

BENEATH THE SURFACE

A Transnational History of Skin Lighteners
LYNN M. THOMAS



BENEATH THE SURFACE

BUY

DUKE

THEORY IN FORMS A series edited by Nancy Rose Hunt and Achille Mbembe

DUKE

BENEATH THE SURFACE

 $A\ Transnational\ History\ of\ Skin\ Lighteners$

LYNN M. THOMAS

Duke University Press Durham and London 2020



© 2020 DUKE UNIVERSITY PRESS. All rights reserved
Printed in the United States of America on acid-free paper

Designed by Courtney Leigh Baker
Typeset in Huronia Pro and Knockout
by Westchester Publishing Services

Library of Congress Cataloging-in-Publication Data

Names: Thomas, Lynn M., [date] author.

Title: Beneath the surface : a transnational history of skin lighteners / Lynn M. Thomas.

Other titles: Theory in forms.

Description: Durham: Duke University Press, 2019. | Series: Theory in forms | Includes bibliographical references and index.

Identifiers: LCCN 2019013462 (print)

LCCN 2019980443 (ebook)

ISBN 9781478005384 (hardcover)

ISBN 9781478006428 (paperback)

ISBN 9781478007050 (ebook)

Subjects: LCSH: Colorism—South Africa. | Human skin color—Social aspects—South Africa. | Human skin color—Economic

aspects—South Africa. | Racism—South Africa. | Race relations. Classification: LCC GN197.s524 2019 (print) | LCC GN197 (ebook) |

DDC 612.7/927—dc23

LC record available at https://lccn.loc.gov/2019013462 LC ebook record available at https://lccn.loc.gov/2019980443

COVER ART: Stills from the short film *Yellow Fever*, 2012. © Ng'endo Mukii.

Duke University Press gratefully acknowledges the Department of History and the College of Arts and Sciences at the University of Washington, which provided funds toward the publication of this book.

FOR MICHAEL AND IN MEMORY OF STEPHANIE

DUKE

Contents

Acknowledgments ix

Introduction: A Layered History 1

- 1 Cosmetic Practices and Colonial Crucibles 22
- 2 Modern Girls and Racial Respectability 47
- 3 Local Manufacturing and Color Consciousness 75
- 4 Beauty Queens and Consumer Capitalism 98
- 5 Active Ingredients and Growing Criticism 150
- Black Consciousness and Biomedical Opposition 190
 Conclusion: Sedimented Meanings and Compounded Politics 221

Notes 237 Bibliography 293 Index 341



Acknowledgments

Like the history of skin lighteners, the history of this book is a layered one. The research and writing unfolded over many—likely, too many—years. In the process, I benefited from the support of many people and I accumulated many debts. Some of the deepest layers and greatest debts date back over fifteen years. Soon after joining the Department of History at the University of Washington in 1997, I began working with Tani E. Barlow, Madeleine Y. Dong, Uta G. Poiger, Priti Ramamurthy, and Alys Eve Weinbaum in the Modern Girl Around the World Research Group. That collaboration introduced me to new research themes, and it helped me to see how the history of skin lighteners might merit a full-length study. Concepts and insights that we developed together—from the modern-girl heuristic to the method of connective comparison—form much of the backbone of this book.

A Charles Ryskamp Fellowship from the American Council of Learned Societies and a National Endowment for the Humanities Fellowship enabled early phases of my individual research in South Africa and the United States. In both countries, I benefited from the help of skilled archivists and librarians, and speaking with a range of people knowledgeable about the history of skin lighteners. I am grateful to all those who kindly agreed to talk with me. Some of those people are cited in footnotes as interviewees while others provided more general background. I am also grateful to Patricia Njuki in Kenya, and Moss Lulama and Sarah Espi-Sanchis in South Africa for providing invaluable assistance in arranging and undertaking some of the interviews with me. Pauline Njuki generously hosted me in Nairobi, and Peter Cherutich and Carol Weloba helped guide my research there. In the final stage of writing, Susan Ziki tracked down helpful sources in Zimbabwe.

A number of people voiced enthusiastic support for this project early and often. They include Julie Livingston, Luise White, Stephanie M. H. Camp, Uta G. Poiger, Priti Ramamurthy, Janelle Taylor, Sarah Abreveya Stein, Jordanna Bailkin, Timothy Burke, and James Campbell. Some of them also shared their encouragement and insights through writing groups. Three such groups were essential: the bodyantibody group, with core members Julie Livingston, Steven Feierman, Nancy Rose Hunt, Sinfree Makoni, and David Schoenbrun; the African history group

with Laura Fair, Lisa A. Lindsay, and Stephan Miescher; and my "lady chairs" group with Uta G. Poiger, Priti Ramamurthy, and Janelle Taylor. I am especially thankful to Uta, Priti, and Janelle for guiding me through multiple versions of each chapter, steadying me when my confidence wavered, and coming up with a title.

Conducting my research in South Africa enabled me to deepen old friendships and to forge new ones. Catherine Burns and Keith Breckenridge have taught me a tremendous amount about South African history. Through welcoming me into their intellectual worlds at the University of KwaZulu-Natal and the University of the Witwatersrand, they ensured the rigorous discussion of my work and introduced me to other colleagues from whom I learned a great deal. These colleagues include Prinisha Badassy, Belinda Bozzoli, Sarah Duff, Natasha Erlank, Bill Freund, Clive Glaser, Jeff Guy, Shireen Hassim, Isabel Hofmeyr, Mark Hunter, Vashna Jagarnath, Vukile Khumalo, Robert Morrell, Vanessa Noble, Julie Paarl, Nafisa Essop Sheik, Stephan Sparks, and Jonny Steinberg. A workshop on the history of technology in Ithala organized by Keith and Gabrielle Hecht first encouraged me to think more deeply about the materiality of skin lighteners. I am grateful to Keith, Gabrielle, Kelly Askew, Derek Peterson, Pamila Gupta, and others who spearheaded the University of Michigan/WISER Mellon Collaboration for allowing me to participate in a number of their workshops. In Johannesburg and, a few years before in Seattle, Sarah Nuttall and Achille Mbembe offered invaluable encouragement for this project. In Cape Town and its environs, Andrew Bank, Wayne Dooling, Patricia Hayes, Anne Mager, and Ciraj Rasool offered intellectual guidance.

I have also learned much from others studying skin lighteners in South Africa. Hilary Carman opened my eyes to doctors' campaigns against them in the 1980s by sharing her personal archive. In more recent years, Ncoza Dlova has shared her ongoing research and been a model of intellectual generosity and collegiality. I especially appreciated Ncoza's invitation for me and fellow historian Zinhle Thwala to present our work to medical students at the University of KwaZulu-Natal. A few years earlier, an interdisciplinary workshop on skin lightening at the University of Cape Town organized by Lester Davids and Susan Levine allowed me to learn from them and others, including June Bam-Hutchinson, Meagan Jacobs, Yutende Mercy Olumide, and old friend Divine Fuh.

