

CHAD'S CEO UPDATE

NEWS FROM SAINT JOSEPH HEALTH SYSTEM



August 26, 2021

Chad's CEO Update #309

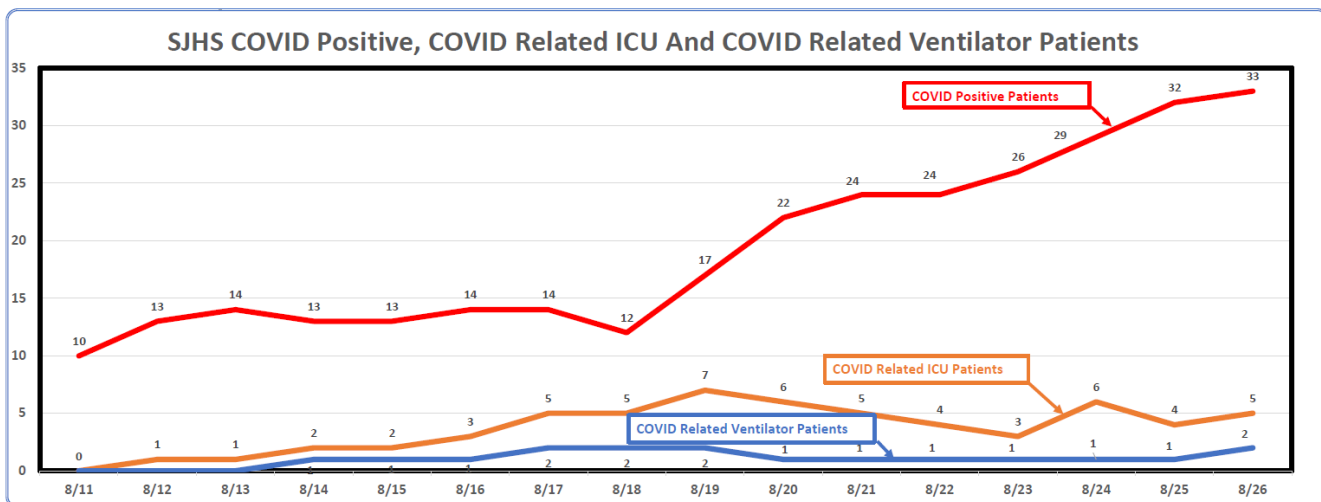
My last Update was seven nights ago on August 19th. Since that night, our nine-county service area has reported one thousand eight hundred fifty-three (+1,853) new COVID cases and twelve (+12) COVID related deaths. Our COVID positive inpatient census was thirty-three (33) this morning and there were forty-two (42) new COVID admissions offset by twenty-seven (27) discharges over the past seven days. Other local hospitals are seeing a similar increase in patients with the Indiana State Department of Health reporting today a total of 101 COVID positive hospitalizations in Elkhart, Marshall and St. Joseph counties combined.

