

# BALSAM Battlefield Automatic Life Status Monitor

A Presentation at the WPI Workshop on Precision Indoor  
Personnel Location and Tracking for Emergency Responders

August 3<sup>rd</sup>, 2009

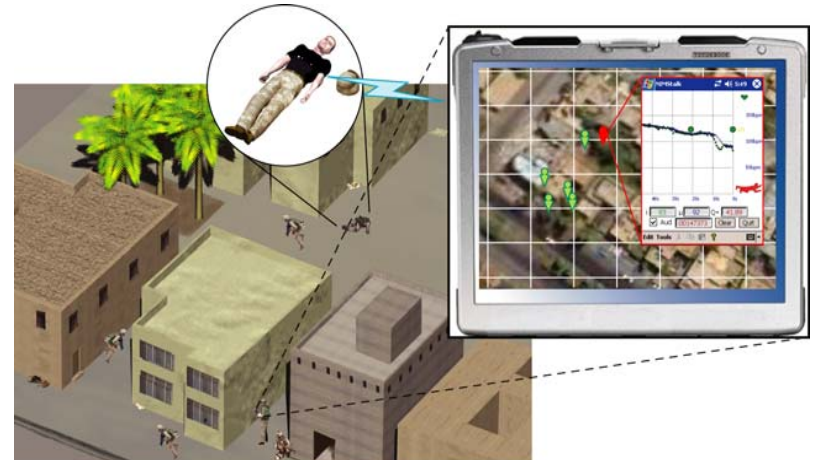
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# BALSM Project Objectives (May '07)

- Development and fielding of a product to remotely monitor physiological signs for the purpose of triage, rescue or recovery and provide a health status history over time for each member of a Special Forces team.
  - Wearable device
  - Communicate individual's physiologic status through existing data links
  - Wireless sensors should be battery powered
  - Receiver for sensors powered by ruggedized PC through USB connection



# What Physiological Parameters Should Be Measured?

- How useful (valuable) is the sensor data to PJ's?
  - Feedback in call with PJ's in June 2007 ranked physiological parameters in the following order of importance:
    1. Heart rate
    2. Respiration rate
    3. Blood pressure
    4. Pulse oximetry level
    5. Core body temperature
    6. Raw ECG waveform
- Are the PJ's trained to use the provided sensor data?
  - PJ's are trained to utilize all six items listed above but do not normally carry the drugs needed to treat issues that would be diagnosed with an ECG waveform

# BALSM 1<sup>st</sup> Year Design

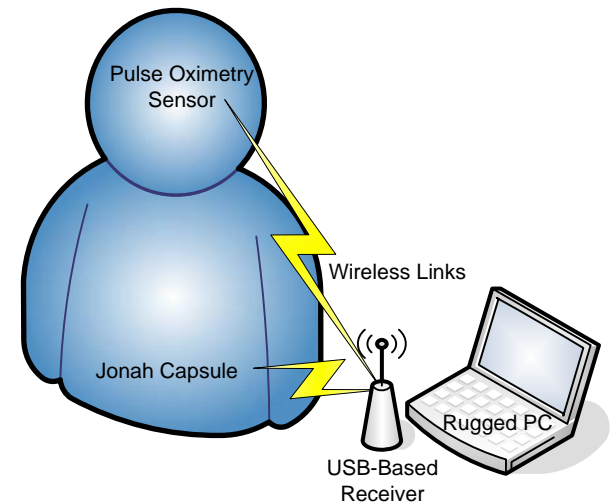
## ■ Physiologic Sensors

- Forehead worn pulse oximetry sensor (902 - 928 MHz ISM band)
  - SpO2 level
  - Heart rate and respiration rate derived from pulse oximetry (PPG) waveform
  - Activity level, ambulation, posture and frequency from three-axis accelerometer
- Ingestible core body temperature capsule (40.66 – 40.70 MHz ISM band)