Many people and programs at the University of Washington have generously supported this project. Current colleagues in the Department of History, especially Jordanna Bailkin, Purnima Dhavan, Susan Glenn, Laurie Marhoefer, and Joel Walker have answered research questions and offered moral support. Financial support from the department's Hanauer and Keller faculty develop-

Acknowledgments RSITY
PRESS

ment funds and the Giovanni and Amne Costigan Endowed Professorship, and from the College of Arts and Sciences helped with research and book-production expenses. History chairs John Findlay and Anand Yang, and Social Sciences Divisional Dean Judy Howard ensured that I had time for research and writing before and after my own tenure as department chair. History staff members Josh Apfel, Matt Erickson, Wanjiku Gitahi, and Jeri Park helped me to squeeze in research bits (and fun bits) during that tenure. I am also grateful for the excellent research assistance provided by a number of University of Washington undergraduate and graduate students, including Ali Bilow, Holly Boyce, Jessie Kindig, Kristy Leissle, Teresa Mares, Azmera Melashu, Jesse Meredith, Kathryn Moffat, Bonnie Mosley, Amy Scott-Zerr, Taylor Soja, Kelly Ward, and Sharae Wheeler. History librarian Theresa Mudrock graciously answered countless research queries.

The University of Washington's Walter Chapin Simpson Center for the Humanities and its director, Kathleen Woodward, generously supported the Modern Girl Around the World research project and my own writing through a Society of Scholars Fellowship. This book would not exist without writing retreats at the Helen Riaboff Whiteley Center, a place of breathtaking beauty now imprinted on my soul. I am grateful to Kathy Cowell and other Whiteley Center staff for facilitating those visits. My African Studies colleagues have also been a great support, especially Johanna Crane, Danny Hoffmann, Nora Kenworthy, Ron Krabill, and Amanda Swarr. And, finally, at the University of Washington, I thank my own dermatologist, Dr. Jay Vary, for discussing hydroquinone and inviting me to a grand rounds.

I have had the good fortune to present this research in many venues where I received feedback that sharpened my thinking. Those venues, not already named, include UCLA, Harvard University, the University of Chicago, Rutgers University, Yale University, Washington University, University of Virginia, Northwestern University, University of Florida, University of Birmingham, University of the Western Cape, University of Johannesburg, University of Wisconsin, Oxford University, Whitman College, Central Washington University, Rice University, the University of Michigan, Columbia University, and a Max Planck workshop in Moshi, Tanzania. I thank all who organized those events. People who offered especially useful commentary at those events or in other venues include Emily Callaci, Jean Comaroff, Robert Edgar, James Ferguson, Karen Flint, Bodil Frederickson, Jonathon Glassman, Matthew Guertl, Rebecca Herzig, Preben Kaarsholm, Paul Landau, Nina Lerman, Helen Lunn, Daniel Magaziner, Greg Mann, Simphiwe Ngwane, Ope Ofodile, Shanti Parikh, Richard Rottenberg, Keith Shear, Rhiannon Stephens, Krista Thompson, Helen Tilley, Robert Vinson, Keith Wailoo, and Eric Worby. What David William Cohen and



Fred Cooper taught me in graduate school about embracing history's complexity while remaining attentive to its political stakes has remained a target throughout.

I am also thankful to those who ensured that the book got to press. Elizabeth Ault at Duke University Press has been an ideal editor, a perfect combination of champion and intelligent taskmaster. In the final stretch, I received invaluable comments on specific chapters from Andrew Bank, Catherine Burns, Catherine Cole, Jennifer Cole, Laura Fair, Gabrielle Hecht, Rebecca Herzig, Nancy Rose Hunt, Stephan Miescher, Kenda Mutongi, and Alys Eve Weinbaum. Lisa A. Lindsay and Robert Ross, along with three anonymous reviewers for the press, performed the heroic feat of commenting on the entire manuscript. Collectively, they encouraged me to be a bit bolder and told me it was time to let go.

I am grateful to Ng'endo Mukii for allowing stills from her excellent short film, *Yellow Fever* (2012), to serve as cover art. Thanks, too, to the entire production staff at Duke University Press for getting the manuscript and design in good shape and to Fred Brown for creating the index.

Through all the layers of research and writing, family members have warmed my heart. My mother, my four siblings and their families, and my in-laws have been steady sources of love. Best buddies from Ryther Child Center enriched my life by sharing Seattle outings and their uncanny and empathetic views of the world.

Two people provided close support from the start. Michael A. Sanderson, my husband, never doubted that I could figure out the conundrum of this book and finish it. Yet, with humor and affection, he often provided persuasive arguments for why I should be away from my desk. This book's completion marks the beginning of new adventures together. Stephanie M. H. Camp, my dear departed friend, kept this project afloat as she wrote her own history of black beauty. With wit and grace, she taught me much about history and about life. This book is dedicated to Michael and to the memory of Stephanie, in love and gratitude.

DUKE

xii Acknowledgments RS TY

Introduction

A LAYERED HISTORY

From corseting and hair coloring to tanning and plastic surgery, the history of beauty is the history of bending the material body to meet social desires. It is a history of struggle. And few beauty practices have been the site of more struggle than skin lightening. For centuries, elites in some parts of the world used paints and powders to create smoother, paler appearances, unblemished by illness and the sun's darkening and roughening effects. By the twentieth century, legions of working- and middle-class consumers had joined them, making skin lightening creams some of the most commonly sold cosmetics worldwide. This book examines the long and layered history of skin lightening from the vantage point of South Africa, a place where people have invested the body's surface with often deeply divisive meanings.

Today, despite the controversies surrounding them, skin lighteners are a booming global business. Sales extend across Asia and the Americas and through Europe, the Middle East, and Africa, and they are expected by industry insiders to reach US\$31.2 billion by 2024. Whereas for decades Japan has been the most lucrative national market for skin lighteners, it is now being supplanted by India and China.¹ Within many African countries, skin lightening is a commonplace practice. Skin lighteners are used by the world's richest—including Hollywood and Bollywood celebrities—and by the world's poorest, those living in slums on just a couple dollars per day. International and local journalists routinely run stories profiling the women and sometimes men who use skin lighteners as well as the uphill efforts of others trying to end the practice.² The sizable and growing demand for skin lighteners is striking given the known toxicities of many of these products and repeated condemnation of

them by antiracist activists. Like other potentially dangerous beauty practices, skin lightening pits the promise of bodily enhancement against the threat of bodily harm. It is a practice that seemingly defies the logic of progressive political ideologies, and that raises challenging historical questions.