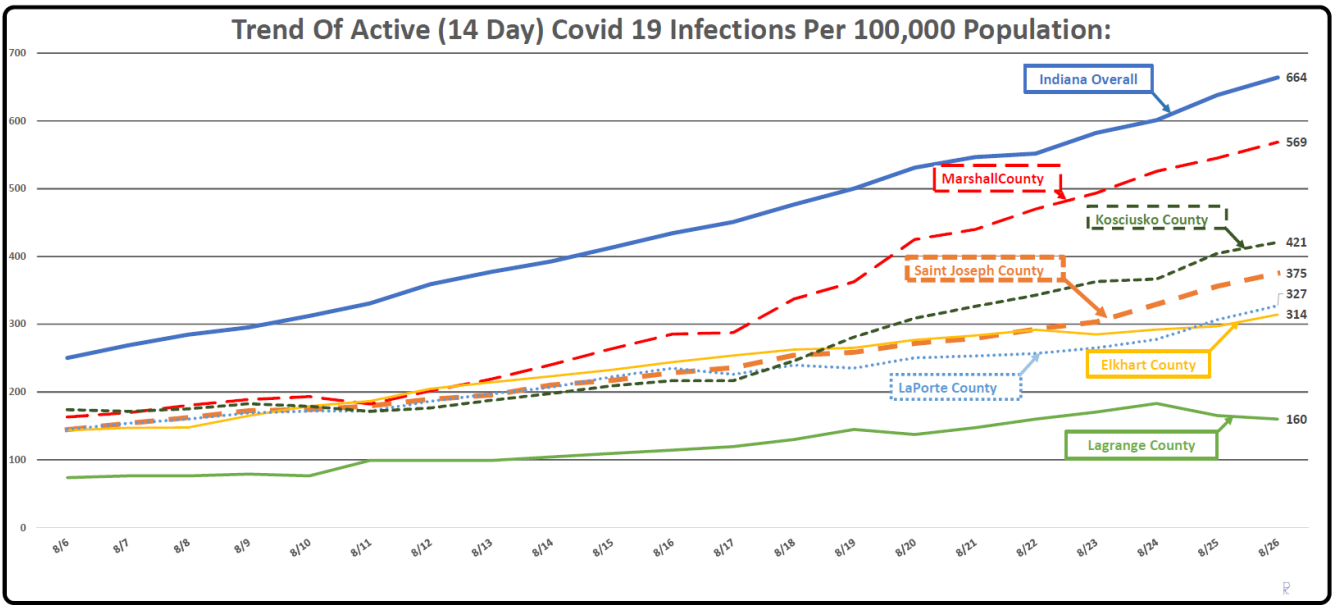
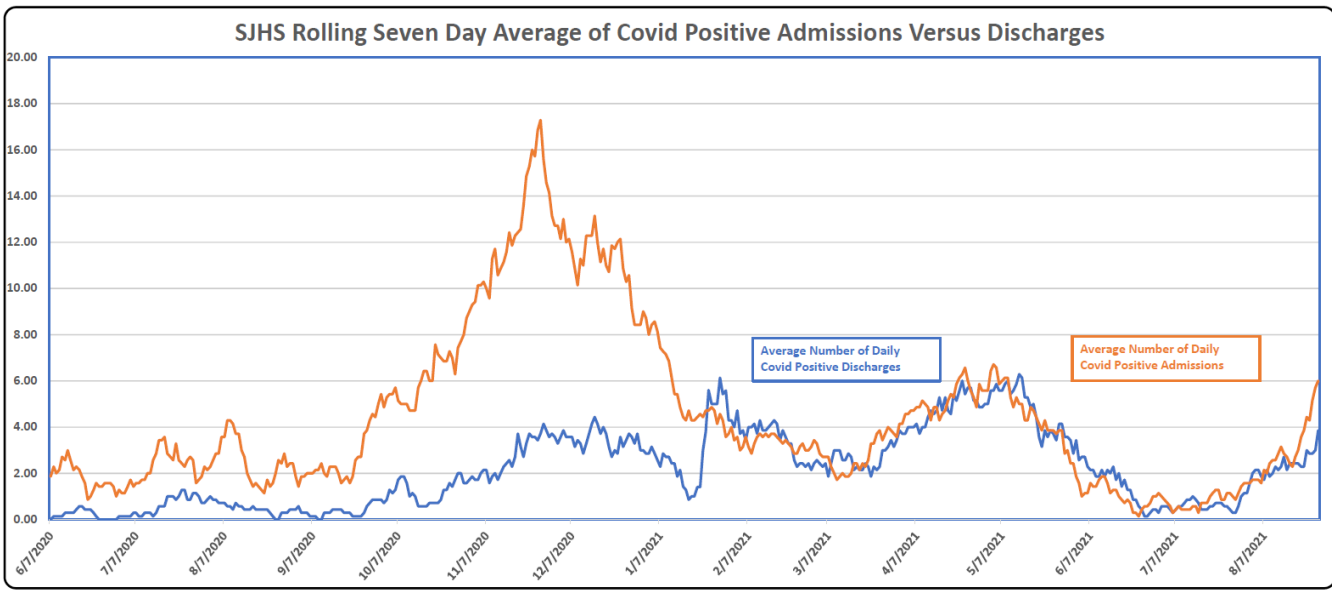
If you would like to support our COVID Response efforts, you can contribute to our Foundation of Saint Joseph Health System @ <https://www.sjmedgiving.com/>. This is a hyperlink set up that takes you to an easy-to-use web platform for your generous gift. Thank you. - Chad

