



Jewish Family Service

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“Mitzvah Central”

Fall 2017

The Newsletter with Volunteer Opportunities for Youth and Adults

In 1998, *Mitzvah Central* began as a resource for students to find volunteer opportunities in the community to fulfill school service hours or for Bar/Bat Mitzvah requirements. *Mitzvah Central* continues to fulfill that purpose, and it serves as a great resource for many adults as well. **Mitzvah Central is available as a pdf on the JFS website www.JFSdallas.org.**

All listings are in alphabetical order. The first section focuses on the Jewish community organizations and the second section focuses on the general community. Feel free to visit an organization’s website for more information. The **Alphabetical listing (with page numbers)** is found on the following pages.

Please contact the Volunteer Coordinator or Contact Person for **each** organization to schedule your opportunity. Don’t forget to let Jamie or Barbara know about your experiences. If you have found an organization that is not on our list, but one that would be well-suited for this newsletter, please share the information with us.

Thank you again on behalf of all of the agencies listed, for taking time out of your day to help others.

You can make a difference!

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**Mitzvah Central
Serving the Dallas
Community for 19
Years**



Alpha Listing of Organizations with Volunteer Opportunities
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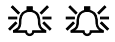
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Volunteer Opportunities in the Jewish Community

Dated opportunities noted by 🕒 🕒

<p style="text-align: center;">Aaron Family JCC</p> <p style="text-align: center;">Scot Hart 214.239.7123 shart@jccdallas.org www.jccdallas.org</p>	<p>Volunteer at the Aaron Family JCC: RSVP Knitting Group: Join on Mondays from 9:30am - 11am to knit baby items and create activity books for children at Parkland Hospital</p> <p>Help make membership packets Monday-Thursday afternoons 1pm - 4pm</p> <p>Other volunteer opportunities become available as needed. Contact Scott Hart with your areas of interest at 214.239.7123 or shart@jccdallas.org.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;">B'nai Mitzvah: Acts of Memory (at the Los Angeles Museum of the Holocaust)</p> <p style="text-align: center;">Elly Cohen 415.265.9801 elly@lamoeth.org www.lamoeth.org</p>	<p>B'nai Mitzvah: Acts of Memory (at the Los Angeles Museum of the Holocaust) - Connect with the memory of children lost in the Holocaust before they could be called to the Torah. "Acts of Memory" provides the b'nai mitzvah student (or anyone who wishes to remember a child) with the name of a lost child, biographical information about that child, and suggestions for simple acts of remembrance: doing mitzvot b'shem (in the name of the child), mentioning the child in a D'var Torah or speech from the bimah, taking on the mitzvah of saying Kaddish, or lighting a yahrzeit candle yearly. To date, more than 27,000 in over 1,100 congregations worldwide have participated in Acts of Memory. To request a name: www.lamoeth.org B'nai Mitzvah: Acts of Memory (More Information) or elly@lamoeth.org. "</p>
<p style="text-align: center;">Bnai Zion Foundation</p> <p style="text-align: center;">Avrille Harris 972.918.9200 avrille.harris-cohen@bnaizion.org www.bnaizion.org facebook.com/bnaiziontexasregion</p>	<p>Bnai Zion Foundation is a US-based nonprofit that identifies and funds capital projects in Israel in the areas of social inclusion, health, and culture. For 110 years they have raised tens of millions of dollars and completed more than one hundred projects in Israel. Their recent work includes a community center for disabled adults and a performing arts center. They are currently raising money for a bomb-proof emergency room at a hospital near Lebanon and a therapy center in a village for at-risk youth.</p> <p>Bnai Zion is the only organization pursuing capital projects for social impact causes that unite supporters of Israel across the political and religious spectrum.</p> <p>Ahava Village, located in Kiryat Bialik, is a residential center for children age 6-18 coming from high-risk, abusive home situations. Ahava began educational and therapeutic work with Jewish children over 80 years ago in Berlin and since then, it has helped thousands of children and youth in Israel. Comprised of family apartments, educational facilities, and recreation areas, the campus is home to over 250 children, who benefit from customized care, education and training. Designed to help children overcome severely dysfunctional backgrounds, Ahava offers different kinds of therapy and a range of activities to help children persevere with hope and optimism. Ahava plays a leading role integrating these children and youth into Israeli society to be useful citizens leading fulfilling lives. The current priority at Ahava is to establish a Therapy Center which suits the needs of every therapy and treatment program, and concentrates all the therapists in one building.</p>

<p>Bnai Zion (cont.)</p>	<p>Please consider Bnai Zion for your Mitzvah Project in order to help these abused and neglected children. Consider starting a drive to support one of the programs (pet therapy, horse therapy, music and /or art therapy, etc.). Great Bar/Bat Mitzvah project!</p> <p>Avrille Harris is available to speak to Bar/Bat Mitzvah classes and other groups about the work and importance of Bnai Zion to Northern Israel.</p> <p>They are always looking to add young leadership to their team. Internship opportunities, as well as volunteer opportunities in the office are also available (make phone calls before and after events, follow up on reservations and more).</p>
<p>Anytime</p> <p>Community Homes for Adults, Inc. (CHAI)</p> <p>Kathy Schneider 214.888.4931 Kschneider@chaidallas.org</p> <p>www.chaidallas.org</p>	<p>Community Home for Adults, Inc. (CHAI): is a non-sectarian, non-profit corporation under Jewish auspices that provides programs and services to enable adults with Intellectual Disabilities to live full, rich lives in a safe environment and to meaningfully participate in the community.</p> <p>They welcome volunteers who are passionate about the services they provide and the people who benefit from them. The most treasured contribution that a volunteer can provide is one-on-one personal time with residents and clients. Volunteering for CHAI is not a one-way relationship; it is one in which friendships are cultivated.</p> <p>Individuals and Groups: Volunteers can choose from a wide variety of programs including holiday parties, special projects (challah baking, arts & crafts), athletic, and social activities.</p> <p>House Projects: Household projects are always needed. Consider (based on need) painting, fix-it projects, planting flowers or starting a vegetable garden. These projects can be done with or without participation from the residents.</p> <p>Volunteering at CHAI is a great way to earn Mitzvah and Community Service Hours or just give back to the community</p> <p>Minimum age: 12-14 accompanied by an adult or 15 +</p>
<p>Anytime</p> <p>Dallas Holocaust Museum/Center for Education and Tolerance</p> <p>Annie Black 214.741.7500 ablack@dallasholocaustmuseum.org</p> <p>www.dallasholocaustmuseum.org</p>	<p>Dallas Holocaust Museum: The Museum is located at 211 N. Record St., Suite 100. Open 9:30am-5pm on weekdays and 11am-5pm on weekends. Minimum age: 16</p> <p>Special Projects: Docent Training Program This course is designed to introduce volunteers to Holocaust history (as it is presented in the Museum's permanent exhibit), Museum design and museum educational methodology so they can join a team of docents for the core exhibit. The course offers a solid foundation in policies, procedures, and touring techniques. Various lecturers will address topics on the Museum and educational methodology.</p> <p>Ongoing Opportunities: Special events, administrative tasks, museum experience/customer service, photography/marketing, development, and education.</p>



Anytime

Dallas Jewish Historical Society

214.239.7120
archivist@djhs.org

www.djhs.org

Sept. 5-Dec. 31

Dallas Jewish Historical Society offers community service volunteer opportunities for anyone with an interest in history, genealogy, video production/editing, social media/management, website enhancement, information/records management, or museum studies.

The DJHS Archive is bursting with primary documents, sound and audio recordings, photographs, and cultural artifacts that illustrate the rich history of the Dallas Jewish Community from the 1800's to today. Volunteers will receive a broad introduction to the archives, and will have the chance to assist on a variety of projects depending on competency and level of interest. Possible projects include:

Oral History Volunteers: Learn to interview local Jewish residents, summarize recordings and help to identify specific topics themes or genealogical information in the recorded Oral Histories. Assist with converting recordings, transcribing interviews editing to post on web, and inventorying existing collections.

Social Media/Content Creator – DJHS is always in need of volunteers to help tell its story. Write about a “Treasure from the Archive,” an interesting interview subject, publicizing events and historical tours or the relevant subject of your choice.

Community Reference/Genealogy: Help to create family genealogies for local Jewish families using the community reference collection and to further arrange, scan and describe the community reference materials.

Docent for the upcoming exhibit at Dallas Heritage Village: “Neighborhoods We Called Home,” in collaboration with Dallas Mexican American Historical League and Remembering Black Dallas, Inc. Volunteers are needed to staff the Blum House at DHV, during school field trips and family days. Training will be provided. Volunteers can choose a one-time or ongoing assignment, Tuesdays through Fridays, or Sundays from **September 5-December 31, 2017.**

This is an exciting, **hands-on opportunity** to learn more about the history of the Dallas Jewish Community while **gaining experience in an archival setting.** Come help **preserve the past** and ensure the future of this amazing collection of cultural treasures. Please for **contact the office at 214-239-7120 or archivist@djhs.org for information about how to apply.**

Friendship Circle of Dallas



Leah Dubrawsky
972-998-1970
leah@friendshipdallas.org
Friendship Circle (cont.)

www:Friendshipdallas.org

Friendship Circle of Dallas: The mission is to unite children with special needs to teenagers in the community. Through a wide range of programs and activities, they hope to facilitate friendships between people of all abilities!

Teens ages 13 and up can be matched with a special friend at program events. Home visitation is available should the teen choose to do so. Volunteers do not need to be accompanied by an adult but an adult must sign off on this volunteer work.

Events are mainly Sunday but sometimes they are planned during the week. Events include: Holiday parties, trips, cooking activities, and physical movement activities. Volunteers with special skills

<p>Friendship Circle of Dallas(cont.)</p>	<p>(athletic, art, gymnastics, musical etc.) are also needed. Minimum age: Teens 13 – HS. Anyone can be a volunteer though! Adults/ young adults assist at programs and events.</p>
<p>Anytime</p> <p>JCRS (Jewish Children’s Regional Service)</p> <p>Colleen Amedio 1.800.729.5277 colleen@jcrs.org</p> <p>www.jcrs.org</p>	<p>JCRS (Jewish Children’s Regional Service): The Jewish Children’s Regional Service (in its 165th year) is an agency for Jewish youth in Alabama, Arkansas, Louisiana, Mississippi, Oklahoma, Tennessee and Texas. It provides “needs-based” aid for Jewish summer camp, undergraduate tuition, special needs assistance, hurricane relief and Hanukkah gift program, with each child receiving 8 small gifts.</p> <p>Collect new, small gifts (including books) for the JCRS annual gift program and special friends club (which recognizes lifecycle events).</p> <p>Since 2014, some of the gifts are being collected and wrapped for delivery to families in Dallas, TX. Most gifts are shipped from New Orleans across the region.</p> <p>For more information check the website. Minimum age: none</p> <p>Small boxes of new gifts can be mailed to 3500 N. Causeway Blvd., Suite 1120, Metairie, LA, 70002. Large boxes of new gifts should be mailed to JCRS c/o Pasternack’s MiniStorage, 3220 N. Arnoult Rd. Metairie, LA, 70002</p>
<p> </p> <p>Jewish Family Service</p> <p>Jamie Denison 972.994.0502 jdenison@Jfsdallas.org or Kristen Jackson 469.445.0624 kjackson@Jfsdallas.org</p> <p>www.jfsdallas.org</p> <p>www.facebook.com/JFSdallas www.twitter.com/JFSdallas</p> <p>Apply Online www.jfsdallas.org/volunteer</p> <p>Wednesdays</p> <p>Anytime</p>	<p>FAMILY PROJECTS: Also check out ARTS AND CRAFTS, FOOD PANTRY, and MITZVAH MAKING sections below for additional family friendly projects. 😊</p> <p>ARTS AND CRAFTS: Make a Difference – One Stitch at a Time! Use your hands to warm a heart by knitting/crocheting or collecting new booties, caps and receiving blankets for premature and newborn infants at the Bnai Zion Medical Center in Haifa, Israel. All items are to be delivered to Jewish Family Service before they are shipped to Israel. 😊</p> <p>Fight Hunger with Baskets and Bows - Help design and assemble Centerpieces for Tzedakah (used for simchas, holidays and corporate events). Donations for these baskets benefit the JFS Food Pantry. Volunteers assemble, decorate and create centerpieces on Wednesdays 10am-1pm.</p> <p>Create a Card - Make Someone Smile! Each month and holiday, JFS uses cards to cheer up clients (families and individuals in our food pantry as well as home bound seniors with our meal delivery program). Every card is designed and created by you, our volunteers. Making a card is easy and fun! Whether you’re looking for something to do on a rainy day, or planning an activity for your youth group, all you need is a bit of paper, a few pens, your choice of design medium (no glitter, please!) and a little imagination. An unlimited number of cards can be used. Contact Jamie Denison to organize card delivery. 😊</p> <p>Do Good – Do Green and Recycle for JFS! Recycle children’s books and magazines. Collect books that are not in good condition and magazines you have finished reading. Call for guidelines to cut them apart to be used as play therapy tools. Minimum age: none (great family project). 😊</p>

<p>Jewish Family Service (cont.)</p>	<p>Decorate clean/new brown grocery bags for our food pantry. Artists, be sure to sign your first name! Bags can be brought to the pantry for a tour. Please, no glitter! (Appropriate for groups or individuals, especially young children) Minimum age: none 😊</p> <p>The Food Pantry Experience" (ages 8-18) (up to 60) (ongoing) This program involves learning the value of a dollar and simulates living at the poverty line. The program includes shopping at Walmart across from JFS (we all walk over/drive together and split up into "families" with 1 adult in each group) with a budget of \$5 charity for each student, having a discussion about hunger & health and what kind of foods you can buy with the limited "income", and then finishing out the experience by restocking the shelves in the JFS Food Pantry with what the students purchased across the street. It has proven to be a very meaningful experience with kids of all age groups. 😊</p> <p>CLERICAL: Help Make a Difference as a Clerical Assistant! JFS of Greater Dallas helps over 10,000 individuals each year through our many important programs. Help our staff in continuing to provide community support by assisting with computer tasks, mailings, and special projects.</p> <p>FOOD PANTRY: Lend a hand. Feed a soul - Food Pantry help needed! The Jewish Family Service (JFS) Food Pantry provides individuals and families in need food so they do not have to skip meals to pay rent, utilities, or buy medicine. Individuals choose available food items just as they would in a grocery store. We serve anyone in need from a 20 zip code area and all JFS clients. We need help in assisting with interviewing and with client choice of food or inventory.</p>
<p>Tuesdays, Thursdays & Friday</p>	<p>Help at the JFS food pantry and assist clients by taking their bags and loading their car, sort and/or stock donations (as needed) during holidays and vacations (limited number of volunteer spots available). Food Pantry is open Tuesday, Thursday & Friday 9am - 1pm. Help move boxes (strong bodies needed!) to keep the storage area and pantry clean! Help break down boxes – 1-3pm-pm on Tuesdays, Thursdays & Fridays. Minimum age: 12. Training required.😊</p>
<p>Mondays, Wednesdays, Fridays</p>	<p>Kosher Home Delivered Meals Program (ongoing) Volunteers can drive a route for our Meals on Wheels program Monday, Wednesday, or Friday between the hours of 10:30-12:30pm. Should you choose to do this project as an organization, we can have your organization "adopt" a route for one week every season or as frequently as you believe volunteers can participate. Of course, they would need to go through the training and confidentiality agreement for this program before delivering meals to clients. DeeDee Lane, the Kosher Home Delivered Meals Coordinator, can be reached at dlane@jfsdallas.org to establish a schedule.</p>
<p>Monthly – last Wednesday</p>	<p>North Texas Food Bank Mobile Pantry: North Texas Food bank will be setting up their Mobile Pantry in our parking lot. This is a truck that will have fresh produce on a first come first serve basis for our clients and additional walk-in clients</p>

<p>Jewish Family Service (cont.)</p> <p>Mondays, Wednesdays, Thursdays and Saturdays</p> <p>Monday - Friday</p> <p>Anytime</p>	<p>from two other pantries. This opportunity will be the last Wednesday of every month from 10am-12pm, Volunteers will distribute fresh produce to clients outside in the parking lot. Minimum age: 16</p> <p>Vickery Meadow Neighborhood Alliance Food Pantry: represent JFS and help distribute food to individuals/families on Wednesdays (1pm-3:30pm), Thursdays (9am-noon), and Saturdays (9am-noon). Help is also needed to stock the pantry Mon. (9am-11am), Wed. 4-6pm and Thurs. 12-2pm. Training is mandatory. Minimum age: 18</p> <p>Food pickup and delivery needs: an adult driver with a pick-up truck is needed to assist JFS and/or The Vickery Meadow Food Pantry by picking up large food donations from businesses or schools as needed. Daytime availability is necessary Monday through Friday. Minimum age: 18 with valid driver's license</p> <p>Organize a community food drive: Donations from the community help provide a variety of foods and tremendously help our agency. Organize your school, sports team, scouts, groups, neighbors or family & friends. Collect non-perishable food items, sort then deliver them to Jewish Family Service. Contact Jamie Denison or check out our website for more information. Minimum age: None (great family project). 😊</p> <p>Adopt a Shelf – All year long opportunity to adopt a shelf in our Food pantry for items we do not regularly stock like toilet paper, feminine products and condiments. Make it a Bar/Bat Mitzvah project to collect these items and we will place a sign in the Food Pantry honoring your Mitzvah! 😊</p> <p>LIFESKILLS SUPPORT: Life Skills Support Needed - Are you good with balancing a checkbook? Help organize and teach others valuable life skills like organizing personal paperwork, menu planning and budgeting. This is an ongoing opportunity; can be flexible with your schedule.</p> <p>Hold a Hand – Help with Heart by being a Court Partner and Advocate! Be a friend and an advocate to someone who is experiencing difficult times due to abuse; accompany the individual to appointments, the court, or just be there when needed. JFS Volunteers are trained to act as objective observers in Dallas County Criminal Courts, most specifically the Family Violence Courts. Minimum age: 18+</p> <p>Help Others Find Jobs at the JOB SEARCH RESOURCE CENTER. Welcome people and offer support at the Job Search Resource Center of Jewish Family Service. The JSRC provides resources, information and a place to start the job search. Training required.</p> <p>MITZVAH MAKING: Put the Fun in FUNdraising – Make your cents for your skills! Exercise your mind, body and spirit! Read, walk, run, hit home runs, or shoot baskets...whatever you do best! Have fun while raising funds for programs at Jewish Family Service (medication assistance, food pantry, kosher home delivered meals and more). Call to organize your “exercise” project. Minimum age: none 😊</p>
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<p>Jewish Family Service (cont.)</p>	<p>“Create Your Own” Mitzvah and let us match your skills and talents to JFS’s needs and/or our clients’ needs to tailor make your own project. Minimum age: none</p>
<p>One Sunday/month Oct. 8, Nov. 5, Dec. 17</p>	<p>Sunday Volunteer Sessions- Interested in volunteering on the weekend? Once a month the volunteer coordinator schedules a Sunday to come in and work with volunteers. Great for families and groups! Email jdenison@jfsdallas.org to sign up for one of the following dates: Oct. 8, Nov. 5, Dec. 17. ☺</p>
<p>Monday-Saturday</p>	<p>RESALE SHOP: Interested in being a part of something big and starting a trend? Come volunteer at our Resale Shop. We have lots of tagging and sorting to be done! Minimum age: 16 years-old.</p>
<p>Mondays, Wednesdays & Fridays</p>	<p>Organize a donation drive for our Resale Shop, a charitable project of JFS. (ongoing) You can host a spring/summer donation drive and then meet at The Resale Shop and help price and put your donations on the shelves. For more information about the Resale Shop, please feel free to visit http://bit.ly/1h00jBo</p>
<p>Anytime</p>	<p>SUPPORTING SENIORS: Bring a smile and warm a heart - deliver a meal. Individuals or teams deliver kosher meals from Jewish Family Service on Mondays, Wednesdays, and Fridays to the homes of people who cannot cook for themselves. Need regular drivers and substitutes. Help is also needed to assemble prepared packages. This program is funded by the Dallas Area Agency on Aging. Minimum age: 16 years-old with driver’s license and under 16 years-old with adult driver. Great family opportunity! Training is mandatory.</p>
<p>Anytime</p>	<p>Friendly Driver - Help Seniors Get to Where They Need To Go! Drive seniors to Dr.'s appointments, bank, hairdresser, Shabbat services, to the JCC or other workout facility or just to help with errands they can no longer do on their own. Minimum age: 18 years-old with valid driver’s license.</p> <p>Bring a Smile to a Senior - Be a Friendly Visitor! Take lonely, isolated elderly on outings or go into their homes to bring a touch of the "outside world" making a new friend. This is an ongoing opportunity; can be flexible with your schedule.</p>
<p>Anytime</p>	<p>New Breast Cancer Concierge Network (ongoing) The Breast Cancer Concierge Network is a pilot program starting in 2017 that will help provide practical daily living task support services to female breast cancer patients while they are going through treatment. As a volunteer, you will have the flexibility to choose the task and day to help, without any ongoing commitment, if that is your preference. Minimum age: 25+</p>
<p>Anytime</p>	<p>Special Needs Partnership Inclusion Experience (ongoing) This is a hands-on interactive, multi-sensory curriculum designed for participants to experience the effects of specific disabilities, to help build awareness and to create an environment of empathy. As an adult volunteer you will help facilitate one of 6 simulation stations including Fine Motor, Gross Motor, Hearing Loss, Dyslexia, Speech, and ADHD. If you have a preference, we will try our best to accommodate that. You do not, by any means, have to commit to all of them, but we’d love to have you come to one and</p>