What do the long history and contemporary ubiquity of skin lightening tell us about the politics of beauty? What do these controversial cosmetics reveal about the historical relationship between bodily practices and personal desires, on the one hand, and large-scale social and economic transformations, on the other? What do they reveal about the relevance of skin color and colorism prejudice based on preference for lighter skin tones—to conceptions of race and racism? Beneath the Surface answers these questions by reconstructing a history of skin lighteners that is centered in South Africa, and looks outwards, most notably to the United States and East Africa. It traces the changing meanings of skin color and examines how those changes have informed racial hierarchies and antiracist resistance. At the same time, it insists that racism alone cannot explain skin lightening practices. To understand them, we must also attend to intersecting political and affective formations of class, gender, and sexuality, and to a variety of transregional and multisited processes. Peoples' everyday experiences of skin color have been produced through institutions of slavery, colonialism, and segregation as well as the collateral development of consumer capitalism, visual media, techno-medical innovations, and protest politics.

South Africa is an instructive site for considering the history of skin lightening. Compared with other parts of the African continent and even the world, it is a region that has long encompassed people with a wide range of skin tones and with varied ways of conceptualizing and caring for the body's surface. Over more than two centuries of European colonial rule, those ways became increasingly entangled. Colonialism, segregation, and apartheid heightened scrutiny to bodily surfaces by casting skin color as one of the most visible markers of racial distinctions. White supremacist rule in twentieth-century South Africa depended on identifying and dividing the population into four categories: Native or Bantu, European, Asian, and Mixed or Coloured. This racial order did not rely on a binary distinction between black and white or, as in the United States, the legal principle of the "one-drop rule." Rather, it relied on racialized geographic and linguistic affiliations while admitting—through the category of Coloured—the failure of simple affiliations to capture complex social realities. For those living within this four-tiered racial hierarchy, even slight differences in skin tone could carry significant social and political weight. That weight helped to make skin lighteners into prominent commodities in apartheid South Africa, the country with the most developed capitalist economy





on the sub-continent. Advertisements for skin lighteners became a fixture in apartheid-era popular media, with market researchers declaring them among the most common personal products used in urban African households. Activists, in turn, saw their popularity as overdetermined evidence of racial capitalism's pathological effects and made opposition to skin lighteners into a corollary of the anti-apartheid movement. Their activism ensured that today South Africa possesses—on the books, at least—the world's most extensive prohibitions on skin lighteners.

The topic of skin lighteners in South Africa and elsewhere can elicit strong, even visceral, reactions that are often racialized. People who first learn about skin lighteners from news reports and other secondhand sources—generally, white people—are frequently surprised, asking, "Why do people use them?" Behind this question lies others. Why would people want to alter the color of their skin? Why would some black and brown people want to "look white"? Why would they do so at the risk of harming their health? And, in the case of the many poor consumers of skin lighteners, why do they devote any of their scarce resources to frivolous cosmetics? These questions alternately cast skin lightening as irrational, dangerous, or trivial. For those more familiar with the practice—often people of color—public discussion of skin lightening can generate unease. In racially mixed settings, especially in the United States, skin color itself is a rarely broached topic. For scholars of race and gender, skin lightening raises knotty political and conceptual issues: issues of self-expression versus social control, informed choice versus false consciousness, and politics versus aesthetics.

This book historicizes such reactions and challenges such distinctions. Answering the question of why people have used skin lighteners requires attention to overlapping and, at times, contradictory dynamics. Rather than separating matters of self-fashioning, beauty, and affect from political and economic structures, such dynamics bind them together. Understanding this history requires a layered approach, an approach that reconstructs sedimented meanings and compounded politics. Attending to such meanings and politics adds nuance and new fields of inquiry to the study of gender history and African history. Like

FIGURES 1.1-1.7. These seven ads—four of them full-page—appeared in a single issue of Drum magazine. Skin lightener ads were a ubiquitous part of apartheid-era popular culture. Modeled after U.S. pictorials like Life and Ebony, Drum was founded in Johannesburg in 1951 and grew to be one of the most influential publications in Africa, with regional issues published in Lagos, Accra, and Nairobi. Drum (Central and East African Edition), June 1962.

HER COMPLEXION IS FAIR AND CLEAR

Freckles have gone, Spots have cleared. Her complexion is now fair and clear because she has been using Lemon Delph become deep down in the skin where the dullness forms. The natural Lemon Delph bleaching action has made her skin fair and lovely. Ask your chemist for 30c worth of Lemon Delph Complexion Butter or Lemon Delph Extra Fair and have a lovely complexion too,



68 Noord Street.



"You must use the TWO
KARROO CREAMS

for a lighter, clearer, more lovely complexion!"







HEW N.G. 7.E. MIRAGO TO THE TABLE TO THE TABLE TO THE TABLE THE TA

New Beauty Cream

If you want a fairer, clearer freckle-free complexion, ask your chemist for the new "Extra Fair" beauty cream by Delph. It is marvellous. It checks wrinkles, stops blemishes and coarseness, removes dark patches. In moments your complexion becomes youthfully fair and beautiful. There are now TWO Delph creams. Regular and Extra Fair. Both at 30c a tin. They will work wonders with your complexion.

Catherine Burns's call to compose history "in chords," this approach seeks to understand a "world of complexity and multiple layers of causation." People's words and actions provide vital starting points for understanding why skin lighteners are used. Yet, similar to all historical artifacts, these words and actions exist both as sources of information and as expressions of a particular time and place. Interpreting them requires situating them in relation to other evidence and finding insight in their form as well as their content. It also requires an openness to the multiplicity, ambiguity, and opacity of meaning. The history of skin lighteners reveals the importance of both surface appearances and the layers that lie beneath them.⁴

Modern Girls and Slippery Things

Take a rich, if brief, reference to skin lighteners from a letter written in 1941 by a young African woman. The letter is part of correspondence, now archived at the University of Witwatersrand, between Zilpah Skota and Mweli, her beloved husband. Mweli was a prominent member of the African National Congress, and the editor of the African Yearly Register, an extraordinary "Who's Who" published in 1930 that chronicled the achievements of black people in Africa, aiming to inspire those "tempted to feel ashamed of their race." Zilpah, the daughter of an African Methodist Episcopal church minister, was younger than Mweli when they met in Soweto and married in 1938. Resembling other members of South Africa's mission-educated black elite, the couple struggled to make ends meet under segregation's many barriers. Soon after marrying, financial difficulties compelled the Skotas to sublet part of their house in Johannesburg and forced Zilpah to return to her family home in the provincial town of Klerksdorp. Zilpah's letters convey a passionate longing for Mweli and a modern-girl sensibility. Around the world in this period, modern girls distinguished themselves by their schooling, their passion for romance, and their sense of style.⁵ Zilpah paid keen attention to appearances, expressing some insecurity about her own. In one letter she decided not to send a photo of herself, writing, "It's not nice I'll try to take a better one." In others she noted whether she had grown "fat" or "thin" and requested new clothes and other commodities. In her April 1941 letter, sandwiched between news of loved ones, Zilpah asked, "Can you send me one jar of Karoo [sic] I am already dark through the sun."6 At the time, Karroo was one of South Africa's most popular brands of skin lighteners.