SJHS Regional Covid Statistics	Covid Related Deaths				Covid 19 Infections Reported			Actively Infected Cases (Positive within 7 Days)		Actively Infected Cases (Positive within 14 Days)		14 Day Trend Of Actively Infected /100,000 Population		
	Total To Date	New Today	One Week	Two Weeks	Total To Date	Percentage of Population	New Today	Number of Actively Infected	Infected Rate Per 100,000	Number of Actively Infected	Infected Rate Per 100,000	Change From One Week Prior	Change From Two Weeks Prior	Active Case Trend
As of: 8/26/21														
INDIANA	13,915	12	132	229	838,869	12.44%	4,901	25,823	383	44,792	664	164	305	
St. Joe Co.	571	1	1	2	38,897	14.45%	111	603	224	1,010	375	117	186	
Marshall Co.	118	0	1	1	6710	14.40%	26	149	320	265	569	206	367	
Elkhart Co.	479	1	2	4	30,858	15.16%	90	366	180	640	314	49	110	
LaPorte Co.	229	0	2	2	13,153	11.90%	46	215	194	362	327	92	141	
LaGrange Co.	73	0	0	0	2883	7.33%	2	34	86	63	160	15	61	
Kosciusko Co.	127	0	3	3	10,278	12.95%	29	189	238	334	421	140	245	
MICHIGAN	20,161	*	85	179	937,720	9.42%	*	10,245	103	21,714	218	8	74	
Berrien Co.	281	*	2	4	14,566	9.50%	*	151	98	309	201	3	70	
Cass Co.	73	*	1	1	5,067	9.81%	*	77	149	130	252	31	74	
St. Joe Co. (MI)	98	*	0	0	5,852	9.59%	*	69	113	134	220	-38	28	

* Note: Effective 8/9/21, Michigan is only publishing Covid data on Monday, Wednesday and Fridays.

You can track Indiana @ <https://www.in.gov/coronavirus/> or Michigan @ <https://www.michigan.gov/coronavirus/>