<p>Jewish Family Service (cont.)</p> <p>10/22 9/25-10/31</p> <p>Nov.</p> <p>Dec. 1-10</p> <p>Jan. 2018</p>	<p>experience the program to see the amazing work being done to educate people on these special needs. We can also schedule this with your organization as well.</p> <p>Diaper Shower 10/22 from 1-3pm JFS is kicking off collection this year with National Diaper Awareness Week. Starting September 25. JFS will accept donations for the Diaper Shower through October 31. Stock the JFS Food Pantry with infant to adult diapers, pull ups and wipes for community families in need and help us reach our goal of 100,000 diapers this year!</p> <p>Organize your own collection and drop off during the month of October to help this cause! No limit to volunteers organizing their own drive. Sunday, October 22, 2017 1:00-3:00pm Drop off at JFS Food Pantry. Save Time & Donate Online through the month of October on Amazon at http://bit.do/JFSDiaperDrive mail to Jewish Family Service (5402 Arapaho Rd. Dallas, TX 75248)</p> <p>Kosher Home Delivered Meals “Icy Day Bags” creation Volunteer to assemble Icy Day Bags (filled with food staples) in November that will be delivered to recipients with a scheduled delivery in early December in case delivery cannot be made due to inclement weather.</p> <p>Adopt a Child” – December 1-10 The Holiday Gift Program has been a long-standing tradition for Jewish Family Service and the community to give gifts to clients over the December holidays. We ask our licensed professional staff to collect wish lists for kids who could benefit from a nice surprise over the holidays. These children may be dealing with hardship, so this act of kindness by volunteers and donors truly makes a positive impact on the children. In order to keep client confidentiality when purchasing gifts, we keep names anonymous, but provide age, gender, and item(s) they wish to receive. Contact Jamie Denison (jdenison@jfsdalolas.org) for a list of needed items or to find out how your congregation/organization can participate.</p> <p>Klein Internship Program Application goes live in January! We are expanding the internship program to develop a more in-depth and enriching experience regarding the provision of non-profit services. Our program seeks to help teens actualize the concept of social justice and will allow participants to share experiences and learn from one another while developing their personal communication skills as they widen their understanding of the needs of the clients served by each organization. This will serve as the basis for participants to work together on projects that may involve direct service, philanthropy, advocacy, and community organization as they build their own communication and workplace skills. The end of the program will culminate with each intern receiving a certificate reflecting their participation and service to the Dallas community Interns are chosen through a competitive process involving a written application and in-person interview. Students from all Dallas Metroplex high schools are invited to apply. Students are selected based on merit—without regard to religion, race, or ethnicity.</p>
<p>Anytime</p> <p>Jewish Federation of Greater Dallas</p>	<p>The Jewish Federation of Greater Dallas is the central fundraising agency for the Dallas Jewish community. It is the one place where philanthropy, volunteerism and shared commitment</p>

<p>For general information 214.369.3313</p> <p>www.jewishdallas.org</p> <p>Jewish Federation of Greater Dallas (cont.)</p> <p>Karen Schlosberg 214.239.7131 kschlosberg@jewishdallas.org</p>	<p>come together to support a network of more than 30 local, national and overseas organizations devoted to helping Jews enhance or rebuild their lives.</p> <p>“Anytime” volunteer opportunities at the Federation: Bar and Bat Mitzvah students are encouraged to do their mitzvah hours or fundraising projects for Jewish Federation of Greater Dallas. Help Jews in need around the world! B’nai Mitzvahs can either raise funds or donate a portion of their gifts that will touch so many areas of need in our community and around the world. Areas of interest to consider include the following: The Needy: 350,000 American Jews live below the poverty line; another 500,000 live in low-income housing. Federation dollars help provide emergency cash assistance, food programs, low-income housing and job placement assistance. The Elderly: A million North American Jews are over 65. The Federation leads all humanitarian networks in providing a complete system of senior care. That includes services that let the elderly stay in their homes; adult day care, Kosher Home Delivered Meals and respite care; assisted living and skilled nursing care all the way through to acute medical and end-of-life care. Israel: Unemployment in Israel is in double digits; new layoffs are reported nearly every month. And it's particularly difficult for new immigrants and Ethiopian Israelis to find work. The federation community is working with new and existing partners to provide long-term solutions. That includes educational programs and scholarship opportunities; job training and retraining; and new business loans. They are also working to extend the school day to free time for parents with children to take advantage of these opportunities. The Future: Federation is committed to securing the future of the Jewish community, through advocacy and education. Federation scholarships, subsidies and special programs help Jews of all ages and affiliations engage in Jewish life. They also defray the high cost of being Jewish, which can include \$10,000 for day school, \$1000 for synagogue membership, \$700 for summer day camp, and \$500 for family membership at the JCC.</p> <p>The Tycher Library, located on the 2nd floor of the Aaron Family JCC, needs help from teens and adults in the following areas: Shelving books or assist with other various projects as needed Stuffing envelopes for events and thank you notes Data entry and filing Contact Karen Schlosberg. Minimum age: Teens and adults</p>
<p>Anytime</p> <p>The Legacy Willow Bend</p> <p>Rivae Campo rcampo@thelegacysc.org 972.468.6191</p> <p>www.thelegacywb.org</p>	<p>The Legacy Willow Bend - Lifecare Community: Independent Living, Assisted Living, Memory Care, Short-Term Rehabilitation, Long-Term Care, Skilled Nursing</p> <p>The Legacy at Home - Medicare Certified Home Health Care Services, Nurses, Short-Term Rehabilitation, Private Duty Services, Personal Care Assistants</p> <p>Volunteers enhance the quality of life for seniors in our community and in their homes.</p> <p>The following volunteer opportunities are available at The Legacy Willow Bend: Assist with Administrative tasks, Bar and Bat Mitzvah, Bingo, crafts, general companionship, high school community</p>

<p style="text-align: center;">Ongoing</p> <p style="text-align: center;">Mitzvah Mavens</p> <p style="text-align: center;">Leslee Feiwus 972.403.0921 tsitsifly@mac.com</p>	<p>Mitzvah Mavens: a knitting & crochet group, a project of Chabad of Plano/Collin County (at this time women only). You don't have to be Jewish to join the group. Knit & crochet items for area hospitals, nursing homes, Jewish Family Service, teen shelters & for soldiers. Always looking for new projects and new places to deliver.</p> <p>Ongoing projects: premie to newborn & toddler hats, blankets, booties, stuffed animals, burial sacks & kimonos, Chemo hats, healing shawls, teddy bears & provide healing journals handmade from the Craft Guild of Dallas to men, women & children with cancer, lap robes for wheelchairs in nursing homes, caps to go under soldier's helmets.</p> <p>Anyone who can knit or crochet or has the desire to learn these skills is welcome. Almost anyone can and will be taught to knit or crochet. The group meets every Monday at a house in Plano at 7pm. Attendance is not necessary to join. Many members would rather work at home and hand in finished work. Minimum age: 12 w/good hand skills & concentration</p> <p>Collect/donate: yarn, knitting needles & crochet hooks, stuffing, ribbon or monetary donations made out to Chabad of Plano with Mitzvah Mavens written in the lower left hand corner. Also collecting unused cell phones.</p>
<p style="text-align: center;">School year program</p> <p style="text-align: center;">National Council of Jewish Women (NCJW)</p> <p style="text-align: center;">"Hello Israel"</p> <p style="text-align: center;">Denise Bookatz 972.931.4848 dbookatz@tx.rr.com or Jo Reingold 972.479.9856 jo14711@att.net</p> <p style="text-align: center;">Anytime Joyce Rosenfield info@ncjwdallas.org</p>	<p>"Hello Israel" is looking for adult volunteers for its educational community service project. This NCJW program has been introducing Dallas area sixth graders to the country of Israel for more than 20+ years. Volunteers, working in pairs, present facts about Israel in an entertaining manner, supplementing the school's social studies curriculum on the Middle East. Students learn about the history, geography, culture, language, and politics of Israel. Volunteers act as "good-will ambassadors", educating and at the same time, presenting Israel in a positive light.</p> <p>After brief training, volunteers work in pairs, using scripts and visual aids. "History comes alive" with student participation, questions, demonstrations and role-playing. Time commitment is about 2 hours per session and presenters may choose dates and schools based on their availability and the program's schedule.</p> <p>NCJW Dallas Office Support: Scan photos and documents Contact: Joyce Rosenfield at info@ncjwdallas.org.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;">North American Conference on Ethiopian Jewry</p> <p style="text-align: center;">Danielle Ben-Jehuda 212.233.5200 x 227 mitzvah@nacoiej.org</p> <p style="text-align: center;">www.nacoiej.org</p>	<p>NACOEJ, a non-profit organization founded in 1982, is the only major American organization committed solely to the welfare of Ethiopian Jews in Israel.</p> <p>NACOEJ's Mitzvah Projects offer opportunities for B'nai Mitzvah students to get to know their underprivileged Ethiopian-Jewish peers in Israel, and help them get ahead in school by raising funds for the NACOEJ Limudiah Program, which provides educational assistance and nutritious lunches for Ethiopian elementary school children. Adults celebrating a life event are also invited to create Mitzvah Projects.</p>

<p style="text-align: right;">Ongoing</p> <p>The Jewish Foundation for the Righteous Bar/Bat Mitzvah Program (JFR)</p> <p style="text-align: right;">212.727.9955 jfr@jfr.org</p> <p style="text-align: right;">www.jfr.org</p>	<p>The Jewish Foundation for the Righteous (JFR) has a special program for B'nai Mitzvahs. Combine the mitzvah of tzedakah with education – be matched with a Christian rescuer which enables the B'nai Mitzvah to learn about an individual who saved Jews during the Holocaust.</p> <p>If you like to knit or crochet check out the JFR Charity Knitting Project started in 2011 for volunteers to make scarves for rescuers (male and female) supported by JFR. Mail completed scarves to:</p> <p style="text-align: center;">The Jewish Foundation for the Righteous 305 Seventh Avenue New York, New York 10001-6008</p> <p>JFR will mail the scarves to rescuers. Call or check the website for more information on both projects.</p>
<p style="text-align: right;">Anytime</p> <p>Vogel Alcove</p> <p style="text-align: right;">Brian Millage 214.368.8686x332 bmillage@vogelalcove.org</p> <p style="text-align: right;">www.vogelalcove.org</p>	<p>For 29 years, Vogel Alcove has provided free, quality child development services for Dallas' youngest victims of poverty: homeless children 6 weeks to 12 years old. Vogel Alcove is the only comprehensive early childhood education program in the city of Dallas whose primary focus is to provide free childcare and case management for children and their families referred by 21 local emergency shelters, domestic violence shelters, housing programs and organizations that serve homeless families.</p> <p>Volunteers (adults and youth, ages 13 +) can serve in a variety of ways. Service projects are available for individuals and groups. These opportunities might include a donation drive for new children's clothing (sizes 2t-5t, and up to school aged clothing), diapers, baby wipes, toiletries, having the donated funds or items donated to Vogel, or the possibility of interacting with children at the facility. Please contact Brian Millage, Volunteer Coordinator, to see what opportunities will work best for you and serve the children and families of Vogel Alcove.</p>
<p style="text-align: right;">Anytime</p> <p>Volunteers for Israel</p> <p style="text-align: right;">Jack Solka 512.527.3799 Jack@Solka.net</p> <p style="text-align: right;">www.vfi-usa.org</p> <p style="text-align: right;">info@vfi-usa.org</p>	<p>Volunteers for Israel: Since 1982 this non-profit, non-political, non-denominational organization provides aid to Israel through hands-on, civilian work. It is administered in Israel by Sar-El, which arranges work placement of volunteers, primarily on IDF facilities. Volunteers come from all 50 states and more than 35 countries. To date, well over 100,000 volunteers have participated and provided the IDF with over 440,000 net man hours per year, work that would otherwise have to be done by soldiers.</p> <p>The VFI work program includes: Free accommodations, kosher meals, military work uniforms, lectures and cultural programs, possibly guided trips, adventures of a lifetime, memories of making a difference, and immense personal satisfaction. An IDF "madricha" or group leader coordinates your activities, serves as translator when necessary, and does her best to see that your stay is comfortable and problem-free. You pay for your flight to Israel. Minimum age. 17</p> <p>If you are interested in exploring this program check the website or contact the Regional Manager for VFI: Jack Solka.</p>

YACHAD-The National Jewish Council for Disabilities

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What is **INCLUSION?**
www.njcd.org

What is **TEAM YACHAD?**
www.TeamYachad.com

What is **SPECIALNEEDS AWARENESS?**
www.NAIM.org

YACHAD: Promotes and facilitates the inclusion of all people with disabilities. YACHAD activities provide members with opportunities for personal growth and enriched lives. The 'inclusive design' gives the special population their rightful place within the Jewish community, while helping to educate the community about the members' abilities and strengths. YACHAD is open to children with mild to moderate disabilities, and provides opportunities for Jewish children with special needs to integrate with their "typically functioning" peers.

YACHAD EVENTS: Monthly social activities (1.5 to 2 hours), usually on Sundays. Each event has YACHAD members and their "typically functioning" peers (open to any child 8th-12th grade), both of whom are supervised by advisors (young adults who have training or experience working with children with special needs). Activities include bowling, making care packages, kickball, games, pizza baking, concert and music events, martial arts, zoo and museum trips, experiential Jewish learning, mini-golf, and more! Locations for activities vary from month to month. Orientation is required and done on an individual basis. Minimum age: 8th grade There are also opportunities for **post-high school volunteers** to be advisors for the program. They should have training, experience or comfort level to work with children with special needs. Please contact Terri Rohan

Volunteer Opportunities in the General Community

Please note that because this newsletter is widely distributed and used in the Metroplex by schools and community organizations, dates of opportunities listed may conflict with Jewish religious holy days. These listings do not constitute a change in Jewish Family Service's observance of the Jewish religious holy days.

Dated opportunities note by

<p style="text-align: center;">Ability Connection</p> <p style="text-align: center;">Justin Banta 214.351.2500 jbanta@abilityconnection.org</p> <p style="text-align: center;">www.abilityconnection.org</p>	<p>Ability Connection Texas provides a full range of services for children and adults with physical and intellectual disabilities as they strive to achieve their highest level of independence. An experienced team of teachers, therapists, nurses, caseworkers, special needs caregivers and volunteers achieve the mission through providing services that include speech, physical, occupational, adaptive aquatics and music therapies, public education, advocacy, adult day care, transportation, residential care, information and referral, case management and in-home and community-based support.</p> <p><u>Direct Engagement</u> Interact and support students and clients with disabilities at their training centers or group homes. Assist and engage clients in a learning environment through health & fitness, vocational training, games, reading, arts & music, learning goals, computer activities and other independent living skills. Chaperone clients on Community Inclusion field trips.</p> <p><u>Group Home Restoration</u> Assist with minor renovations, landscaping or other projects to improve where clients live, work and play. Several of the group homes are 40+ years old and in need of some upgrades.</p> <p><u>Other Support</u> Share your talents in music, art, exercise, therapy, dance, cooking, gardening, etc. and create a custom activity or service for clients or at facilities. Serve on an organizing committee for fundraising and special events.</p> <p>Background check required for all volunteers helping in the headquarters service center with the day program. Minimum age: 16 for all opportunities. Please contact Justin Banta for all opportunities.</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;">Achieve (formerly Citizens Development Center)</p> <p style="text-align: center;">Diane Jones djones@achievedfw.org</p> <p style="text-align: center;">www.cdcdallas.org</p>	<p>Achieve exists to empower men and women with disabilities to achieve their highest level of employability. The Center is located in the I-35 and Mockingbird area.</p> <p>Classroom Instructor: Teach specialized classes, such as arts and crafts, to individuals with developmental disabilities. Assist agency staff in teaching daily living and vocational skills classes. Availability/Time Commitment: weekdays; flexible but prefer 4 hours per week; 1 hour weekly minimum. Minimum age: 16</p> <p>Employment Buddy: Assist individuals with disabilities find and keep employment - identify job leads, provide emotional support and friendship, and/or provide follow-along support. Time Commitment: flexible. Minimum age: 18</p>

<p>Achieve (cont.)</p>	<p>Lunchroom Monitor: Monitor, visit and assist individuals with disabilities during their breaks and lunches – open food or help using snack/drink machines. Availability: weekdays, flexible but prefer minimum 2 hours per day, 1 day per week. Minimum age: 16</p> <p>Marketing Assistant: Assist marketing staff - obtain leads for contract packaging tasks for work center clients through telephone contacts and internet searches. Work may be done from home or at Achieve facility. Availability: flexible. Minimum age: 18</p>
<p>Allen Community Outreach</p> <p>Janis Christie 972.727.9131 Janis@acocares.org</p> <p>www.acocares.org</p>	<p>Allen Community Outreach (ACO) has helped families and individuals in Allen, Fairview and Lucas rebuild their lives through the many programs and services they have provided since 1985.</p> <p>ACO Food Pantry: Volunteers needed weekdays to sort food donations and stock shelves. For specific dates and times contact Janis Christie.</p> <p>ACO Resale Shops: Volunteers needed weekdays and Saturdays to sort donated household items, clean, assist sales staff. For specific dates and times contact Janis Christie, Volunteer Services Director, Janis@acocares.org, 972.727.9131</p> <p>Collect needed items for drives and/or volunteer to help organize and pack donations. For dates and times go to www.acocares.org</p> <p>All volunteers must complete a volunteer application available online at www.acocares.org . Please see the following requirements for various age levels.</p> <p><u>Adults 18 years or Older</u> are required to complete the volunteer application on ACO’s website. All adults are subject to a criminal-only background check or an included motor-vehicle check if you would like to volunteer for Meals-On-Wheels. Background checks are required with no exception. Theft and assault charges are not accepted.</p> <p><u>College and High School</u> students may work independently at the ACO Resale Shop and the ACO Food Pantry.</p> <p><u>Students 18 years of age and older</u> must complete all parts of the volunteer application and will receive an email clearance.</p> <p><u>High School Students under the age of 18</u> must complete part 1 only, and have parent’s consent to volunteer.</p> <p><u>Students in Middle School (12-13 years of age)</u> are required to work with a parent and are eligible to work at the ACO Resale Shop, the ACO Food Pantry, and special events or projects. Students may complete only Part 1 of the ACO Volunteer application, parents will need to complete all parts of the application.</p>

Alley's House

Bria Mitchell
214.824.8700
info@alleyshouse.org

Facebook: alleyshouse
Twitter: @alleyshouse
LinkedIn: company/alley's-house
Youtube: alleyshouse

Alley's House: Empowering teen mothers and their children to achieve independence through support services, education and mentoring. Teen mothers receive comprehensive case management to support them as they complete the program which includes: parenting classes, life skill workshops (topics include: wellness, finance, relationships and career). On-the-job training, career planning, counseling, mentoring and GED preparation.

Volunteer Opportunities:

In-office volunteers are needed Tuesday through Friday for daytime shifts between 10am-4pm.

GED Tutoring: Give support by providing one-on-one tutoring to teen moms who are preparing for the GED test. Materials and orientation to tutoring is provided. Subjects include: reading, language arts, math, science and social studies. Minimum 2 hour weekly commitment requested.

Childcare: Provide entertaining and educational activities to children (average age is 18 months old) in a fun and safe atmosphere. Your help allows the teen moms to focus on their studies and participate in the program. Minimum 2 hour weekly commitment. Minimum age: 16

Program and Administrative: Provide hands-on support to program and executive staff. At the volunteers' discretion, this can include assisting clients in the office with different program activities (Microsoft Office training, resumes, on-the-job office training, job applications).

The following volunteer opportunities have a flexible schedule: **Mentors for Young Mothers:** A one-on-one mentoring program that matches female volunteers with teen moms. Mentors provide guidance and help their teen mom achieve her goals. 2 scheduled activities required per month with a 1 year minimum commitment. Activities are scheduled based on mentor and teen mom availability. Minimum age: 21

Marketing Committee: Work with the Executive Director on branding, social media, blogs, website updates, and enhancing community awareness.

Special Events Committee: Help plan and support special events throughout the year. Meet monthly on the 2nd Tuesday from 6-7:30pm.