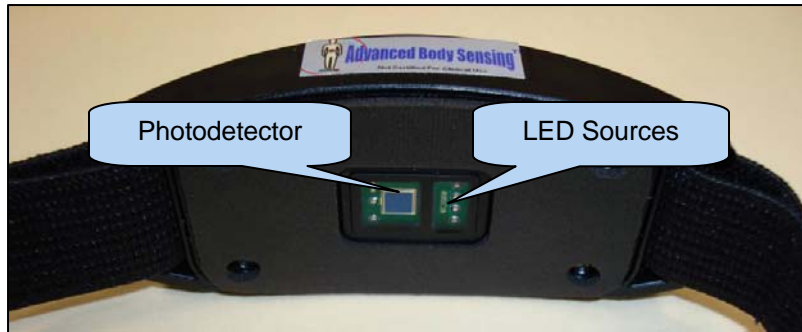
## ■ BALSM receiver unit (BRU)

## ■ BALSM software on PC platform

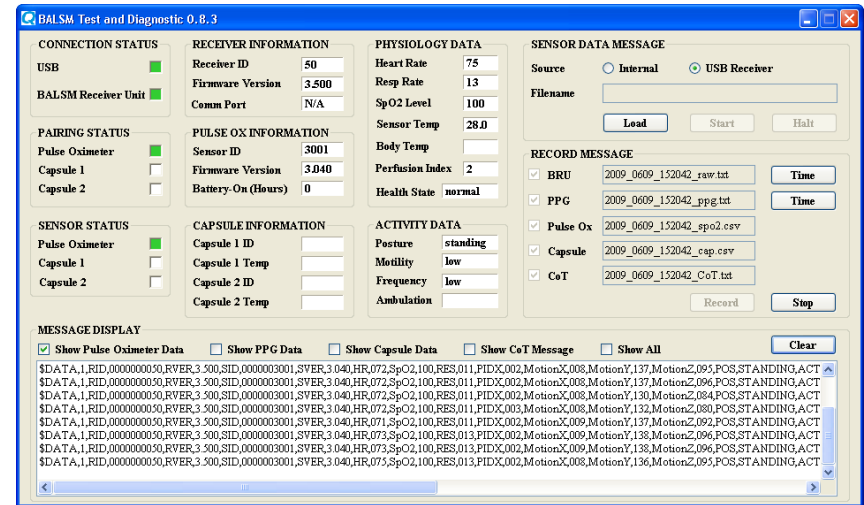
- CoT physiological messages published by BALSM software to UDP data socket for transmission over PRC-148 (intra-squad) radio
- GPS location handled by independent GPS receiver on CCT