This correspondence provides clues to the use of commercial skin lighteners in segregationist South Africa. By the early 1940s, skin lighteners—like love



letters and photos—had become routine items for some African modern girls. Zilpah's request is noteworthy given the financial difficulties that she and Mweli faced, and because of his standing as a prominent African nationalist dedicated to promoting racial pride. Widespread condemnation of skin lighteners by black nationalists was still a couple of decades away. For Zilpah, skin lighteners were neither an unthinkable luxury nor a testament to racial shame. A jar of cosmetics would have expressed her husband's care and affection, easing the emotional and material effects of her provincial stay. By the interwar period, many modern girls recognized as white in South Africa, the United States, and elsewhere had embraced tanning as evidence of a healthy and leisure-filled lifestyle that imparted an alluring, seasonal glow. Such consumers had begun to replace skin lighteners with tanning products. By contrast, for Zilpah and some other black modern girls, tanned skin was a sign of hardship endured, not privilege gained. They viewed skin made "dark through the sun" as evidence of outdoor, menial toil that dimmed and dulled their appearances. This perspective challenged the rigidity of racial thinking. It posited gradations of darkness and lightness as existing within—not just between—racial categories and as features that might be added or removed. Some of the roots of this perspective lay in the region's earlier history.

Even prior to the arrival of European colonizers, southern Africa was a place of marked diversity in skin tones. Melanin, the biochemical compound that makes skin colorful, serves as a natural sunscreen. Variations in melanin evolved to ensure that human bodies absorb the appropriate levels of ultraviolet radiation vital for good health and successful reproduction. Too much ultraviolet radiation produces the short-term effect of sunburn and the long-term effect of molecular damage that can both result in skin cancer and impair egg health, sperm production, and fetal growth. Too little radiation hinders the production of vitamin D, weakening bones and hampering the ability of female bodies to support fetal development and provide nutritious breastmilk. Humans who lived, for tens of thousands of years, in equatorial Africa or at high altitudes, places where sun exposure is the greatest, evolved to have higher levels of melanin and, hence, more darkly pigmented skin. People living farther from the equator in places with strong but seasonal sun, such as along the Mediterranean coast or the southern tip of Africa, evolved to have more lightly pigmented skin that could still become deeply tanned.⁷ When European travelers and traders first set foot in southern Africa around 1500, they encountered people who spoke Khoesan and Bantu languages, and whose skin color spanned from light tan to the richest brown. These people

sought, in various ways, to protect their bodies from the elements and to render their surfaces attractive and spiritually potent.

When the Dutch established a colonial outpost at the Cape in 1652, they further expanded southern Africa's sepia spectrum of skin tones and introduced new bodily practices and politics. Older concerns of gender, beauty, and status confronted newer ones rooted in race, class, and respectability. Colonialism brought people from other parts of Africa, Southeast Asia, South Asia, and East Asia as slaves, political prisoners, and indentured servants, whereas people from Western and Eastern Europe and North America arrived as soldiers, merchants, farmers, wage laborers, and, later, missionaries and miners. These people interacted with one another and those already living in southern Africa through often violent political and sexual relations. The children born of those relations contributed to the region's already diverse palette of skin tones. Through imperial conquest, slavery, and settler colonialism, a political order structured by white supremacy took root. South Africa's racial order emerged alongside the development of the transatlantic slave trade and as part of the elaboration of European colonial rule across much of the globe.8 European colonizers invested skin color and associated physical differences with fierce political meanings, using them to distinguish the enslaved and vanguished from the free, and to justify the former's subjugation. They paired pale skin color with beauty, intelligence, and power while casting melanin-rich hues as the embodiment of ugliness, inferiority, and abjection.9 By the time Zilpah was a young woman, South Africa's segregationist government attached differential rights and privileges to the four official racial categories.

Within this political order, where minute racialized differences in physical appearances could carry great import, some people sought to whiten and lighten the body's surface. It is useful here to distinguish between two types of preparations. *Skin whiteners* are powders and paints that contain light-colored materials, including clay, chalk, flour, rice powder, and white lead. People in many parts of Africa had long used kaolin or white clay as part of ritual and spiritual transformations while elite women from Europe and Asia used white-colored cosmetics to create refined and privileged appearances. *Skin lighteners*, in turn, are compounds, creams, and lotions—often also called "freckle removers" or "skin bleaches"—that generated a less painted effect by removing rather than concealing blemished or darker skin. Skin lighteners containing acidic compounds or ingredients like lemon juice or milk can produce real, if subtle and temporary, lightening effects by acting as irritants and exfoliants

that remove the top, tanned layers of the epidermis, revealing the lighter layers beneath. Skin lighteners have also often contained harsher chemicals like sulfur, arsenic, and, most notably, mercury.

Whether made at home or purchased in shops, skin lighteners defy easy distinctions between cosmetics and medicines. Pharmacists and doctors have prepared and prescribed skin lighteners for people who desire overall lightening. They have also prescribed them to treat dermatological disorders and hyperpigmentation, darkened patches left by sun exposure, infection, inflammation, and melasma. Hyperpigmentation tends to be more visible and long-lasting on complexions rich in melanin, providing additional reasons why some black and brown consumers and patients have turned to skin lighteners. By the early twentieth century, many biomedical experts and cosmetic manufacturers recognized the toxicity of ammoniated mercury and mercuric chloride but regarded them as the most effective lightening agents available. In addition to exfoliating the skin, mercurial compounds, through their antibacterial properties, can clear infections like acne and syphilis. Moreover, at a biomolecular level, they inhibit the body's production of melanin by interfering with the enzyme tyrosinase. 10 Skin lighteners' multiple names and uses, and varied active ingredients and effects, render them fluid substances and slippery things to analyze. They continually slide between being beauty preparations and being therapeutic treatments, between being common cosmetics and caustic poisons.

Tracking the slipperiness of skin lighteners introduces a fresh set of thematic concerns to African historiography. Over thirty years ago, Arjun Appadurai's edited volume The Social Life of Things demonstrated how salient, and often surprising, political and historical connections could be elucidated by following and analyzing things from production to consumption. That volume explored how people invest value in things and how, in turn, things give value to human relations.11 Subsequent scholars ran with these insights, producing social biographies of singular objects and commodity-chain analyses of goods like cotton, coffee, and salt.12 The more recent flourishing of science and technology studies (STS) has similarly directed scrutiny to the social lives of things and, more specifically, to their material properties and how those properties act in the world.¹³ Tracing how things like skin lighteners move and are remade pushes African history beyond the social history of specific communities and the political history of colonies and metropoles. It opens the field to multiple geographic locales, a wider cast of characters, and a new attention to materiality.

Beneath the Surface proceeds chronologically and thematically. Chapter 1 examines how precolonial ways of caring for the body's surface encountered and eventually became entangled with ideas and practices brought by European colonizers and immigrants from elsewhere. Chapter 2 focuses on the 1930s, when South Africa's mission-educated black elite began debating the propriety of using skin whiteners and lighteners as part of a new consumer culture. Their debates pivoted on how to define feminine beauty and racial respectability amid the influx of cultural forms and commercial products from the United States. Chapter 3 examines the growth of cosmetics manufacturing in South Africa, exploring why such companies increasingly catered to black and brown consumers. The local pharmacist who developed Karroo, for instance, did so with a white clientele in mind. By the 1940s, however, young women like Zilpah Skota were more likely to purchase his product.