Host an item drive: This is a great opportunity for your family, group or company to show support for a good cause and help teen mothers in need. Alley's House has an incentive program that allows moms to earn needed items for children and themselves. They also provide healthy food and snacks for mom and her children while they are in the office. Some of the items needed are as follows:

Baby and kids: diapers (size 4, 5, 6 and Pull-ups), wipes, formula, strollers, car seats, bottles, wash cloths, booster seats, clothing

<p>Alley's House (cont.)</p>	<p>Teen moms: business casual clothing appropriate for young ladies (sizes SM-XXL), shampoo, laundry detergent, toothpaste, tooth brushes, lotion, hair products, body wash, face wash, monthly planners, books, gift cards and other teen and young adult appropriate items.</p> <p>Non-perishable foods: baby or toddler snacks, peanut butter, jelly, goldfish crackers, granola bars, trail mix, raisins, individual oatmeal packets, dried fruit, natural fruit leather, seeds, apple sauce and any other pantry food</p>
<p>Anytime</p> <p>Alzheimer's Association</p> <p>Cheryl Hanson 214.540.2431 Chhanson@alz.org</p> <p>www.alz.org/greaterdallas</p>	<p>Alzheimer's Association: The Alzheimer's Association, the world leader in Alzheimer's research, offers support and assistance for the more than 45,000 North Texans with Alzheimer's disease.</p> <p>Ongoing volunteer opportunities:</p> <p>Speaker's Bureau: The Chapter provides speakers for presentations on various aspects of Alzheimer's disease. If you have good presentation skills and enjoy speaking to groups, this could be for you!</p> <p>Memory Café:</p> <ol style="list-style-type: none"> 1. Be a host/hostess at an event for those with memory loss and their care partners. 2. Assist the host/hostess with activities and day of event needs. 3. Provide coffee, tea and light snacks for the event. <p>Community Ambassador: Reach out to health care providers, civic organizations, community leaders, business and schools to inform them of the availability of services and opportunities for involvement.</p> <p>Health Fairs: Staff a booth, handout information and interact one on one with community members.</p> <p>Public Policy: Attend legislative hearings and participate in meetings with legislators in local community as well as Austin and Washington, DC</p> <p>Special Events: Be on a committee and/or volunteer the day of an event.</p> <p>Office/Administrative Support: Provide help with routine office tasks such as data entry, filing, copying and preparing giveaway bags.</p> <p>Support Group Facilitator: Hold meetings to provide emotional support and information sharing for family members and caregivers. A one-year commitment is requested. Minimum age: 18 for all opportunities</p> <p>Apply by phone, online or email. Helpline: 1.800.272.3900 Online: www.alz.org/greaterdallas</p>
<p>Anytime</p> <p>American Red Cross-Serving DFW</p> <p>Cynthia Matthews 214.678.4408</p>	<p>The American Red Cross–Serving DFW TURN COMPASSION INTO ACTION!</p> <p>The Red Cross seeks volunteers who will step up in critical times to support the mission of providing relief to victims of disasters and helping people prevent, prepare for, and respond to emergencies.</p>

cynthia.matthews@redcross.org

www.redcross.org/dfw

**The American Red Cross –Serving DFW
(cont.)**

Disaster Action Team Members: Team members respond 24 hours a day to provide immediate and identifiable emergency services (food, clothing and shelter) to those affected by disasters such as tornado's, flooding, house fires & wildfires. Typically, DAT team members "take duty" for a defined period of time. During that time, the member will be "on-call" with other team members. This is a position for those with a passion for helping individuals who have suffered loss due to a disaster

Sheltering and Feeding Team: Be a part of a volunteer team that provides immediate comfort to clients. In a Red Cross shelter, the volunteers provide needed shelter, food and information to clients displaced from their homes in disaster. Training is provided in each activity. Minimum age: 18

Support Disaster Health and Mental Health: Your skills are VERY VALUABLE! If you are a **licensed health or mental health worker with an active unencumbered license**, you can help provide health and mental health consultation and assistance in the form of referrals, crisis counseling and visits to clients who have been injured as a result of disaster. Valid licenses for Health Services are: *Registered Nurse (RN), Nurse Practitioner (NP), or Physician (MD/DO) or Paramedic or Emergency Medical Technician (EMT)*. Valid licenses for Mental Health are: *social work, psychiatry, counseling, psychiatric nursing, marriage and family therapy, certified school counselor, psychology.*

Intake Volunteer: Use your people skills to greet and welcome new Red Cross volunteers. The Intake/Placement team works to provide an excellent experience for all new volunteers joining the American Red Cross. **Typical duties include:**

- Making Welcome Phone Calls
- Contacting Prospective Volunteers to help guide them through the process of becoming a Red Cross volunteer
- Helping manage intake queue through regular contact and documentation



Time Commitment: 10 hours a week. Minimum Age: 18

Service to the Armed Forces - MEPS Caseworker: The MEPS Caseworker greets and serves refreshments to military applicants and their families who are being processed through the Military Entrance Processing Station in Dallas. The MEPS Caseworkers are the face of the Red Cross at the MEPS Station; they offer support to military applicants and their families during the military entrance process.

Responsibilities: **Operate the Red Cross Canteen** at the Dallas MEPS Station by serving refreshments to military applicants and their families. **Order supplies** and restock the Canteen as necessary.

Promote Red Cross SAF programs, such as, the Get To Know Us Before You Need Us program and provide information and answer questions on SAF services.

Give briefings to the families and military applicants.

<p>The American Red Cross –Serving DFW (cont.)</p>	<p>Time Commitment: Volunteers will need to commit to taking at least one 4 hour shift at the Dallas MEPS station per week. Shifts are selected by you, and run Monday - Friday from 9am-12pm.</p>
<p>Anytime</p> <p>American Red Cross-Southwest Region Blood Services</p> <p>Pat Sherwood 469.416.0292 Pat.Sherwood@redcross.org</p> <p>www.redcrossblood.org</p>	<p>American Red Cross-Southwest Region Blood Services:</p> <p>Urgent Need: Couriers are needed to transport life-saving blood to hospitals and Red Cross centers throughout the region. Red Cross vehicles are provided. Drivers must adhere to all safety policies and procedures. Defensive Driving training is mandatory. Volunteers must hold a valid Texas Driver's License and have a good driving record. Driver shifts vary and are available weekdays, evenings and weekends. Ability to lift and move up to 40 pound containers. Reliable. Minimum age: 21</p> <p>Blood Drive Ambassador: Locations vary. Please plan to volunteer 4-6 hours. Volunteers greet and check-in donors, providing them with required pre-donation information, and assist donors when finishing the donation experience encouraging them to enjoy water, juice and/or snacks while they rest before moving back into their busy schedules. Minimum age: 16 w/parental consent</p>
<p> </p> <p>Anytime</p> <p>Arthritis Foundation North Texas Office</p> <p>Noemi Velazquez 214.826.4361 nvelasquez@arthritis.org</p> <p>Al James, Executive Director 214.826.4361 ajames@arthritis.org</p> <p>www.arthritis.org</p>	<p>Arthritis Foundation, North Texas Office: Ongoing volunteer help is needed for administrative support, special event planning and execution, patient follow up and building relationships with the healthcare community. Training is provided. Minimum age: 18</p> <p>Information & Community Resources Volunteer: The Arthritis Foundation receives calls for information, support and referral. Volunteers will provide a critical service to individuals seeking resources in their community. Volunteers are needed to assist with responding to inquiries for information, support and community resources. Volunteers must have a good phone manner, strong writing skills and knowledge of community resources. Comfortable speaking with the public and excellent communication skills. Flexible/minimum 4hrs/week. After training, role can be done from home.</p> <p>Health Care Provider Outreach (HCP) Volunteer: To better serve and connect people living with arthritis to resources in their community, volunteers will assist staff in educating physicians on programs and services offered by the Arthritis Foundation. Must feel comfortable reaching out to medical practices and promoting Arthritis Foundation programs and services. Must have excellent communication and interpersonal skills.</p> <p>Administrative Support Volunteer: Assist staff in administrative duties such as answering calls, mailings, and data entry. Attention to detail is very important and must have experience in working with MS Office and databases. Flexible, minimum of 4 hrs/week. Orientation provided.</p> <p>Health Fair Volunteer: Creating awareness and understanding about arthritis and the services provided by the Arthritis Foundation can be life changing experience. Health fairs and education presentations provide an opportunity educate and increase support for the 1 in 5 living with arthritis in our communities. Volunteers who enjoy meeting people are needed</p>

<p>Arthritis Foundation (cont.)</p> <p>Dec. 2</p> <p>October</p> <p>November</p> <p>Melissa Gower mgower@arthritis.org</p>	<p>for community health fairs. Volunteers will provide information about arthritis and programs and services offered by the Arthritis Foundation to the general public. Must be willing to work weekend fairs and travel within the Metroplex. Orientation provided.</p> <p>Event Volunteers: Assist in the planning and execution of special events throughout the year. Duties will include calling participants, securing new participants, administrative duties, and assisting day of event execution. Times will vary. Must enjoy dealing with the public and is self-directed. Strong skills in MS Office and databases. Orientation provided.</p> <p>Location: The Arthritis Foundation, 1349 Empire Central, Suite 340, Dallas TX 75247 Contact: Noemi Velazquez.</p> <p>Upcoming events: Jingle Bell Run/Walk- December 2 - 3pm to 6:30pm At Panther Island 395 Purcey Street, Fort Worth, TX 76102 Volunteers needed: 12pm-3pm for setup & 5pm-7pm clean up, 15 years old or older)</p> <p>October: Office volunteers (any age) needed Mon-Fri between 8:30am and 4:30pm to fold t-shirts for the Jingle Bell run in December 2017. Possibly 2 day job depending on hours of availability.</p> <p>Office volunteers (adults, preferably male to move heavy items and females to take inventory) Mon-Fri between 8:30am and 4:30pm to move shelving and boxes to organize supply and storage rooms. Possibly 1-2 day job depending on hours of availability.</p> <p>November: In Fort Worth (18 yrs. old or older): packet pick up for Jingle Bell run 11am-3pm, stuffing bags and providing day of materials to registrants. Please contact Melissa Gower for additional details regarding this opportunity at mgower@arthritis.org.</p>
<p>Anytime</p> <p>Attitudes & Attire</p> <p>Cristal Ooi 214.746.4216 Cristal@attitudesandattire.org</p> <p>www.attitudesandattire.org</p>	<p>Attitudes & Attire, located at the World Trade Center (free parking available), is a non-profit agency dedicated to promoting personal growth for women seeking self-sufficiency. The program provides the tools that raise self-esteem, promote ethics and build the confidence necessary to succeed in the workplace.</p> <p>Volunteers are needed, at the “Dressings”, who will assist clients find a work appropriate interview outfit with handbags and accessories. The volunteer and the client shop together to find business attire in the Boutique. The Boutique consists of donations from individuals, department stores, and corporations around the Metroplex. The dressings take place at least twice a week from Feb. - Dec. Individuals and/or organization groups can be scheduled. Minimum age: 18 years</p> <p>Donation Drives: Organize a suit or accessory drive. Please only donate clean, gently used business appropriate items. Clients need suits, blouses, sleeveless shells, jewelry, scarves, handbags, and new pantyhose. Sizes 4-38</p>

**Back on My Feet
Dallas Fort Worth Chapter**

Jackie Licare
915.999.1225
jackie.licare@backonmyfeet.org

dallas.backonmyfeet.org

Back on My Feet: a national for-purpose 501(c)3 **organization that uses running to help those experiencing homelessness** change the way they see themselves so they can make real change in their lives that results in employment and independent living.

Ongoing Volunteer Opportunity

Run/Walk with one of the four teams, **or become involved through non-running volunteer opportunities** which include: running gear & inventory assistance, special events planning, administrative tasks, and more.

Requirements: An **orientation is required** to become an ongoing volunteer. To **sign up for an upcoming volunteer orientation** please visit: <http://dallas.backonmyfeet.org/dallas-run-with-us>.

Minimum age: 18 for running opportunities as well as a few non-running opportunities.

Events will **have the following opportunities** available. This will include, set up, registration, water stations, clean-up, etc.

Anytime
Big Brothers Big Sisters of North Texas

Contact: Various
1.888.887.BIG(2447)
volunteer@bbbsnt.org

www.bbbsnt.org

Big Brothers Big Sisters of North Texas: *Become a Big Brother or Big Sister!* The Big Brothers Big Sisters model of mentoring has proven success in creating and nurturing safe and positive relationships that have a direct, measurable and lasting impact on the children served.

Community Based Program - This opportunity matches a Big Brother or Big Sister with a Little Brother or Little Sister. The volunteer and child spend some of their free time together just having fun and making memories. Whether you attend a ball game, spend a day in the park, see a movie, play basketball or do arts and crafts, the time you spend together will make a big difference in the life of a child!

Minimum age: 16, if they have the following:

- a. Valid drivers' license
- b. Auto insurance in their name and
- c. Reliable transportation to be able to pick up a child at least twice a month

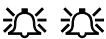
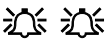
School-Based Program - A Big Brother or Big Sister is matched to a Little Brother or Little Sister in a local school. One hour each week, the volunteer visits the child at school and participates in various activities on the school campus. Activities could include going over homework, watching a track meet, shooting hoops in the gym, eating lunch on the playground or just spending an hour talking.

High School Bigs - High school students can become a Big Brother or Big Sister to children in the community. Volunteer "Bigs" must meet with their "Littles" (Brother or Sister) at least twice a month.

Minimum age: (School or Site Based Program) 16 or at least a Junior in High School (sometimes a Junior can be 15 and can still participate).

Ages: Big Brothers Big Sisters matches volunteers with children from the age of 7 through 14. For the safety of the children and ultimate success of each match, **background checks, interviews and training are required for each volunteer.**

<p>Big Brothers Big Sisters of North Texas (cont.)</p>	<p>Please call today to learn more about the many youth mentoring programs. By sharing time with a Little Brother or Little Sister at least twice a month, you can change the life of a child.</p>
<p>Anytime - All Ages</p> <p>Binky Patrol Comforting Children one "Binky" at a time</p> <p>Theresa S. Costin tcostin@sbcglobal.net</p> <p>www.BinkyPatrol.org</p>	<p>The North Texas Chapter of Binky Patrol is part of the national 501c(3) organization (www.binkypatrol.org) that collects and donates blankets to children in need in our local areas through hospitals, shelters and to individual children in crisis on an as needed basis.</p> <p>Groups or individuals are invited to make blankets for this organization. The only requirement is that each Binky Patrol blanket be new, handmade, and be free of smoke smells, pet hair, and/or pet dander due to potential allergic reactions. The blankets can be crocheted, knitted, quilted or sewn in kid friendly colors and patterns.</p> <p>See the website (www.BinkyPatrol.org) for easy project instructions and ideas. Blankets of all sizes are needed — suggested sizes are: small/infant — 36"x36"; medium/toddler thru pre-teen - 45"x60"; large/teens — 63"x87". Finished blankets can be dropped off at designated locations – contact the coordinator for information.</p> <p>Other volunteer opportunities: web design and maintenance, publicity, fundraising opportunities (space at local craft shows and sales). They are always in need of blanket making supplies. Consult the national website for the wish list and consider doing a collection.</p> <p>Binky Patrol has 2 Saturday Make-a-Blanket days every month where you can turn in blankets and find out what the group is all about! Make and label blankets, share ideas, promote the mission, and share experiences. You are invited to attend one of our weekend "blanket days" and they hope you can join them soon!</p>
<p>Ongoing</p> <p>BRIT (Botanical Research Institute of Texas)</p> <p>Julie Donovan 817.546.1846 jdonovan@BRIT.org</p> <p>www.brit.org</p>	<p>BRIT (Botanical Research Institute of Texas) located in Fort Worth shares knowledge about the plant world to enhance life for people and all living things. In the LEED building they house extensive plant and library collections, as well as provide education and research programming. They really do rely on volunteers to keep the place going.</p> <p>Volunteer opportunities include education, research, herbarium and much more. Most opportunities are M-F 10am -5 pm and the first Saturday of the month 9am – noon and there are some remote duties as well.</p> <p>Online application is available at BRIT.org on the support drop down. A 15-hour yearly commitment is required. Please check the website for additional information. If you have questions, please contact Julie Donovan at jdonovan@BRIT.org or at 817.546.1846. Minimum age: 14 for Jr. Volunteers, 18 for adults.</p>

<p style="text-align: right;">Ongoing</p> <p>George W. Bush Presidential Library and Museum Volunteer Program Coordinator bush43volunteer@nara.gov 214.346.1679 www.georgewbushlibrary.smu.edu/en/About-Us/Job-Internships-and-Volunteering.aspx</p> <p>www.georgewbushlibrary.smu.edu https://www.facebook.com/GWBLibrary: https://twitter.com/GWBLibrary</p>	<p>George W. Bush Presidential Library and Museum has an ongoing need for volunteers.</p> <p>Qualifications: Due to the sensitive nature of Presidential materials, all volunteers must be at least 16 years of age and successfully pass a background check and sign a confidentiality agreement Must be a U.S. Citizen or holder of a permanent resident card/A1 Diplomatic Visa. Make a 1 year commitment. Work at least 4.5 hours per week on a non-paid basis unless serving as a volunteer or docent substitute; able to learn new skills; for some volunteer duties must be able to lift up to 50 pounds; for some duties must be able to stand for long periods of time and climb ladders. Minimum age: 16</p> <p>Visitor Services Docent: Visitor Services docents work on the museum floor to help orient visitors, answer questions about the museum and as an ambassador to the museum, ensure that each visitor’s experience is enjoyable. Docents assist the museum education experience through group learning activities, demonstrations, and community outreach programs. Docents in training will serve as ambassadors until they have completed the docent training program.</p> <p>Visitor Services docents may have the opportunity to assist in the specialized Education Docent Program. The Education docent will assist the Education Specialist in: presenting curriculum and activities for museum programs, performing scripts for character actors and museum puppet shows; preparing for and presenting programs for students, educators, and community members. Education docents will serve primarily as visitor services docents.</p> <p>Opportunities are also available to work as a docent substitute on an ad hoc schedule. Volunteers are needed 7 days a week as follows: Morning (8:30am-1pm), Afternoon (1pm-5:30pm), Evening (5:30pm-Late).</p> <p>To apply: If you are interested in joining the volunteer program, please complete: the Volunteer Service Application and the Declaration for Federal Employment (OF 306 available on the website. Please do not e-mail or fax the Declaration for Federal Employment (OF 306). Please send your completed application packet to the address below.</p> <p>Volunteer Program Coordinator George W. Bush Presidential Library and Museum 2943 SMU Boulevard Dallas, TX 75205 Please email bush43volunteer@nara.gov with any questions or concerns</p>
<p> </p> <p>Camp Summit</p> <p>Evan Looft 972.484.8900x111 e.looft@campsummittx.org</p> <p>www.campsummittx.org</p>	<p>Camp Summit: Located in Paradise, TX, this non-profit agency provides a recreational camping experience for youth and adults, ages 6-99 who have physical, developmental and multiple disabilities. Volunteers are camp counselors for an entire week or weekend, helping campers with personal care needs (in some cases bathing, toileting, feeding, dressing, etc.) and assisting campers as they participate in activities. Experience is not necessary, but you must have the desire to work with special</p>

<p>Camp Summit (cont.)</p> <p>Sept. 17-Nov. 17 Dec. 2 Dec.8-10</p>	<p>populations. Students' applications must be received at least 10 days before weekend sessions. Minimum age: 15 or older</p> <p>Please visit the website (www.campsummittx.org) for sign up dates. Weeklong sessions run Sunday-Friday. Weekend sessions run Friday-Sunday</p> <p>Weekly Fall Session - September 17 - November 17 Holiday Party - December 2- Winter Weekend - December 8-10</p> <p>Complete an online volunteer application and fax or email the additional documents requested in the application. Email confirmation letter will be sent once accepted</p> <p>Note: There is a mandatory orientation for new volunteers. Orientation times vary based on the session you choose. You will be contacted about orientation times once you submit an application</p> <p>Office volunteers are needed. Please contact the Dallas office at 972.484.8900 (17210 Campbell Rd., Dallas 75252) to see how you can help. Flexible schedules.</p>
<p>Anytime</p> <p>C. C. Young Senior Living & Care</p> <p>Shannon Critchlow 214.841.2988 scritchlow@ccyoung.org www.ccyoung.org</p>	<p>C. C. Young: A senior living and care community located near White Rock Lake that provides residential care from independent to skilled nursing. Call for Scouting, Bar/Bat Mitzvah and or school community projects tailor-made for you or your group.</p> <p>Ongoing opportunities: Beauty Shop: Join a Volunteer Beauty Shop team to wash and set hair of residents. All supplies and equipment provided. Minimum age: 18 Barber: Cut men's hair in the salon. All equipment and supplies provided. Minimum age: 18 Hospice: Volunteers needed in a variety of positions within residential facility. Visitation with patients and families, telephone bereavement contact of the survivors, and clerical duties are available. Mandatory training. Minimum age: 18 Birthday Parties: Groups hosting one of the monthly birthday parties are most appreciated. Work with a life enrichment specialist in planning, provide refreshments, entertainment (sing, games, etc.), and a stuffed animal for persons celebrating their birthday at a monthly party. Four parties per month are available throughout the facility. There are usually 30 residents in attendance. Day and time is dependent upon volunteer's availability. Minimum age: small groups of all ages. Strolling Musician: Play familiar songs or classical music on the piano, guitar or other musical instruments for a small group, in a resident's room, or during a holiday meal. This opportunity is available weekdays/weekends usually before lunch or dinner. Minimum age: 14 Gardener: Help resident gardener with gazebo flowerbed maintenance or small individual flowerbeds. Minimum age: 16 Transporter: Accompany wheelchair residents to and from Sunday morning chapel.</p> <p>One-time opportunities: Holiday Cards and Table favors for any time: brighten resident rooms. Good project off campus.</p>

<p>C. C. Young (cont.)</p>	<p>Holiday Party for Halloween, Thanksgiving, New Year's, or Valentine Day. Work with the activity director providing refreshments, decorations, etc. Appropriate for a small group. Tea Party: Host a feminine high tea for the ladies who like to dress up. Provide decorations, refreshments, and program (examples - Suffrage Day, women's participation in world wars, style show, and display doll collection). Great fun for female groups. Car Wash: Wash and dry resident's cars. You will not only make the cars shine but also the residents will smile and shine. You provide towels, soap, sponges. They provide hoses and nozzles.. Appropriate for a small youth group.</p>
<p>Challenge Air For Kids And Friends</p> <p>April Culver 214.351.3353 aculver@challengeair.org</p> <p>www.challengeair.org</p> <p>Nov. 4</p>	<p>Challenge Air For Kids And Friends: Challenge Air builds self-esteem and confidence of children and youth with special needs, through the experience of flight. Currently seeking volunteer help in the office.</p> <p>The next local fly day: Saturday, November 4th. Dallas Executive Airport, Hosted Ambassador Jet Center 5435 Saturn Drive, Dallas, TX 75237 Volunteers register passengers, give out flight certificates or help with other ground activities. Registration forms for volunteers, pilots and children are available on the website. All volunteers should pre-register online or call. Minimum age: 15</p>
<p>Anytime</p> <p>Children's Health Children's Medical Center Dallas</p> <p>Volunteer Services 214.456.6388 volunteer_services@childrens.com</p> <p>www.childrens.com</p> <p>Resource Library Carol Miller 214.456.4787 carol.miller@childrens.com</p>	<p>Children's Medical Center Dallas: Work directly with patients, provide customer service, or support the hospital staff in a variety of ways. Days, weekends, and evenings. Please visit www.childrens.com/volunteers for more information about volunteering. Each individual must watch the online Information session, submit an application, complete online training and a video interview. After being accepted into the program, attend a Welcome Session and complete a health form. Each volunteer must commit to 3-4 hours weekly commitment (adults) and 40 hours (students) and purchase a uniform. Children's offers two student programs: School Year Program and the Summer program at the Dallas location. Minimum age:16+</p> <p>Donations of reading materials for all ages are welcomed. Organize a collection or have a book drive. The children's library can only accept new, unused books. Gently used books are shared with the clinics. They can also use magazine subscriptions, especially for children's and popular adult magazines (Spanish & English). Contact Carol Miller</p>
<p>Anytime</p> <p>Children's Health Children's Medical Center Plano</p> <p>Barbara Green 469.303.3763 barbara.green@childrens.com</p> <p>Resource Library Albi Calman 469.303.7735 albertine.calman@childrens.com</p>	<p>Children's Medical Center Plano: Welcomes donations of reading materials for all ages. Organize a collection or have a book drive. The Karahan Family Resource Center can only accept new, unused books. Gently used books are shared with the clinics. They can also use magazine subscriptions, especially for children's magazines and popular adult magazines, in Spanish and in English. Contact Albi Calman.</p> <p>Fundraise for the Bear Hugs Program, which provides a special comfort bear to each patient having surgery at Children's Plano.</p> <p>Collect new small items (mini potato heads, polly pockets, stickers, bouncy balls, etc.) as prizes for children who have</p>

