

Check us out on our web site at: <https://www.wisconsinforce.org/>  
 Check us out on Facebook @ Wisconsinforce

August 15, 2018

## Upcoming Events

Green Bay  
80 Shot reduced  
 August 18, 2018

WI Rapids  
Vintage Team Sniper Match  
 August 18, 2018

Beloit  
80 Round Reduced  
 August 19, 2018

Neenah (Twin City)  
NEW League  
 August 19, 2018

Monroe  
Outdoor Small-Bore  
Championship  
 August 18, 2018

LaCrosse  
Mid-Range 4-gun 600 yd  
State Championship  
 August 25 & 26, 2018

Beloit  
Garand/Springfield/  
Vintage/Modern Military  
 August 26, 2018

Wausau  
600 yard Benchrest  
 August 26, 2018

Eau Claire  
Mid-Range 4-gun 600 yd  
 September 1, 2018

Eau Claire  
80 shot NMC  
 September 2, 2018

Eau Claire  
M1 Garand & M1A  
 September 3, 2018

Green Bay  
80 shot reduced  
 September 8, 2018

See Calendar on web page for other events:

<https://www.wisconsinforce.org/>

## PINE RIVER SPORTS ASSOCIATION



Our facility is located at 1535 N Cedar Street, Richland Center, WI. The facility is a climate controlled, indoor shooting range with a training/club room. The indoor range consists of 9 firing points with distances up to 50 feet. All shooting lanes are equipped with lane dividers, fold up shooting

tables and electric target retrievers. The range is also equipped with an approved air handling system, in-floor heating, a rubber covered firing line and target lighting at standard shooting distances. The club/training room is equipped with restroom facilities, in-floor heating, air conditioning, firearms storage racks and shelves, tables and chairs and mini kitchen. Internet and Wi-Fi access is available.

[The Pine River Sports Association supports, sponsors and conducts:](#)

- Competitive shooting matches for adult and youth shooters
- Firearms training courses for interested adult and youth individuals
- Family oriented, shooting-related events
- Bi-annual Gun Shows
- Local youth shooting events
- Local 4H, High School Rodeo, American Legion and other shooting related programs
- Local Middle School and Parochial School sponsored firearms safety training

[The PRSA supports and sponsors events in the following shooting disciplines:](#)

- BB Gun
- Air Rifle
- Smallbore Rifle and Pistol
- Light Rifle & Squirrel Gun
- Centerfire Pistol – Conventional, Action, Combat and Police
- High power Rifle
- Muzzle Loading Black Powder



# Wisconsin Competing at Camp Perry Past and Present

Pictures from past courtesy of Sandy Pagel. Pictures from present and story by James Melville. Earlier this year on Facebook Sandy Pagel started posting some pictures of Camp Perry from the 90s. I thought it would be something people would like to see and compare them with pictures from 2018 CMP National Match.



Sandy Pagel in the Whistler Boy Team Match



Sandy Pagel's teammate Jeff Gerbitz, in Whistler Boy Team match



Thomas McGowan on the left and Brad Schoenemann on the right shooting with Kaleb Hall coaching in yellow.



Brad Shoeneemann shooting rapid fire prone.

The NRA still hosts the Whistler Boy Junior Team Match, but the CMP has created their own 2 person Junior Team Match called the Freedom Fighter Junior Team match. This is the match our Wisconsin Juniors compete in.



**Sandy Pagel (center) Shoot off in 1999**

**In 1999 Sandy Pagel made it in the shoot offs in 2018 no Wisconsin competitor made it in, but Bryan Melville was close being 21 out of 20 missing it by a few x's.**



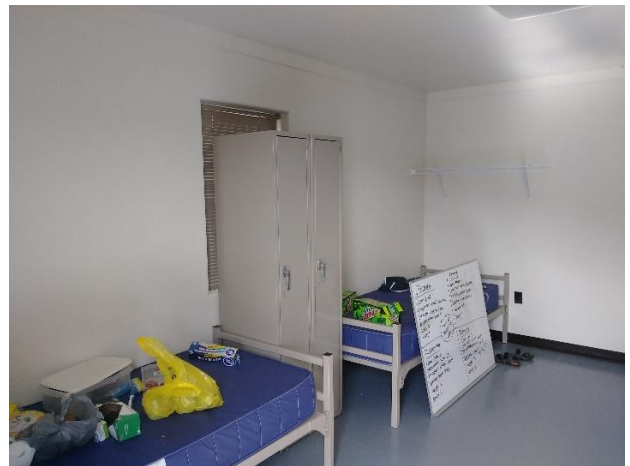
**Presidents 100 top 20 Shoot off 2018**