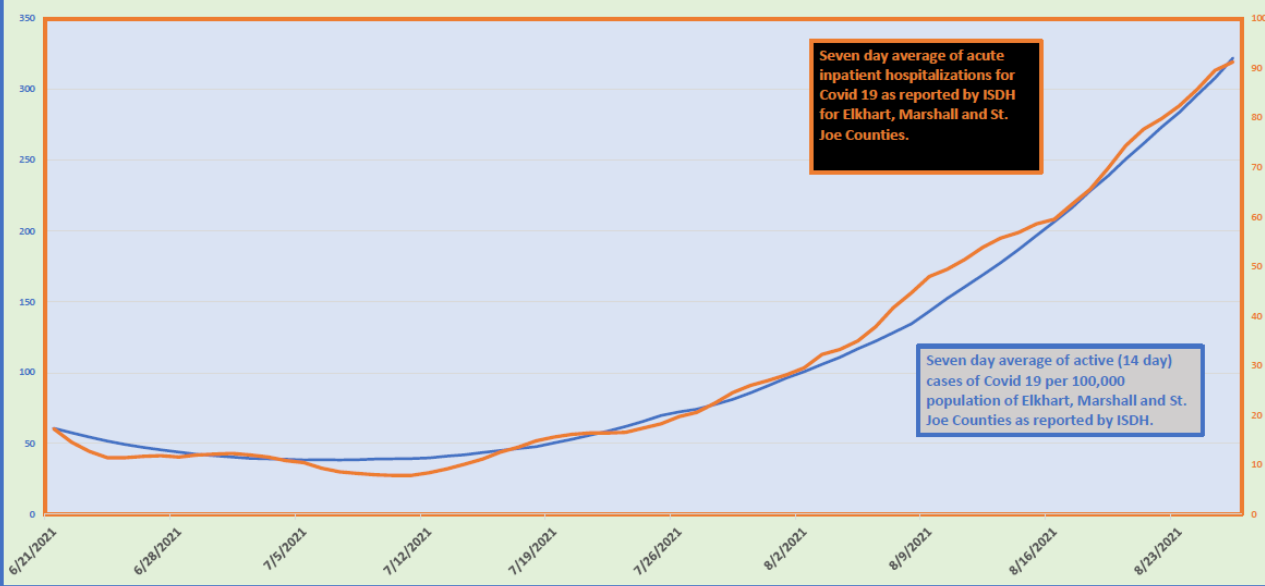


This is our look at vaccine data by county. [Indiana source here](#) and [Michigan source here](#) through August 26

As of: 8/26/2021		Number of Individuals With First Vaccine Dose	Percent of Population With First Vaccine Dose	Number of Individuals Fully Vaccinated	Percent of Population Fully Vaccinated
Locale	Population				
INDIANA	6,745,354	3,092,960	45.9%	3,072,178	45.5%
St. Joe Co.	269,240	130,834	48.6%	133,000	49.4%
Marshall Co.	46,595	17,452	37.5%	17,273	37.1%
Elkhart Co.	203,604	73,925	36.3%	73,449	36.1%
LaPorte Co.	110,552	49,687	44.9%	48,944	44.3%
LaGrange Co.	39,330	7,670	19.5%	7,678	19.5%
Kosciusko Co.	79,344	26,871	33.9%	27,400	34.5%
MICHIGAN	9,955,808	5,143,860	51.7%	4,401,539	44.2%
Berrien Co.	153,401	72,935	47.5%	62,203	40.5%
Cass Co.	51,653	17,251	33.4%	14,880	28.8%
St. Joe Co. (MI)	61,043	23,678	38.8%	19,217	31.5%

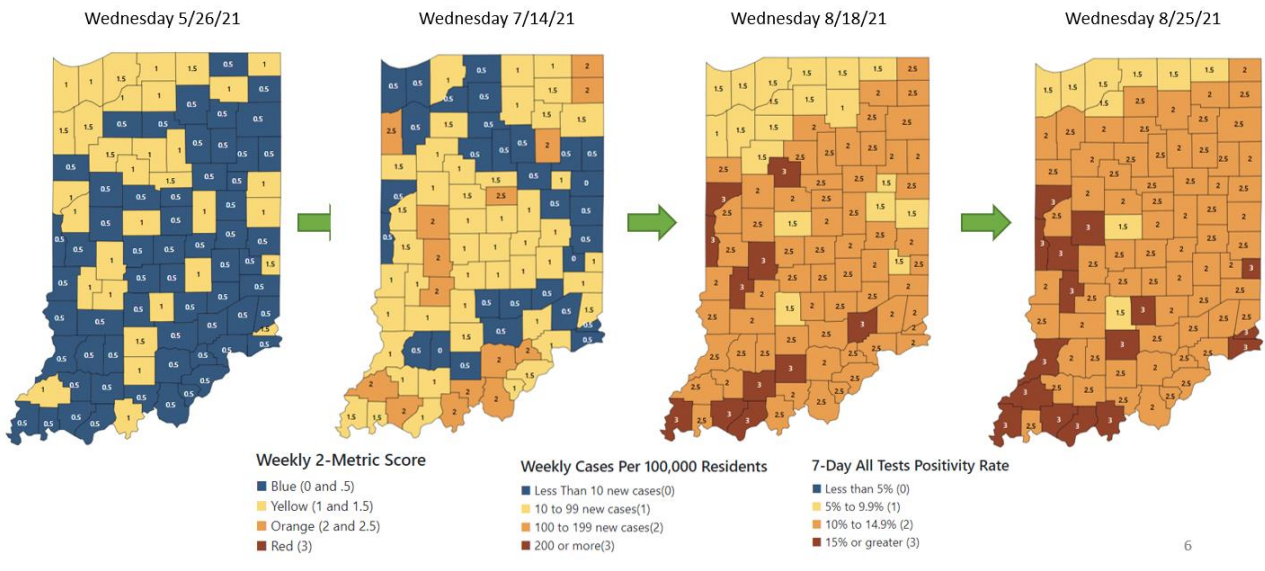
Note: First vaccine doses indicate individuals who received at least the first dose of a two shot series. Fully Vaccinated status indicates the number of individuals who have either received the second dose of a two shot series or who have received a single shot vaccine.