<p>Children's Medical Center Plano (cont.)</p>	<p>undergone invasive procedures. Please contact Barbara Green. Collect brand new toys to be used for the playroom, brand new toys to be used for birthdays or special events. Gift cards to local stores (Target, Toys R Us, Barnes & Noble) are also appreciated.</p> <p>Limited adult volunteer openings are available in the following areas: Surgery Services, Child Life (Inpatient and Outpatient), Family Resource Library, Guest Relations, and various Outpatient Clinics. Volunteer shifts are during the daytime (8am-5pm), Mon.–Fri. Please contact Barbara Green. Minimum age: 18</p>
<p>Anytime</p> <p>City House</p> <p>Lisa Rodgers 972.424.4626 GetInvolved@cityhouse.org</p> <p>www.cityhouse.org</p>	<p>City House was founded 27 years ago by two Plano ISD school teachers, sadly inspired by several of their students who were living out of their cars and lockers. In 1988, City House opened its doors. What began as a six-bed shelter has grown into a four-home, 36-bed, multi-faceted agency that provides residential and non-residential services to more than 550 children, young adults and their families each year. City House has an emergency shelter for children ages newborn to 17, and a Transitional Living Program for homeless young adults ages 18 to 21, with TLP homes in Plano and Frisco. The organization also works closely with local schools as part of its outreach program, providing free counseling to youth or families who need it, getting in front of family conflict in the home before it becomes a homeless or runaway situation. The mission of City House is to provide emergency shelter and transitional residential services to children and young adults who are in need due to abuse, neglect or homelessness.</p> <p>Volunteers needed for everything from hands-on work with young residents, administrative, meal providers, event support and more. Volunteers must attend a volunteer orientation, as well as get a TB test due to state regulations</p> <p>Minimum age: 18 (but there are some select opportunities for young people around City House events)</p> <p>Send inquiries on volunteering to GetInvolved@CityHouse.org</p> <p>For more information on City House and how you can help, visit www.cityhouse.org.</p>
<p>Anytime</p> <p>City of Plano Teen Court</p> <p>Becky Rubenstein 972.941.2009 beckyru@plano.gov</p> <p>www.plano.gov/Departments/Municipal Court/Juveniles/Teen Court</p>	<p>City of Plano Teen Court: Sponsored by the Plano Municipal Court, juvenile defendants pleading guilty to a Class C misdemeanor are eligible to appear in Teen Court with the Judge's permission. Offender's cases are presented to a jury of their peers.</p> <p>Volunteer teen attorneys represent the defendant and the state. Teen jurors assign community service according to the Discipline Grid. Upon successful completion of the sentence, offenders' cases are dismissed and removed from their record.</p> <p>Teenagers 14 through 18 are eligible to be jurors. Court is held twice each month on scheduled Mondays. Jurors report at 5:30pm and Court is over at approximately 7:45pm. Teen attorney: a teen must be 15, served as a juror and have completed the attorney training. Attorney training is held once a year typically in the summer.</p> <p>Great for all the budding attorneys, prosecutors and those interested in the justice system!</p> <p>Minimum age: 14</p>

City of Plano VIP Program

Corina Sadler
972.941.7617
corinas@plano.gov

www.volunteersinplano.org

Debbie New
debbien@plano.gov

Your local library

City of Plano VIP Program: Please visit the website for a listing of ongoing and event volunteer opportunities and to sign up online at www.VolunteersInPlano.org.

Special Events: Parades, sporting event, plays, concerts, community garden work days, city clean-ups, and conventions. Volunteers from **14 years+** assist with **tickets, information distribution, run booths, seat patrons** and more.

Animal Shelter - Socialize with the animals, walk the dogs, love them, keep cages tidy, and encourage your friends to adopt. Clerical help is also available. Must be at least 18 years of age. Orientation and training required and commit for 6 months. For more information contact Corina Sadler.

Animal Shelter Projects for Youth: If you are interested in animal shelter projects, contact Debbie New directly.
Kitty Fort Project! Kitty Forts are a **craft project for school or scout groups, family get-togethers or a birthday or holiday activity.** Kitty forts help keep the cats and kittens happy and alleviate stress while they await new homes. They're bright and colorful, and made from simple cardboard boxes.

Kitty Forts

- Create a comforting environment that carries the cat's scent
- Can be enhanced with dangling toys to add to their enjoyment
- Can go with the kitty to his or her new home, providing comfort during the transition

How to do it:

- Select a cardboard box with these approximate dimensions: 12"x12"x12"
- Note: "Big box" stores often provide free boxes near the cash registers
- Cut out a large opening for the front side (ask an adult for assistance)
- Cover the box in construction paper, butcher block paper or mailing paper
- Use only nontoxic school glue
- Decorate your kitty forts with ink stamps or small stickers
- You can attach macramé cord or yarn for interest, but please do not use string

Deliver your craft items to the shelter at 4028 W. Plano Parkway, Plano 75093. Call 972.769.4360 for information.

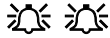
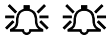
Schedule a Pet

Safety and Responsibility Class and get a tour of the shelter.

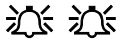
Book Smart - If you or your organization would like to **organize a book collection** to help the Plano libraries stock up for the annual book sale. **Sort book donations.** (Please contact your local library prior to bringing the books.)

Adopt-A-Park, Highway, or Creek: Businesses and organizations can get involved through the adoption programs. Make an impact by keeping the city beautiful and improving the city. To sign up online visit: www.volunteersinplano.gov

<p>City of Plano VIP Program (cont.)</p> <p style="text-align: right;">Corina Sadler 972.941.7617 corinas@plano.gov</p>	<p>Adaptive Recreation: Volunteers beginning at 14 years old can help children with special needs in leisure activities. Volunteers interact with participants in social settings and activities including arts and crafts, games, bowling, and more. A one-time orientation is required. Review openings and sign up online at www.VolunteersInPlano.org, you will then be contacted with further information. Minimum age: 14</p> <p>Community Garden Work Parties: The City's Sustainability & Environmental services department has 2 community gardens that are used to grow vegetables to donate to a Plano food pantry and to serve as outdoor education. Volunteers starting at 13 years old are utilized to work the garden and keep it going through the seasons. Sign up online at www.volunteersinplano.gov. Minimum age: 13</p> <p>College Internship: Interns volunteer throughout the year and utilize their skills while they learn more about leadership. Applications are accepted throughout the year. All internships are unpaid. Candidates are responsible for coordinating with their respective schools/institutions to receive class credit if applicable. Send an email and a copy of your resume to Corina Sadler with your area of interest to check availability. The office would be happy to work with your college to find places for students in different departments.</p> <p>How do I sign up? Review opportunities online at www.volunteersinplano.org, click on your area of interest, then on sign up and set up a profile. You will receive an email back shortly.</p>
<p>Color Me Empowered</p> <p style="text-align: right;">Kristen Rice Jackson 214.729.2499 Kristen@colormeempowered.org</p> <p style="text-align: right;">www.colormeempowered.org</p>	<p>Color Me Empowered provides programming that empowers children and neglected communities through the implementation of civic art. At any given time, there are between 3-6 art education programs running throughout the city - most of which are after-school programs.</p> <p>There are volunteer opportunities Monday-Friday 3pm - 6pm at various locations for college students and adults. There are occasional Saturday opportunities and those vary in time and place depending on where they're installing, but these times are open to people of all ages and families are strongly encouraged to participate.</p> <p>Saturday opportunities will be advertised on the website's volunteer calendar: www.colormeempowered.org</p> <p>All volunteers should be prepared to work with a variety of art supplies such as paint, glue, clay, etc.</p> <p>For more information, contact Kristen. Also, sign up for their email list on the website for the most current volunteer information</p>

 <p style="text-align: center;">Anytime</p> <p style="text-align: center;">Cystic Fibrosis Foundation</p> <p style="text-align: center;">Abbey Drillette 469.729.5683 adrillette@cff.org</p> <p style="text-align: center;">www.netx.cff.org</p> <p style="text-align: center;">Nov.5 Nov.11</p>	<p>Cystic Fibrosis Foundation: Volunteers are needed to assist with event preparation. Minimum age: 16</p> <p>Upcoming events: Cocktails Fore a Cure (related to a golf event), Sunday Nov. 5th Join for the Breathe Easy Invitational kick-off, Cocktails fore a cure.(a fun night of socializing and live music). Volunteers needed for check-in, auction help, and check-out. Minimum Age: 21</p> <p>CF Concert Series, Saturday, Nov. 11 Volunteer at the Granada and help with check-in, auction help, and check-out. Minimum Age:16</p> <p>Contact Abbey Drillette to see how you can help.</p>
 <p style="text-align: center;">Anytime</p> <p style="text-align: center;">Dallas Arboretum</p> <p style="text-align: center;">Shawn Jackson 214.515.6560 volunteers@dallasarboretum.org www.dallasarboretum.org</p> <p style="text-align: center;">Sept. 23-Nov. 22 Oct. 24-25 Nov. 4-Jan. 7 Dec. 2 and 9</p>	<p>Dallas Arboretum: Open 362 days a year from 9am-5pm with numerous volunteer opportunities: Children’s Garden Gallery host, Information Booth Concierge, Gift Shop Sales Associate or DeGolyer house tour guide. Shifts are available 9am-1pm or 1pm-5pm, 7 days a week throughout the year. Minimum age: 14 for all events and activities</p> <p>Special Events: Volunteers are needed for many events: Autumn at the Arboretum will begin on September 23rd and runs to November 22nd Goblins in the Garden will be on October 24th and 25th 12 Days of Christmas at Night Gazebo Hosts Wednesdays-Sunday 5-9pm November 4th-January7th Sweets and Treats with Santa December 2nd and 9th 9:30am-12:30pm and 12:30pm-3pm</p> <p>Children’s Garden Gallery Hosts are one of the greatest needs this year. With over 150 interactive exhibits they are in need of many volunteers to help and engage guests in the Children’s Garden. 9am-1pm or 1pm-5pm, 7 days a week</p>
<p style="text-align: center;">Ongoing</p> <p style="text-align: center;">Dallas Children’s Advocacy Center</p> <p style="text-align: center;">Becky Aguilar 214.818.2633 baguilar@dcac.org or volunteer@dcac.org</p> <p style="text-align: center;">www.dcac.org</p>	<p>Dallas Children’s Advocacy Center: Make a Difference in the Lives of Abused Children. Play a game, read a book, or color a picture! At Dallas Children’s Advocacy Center, it is their goal to provide a safe, warm and fun environment for all of the children entering the building.</p> <p>The Playroom Volunteers help provide hope and healing to the children they serve. They engage in activities (puzzles, coloring, reading, board games) with children while they are waiting for an interview or therapy session. In addition, they assist the Volunteer Coordinator with organization of the Clothes Closet or other administrative duties if there are no children in the waiting areas. Must complete at least two 3 hour shifts per month. Complete an application online, background check is required, attend a Volunteer Orientation, Minimum age: 18 Contact: Becky Aguilar at baguilar@dcac.org or volunteer@dcac.org for more information</p> <p>Host a Drive for DCAC Dallas Children’s Advocacy Center’s (DCAC) Clothes Closet provides children and families with many urgently needed items including clothing, toiletries and toys. The community plays a vital</p>

<p>Dallas Children’s Advocacy Center (cont.)</p>	<p>role in helping support families through their time at DCAC by organizing and hosting drives for needed items. Make a collection or donate the following: Baby Items: wipes, diapers (size 5 & 6), baby wash, lotion, bottles, pacifiers. Other Items: New toys and activities for girls and boys (ages 0-17) New undergarments for girls and boys (ages 3-17) New t-shirts & athletic shorts for girls and boys (ages 3-17) Store gift cards: Target, Walmart, Payless Shoes: If you’re interested in hosting a drive to benefit DCAC’s Clothes Closet, please contact Becky Aguilar.</p>
<p>Weekends</p> <p>Dallas Children’s Theater</p> <p>Wanda Roberson 214.978.0110x169 wanda.roberson@dct.org</p> <p>www.dct.org</p> <p>www.dct.org/support us</p>	<p>Dallas Children’s Theater. On weekends volunteer ushers are needed to take tickets, distribute programs, direct patrons to their seats, help with concessions and clean up after the show. DCT performances are held at the Rosewood Center for Family Arts. Volunteer hours on weekends vary according to each show and season but are typically Fridays 6:30pm-9:30pm; and Saturdays & Sundays 12:30pm-3:30pm & 3:30pm-6:30pm. Remember all volunteer ushers get to watch the show for free!</p> <p>Dress Code for boys includes dark or black dress pants and a solid white collared shirt. Girls can wear any combination of black and white clothes, but please no thin straps, low cut tops, or shorts/skirts above the knee.</p> <p>Volunteer training: provided by a House Manager prior to each performance. This will ensure that volunteer training is show specific. Minimum age: 13 (parents who prefer to accompany their child must purchase a ticket for the show). For a schedule of DCT’s 16-17 season please contact Wanda Roberson (emails are preferred) to register and become a volunteer.</p>
<p>Anytime</p> <p>Dallas Historical Society</p> <p>Nora Ochoa 214.421.4500x110 info@dallashistory.org</p> <p>www.dallashistory.org</p>	<p>Dallas Historical Society: The Dallas Historical Society is seeking college students with interests in history, museum work, not-for-profit organizations, and/or library science to perform low-stress, meaningful volunteer work. The applicant will get hands-on museum training, working with historic artifacts, from museum personnel. Established in 1922, the DHS now houses over a million archival materials and museum objects, including rare items from Spanish missions, Republic-era Texas, and modern history. The DHS also has an active education and membership program. Minimum age: 18</p> <p>Volunteers are also needed for special programming, events, and exhibits throughout the year at the Hall of State in Fair Park. Training provided. Minimum age: 18 (13 when accompanied by parent / legal guardian).</p>



Dallas YMCA Turkey Trot

Jason Cryer
469.276.8379
jcryer@ymcadallas.org

www.thetrot.com
www.tboonpickensymca.org

Nov. 18-22

Nov. 23

The **50th Annual Dallas YMCA Turkey Trot** will take place on Thursday, November 23rd, Thanksgiving Day, 9:00 am at Dallas City Hall. Join over 2,000 volunteers to help friends and family celebrate "Dallas' Way to Begin Thanksgiving Day".

Before Race Day: Packet Pick Up @ various locations throughout Dallas (Locations will be announced on the website shortly) on November 18-22. Register race participants and distribute packets. Shifts are available 10am until 7pm, 2hrs-3hrs per shift.

Dallas City Hall Set-Up, November 22nd: Shifts are available starting at 10am until 7pm (approx. 3 hours each).

Race Day: On Nov. 23rd volunteers are needed for: Pre-race registration, Course monitor, Start/Finish line, Water stops, Refreshment area, Family tent, Clean-up crew. Shifts are available starting at 6am until 2pm.

To volunteer, visit the website and sign up online at <http://www.thetrot.org/volunteer/>

Minimum age: Under 15 must have adult supervision, scout or other groups with kids under 13 should have a ratio of 1:5 adult supervision

Anytime

DeGolyer Library/SMU

Russell Martin
214.768.3234
rlmartin@mail.smu.edu

DeGolyer Library/SMU: The DeGolyer Library at SMU is **seeking cookbooks**, including those from companies, congregations and community groups, for their early American cookbook collection. If you are wondering what to do with your grandmother's cookbook with her hand written recipes written on the fly leaf or even on ruled paper inserted into the book, contact Russell Martin. The DeGolyer Library will provide a home for the cookbooks and recipes where researchers, students on assignment and professors can access them. If you have books **to donate or have leads to cookbooks**, please call. **Collecting cookbooks** for the DeGolyer is a great **inter-generational project**.

Anytime

DFW International Airport Volunteer Ambassador Program

Cristina Fraker
972.973.7016
volunteer@dfwairport.com


www.dfwairport.com

Adults can volunteer for the **DFW Airport Ambassador Program**. The Airport is looking for new volunteers for the 5 Terminals as well as **other** locations throughout the airport. They will **answer questions, give directions and assist customers as they move throughout the airport**.



Flexible hours. Ambassadors work a minimum of 4 hours, once a week. Shifts are available seven days a week from 6am to 9pm. Training, a uniform jacket, vest & hat, **as well as free parking is provided** while the volunteer is performing the service. **Interested individuals should call or log on to the Airport's website www.dfwairport.com** and click on: Ambassador Volunteers. Minimum age: 18

Please call for exact dates for the next orientation and training sessions. They are particularly **looking for volunteers 18 and over** who wish to help travelers in the terminals.

The **DFW Navigator Program** is for young people between 14 and 18 years of age. They volunteer to work two 4-hour shifts a month for six months or two semesters. The Navigators work on

<p>DFW International Airport Volunteer Ambassador Program (cont.)</p>	<p>board the Airport's internal train system (SkyLink) and on the train platforms helping the traveling public find their way around the Airport aboard the train system. They direct customers to Airport restaurants, shops and services and escort travelers needing special assistance on Skylink. All hours that the volunteers work are recorded and can be used for Community service hours needed to meet school graduation requirements. Call 972.973.7018 for more information. Minimum age: 14</p>
<p>DME Exchange of Dallas</p> <p>Cheryl Parker 214.997/3639 cparkerdmeexchange@gmail.com</p> <p>www.dmeexchange.org</p>	<p>DME Exchange is a nonprofit agency that collects, restores and distributes durable medical equipment bringing relief and hope to thousands of patients in need. There is no charge for the equipment and they currently service all of Dallas County. Minimum age: 16, must be accompanied by an adult if under 18</p> <p>One time or ongoing: Clerical Assistance: Light receptionist duties, Make copies, shred documents, data entry and mailings, count and record inventory. Call Sharla to apply. Flexible schedule available.</p> <p>Medical Equipment Preparer: Looking for someone to help clean and refurbish medical equipment.</p> <p>Translators: Looking for people to help translate (English/Spanish). This would be using a home or cell phone, and the schedule would vary. Looking for someone who would have availability anytime M-F, 9-5.</p> <p>Donate/Collect: Walkers, wheelchairs, canes, shower chairs etc, as well as hospital beds and electric wheelchairs. Call Sharla to make arrangements for getting the equipment to the agency. Minimum age: none</p>
<p> Equest</p> <p>Ellie Wellford Grant Director of Volunteer Services 972.412.1099x211 egrant@equest.org</p> <p>www.equest.org</p> <p>Equest at the Texas Horse Park 811 Pemberton Hill Road, Building #4 Dallas, Texas 75217 (near Lake June and 175 south of downtown)</p>	<p>Equest: Humans – Horses - Hope. The Mission of Equest is to enhance the quality of life for children and adults with diverse needs using horses to bring hope and healing through equine assisted activities and therapies. Equest provides therapeutic horseback riding to children and adults with all types of disabilities, learning differences, emotional and other challenges You will help adults and children with disabilities and learning differences to ride horses, thus building core strength, balance, muscle control, confidence and self-esteem.</p> <p>Volunteers prepare the horses for class and follow the directions of the class instructor, which may involve leading the horse, side walking, and giving moral support. Arrive 1 hour prior to class to assist with grooming and saddling horses. No experience necessary. Times available are morning, afternoon and evening Monday-Saturday, with some Monday opportunities day and evening (Special Training required for veterans program volunteering). Minimum age: 14 and up for working in the program; 12 and up with accompanying adult for Barn Help.</p> <p>The Equest barn is at the Texas Horse Park, south of downtown at 811 Pemberton Hill Rd, Dallas, TX 75217, near Lake June and 175, approximately 10-15 minutes from Downtown Dallas. Training and application including liability release, emergency medical consent, photo release, consent for a criminal background check, and confidentiality and social media agreements are required from every volunteer. Program</p>

<p style="text-align: right;">Equest (cont.)</p> <p style="text-align: center;">Administrative Help: Alyssa Lancaster, Receptionist alancaster@equest.org 972.412.1099, ext. 225</p> <p style="text-align: center;">Martha Johnson, Registrar mjohnson@equest.org 972.412.1099, x 209</p> <p>Barn Help and Facilities Work: Mon.-Sun. especially mornings Casey Gutierrez cgutierrez@equest.org 972.412.1099, ext. 226</p> <p style="text-align: center;">Carol Chamberlin cchamberlin@equest.org 972.412.1099x</p>	<p>Volunteers are also asked to complete a class selection registration form. Training flyer, application, handbook, direction and forms are available online at www.equest.org. Please look on the main Volunteer page and also the drop down menu from that page under Application for your forms and current session registration. Please also study the Volunteer Handbook available as a link on the main volunteer page.</p> <p>Classes run weekly, Monday-Saturdays (Sunday is barn work only) mornings, afternoons and evenings. Barn work daily in the mornings. Please get your application from the website at www.equest.org and contact Ellie Grant to get started at the Dallas location at the Texas Horse Park.</p> <p>On the job training required to volunteer in the barn or office. Please complete an application and let staff know when you are coming.</p> <p>Office Help: Please ask for Alyssa Lancaster or Martha Johnson. Daily help needed: greet guests and visitors, answer phones, data entry, file, inventory, prepare for special events, and various other office projects.</p> <p>Self-scheduled Barn Helpers: Help with barn chores - mucking, feeding, watering, sweeping, cleaning and general maintenance. Class registration form not needed, but must complete the other forms and attend training. Volunteering in the barn may be self-scheduled once you are trained in the mornings between 7:00am and 3:00pm. Most helpful if you arrive no later than 9:00am. Barn helpers must be at least 12 years of age and, if under 14, accompanied by an adult until confirmed in the Junior Program. Barn helper volunteer positions available daily (mornings and early afternoons) year round.</p> <p>Report: Monday-Friday Casey Gutierrez cgutierrez@equest.org Weekends, Carol Chamberlin cchamberlin@equest.org Please call 972.412.1099, or email to let the appropriate staff member know you are coming.</p> <p>Training available on request Next Major Trainings: January and June 2018</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;">Frisco Family Services</p> <p style="text-align: center;">Elaine Smith-Poyourow 972.335.9495 volunteer@friscocenter.org</p> <p style="text-align: center;">www.friscofamilyservices.org</p> <p style="text-align: center;">http://bttr.im/bk1xp</p>	<p>Frisco Family Services: There are various ways you can become part of Frisco Family Services' mission to help members of the community who are facing hunger, homelessness and other urgent needs to improve their quality of life and achieve self-sufficiency. They are the only food pantry in Frisco and a non-profit organization helping those in need in Frisco and Frisco ISD.</p> <p>Corporate and Organization team building opportunities also available.</p> <p>Ongoing- Food Pantry: Adults- Volunteer at the food pantry accepting Donations, sorting and stocking food and assisting clients. Drivers for donation pick-up. Hold a food drive. Prepare weekend meal bags for Clients or adopt a shelf committing to donate one or more of the most needed items listed on the website. Minimum age: 16</p>

