

Extended Essay:

Juniors: On April 29th juniors will meet their supervisors' period 7 concerning the rough draft for the Extended Essay. At that time your mentor will review the paper with you to suggest improvements and revisions. Stay on top of this, meet with your mentor for assistance and always stay focused on your research question. . The final essay is due on



*Congratulations to our own Ms. Branch,
city-wide high school teacher of the year*



Congratulations to the seniors on the many college acceptances. You are all well deserving of

such success which is limitless!

- Alton, Lauren** Randolph Macon
- Billmeyer, Erica** James Madison University
Virginia Tech, William & Mary
- Brueggeman, Alexis** Longwood University
James Madison, Old Dominion
- Fulgham, Christine** Virginia Wesleyan
University of Tampa, Stetson University
Bridewater College, University of Vermont
Virginia C U, U of Pittsburgh, William & Mary
- Gould, Octavia** Temple University
Virginia C U, Howard University
- Moreland, Amber** University of South Florida
University of Florida
- Nnauwelzi, Ezinne** Virginia Wesleyan
Mary Baldwin, Ferrum College
Hampton University, Campbell University
Norfolk State University, Christopher Newport Univ
- Norman, Abigail** Virginia Wesleyan
- Perry, Kaylynn** Virginia Wesleyan
Norwich University
- Prioleau, Wagnus** Virginia Wesleyan
George Mason Univ, Regent University
- Pruitt, Marcus** University of Missouri
Florida Inst. of Technology
- Ragan, Stephanie** Campbell University
Randolph Macon, Virginia CU
- Rowland, Tina** George Mason Univ
Bridewater College, Virginia C U
- Saunders, Gabrielle** Virginia Wesleyan
Radford University, Old Dominion University
Virginia C U, Christopher Newport Univ.
- Smith, Laura** Bridgewater, University of Virginia
- White, Adriana** Mary Baldwin
Tuskegee University, University of Kentucky
- White, James** University of Wisconsin-Madison

The Long or the Short of It

Many of you last minute creatures are studying for examinations at the last minute also. If you are cramming, then more than likely the information which you are "learning" is being placed in your short-term memory. Consequence-It won't be there when you need it later for standardized tests, future references, etc. Mistake! Mistake! Mistake! What you are studying now will come up again somewhere in your academic life. Believe me!!! Place the information in long-term memory. **Review and study each day.** Never live to regret in the future things you have control of now.

Apply For Scholarships!

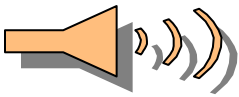
This section is primarily addressed to the seniors because most of the scholarships we are receiving now are targeted to them, however underclassmen should be checking the scholarship website often to get into the habit of researching scholarship opportunities. Not to mention, often times SAT scores are tied into internal scholarship offers from colleges (SAT scores, GPA, and ranking). Juniors, you should plan on taking the SAT's at least twice to get the highest score you are capable of getting. Remember, Ms. Miller the Access Advisor, can provide you with a fee waiver.

Here's the low down on scholarships:

Here's King's Fork's scholarship webpage which is maintained by Mr. Baxter:

<http://blogs.spsk12.net/kfhsguidance/scholarship-information-2/>

Complete the scholarship request form (found in Guidance) for scholarships you qualify for and return it to Mr. Baxter. He will get you the applications, unless it's something you can pull directly from the internet. Apply for many scholarships; the odds are that you will be awarded at least one. Some of the applications are not long or difficult to complete. You have a greater chance of getting local scholarships over national ones. Many, many scholarship money goes untouched because no one bothers to apply. In some cases, you may be the only applicant which greatly increases your chances! Often the deadline to return completed scholarships to Mr. Baxter is earlier than the printed deadline on the scholarship applications. Check with Mr. Baxter if you have questions about deadlines to turn in scholarships. The bank you affiliate with often offers scholarships, check their webpage or call customer service. Many churches offer scholarships. Finding scholarships is student initiated. Parents can help by also checking the scholarship webpage and reminding students of the deadlines. Parents can also call the Financial Aid Office of the college your student plans on attending and inquiring about scholarship opportunities within the university. This information is usually found on the Financial Aid Office's website. Don't forget that we are keeping a log of the college acceptances and scholarship offers. When you receive letters of acceptance or scholarship offers, please bring us a copy for our records. To date the seniors have received scholarship offers over \$1.6 million! Congratulations to you and for all of your college acceptances!



