

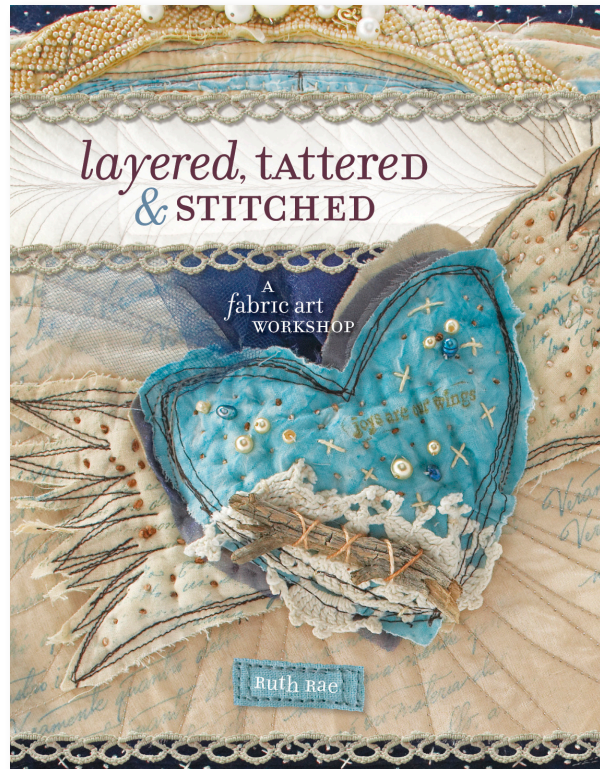
Art on Your Wrist

Sure, journals and décor are great, wonderful even. But art that you can wear? Even better, you can create pieces as beautiful as these cuff bracelets!

Using a dazzling array of materials, including cast-off strips of fabric, ribbons, scraps of paper, buttons, beads, exotic threads, inks, fabrics and stamps, Ruth Rae, author of *Layered, Tattered & Stitched*, will lead you through a project that will have you creating wearable works of art in no time at all. You'll be proud to say you made it yourself!

To learn more about or purchase *Layered, Tattered & Stitched* by Ruth Rae, click here.

www.CreateMixedMedia.com



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art-on-YOUR-WRIST Cuff BRACELET

Why not wear your art on your wrist? Wrist cuffs are a wonderful way to use cast-off strips of fabric, ribbon and even paper from previous projects. It's also a way to highlight a special button or give a piece of old jewelry new life.

Imagine a cuff constructed completely of delicate vintage lace sewn onto leather—the juxtaposition of textures would be amazing. Or use a computer to work with words and images, then print your design onto printable fabric, either store-bought or homemade.

To help protect your art cuff from wear and tear, spray on a fabric protector following manufacturer's instructions. Be sure to allow ample drying time prior to wearing your new creation.

Once you make one of these unique bracelets, many more are sure to follow.

GATHER THIS TO BEGIN

- Beading needle and thread
- Beads (pearls)
- Buttons
- Computer with scanner
- Fabric: cheesecloth (dyed); felt (craft or wool, any color); muslin
- Freezer paper or prefabricated fabric sheets for printer
- Ink: StazOn®, VersaCraft® or fabric ink (black)
- Iron and ironing board
- Needle (embroidery)
- Pearl cotton #5 (or embroidery floss)
- Printer
- Quilting machine needle, size 14/90
- Quilting machine thread
- Rubber stamps (script or decorative)
- Scissors
- Seam ripper
- Sewing machine



1» Using StazOn® or VersaCraft® black ink (or fabric ink), stamp a script stamp or other decorative design onto a piece of muslin.



2» Cut two 1½" × 8½" (4cm x 22cm) pieces of felt. Cut a piece of dyed cheesecloth about the same size. Scrunch up the cheesecloth a bit and secure it to 1 of the felt pieces with a series of free-form, back-and-forth machine stitches.



3» Tear the stamped muslin into 3 small scraps. Stitch around the perimeter of each scrap to secure it to the cuff.



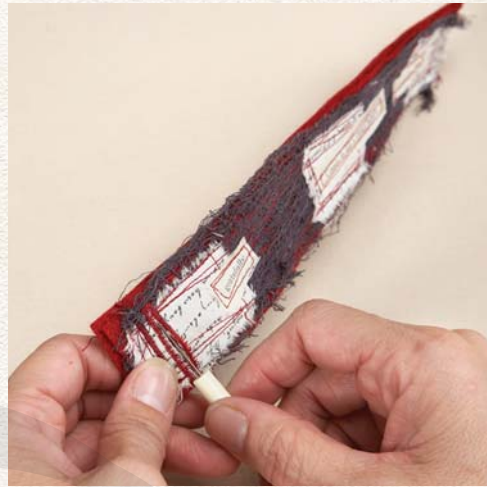
4» Fuse a piece of muslin to a piece of freezer paper. Choose words to scan from clip art and print them onto the fused muslin. Cut out 3 words and sew them randomly to the cuff.



5» To finish the cuff nicely and conceal the stitches that show on the reverse, sew the second piece of felt to the wrong side of the first, stitching around the perimeter.



7» Use a beading needle and beading thread to sew on the pearls. Do not sew through the bottom layer of felt.



6» Using your machine's buttonhole attachment, add a buttonhole to 1 end of the cuff, sizing the hole to fit your chosen button. Cut the hole open with a seam ripper, starting at the center and ripping in 1 direction, then the other.



8» For the final step, sew a button on the opposite end of the cuff from the buttonhole using thread, embroidery floss or pearl cotton. (I like to tie the thread so it shows on the top of the button.)



BUTTONHOLE ALTERNATIVES

If you choose to omit the buttonhole, simply make a closure out of cloth or elastic cord. Or sew on snaps instead.