<p>Frisco Family Services (cont.)</p>	<p>Ongoing- Frisco Resale Store: Donation line collections, processing donations of new and gently used clothes, home goods, electronics, books, etc. Drivers and driver assistants. merchandising, cashier assistant and customer service, assisting resale staff. Minimum age: 12</p> <p>Ongoing- Little Hands Opportunities for ages 4-12. Birthday boxes, Work in the garden, Back Pack drives, Themed Drives and much more!</p> <p>Sign up today, create a profile for all age volunteers, ages 16 and older attend an Orientation, ages 18 and older complete a background check attend orientation and you are on your way. All this and more available at http://bttr.im/bk1xp website.</p>
<p> </p> <p>Anytime</p> <p>Genesis Women’s Shelter</p> <p>Chandra Adkins 214.389.7701 (direct) 214.389.7700(main number) cadkins@genesissshelter.org</p> <p>www.genesissshelter.org</p> <p>Kate Kellogg Child Care Coordinator 214.389.7780 kkellogg@genesissshelter.org</p>	<p>Anytime- Call before you come</p> <p>Genesis Women’s Shelter & Support: All volunteers are required to pass a criminal background check and attend an orientation class. Please call or visit the website for more information.</p> <p>Genesis Women’s Shelter: Volunteer Group Projects are available for groups of 10 or less. The projects include: Breakfast of Champions, Let’s do Lunch or Guess who’s coming to dinner, Thrift store Helpers (min 4 plus chaperone); all of these have to be coordinated through Chandra Adkins, Volunteer Manager.</p> <p>Donation Drives: Organize a clothing, personal hygiene, diaper or Similac baby formula (orange, blue or yellow tops) Twin size Bed in a Bag for the shelter (2) same style needed, gift card, over the counter adult or children’s medicine or accessory drive. Please only donate clean, gently used items to the thrift store.</p> <p>Court Partnership: Volunteers monitor the proceedings in Dallas County Protective Order Court. Training opportunities for those 18 and above are held quarterly. Volunteers are self-scheduled but must be available to volunteer during business hours, Monday-Wednesday. Application, one-hour training and court orientation are required. Minimum age: 18 Please call Chandra Adkins for additional information.</p> <p>Genesis PAL Fun -Club: At the Outreach office located at 4411 Lemmon Ave. Dallas Texas 75219, 214.389.7700 Volunteers are needed from 9am-9pm Monday-Thursday and Fridays 9-5 for 2 hour shifts. All volunteers must be 15 years or older.</p> <p>Oh! The places you'll go with Ms.Kate! If you like fun & adventure you will love to assist the Child Care Coordinator Ms. Kate with the following tasks: Observe and monitor children’s play activities, watch movies, play board games, read stories, assist with homework when needed and other task assigned to you. Keep play room clean and sanitized. Special Note: please be sure to call Ms. Kate before your shift to be certain that there have been no cancellations.</p>

<p style="text-align: center;">Ongoing</p> <p style="text-align: center;">Girls Inc. of Metropolitan Dallas</p> <p style="text-align: center;">Erin Chupka 214.654.4540 echupka@girlsincdallas.org</p> <p style="text-align: center;">www.girlsincdallas.org</p>	<p>The mission of Girls Inc. of Metropolitan Dallas is to inspire all girls to be strong, smart and bold. Volunteers are needed Monday-Friday from 3:30pm-5:30pm. Volunteers can choose one of the four different campuses in Dallas. Criminal background check required.</p> <p>The following are available:</p> <p>Tutors/Homework Assistance: Give support by providing homework assistance to girls ages 6-12, individually and in groups. Minimum age: 15</p> <p>Activity Assistant: Share your interests with a small group of girls, i.e. sports, photography, arts & crafts, music and more! Minimum age: 16</p> <p>Fitness Instructor: Encourage girls to get physically fit by sharing your skills in aerobics, yoga, kickboxing, or other activities. Minimum age: 16</p> <p>Self Defense Instructor: Share your expertise on self-defense tactics. Minimum age: 14-16 accompanied by adult.</p> <p>Mentors: Work one-on-one with a girl to provide assistance with homework, standardized testing preparation, and to provide ongoing support and encouragement to their mentee. No special skills are required. You must only have a willingness to encourage and support your mentee, and to serve as a positive role model and friend. In order to be a mentor, you must be dependable and consistent in meeting time commitments. Minimum age: 18+ and female.</p> <p>Literacy Leaders: Share your love of reading with a small group of 4-6 girls on a weekly basis, Mondays – Thursdays, 4:00-5:30pm at all campuses during the school year. Minimum age: 18+ and female</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;">Grace Hospice</p> <p style="text-align: center;">Rebecca Urias 972.424.3454 rurias@gracehospice.org</p> <p style="text-align: center;">www.gracehospice.org</p>	<p>What is Grace Hospice?</p> <p>Grace Hospice exists to provide symptom control and support for persons in the last phases of incurable disease so they may live as fully and as comfortably as possible. They recognize dying as part of the normal process of living and focus on maintaining the quality of remaining life. Grace Hospice affirms life and neither hastens nor postpones death. They exist in the hope and belief that, through appropriate care and the support of a caring community sensitive to your needs, terminally ill patients and their families may be free to attain a degree of mental and spiritual preparation for death that is satisfactory to you. They are committed to ensuring your rights and privileges as a hospice patient.</p> <p>They service the following counties: Cooke, Grayson, Fannin, Lamar, Red River, Bowie, Wise, Denton, Collin, Hunt, Delta, Hopkins, Franklin, Titus, Morris, Cass, Palo Pinto, Parker, Tarrant, Dallas, Rockwall, Rains, Wood, Camp, Upshur, Marion, Earth, Hood, Johnson, Ellis, Kaufman, Van Zandt, Smith, Gregg, Harrison, Navarro, Henderson, Rusk, Panola, Freestone, Anderson, Cherokee, Nacogdoches, San Augustine, Sabine, Leon, Houston, Trinity, Polk, Tyler, Jasper, Newton, Shelby and Upshur.</p> <p>Volunteer Opportunities: Currently seeking volunteers that would like to dedicate some of their time to help patients and families through this special time in their life.</p>

<p>Grace Hospice (cont.)</p>	<p>Opportunities are varied, and individualized to match your skills. It may be spending your time reading, singing, playing music, assisting with crafts, or simply providing companionship and conversations to patients. Every moment you spend will be cherished and appreciated by patient and family.</p> <p>If your skills are more clerical, there are office opportunities available.</p> <p>Veteran Volunteers Wanted: Grace Hospice operates a Veteran's Volunteer Program. The mission is to match Veteran volunteers with Veteran hospice patients. They believe Veterans have a unique ability to connect with other Veterans. Many of their Veterans have a desire to discuss their experiences, but are often hesitant to talk about, even with their own families. Their desire is for all Veterans to know they are honored and their service was appreciated.</p> <p>Must complete volunteer training (approx. 3 hrs.), TB test will be given, back ground checks, must have valid driver's license and current auto insurance Minimum age: 18.</p>
<p>Heart House - safety education opportunity</p> <p>Erika Dzangare 214.750.7637 volunteer@hearthousedallas.org</p> <p>www.hearthousedallas.org</p>	<p>Heart House is a non-profit that provides safety, education, and opportunity to refugee and underprivileged children. They help students transition from a mindset of chaos to calm.</p> <p>Volunteer in the after-school program only 1 hour a week! Choose a day (Monday-Friday). Choose an hour (between 3pm-6pm). Volunteers help with homework, help students build their academic skills in learning centers, and develop their character through team-building and social-emotional learning, and even chaperone on field trips such as college tours.</p> <p>There are 3-steps to become a volunteer</p> <ol style="list-style-type: none"> 1.) Complete an Application. Found on the website under Get Involved>Volunteer 2.) Attend an Orientation. Choose a day to attend orientation on the application. 3.) Submit to a Background Check. This is for volunteers that are 18 years or older. <p>Minimum age to volunteer: 13</p> <p>They are looking forward to having you join their volunteer team.</p>
<p>Hope's Door/New Beginnings Center(HDNBC)</p> <p>Plano contact: Melanie O'Brien 972.422.291x219 mobrien@hdnbc.org</p> <p>Garland contact: Beth Leos 972.276.0423x232 bleos@hdnbc.org H www.hdnbc.org</p>	<p>Headquartered in Plano, HDNBC has facilities in both Plano and Garland TX. HDNBC provides services to individuals and families impacted by domestic violence. The volunteer opportunities listed below are available at both the Garland and Plano locations.</p> <p>Anytime: Organize a drive and collect items from an "urgent needs list". Examples of needed items are household cleaning supplies (laundry detergent, dish soap, antibacterial spray cleaners such as 409, etc.), toilet paper, paper towels, shower curtain insert (heavy duty vinyl), decorative shower curtains, dish towels, cleaning sponges, bath towels and wash cloths, used or new cell phones, heavy duty vinyl mattress covers and pillow protectors, gift cards from Target or Wal-Mart (used to purchase work uniforms and hard to fit sizes for clients) twin bedding. Email Beth or Melanie for the most up-to-date list, information and</p>

HDNBC (cont.)

instructions. **No minimum age, does not require volunteer application, orientation, or background check.**

Assist shelter staff: maintain shelter facility (yard service, minor repairs, short distance pickup and delivery); answer the crisis hotline; provide childcare; adopt a room (maintain rooms at shelter) etc. Minimum age 16 unless accompanied by parent/guardian.

Weekdays:

Outreach office needs: childcare, organize incoming donations in food pantry (perfect for a small group), provide administrative and front desk support to staff. Assist the education department as needed for presentations and events. Minimum age 16 unless accompanied by parent/guardian.

Facilities assistance: work with the facilities coordinator to make minor repairs and grounds keeping of the buildings. This work can be indoor and outdoor. No special/trade experience required but is helpful. Minimum age 18.

Children's Activities: Monday, Tuesday and Thursday evenings, volunteers support staff by playing with and entertaining children while their parents attend counseling or life skills classes. Minimum age 16 unless accompanied by parent/guardian.

During Store Business Hours: Help sort/hang donations or help customers at HDNBC's two resale shops (Garland and Plano locations) Minimum commitment is 6 months. Accept, sort and stock donations, provide customer service, clean and other duties to support the store. Minimum age 16 unless accompanied by parent/guardian.

Truck Crew Assistant: support truck crew, make pick-ups and deliveries of small to large and bulky items where needed. Volunteers do not drive. Minimum age 18.



Facilities assistance: work with the facilities coordinator to make minor repairs and grounds keeping of the buildings. This work can be indoor and outdoor. No special/trade experience required but is helpful. Minimum age 18.

As needed:



Special Events as they occur throughout the year. Volunteers may help prepare for the event, help clean up after the event, check in guests/participants, decorate, and assist event staff as needed. Minimum age 18

Volunteers must complete an application and orientation before being placed in any volunteer position except a donation drive. Background checks are required for anyone 18 years of age or older. To print the application and complete the online background check, please go to www.hdnbc.org.

<p style="text-align: center;">Anytime</p> <p style="text-align: center;">Hope Supply Co. (formerly Captain Hope's Kids)</p> <p style="text-align: center;">Liz Muth 214.630.5765x317 liz@hopesupplyco.org</p> <p style="text-align: center;">www.hopesupplyco.org</p> <p style="text-align: center;">On Facebook & Twitter</p> <p style="text-align: center;">Year round</p>	<p>Hope Supply Co.: Meets the critical needs of homeless children in North Texas. Help support Hope Supply Co. by becoming involved in one of the volunteer activities or starting a drive!</p> <p>Year-Round volunteer opportunities:</p> <p>Diaper Drives: Support North Texas homeless children by starting a diaper drive. Hope Supply Co. distributes around 21,000 diapers and pull-ups per week. We can provide you with a donation bin and flyers to start your drive! Drives are great for schools, community groups, and corporate groups</p> <p>Hope In A Box: Prepare a shoe box, wrapped or decorated and filled with small items a child would love to have on their birthday. Or prepare a box that is filled with everyday needs like soap, shampoo, or a toothbrush. Visit http://www.hopesupplyco.org/files/u2/HSCHygieneBoxandBirthdayBox.pdf to learn more about the Hope in a Box program..</p> <p>Warehouse volunteers: Perfect for: Individuals, Families, and Groups; ages 10 and up. Warehouse volunteers sort, count, and label items such as clothing, school supplies, or toys. To sign up as an individual or small group visit the sign up link: http://hopesupplyco.org/volunteer-signup. Please provide ages of all group members when completing the signup form. For groups larger than 12 contact Liz Muth directly at 214-630-5765 x 317 or liz@hopesupplyco.org to make arrangements.</p>
<p style="text-align: center;">Ongoing</p> <p style="text-align: center;">Hunger Busters</p> <p style="text-align: center;">Jason Garza jgarza@hungerbusters.com 210.251.5196</p> <p>: Signup sheet: www.hungerbusters.com</p>	<p>Hunger Busters provides a much-needed third meal of the day to food-insecure children. Volunteers work in their West Dallas kitchen, making thousands of sandwiches and boxed meals each week for hungry students in Dallas schools to take home for dinner. Individuals and small groups up to 15 people, and all ages and abilities are welcome.</p> <p>Please call or email before coming to the kitchen at 3116 Sylvan Ave, Dallas 75212. Volunteers typically work in 2-3 hour shifts, Sunday –Friday between 9am-7pm. Hunger Busters needs volunteers year-round with brief closings during DISD holidays. Community service credit available for schools, clubs, etc.</p> <p>Together we are “Feeding Kids, Fueling Futures”.</p>
<p style="text-align: center;">In-Sync Exotics Wildlife Rescue & Education Center</p> <p style="text-align: center;">Chemyn Reaney 972.442.6888 creaney@insyncexotics.com chemynreaney@gmail.com</p> <p style="text-align: center;">www.insyncexotics.org</p>	<p>In-Sync Exotics Wildlife Rescue is a wildlife sanctuary, specializing in the rescue of exotic cats. They currently provide a permanent, loving home to over 70 big cats, including lions, tigers, cheetahs, cougars, leopards, servals, bobcats and lynx. They also assist in the rehabilitation and relocation of native wild feline species, and strive to educate the public about the issues facing exotic cats, both in the wild and in captivity.</p> <p>There are both regular, on-going volunteering positions available, and short-term, service hours available as well. Regular on-going volunteers assist with all areas of the sanctuary, including animal-care, cleaning enclosures, feeding animals, preparing diets, giving tours, working in the Visitor Center, general repair and construction, etc. To discuss joining the regular volunteer team, please e-mail Chemyn Reaney.</p>

<p>In Sync Exotics (cont.)</p> <p>Michelle Young 469.364.0925</p>	<p>Those who would like to do a short-term volunteer job for service hours can help with special projects, preparing animal diets, repair and construction jobs, grounds maintenance, office work, general cleaning, etc.</p> <p>To schedule service hours, please call Michelle Young at 469.364.0925.</p> <p>Minimum age: 16, Animal-care volunteers must be at least 16 years of age (with parental consent). Younger volunteers may help in other areas and with special projects but must have a parent accompany them when they are at the sanctuary</p>
<p>  Jubilee Park & Community Center</p> <p>Evelyn Amaya 214.887.1364 x259 Volunteer@jubileecenter.org</p> <p>www.jubileecenter.org facebook.com/jubileecenterdallas</p> <p>Ongoing</p> <p>School year</p> <p>Wednesdays and Fridays</p>	<p>Jubilee Park & Community Center: The mission of Jubilee is to be a catalyst for community renewal and enrichment to the surrounding South Dallas/Fair Park neighborhood, with special emphasis on comprehensive, community revitalization and the education of children and adults.</p> <p>Jeanie's Place – Assist the Early Head Start School with care and activities to infants and toddlers, ages newborn through three years old. The year round program asks volunteers to commit to one week, Monday through Friday between 9:00 a.m. and 3:30 p.m.</p> <p>Reading at David's Place Head Start- volunteers are needed from 9-1 Mon-Fri.</p> <p>Jeanie's Place Early Head Start help is needed in classrooms between 7 a.m. and 5:30 p.m. Mon-Fri. Mentor and read with a student through O.M. Roberts' program, Book Buddies. The program is Mon-Fri from 8:30-2:30 with a time commitment of 30 minutes, twice a week.</p> <p>After-School Program: Volunteers in the Out of School Time (OST) Program serve as classroom assistants or tutors. Jubilee expanded the after school program to the local elementary school, O.M. Roberts. Volunteers and tutors are needed to help in this location in addition to the community center. The OST Program is at the Community Center (917 Bank Street) and O.M. Roberts Elementary School (4919 E. Grand) Monday –Friday (3:15pm – 6:15pm) during the DISD school year. Volunteers are asked to commit to at least 6 weeks or a semester. This is a great volunteer opportunity for high school students. Minimum age: 14</p> <p>Senior Lunch: Volunteers assist with serving lunch to area senior citizens. This program is held every Wednesdays and Fridays from 11:30am – 1:00pm. Volunteers are asked to commit to assisting at least one day per week for a six month commitment. Minimum age: 14</p> <p>Sports Program – Jubilee's youth athletics program is run through a partnership with the White Rock YMCA. The year round program includes soccer and basketball. Coaches and assistants are needed to help with practices and games.</p> <p>Soccer coaches are needed beginning September 18. Basketball coaches are needed for practices and games beginning in January</p>

<p align="center">Jubilee Park (cont.)</p> <p align="center">Oct. 3</p>	<p>Save the Date for fall events at Jubilee: Tuesday, October 3rd : National Night Out</p> <p>Please contact Ovidia Amaya, Volunteer Coordinator at 214.887.1364 x259 or volunteer@jubileecenter.org.</p>
<p>Juliette Fowler Communities</p> <p align="center">Volunteer Program volunteer@fowlercommunities.org 214.827.0813</p> <p align="center">www.fowlercommunities.org</p>	<p>Juliette Fowler Communities: Founded in 1892, Juliette Fowler Communities serves more than 500 seniors, children, youth and their families annually at its historic East Dallas location. Named for Dallas' first female philanthropist, Juliette Peak Fowler, services include independent and assisted living, memory care, skilled nursing and rehabilitation, as well as foster care and a transitional living program for young women who have aged out of foster care (The Ebby House).</p> <p>Individuals and groups are welcome to bring their talents to Fowler. With multiple residential programs for older adults and youth, and 25 park-like acres to beautify, you can select a fulfilling volunteer opportunity that fits your schedule and preferences. Opportunities include:</p> <ul style="list-style-type: none"> • Entertain: concert, drama, poetry, dance • Share your skills: swimming, yoga, computer, art • Lead a discussion group: book review, current events • Speak on a topic of choice: health, history, science • Host a monthly birthday party or help with seasonal celebrations • Be a Grand Friend • Adopt a Garden • Paint projects • Wash windows <p>Minimum age: 15, Under 15 must be accompanied by an adult. All volunteers must complete a volunteer application and pass a background check. Regular volunteers spending time with seniors must provide proof of a current flu shot and TB test.</p>
<p align="center">Anytime</p> <p align="center">KERA</p> <p align="center">Sharon Bradford 214.740.9224 volunteer@kera.org</p> <p align="center">www.kera.org</p> <p align="center">Oct. 4-7 & 12-13</p>	<p>KERA: Joining the KERA Volunteer Team is a great way to support North Texas Public Broadcasting, meet new people, and have fun! They offer opportunities to accommodate a variety of interests and schedules! To be considered for the KERA Volunteer Team, please complete a volunteer application at: http://www.kera.org/volunteer-signup/</p> <p>Minimum age: 18 for most opportunities, but qualified volunteers who are at least 16 years of age will be considered on a case-by-case basis.</p> <p>RADIO ON-AIR MEMBERSHIP CAMPAIGNS</p> <p>In order to grow the membership base for KERA 90.1, they conduct three on-air radio membership campaigns annually. Each campaign requires 10 volunteers per shift to answer phones and take membership donations between the hours of 7am-7pm. Shifts are 7:00am-11:00am and 3:00pm-7:00pm weekdays and 8:00am-12:00pm and 12:00pm-4:00pm on Saturdays. Group opportunities are available. Fall dates are October 4-7 & 12-13.</p> <p>SPECIAL EVENTS</p> <p>KERA organizes and participates in a variety of community events where volunteers are called upon to lend a hand and represent the Station by sharing information and engaging with the public.</p>

<p>KERA (cont.) Oct. 14</p> <p>Wednesdays/Thursdays</p>	<p>Upcoming event: October 14th: Be My Neighbor Day at the Dallas Heritage Village, 10:00am – 2:00pm. Children (and parents) will learn the importance of community-focused kindness and sharing by taking part in a variety of service projects benefiting local nonprofits across North Texas. Volunteers will assist with registration, collect donated items for beneficiary groups, assist costumed characters, and assist with service projects on-site.</p> <p>MEMBERSHIP SERVICES: On a weekly basis, the membership department has opportunities for volunteers to help prepare mailings to donors (Wednesday/Thursday between 9:00am-2:00pm).</p>
<p>Anytime</p> <p>The Leukemia & Lymphoma Society</p> <p>Alexis Meyer alexis.meyer@lls.org 972.996.5914</p> <p>www.lls.org/ntx</p>	<p>The Leukemia & Lymphoma Society: Please visit the website to sign up for any of the following opportunities:</p> <p>Ongoing opportunity: Leukemia and Lymphoma Society seeks volunteers to assist in administrative tasks in the Dallas office (8111 LBJ Freeway Suite 425 Dallas 75251). Hours of operation are Monday through Friday 9am to 5pm. Tasks include filing, data entry, office organization, phone and email communication. Minimum age: 18, 15-17 supervised.</p>
<p>  Literacy Achieves Founded as Vickery Meadow Learning Center</p> <p>Liz Harling 214.265.5057x102 lharling@LiteracyAchieves.org</p> <p>wwwLiteracyAchieves.org</p> <p>Sept.11-Dec.7</p> <p>Jan.-Apr.</p>	<p>Literacy Achieves: Dedicated to improving English literacy levels among non-English speaking adults and their young children, by providing programs in communication and life skills.</p> <p>Fall Semester: September 11–December 7 (12 weeks) Volunteer to teach English to non-English speaking adults. 2 hours of class time per week mornings (9:00-11:00 for fall semester); afternoons (12:30-2:30pm) and evenings (7:00-8:45pm). All classes are co-taught and no experience is required. Training curriculum provided Minimum age: 18</p> <p>Contact Liz Harling to learn more or register for the Spring semester (Jan.-April) volunteer orientation at volunteer@literacyachieves.org</p> <p>Volunteer opportunities are available as indicated at: Vickery Meadow Campus, 6329 Ridgecrest, Dallas, TX 75231 or West Dallas Campus, 1018 Gallagher, Dallas, TX 75212 . ELM East Dallas Campus, 629 Peak, Dallas, TX 75246 (Mornings and afternoons only)</p> <p>Additional volunteers needed for: computer lab, office help, tutoring, mentoring, substituting, registrations, surveys, recognitions and other special events.</p>
<p>Literacy Instruction for Texas (LIFT)</p> <p>Doris Black-Hubbard 214.824.2000 x 3226 dorisblackhubbard@lift-texas.org</p> <p>www.Lift-Texas.org</p>	<p>Literacy Instruction for Texas (LIFT) is a nonprofit organization that enhances lives and strengthens communities by teaching adults to read. In 1961, the National Council of Jewish Women (NCJW) Greater Dallas Section founded LIFT to address the rising illiteracy rate among adults in the Dallas area. The goal was to create and support an organization that would offer accessible classes so that functionally illiterate adults could learn to read and write English. Over 58,000 adults have been helped at LIFT since its founding. Today, they continue to grow that</p>

LIFT (cont.)

number with the help of 350+ volunteers and more than a dozen community partner sites.