From the desk of Ms. Coley



Parents of rising seniors, now is a good time to start looking at college websites and planning a spring break visit. Visiting colleges over the spring break will allow you to get a feel for college life while classes are still in session. Some colleges allow prospective students to even sit in on a class or two. The spring is also a good time for juniors to register to take the ACT/SAT's. <http://sat.collegeboard.com/home> All students who took the PSAT's were given back their results to help study for the SAT's. Students also have personalized log-in's for the collegeboard.

Please continue to check the summer programs web page for updates on fun, interesting, and challenging programs offered throughout the summer:

<http://kfhs.spsk12.net/guidance/summer.htm>

Ms. Kennedy and I have met with each of the IB students to discuss their schedules for next year.

With exams and SOL's approaching, most students will experience some anxiety. Here are some tips to help ease test anxieties:

- A week prior to the test, organize your study material and study a little each night
 - Exercise- study shows that students who regularly exercise have improved scores
 - Eat a healthy diet
 - Get plenty of sleep
 - Avoid cramming
 - Arrive to class early and prepared
 - Avoid talking with other students who are not prepared and will feed you negative energy
 - Don't test on an empty stomach. Nibble on some fruit or veggies to reduce stress
 - Approach the test with confidence
 - On the test: read the directions carefully
 - If you blank out on a question, skip it and come back
 - If the question is an essay and you blank out, just start writing something and it may trigger the answers in your mind
 - Monitor your time
 - Take slow deep breaths during the test
- Give yourself positive reinforcement



The IAs really are world travelers:

Biology will go to Bahrain,
Chemistry will go to Kenya,
English orals will go to Australia,
French orals will go to

Switzerland, History will go to Costa Rica, Math Studies will go to South Carolina, Math SL will go to Russia, Music creating will go to Illinois, Music performing will go to Japan, Music solos will go to the UK, Psychology HL will go to Argentina, Psychology SL will go to Virginia, Spanish orals HL will go to the UK and Spanish SL will go to Thailand.

COLLEGE WORKSHOP

Juniors! Ms. Kennedy and I plan on visiting you in your TOK class during April (April 25, 2013) to assist in your college preparations. If you have questions about the college application process, write them down and be ready for a discussion. Remember Ms. Miller, the Access Advisor, is another resource in the building who can help you with college applications.

COLLEGE VISITS

Spring time is the best time to visit colleges. Make sure that you visit while the college is in session so that you can get a good idea of what the school is all about. Start doing some research. Many colleges and universities have Open Houses (most of these events are on a Saturday). Go to the specific web site for the college, and you should be able to find the dates for these very important visits.

INVOLVEMENT

And get involved! Your resume is an important piece to the college application process! Building your resume with activities and leadership opportunities will help your teachers and other administrators write glowing letters of recommendation. Not to mention, some scholarships consider your community involvement.

SOPHOMORES, CLASS OF 2015

Congratulations to all of you who will be entering IB in the fall. If you have not already done so, start getting involved not only here at King's Fork High School, but in the community as well. At the end of your junior year, we will begin constructing a resume which is a very important aspect of your college application. See above.

FRESHMAN, CLASS OF 2016

The school year is almost over and you have made it! You should congratulate yourself on a job well done. Freshman year is a big transition from middle school.

