THE UNIVERSITY OF TEXAS AT AUSTIN



What Starts Here Changes the World

Athletic Training Education Program

2011 Newsletter

ATEP UPDATE

The ATEP is up for re-accreditation with CAATE. We submitted our Self-Study Report in July and expect a site visit during the 2011-12 academic year. Our numbers continue to grow as we have 31 returning students and 29 newly admitted students this fall, giving us 60 ATEP students—our highest enrollment to date. We had over 60 students complete, and nearly 75 students participate, in the Directed Observation Program this year. We also graduated our largest senior class this spring/summer, with 16 students graduating with a B.S. in Athletic Training. Our graduates continue to do well on the BOC exam with 12 of 14 (86%) students passing the BOC exam on their first attempt and both students passing on their second attempt. The national first-time passing rates on the BOC exam remain around 50% compared to our students' passing rate of 86%. The remaining two students are to take the BOC examination this summer.

2011 GRADUATES

Jasmine Alcala – passed the BOC exam and will be a GA at North Park University in Illinois. She served as Communications Officer for LATSA.

Guillermo Alejandre – passed the BOC exam and is currently seeking employment.

Laura Armendariz –will sit for the BOC exam this fall and will attend graduate school at Northwestern State University (LA)

Beth Boyington – passed the BOC exam and will be a GA at Oregon State University. She also completed two terms on the SWATA Student Senate and served as LATSA President. She was named the ATEP's ATS of the Year for 2011.

Brad Endres – passed the BOC exam and will continue with his pre-med courses. Brad twice served as an officer on LAT-SA and spearheaded the LATSA – UT ATEP Alumni Golf Scramble. He was sponsored by SWATA to attend the NATA's I-Lead and Hit the Hill Day and was recognized by SWATA with a leadership scholarship, due in part to his service on the SWATA Student Senate including that of Senate Chair.

Elizabeth Ewing – passed the BOC exam and will attend law school at Mississippi College of Law.

Alyce Henley – passed the BOC exam and will be a GA at Lamar University while she continues her pre-PT prerequisites

Jared Hutchens – passed the BOC exam and is doing contract work in the Austin area while he continues his pre-PT prerequisites.

Chrisi Imken – passed the BOC exam and will be a TA in UT's Exercise Physiology Master's Program. She was the recipient of the ATEP PRIDE award for classroom excellence for the third year in a row.

Allison Martinez – passed the BOC exam and will be a GA at New Mexico State University. She served as the Parliamentarian for LATSA.

Rachel Pena – passed the BOC exam and will be a GA at Baylor University. Rachel was chosen by her peers to serve as the student speaker at the ATEP Banquet.

Kiona Pilles – will sit for the BOC exam this summer and will be a doctoral student in UT's Nutrition program as she continues her pre-med courses.

Kayla Rusterholtz – passed the BOC exam and will be a GA at Northern Illinois University.

Jeff Schmidt – passed the BOC exam and will be a GA with Texas State University while working at Texas Lutheran University. He served as LATSA Treasurer.

Hannah Shoemaker – passed the BOC exam and entered PT school at UT El Paso.

Lorena Somaru – passed the BOC exam and is working at Medicine in Motion, a local, physician owned sports medicine practice.



2010-11 ATEP Students

CONGRATS TO 2011 INCOMING CLASS

Giovanna Alanis
Reagan Atkinson
Rebecca Burnett
Aldo Davila
Jason George
Cole Gradeless
Danielle Henry
Mary Nicole Hogan
Ja'Lisa Hunter
Christopher Ivone

George Lin
Jonathan Masselink
Lindsey Matvey
Hailey Mayo
Abigail Morgan
Marcus Mosqueda
Reebahl Nassif
Nathan Navarro
Titi Olokode
Ileana Ramirez

Joaquin Rios Anthony Rizzolo Ryan Roe Dianna Schwake Halee Shadden Hector Valverde Lindsey Ventura Wing Yi Ivy Yung