Summer 2021 Active Community Cases Versus Acute Hospitalizations of Covid 19

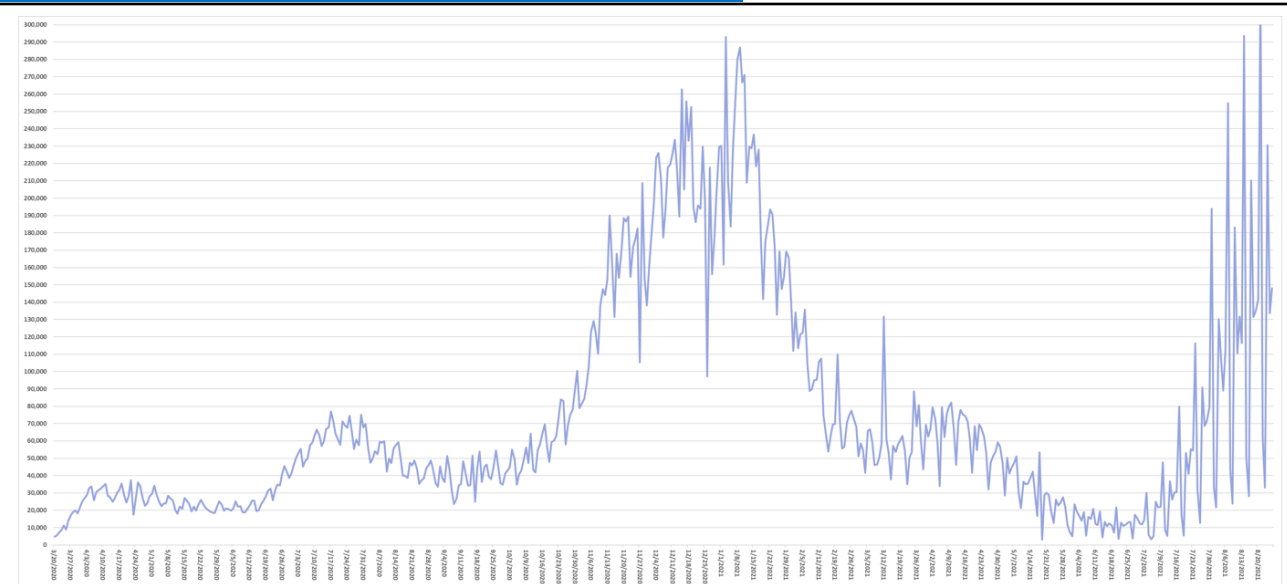


Indiana Map- Weekly 2 Metric Score

<https://www.coronavirus.in.gov/2393.htm>

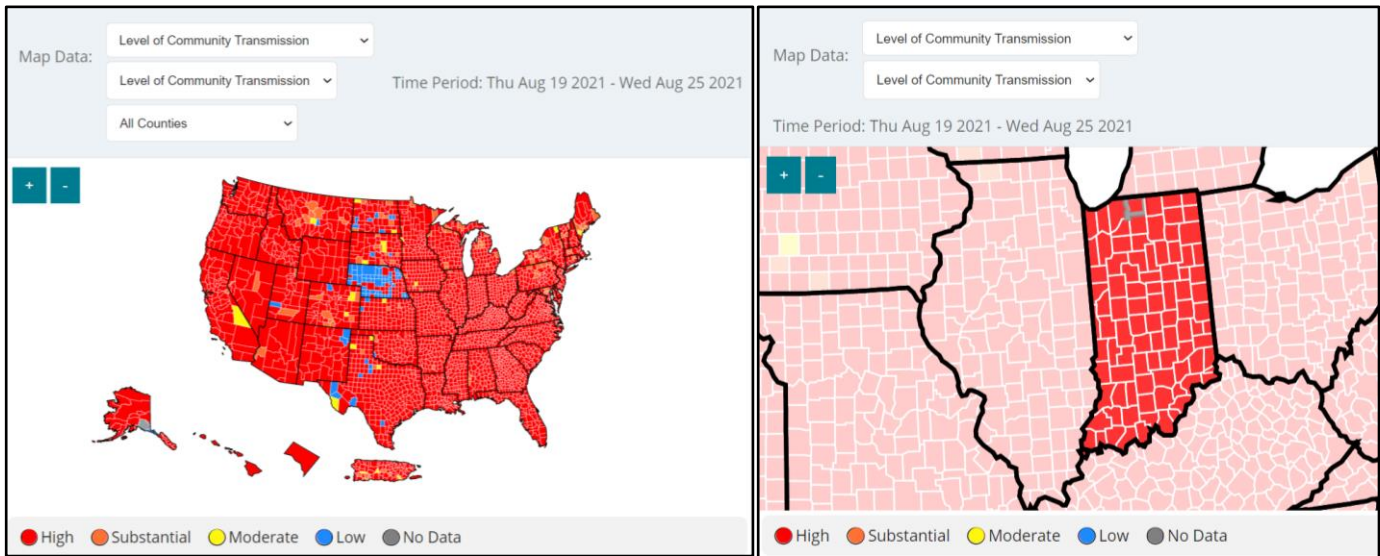


U.S. COVID-19 case # change in the last 24 hours

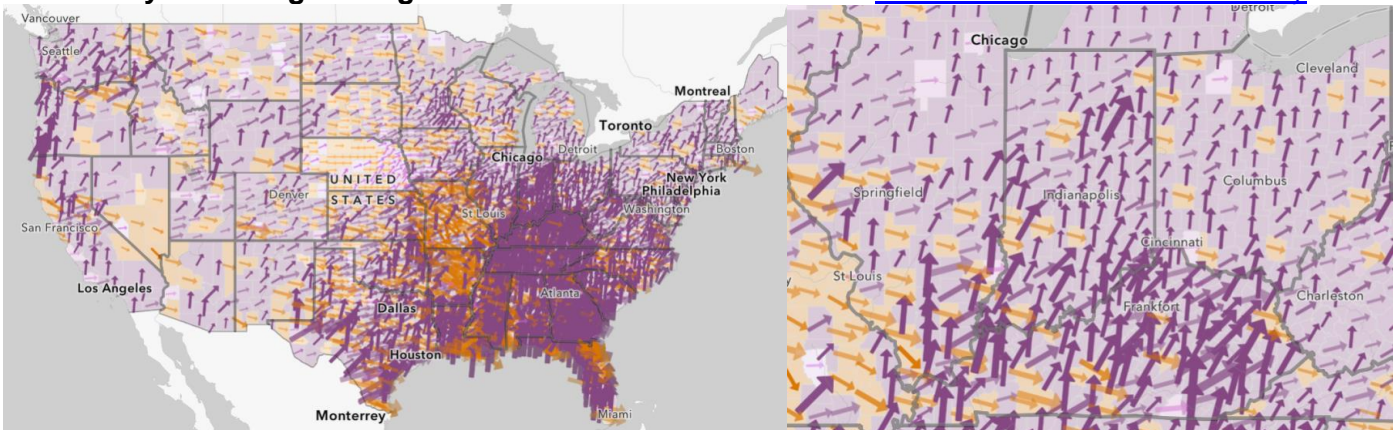


Transmissibility of COVID is accelerating

The images below are hyperlinks to the background information. You see here that our entire service area is now considered “High” transmissibility. Click here for the source that explains how this is calculated. Source: <https://www.cdc.gov/coronavirus/2019-ncov/lab/resources/calculating-percent-positivity.html>



Which Way Are Things Going? A new source someone sent me. [Click here for the rest of the story.](#)