Upcoming IB Events

***IB exam** information distribution to seniors and juniors-March 28th during 7th meet jointly in Ms.Story's room.

*April 1-5 **Spring Break**

* **IB Art exhibit** and reception for parents, teachers and friends- April 23rd 3:30-5:30 pm at the Suffolk Cultural Center

*1st **college planning session** April 25th during 7th for juniors in B201 room

*Annual **senior breakfast** May 1st at 7:10 am in Ms. Story's room. (seniors only)

***Testing** begins May 2nd (seniors and some juniors)

***IB picnic**-May 10th 4-8 in Sleepy Hole Park Area 9

***Interim** May 10th

***Senior Prom**-May 24th

***IB Banquet**-May 29th 6:00pm (seniors only) (junior advisory board is asked to help set up and host)

***Graduation**-June 8th

IB Examination Schedule 2013

(More information is on the IB Blog, <http://blogs.spsk12.net/internationalbaccalaureate/>)

Check to see that your name is under the exam(s) you believe you will be taking.)

Date	AM	Time	PM	Time
Week 1				
Thurs. 5/2	IB English 2hr	8:00-10:30		
	Alton, Lauren Angelelli, Nancy Billmeyer, Erica Brueggeman, Alexis Fulgham, Christine Gould, Octavia Jenkins, Ayele Ladeutt, Jenea Moreland, AmberNnawulezi, Ezinne Norman, Abigail Perry, Kaylynn Prioleau, WagnusPruitt, Marcus Pudder, Anna Ragan, Stephanie Rowland, Tina Saunders, Gabrielle Smith, Laura Sprague, Mikah White, Adriana White, James			
Fri. 5/3			IB English 2hr	12:00-2:00
			Same students as 5/2	
Week 2				
Mon. 5/6	AP Chemistry 3hr	7:30-11	IB Psychology 2 ½	12-2:00
	Williams, Nicoles Vincent, Kayla Corner, Brittany Nguyen, Jacob Olugbemi, Oludare		Billmeyer, Erica Brueggeman, Alexis Ladeutt, Jenea Moreland, Amber Perry, Kaylynn Ragan, Stephanie Rowland, Tina Saunders, Gabrielle Smith, Laura Chapman, Thomas Amory, Kacy James, Delnecia Reese, Tiffany	
Tues. 5/7	IB Psychology 2hr	8-10:30		
	Billmeyer, Erica Brueggeman, Alexis Ladeutt, Jenea Moreland, Amber Perry, Kaylynn Ragan, Stephanie Rowland, Tina Saunders, Gabrielle Smith, Laura Chapman, Thomas Amory, Kacy James, Delnecia Reese, Tiffany			
Wed. 5/8	AP Calculus 3hr	7:30-11	IB History 2 ½ hr	12-2:00
	Brueggeman, Alexis Prioleau, Wagnus +4 AP AB students		Alton, Lauren Angelelli, Nancy Billmeyer, Erica Brueggeman, Alexis Fulgham, Christine Gould, Octavia Ladeutt, Jenea Moreland, Amber Nnawulezi, Ezinne Norman, Abigail Perry, Kaylynn Pruitt, Marcus Pudder, Anna Ragan, Stephanie Rowland, Tina Saunders, Gabrielle Smith, Laura Sprague, Mikah White, Adriana White, James	
Thurs. 5/9	IB History 2 ½ hr	8-11:00	IB Math 2 hr	12:00-2
	Alton, Lauren Angelelli, Nancy Billmeyer, Erica Brueggeman, Alexis Fulgham, Christine Gould, Octavia Ladeutt, Jenea Moreland, Amber Nnawulezi, Ezinne Norman, Abigail Perry, Kaylynn Pruitt, Marcus Pudder, Anna Ragan, Stephanie Rowland, Tina Saunders, Gabrielle Smith, Laura Sprague, Mikah White, Adriana White, James		Alton, Lauren Angelelli, Nancy Billmeyer, Erica Brueggeman, Alexis Fulgham, Christine Gould, Octavia Ladeutt, Jenea Moreland, AmberNnawulezi, Ezinne Norman, Abigail Perry, Kaylynn Prioleau, WagnusPruitt, Marcus Pudder, Anna Ragan, Stephanie Rowland, Tina Saunders, Gabrielle Smith, Laura Sprague, Mikah White, Adriana White, James	