Programs: Beginning with basic phonics, the **Adult Basic Literacy Education (ABLE)** curriculum is designed to address the needs of adult learners who struggle with reading. The **High School Equivalency (HSE)** classes are designed to improve work readiness skills and are customized by skill level, are self-paced, and supported by an online software program that students can access anytime, anywhere. They also help non-native speakers develop the **English Language Acquisition (ELA)** skills needed for work, school and community. All LIFT classes are delivered in a classroom setting from trained, dedicated volunteer teachers.

Volunteers: Volunteers commit to a minimum of two hours per week for three months. Following are volunteer opportunities.

- Teacher/Assistant
- Study Hall/Computer Lab
- Office/Administrative
- Fundraising/Speaking/Community Development
- Special Events/Workshops/Coaching

There is a need for daytime teachers in the areas of language arts and math are ongoing opportunities. No teacher certification is needed, but is welcomed. Volunteers teaching academic subjects must be knowledgeable of the subject being taught. All volunteers (teachers and non-teachers) should be 18 years or older.

HSE (high school equivalency) and training in becoming reading teachers is offered free of charge to volunteers.

It's easy to become a volunteer. Apply

Watch the "Welcome to LIFT" volunteer information video found on the website www.Lift-Texas.org and if undecided on a volunteer type, program, level or location, visit at the LIFT campus and schedule an observation.

Complete the volunteer application online at www.lift-dallas.org. You will be contacted by the volunteer director and directed to complete a background check. Minimum age: 18

Attend specialized training for the chosen volunteer opportunity

<p style="text-align: center;">Anytime</p> <p style="text-align: center;">MADD (Mothers Against Drunk Driving) North Texas Affiliate</p> <p style="text-align: center;">Ara Grimaldo 214.637.0372x4825 Ara.grimaldo@madd.org</p> <p style="text-align: center;">www.madd.org/northtexas</p> <p style="text-align: center;">Chaz Moncriste Chaz.Moncriste@madd.org</p>	<p>MADD: Registration Takers Needed: For Victim Impact Panels and Teen VIP evening classes. The panel is composed of 3-4 victims of drunk-driving crashes who speak to offenders sentenced to attend about the impact of the crash on their lives. Bilingual volunteers are helpful! This is a one-time or an ongoing opportunity. Proper ID required. Minimum age: 18</p> <p>Please go to the website to check times, locations and dates of classes or contact Chaz Moncriste, program coordinator for more information.</p> <p>Victim Impact Panels: Volunteers can help with registration process. Please contact Mayra for specific dates, times and locations.</p> <p>Power of Youth presenters: Volunteers can get trained to go out to schools and present on behalf of MADD. POY is a power point presentation that goes over the dangers of underage drinking. Minimum age: HS age</p> <p>Power of Parent presenters: -Volunteers can get trained to do presentation to parents, educating them on the importance of speaking to their kids about underage drinking Minimum age: 21+</p> <p>Booth Volunteer: Distribute informational literature, including victim materials, bumper stickers and other pertinent materials at community events, fairs and conventions. Weekdays and/or weekends. Minimum age: 16, under 18 must be accompanied by adult and have parent or guardian sign a waiver.</p> <p>Graphic artist/Computer graphics person needed to design posters, brochures, mailings. Minimum age: 16 and have parent or guardian sign a waiver.</p> <p>Hispanic Outreach: Bilingual volunteers are needed to develop educational programs relevant to the Hispanic community, translate materials from English to Spanish and public speaking. Minimum age: 18</p>
<p style="text-align: center;">Anytime</p> <p style="text-align: center;">Metrocrest Services</p> <p style="text-align: center;">Brittni Coe Volunteer Manager 469.317.2541 bcoe@metrocrestservices.org</p> <p style="text-align: center;">www.metrocrestservices.org</p>	<p>Metrocrest Services: Provides programs for individuals, families and seniors that lead to self-sufficiency and foster independence in Addison, Carrollton, Coppell, Farmers Branch and the portion of Dallas in Denton County. Individual and group projects include: transportation; home delivered meals; food pantry; minor home repair; and seasonal programs, including Sack Summer Hunger and Back to School. Limited opportunities for individuals under age 16; however, families are encouraged to consider lunchtime meal delivery and seasonal programs.</p> <p>The Transportation program needs your help now! The transportation program allows volunteers the opportunity to get to know the seniors and have a flexible schedule. Transportation is provided to seniors who live in Addison, Carrollton, Coppell or Farmers Branch and the portion of Dallas in Denton County for appointments or events in the area. The service is provided Monday through Friday from 9am to 4pm. Some volunteers escort the senior into their appointment and wait for them; however many times the volunteer can run errands while the</p>

<p>Metrocrest Services(cont.)</p>	<p>senior is occupied. Many transportation volunteers who work, drive the senior one way either to or from an appointment and Metrocrest arranges the other one way ride. Transportation volunteers can choose the day of the week and a morning or afternoon schedule.</p> <p>Home Delivered Meals volunteers needed. Meals are delivered to seniors Monday through Friday beginning at 11:00 am. Some volunteers deliver once a week. Others deliver once a month. You can choose the day of the week and the frequency that works best for you. An average route takes around 1 – 1 ½ hours.</p> <p>Help seniors remain independent in their own homes, by helping with minor maintenance. This can be a project for teens with adult supervision on the weekend as a family project.</p> <p>Food Pantry Volunteers Needed: Food pantry volunteers assist clients in shopping our client choice food pantry. In between visitors volunteers help restock shelves. Shifts are available Monday – Friday either 8am-1pm or 12pm-5pm. Shift times can be adjusted if you are unable to attend the entire shift.</p> <p>Seasonal Volunteers Needed: Seasonal volunteers assist with sorting, packing or distributing food or school supplies. Volunteers can sign up for one shift or multiple. Shifts are available weekdays, evenings, and weekends. Age restrictions vary depending on activity.</p> <p>To register as a volunteer please complete an online application and attend a tour of the facility. To complete the online application please visit the website and click on Volunteer.</p> <p>Minimum age: 18, younger than 18 must be accompanied by adult</p>
<p>Mi Escuelita Pre-School</p> <p>Roxanne Pittman 214.526.0220 rpittman@miescuelita.org</p> <p>www.miescuelita.org</p>	<p>Mi Escuelita Preschool teaches English to children from all cultures and prepares them for academic success.</p> <p>Individual Opportunities: Many volunteers adopt a classroom as a reader or a classroom assistant and work with that classroom throughout the school year. Some people can't commit to a regular time so they volunteer when and as they can</p> <p>Readers: Read to a classroom of preschoolers 30 minutes from 12-12:30pm. You set the schedule and come as often it works for you. You will be encouraging a love of reading, helping with pre-reading skills, as well as exposing the children to various people and accents deepens their understanding of English.</p> <p>Classroom Assistants: Work with children in the classroom, playing on the playground, reading books with them and/or helping teachers. Anytime between 8:30am-12:30pm or 2:30pm-5:30pm.</p> <p>Library Organizers: Help keep the Resource Rooms/Libraries organized for the teachers and parents. There are libraries at each site for parents to check out books and use other resources.</p> <p>Teach a Lesson or Science Experiment: Have a special talent or skill or knowledge? Like science? Did you grow up in another country? People have done presentations on teeth brushing, hand washing, nutrition, different countries, musical instruments, safety with animals, a variety of things relating to the lesson</p>

<p>Mi Escuelita Pre-School (cont.)</p>	<p>plans, and science projects! 30 minutes – 2 hours or so, depending on how many classrooms you want to present to.</p> <p>Photography/Media Volunteer: Your help can be valuable in finding fresh ways to tell their story through pictures, video and graphic design. With five sites, they have a lot of fun events and activities to share with parents, volunteers, and the community. Most of the opportunities to take pictures of the children are going to be during the school day, but other than that, you can come to one event or every week.</p> <p>Office Volunteer: There may be opportunity to work on on-going projects or one-time projects, as needed. In addition, sometimes extra hands are needed for big projects. Flexible scheduling within office hours (usually around 7:30am-4:30pm).</p> <p>Organize a Donation Drive: Supplies of all kind are needed—donate your old arts & crafts materials or organize a drive for age appropriate books in English and in Spanish, toothbrushes, band aids, school supplies, backpacks... the list goes on!</p> <p>Group Activities: There are so many different ways groups can get involved, but listed below are a few ways groups have frequently volunteered their time. Adopting a classroom requires a regular commitment, but the rest of the activities can be a one-time or sporadic event! In addition, over the course of the year many needs not listed here come up that are perfect for groups. Contact Roxanne Pittman at rpittman@miescuelita.org or 214.526.0220 ext.11 to find out how they can work with your group!</p> <p>Adopt a Classroom Reading Program: Many companies and groups adopt a classroom. They form teams of four. Each team adopts one classroom for one day a week and makes a commitment to read to the class from 12-12:30 on their designated day. The four teammates share the responsibility with each taking one day a month to come read to their class!</p> <p>Be a Classroom Assistant for the Day: Help children learn more about their world and the people in it: Help teachers in the classrooms: by working with the children. Do an Arts and Crafts Activity. Teach a class.</p>
<p>Anytime</p> <p>Mosaic</p> <p>Lori Baum 972.866.9989 x322 Lori.Baum@mosaicinfo.org</p> <p>www.mosaicindallas.org</p> <p>facebook.com/mosaicindallas</p>	<p>Mosaic: Helps children and adults with intellectual and developmental disabilities reach their full potential and live as independently as possible.</p> <p>Weekend Volunteers are needed in group homes in Richardson, Carrollton and Plano from 10am-7pm on Saturdays and from 1pm-6:30pm on Sundays. Volunteers are needed to be an extra pair of hands, to do arts & crafts projects, gardening and other one on one and group activities. Must be 18 unless with an adult or group (with a signed Parental Permission Slip.)</p> <p>Weekday Volunteers are needed in the Vocational Training Center located at 2245 Midway Road in Carrollton. Volunteers are needed to assist with job training, arts and crafts, exercise and music classes and going out in the community. This opportunity is available Mon-Fri from 9am-3pm (in any 2 or more hour shifts). Must be 18 unless with an adult or group (with a signed Parental Permission Slip.)</p> <p>Landscaping Maintenance is needed at the group homes in Carrollton, Richardson and Plano. Volunteers are needed to help</p>

<p>Mosaic (cont.)</p>	<p>with gardening, weeding, trimming bushes, cutting trees, cleaning gutters and raking leaves.</p> <p>Birthday Bash – Join Mosaic and host a Birthday Bash for adults who have developmental disabilities. Location can be at Mosaic in Carrollton (during business hours), or at a location of your choice. Birthday Hosts provide refreshments and party games, music or dancing for approximately 30 people. Hosts are needed for 2017.</p> <p>Host a H.U.G.S Drive – Host a drive to collect Hygiene items, Utility (cleaning) supplies, Get creative items (arts & crafts) and Sheets (bedding & towels) for the group homes.</p> <p>Eagle Scout or Girl Scout Project – fence building and other projects are available for Scouts interested in projects to fulfill their requirements for Eagle Scout or Girl Scout badges.</p> <p>Join MAVS – Share your voice. Advocate for Mosaic and individuals with intellectual disabilities by contacting local or federal legislators. Go to www.mosaicalliedvoices.org and click on “Sign Up Here” to join. For minimal time you will be making a MAXIMUM impact in the lives of those Mosaic serves and others throughout Texas and the U.S.</p>
<p>Ongoing</p> <p>Mosaic Family Services</p> <p>Momtaz Begum 214.821.5393 volunteer@mosaicervices.org</p> <p>www.mosaicervices.org</p>	<p>Mosaic Family Services: a nonprofit community-based organization in Dallas that provides services free of charge to refugees and to immigrant victims of human trafficking and domestic violence. All volunteers must complete an application (available on the website), attend an orientation and pass a criminal background check. For additional information call or email. Minimum age: 18</p> <p>At the emergency shelter for women and children, volunteers are needed to help in the children's program, teach classes (ESL, finances, computer) to residents on a weekly basis, or do maintenance projects. At the main office, volunteers assist case managers, aid fundraising efforts and special events, or provide clerical help.</p>
<p>The Network of Community Ministries</p> <p>Wendy Rivera 972.234.8880x126 wrivera@thenetwork.org</p> <p>www.thenetwork.org</p>	<p>The Network of Community Ministries responds to human need by giving assistance with the goal of helping individuals achieve long-term independence. Volunteers perform many tasks in the three divisions: Emergency Services, Seniors' Net and the Network. Adolescent and Children's Clinic opportunities include, but are not limited to, Reception, Client Intake, Handyman, Information & Referral Call Center, Food Room or Clothing Center, Administration & Licensed Healthcare Professionals. These positions generally require a commitment of 3 Hours per week. In addition, there are Special Projects within each division that require assistance. Volunteer shifts are 9-12, 12-3 and 3-6 Monday through Thursday and 9-12 on Fridays. Minimum age: 15</p> <p>Information and Referral Call Center: Help seniors maintain their dignity and independence by volunteering with Seniors' Net. I&R Call Center volunteers are the center of communication for Seniors' Net. The ability to ascertain client needs through conversation is paramount. Call Center volunteers discuss Seniors' Net programs with clients, promote and refer other</p>

The Network (cont.)

programs, accurately input client data, produce detailed work orders and refer clients to other agencies where possible.

Interviewer: Client Intake Specialists process incoming clients by conducting one-on-one interviews. Every person Network supports goes through an interview process before receiving assistance. Network is able to offer assistance and hope. Ideal candidates are comfortable interfacing directly with clients, discussing finances & using a computer to access & update client files.

Food Donation Driver: Do you drive a SUV or a Truck? Would you like to help provide food for Families and Seniors in need? Become a food pickup driver for Network. Network has partnered with many local grocery stores and churches that donate food and personal care products to the food pantry. Volunteer drivers pick up donations from partner agencies and bring them to Network each week. This opportunity is an easy way to contribute to your neighbor's needs and support Network in the process.

Clothing Center: Network's Clothing Center provides free clothing to impoverished families for all adults and children residing in a household up to 6 times over a period of 12 months. Parents and children will have the opportunity to select their own free clothing. Whether it's for an interview, a new job or a new school outfit, clients are able to find what they need. Volunteers in the clothing closet accept and sort donations, wash donated clothing, and assist families with finding and checking out their choices. The clients have already been through the interview process.

Food Room Worker: Food Pantry Volunteers fill food pantry orders, process and sort new donations. Network's Food Pantry teams support local families and seniors by providing food to our neighbors in need. Each week, Network typically provides more than 150 families with 30 pounds of food and personal care items per person to combat food insecurity. Food is also provided to seniors on site and through home delivery. In total, Network provides over 40,000 lbs. of food a week! With the launch of the new Client Choice Hybrid model for food distribution, clients are able to select the most needed food items for their family.

Handyman: The Network Handymen offer support & assistance to older residents to help them maintain or improve their independence and quality of life. From cleaning gutters and changing light-bulbs to assisting with minor repairs around the property, the assistance the handymen provide help to local seniors to maintain their homes, and their dignity.



Administration: Work with Network staff behind the scenes to support our neighbors in need. Assist with office work, data entry, special events, outreach, finance and more!

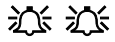
Receptionist: Are you great with people? Would you like to support an organization which helps people in need within the Community? Become a receptionist with Network of Community Ministries. Receptionists are the face of Network for clients. Volunteers in this area are critical to Network. They greet clients, make appointments and are the first face seen when someone enters Network.

<p>The Network (cont.)</p>	<p>Clinic Volunteer Opportunities: Dentists Hygienists Front Office</p> <p>Group Opportunities: They need groups every week to help sort the clothing, food and other donations coming in so they can continue to serve the low income families and seniors in the community. Groups can volunteer any amount of time and can come in once, quarterly, monthly or weekly; whatever works best for you!</p>
<p>Anytime</p> <p>North Texas Food Bank Passionately pursues a hunger free community</p> <p>http://www.ntfb.org/volunteer</p> <p>Find them on Facebook:: North Texas Food Bank</p> <p>Follow them on Twitter: @ntfb</p>	<p>Create your own schedule</p> <ol style="list-style-type: none"> 1. Visit http://ntfb.volunteerhub.com/events/index 2. Register as a volunteer. 3. Sign up for an experience. <p>Our Community Pantry: Perfect for individuals and groups up to 10 people; age 16+. NTFB is serving South Dallas through "Our Community Pantry", a client-choice food pantry located near the Fair Park area. Interact with and assist families by helping with shopping, check out and stocking. Also, ask about the clerical opportunity</p> <p>Distribution Center: Perfect for individuals and groups up to 100 people; age 10+. Millions of meals are distributed through Partner Agencies and feeding programs thanks to distribution center volunteers. Sort and pack food at the facility located near Duncanville, Tuesdays - Saturdays: 9-11:30 a.m. and 1-3:30 p.m.</p> <p>Mobile Food Pantry: Perfect for individuals and groups up to 15 people; age 16+. Join rain or shine as they work outdoors to feed families in need. Volunteers assist with crowd control, greeting clients, bagging food and cleaning up. Shifts are usually 3 hours long and take place in various locations across North Texas</p> <p>Nutrition Services: Perfect for individuals and groups of various size; age requirements vary. Join the fight against hunger by teaching a Cooking Matters class, distributing food assistance materials, translating nutrition workshops or by helping a local garden.</p> <p>Special Events: Perfect for individuals and groups of various sizes; age requirements vary. NTFB benefits from hundreds of community events every year. Volunteer needs vary and can include duties such as setting up, registration, bag check, crowd control, merchandise sales, manning a booth, refreshments, greeting guests, tear down, etc. Come and be part of the festivities.</p> <p>School Pantry: Perfect for individuals and groups up to 10 people; age 16+. During the school year, they deliver shelf-stable food and produce to partner elementary schools on a monthly basis. Extra hands are needed to help carry 30-60 pounds of food to the cars of hungry families. Volunteers must pass a background check.</p>

<p>North Texas Food Bank (cont.)</p>	<p>Administrative Projects: Perfect for individuals; age 16+. Help with mailings, database entry, courtesy calls and other clerical duties in their offices.</p> <p>Enter Jewish Family Service as your referral partner agency.</p> <p>Volunteer time = credit for JFS</p>
<p>Anytime</p> <p>Parkland Hospital (Dallas County's Public Hospital)</p> <p>Volunteer & Guest Services 469.419.0808 Deira.lacy@phhs.org</p> <p>www.ParklandHospital.com</p>	<p>Volunteering at Parkland Hospital: When you volunteer with Parkland Hospital, you become part of a team that's been providing valuable health services to Dallas County residents for more than a century. As a volunteer, your actions help meet their commitment to serve patients. Volunteering at Parkland is a rewarding opportunity that matches caring people with services that provide comfort to the patients and their families who come to Parkland. They enthusiastically welcome individuals of all backgrounds and abilities who wish to volunteer. Minimum age: 16, 18 in some areas</p> <p>How Volunteers Help Parkland: There are opportunities to volunteer in many different areas of the hospital. Volunteers provide important services, so they make every attempt to match interests, skills, and availability with hospital needs. You can volunteer in one of the following areas:</p> <ul style="list-style-type: none"> • Hospital Support Clinic Administrative Support • Greeters Wayfinders • Staff Support • Community Support • Specialty Programs <p>Applying to Volunteer: For the safety of patients, all applicants will be asked to submit an online application and must meet certain qualifications. These qualifications include a background check, submission of personal references, and criminal background check. Prospective volunteers must also attend a hospital and department orientation. If you would like to volunteer at Parkland, please visit the website at www.ParklandHospital.com. Click the Get Involved tab and then the volunteer hyperlink to complete an online application.</p> <p>Donate New Items (handmade or purchased): Slippers, pillows, quilts, robes, infant items, stuffed animals and dolls are always appreciated by patients. Any item that has been used cannot be accepted.</p> <p>Prepare "Hygiene Kits" for Parkland's Homeless and Indigent Patients: Gather an assortment of sample size toiletry items, such as toothbrush, toothpaste, soap, shampoo, deodorant, lotion, etc. (no razors), and put in zipper bag. Minimum age: none</p>

