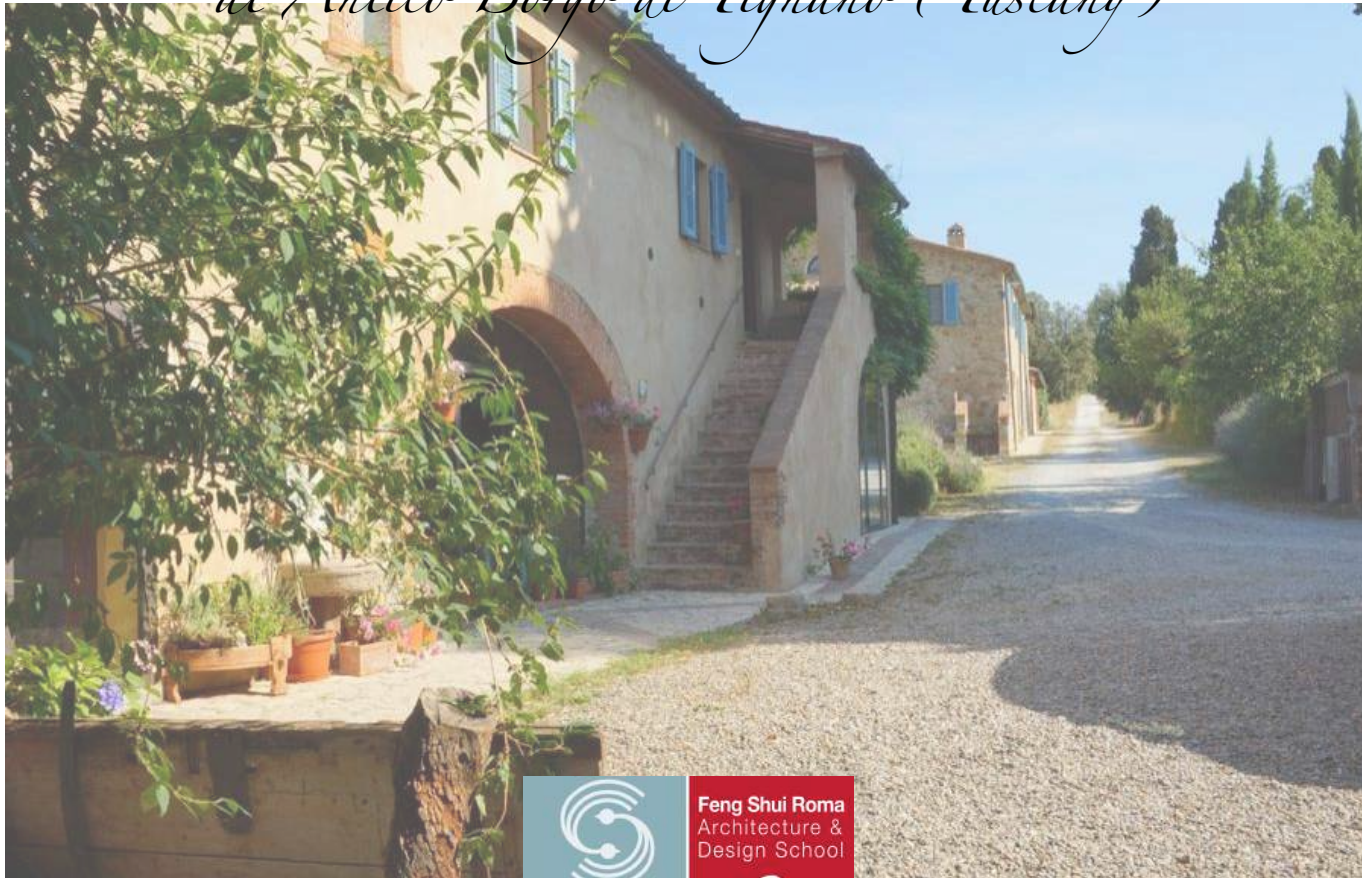


1° International Feng Shui Summer Camp - 2019
at Antico Borgo di Tignano (Tuscany)



From a consolidated collaboration between our two Schools (Feng Shui Roma Architecture & Design School and European College of Feng Shui) this project of "International Feng Shui Summer Camp" is born, which every year will focus on a specific theme.

The Camp is a moment of encounter between the FS Practitioners from around the world, an exchange of experiences and study to deepen the vast themes of Chinese metaphysics and at the same time a holiday in a fascinating place, full of culture, history, great food and nature, like Tuscany.

