

at the Mission Bay Aquatic Center



REGISTER ONLINE at watersportscamp.com

(858) 539-2003

surfing | wakeboarding | sailing kayaking | waterskiing | windsurfing 🥪 marine science | multi-sport camps

for ages 6 to 17

mission bay aquatic center







The Watersports Camp at Mission Bay Aquatic Center is proud to use Correct Craft Nautiques in our wakeboarding and waterskiing programs.

About the Camp The Watersports Camp is an exciting and fun day camp sponsored by the Peninsula Family YMCA and held at SDSU's and UCSD's Mission Bay Aquatic Center. Camps run Monday through Friday in half-day and full-day weekly sessions. Optional early and late supervision is available.

Full-Day Camp

Marine Science

 Windsurfing Waterskiing

In our traditional full-day program campers choose an activity to learn each morning during the morning instructional session, and then will be grouped together by age to try a different Full-Day Camp Rates sport each day in the afternoon multi-sport \$375 Wakeboarding/Waterskiing camp. You can also choose to upgrade from the afternoon multi-sport camp, to one of our \$305 All other Full-Day Camps afternoon specialty camps.

MORNING INSTRUCTIONAL OPTIONS (8:00 - 11:00 a.m.)

The following activities are offered during the morning instructional session: Kavaking

- Wakeboarding
- Basic Sailing Advanced Sailing
- Advanced Wakeboarding Beginning Surfing
- Hobie Cat Sailing
- Intermediate Surfing
- Performance Sailing
- The price of the full-day camp includes the afternoon multi-sport option or you can choose to upgrade to an afternoon specialty camp for an additional fee:

AFTERNOON RECREATIONAL & SPECIALTY CAMP OPTIONS (11:45 a.m. - 3:30 p.m.) The following activities and specialty camps are offered during the afternoon session:

- Afternoon Multi-Sport Camp (Included, see page 12
- for details.)
- Afternoon Wakeboarding & Tubing (+\$150)
- Afternoon Basic Sailing (+\$50)
- Small Boat Racing (+\$50)

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Afternoon Surf & Bodyboard (+\$50)

LA JOLLA FESTIVAL OF THE ARTS

Torrey Pines Kiwanis Club is proud to sponsor inclusion at The Watersports Camp with funds raised by the La Jolla Festival of the Arts.

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Register online at www.watersportscamp.com!

Half-Day Camp

All of our morning instructional options and afternoon recreational and specialty camp options are available in half-day sessions for campers who cannot attend all day.

Half-Day Camp Rates

MORNING CAMPS

\$275 Wakeboarding/Waterskiing \$195 All other Half-Day Morning Camps

AFTERNOON CAMPS

\$275 Wakeboarding/Waterskiing
\$200 Afternoon Multi-Sport Camp
\$215 All other Afternoon Specialty Camps

Development Camp

Development Camps are high performance full-day instructional camps that are goal-oriented and challenging. Our skilled and knowledgeable coaches use a wide range of teaching techniques such as video review, land-training, demos, simulations, and ample on-the-water practice time to enhance performance. They are perfect for teen campers or campers who wish to push their performance to the next level. See the Development Camps page for more information.

DEVELOPMENT CAMP OPTIONS:

- Wakeboarding Development Camp (page 7)
- Sailing Development Camp (page 10)

Development Camp Rates \$595 - Wakeboarding Development Camp \$355 - Sailing Development Camp

Optional Early/Late Supervision:

Supervision from 6:30 - 7:30 am and 4:30 - 6:00 pm is available for an additional fee: \$30 Early or Late Supervision \$50 Both Early & Late Supervision

Eligibility

A) Boys and girls ages 6-17 inclusive.

SAVE on Registration with these Camp Specials! The highest value discount

will apply for each week. June Multi-Week Special

Attend at least 2 weeks in June and get a 10% discount

Back-to-School Special Sign-up for any 2 weeks of camp between weeks 11-13 and save 10%

Multi-Camper or Multi-Week Special Sign-up multiple campers or for multiple weeks and save \$10 per week

(858)

B) Qualified Swimmer: Campers must be "water safe" and will be required to pass a swim test, consisting of a 50 meter swim, and 5 minutes of treading water.*

Questions about registration? Call

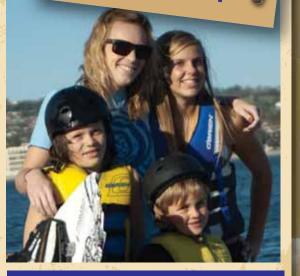
C) If campers have needs that require special consideration, contact the Camp Director at least 7 days in advance of attendance.