Nicole Renick



2010-11 AWARDS

Athletic Training Student of the Year: **Beth Boyington**

Most Improved Athletic Training Student: **Alex Lane**

PRIDE Award: **Christi Imken**

LATSA Inspiration Award: **Dae Ho Kim**

1st YEAR LETTER AWARDS - UT LETTER JACKET

Jeremy Alexander
Sarah Brierly
Alyssa Carrillo
Tracey Ely
Motoki Fujii
Adrienne Garcia
Miranda Jenson
Cyndi Lopez
Brent Noland
Tina-Marie Rainey
Nick Saldivar
Feei-Shen Tsui
Heriberto Zamora



2nd YEAR LETTER AWARDS - UT WRIST WATCH

Kristin Abels Savannah Burks Ashley Chisholm Joseph Cuellar Jenna Duffek Jonathan Johnston Dae Ho Kim Alex Lane Dominic Maneen Joseph Martinez Taylor Melian Corey Newton Kaitlin Niemiec Kristine Seymour Chris Son Ben Stefka Casey Weiss Kimberley Zoller



SENIOR AWARDS - T-RING



Jasmine Alcala Guillermo Alejandre Laura Armendariz Beth Boyington **Brad Endres** Elizabeth Ewing Alyce Henley Jared Hutchens Christi Imken Allison Martinez Rachel Pena Kiona Pilles Kayla Rusterholtz Jeff Schmidt Hannah Shoemaker Lorena Somaru

ATHLETIC TRAINING SERVICE AWARDS

Christi Imken Jasmine Alcala **Brad Endres** Kayla Rusterholtz Guillermo Alejandre Elizabeth Ewing Allison Martinez Jeff Schmidt Hannah Shoemaker Laura Armendariz Alyce Henley Rachel Pena Beth Boyington Jared Hutchens Kiona Pilles Lorena Somaru

ATHLETIC DIRECTOR'S ACADEMIC AWARDS

Kristen Abels Motoki Fujii Jeremy Alexander Alyce Henley Elizabeth Boyington Jared Hutchens Sarah Brierly Christianna Imken Savannah Burks Miranda Jensen Jonathan Johnston Alyssa Carrillo Joseph Cuellar Daeho Kim **Brad Endres** Alexander Lane

Kristine Seymour Cynthia Lopez Dominic Maneen Hannah Shoemaker Lorena Somaru Joseph Martinez Taylor Melian SeongJun Son Rachel Pena Feei Shen Tsui Kiona Pilles Casey Weiss Tina-Marie Rainey Heriberto Zamora Kimberley Zoller Kayla Rusterholtz



Recipients of the Athletic Director's Academic Award





ACI of the Year - Carisa Raucci

Charlie Craven

CONGRATULATIONS TO:

Tina Bonci who was inducted to both the UT Athletics Hall of Honor and the SWATA Hall of Fame. (See page 13 for more info)

Mark Chassay, M.D. (team physician) who was named the Chief Medical Officer for the US delegation at the 2011 Para Pan-Am Games in Mexico. Mark and his wife, Kimberly also welcomed Huston Darren Chassay to the world in May.

Charlie Craven who was given an Honorary Membership to the NATA.

Lagwyn Durden (women's track) who was named to the medical staff for the US delegation to the World Track and Field Championships in South Korea.

Brian Farr who was named to the US sports medicine staff for the 2011 Para Pan-Am Games in Mexico. Farr was also selected as an Item Writer for the BOC Exam Development Committee, was elected as the TSATA's Secretary-Treasurer, and appointed as the Texas State Representative to the NATA.

Eric Fry who received the Slater Martin Coaches' Award from UT Men's Basketball.

Donald Nguyen (football) who just got engaged to long-time girlfriend Irma Mata.

Andrea Pana, M.D. who served as an editor on the 5 Minute Sports Medicine Consult book published in January.

Carisa Raucci who was selected as the ACI of the year by the Athletic Training Staff.

Mike West (baseball) who was selected by USA Baseball as the AT for the USA Baseball U14 team that will compete in the COPABE Pan Am A/14U Championships in Venezuela.