# BALSM 1<sup>st</sup> Year Sensors, Receiver and Software



1<sup>st</sup> Year BALSM Pulse Oximetry Sensor

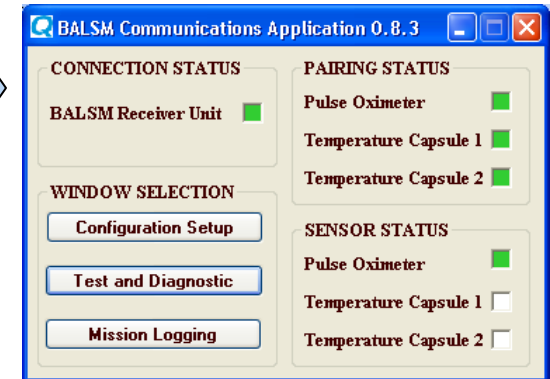


Jonah Core Body Temperature Capsule



1<sup>st</sup> Year BALSM Receiver Unit

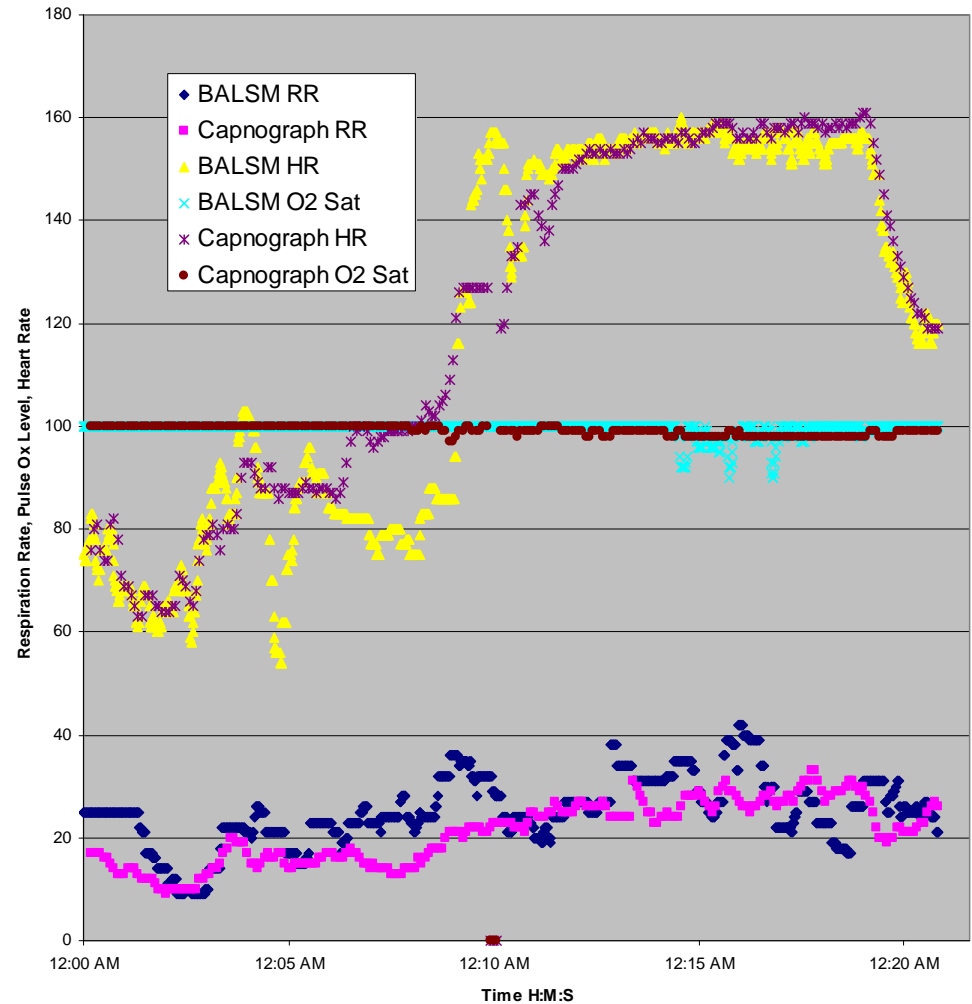
BALSM Software Test and Diagnostic Window