* For swimming instruction contact Peninsula Family YMCA at 619-226-8888 or the SDSU Aquaplex at 619-594-7946.

Camperships:

Camperships from the California Department of Boating and Waterways and other community organizations are available to families in need of financial assistance. Call us at 858-539-2003 for more information and to apply.

Our Staff



Past customers have consistently ranked our counselors as the #1 THING they love about our camp!

Our skilled and friendly staff have been thoroughly interviewed and carefully selected for their aquatic background, education, and experience. Our camp staff is committed to a "Safety First" approach to fun and we regularly hold safety trainings and reviews. Each staff member is certified in CPR, First Aid, Red Cross Waterfront Lifeguarding and California Department of Boating and Waterways safe-boat handling. Additionally, waterski and wakeboard instructors hold a United States Coast Guard Captain's license and are USA Waterski Association instructor qualified. Expect to be impressed by our highly qualified and dynamic camp staff.

MBAC: Where Blue Meets Green

As a SANDEE award recipient, the Mission Bay Aquatic Center has been recognized by the California Center for Sustainable Energy for its commitment to energy efficiency and sustainability. MBAC was the first commercial facility in San Diego to produce 100% of our power from solar PV. For more information about our sustainable business practices visit mbaquaticcenter.com/green



A Typical Day at Camp

6:30am 7:30am 8:00am 11:00am 11:45am	Full-Da <mark>y Camp</mark> Schedule Or	Half-Day Camp Schedule Ditional Early Supervis	Development Camp Schedule ion			
	Camp C		Drills, tactics,			
	Morning Instructional Session	Morning Instructional Session	on-the-water- instruction			
	Lunch	Afternoon Check-in	Lunch			
	Afternoon Recreational and Specialty Camp Session	Afternoon Recreational and Specialty Camp Session	Video review, racing, freeride session			
3:30pm	Camp Checkout & Supervision					
4:30pm 6:00pm	Optional Late Supervision					

Beginning Surfing

This camp is a perfect introduction to the sport of surfing for campers of all ages. Instruction begins with a focus on ocean safety and surfing fundamentals. Then campers progress to standing up and riding waves. Instructors will help students improve their individual skills by coaching in the water and on the beach. This camp is an excellent foundation for a lifelong enjoyment of the ocean.

Full-Day Camp: \$305 per week (Includes Afternoon Multi-Sport Camp)

Half-Day Camp: \$195 per week (Available mornings only)

Intermediate Surfing

Surfers that have completed Beginning Surfing can take their skills to the next level in Intermediate Surfing. Starting on Monday, campers will go straight to the beach and paddle out. Coaching will focus on having fun and developing each camper's surfing skills. **Prerequisite:** Campers must have completed Beginning Surfing at our camp.

Full-Day Camp: \$305 per week (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 per week (Available mornings only)

Surfing

Campers have been experiencing surfing for the first time at the Mission Bay Aquatic Center for over 30 years. Using soft surfboards specially crafted for beginner surfers, campers will have the opportunity to learn to surf in an exciting, safe and encouraging environment.

Afternoon Surf & Bodyboard Camp

Learn to surf under the close supervision of certified surfing instructors in this afternoon speciality camp. Instruction begins with a focus on ocean safety and surfing fundamentals before charging the waves of Mission Beach. Instructors will help campers improve their individual skills by coaching in the water and on the beach. This exciting camp can be taken as a half-day afternoon option or added as an upgrade to the full-day camp.

Full-Day Camp Upgrade: Afternoon Surfing & Bodyboarding can be added as an upgrade to the full-day camp for +\$50 Half-Day Camp: \$195 per week

Wakeboarding & Waterskiing

The Watersports Camp is the largest youth wakeboarding school in Southern California. Campers will use the finest equipment available including Correct Craft Nautique and Yamaha towboats, and Liquid Force and O'Brien wakeboards and waterskis. All instructors are United States Coast Guard licensed and USA Waterski instructor qualified.