<p>Ongoing as needed</p> <p>Pebbles Apartments in Vickery-Meadow</p> <p>Nancy Lubar 214.363.0074 nlubar1@gmail.com</p>	<p>Help turn a bare apartment into a happy home for a homeless family. Small groups are needed to help set up homes for women and children who have graduated from The Bridge (Dallas Homeless Center) into apartments near Park Lane and Greenville.</p> <p>This is a perfect opportunity for families and friends to volunteer together – collecting needed items such as lamps, pictures, kitchen utensils, pots and pans, bed sheets, comforters, towels and then using these items to make an apartment a comfortable home.</p>
<p>Anytime</p> <p>PediPlace</p> <p>Shari K. Markey 469.322.3660 shari.markey@pediplace.org</p> <p>www.pediplace.org</p> <p>Lewisville Clinic: 502 South Old Orchard Lane, Suite 126 Lewisville, TX 75067</p> <p>Dallas Clinic: Spring Creek Village 7989 Belt Line Road, Suite 120 Dallas, TX 75248</p>	<p>PediPlace provides primary pediatric healthcare to uninsured and Medicaid / CHIP eligible children throughout North Texas. Full-time, part-time and occasional volunteers are needed. Contact them to see how you can best help. Minimum age for in-office activities is 16.</p> <p>Stay Warm – Stay Healthy: Many PediPlace patients do not have proper coats, hats, and gloves to stay warm during the winter months. Organizing a collection drive or simply donating new winter items for patients will help keep kids warm, comfortable, and healthy throughout the fall and winter. Minimum age: none.</p> <p>Conduct a Holiday Toy Drive: New toys, games, dolls and gift cards are needed for children from newborns to teen to make the holidays special for our patients. Great opportunity for families, children, and groups.</p> <p>Conduct a Drive for Wish List Items Help provide needed new items for our Clinics and patients including children’s character band aids, diapers in any size, baby wipes, Children’s Motrin/Advil/Tylenol, and Pedialyte in any flavor. Minimum age: none.</p> <p>Hygiene Bags: Create hygiene bags for our young patients filled with: soap, shampoo, toothbrush, toothpaste; and for our teens filled with: soap, shampoo, toothbrush, toothpaste, deodorant, and safety razor. Minimum age none.</p> <p>Conduct a New Book Drive: New books for children age birth to 5 years are needed. Great opportunity for families, children, and groups. Minimum age: none.</p> <p>Gifts of Health – Volunteer Medical Professionals Needed: Pediatricians, Nurse Practitioners and trained Medical Assistants are always needed at PediPlace to supplement their ability to maximize quality care. Scheduled or on-call volunteers are both welcome.</p>

<p style="text-align: right;">Ongoing</p> <p style="text-align: center;">Perot Museum of Nature & Science</p> <p style="text-align: center;">Volunteer Services 214.756.5776 volunteers@perotmuseum.org</p> <p style="text-align: center;">www.perotmuseum.org</p>	<p>Volunteers of the Perot Museum of Nature and Science inspire minds through nature and science.</p> <p>Ongoing There are a wide variety of daily volunteer positions available both at the Museum and off-site including greeters, way-finding, exhibit hall hosts, administration, and educator assistants. Volunteers have the opportunity to assist with science-themed activities at special events and programs such as Social Science and Discovery Days. Minimum age: 18+</p> <p>Ongoing Opportunities are available for groups, clubs or organizations of six or more individuals to volunteer together throughout the Museum. If interested, volunteers are needed both weekdays and weekends. Groups can also schedule recurring volunteer dates throughout their service period. Minimum age: 14</p> <p>Please go to www.perotmuseum.org for information regarding opportunities and application instructions</p>
<p> </p> <p style="text-align: right;">Anytime</p> <p style="text-align: center;">Plano Children's Medical Clinic</p> <p style="text-align: center;">Teri Johnson 940.381.1501 x3009 tjohnson@healthntx.org</p>	<p>Plano Children's Medical Clinic: Provides medical care for children in Collin County who have no medical insurance or are on Medicaid.</p> <p>Volunteers Needed at the following location that are willing to go through a background check and volunteer 5 hours each week greeting patients at this site from 9:00 am to 1:00pm. (multiple opportunities) Health Services of North Texas, Collin County Center 2540 K Avenue Suite #500, Plano, TX 75074</p> <p>Organize a collection of items needed for the children at the clinic: Pedialyte, Children's Tylenol or Motrin, over the counter cold and allergy medications, saline nose spray, digital thermometers, toiletry items, bottles, Sippy cups, formula, children's underwear, socks and new clothing items. Great Bar/Bat Mitzvah, scout troop or school project.</p> <p>Collect, assemble and deliver any of the following to the clinic: New Baby Bag: A bag to give to new parents which would include baby shampoo, lotion, baby wash, baby oil, baby wipes, bib, newborn outfit, onesie or baby gown, bottle, pacifier, and small baby toy (such as a rattle, or soft toy).</p> <p>Birthday Bag: A birthday bag is given to children who come to the clinic that are celebrating a birthday. In the bag is: An aluminum disposable cake pan, cake mix, cake frosting, candles, birthday plates, napkins, Kool-Aid or Crystal Light, small birthday gift (toy car, Barbie, book or game). Place all of the goodies in a birthday gift bag.</p>



Anytime

Prism Health North Texas
(formerly AIDS Arms, Inc.)

Wynn Hawker-Boehnke
214.521.5191x3392
volunteer@prismntx.org

www.prismhealthntx.org
www.lifewalk.org

Since 1986, **Prism Health North Texas** (formerly AIDS Arms) has worked to improve the lives and health of those with HIV or AIDS in North Texas. Prism Health North Texas, with the partnership of the North Texas community, provides medical care, testing, prevention efforts, case management, outreach & education, research, HIV empowerment, behavioral health, and health insurance assistance.

Volunteers serve in a variety of capacities at Prism Health North Texas & are a critical partner in serving North Texas' health needs.

Oct. 1

LifeWalk: a 27-year-old **5k walk/run and festival** at Lee Park raising awareness and funds for HIV treatment. It brings out 2,500+ people and over \$500,000 each year. **Over 250 volunteers** are needed each year to put it on. Sign up to volunteer: LifeWalk 2017 – **Oct. 1st**– www.lifewalk.org

Event support: event support volunteers assist on evening & weekend events for the Red Ribbon Society, special Agency events, etc.

Marketing & Development: work with the marketing, communications, and development team. Most opportunities with this team occur M-F 8:30-5pm. Special projects at the volunteer's suggestion are possible. Please contact the volunteer coordinator for more information.

Food & Clothing Drives: many clients are without the basic necessities of life. One of their services is a clothing closet which hosts household basics, basic hygiene products, and clothing which are free to clients and patients. Also, they work with individuals who are homeless and offer "snack packs" to them.

Interested in any of these? Contact the Volunteer Coordinator at volunteer@prismntx.org for more detailed information

School year (mid Sept.-mid May)

Reading Partners North Texas

Amber Martin
214.821.4500
amber.martin@readingpartners.org

www.readingpartners.org/volunteer

Reading Partners is a national education nonprofit organization that partners with Title 1 public and charter elementary schools to provide a proven literacy intervention model to students who are reading one month to two-and-a-half years below grade level.

At each school site, Reading Partners transforms a space within the school into a Reading Center and recruits and trains community volunteers to tutor students, using a highly structured, research-based curriculum. **No formal teaching experience is required.** Training and support is provided and volunteers work with the same student for as little as one hour a week. Tutoring occurs September – May, typically during school hours.

All tutors must attend a volunteer orientation and pass a school district background check.

Sign up online at: readingpartners.org/location/north-texas, Call 214.821.4500, or email volunteerntx@readingpartners.org. Minimum age: 14

Refugee Services of Texas- Dallas

Quinton Valdez, Volunteer Coordinator
qvaldez@rstx.org

Brenda Ogershok - Youth Program
bogershok@rstx.org
214-821-4883

dallas@rstx.org

www.rstx.org/dallas

Refugee Services of Texas-Dallas: Founded in 1978, is a social service agency dedicated to resettling and providing services to refugees and other displaced persons fleeing persecution based on race, religion, nationality, membership of a particular social group, and/or political opinion. RST has successfully resettled more than 15,000 refugees since its inception. Through the agency's home office in Dallas, RST provides services to refugees, asylees, and survivors of human trafficking from over thirty different countries of origin with service centers in Fort Worth, Austin, Amarillo, Dallas, and Houston. The majority of RST's clientele come from Burma, Bhutan, Iraq, Cuba, The Democratic Republic of Congo (DRC), Eritrea, and Somalia. The agency partners with volunteers, faith-based communities, social service groups, and businesses to provide clients with employment assistance, initial housing, household goods and furniture, case management, resources, referrals, education, and guidance to assist in establishing self-sufficient lives in Texas.

Airport Pickup: Make a difference and provide a newly arriving refugee with a huge Texas welcome. Volunteers will **greet refugee families at the airport and help transport them home to their new apartment!** Once at the apartment volunteers will have the opportunity to give a brief home orientation, and even provide a hot meal if they want. *Interpretation will be provided*

Average Time: 3-4 hours, Monday-Saturday

Apartment Setup Hero: Volunteers will **shop with a prepaid Walmart card** to get all of the groceries and household items for one of the incoming families. They will then work to **place all items in the family's new apartment** to help make their house a beautiful, welcoming home! **Average Time:** 2-4 hours, Monday-Saturday

Childcare Assistant: 1-3 volunteers needed who can assist on a regular basis to help with childcare for the mothers enrolled in ESL classes. Volunteers will **oversee, teach and play with children** while their mothers learn next door. **Average time:** 3 hours a day, 1-3 times/week. Every Monday, Tuesday and/or Wednesday from 9am-12 pm

Refugee Mentor: If you are interested in helping refugees/refugee families adjust to their new life here in America, please consider becoming a Mentor! **Mentors serve as teachers, guides, advocates and most importantly friends.** Volunteers will help each refugee set small goals to ease the journey to successful integration and then work to achieve them. The hope is that refugees will reach self-sufficiency as quickly as possible with the help of community member support.

Adults/Families: Average Time: 3-6 months, 4 hours a month, preferably once a week. Flexible based on the schedule of the volunteer.

Youth: Average Time: 1 year, 8 hours a month. Flexible based on the schedule of the volunteer.

<p>Refugee Service of Texas-Dallas (cont.)</p>	<p>Volunteer Interpreters: Looking for volunteer interpreters to help with client services, outings, and phone calls. All volunteers must be 18 years of age or older and have an intermediate understanding of the language. Currently in need of the following: Spanish, Arabic, Nepali, Rohingya, Burmese, Pashto, Urdu, Dari, Farsi, French, Chin, Karen, Somali, Tigrinya, and Amharic. Average Time: Flexible, depending on need. Volunteers would be on call and have the chance to accept or decline any opportunity.</p> <p>Case Aides: Volunteers needed who can works alongside Case Managers in connecting refugees with valuable community resources. Volunteers will get to learn the ins and outs of refugee resettlement and foster special connections with families and staff while doing it! Transportation and valid driver's license and insurance required. Average Time: 4 hours a day, 1-3 times a week.</p> <p>All volunteers must be 18 years or older and will need to fill out an online application at rstx.org, as well attend a volunteer orientation/training sessions.</p>
<p>Anytime</p> <p>Resource Center (formerly Aids Resource Center)</p> <p>Deborah Cavazos 214.528.0144x1007 DCavazos@myresourcecenter.org</p> <p>www.resourcecenterdallas.org</p>	<p>Nutrition Services: The Nutrition Center (Food Pantry) and Hot Meals are the two most utilized services at RC, and volunteers are vital to the successful operation of both. Volunteers in Nutrition Services are trained and used in both programs, so flexibility is important. Location: 2701 Reagan St Dallas, TX 75219 Contact: Juan DeAvila, 214.918.3695, jdeavila@myresourcecenter.org</p> <p>Nutrition Center (Food Pantry): Volunteers assist with stocking shelves, pickups and deliveries, maintaining a clean storage and shopping area, and performing various tasks as needed. The ability to lift 10-15 lbs. is important. A shift is typically four to five hours a day depending on the number of shoppers and food delivery schedules. Volunteers must wear clothing appropriate for lifting and carrying: closed-toe shoes, T-shirt, and jeans or walking shorts. Hours: Monday, 8:30am– 6pm Tuesday – Friday, 8:30am– 2:30pm</p> <p>Please know they can accommodate groups up to 12 volunteers divided between two areas, food bank and hot meals. Volunteers must be 18 years or older</p>

<p style="text-align: center;">Richardson Adult Literacy Center</p> <p style="text-align: center;">Sara Bramlett 972.644.5119 volunteer@ralc.org</p> <p style="text-align: center;">www.ralc.org</p> <p style="text-align: center;">Sept –Mid-Dec. (Training Mid-August) February – Mid-May (Training Early January)</p>	<p>Richardson Adult Literacy Center transforms lives by providing English as a Second Language instruction to adults in the community through trained volunteers. By learning English these adults are able to obtain better jobs, participate more in their children’s education and become more engaged in the community.</p> <p>Teach: Help non-English speaking adults learn English. Minimum commitment is 2 hours, 1 day/week, mornings, afternoons or evenings, for 10-15 weeks (depending on the program). No experience is required, no need to speak a language other than English. Training, curriculum, materials and mentoring are provided. Minimum age: 18 years.</p> <p>Additional volunteer opportunities include office volunteers and special event volunteers. Volunteering takes place in the Richardson/Richardson ISD geographic area. (“ESL for Adults” classes are held at the Richardson Public Library, Audelia Road Library and Richardson High School. “ESL for Parents” classes are held at various RISD schools.)</p>
<p style="text-align: center;">Monday-Saturday</p> <p style="text-align: center;">Riding Unlimited</p> <p style="text-align: center;">Pat Dellemann 940.479.2016 equineride@embarqmail.com or Volunteer@ridingunlimited.org</p> <p style="text-align: center;">www.ridingunlimited.org</p> <p style="text-align: center;">Carrie Mahan 940.479.2016 volunteer@ridingunlimited.org</p>	<p>Riding Unlimited: Located in Denton County, Riding Unlimited provides a horseback riding program to the disabled as a unique form of therapy. Classes are on:</p> <ul style="list-style-type: none"> Monday 8:30am-5pm Tuesday 10 Wednesday 10, 11:30, 5 Thursday 5pm Saturday 9, 10, 10:30, 11:15, 11:45, 12:30 <p>Volunteers assist disabled riders learn horsemanship skills. No experience required, required training is provided. Horse handlers work directly with the horse before, during and after the riding lesson. Side walkers assist the rider by walking beside the horse and rider to provide either physical or verbal support. The instructor will direct volunteers as to which type of support the rider needs. Each class is one hour and meets once a week. Volunteers working with riders must be 14 or older. Volunteers 11, 12, and 13 are allowed to help groom and tack the horses, assist with stable management, and clean tack.</p> <p>Mandatory orientation/training is required. Please email for additional information, directions or to sign up for training. You do not have to work in all the classes, you are assigned to a team according to your schedule.</p> <p>Volunteer training is ongoing. Please call or email the Volunteer Coordinator Carrie Mahan to arrange a date and time. Classes are held Mondays - Saturdays. Call and volunteer for a specific schedule. Minimum age: 14+ (11 for Jr. Volunteer) Volunteer training is mandatory.</p> <p>Currently seeking volunteers for:</p> <ul style="list-style-type: none"> : Class volunteers: ongoing Grant writing team: Will work under the direction of the grant writer performing various support tasks/ can be done from remote location. Fundraising: work with committee chair on fundraiser held in October annually.

<p>Riding Unlimited (cont.)</p>	<p>Development Committee: Meetings will be held once a month. Some will be by conference call only.</p> <p>Board Members: Meetings are held once a month at the Ranch.</p> <p>Social Media Support: work with webmaster, ongoing development.</p> <p>Please contact Pat by email or phone if interested in any of the above.</p>
<p>Ronald McDonald House of Dallas</p> <p>Hannah Hopkins 214.624.5358 hhopkins@rmhdallas.org</p> <p>www.rmhdallas.org</p> <p>Julie Siddons 214.624.5357 ssiddons@rmhdallas.org</p>	<p>Ronald McDonald House serves and sustains families when serious illness or injury strikes the most cherished part of their lives, their children.</p> <p>Community Volunteers: Monday through Sunday, 6:00am - 9:00pm (3 hour shift increments/weekly and needed in various areas of the House, i.e., kitchen, front desk and administrative) for additional information please contact September Shelby at 214.624.5357. Minimum age: 18</p> <p>Meals That Heal Cooking Program Volunteers: Groups of 12 individuals or less prepare a meal for families at The Ronald McDonald House of Dallas. Groups are responsible for menu selection, purchasing the groceries, preparing the meal, serving the meal to families and clean up after the meal. For additional information please contact Hannah Hopkins.</p> <p>Hosting activities for families such as Bingo, Movie, or Ice Cream Socials and Craft projects. Most activities last 1-1 ½ hours and always end by 8:30pm. These activities are appropriate for small groups (no more than 10), families, and friends. Please contact Ms. Hopkins for specific guidelines for each activity. Minimum age: 15, Individuals under the age of 18 must be accompanied by a parent. Volunteers must be at least 15 years old or older to volunteer for the Meals That Heal Cooking Program or Family Activities.</p> <p>Wish List Items Needed For Families: Toilet paper, paper towels, paper plates, paper bowls, cups, individually packaged snacks, bottled water, travel size toiletries, Keurig Coffee Cups (Regular, Decaf and Assorted Flavors), gift cards (i.e., Wal-Mart, Target, Starbucks, Restaurants, Fast Food Restaurants, Gas Stations, AMC Movies, Entertainment Venues, Kroger's and grocery stores Minimum age: None).</p> <p>Ticket Donations – i.e., professional sporting events, Broadway shows/musicals, symphony/opera, concerts, museums, Six Flags tickets, fair tickets, circus tickets, concert tickets, etc. For an updated listing of wish list items needed please visit the website at www.rmhdallas.org or contact Ms. Hopkins.</p>

Special Olympics Texas

Alex Hubbard
214.943.9981
Ahubbard@sotx.org

Check the following for more information & events

Greater Dallas (Area 10) website
<http://www.sotx.org/about/areas/area-10>

Facebook: [facebook.com/SOTX10](https://www.facebook.com/SOTX10)

Twitter: <https://twitter.com/sotexas>

Special Olympics Texas offers individuals with intellectual disabilities year round opportunities to participate in Olympic type sports. There are various volunteer opportunities in the Greater Dallas Area that are community based and area wide. The Area Office is currently seeking volunteers to serve as:

- Day of Event Competition Support
- Fundraisers
- Medical Personnel/First Aid
- Sport Officials/Referees
- Souvenir Support
- Office Volunteers/Data Entry
- Volunteer Coordinators

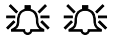
Please visit the online **volunteer registration page** for all opportunities open to public volunteering:

<http://www.eventbrite.com/o/sotx-greater-dallas-area-10-123992917>

You can also find **additional opportunities** at the Special Olympics Texas Greater Dallas @

<http://www.sotx.org/about/areas/area-10>

Please contact Alex Hubbard, Program Associate for additional inquiries or information about volunteer opportunities at Ahubbard@sotx.org or 214.943.9981.



Texas Trees Foundation

Marc Beaudoin
682.238.5620
marc@texastrees.org

www.texastrees.org

Texas Trees Foundation is dedicated to greening North Central Texas. Join and learn how to plant, transplant, prune, and weed trees. This is a great opportunity for families, friends, youth groups, and scouts to learn about trees and their importance to the environment.

Volunteer listings can be found at www.texastrees.org/volunteer
Contact Marc Beaudoin to register your group today. Texas Trees Foundation is very accommodating to your schedule (except **no Sundays**). Become a Tree Tender today!

The TXU Energy Urban Tree Farm & Education Center is located on Richland College Campus, 12800 Abrams Rd., Dallas 75243 ("C" parking lot).

Oct. 21
Nov. 18
Dec. 16
Jan. 20

The Tree Farm hosts one monthly "**Tree Tender**" day on the 3rd Saturday of every month and many other projects throughout the year. Following are some upcoming dates:

Oct. 21 Nov.18 Dec. 16 Jan. 20

Check the website for updated listings
www.texastrees.org/volunteer

Volunteers will learn the following tree related skills: pruning, plant aftercare, watering requirements, tree identification, nursery management, native tree species, why trees are important, and other tree related knowledge.

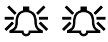
Please wear something you don't mind getting dirty, wear closed-toe shoes, and bring gardening gloves, water bottles, sunscreen, a light snack, and a hat. Minimum age: 14. Younger than 14 must be accompanied by an adult.