Student **Kristen Abels** who will complete the ATEP while also working a MS in UT's Movement Science Program.

Students **Beth Boyington**, **Savannah Burks** and **Jared Hutchens** who represented UT at this year's SWATA Quiz Bowl. Although they didn't win the Bowl, they represented the ATEP well.

Student Savannah Burks who became the fourth Longhorn to be elected to the SWATA Student Senate.

Student **Dae Ho Kim** who was selected for three summer internships; one with the Texas Rangers, one with the Round Rock Express, and one with the Tampa Bay Buccaneers. Dae Ho also received the Louie Lee and Mel Miller Texas Exes Scholarship.

Student **Dominic Maneen** who was sponsored by the TSATA to attend the TSATA's Hit the Capitol Day and the NATA's I-Lead and Hit the Hill Day. Dom is also on the SWATA Student Senate, serving as the Chair. He also received a SWATA Scholarship. Dom also received an Alderson Scholarship from the Department of Kinesiology and Health Education.

Students Corey Newton and Dominic Maneen who received University Honors.

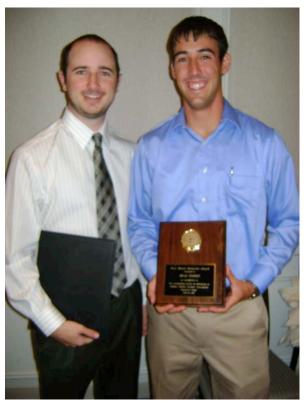
Student Kimberly Zoller who received the College of Education's Jowett George and Phyllis Scholarship.

New LATSA Executive Council:

President Savannah Burks
Vice President Adrienne Garcia
Secretary JR Alexander
Treasurer Joseph Martinez
Historian Corey Newton
Parliamentarian Dominic Maneen



Students attend the SWATA Annual Meeting



SWATA Scholarship and Award Recipients Maneen and Endres

NEW LONGHORNS

Kim Detwiler joined the UT staff in 2011 as the athletic trainer for the Longhorns softball team. Prior to coming to Texas, Kim was an Assistant Professor of Athletic Training Education at the University of La Verne in La Verne California. While at La Verne, she taught in the Athletic Training Education Program and served as the athletic trainer for the Leopards softball team. She also currently serves as the chair of the National Athletic Trainer's Association's Young Professionals' Committee (2008-2012). Kim earned an Associate's Degree in Sports Medicine from Modesto Junior College, a BS in Athletic Training from San Diego State University and a MS in Athletic Training from Oregon State University.

Kassi Johnson, a 2008 ATEP graduate, returns to UT this fall as an Assistant Athletic Trainer. Kassi will work primarily with the women's swimming and diving teams. After graduating from UT, Kassi served as a graduate assistant with football, rowing and the spirit squad while earning her MEd from the University of Virginia. She comes of Austin from Syracruse, NY where she was an Athletic Trainer for Fitness Forum Physical Therapy.

Tad Leusch will join the UT staff this fall as the ATEP's Clinical Coordinator and an Assistant Athletic Trainer with Athletics. Tad will teach courses in the ATEP, oversee the Directed Observation Program, coordinate the ATEP students' clinical education experiences and provide coverage for women's rowing. Tad comes to UT from the University of Iowa where he served as a staff athletic trainer with the Hawkeye football team for six years. He also served as an ACI and lecturer with Iowa's ATEP. Tad was also an assistant athletic trainer at the University of Illinois and as assistant and head athletic trainer at Carson-Newman College. While at Carson-Newan, he also served as an ACI and Lecturer. Tad earned a MS from Michigan State University and a BS from Northwestern College.

ALUMNI UPDATES

Randy Ballard (GA '01) and his wife are expecting their second child. Avery, their two and a half year old daughter is excited to have a little brother to beat up.

Lance Bernard ('03) and his wife Jennifer are now proud parents of Peyton Austin Bernard. Lance also left Brewer High School for a position as a physician extender with Dr. Michael Boothby at Southwest Orthopedic Associates.