Multi-Level Wakeboarding and Waterskiing

This camp is the perfect introduction to the fun and exciting world of wakeboarding and waterskiing. Campers also have the opportunity to go kneeboarding and tubing during the week.

Full-Day Camp: \$375 (includes Afternoon Multi-Sport Camp) Half-Day Camp: \$275 (Available mornings only)

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Advanced Wakeboarding and Waterskiing

This camp is for campers who already know how to wakeboard or waterski and want to advance their skills. **Prerequisite:** Must be able to get up on a ski or wakeboard and consistently and comfortably cross wakes.

Full-Day Camp: \$375 (includes Afternoon Multi-Sport Camp)

Half-Day Camp: \$275 (Available mornings only)

Afternoon Wakeboarding and Tubing

Campers will spend the week wakeboarding, tubing, kneeboarding and taking jetski rides with our USCG licensed drivers in this exciting camp. This session is designed to be more recreational than instructional so while experience is not required, campers with some experience will get more out of this camp.

Full-Day Camp Upgrade: Afternoon Wakeboarding and Tubing can be added as an upgrade to the full-day camp for \$150. **Half-Day Camp: \$275**

MBAC



The Mission Bay Aquatic Center is a regional boating safety center as part of a program funded by the California Department of Boating and Waterways. The Department of Boating and Waterways funds boating facilities, boating safety, education and supports boating law enforcement in California. A portion of the equipment at the center is provided by the department to enhance boating safety education in California. www.dbw.ca.gov



Wakeboarding Development Camp

The Air Nautique Wakeboarding Development Camp is our most complete wakeboard instructional experience. Unlike our standard wakeboarding camps, riders choosing this premium camp will receive wakeboard and wakeskate instruction for the morning AND afternoon activity each day of the week.

This intensive camp is perfect for the rider who is interested in progressing their skills and understanding the concepts needed to take their riding to the next level.

Space is very limited so sign-up early.

Prerequisite: This is a challenging and exciting program requiring a minimum age of 8 years old to participate. Campers should be ready for a full week of physically demanding activity and lots of one-on-one coaching from highly skilled wakeboarding instructors.

Weeks Offered: All weeks Camp Length: 5 Days, 7:30am-3:30pm Cost: \$595 There will be a maximum of 5 students per week so enroll early to ensure your spot.



Sailing

The Watersports Camp's small boat sailing program is one of the most comprehensive sailing instructional programs in the world. Our 40 years of program development, along with our professional and friendly staff, combine to offer the best youth sailing instruction. Campers can start on their path to becoming a lifelong sailor or just experience the thrill of sailing their own boat. Our sailing staff is comprised of experienced instructors for Mission Bay Aquatic Center and are US SAILING certified.

Basic Sailing

This course is for youth who are new to sailing. Using one of the best boats to learn to sail, the 8-foot single-handed Sabot, campers will learn the basics of how to sail upwind, downwind, tack, and jibe. With this foundation campers will have the basic skills to move on to our other sailing camps and learn to sail larger boats.

Full-Day Camp: \$305 per week (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 per week (Available mornings only)

Advanced Sailing

After learning the basics, campers are ready to continue their sailing adventure in Advanced Sailing Camp where they will learn to sail the Holder 14, a 14-foot dinghy with a main sail and a jib sail. **Prerequisite:** Basic Sailing or equivalent.

Full-Day Camp: \$305 per week (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 per week (Available mornings only)

Hobie Cat Sailing

One of our most popular sailing camps. Campers will learn to sail the fast and fun Hobie 16 catamaran. **Prerequisite:** Advanced Sailing or equivalent.

Full-Day Camp: \$305 per week (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 per week (Available mornings only)

Performance Sailing

As campers further their sailing skills, they will be ready for more advanced and high performance boats. This camp focuses on the Laser, the same boat used in Olympic sailing. This challenging camp will test the skills of any sailor, and help make the transition from sailing as a recreational activity, to sailing as a competitive sport. **Prerequisite:** Hobie Cat Sailing or equivalent.

Full-Day Camp: \$305 per week (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 per week (Available mornings only)



Afternoon Basic Sailing

Same as our morning Basic Sailing camp but offered as an Afternoon Specialty Camp. Offered as an add-on option to the full-day camp or as a stand-alone afternoon half-day camp.