This first Summer Camp 2019, entitled "Exploring Chinese Culture" has a rich program of proposals that will actively involve all the participants. We will have several daily sessions where we will do:
Qigong every morning;
Palm, Face and Body reading;
Chinese Calligraphy, Talisman Writing and self activation;
Visit to the Village of Volterra and the alabaster artisans;
Presentation of realized FS projects, Exchange of Feng Shui experiences between Practitioners;
Group Feng Shui analysis of the Ancient Village of Tignano;
Tuina technique: Self-massage and massage on others.

As an extra program, those who want to can do:
A cooking class held by the chefs of the Borgo.
A tasting of doc wines and typical Tuscan cheeses.

All that remains is to read the detailed program that follows ...

Luigi Straffi & Howard Choy



Da una consolidata collaborazione tra le nostre due Scuole (Feng Shui Roma Architecture & Design School e European College of Feng Shui) nasce questo progetto di "International Feng Shui Summer Camp" che ogni anno si articolerà su un tema specifico.

Il Camp è un momento di incontro tra i FS Practitioners di tutto il mondo, uno scambio di esperienze e di studio per approfondire i vasti temi della metafisica cinese e nello stesso tempo una vacanza in un luogo affascinante, pieno di cultura, storia, ottimo cibo e natura, come la Toscana.

Questo primo Summer Camp 2019, intitolato "Exploring Chinese Culture" ha un programma ricco di proposte che coinvolgeranno in modo attivo tutti i partecipanti. Avremo varie sessioni giornaliere in cui si faranno:

Qigong ogni mattina;
Palm, Face and Body reading;
Chinese Calligraphy, Talisman Writing and self activation;
Visita al Villaggio di Volterra e agli artigiani dell'alabastro;
Presentazione di progetti FS realizzati;
Scambi di esperienze Feng Shui tra Practitioners;
Analisi Feng Shui di gruppo dell'Antico Borgo di Tignano
Tecnica Tuina: Automassaggio e massaggio sugli altri.

Come programma extra, chi vorrà potrà fare:
Un corso di cucina tenuto dai cuochi del Borgo
Una degustazione di vini doc e formaggi tipici toscani

Non rimane altro che leggere il dettagliato programma che segue...

Luigi Straffi & Howard Choy

*1st Feng Shui Summer Camp
at Antico Borgo di Tignano (Tuscany) On theme:*

“Exploring Chinese Culture”



With Howard Choy, B.Arch Principal of European College of Feng Shui
& Luigi Straffi, FS.Arch Founder & Teacher of Feng Shui Roma Architecture & Design School
from Saturday 27th July to Saturday 3rd August - 2019

1st International Feng Shui Summer Camp Program from Saturday 27th July to Saturday 3rd August - 2019

SATURDAY 27th

2:30 pm until 7:00 check-in and accommodation of guests in the rooms
7:00 pm: introduction to the program and presentations.
we drink together an aperitif
8:00 pm: dinner at the restaurant of the farm

SUNDAY 28th

8:00-9:00: Qigong with Howard - Yi jin jing's style and movements
9:00: Breakfast
11:00-13: Introduction to Palm, Face and Body reading with Howard
13:00-16:00: free time/relax
16:00-19:00: Practice of Palm, Face and Body reading with Howard
20:00: dinner at the restaurant of the farm

MONDAY 29th

8:00-9:00: Qigong with Howard
9:00: Breakfast
11:00-13: Chinese calligraphy using brush and ink with Howard
13:00-16:00: free time/relax
16:00-19:00: Writing and self-activation of the Talisman with Howard
20:00: dinner at the restaurant of the farm

TUESDAY 30th

8:00-9:00: Qigong with Howard
9:00: Breakfast
11:00-13: Feng Shui analysis of Antico Borgo di Tignano with Luigi
13:00-16:00: free time/relax
16:00-19:00: tasting of local wines and cheeses
20:00: dinner at the restaurant of the farm

WEDNESDAY 31th

8:00-9:00: Qigong with Howard
9:00: Breakfast
11:00-13: keep yourself healthy with Qi Gong, with Howard
13:00-16:00: free time/relax
16:00-19:00: Feng Shui Tour to the medieval village of Volterra with Howard & Luigi
20:00: dinner at the restaurant of the farm

THURSDAY 1ST AUGUST

8:00-9:00: Qigong (with Howard)
9:00: Breakfast
11:00-13: Feng Shui exchange of experiences with Howard & Luigi
13:00-16:00: free time/relax
16:00-19:00: Cooking class of tuscans traditional dishes
20:00: dinner at the restaurant of the farm