The second half of the book considers what happened in the decades after Zilpah's correspondence, when South Africa became one of the world's most robust markets for skin lighteners. This vitality coincided with the unfolding of apartheid rule, introduced in 1948. Chapter 4 examines how the expansion of black consumer markets and black media—especially photo magazines like Zonk! and Drum—during the 1950s and 1960s fueled this commercial boom, helping to situate skin lighteners as tools that women and some men could use to achieve greater social visibility amid shrinking political possibilities. Chapter 5 explores how this boom fed off the accidental discovery of a new active ingredient, hydroquinone, and entailed the marketing of South African-made products elsewhere in Africa. Concerns about skin lighteners intensified in the 1970s as political and regulatory debates ricocheted between the United States, postcolonial East Africa, and apartheid South Africa. Chapter 6 examines how those debates came to a head when Black Consciousness activists and biomedical professionals in South Africa compelled the apartheid government, in its waning months, to ban skin lighteners. The conclusion considers the uneven afterlives of that achievement and today's growing global market for skin lighteners.

To reconstruct this layered history, I draw on a variety of sources. The first chapter delves into archaeological and linguistic evidence as well as travelers' and missionaries' writing and early anthropological accounts. Subsequent chapters weave together analysis of advertisements, beauty competitions and advice columns, business and marketing reports, regulatory investigations and legislative debates, medical and social scientific studies, and protest literature with attention to popular fiction, memoirs, personal correspondence, and oral history interviews. The breadth of these sources reveals how struggles surrounding skin lighteners have extended from their manufacturing and marketing to their consumption and condemnation.

Connective Comparison and Affective Consumption

I first came to this historical topic through my own astonishment: I was surprised by the ubiquity of skin lighteners in Kenyan popular and political culture in the early 1990s. Later, I realized that their postcolonial presence raised important and largely unanswered questions for the fields of gender studies and African history: questions about race, consumer capitalism, and transnational connections; and questions about visual media, beauty, and affect. Growing up white on U.S. Air Force bases and in an even more racially segregated suburb north of Pittsburgh, I do not recall ever seeing or hearing about skin lighteners. As an undergraduate, at the height of the anti-apartheid movement on U.S. college campuses, I began studying African history and reading the work of African political theorists and novelists, nearly all of them men. What I took from those texts left me unprepared to make sense of the skin lightening products that I saw for sale in Nairobi's shops and informal markets. Discussions by Jomo Kenyatta, Chinua Achebe, Frantz Fanon, and Ngũgĩ wa Thiong'o about the integrity of African cultural practices and the power of anticolonial nationalism seemed a world apart from the advertisements in Kenyan magazines that promised glamour and success to those who lightened their skin. I soon learned that skin lighteners were not just common but highly contested commodities, and that men, as well as women, sometimes used them. Male politicians, nonetheless, condemned the use of skin lighteners as evidence of young women's embrace of debased Western values and rejection of African traditions and looks. Newspapers frequently carried editorials decrying the ill health effects of various products while letter-tothe-editor writers urged their compatriots to embrace the motto "Black Is Beautiful."

Few academics took note of these debates in Kenya or elsewhere. One exception was Audrey Wipper, a Canadian sociologist working in postcolonial East Africa in the early 1970s. Wipper, while acknowledging the physical and psychological dangers of skin lighteners, argued that male politicians' denunciations of them were a piece of broader, worrisome efforts to use urban women as scapegoats for national problems and to safeguard politicians' puritanical and patriarchal authority. Two decades later, Timothy Burke returned to the topic in *Lifebuoy Men, Lux Women*, the first history of commodity culture in Africa. Burke examined how skin lightener advertisements in Zimbabwe during the 1960s and 1970s conflated lightness and whiteness with sexual attraction and social mobility. He described how black users hailed from the country's highest or lowest income group, those "successful or desperate

for success." Moreover, he demonstrated that African nationalists' criticism of skin lightening as a betrayal of African culture overshadowed alternative perspectives. ¹⁵ These accounts left me wondering what the history of skin lighteners might look like from South Africa, the country where white-minority rule lasted the longest and where, not coincidentally, consumer capitalism was the most advanced, extending its tendrils north to places that included Kenya and Zimbabwe.

These questions partly inspired my participation in a collaborative project, the Modern Girl Around the World Research Group. Comprising six University of Washington faculty members, our group developed the modern girl as a heuristic device to examine the global emergence during the 1920s and 1930s of female figures who embraced an explicit eroticism, appeared to disavow domestic duties, and used commodities like cigarettes and cosmetics.¹⁶ That collaboration altered my perspective on gender in Africa by foregrounding how transnational and transregional histories had shaped twentieth-century developments. Whereas my earlier work examined the historical entanglement of indigenous and colonial concerns in one African locale, the collaboration pushed me to see a more varied set of forces at play, and to find analytical value in connecting similar processes across different locales. ¹⁷ To produce such histories, our research group developed the method of *connective comparison*. This method draws attention to how "things previously understood to be local come into being through complex global dynamics" that are neither derivative nor linear. 18 Connective comparison entails attending to developments in multiple places, and then determining when those developments are linked and when they diverge. Identification of linkages and divergences, in turn, throws into sharp relief the causal ties and grounded peculiarities that merit further investigation. Like Anna Tsing's friction, connective comparison questions the simplicity of globalization narratives that presume unimpeded and undifferentiated flows between various parts of the world. Both concepts focus on when, where, and why things, people, and ideas that move gain traction, and how, in the grip of those encounters, novel formations are born.¹⁹

The method of connective comparison helped me to identify the importance of U.S. developments to the history of commercial skin lighteners in Africa, and the importance of transnational conversations to American political and regulatory debates. When I first began this project, I imagined that South Asia would be an important touchstone, given the pervasive presence of skin lighteners in India today and South Africa's many ties to South Asia. For the period prior to the 1980s, however, I found little evidence of South Asian involvement in the trade. By contrast, American connections loomed large.

Beginning in the late nineteenth century, South Africa's racial order and capitalist economy evolved in close conversation with the United States.²⁰ Government officials and businesspeople alike looked across the Atlantic for political and economic inspiration while U.S. investors and entrepreneurs turned to South Africa in search of new opportunities. U.S. companies, some of them black-owned, shaped South Africa's skin lighteners market by recognizing resonances between the two racial and commercial orders, and by exporting their products and formulas. American-made skin lighteners encountered friction and gained traction in South Africa. At the same time, local cosmetic manufacturers used cultural forms first developed in the United States to promote their own skin lighteners in South Africa and elsewhere on the continent. These forms ranged from beauty contests and photo magazines to Hollywood starlets and testimonial advertisements. South Africa, in turn, exported these forms north of the Limpopo River. To elucidate the influence of the South African trade elsewhere on the subcontinent and to compare the politics of skin lightening under apartheid and postcolonial regimes, I turn to East Africa and especially to Kenya as a case study in chapter 5. Kenya is a place where some South African companies had business connections and where I had previous research experience. The manufacturing and marketing of skin lighteners in South Africa and Kenya often followed developments in the United States, including guidelines developed by the Food and Drug Administration (FDA). When it came to opposition to skin lighteners, however, influences were more multidirectional.