Full-Day Camp Upgrade: Afternoon Basic Sailing can be added as an upgrade to the full-day camp for +\$50

Half-Day Camp: \$215 per week

Afternoon Small Boat Racing

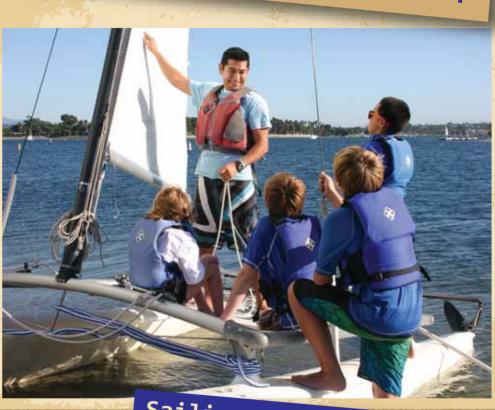
Campers will learn all about racing sailboats in this exciting camp. This specialty camp serves as a great learning environment where campers can measure their skills against other sailors. Offered as an add-on option to the full-day camp or as a stand-alone afternoon half-day camp. **Preprequisite:** Advanced Sailing or equivalent.

Full-Day Camp Upgrade: Afternoon Small Boat Racing can be added as an upgrade to the full-day camp for +\$50

Half-Day Camp: \$215 per week

Questions about registration? Call (858) 539-2003

Sailing Development Camp



Sailing Development Camp

Camp Length: 5 Days, 8:00am-3:30pm Cost: \$355

This camp is designed to be an accelerated sailing course which will develop the skills of both the intermediate and experienced sailor alike. Campers will be sailing in both the morning and afternoon sessions and will be challenged with various drills and friendly competition. Topics will include sailboat racing rules, tactics and starts. Sailing skills and sportsmanship will be the focus of this exciting development camp.

Prerequisite: Basic sailing experience is necessary to join this camp.

Campers can work towards receiving their US SAILING Small Boat Certification while at camp! Just be sure to ask the instructor for an Official Logbook of Sailing and you will be on your way to obtaining a certification. The Small Boat Certification is the first step in the US SAILING Certification system that can be upgraded as their sailing credentials grow!





Multi-Level Kayaking

This multi-level camp is designed for anyone who has an interest in kayaking and adventure. Our qualified instructors will help campers progress from kayaking basics to more advanced strokes and recoveries, all while safely touring the coves of Mission Bay.

Full-Day Camp: \$305 (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 (Available mornings only)

Marine Science

Marine science instructors, with extensive knowledge in this field of study, will lead this adventurous and educational odyssey.

Marine Science

This camp includes hands-on experience with marine life including eco-tours to tide pools, snorkeling and tours at Sea World and Birch Aquarium. Campers will discover the forces that create waves, come face-to-face with some of San Diego's underwater residents and learn how to protect our fragile marine habitat. Various field trips are scheduled throughout the summer.

Full-Day Camp: \$305 (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 (Available mornings only)



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Not a live lobster.

Windsurfing

With steady winds and flat water, Mission Bay is the ideal place to learn to windsurf!

Multi-Level Windsurfing

Campers will learn the basics of windsurfing which include rigging, body position, tacking, jibing, and sailing upwind. We use a variety of sail sizes and stable boards which make learning easy. Campers will spend most of the class time on the water learning and practicing their windsurfing skills. **Prerequisite:** Campers must be at least 65 lbs. and 10 years of age.

Full-Day Camp: \$305 per week (Includes Afternoon Multi-Sport Camp) Half-Day Camp: \$195 per week (Available mornings only)

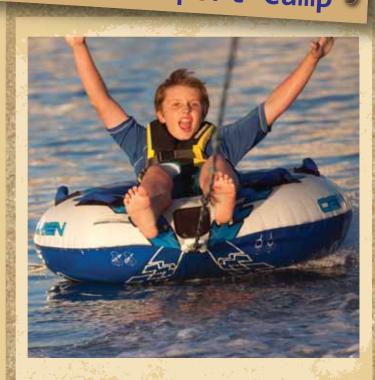
⇒Afternoon Multi-Sport Camp

Participants in this camp will experience a different sport each afternoon with other kids their age. With less emphasis on instruction, the recreational session's focus is on fun and includes beach and land activities. Activities include:

- 1-day Wakeboarding, Kneeboarding, Tubing
- 1-day Sailing Rides
- 1-day Kayaking
- 1-day Surfing/Bodyboarding
- 1-day Snorkeling and Marine Science

The Afternoon Multi-Sport Camp is included in the cost of the full-day camp or can be taken as a standalone half-day camp.