COVID-19 Saint Joe Superstars

Nothing like a pandemic to bring out the absolute best in people. I have heard so many incredible stories of compassion, innovation, and sheer will to make a difference for our work-family & community. Tonight’s ****SUPERSTAR**** is brought to you by Dr. Jen Lankowicz. She would like to recognize **Dr. Christopher Jordan** who recently participated in a panel discussion at the WNDU studios. The discussion featured four doctors, from three different health systems, talking about the COVID vaccine. The focus of the talk is about hesitancy in communities of color, common myths, and the need for everyone to protect themselves from COVID-19. The conversation will air as a 60-minute special on September 2, 2021 on WNDU (channel 16) at 7 pm. Well done Dr. Jordan!



Today's Deep Thought...Curl Up With a Book

Someone asked me today what I like to read besides Modern Healthcare or anything about COVID. I laughed and appreciated the question because it's one that I often ask while conducting an interview. The question "what are reading lately" opens up a plethora of possibilities that may give a glimpse into that person's thirst for knowledge, level of discipline, and a host of other perspectives. Some might say The Bible, local newspaper, Chicken Soup for the Soul, Sunday comics, Dr Seuss, Sports Illustrated, a dramatic fiction, or whatever scrolls up through their Facebook / Twitter / LinkedIn feed. I like it when I hear someone get excited about a particular author and how that genre of fiction or non-fiction leads to an exploration of other authors with similar topics. There is no wrong answer and each example creates the possibility of a conversation starter that takes our minds (that are way too full of COVID news) on a journey down a rabbit hole that will eventually provide clarity.

As I look back on my career, there are times of progress where reading has been a priority, and less favorable times when I neglected my desire for knowledge. During this past year and a half, I can honestly say that have read more words and gained more knowledge / expertise than any other 18-month period in my professional life. That may include the grueling period of time attending undergrad at Indiana University, Physical Therapy degree program at the Rosalind Franklin University of Health Sciences / Chicago Medical School, or my MBA at Indiana Wesleyan University. I read and processed an enormous amount of information related to this pandemic, but I did not take adequate time for enjoyable reading until recently. What began as just 15 minutes before turning the lights out at the end of the day turned into a bit more time, and with increasing frequency. I have a home office full of favorite books and to get back into my routine, I started with familiar ones that already had tattered pages. I enjoy anything written by Malcom Gladwell, Patrick Lencioni, Timothy Ferriss, John "Jocko" Willink, as well as John Maxwell. Most of my enjoyable reading over the years has been along the lines of leadership development but also sports (especially football) and the occasional biography. I've never really gotten into fictional storybooks.

At the beginning of summer, I took my daughter to the bookstore to find some new summer books. It was intended to get her eyes off of her iPhone / iPad and onto something inspiring & educational. We ended up buying her the Harry Potter series. While I was roaming about, I happened to find a book that seemed to jump off the shelf into my hands. It was *The Accidental President – Harry S. Truman and the Four Months That Changed the World* by AJ Baime. This 448-page book turned out to be a fascinating read based on an incredible amount of research that included footnotes with documented sources. I have studied Presidents and many different business leaders over the years, but never any depth into President Truman. This book went into explicit detail of how the Vice President of FDR's fourth term was quickly thrust into the Oval Office after FDR's sudden death. He immediately faced and lead through the climactic months of World War II, creation of United Nations, fall of Berlin, Nazi surrender, liberation of concentration camps, surrender of Imperial Japan, creation and use of the atomic bomb twice, end of WWII, and rise of the Cold War with Russia...all within 120 days! As this relentless unprecedented series of overlapping events played out, he also found himself at the Potsdam Conference across the table from Churchill and Stalin negotiating the fate of the world. This book lead me into many different tangential investigations of other sources about the atomic bomb testing, Churchill's legacy, the rise of US military leaders like General Eisenhower, and even Tom Brokaw's book that talked about how "the Greatest Generation did not seek fame or recognition after growing up through the Great Depression and WWII." This book knocked down a lot of mental brick

walls for me which allowed for clarity and introspection into all the challenges we have faced against the odds of a pandemic.