**The old Huts. From what I have been told the roofs leaked, rodents living in them and very crude.**



**The new huts have been rebuilt. The same size with four beds, heat and air-conditioning.**



**Inside the new Huts is still basic, but it is clean, comfortable, a roof that doesn't leak and cool air for after a hot day on the range.**



**The bathrooms back in the 90's were rough with no stalls.**



**In 2018 Camp Perry has nice modern bathrooms and showers.**



**Modern bathroom facilities cleaned daily.**

**I have been going to Camp Perry for the last five years. Every year gets upgrades. When talking with some of the older competitors and by looking at the pictures it must have been a rough stay.**

# WISCONSIN FIREARM OWNERS

RANGES • CLUBS • EDUCATORS

## Photo Contest

New segment being added. Send in your best pictures to me at: [james@wisconsinforce.org](mailto:james@wisconsinforce.org)

If they are good enough, I will showcase them in the Trigger, Facebook and the website.

Please send a caption of who took the picture, place taken and maybe a short story.



Picture taken by: James Melville at Camp Perry Ohio 2018. A beautiful sunrise before the match.

Send me your Photo and if they are good enough I will put them in the Trigger. I look forward to seeing what you have.



### Contact Info:

#### Officers

President-Mike Stewart: [president@wisconsinforce.org](mailto:president@wisconsinforce.org)

Vice President-Dave Holub: [dave@wisconsinforce.org](mailto:dave@wisconsinforce.org)

Treasurer- Kaleb Hall: [kaleb@wisconsinforce.org](mailto:kaleb@wisconsinforce.org)

Secretary- James Melville: [james@wisconsinforce.org](mailto:james@wisconsinforce.org)

#### Board of Directors

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Brady Westling: [brady@wisconsinforce.org](mailto:brady@wisconsinforce.org)

## News from the Board

Next Board of Directors Meeting September 29, 2018

Help us protect your second amendment rights in Wisconsin! Join **Wisconsin Firearm Owners, Ranges-Clubs-Educators today!**

This is cheap insurance to assure your gun, range, hunting, self-defense rights and your Freedom in **Wisconsin.**

**Wisconsin Firearm Owners is 100% volunteer organization**

# WISCONSIN FIREARM OWNERS

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## Junior Supporters



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<http://www.vortexoptics.com/>



<http://www.hodgdonreloading.com/>



<http://www.halltitle.com/>



<http://www.wisconsintrigger.com/>

### Wood County Rifle and Pistol Club

<http://www.wcrifle.org/>



<http://my.rclrc.net/index.php>

### HOLUB MACHINE & REPAIR, LLC

<http://www.newhighpower.com/>

### Central Wisconsin Gun Collectors Association

<http://www.centralwisconsin-gun.org/>

### Chippewa Brass & Aluminum Foundry LTD.



<https://www.chippewafoundry.com/>



<https://bartleinbarrels.com/>



<https://www.sierrabullets.com/>

Your company could be here.

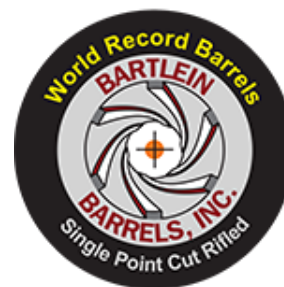
Contact Dave Holub:  
[dave@wisconsinforce.org](mailto:dave@wisconsinforce.org)



## Junior Sponsor Recognition

A big thank you to Bartlein Barrels for supporting our Wisconsin Juniors.

Brad Schoenemann receiving a service rifle barrel from Brady Westling a representative from Bartlein Barrels at Camp Perry Ohio.





## Wisconsin Firearm Owners (WFO)

### Mission

To promote and support the purpose and objectives of the National Rifle Association, while protecting and defending the Constitutions of the United States and the State of Wisconsin.