Full-Day Camp: Included in the cost of a full-day camp Half-Day Camp: \$200



Register online at www.watersportscamp.com!



Counselor-in-Training Program

Many campers 14 years and older choose to participate in the Counselor-In-Training (CIT) program where they will get a head start learning skills that will serve them as they enter the workforce. As one of the few opportunities where early teens can gain valuable work experience prior to reaching working age, CIT service looks great on resumes and college applications. Participants learn about responsibility, teamwork, and the satisfaction that accompanies a job well done. CIT's are an important part of our camp team and have a great time while doing it too! Being a CIT is an excellent way to get real work experience and fulfill community service hours.

This program is extremely popular and is subject to space availability. Please be sure to attend the appropriate orientation listed below and complete the necessary training promptly.

REQUIREMENTS: To be a Counselor-In-Training you must:

- Be at least14 years old as of June 1, 2011.
- Attend one of the scheduled orientations or webinars.
- New CIT's must attend a mandatory training day.
- Must have attended our camp in the past.
- Know how to sail or be willing to learn (included in training fee).

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ORIENTATION INFORMATION FOR NEW CIT'S

- All campers who wish to become a CIT must attend one of the following orientations: • Wednesday, March 9th, 6-7pm - MBAC
 - OR -
 - Sunday March 13th, 10-11am MBAC
 - OR -
 - Tuesday, March 15th, 5:30-6:30pm Webinar ★NEW!★ You can now attend a webinar in lieu of attending in person. REGISTER AT www.watersportscamp.com/cit

ORIENTATION INFORMATION FOR RETURNING CIT'S

All returning CIT's must attend an orientation meeting this spring to talk about changes to the CIT program at one of the following meetings:

- Tuesday, March 8th, 6-7pm MBAC
- OR -
- Thursday, March 10th, 6-7pm Webinar ★NEW!★ You can now attend a webinar in lieu of attending in person. REGISTER AT www.watersportscamp.com/cit

RATES: •\$125 per week of CIT service

- PLUS
- \$125 Training fee (new CIT's only) Includes sailing training and CIT Training Day.

Camp Registration

Registration Online:

You can now easily register online using our secure online registration system at www.watersportscamp.com

Registration by Phone: Call (858) 539-2003 now to register using your credit card.

Registration by Mail: Complete registration form on the next page and mail it today with a check or your credit card number to PENINSULA FAMILY YMCA, P.O. Box 6678. San Diego, CA 92166-0678

Registration in Person at: Peninsula Family YMCA, 4390 Valeta Street, San Diego, CA 92107. Phone: (619) 226-8888

Register the First Day of Camp: Walk-in registration will be accepted on a first come, first served basis, based on availability at the Mission Bay Aquatic Center, 1001 Santa Clara Point, San Diego, CA 92109 (east off Mission Blvd. at Santa Clara Place)

Payment: We accept cash, checks and credit cards (VISA, MasterCard, American Express and Discover).

At the completion of registration we will send vou health history and waiver forms which you will need to complete and return before participation in camp.

Questions about registration? Call 858-539-2003

Camp Dates >>

Week

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4

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Dates

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Mook	Data	

SP#1 SP#2 SP#3

April 4-8 April 11-15 April 18-22

SUMMER 2011 Week

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9

13

June 6-10 June 13-17 June 20-24 10 June 27-Julv 1 11 July 5-8 12 July 11-15 July 18-22

Dates July 25-29 August 1-5 August 8-12 August 15-19 **August 22-26** August 29-September 2

*Discounted 4-day week. No camp on July 4th.

General Information

TRANSPORTATION: Campers must provide their own transportation to and from the Mission Bay Aquatic Center.

CLOTHING AND SUPPLIES: Some clothing and supplies are needed, such as: sunscreen, towel, hat, footwear, bag or backpack, windbreaker, etc. Campers must bring a padlock to lock up gear. A complete list of needed supplies will be included in the registration packet.

FOOD: Campers must provide their own sack lunches and beverages unless otherwise noted. One day during the week, with advance notice, campers may bring money for a lunch field trip. A picnic lunch will be provided for campers and their families on Friday from 11:00 am - 12:00 pm.

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