FRIDAY 2ST AUGUST

- 8:00-9:00: Qigong (with Howard)
- 9:00: Breakfast
- 11:00-13: the Tuina massage of own body, with Howard)
- 13:00-16:00: free time/relax
- 16:00-19:00: Tuina of vital points made on the body of others, with Howard
- 20:00: Special greetings dinner

SATURDAY 3ST AUGUST

8:00-9:00: Qigong, with Howard
9:00: Breakfast
11:00: Check-out and return to Rome

SATURDAY 27th

- 2:30 pm until 7:00 pm: Check-in of guests to receive accommodations in the apartments
- 7:00 pm: introduction to the FS Summer Camp Program and presentation of the participants. We drink together an aperitif
- 8:00 pm: dinner at the restaurant of the farm

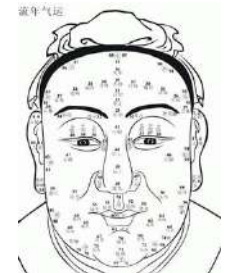


SUNDAY 28th

- 8:00-9:00: Qigong with Howard - Yi jin jing's style and movements
- 9:00: Breakfast in the restaurant's terrace
- 11:00-13: Introduction to: Palm, Face and Body reading with Howard
- 13:00-16:00: free time/relax
- 16:00-19:00: Practice of Palm, Face and Body reading with Howard
- 20:00: dinner at the restaurant of the farm



氣
功
qi
energy
gōng
cultivation



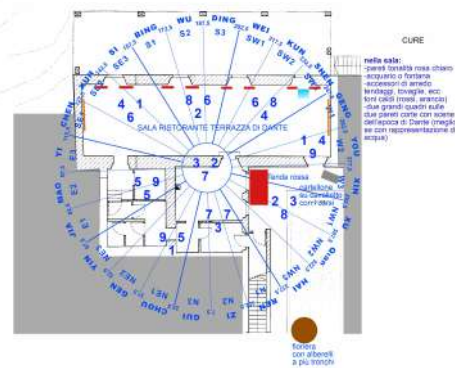
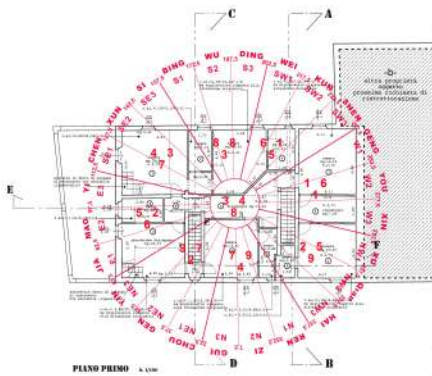
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- 20:00: dinner at the restaurant of the farm



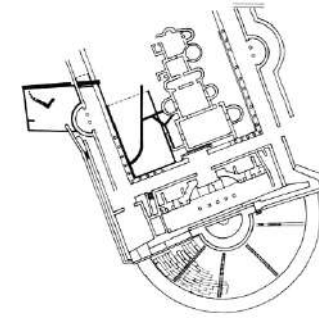
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- 11:00-13: Feng Shui analysis of Antico Borgo di Tignano with Luigi
- 13:00-16:00: free time/relax
- 16:00-19:00: Extra activity “tasting of local wines and cheeses”
- 20:00: dinner at the restaurant of the farm



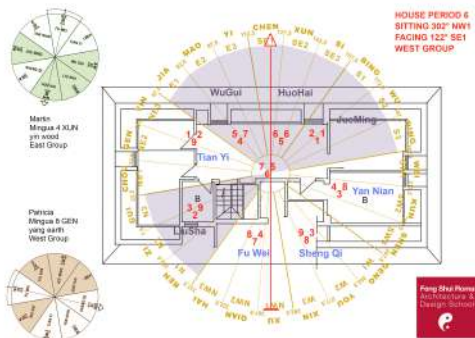
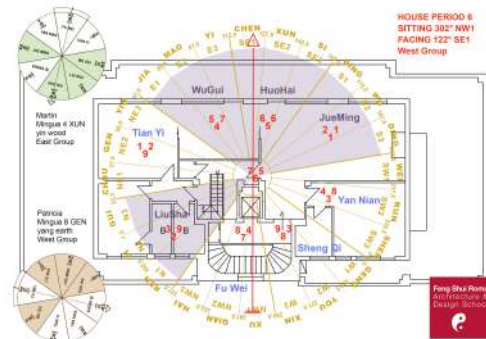
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- 8:00-9:00: Qigong (with Howard)
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- 20:00: Special greetings dinner at the restaurant of the farm



The localized Tui Na Chinese massage can be easily taught to the patient to give continuity to a cure. The techniques used in these cases are very close to acupuncture, micromassage and massage. The patient can learn to self-massage or to receive it from an expert, who employs various forms of manipulation, traction, kneading, rubbing and has as its goal the general well-being of the person.