In addition to directing my attention toward transnational and diasporic connections, the Modern Girl collaboration helped me to see beauty and commerce as topics neglected by historians of women and gender in Africa. Previous studies, including my own, presented mission Christianity, colonial law, and labor migrancy as the main forces that fueled twentieth-century gender transformations. Focus on those forces, in part, mirrored the priorities of the missionaries and state officials who produced the written archives on which we have often relied. Focus on those forces also reflected social historians' and second-wave feminists' desire to challenge racist and sexist representations of African women, to document women's productive and reproductive labors, and to demonstrate African agency. Less easily captured by our archives and research agendas were new forms of commerce and media that circulated internationally and that worked to alter appearances and aspirations. Apart from dress, historians of Africa have largely ignored matters of bodily aesthetics and beauty.²¹ Yet, some time ago, Sylvia Ardyn Boone, the pioneering art historian of Sierra Leone, argued for the centrality of beauty and especially the beauty

of pubescent girls and young women to African social worlds. Forms of female initiation across the continent have consistently equated the cultivation of beauty with fertility and sexual desirability. 22

Over the past twenty years, scholars from a range of disciplines have argued for taking beauty seriously as a subject of study. One of the central insights of that scholarship is that the development of a global beauty industry has depended upon consumer capitalism's insistence on the body's malleability. Much feminist scholarship on beauty has debated whether practices like wearing makeup and high heels, hair straightening, and cosmetic surgery simply uphold patriarchal and racist structures, or whether some women find agency and empowerment through those very same practices. A few South African cultural studies scholars have contributed to these debates by exploring beauty as a "peculiarly dense transfer point for relations of power," one used to include some and exclude others. Regarding the politics of hair in South Africa, Zimitri Erasmus has importantly argued that while "race' is always present," efforts to reduce hair straightening to aspirations for "whiteness" miss the complexity of black cultural politics and how such practices have also enabled black women to *feel* "proud," "confident," and "beautiful." 25

Recent anthropological research on beauty similarly combines an attention to politics with an attention to emotions. In his ethnography of plastic surgery in Brazil, Alvaro Jarrín, for one, theorizes that "beauty's value" stems from the intertwining of biopolitics and affect. Michel Foucault's conception of biopower helps explain how "the discursive contrast between beauty and ugliness" permeates the social landscape, working to produce and reproduce inequalities, while attention to affect helps explain peoples' "visceral attachment to beauty as a form of hope." Perceptions of beauty, Jarrín insightfully argues, operate as "gut reactions that are entirely social, but which are not subject to modification, at least not with ease, because they have become habitual at a preconscious level." Theorization of the interplay between the politics of beauty and its affective dimensions is especially useful for understanding the appeal of skin lightening in the past and present.

Such theorization also opens new perspectives on the history of consumer capitalism in Africa. Archaeologists and historians long ago identified consumption and commerce as key agents of change in Africa. Consumption of mundane and luxury goods was vital to the development of centralized polities like the West African kingdoms and Swahili city-states, and long-distance trade within the continent and across the Atlantic and Indian oceans. African demand for consumer goods figured prominently in Walter Rodney's analysis of how Europe "underdeveloped" Africa through slavery and colonialism



while the fashioning of new consumer practices was central to John L. Comaroff and Jean Comaroff's account of the seismic transformations engendered by nineteenth-century mission Christianity.²⁷ Efforts to explain why capitalist relations of production developed relatively late on the continent have also singled out consumption. John Iliffe, for example, argued that pragmatic considerations prompted people, living in Africa's "often harsh and insecure" environments, to invest in social relations by consuming and enjoying material wealth rather than stockpiling it.²⁸ Over the past two decades, anthropologists and sociologists have posited consumption, together with the debt and disappointment that often accompanies it, as a driving force in postcolonial and post-apartheid political life. Consumer goods are essential to sustaining social ties while their conspicuous display provides sharp reminders of rising inequality.²⁹ Yet we have few accounts of how this form of capitalism that coupled consumption with new modes of manufacturing, merchandising, and marketing emerged in different parts of Africa over the twentieth century. The few historical accounts we do have focus almost exclusively on alcohol, foregrounding the consumer practices of men.30

Skin lighteners center the practices of women and foreground affective consumption. Zilpah Skota requested a jar of Karroo for lightening her tanned skin while writing about whether she had grown fat or thin, needed new clothes, and looked nice in photos. Despite or perhaps because of her family's trying circumstances, Zilpah drew Mweli's attention to her personal needs and her individual appearance, affirming her own self-worth. Poor people have repeatedly stunned researchers by using their meager resources to purchase cosmetics, commodities that the researchers themselves have often deemed frivolous, unnecessary, or ineffectual.³¹ Compared with other capitalist enterprises, cosmetics companies are unusually dependent on cultivating desire and selling hope. Over the past century, they have devoted a larger portion of their revenues to advertising than almost any other type of manufacturing.³² Success in the cosmetics industry hinges on convincing consumers that seemingly small and intimate products can alter how they look and feel within wider publics. Across the globe, cosmetics marketing has championed the body's malleability and the possibility of self-fashioning, helping to deepen the entanglement of consumption and affect.³³ Skin lighteners are an especially revealing category of cosmetics through which to track that entanglement in Africa. From the middle of the twentieth century, in South Africa at least, skin lightener manufacturers invested considerable resources in elaborate marketing campaigns that sparked wide-ranging debates over beauty, respectability, and authenticity.



Antiracist Retorts and Technologies of Visibility

Barack Obama, in his autobiography *Dreams from My Father: A Story of Race* and Inheritance, recounts learning about skin lighteners as a formative childhood experience. He tells a story of browsing through issues of *Life* magazine at the U.S. embassy library in Jakarta, when he and his American mother, Ann Dunham, lived there. Amid the glossy advertisements and photo spreads, the nine-year-old Obama came across a story of a black man who had paid for a "chemical treatment" to lighten his complexion. The accompanying photos showed the man's "strange, unnatural pallor" along with his "crinkly hair" and "heavy lips and broad, fleshy nose." Obama recalls experiencing the story and photos as an "ambush attack," a "frightening discovery." Raised by a liberal white mother who had swaddled her biracial son in the achievements of civil rights heroes and repeatedly pronounced Harry Belafonte as the world's bestlooking man, Obama was unprepared for the revelation that some black people might seek to pass for white and use "bleaching creams" to do so. He wondered, "Did my mother know about this?" The young Obama kept that question to himself, continuing to trust his "mother's love," but knew, from that point forward, that "her account of the world, and my father's place in it, was somehow incomplete."34

This story is apocryphal. No article that fits the description ever appeared in *Life*. Obama may have read instead "A Whiter Shade of Black," an article published in *Esquire* in 1968. That article sensationalized the work of a white dermatologist in Washington, D.C., who treated black patients suffering from the depigmenting disorder vitiligo with a cream containing monobenzyl ether of hydroquinone. Yitiligo became more well known in the 1990s when the entertainer Michael Jackson explained that his increasingly pale skin color was a side effect of the condition. Jackson's doctors, in fact, treated his vitiligo by prescribing creams like those discussed in the *Esquire* article. The crucial point here is not the accuracy of Obama's recollection but how learning about skin lighteners operated in his memory and autobiographical narrative as a decisive moment in his journey toward color consciousness and racial awareness: "my vision had been permanently altered."