Douglas Blackard ('89) is now an administrator of Memorial Bone and Joint in Houston.

Fred Burnett (staff '09), head athletic trainer at the University of North Florida, and his wife, Courtney welcomed their second child, Audrey Michaela Burnett on 5/2/11.

Marissa Carrizales ('09) finsihed grad school at Arizona State University and was hired to be a full-time staff AT with women's gymnastics at ASU.

Derrick Chan ('07) finished PT school and got engaged.

Bryan Cooper ('00) is now the Assistant Principal at Bear Branch Jr. High in Magnolia, TX. His family welcomed a new Longhorn in Colton Mitchel Cooper, born January 24th. Big sister Bailey likes him so far.

Eddie Day (17 B.C.) and Karen moved to Guernsey, Wyoming. Both are still helping with wild land firefighting. Their son Jonathan is also in Guernsey. Daughter, Natalie and her husband live in Friona TX and daughter Stephanie and her husband live in Pflugerville, TX. Karen and Eddie are now grandparents to three grandchildren.

Kathy Dieringer ('84) was elected the District VI Director of the NATA.

Mandi and Tony Hill (Staff '08) are now proud parents of Caden James Hill, born on 12/9/10.

Crystal (Tomlinson) Holley ('06), an AT at Brandeis HS, and her husband are proud parents of Cason Wesley Holley. Cason was born on May 31st.

Kassi Johnson ('08) got engaged in Niagra Falls in May. Her thesis was accepted both for a poster presentation in the Free Communications portion of the NATA Annual Meeting and for publication in the Journal of Athletic Training. A spin-off from her thesis was published in the North American Journal for Sports Physical Therapy.

Bryan Lipchitz ('01) married the former Rachel Sh'ar on March 5th. He sent us a link to a video taken at the reception (pretty funny stuff...) http://m.youtube.com/watch?gl=US&client=mv-google&hl=en&v=6w9cotdorMw and http://www.youtube.com/watch?v=6w9cotdorMw

Jesse Lopez ('06) moved to Dobie High School (Houston) and is now the proud papa of Jayden Everett Lopez, who was born in September.

Amanda Martinez ('09) finished her MS in Athletic Training at Texas State University. She presented a poster at this year's NATA Annual Meeting entitled "The Effects of Caffeine Consumption on Core Body Temperature in the Physically Active During Exercise: A Systematic Review."

Kara Miller ('08) will begin working on her Ph.D. in Education at the University of Hawaii.

Candice (Kubeck) Nimon (GA '05) and her husband Tim are proud parents of their first child, Austin James, who was born on July 11, 2011.

Danny Oh ('09) finished his military service in Korea and will begin the NYU's Sports Business master's program.

Congratulations to **Russell Sadberry** ('91 and '93) and the student athletic trainers from Katy High School for winning the SWATA National Athletic Training Month PR Contest. Here is a link to their video: http://www.schooltube.com/video/da1e961ac1e60e76c5a9/Tiger-Sports-Medicine

Mallory Sitzman ('09) moved to New Caney (Houston) as an assistant athletic trainer.

John Southerland ('07) is now the National Sales Director for Pinnacle Brokerage Firm. He and his wife, Bristi are expecting their first child in November.

Kristin Thompson (GA '06) has been appointed to the Cut Score Committee and the Exam Development Committee for the BOC examination.

Jason Williams (staff '09) was promoted to a Territory Manager and Senior Sales Rep for Smith & Nephew Endoscopy. He and his wife, Cayce will move to Chattanooga.



Fred, Courtney, Liam and Audrey Burnett



Jayden Lopez



Cason Wesley Holley with mom, Crystal



Huston Darren Chassay 5/23/2011 7lbs 4oz 19.5"

LATSA ALUMNI GOLF OUTING:

The third Annual LATSA Alumni Golf Outing was held at Austin's Bluebonnet Golf Club in May. Congratulations to alumni John Southerland's team who won the outing - again - with a score of 10 under par. John's team also had the longest drive and closest to the pin. ATEP student Lori Armendariz had the longest putt. Special thanks to the following sponsors: Texas Sports and Family Medicine, Austin Toros, Edwin Watts Golf, Shamrock Rental Equipment and the T-Association.