One of Tui Na's advantages is its ability to focus on specific problems, especially chronic pain associated with the muscles, joints, and skeletal system. It's especially effective for joint pain, sciatica, muscle spasms, pain in the back, neck, and shoulders. It also helps chronic conditions such as insomnia, headaches (including migraines), and the tension associated with stress.

SATURDAY 3ST AUGUST



- 8:00-9:00: Qigong, with Howard
- 9:00: Breakfast
- 11:00: Check-out...

See you at the next International
Feng Shui Summer Camp on Theme:

*"We read the destiny of peoples by
analyzing the Feng Shui of the
Nation's Capitals"*



Terms and conditions/ *Termini e condizioni*

Sistemazioni

Antico Borgo di Tignano è un antico insediamento rurale toscano vicino Volterra, costruito nel 1600. Formato da varie case tradizionali intorno ad un'aia, ha una storia molto interessante; qui sono passati diversi personaggi storici.

Negli ultimi decenni dopo una riuscita ristrutturazione è stata trasformata in una struttura ricettiva che ospita gruppi da tutto il mondo.

Gli ospiti sono sistemati in appartamenti arredati in stile tradizionale toscano, con ogni confort.

Vi sono diverse tipologie di appartamenti mediamente composti da: 2 camere separate, ciascuna con due letti o un letto matrimoniale, 1 cucina-soggiorno completamente attrezzata e un bagno o in alcuni casi due. Ogni appartamento secondo la grandezza può ospitare 3 / 4 o 5 persone.

Qualora ci siano persone che si conoscono, che vogliono dividere la stessa stanza, questo dovrà essere fatto presente agli organizzatori al momento della prenotazione. E' possibile richiedere una camera doppia per uso singolo, pagando un supplemento sulla quota di partecipazione.

Quote di partecipazione

La quota di partecipazione al Feng Shui Summer Camp di una settimana è di Euro 1.360,00.

LA QUOTA COMPRENDE:

- sistemazione in camera doppia in appartamento di due camere con bagno e cucina indipendente.
- Trattamento di mezza pensione (colazione e cena al ristorante del Borgo).
- Le attività didattiche riportate nel programma escluso le attività organizzate dal Borgo:
- Degustazione dei vini e formaggi locali
- Corso di cucina tradizionale toscana.

EXTRA E OPZIONABILI

- Camera doppia ad uso singola + Euro 210,00 a settimana.
- Lunch-buffet al ristorante del Borgo Euro 10,00.
- Degustazione vini doc e formaggi locali organizzata dal Borgo Euro 30,00.
- Corso di cucina tradizionale toscana condotta dai cuochi del Borgo, Euro 70,00.
- Spostamenti in auto A/R per tour a Volterra o altra località della zona, Euro 30,00/a persona per carburante ed auto.

SONO ESCLUSI

Trasporti individuali per arrivare all'Antico Borgo di Tignano. Bevande e cibi extra.

Prenotazioni

- Per la prenotazione va versato un acconto di Euro 700.00 Entro il 30 Aprile 2019, tramite bonifico bancario intestato a: ASSOCIAZIONE NEWORLD
IBAN: IT18 S076 0103 2000 0009 4965 738

- Nella causale dei bonifici va messa la dicitura: "Contributo volontario per partecipazione al Feng Shui Summer Camp 2019".

- Per avere le Ricevute, inviare i seguenti dati: Nome e cognome, indirizzo di residenza, Codice Fiscale; e-mail.

- Il saldo della quota va regolato entro il 15 Luglio con un secondo bonifico bancario di Euro 660,00.

- La partecipazione alle attività opzionali (Corso di Cucina e/o degustazioni vini, gli spostamenti in auto richiesti, vanno regolati al personale del Borgo.

- Per chi viene con trasporti pubblici da qualsiasi città italiana (si consiglia di prenotare il bus Flixbus sino a Poggibonsi distante circa 27 Km dal Borgo.

- Il Borgo effettua un servizio da o per Poggibonsi al prezzo di 50,00 Euro a persona.

Il Check-in Sabato 27 Luglio dalle 14:30 in poi.

Il Check-Out è Sabato 3 Agosto alle ore 11.

CANCELLAZIONI

In caso di cancellazione dopo il 30 Giugno 2019 la quota di prenotazione non può essere resa.