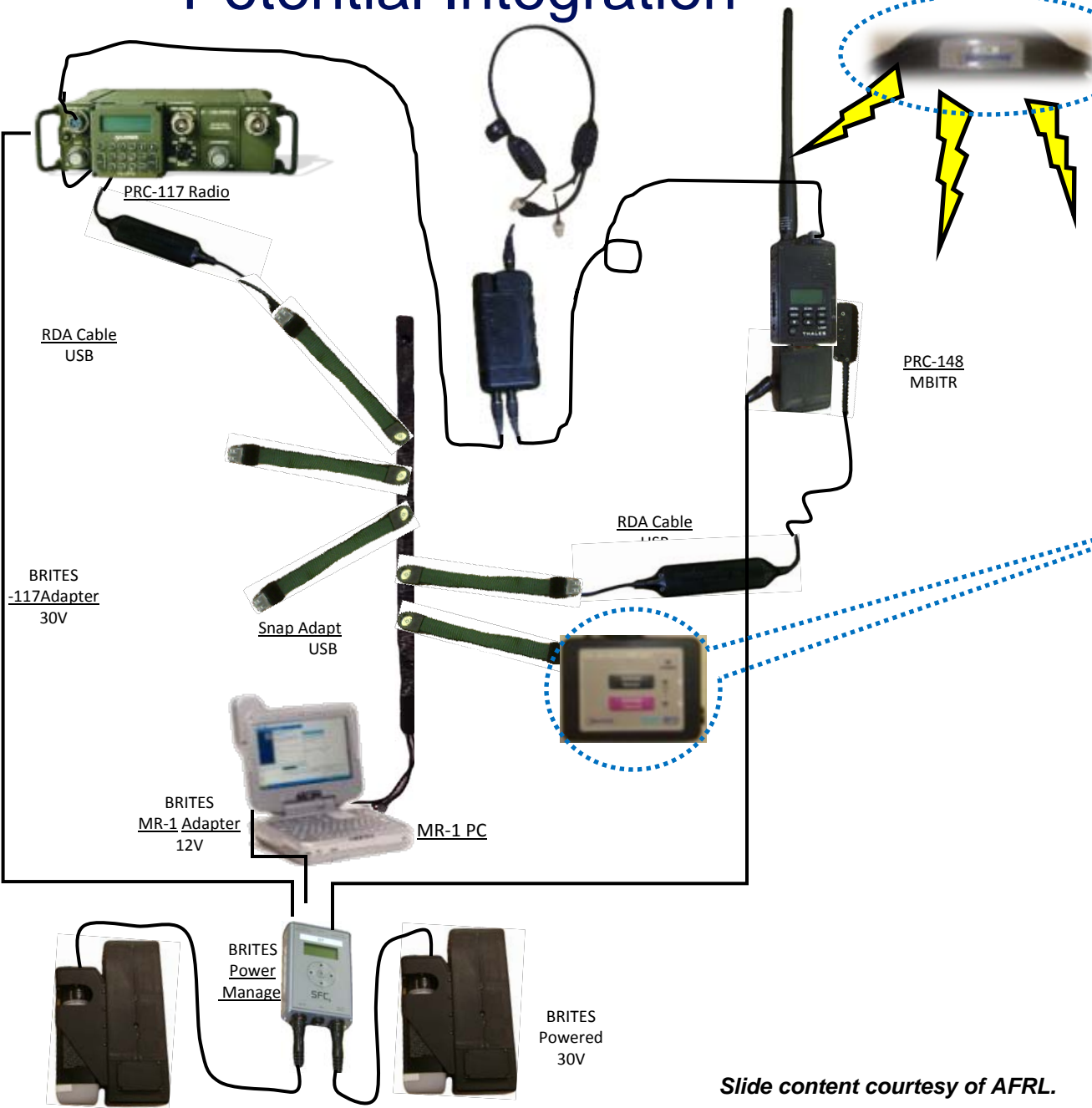
BALSM Software Main Window

# BALSM 1<sup>st</sup> Year System – Treadmill Testing

- Treadmill testing with BALSM system and capnograph (with finger-tip pulse ox sensor) produced elevated heart rate and respiration rate with test subjects
  - Heart rate and pulse ox levels compare favorably
  - Respiration rate from BALSM system does not track the capnograph respiration rate data as closely
    - Respiration rate accuracy varies between test subject



# Potential Integration



Slide content courtesy of AFRL.