Sometimes when I read book, I will mark it up with red or blue ink circling inspiring quotes or relatable storylines so that some day in the future I can pick it up and quickly speedread the impactful messages. I did that recently with *Extreme Ownership* by Jocko Willink. This was the second time I blew through the book that describes how the most highly decorated U.S. Navy SEALs Special Ops unit approached several tours of duty in the Iraq War. He skillfully correlates the volatile ever-changing battlefield experiences into business and life challenges. This is an incredible book that I highly recommend to anyone leading through change and conflict.

The one I'm currently working my way through is *Tribe of Mentors* by Timothy Ferriss. He calls it the ultimate "choose-your-own-adventure" book because it does not require you to read cover to cover. You can fan the pages and start anywhere or jump around to recognizable names in the Contents. He has interviewed over 130 unique top performers in their respective fields. Short profiles of each dive into the same series of questions with thoughtful answers that create a large palate of ideas for optimal performance. Its very similar to another one of my favorites *Tools of Titans* (also by Ferriss). Either one of these books would be good for anyone leading people or seeking a life full of adventure.

In a world full of distractions of social media and the internet of things, I encourage you to find some time for yourself to curl up with a book. I'm always looking to add a good book to my library so please feel free to send a private message with your suggestions. Thank you for continuing to follow along in these COVID Updates. I do hope the data and deep thoughts have helped you find clarity in this wild world of misinformation and conflicting messages. Never stop reading or seeking reliable sources of truth.


***For whatever was written in former days was written for our instruction,
that through endurance and through the encouragement of the written
Word, we might have hope. ~ Romans 15:4***

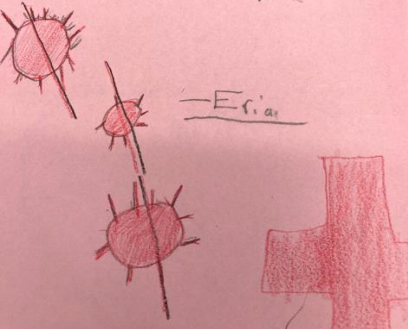
We are Saint Joseph Health System. Please take care of yourself and others. You are called to care.

- *Chad*

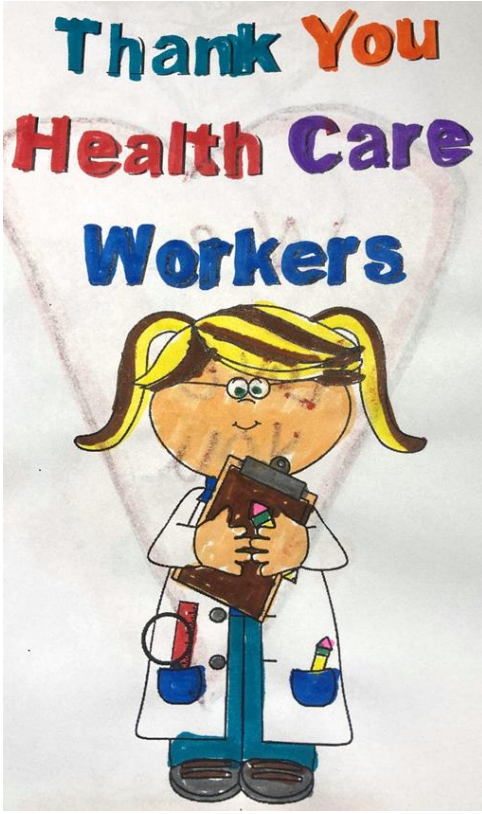
Chad.Towner@SJRMC.com

You are doing so well
to keep us safe from
Covid-19! I hope you
can keep doing your
job and not get ill.
We hope you can
still fight on this
illness.

From healthcare workers, thank you! It means
a lot because I have been sick and
you guys have healed me so thank you
You guys save many people and everybody
loves that. Over all thank you for heal
ing people and curing/saving people with
Covid-19. Thank you! 



-Erica



Thank you for
your help,
without your
work, we wouldn't
be a working
country.