### Securing Our Rights

The assaults on the rights of today's firearms owner have never been stronger. These attacks on our civil rights come from anti-hunting, anti-gun, and anti-civil rights organizations. We must stand together to preserve the rights guaranteed to all free citizens under the Second Amendment, the U.S. Constitution, and the Wisconsin Right to Keep and Bear Arms. WFO has a constant presence in Madison helping to ensure your voice is heard. Whether it is the right to self-defense, micro stamping or hunting regulations, we are involved. Combine your voice with that of thousands like you in Wisconsin; our united voice cannot be ignored.

### Club and Range Support

We are the experts in the State advising the Wisconsin Department of Natural Resources, clubs, and businesses in upgrading, improving, and the design of ranges.

### Competitions

Matches and events are listed on our calendar. Match Directors can also utilize our on-line registration. NRA discipline championships are authorized and promoted by WFO. **Please join us today!**

## Junior Service Rifle Team



The Wisconsin Junior Service Rifle Team had another successful year at Camp Perry. It was a year full of personal bests and a lot of fun.

Some highlights from this year are as follows:

\*Presidents 100 Highlights: Bryan Melville takes 21st place, just missing the shoot off. Coach/Parent Spencer McGowan makes the cut, new junior Thomas K. (aka TK) shoots an impressive 285.

**\*National Trophy Individual- Junior Thomas M (aka Shooter) places 2nd Junior and 3rd Non-Distinguished. Juniors Brad S and Reanna H earn Leg points, Coach/parent Spencer McGowan earns Leg points, Coach Mike Stewart earns points and finishes his Distinguished Rifleman Badge, Josh Hanrahan fires a 494-24, and wins the National Guard Trophy.**

**\*National Junior Team Trophy Match- 3 Teams placed in the top 20 and earned bronze medals. Team Cheddar (Brad S and Thomas M) led the charge with a 4th place finish.**

**\*Hearst Doubles- Josh Hanrahan and Bryan Melville take 7th place.**

**\*National Trophy Team Match- Team Cheddar takes 3rd junior team.**

**\*National Trophy Infantry Team Match (Rattle Battle)- Team Cheddar takes 2nd place.**

**\*Thomas M earns a place on the Deneke team (as one of the top six junior service rifle competitors in the country).**

**Special thank you to all supporters, parents, and coaches who volunteer their time to make our junior team successful! We can't wait to see what the next year brings!**



Bryan Melville takes 21<sup>st</sup> place in the P100



2018 Juniors: B. James L, Brad S., Thomas K., Vince N., Wyatt M.  
F. Reanna H., Sam C., Thomas M



4<sup>th</sup> Place Team Cheddar: Coach Kaleb H., Captain Sara H.,  
Shooters Brad S. and Thomas M.



The team getting ready before the National Trophy  
Junior Team Match



Reanna H. receiving some instruction during the Marine Clinic



# Don't Let Excess Baggage Keep You from Winning Scores

by J.P. O'Connor - Thursday, March 15, 2018



We invest a great deal of time, money and effort in our shooting. Firearms, ammunition and accessories are carefully selected and protected. Trips to the range or across the country for a competition are planned. No detail is overlooked. Is that really true, though?

Have you ever stopped to consider what you take with you to shoot? No, we're not talking about your equipment. What is it you take with you in your head and in your heart?

If you are like many shooters, you approach shooting, especially competition, with a mixture of excitement and desires, fear and doubt—thoughts about how to handle the shooting session, optimism or pessimism and a host of other conflicts and feelings. It is quite a mix of baggage, isn't it? Sadly, it does not help us perform well at all. Where do all these feelings come from? What are the essential elements that cause baggage? There are three primary sources.

Lack of proper commitment. Most shooters come to their game with only one true commitment: to look good and not embarrass themselves. The desire for the approval of others is so basic and deeply ingrained that they often aren't even aware of its existence. Because this desire is such a fundamental part of the shooter's thinking, it weakens or prevents true commitment to the athlete's other desires. Constant judgements. Shooters are often full of judgements about themselves, other competitors and the environment. The plethora of negative thoughts that invade often include: *that person is better than me, I haven't practiced enough lately, it's too cold, hot, wet, dry, dark, bright, windy or rainy to shoot well, my gun or ammunition isn't up to the job.* The constant flow impedes good performance and stifles enjoyment.