Obama's story reveals how, by the late 1960s, encounters with skin lightening could stir visceral reactions and alter everyday perceptions. Over the past thirty years, scholars have explored race as a fundamental social and historical construction that is continually being remade and always in formation. Race importantly intersects with other social categories such as class and gender but is not reducible to them.³⁸ Thomas C. Holt, drawing on the earlier work

16 Introduction/ERSITY
PRESS

of W. E. B. Du Bois and Frantz Fanon, pointed historians to its everyday salience: "race is reproduced via the marking of the racial Other... It is at this level that race is reproduced long after its original historical stimulus—the slave trade and slavery—have faded." Similarly, scholars of South Africa also called for more nuanced understandings of "how race works" by exploring intimate realms of action. Following such calls, historians of Africa have begun to examine the centrality of racial thinking and processes of racialization to the continent's past and present. Significantly, they have demonstrated that European colonizers were not the only purveyors of racial discourses and that white settler colonies were not the only African locations where race mattered. Skin lighteners provide another way to track the history of racialization, a way that foregrounds commonplace conceptions of skin color and beauty, and influences that crisscrossed the Atlantic.

Across the twentieth century, black women writers in the United States pointed to the body and contested beauty ideals as fundamental to everyday experiences of blackness, especially for girls and women. Writers from Zora Neale Hurston to Toni Morrison have explored how dominant American ideals that equate beauty with whiteness powerfully and painfully shaped social possibilities and internal longings. Describing the anguish and self-contempt felt by a young black girl who longed for blue eyes, Morrison's narrator in The Bluest Eye (1970) conjectures that "physical beauty," along with romantic love, are "probably the most destructive ideas in the history of human thought." 42 The roots of racialized ideals of beauty go back, at least, to the eighteenth century, the height of the transatlantic slave trade, when Enlightenment science bolstered white supremacy by associating bodily features, including skin color, with intelligence and beauty and denying those virtues to Africans. As Stephanie M. H. Camp put it, "Blackness and beauty have an ugly history." 43 Partly a product of this deeply racialized history and partly an antiracist retort to it, a vibrant African American beauty culture emerged. In the early twentieth century, black beauty entrepreneurs became emblems of pride and progress. They also, though, faced criticism for promoting a "white look" that valorized straight hair and light complexions.44

Despite stirring sharp debates, skin lighteners have garnered little in-depth historical analysis. Analysts of U.S. black beauty culture have paid more attention to hair practices and politics. ⁴⁵ Otherwise astute scholars have mistakenly dismissed skin lightening as entirely ineffective and, hence, inconsequential. ⁴⁶ In her social history of cosmetics, Kathy Peiss countered this neglect by documenting how a variety of consumers in the early twentieth-century United States, including recent immigrants from Southern and Eastern Europe as well



as African American women, used skin lighteners. Notably, she argued that they did so for diverse reasons, ranging from a desire to fade blemishes and even out skin tone to the racialized pursuit of overall bleaching. ⁴⁷ Some subsequent scholars have questioned Peiss's account for casting black beauty practices, including skin lightening, as acts of political agency and resistance, while downplaying how they more often accommodated, rather than contested, racial hierarchies. ⁴⁸

Although historical analysis has been scarce, interest in contemporary practices of skin lightening has grown in recent years. This growth has coincided with renewed attention to the relationship between racism and colorism, a term put into prominent usage by the writer and activist Alice Walker in the early 1980s.⁴⁹ Sociologists and legal scholars, focused mainly on the United States and Latin America, have demonstrated that discrimination based on skin tone continues to have a profound effect on income, health, and other social indicators. Color hierarchies suffuse inter- and intraracial relations. Whites discriminate most against black people with dark skin tones while blacks discriminate more against people with very dark or very light complexions than those with medium skin tones. 50 The volume Shades of Difference, edited by Evelyn Nakano Glenn, paired stark findings of color discrimination in the Americas, Asia, and Africa with analysis of the complexity of that discrimination. Skin color is always read in relation to other factors, including bodily comportment, dress, hair, age, gender, and even season. Skin-color hierarchies can both confirm and disrupt racial logics. Glenn's chapter and my own explored how the commercial trade in skin lighteners has shored up colorism by yoking the privileging of paler skin tones to corporate profits.⁵¹

Anthropologists have offered incisive, if divergent, answers to the question of why people use skin lighteners. Yaba Amgborale Blay and Jemima Pierre, in separate studies of skin lightening in Ghana, counter popular narratives that pathologize users. Instead of dismissing the practice as irrational or the result of "racial self-hatred," Blay and Pierre argue that people, living in economically precarious circumstances, lighten their skin for very practical and very political reasons. Many Ghanaians believe, according to Blay's trenchant analysis, that light-colored skin enables both women and men to be "noticeably beautiful," to "stand[] out in a crowd," and to look modern. Users seek to make themselves more visible to bolster their social networks, attract sexual and romantic attention, and secure and maintain marital partners. The conflation of beauty and success with light-colored skin in present-day West Africa, argue Blay and Pierre, results from the power of global white supremacy dating back to the era of the transatlantic slave trade and European colonialism.⁵²

By contrast, other ethnographic analyses foreground historical influences that extend beyond Western racism and highlight localized conceptions of dignity and personhood. To explain Indonesian preferences for lightness, L. Ayu Saraswati points to the impact of European colonialism and American popular culture but also to the effect of Indian beauty ideals, dating back to the ninth century, and the Japanese occupation during World War II. In the very country where Obama recalled first learning of skin lightening from an American magazine, the practice was already well established.⁵³ Saraswati finds that Indonesian women today use skin lighteners more to avoid shame and embarrassment than to look good.⁵⁴ Her account that emphasizes affect and a variety of cultural influences resonates with Jonathan Friedman's interpretation of Congolese sapeurs, poor men who famously dedicate themselves to haute couture and often practice skin lightening. Friedman attributes sapeurs' actions and aspirations to long-standing central African aesthetic sensibilities that equate elegant and luminescent appearances with the accumulation of "life force." 55

Similarly, cultural studies scholars have insisted that in Jamaica skin bleaching should not be interpreted as a quest for whiteness but rather in relation to the privileged Jamaican identity of "browning" or mixed race. While acknowledging the health dangers, these scholars argue that poor Jamaicans' use of skin bleaches partly disrupts essentialized notions of blackness by pointing to the unstable relationship between bodily appearances and racial identities.⁵⁶ Building on that work, Krista Thompson, an art historian, has insightfully linked skin lightening in Jamaican dancehalls during the 1990s and 2000s to the aesthetics of film and photography. Thompson examines how people use lighteners as visual technologies to make their faces and bodies more "representable" to the video camera. Skin lightening, she argues, operates as both a response to videography and a tool that enables marginalized and disenfranchised people to gain recognition in Jamaica and the United States, where the videos often circulate.⁵⁷ Together, these studies situate skin lightening as a site of disruptive politics and aesthetic expression.