Fri. 5/10	IB Math 2hr	8-10:30		
	Same students as 5/9			
Week 3				
Mon. 5/13	AP Biology	7:30-11	IB Biology 2hr	12:00-2
	Fulgham, Christine Corner, Brittany Bivens, Carlesia Boykins, Tone Grigsby, Jewlyus Hammond, Terrihannah Hummel, Nicolas		Alton, Lauren Angelelli, Nancy Billmeyer, Erica Brueggeman, Alexis Fulgham, Christine Nnawulezi, Ezinne Perry, Kaylynn Pruitt, Marcus Ragan, Stephanie Smith, Laura Sprague, Mikah White, James	
Tues. 5/14	IB Biology 1h	8-9:30		
	Same students as 5/13			
Wed. 5/15	AP US History 3h	8-11:30		
	Banks, Erin Beauchamp, Matthew Chapman, Thomas Corner, Brittany Nugyen, Jacob Reeder, Adrienne Vincent, Kayla Williams, Nicoles			
Thurs.5/16	IB Spanish 3h	7:30-11	IB Chemistry 2hr	12:00-2
	Angelelli, Nancy Brueggeman, Alexis Ladeutt, Jenea Moreland, Amber Norman, Abigail Pruitt, Marcus Pudder, Anna Ragan, Stephanie Rowland, Tina Saunders, Gabrielle Smith, Laura Sprague, Mikah White, Adriana White, James		Aleagha, Orquidea Barrett, D'antae Beauchamp, Matthew Branch, Atiena Corner, Brittany Davis, Delauren Gipson, Brandon Jeffries, Brianna Nguyen, Jacob Olugbemi, Oludare Roten, Ashley Shaffer, Andrew Vincent, Kayla Williams, Nicoles Wright, Maiah Hibbs, James Montgomery, Natalie Myers, Aaron	
Fri. 5/17	IB Chemistry 1hr	8-9:30		
	Same students as 5/16			
Week 4				
Mon. 5/20	IB French 3hr	8-11:30		
	Alton, Lauren Billmeyer, Erica Fulgham, Christine Jenkins, Ayele Gould, Octavia Nnawulezi, Ezinne Perry, Kaylynn Prioleau, Wagnus			
Tues. 5/21				
Wed. 5/22			IB Music 2hr	12-2:00

Bulletin Board Items

Summer Enrichment-Have you made your plans yet? There are lots of available programs. This information can be obtained from the King's Fork homepage:

<http://kfhs.spsk12.net/guidance/summer.htm>. I also advise that you investigate summer internships. It's an opportunity to work in an area of interest to you and earn CAS hours.

The Foodbank of the Virginia Peninsula offers wonderful volunteer opportunities through foodbank services .

Interested in volunteering with the Tidewater Regional Governor's School two weeks in July? Contact elizabethpetry@spsk12.net

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Read this article by Thadra Petkus on Time Management. Check her out on the web. She has several tips to Improve study skills.

Quick Tips to Improve Study Habits and Skills to Manage Time

Oct 25, 2008 [Thadra Petkus](#)

Before students can learn to study effectively, they need to learn to use their time wisely and to strike a balance between schoolwork and extra-curricular activities.

Freshman and sophomores often have difficulty developing effective study habits to manage seven or more high school classes. However, many upperclassman and even college students still struggle with difficulties such as note-taking, test preparation, and time management. Here are some tips on effectively managing time to provide quick assistance to students no matter what their age.

Manage Time Effectively

Many students feel overwhelmed by all of the responsibilities and deadlines they face in high school. Learning effective time management can be a challenge, so it's important to explain to students what it means and also give them a sense for what it looks like so they can put ideas into practice. Building into the curriculum a lesson on time management is instructional time well spent.