On the verge of upset. As if the first two sources of baggage aren't enough, there is an even larger issue looming—the fear of failure. We may be feeling good today and shooting well, but the fear is constantly lurking. Sure enough, a couple of bad shots come and we are completely undone! While we are shooting, we are in fear and are often only two shots away from being totally unnerved.

Breaking the cycle. With this much luggage, it's no wonder so many shooters have problems improving and enjoying the sport. As one of my young friends once said, "We have enough baggage in life, why carry any to the firing line with us?" How then do we go about breaking the cycle?

Appropriate commitment. Think for a moment about a fundamental question, "Why do you shoot?" We each have our reasons. It's important to commit yourself to the enjoyment, the learning and the aspects of the game that most appeal to you. People will like you just as much, even without you worrying about what they think.

Commit yourself to the "doing" of the sport. Just "be" and "do" and your enjoyment will grow. Interestingly, your shooting will improve. Make up your mind and act.

Extrospection and proper introspection. A significant component of choking is self-conscious introspection. Concerned with outcome or other aspects of the competition that are outside the athlete's direct control, the athlete becomes self-conscious, no longer trusts



themselves, and takes over-active control of the process. This is the kiss of death to your shooting results. Instead, look outside yourself and, paradoxically, also look inside yourself in positive and helpful ways.

Though extrospection is really a medical term with a very specific meaning, it takes on a much broader meaning in this context. Here it is meant to be the opposite of introspection. Notice the range, the other shooters, officials and others at the competition or training. Take time to talk with them, note the weather and actually notice what is going in your preparation, setup and shooting. It's important to be aware, not judgmental or critical. Look with the eye of an artist or dancer, rather than the eye of the mechanic, technician or engineer.

Don't just look, feel what is happening. Feel it with your body and with your heart. After all, it isn't just your body that does the shooting. Introspection has its place, but not the controlling introspection that is self-conscious and so deep that a shooter doesn't notice the performance-shattering affect. Instead, experience the introspection that is aware, free of judgement and criticism, and that senses every nuance of your body's feel and your emotions. Experience the mode of introspection that is quiet, calm and lives only in the present moment.

Creativity and acceptance. We are taught, teach ourselves or develop a way to shoot. As we improve, our fear of shooting worse forces us to be less likely to deviate from our learned methods. It's in the trying to always hit the center, break the clay or tip the silhouette that we limit ourselves. Get creative to really learn to shoot. Allow yourself to make mistakes and learn from them. This will lend insight into how to hit where you want. For example, shotgun shooters who learn the next day's forecast is for high or gusty winds, need to double their training time instead of simply cancelling it.

While many shots will be missed at first, allowing yourself to calmly continue—without regard to the outcome—will open your senses to learning how it all really works. Before long, you will begin breaking targets in challenging conditions, leaving your competition to shake their heads in wonder. Calm days will become unexciting, but you will enjoy them much more. On those days, you will own the targets. Eventually, you'll own them in the wind, too!

Similarly, shoot rifle in the wind without making compensation for the conditions in order to learn how much the point of impact is affected by each condition. You will do a better job in competition when you really have to hit the mark. By always training to hit the center, and focusing on that alone, you limit your ability to learn the wind. You will then do a better job of making the adjustments necessary to keep you shots in the middle.



In order to do these and many other types of training, you must accept that your score will go down. It is training, you are learning; of course your score will go down. You are building skills. If your score doesn't go down when doing some of these types of things, you aren't really doing the drill and you are probably cheating yourself of a golden learning opportunity.

Moving beyond. All these ideas are rather specific. How do we get a more broad perspective?

Stay alert. How often do we tune out during our training or competitions? What are we missing? How might it have helped us learn and improve or increased our enjoyment of the sport? Instead of looking for something wrong that needs to be fixed, notice what actually happens. Then you will really gain insight.

Be open to the possibilities. How often have you had thoughts like, "I shot poorly the last time I was at the range or *competing against this team. I hope I don't blow it again.*" Or maybe the opposite, "*I like shooting on this range, I always do well here.*" In the first situation, aren't you setting yourself up for failure? In the latter, aren't you opening the door to the possibility of relaxing too much, or trying too hard to repeat the earlier performance and, either way, diminishing your next performance?