<p style="text-align: center;">Anytime year round</p> <p>The Bridge Homeless Recovery Center</p> <p style="text-align: center;">Angela Jiura 214.670.1138 volunteer@bridgenorthtexas.org</p> <p style="text-align: center;">www.bridgenorthtexas.org</p>	<p>The Bridge: The Bridge's purpose is to end adult long-term homelessness in Dallas and the surrounding region by developing, coordinating and/or delivering:</p> <ul style="list-style-type: none"> Outreach/intake services Jail diversion/reentry services Emergency shelter/transitional shelter services Primary health care/behavioral health services Recreational/educational services Employment income/supported employment income/disability income services Affordable housing/supportive housing services. <p>Volunteers are needed year round for: Library: Help guests use the computers, check out donated library books, read newspapers, and use this relaxing space. Minimum age: 18.</p>
<p style="text-align: center;">Available year round</p> <p>The Dallas Zoo and Children's Aquarium at Fair Park</p> <p style="text-align: center;">Tracy Gardner 469.554.7452 volunteers@dallaszoo.com</p> <p style="text-align: center;">www.dallaszoo.com</p>	<p>The Dallas Zoo and Children's Aquarium at Fair Park: Get involved in wildlife conservation and research. Live your passion for animals and the natural world by volunteering at the Dallas Zoo and The Dallas Aquarium at Fair Park.</p> <p>Would you like to help care for a cockatiel? Do you enjoy teaching others about nature? You'll enjoy being part of the behind-the-scenes work while making a real contribution by spreading their conservation message, helping care for the animal and plant collections, and educating visitors of all ages. Volunteers are valued members of the Zoo and Aquarium team, generously contributing over 40,000 service hours each year! People from all walks of life are welcome! Prior zoo or aquarium experience isn't necessary. Minimum age: 18 Provide references and proof of a current negative tuberculosis test.</p> <p>To become a volunteer at the Dallas Zoo or The Dallas Aquarium at Fair Park, please contact the Dallas Zoo Volunteer Services Department: volunteers@dallaszoo.com or 469.554.7579</p> <p>Adult Opportunities</p> <p>Zoo Ambassadors: Zoo Ambassadors are dedicated to educating guests about animals, natural history, wildlife conservation, and new happenings at the Dallas Zoo. They serve as interpretive guides in stations throughout the Zoo, including the Jake L. Hamon Gorilla Conservation Research Station, the Giants of the Savanna, the Herpetarium. This placement is ideal for people who love to learn, have good verbal communication skills, and enjoy interacting with diverse audiences.</p> <p>Special Event Volunteers: Special event volunteers staff a wide variety of events held at the Zoo and Aquarium throughout the year. They provide hospitality and information, staff games and activities for children and may assist with set-up or preparation work. This position requires flexibility, enthusiasm and a love of people.</p>

<p>Dallas Zoo (cont.)</p>	<p>Keeper Aide Volunteers: Keeper Aides work behind-the-scenes with the keeper staff to help care for the diverse collection of birds, mammals, reptiles, amphibians and fish. These positions require the ability to lift up to 50 pounds and to perform physically demanding work in all weather conditions. The work can be strenuous and dirty. Volunteers must make a commitment of one morning shift per week, 7 a.m. to noon, on the same day each week for one year. (Flexible schedules are not available.) There may be a waiting list for placements in this area.</p> <p>Animal Nutrition Center Volunteers: Animal Nutrition Center volunteers assist the Zoo's nutritionist in the preparation of animal diets. If you've always wondered what elephants and chimpanzees eat each day, this is a fascinating opportunity to participate in the behind-the-scenes care and feeding routine of Zoo animals. Volunteers must commit to one morning shift per week.</p> <p>Youth Opportunities: The Dallas Zoo and Children's Aquarium at Fair Park offers volunteer opportunities for youth between the ages of 11 and 18. These exciting programs give a wide variety of experiences to teens looking into the field of animal management and conservation education. http://www.dallaszoo.com/about-us/volunteers/youth-opportunities.</p>
<p>Anytime</p> <p>The Samaritan Inn</p> <p>Volunteer Office 972.542.5302x228 volunteer@thesamaritaninn.org</p> <p>www.thesamaritaninn.org</p>	<p>The Samaritan Inn: The largest homeless program in Collin County, located in McKinney. Volunteers needed (Mon.- Sun., 9am-9pm)</p> <p>Kids activities – doing crafts and games with resident children while their parents attend onsite classes. As needed</p> <p>Thrift Store – sort, organize, and accept donations at the Thrift Store. The store located in McKinney is open Tues.. - Sat., 9am to 5pm, volunteer shifts are minimum 3 hours.</p> <p>Lawn Work – mow; use a weed-eater and garden. (Need your own equipment)</p> <p>Computer Lab Monitor. (No computer skills required)</p> <p>All volunteers (parents and students) must sign up, attend a Volunteer Information Session and complete an application. Minimum age: 18, children 14 and up with adult supervision. You can also organize and collect items needed at the Inn. Call for their wish list. Minimum age: none.</p>
<p>Anytime</p> <p>The Senior Source</p> <p>Sarah Ewalt 214.823.5700 x 6161 sewalt@theseniorsource.org</p> <p>www.theseniorsource.org</p>	<p>The Senior Source needs volunteers to serve as Guardianship Volunteers. The agency is appointed as Guardian of the Person by the courts for older adults who need help managing personal affairs. Volunteers serve a very important role for the clients: they visit clients, provide much needed social interaction, and improve the quality of life for the most vulnerable population. Read, play games, reminisce, share pictures, vacation memories, or even a meal.</p> <p>Volunteers receive 3 hours initial and further on-going training. Staff support is available around the clock.</p>

<p>The Senior Source (cont.)</p>	<p>If you are interested in becoming a volunteer or learning more about the program, call or email. Minimum age: 21.</p> <p>Money Management offers opportunities to use skills learned in business or in managing a home to help frail and needy citizens in the community remain independent as long as possible. Money Management provides initial training and ongoing support for all volunteers. Those volunteers who work with a client's funds are insured for the protection of the client and the volunteer. This service provides peace of mind and security to vulnerable seniors. Minimum age: 18.</p> <p>Home Visitor (5-10 hrs/month) serves as liaison between the client and The Senior Source (Corporate Representative Payee); visits the client in the home several times a month offering support, delivers small amounts of cash for client's personal needs and ensuring basic needs are being met.</p> <p>Bill Payer (5-10 hrs/month) works with the client to develop a basic budget; visits the client twice a month to review bills; writes checks and has the client sign checks; files a simple report monthly and notifies the area manager of any needs of the client that require additional support.</p> <p>Office Assistant (6-8 hrs/week) data entry using Office 2007 Word, Access & Excel; handles general clerical duties, files, phone contact, correspondence and other staff support duties as assigned</p>
<p>2nd & 3rd Saturdays last Monday of each month</p> <p>The Texas Ramp Project (Building Freedom for the Homebound) (formerly the Dallas Ramp Project)</p> <p>Volunteer Coordinator 214.293.8938 rickhill.dallasramps@outlook.com</p> <p>www.texasramps.org</p>	<p>The Texas Ramp Project: No experience required! Learn how to build a ramp. Individuals or groups become part of a team. Projects are complete in a few hours (3-5 hrs). Work sessions are scheduled on the mornings of the 2nd and 3rd Saturdays of each month. Individuals and groups are welcome to work alongside the cast of "regulars" – even folks with no previous construction experience can be active participants. It helps, but is not required, if you can bring your own variable speed drill and some tips for #2 SQUARE Philips screws. Also bring work gloves, lunch/snacks, plenty of water. No flip flops or similar shoes.</p> <p>Participants meet behind the Freed's Warehouse at 4720 Simonton Rd., Farmers Branch at 7:30am-7:45am and carpool for worksites by 8:15am, except from June-August when they meet at 6:30am-6:45am and leave by 7:15am to avoid the heat.</p> <p>To schedule groups, please email the Volunteer Coordinator. Someone will contact you to find a mutually agreeable date for your group. Groups can be scheduled on off-schedule days providing that they have team leader availability for the # of volunteers. They typically send 4 to 6 volunteers with each team leader, depending on ramp size and complexity.</p> <p>Individuals can usually be accommodated if they show up, but to make certain it is best to email or call the number listed.</p> <p>Youth opportunities: Teens 16 and older can participate in the construction of the ramps with adequate adult supervision.</p>

<p style="text-align: center;">Anytime</p> <p>The Turning Point Rape Crisis Center</p> <p style="text-align: center;">Allison Payne 972.985.0951 apayne@theturningpoint.org</p> <p style="text-align: center;">www.theturningpoint.org</p>	<p>The Turning Point: Provides counseling, education and advocacy to those who have been impacted by sexual assault.</p> <p>Advocate volunteers provide crisis intervention and hospital accompaniment while the office is closed, (nights and weekends). Volunteers sign up for shifts that work with their schedule. Scheduling is very easy since they are flexible! Volunteers can choose shifts on the “crisis” phone, answer calls coming in to the hotline and offer emotional support and crisis intervention to those in need.</p> <p>Or, volunteers can choose Hospital shifts, to provide crisis intervention and emotional support to survivors at our local area hospitals immediately following an assault. Volunteers are required to go through a 40-hour certified training that is provided by The Turning Point. Call for more information. Minimum age: 18+</p> <p>Fundraising volunteers needed: find support and help with The Turning Point events on a monthly basis. Great for those who only have time a few evenings or days out of the month.</p> <p>Collect items for Sexual Assault Care Kits: (Kits are needed to give to sexual assault victims when they go to the hospital to get a forensic exam). Items needed: new small & medium underwear, sport bras, and small & medium sweatshirts and sweat pants.</p>
<p style="text-align: center;">Veterans History Project</p> <p style="text-align: center;">Learn more at loc.gov/vets/kit.htm</p>	<p>Veterans History Project: You can help capture the stories of the veterans in your life. The Veterans History Project at the Library of Congress started in 2000 and to date some 88,000 audio and video remembrances and artifacts from WWI through Afghanistan have been collected by family, friends, scouts and veteran activists.</p> <p>How to do this Project: Download the Veterans History Project “field kit.” Collect photos, diaries, documents and letters from the veteran Read the suggested questions to guide your conversation. Record the interview in audio or video digital format. Send materials to the Library of Congress American Folk life Center</p> <p>This would be an interesting project for families, scouts, history and genealogy buffs.</p>
<p>Vickery Meadow Neighborhood Alliance Food Pantry</p> <p style="text-align: center;">Jamie Denison 972.437.9950 jdenison@JFSdallas.org</p>	<p>Vickery Meadow’s Food Pantry: This pantry is sponsored by Catholic Charities, Jewish Family Service, Ladies of Charity, National Council of Jewish Women, St. Vincent’s de Paul, Temple Emanu-El and Vickery Meadow Improvement District. Volunteers are needed to assist individuals in the pantry, Wed. 1-3:30pm; Thurs. 9am noon and Sat. 9am-noon. Additionally volunteers are needed to help stock and organize on Mondays 9-11am; Wed. 4-6pm; Thurs. 12-2pm. Drivers are also needed to pick up food donations or purchases. Minimum age: 18; 14 accompanied by adult</p>



Vickery Meadow Youth Development Foundation

Dalene Buhl
mcshanreads@gmail.com

www.vmydf.com

Sept. 18-May

Oct. 7 (volunteer orientation), Oct 28; Nov 4; Dec 2, 16; Jan 20; Feb 3, 17; Mar 3; Apr 7, 21; May 5, 12

vmsra2018@gmail.com
www.vickery-meadow-summer-academy.com
July 5-Aug. 2, 2018

Vickery Meadow Youth Development Foundation partners with Preston Hollow Presbyterian Church, North Park Presbyterian Church and Temple Emanu-El to provide 2 reading/tutoring programs to immigrant/refugee children from 29 countries in the Vickery Meadow area.

2017/18 McShan Reading Homeroom: Prepare to join them starting September 18, and throughout the school year, 100+ immigrant/refugee students struggling with their English are tutored in **basic phonics, reading and minimal writing**. Tutor sessions are 45 minutes and run 7:30am to 3pm, Monday – Thursday at McShan Elementary, Room 224, 8307 Meadow Road, Dallas. Many tutors have 2 back-to-back sessions on the day of their choice.

2017/18 McShan Saturday School: Meets 8am-12noon on designated Saturdays Oct. 7 (volunteer orientation), Oct 28; Nov 4; Dec 2, 16; Jan 20; Feb 3, 17; Mar 3; Apr 7, 21; May 5, 12. Email Dalene at **mcshanreads@gmail.com** with your contact information, and your availability to volunteer, questions, request for additional information. Dalene will get back to you. Minimum age: 15

No teaching experience is necessary for either program. All needed materials tailored for specific student's skills are provided.

Email Dalene with your contact information (name, email address, phone) and your availability to volunteers, questions, request for additional information. She will get back to you.

2018 Vickery Meadow Summer Academy (VMSRA2018): Make plans now to join the same students and about 100 more from four other area elementary schools who are tutored during the summer (July 5-Aug 2, 2018) at Jack Lowe Elementary, 7000 Holly Hill Dallas 75231. Sessions are 7am-1pm, Tuesdays, Wednesdays and Thursdays. Students receive breakfast and lunch. Tutoring is done in 17 classrooms with 4 adult/youth leaders for every 10 students. View photos of activities at www.vickery-meadow-summer-academy.com. Minimum age: 15 No teaching experience is necessary. All needed materials tailored for specific student's skills are provided.

Email Dalene at **vmsra2018@gmail.com** with your contact information (name, email address, phone) and your availability to volunteer, questions, request for additional information. Dalene will get back to you. Minimum age: 15

Anytime

VolunteerNow
(formerly the Volunteer Center of North Texas)



churst@volnow.org
www.voly.org

www.volnow.org

Volunteer Now serves to connect volunteers with over 1,500 nonprofit organizations in North Texas. The platform used by nonprofits to present their volunteer needs is located at **www.voly.org**.

Volunteers may register their email address to review potential volunteer placement sites and directly contact the agency through the email address registered by clicking on the words "I Want to Help" in the volunteer posting.

Volunteer opportunities may be searched using categories such as Cause (homeless, education, hunger), Skills (are you a web designer or a piano tuner), Date & Time (when do you wish to volunteer, Location (where within 10/20 or 50 miles) and finally

<p align="center">Volunteer Now (cont.)</p>	<p>Individual/Team (are you a youth volunteer, a group, a senior, etc).</p> <p>Voly.org is powered by Volunteer Now with 44 years of service to volunteers and nonprofits in North Texas.</p> <p>Volunteer minimum age is typically 16, but please check with any nonprofit you volunteer with through VolunteerNow.</p>
<p>  Wesley-Rankin Community Center</p> <p align="right">Shellie Ross 214.742.6674 shellie@wesleyrankin.org</p> <p align="right">www.wesleyrankin.org</p> <p align="right">Sept.-May</p> <p align="right">Tuesdays Wednesdays</p> <p align="right">Mon-Fri.</p>	<p>Through caring relationships, Wesley-Rankin Community Center partners with their West Dallas neighbors providing education and resources to drive community transformation.</p> <p>Volunteers must be 13 years of age older. Any volunteer over the age of 18 will require a background check. For more information, email shellie@wesleyrankin.org.</p> <p>After-School Program: Students grades 1-12 participate in reading, science and math enrichment activities, and homework assistance. A full meal is served daily. Volunteers are needed to tutor one week or daily. Mondays-Thursdays, September -May</p> <p>GOh! GOh! Girls! (Girls of Hope, Girls of Honor): Through positive role models and mentors, this program engages 4-8th grade girls in activities and field trips to build self-confidence promote healthy living; teach personal responsibility, and focuses on goal-setting and achievement. GOh! GOh! Girls! in grades 4-5 meets on Tuesdays, 4:30pm-6pm. GOh! GOh! Girls! In grades 6-8 meets on Wednesdays 4:30pm-6pm. Volunteers are needed to assist with activities and lessons.</p> <p>Senior Citizen’s Program: Seniors enjoy activities including Bingo, exercise, puzzles, and games, crafts, sewing, seasonal events, and holiday dances. Lunch is served daily. The program meets Monday-Friday from 9am-12pm. Volunteers are needed to host a one-time enrichment activity such as crafts, health topics, etc., host a dance by providing music and food.</p>
<p align="center">Wipe Out Kids’ Cancer</p> <p align="right">Diane Busbee 214.987.4662 dbusbee@wokc.org</p> <p align="right">www.wokc.org</p>	<p>Wipe Out Kids’ Cancer (WOKC) is a DFW based non-profit founded in 1980 dedicated to raising awareness and funding for pediatric cancer research on a national basis. WOKC also provides hope and support to local pediatric cancer patients and their families through the Buddy Bag program and the Ambassador program.</p> <p>Office Support: Volunteers are needed to assist with data entry, phone calls and a variety of other administrative tasks at the WOKC office. Minimum age: 16</p> <p>Ambassador Program: Volunteers are needed for the monthly ambassador events to help with set-up, decorations and organizing activities for the ambassadors and their siblings. Minimum age: 16</p> <p>Buddy Bag Program: Organize a drive to collect items, help shop for items and stuff the bags with the collected items. Minimum age: none/supervision.</p> <p>Special Events: Volunteers are needed for 3 major fundraising events and multiple smaller events throughout the year. There are a variety of volunteer opportunities available for each event</p>

<p>Wipe Out Kids Cancer (cont.)</p>	<p>including set-up, information distribution, event coordination, registration and more. Minimum age: 16</p> <p>Students needing community service hours contact Ms. Busbee.</p>
<p>Anytime</p> <p>Wooden Spoon</p> <p>Gwen Workman 972.424.6687 TwoNordic@aol.com</p> <p>www.woodenspoonplano.com</p>	<p>Collect all cancelled stamps, old stamp collections, postcards and used phone cards for Tubfrim, a Norwegian charity to help children with handicaps or illness. (Tubfrim originally started in 1928 by Postmaster Ditlef Frantzen, raises money for children with tuberculosis.) Items are sent to Norway where they are sorted and sold. Minimum age: None.</p> <p>Save and collect the aluminum tabs from cans. They are recycled for cash and the money is sent to the Kidney Foundation.</p> <p>Recycle old greeting cards: collect the front of greeting cards (no messages on reverse please). They can be holiday or all occasion cards. They will be sent to children at Mosaic.</p> <p>Deliver to: 1617 Avenue K (between 18th St and 15th St.), Plano</p> <p>Support Mosaic, group homes sponsored by the Lutheran Church for those with disabilities.by making a collection of needed items. Following is the list: Pepto Bismol, Low dose adult aspirin 81mg.),Milk of Magnesia, MiraLax, Metamucil, Neosporin, Mucinex 600mg, Benadryl and Roloids, Dove Body Wash for Sensitive skin, Aloe Vera Lotion and Bodywash, Head and Shoulders Shampoo and Conditioner for color treated hair, shaving cream and razors (male and female),Gold Bond Lotion, Cetaphil Lotion, CeraVe Lotion, Depend Undergarments(S,M,L, and XL), Feminine pads. Toilet Paper, Paper Towels, Bleach, Dishwashing liquid and tabs, Pine Sol, Powdered and tab laundry detergent, Lysol spray, Toilet Bowl Cleaner, Murphy's Oil Soap, Comet, Pledge, Tile floor cleaner, Glass and Mirror cleaner, Swiffer dusters, OdoBan</p> <p>Deliver items to Wooden Spoon or directly to PMLC Lutheran Church.</p>

FOR YOUR INFORMATION: Websites for teen opportunities

http://www.volunteersinplano.org	http://www.voly.org
http://www.idealists.org	http://www.dosomething.org
http://www.bygpub.com	http://www.volunteermatch.org
http://www.volunteerfamily.org	

National Days for Community Service in 2017	
Jan. 16	Martin Luther King Jr. Day of Service.
April 23-29	National Volunteer Week
Sept. 11	9/11 Day of Service and Remembrance
Oct. 24	Make a Difference Day
Nov. 11	Veteran's Day
Nov. 29	Family Volunteer Day

SUPPORT THE TROOPS, VETERANS AND FAMILIES: Please consider ways you can continue to support the troops and returning veterans
Following are some organizations you can contact: Also check www.nrd.gov for additional organizations nationally and by state.

Carry The Load www.carrytheload.org 214.733.6068
Supports nonprofit partners to provide continuum of care to Military, Law Enforcement, Fire Fighters and Rescue personnel and their families.

Comfort Crew www.comfortcrew.org 1.512.337.2739
Provides services to children in military families

Defenders of Freedom www.defendersoffreedom.us 320 HWY 121, Suite 203, Coppell, TX 75019
Gives emergency financial assistance to wounded troops and families. Builds and gives away new, custom built homes to wounded and disabled veterans.

Disabled American Veterans www.dav.org
Provides free, professional assistance to all veterans in obtaining benefits earned through service. Volunteers provide injured and ill veterans with free transportation to and from VA hospitals and clinics. Offers other programs: Transition Service, Employment,

Grace Under Fire www.graceunderfire.org 1.800.363.6477
Supporting female veterans.

Heroes on the Water www.heroesonthewater.org dfw@heroesonthewater.org
Serves all military who have been wounded, injured or disabled with a meaningful day trip of paddling and fishing.

Homeless Veteran Services of Dallas www.hvdsd.org 877.424.3838
Provides temporary housing for veterans and their families and transportation to the VA for appointments.

Homes for Our Troops www.info@hfotusa.org 1.866.7TROOPS
Help severely injured Veterans and their families restore freedom and independence through the gift of a specially adapted home

Honor Courage Commitment www.hccvet.org 214.481.3834
Trains veterans to be entrepreneurs.

Hope for the Homefront www.hopeforthehomefront.com 1.719.440.1000
Provides services to women in military families including retreats and support services

Operation Home Front/TX www.operationhomefront.org 1.866.316.9170 southernplains@operationhomefront.net
Provides emergency assistance and morale to service members, veterans and their families.

Operation Once in a Life Time www.operationonceinalifetime.com
Provides free financial and moral support in an effort to make the dreams of U.S. soldiers, their families and veterans come true.

Snowball Express www.snowballexpress.org 1.817.410.4673
Provides services to children of our fallen military heroes since 9/11

Soldier's Angels www.soldiersangels.org 615.676.0239
Provides opportunities to support troops through various projects.

USO DFW affiliates.uso.org/dfw 972.574.3933
Supports military traveling through DFW and organizes community outreach programs with homecomings, deployment and family days.