Se la cancellazione viene inviata entro il 30 Maggio viene reso il 50% della quota.

Apartments

Antico Borgo di Tignano is an ancient Tuscan rural settlement near Volterra, built in 1600. Formed by various traditional houses around a farmyard, it has a very interesting history; several historical figures have passed here.

In the last decades, after a successful renovation, it has been transformed into an accommodation facility that hosts groups from all over the world.

Guests are accommodated in apartments furnished in traditional Tuscan style, with every comfort.

There are different types of apartments on average composed of: 2 separate rooms, each with two beds or a double bed, a fully equipped kitchen-living room and a bathroom or in some cases two. Each apartment according to the size can accommodate 3/4 or 5 people.

If there are people who know each other, who want to share the same room, this must be reported to the organizers at the time of booking. It is possible to request a double room for single use, paying a supplement on the participation fee.

Participation fee

The one-week participation fee for the Feng Shui Summer Camp is Euro 1,360.00.

THE PRICE INCLUDES:

- Accommodation in a double room in a two-room apartment with bathroom and independent kitchen.
- Half board (breakfast and dinner at the Borgo restaurant).
- The educational activities listed in the program, excluding activities organized by the Borgo:
- Tasting of local wines and cheeses
- Traditional tuscan Cooking Class.

EXTRA AND OPTIONAL

- Double room for single use, Euro 210.00 per week.
- Lunch-buffet at the restaurant of the Borgo Euro 10,00.
- Local wine and cheese tasting organized by the Borgo Euro 30.00.
- Traditional Tuscan cooking Class conducted by the Borgo cooks Euro 70.00.
- Returns by car to / from Volterra or other locations in the area, Euro 30.00 per person for fuel and car.

ARE EXCLUDED

- Individual transport to get to the Antico Borgo di Tignano. Extra drinks and food.

Reservations

- For the booking a deposit of 700.00 Euros must be paid by April 30, 2019, by bank transfer to:

ASSOCIAZIONE NEWORLD

BIC (SWIFT) BPPIITRRXXX

IBAN: IT18 S076 0103 2000 0009 4965 738

- The wording "Voluntary contribution for participation in the Feng Shui Summer Camp 2019" must be included in the purpose of the transfers.

- To have the Receipts, send the following data: Name and surname, residential address, Tax Code; e-mail.

- The balance of the fee must be settled by July 5th with a second bank transfer of Euro 660.00.

- Participation in optional activities (Cooking Class and / or wine tastings, car trips must be adjusted to the staff of the Borgo.

- For those coming by public transport from any Italian city, we recommend booking the Flixbus bus until you reach Poggibonsi, which is about 27 km from Antico Borgo di Tignano. Il Borgo di Tignano (on request) provides a service to or from Poggibonsi at a price of 50.00 euros per person.

- Check-in Saturday 27th July from 2.30pm onwards.

- Check-Out is Saturday 3 August at 11 am

CANCELLATIONS

- In case of cancellation after June 30° 2019 the booking fee cannot be given.

- If the cancellation is sent by May 30th, 50% of the fee is returned.

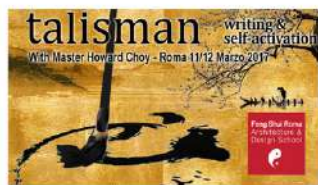
Interior view of apartments, rooms, bathrooms and kitchens-living



Pubblicazioni Feng Shui Roma Architecture & Design School / Feng Shui Roma Architecture & Design School Publications



Howard Choy - 2016
Good Luck Comes with Five Elements



Howard Choy - 2017
Talisman writing & self activation



Howard Choy - 2017
Adding your finishing touch to Flying Star



Howard Choy - 2018
Xuan Kong Da Gua Pai Feng Shui



Howard Choy - 2018
Business Feng Shui for Office Workshop



Howard Choy - Luigi Straffi - 2019
The Practical Application of Chinese Garden Feng Shui in The West



Luigi Straffi - 2018
Xing Xin Pai Feng Shui
Corso sulla Scuola della Forma
10 Workbook



Luigi Straffi - 2018
Xuan Kong Fei Xin
Corso sulle Stelle Volanti
10 Workbook



Luigi Straffi - 2017
Significati e livelli di lettura delle Flying Star
Book



Luigi Straffi - 2018
Corso di Ba-Zi in 8 lezioni
4 Workbook



Luigi Straffi - Giorgia De Filippis - 2017
Feng Shui Logo Design Course
Workbook

Feng Shui Roma
Architecture &
Design School



www.fengshuiroma.net

contatti@fengshuiroma.net