# Mock-up of Vest Integration of BALSAM Receiver



BALSAM  
Receiver Unit

*Slide content  
courtesy of AFRL.*

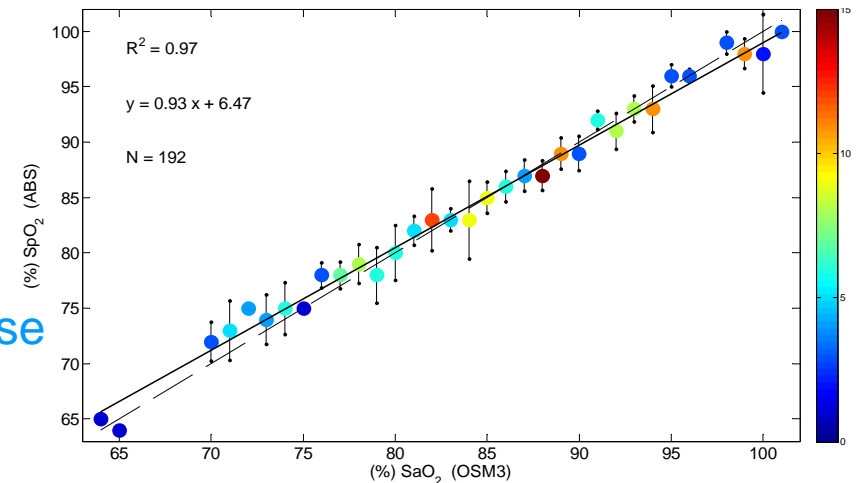


# BALSM 2<sup>nd</sup> Year System Improvements

- Dual-capsule support
  - Allows operator to ingest 2<sup>nd</sup> capsule and maintain continuous monitoring of core body temperature
- Clinical calibration of BALSM pulse oximetry sensor
  - Conducted in Nov '08 at UCSF\* by Advanced Body Sensing
- Change to USBXpress from VCP for interface between BRU and PC
- Investigation of rechargeable battery option for BALSM pulse ox sensor
- End-user friendly BRU and BALSM pulse ox sensor firmware upgrade capability
- BALSM software upgrades



*Photograph of the calibration study showing the BALSM Receiver Unit.*



\* University of California San Francisco

# BALSM Pulse Oximetry Sensor Redesign

- Sponsor guidance to redesign BALSM pulse ox sensor so that it can be integrated into the brow pad of a helmet (ACH helmet)
  - Criteria for sensor was a maximum thickness of 10 mm (prefer 5 mm)
    - ✓ 2<sup>nd</sup> year alpha prototype sensor is ~ 8.5 mm thick with pad
  - Rechargeable battery integrated into sensor
    - ✓ Sensor uses a Li-Ion rechargeable pouch battery
  - Rechargeable battery with 24 hour endurance
    - ✓ Testing has shown 2<sup>nd</sup> year sensor battery life of 40-60 hours
  - Sensor recharging handled by BALSM Receiver Unit (BRU) preferred
    - ✗ 2<sup>nd</sup> year systems have a separate USB powered recharger/programmer
  - Idea for optical sensor to be vertically off-center to allow for sensor to be worn inverted allowing some additional flexibility in sensor location
    - ✓ 2<sup>nd</sup> year alpha prototype has vertically offset optical sensor which allow for about 1 cm of adjustment in vertical location