Develop a Consistent Routine

The first key to managing time is consistency. High school students are generally learning to balance academics, sports, extra-curricular activities and a social life. Teachers can suggest that students make the most of their time by [developing good study habits](#) that involve:

- Actively maintaining a homework assignment pad or, preferably, a daily planner.
- Setting aside the same time each day for homework and planning.
- Writing a homework schedule that allows for time segments dedicated to each subject.
- Building in a "catch-up" day for difficult subjects.

Identifying rest periods and earned time for relaxation.

Eliminate Distractions When Studying

The second key to managing time is minimizing distractions. Teenagers are such expert multi-taskers that they don't always realize that certain things, such as homework, require their undivided attention. Encourage them to observe how much longer it takes for them to complete assignments when they stop to answer their phone, send an instant message, check their email or watch TV while they work. Once homework is completed, they can fully enjoy their down time without feeling stressed or guilty or as if homework is never-ending. The goal is to complete assignments efficiently so time can be allotted to activities other than homework.

Prioritize Assignments

The third key to managing time involves prioritizing. In most cases, school work should supersede extracurricular activities and social events. However, when students are part of a crew team, for example, they must commit to attending practices and meets regardless of upcoming projects or exams. Therefore, students may face very limited time during the week. This is when prioritizing is most crucial. Busy students need to practice beginning assignments early and dedicating small amounts of time to preparing for upcoming tests. Procrastination is the enemy!

Set Short and Long Term Goals

When identifying their priorities, students should write down short term goals, such as weekly homework assignments, as well as long term goals, such as improving their understanding in their most difficult subject area. Encourage students to write down both objectives in their daily planner and to note the steps they will need to take to achieve each. Remind them to use their course syllabus and class calendar when identifying their goals. Once students have clear goals in their mind, it is easier and more meaningful to master time management.



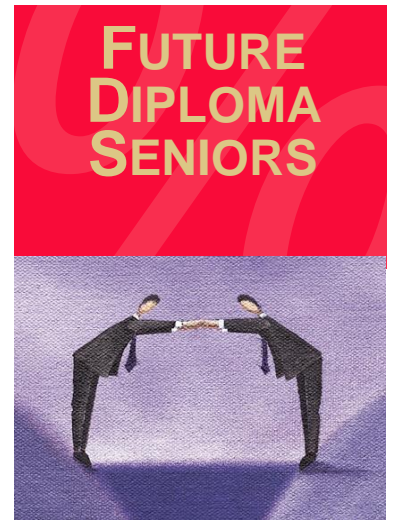
What Kind of Peer Influences Do You Choose?

Are they true friends...caring, supportive, trustworthy, good role models?

Are your friends encouraging you to do your best, challenge yourself and reach for the highest standards? Or are they telling you to take the easy road, don't stress yourself, and have a good time? Nearly half of the "bright" students who are accepted to outstanding colleges/universities are

drop-outs by the middle of the freshman year. There are two major reasons for this phenomenon... 1) they were socially immature and could not handle the newfound freedoms 2) they had never been challenged in high school and had not developed any of the skills necessary to succeed in

college. Because you are in the IB program, I can guarantee that the second case will **never** apply to you. Can your friends say that as well? Preparation for college is the **chief benefit** of the IB. The real payoff will not be until you are seated in that first college class. You must be patient and continue to focus on your academic goals.



Remember your Extended Essay deadlines. Your mentor will be given a form to verify with the ToK teacher that you have met your deadline and a grade will be recorded as part of your ToK grade. The next date is April 26th when we expect a draft paper. Send the electronic copy to your mentor by then and plan to meet with your mentor during period 7 on April 29th.

Remember to register for the June SAT if you did not register for May!

We are now beginning our preparation for college. If you are still not sure where you want to apply to college, consult the college books and software in the library or go online to do some investigating. You should be using part of your spring break and this summer to visit campuses so that you will choose the location that best fits your needs.