Your past does not predict your future. Many play the game that way though. They either think about a past bad performance and repeat it, or think about a past great performance and wonder why they can't repeat it. Instead, shoot in the present. You might get a perfect shot. You might get a nice bust of that clay ... nothing

but dust! You might get a run of 25 straight clays for the first time in your life ... or a run of 100. You might earn that coveted silhouette 40-straight pin. Saddle yourself with all the baggage, and the odds are slim you will achieve these things.

All of which brings us to the ultimate question: Why do we fear bad shots?

This question is easy to answer. Bad shots hurt our score, embarrass us, keep us from reaching our goals, cause us to let down the team (or our coach, mom, dad or ourselves), cause us to feel badly and result in unmet expectations ... the list is endless. We may have these and many other feelings, but none of them has anything to do with the real reason we fear bad shots.

We fear bad shots because we believe they will happen again, at any moment and likely very soon. This is what we really fear. In our effort to avoid the bad shot, we fall into the traps of low confidence, self-conscious introspection, overactive control and we choke.

Many of my students have heard me say, "Champions do not avoid bad shots; they only make good shots. They reject the bad ones before the trigger is pulled." We aren't splitting hairs on this; it really is a different outlook and it really does affect our shooting.

Since your future is not predetermined by your past, imagine what the effect would be on you and your game if you can become open to the possibilities. Defensive shooting is already defeated—defeated by the shooter's thoughts about the past or what might go wrong in the very near future. Confident, aggressive shooting in the present moment is almost always unbeatable, and a whole lot more enjoyable.

Final thoughts. We make this sport so difficult, yet it doesn't have to be. Our opponents don't throw us on the ground or attempt to body check. If our equipment has a glitch, it doesn't slam us to the pavement and send us praying for our lives as we cartwheel down the main straightway at 180 mph.

So what's the problem? Baggage! Get over it. Just shoot like you did when you were a beginner, carefree, but not carelessly.

These aspects of shooting are rarely discussed in our sport. One of my friends jokingly calls these topics, as well as my related teachings, "fruitcake" stuff. Yet, he admits to witnessing the way this simple approach—as well as the application of related ideas—can transform a shooter's performance when they employ these principals.

How open is your mind to these ideas and to the possibilities? Take a few moments to think them over and when considered with your approach to shooting, you'll be surprised at what a positive difference it can make.



- **Wisconsin Firearm Owners** gives you a voice in Madison to protect your Second Amendment Rights.
- We are the only **NRA** State Chartered Association in Wisconsin.
- **WFO** and the **NRA** led the lobbying efforts for Right to Carry and The Shooting Ranges Protection Act.
- **WFO** provides Club and Range support for those looking to expand and improve their ranges.
- As your **NRA** and **CMP** State Association, **WFO** sanctions State Championships for multiple shooting disciplines.
- Our lobbying efforts have helped to clean up Wisconsin's handgun restrictions.
- Advancing hunter rights and mentored hunting in Wisconsin.

JOIN US TODAY TO HELP PROTECT YOUR GUN RIGHTS. [www.wisconsinforce.org](http://www.wisconsinforce.org)

# WISCONSIN FIREARM OWNERS

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### Individual:

- Annual \$20
- Life \$250
- Junior Membership FREE (under 18)

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- Patriot Annual \$250

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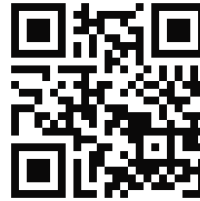
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**Mail To: Wisconsin Firearm Owners**  
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I certify that I am not now, and never have been, a member of any organization which has in any part of its program, the attempt to overthrow the government of the United States by force or violence, and that I have never been convicted of a felony, crime of violence, or misdemeanor domestic violence, and I am not otherwise prohibited from owning firearms. If admitted to membership in Wisconsin Firearm Owners, Ranges, Clubs & Educators Inc. I will fulfill the obligations of good sportsmanship, and I will uphold the Constitution of the United States of America and the Second Amendment thereto.

Signature

Date

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