# BALSM Pulse Oximetry Sensor Redesign (cont'd)



*BALSM 2<sup>nd</sup> Year Pulse Ox Sensor Prototype - Sensor Side*



*Charger/Programmer Connector Cover Removed*



*BALSM 2<sup>nd</sup> Year Pulse Ox Sensor Prototype - Top Side*

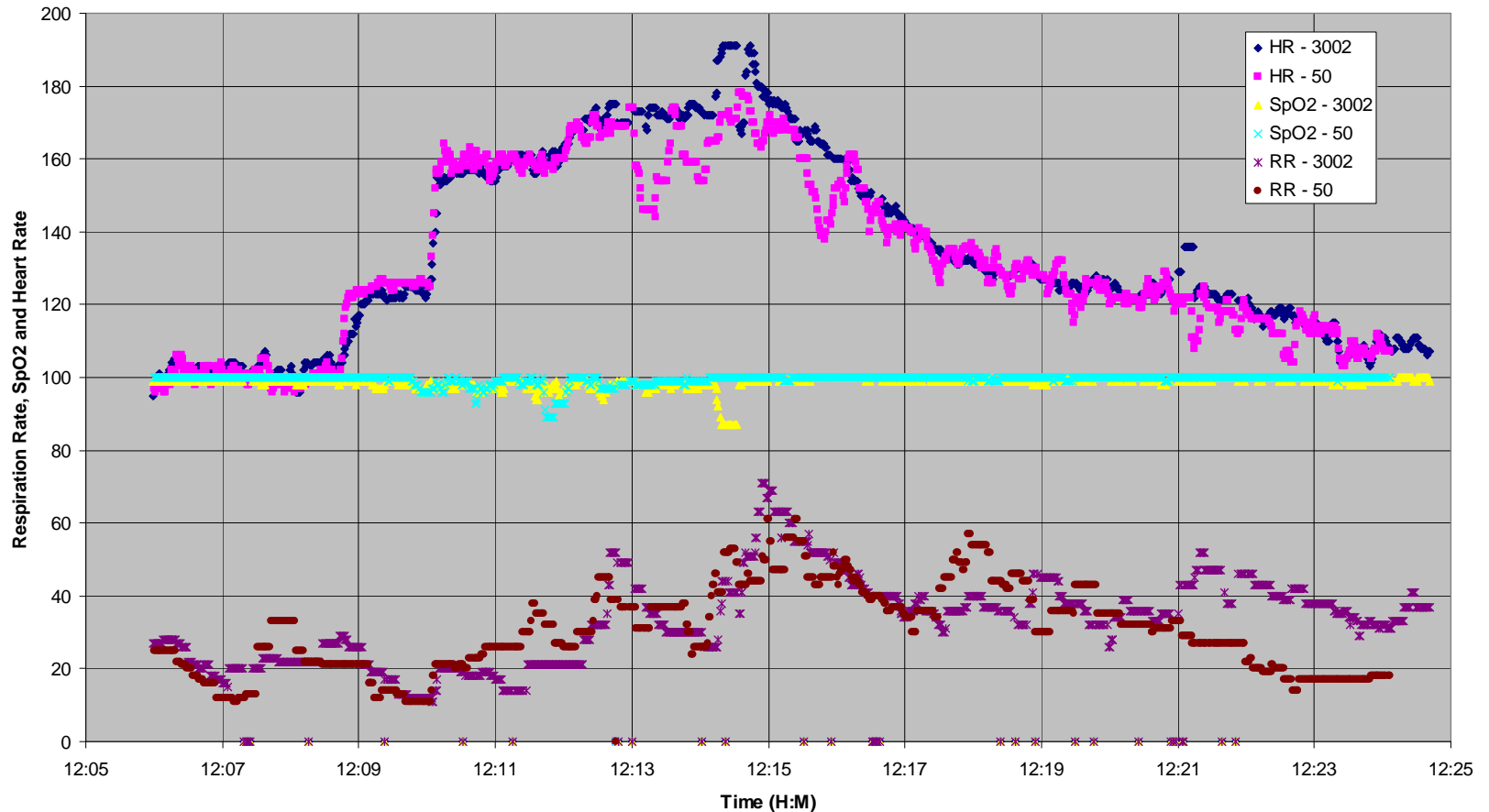
# Comparison Between 1<sup>st</sup> and 2<sup>nd</sup> Year Sensors

- Data from 1<sup>st</sup> and 2<sup>nd</sup> year sensors worn by a single test subject were recorded on separate PCs through separate BRUs



*Testing with both 1<sup>st</sup> and 2<sup>nd</sup> year BALSAM pulse ox sensors.*

# Comparison Between 1<sup>st</sup> and 2<sup>nd</sup> Year Sensors



# Brow Pad Integration of 2<sup>nd</sup> Year BALSAM Sensor

- Custom brow pad for ACH helmet fabricated to accommodate 2<sup>nd</sup> year BALSAM pulse oximetry sensor
- Testing with custom brow pad begun in last week of July to determine effectiveness of sensor in this mounting configuration



*Photo of custom brow pad with BALSAM 2<sup>nd</sup> year pulse oximetry sensor model.*

# Potential Future Hardware/Software Upgrades to the BALSM System

## ■ Hardware Upgrades

- Integration of a higher G accelerometer could allow for detection of TBI (Traumatic Brain Injury) events
- Potential to replace ingestible core body temperature with a helmet mounted thermistor to measure temperature at the temporal artery
  - Would remove the per use cost associated with the capsule and significantly reduce the receiver size
  - Significant questions in the literature about the accuracy of such approaches

## ■ Software/Firmware Upgrades

- Hypovolemia (low blood volume) detection through the PPG waveform
  - LBNP (Lower Body Negative Pressure) testing can simulate hypovolemia in a test subject and allow the effectiveness of the approach to be determined
  - Integration of hypovolemia detection algorithm into sensor firmware would be the eventual goal
- Improvements to health state algorithm incorporating fuzzy logic

# Non-DOD Applications of BALSAM Project Technology



<http://www.wpi.edu/Academics/Research/2008/seconds.html>



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