Unfortunately, due to decreasing turnouts for the past couple of years, there are no plans for additional outings. A special thanks goes out to recent graduate, Brad Endres, on spearheading the outing over the past three years. His efforts were supported by a host of ATEP students and staff. Also a "thank you" to all who sponsored the event and to the students, staff, alumni, and guests that participated for the past three years.



Alumni John Southerland's winning team

STAFF vs. STUDENT PAINTBALL WAR... IT'S BACK!

After a year off, the students finally gutted up and decided to challenge the staff to another paintball war. The challenge in and of itself was shocking since the staff has "owned" the students in previous battles. In fact, the only thing that saved the students this year was the fact that there were almost 30 students battling the half-dozen staff members. While most of the day saw teams comprised of both staff and students battling it out, the staff did agree to a true staff vs. students' battle. While the staff held on valiantly, they were ultimately defeated by the tactically deficient but numerically superior students. Fun was had by all and no one (Brad) had to be life-flighted for medical care.

HIGH SCHOOL SUNDAY

The annual High School Sunday event was another success this year as nearly 50 students and more than a dozen professionals were in attendance. The students participated in lectures and labs covering knee injuries and concussions conducted by ATEP students while the professionals participated in labs on manual therapy and soft tissue therapy presented by Donald Nguyen and Kendal Jacobson. For info on next year's HSS even, check the ATEP website.

LONGHORNS SPORTS MEDICINE CAMP

The 2011 Longhorns Sports Medicine Camp was another success with over 100 high school students attending the camp. Look for more information on next year's camp on the ATEP website at www.edb.utexas/atep or www.longhornssportsmedicinecamp.com



Participants of the 2011 High School Sunday event



2011 Longhorns Sports Medicine Camp

LONGHORN LECTURE SERIES

The "Longhorn Lecture Series" has been an idea for several years and finally came to fruition this year. The idea behind LLS is to provide inexpensive CEU workshops to area ATs. Four workshops were offered this year. The first one, "From the Field to the Emergency Department", featured presentations by the Austin-Travis County EMS Director and the Director of Trauma Services from the University Medical Center Brackenridge, in addition to a hands-on lab on the emergency management of spine injured athletes. The second workshop focused on sport related concussions and featured presentations by Mark Chassay, MD and Bridget Wallace, PT. Martha Pyron MD presented the third workshop "Does this Athlete Need to see a Physician" which emphasized the evaluation and management of common general medical conditions. The 4th workshop was included in the High School Sunday event and covered manual therapy and soft tissue techniques. We plan to continue offering the lecture series this year also.

BONCI HONORED BY UT AND SWATA...

Tina Bonci was inducted to the UT Department of Intercollegiate Athletics' Hall of Honor and the SWAT Hall of Fame this year.

Tina, who currently holds the title of Co-Director of Athletic Training/Sports Medicine for Intercollegiate Athletics, was hired as the head women's athletic trainer at UT in the fall of 1985. She has spent the last 26 years working daily with student-athletes and athletic training students at UT. During her tenure in Austin, Tina and her staff have been instrumental in maintaining and promoting the health of student-athletes who have claimed 20 NCAA championship team titles in seven different sports.

In 2006, she received the Most Distinguished Athletic Trainer of the Year award from the National Athletic Trainers' Association (NATA), a prestigious honor that recognizes unique and exceptional contributions to the profession through personal sacrifice and dedication. She received the same honor from the Southwest Athletic Trainers' Association (SWATA) in 2009.

In addition to her role as a clinician and administrator, she had coordinated and taught, with assistance from her colleagues, the academic coursework necessary for students to complete criteria for national and state credentialing as an athletic trainer through an internship pathway. Her connections with faculty and administrators were instrumental in garnering support for a curriculum program in athletic training that was established in 2004.