Improving SAT Outcomes

Let's put SAT scores into perspective. There is a college for everyone who wishes to attend. All of my seniors will be accepted to several colleges. Many of the juniors and sophomores could be accepted on the scores they have now. The questions are how selective you plan to be in choosing a college? how prestigious will it be? is it known as the best or even in the top 10 for the major you wish to pursue? If this is one of your concerns when choosing the best college for yourself, then find out what the average score is of candidates accepted. Your score should then be in that range. There are plenty of resources available to you to help to improve your scores. Use all of them....workshops, computer programs, practice tests. Most of all, if you don't understand a concept, find someone who can explain it. And please, place all knowledge in long-term memory!

Congratulations to the Winners in the 25th Annual Young Artists and Authors Showcase 2013 for Suffolk Sister Cities International. Our IB students represented us well:

- Poetry
- Honorable Mention: Ariella Reyes
- Second Place: Victoria Basilio
- First Place: Amira Manes
- Essay
- Second Place: Shannon Gerton

On Ranking Well

I must tell you honestly that ranking is not a high priority on my wish list for students in the IB. The learning and skills obtained to facilitate the learning are the chief benefits which I promote. Students in the IB naturally have great GPAs and rank in the top of the class. Colleges acknowledge that. You can't all be number one, but ranking in the top 10-15% is equally a good standing when colleges are looking at your whole package.

Springing Seniority!

While, all of us clearly are coming down with hefty cases of “senioritis,” we gathered up the energy to bring in circular foods for this year’s “Pi day” celebration on March 15th, 2013. Math SL and Math Studies came together in Mr. Graham’s room for an entire block of eating circular foods, including lots of pie, listening to music, reminiscing, and playing games like Taboo. These are the kinds of memories that the senior class is fortunate enough to make, share together, and help to strengthen the bond that we will most certainly share for the rest of our lives. In fact, we often ponder what our 4-year, 10-year, even 40-year reunions will be like! The possibilities are endless.

-Laura Smith



Juggling Juniors!

Well, it's no wonder why we are known as the all-around class. The Juniors are truly keeping busy, and the momentum is only building up! Between Extended Essay writing, ToK presentation planning, college hunting, and academics, we still set time aside to embark on the other journeys of life. We are very active in the community, competitive athletes, and avid leaders. We have all learned that nothing in this life is handed to you. A strong work ethic gets us where we need to be, and even closer to our senior year.

-DeLauren Davis



This photo features the Junior Class athletes: Track & Field stars- Atiena Branch, Brandon Gipson, Andrew Gould, Jasmine Parham, and Jacob Nguyen. Our volley ball master: Erin Banks. Our soccer achiever: Maiaah Wright. From center to right: Nicoles Williams, captain of boys' varsity tennis, Ashely Roten, captain of girls' varsity softball, and Oludare Olugbemi, one of the leading scorers and assisters of boys' varsity soccer.



We are very proud of our own Brittany Corner and Orquidea Aleagha for planning and executing the Tabernacle Christian Church Soup Kitchen. Jasmine Parham also greatly assisted in the success of the soup kitchen. These young ladies were featured in the Suffolk News Herald for their caring contribution to our community. Keep up the good work ladies! The full article of this great event is available at: <http://www.suffolknewsherald.com/2013/03/23/ib-students-learn-to-give-back/>



April 13th brings celebration to Aaron Dawley's 17th birthday. Happy Birthday Aaron!

I.B. Activity Night

JILLIAN'S
FOOD • FUN • GAMES

Home Plan Your Event Locations About Us Menu

Where: Jillian's
DATE: Saturday, April 13th
Arrival time: 5:30

Game tokens and food can be purchased at your own leisure.

50 Phillippe Cote Street
Manchester, NH 03101
Phone : 603-626-7636

JILLIAN'S IS THE PERFECT ONE-STOP-SHOP FOR YOUR NEXT EVENT

For more information on what Jillian's has to offer visit: <http://jilliansbilliards.com/>

Join us for the annual I.B. Activity!
This year we will be celebrating at
Jillian's! Filled with arcade games,
food, and fun, this is the perfect
place to congregate and relax!