A noted speaker and lecturer on women's health issues, Tina has been published in numerous peer-reviewed sports medicine journals. She was lead author for the NATA position statement that delineated standards of care for detecting, managing, and preventing disordered eating in athletes that was published in the Journal of Athletic Training in 2008. Tina also served on the NATA Convention Committee, chairing the clinical program for its 50th Anniversary Meeting in Kansas City. She currently serves as the chair of the clinical program for the Southwest Athletic Trainers' Association.

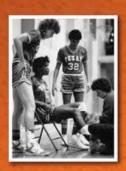
Tina is a veteran of numerous national team competitions. She was appointed by the United States Olympic Committee/ Sports Medicine Council to the medical staffs of the boycotted 1980 Moscow Olympics and the 1984 Los Angeles Olympics. In 1984, Tina served as head athletic trainer for the gold medal winning U.S. women's basketball team.

She earned her bachelor's degree from Lock Haven State College in 1977 and received her master's degree from the University of Rhode Island in 1979. After graduate school, Tina held a clinical appointment at the University of Pennsylvania Sports Medicine Center, a unique health care delivery facility at the time of it inception, providing complete diagnostic, in-patient and out-patient treatment for pediatric, adolescent, collegiate, professional, and recreational athletes.

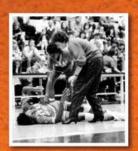
Congratulations, Tina. We are all very proud of you and thankful for your contributions and dedication to making UT's athletic training and sports medicine programs the best in the country.

CONGRATULATIONS











Tina Bonci

On Your Induction into the

2011 SOUTHWEST
ATHLETIC TRAINERS' ASSOCIATION
HALL OF FAME













THE UNIVERSITY OF TEXAS AT AUSTIN



SWATA Hall of Famers - Tina Bonci and Spanky Stephens



Tina Bonci, proudly displaying her SWATA Hall of Fame award

THANK YOU:

A "thank you" goes out to the clinical staff at our affiliated clinical sites: The University of Texas Department of Intercollegiate Athletics, Leander HS, McNeil HS, Pflugerville HS, St. Edward's University, University Health Services and Westwood High School.

2010-11 UT ATEP ACIs:

Tina Bonci - Co-Director of Athletic Training/ Sports Medicine

Kenny Boyd - Football

Tara Burnett - Men's Track & Field

Trent Carter - Football

Kim Detwiler - Softball

LaGwyn Durden - Women's Track and Field

Eric Fry - Men's Basketball

Allen Hardin - Co-Director of Athletic Training/ Sports Medicine

DeAnn Koehler - Volleyball

Terry Murphy - Men's Tennis and Swimming & Diving

Donald Nguyen - Football

Gabe Perlaza - Soccer and Women's Tennis

Carisa Raucci - Spirit Squad

Danny Ruiz-Softball

Lisa Stalans - Women's Basketball

Mike West - Baseball

2010-11 AFFILIATED CLINICAL SITE ACIs:

Cedar Ridge HS - Melissa Harrington, John Horsley

Leander HS - Dawn Allen, Wayne Lauritzen

McNeil HS - Melissa Ochs, Kirk Mollenkopf

Pflugerville HS - Pete Wimmer, Ellen Boyd

Rouse HS - Derrl Ohnheiser, Miranda Finkelstein

St. Edward's University - Lisa Lowe, Chris Magott, Nicole Reimers

Student Health Center - Dr. Jeff Latimer

Texas Sports & Family Medicine - Drs Hutchens, Vachris, Chassay and McCarty

UT Physicians - Drs Bosquez, Bray, Chassay, Pana and Vachris

Westwood HS - Greg Bauer, Monica Matocha

A "thank you" also goes out to the folks that served as guest lecturers in the classroom. Without all of your support and assistance, the ATEP would not survive. Please keep us updated. We want to hear what you've been up to. If you haven't submitted and "alumni information sheet" or haven't updated your info in a while, please do so. You can download the form from the "alumni" section on the ATEP website. If you know of UT alumni that are not on the alumni list or have not sent us an update, please encourage them to do so.