Beneath the Surface places the political, economic, affective, and aesthetic dimensions of skin lightening in historical perspective. Eva Illouz calls such an approach to studying consumer capitalism a "post-normative critique." It aims to produce a "critical effect" by historically elucidating-instead of morally evaluating—the interconnectedness of things and human beings, and emotions and consumption: understanding emerges from identifying and describing the "chain of causes" that creates consuming subjects.58 The early chapters of this book delve back in time to demonstrate how practices of skin lightening have moved between geographic locations and across cultural frontiers, appealing to

diverse and shifting groups of people. I then turn to the commercial manufacture and marketing of skin lighteners, reconstructing the history of particular companies and advertising campaigns. This examination reveals how skin lighteners often operated as technologies of visibility. People used them to attract favorable attention and enhance their appearances and, as the twentieth century unfolded, to render themselves legible in new visual media and cultural forms ranging from photos and film to magazine spreads and beauty contests. They also deployed them as technologies of visibility to negotiate deeply racialized and sharply gendered social worlds. Whereas little evidence suggests that black consumers in South Africa used skin lighteners specifically to obtain official reclassification within apartheid's four-tiered racial hierarchy, they did use them to enhance prospects in social and work settings that privileged light skin. In the mid-1980s, an activist campaigning against skin lighteners explained their appeal: "I don't know if many blacks have tried to get reclassified by lightening their skin color, but psychologically they believe that they will have more opportunities and be more successful in whatever they do if their skin is whiter."59

In addition, Beneath the Surface chronicles the history of opposition to skin lighteners, and it is the first study to do so. I examine efforts to curtail their sale and use by medical professionals and consumer health advocates, on the one hand, and by antiracist thinkers and activists, on the other. Attention to these two forms of critique highlights the unique and distinct positions that South Africa and the United States occupy in the global history of skin lighteners. It also helps to explain episodes like Obama's apocryphal encounter with an American magazine article in Jakarta. By the late 1960s, antiracist activists had framed skin lighteners as overdetermined evidence of the psychical effects of structural racism. Raising her son at the height of the Black Power movement and at a distance from the United States, Dunham sought to instill in him what bell hooks would later term "loving blackness," an ethic that rejected white beauty standards and named Harry Belafonte the world's most attractive man. 60 The ethic stuck but left the young Obama unprepared for a world where people who looked like him and his Kenyan father might want to lighten their skin.

UNDERSTANDING WHY SOME PEOPLE have used skin lighteners in the past and continue to do so in the present requires a layered history, a history that attends to lighteners' slippery status as both cosmetics and medicines and to connections between seemingly disparate domains. The political and affective dimensions of skin lightening have been forged through social and material

20 Introduction ERSITY
PRESS

processes that have spanned centuries and crossed oceans. Racism is utterly integral but alone insufficient for making sense of this history. Skin lighteners have proliferated through the spread of mass manufacturing, marketing, and media, and the linked rise of the modern girl, one of consumer capitalism's chief protagonists. By purchasing and using skin lighteners, some young women, like Zilpah Skota, and, later, men participated in new forms of consumption and self-fashioning. They engaged skin lighteners as technologies of visibility that simultaneously worked to challenge and entrench existing racial and gender hierarchies. Over time and as part of broader social movements, antiracist activists took aim at these forms and invested bodily appearances and affective consumption with new, liberatory meanings. It was the presence of skin lighteners despite the power of those movements that so confounded Obama.

To understand these twentieth-century developments, we must start earlier. How did people in precolonial and colonial southern Africa conceptualize and care for bodily surfaces? What part did whitening or lightening play as different ideas and practices intersected and became entangled on the decidedly uneven terrain of colonialism? Answering these questions requires paying attention to the significance of the body's surface as well as to what lies beneath.



Notes

INTRODUCTION: A LAYERED HISTORY

- 1. Global Industry Analysts, *Skin Lighteners*, accessed March 21, 2017, http://www.strategyr.com/MarketResearch/Skin_Lighteners_Market_Trends.asp.
- 2. For example, Helene Cooper, "Where Beauty Means Bleached Skin," *New York Times*, November 26, 2016, accessed March 9, 2010, https://www.nytimes.com/2016/11/26/fashion/skin-bleaching-south-africa-women.html?_r=0.
 - 3. Burns, "Useable Past," 362.
- 4. For work, most often by literary scholars, on the importance of attending to surfaces and especially skin, see Ahmed and Stacey, *Thinking through the Skin*; Janelle Taylor, "Surfacing the Body Interior"; Cheng, *Second Skin*; Nuttall, "Surface, Depth and the Autobiographical Act"; Hurst, *Surface Imaginations*; Lafrance, "Skin Studies"
- 5. Modern Girl Around the World Research Group, *Modern Girl Around the World*; L. Thomas, "Love, Sex, and the Modern Girl in 1930s Southern Africa."
- 6. For more information about the Karroo brand, manufactured in the Karoo region of South Africa, see chapter 3. J. D. Mweli Skota Correspondence, Historical Papers Research Archive, Library, University of Witwatersrand, Johannesburg Addensel, letters from Zilpah T. D. Skota to J. D. Mweli Skota, October 10, 1936, April 17, 1941, May 2, 1941, and June 30, 1942. I thank James Campbell for directing me to the following unpublished paper and rich archival source: J. Campbell, "T. D. Mweli Skota," 30–31. For more on Skota and the *African Yearly Register* (1930), see Couzens, *New African*, 3–14; Erlmann, *Music, Modernity, and the Global Imagination*, 53–58.
- 7. Jablonski, "Evolution of Human Skin and Skin Color"; Jablonski, *Skin*, esp. chaps. 4–6; Jablonski, *Living Color*, esp. 159–62. Also see Gibbons, "How Africans Evolved a Palette of Skin Tones."
- 8. Elphick and Giliomee, *Shaping of South African Society*; Keegan, *Colonial South Africa*; Magubane, *Bringing the Empire Home*.
- 9. West, "Genealogy of Modern Racism"; Mbembe, "African Modes of Self-Writing," 245–46; Nuttall, *Beautiful/Ugly*; Camp, "Black Is Beautiful."
- 10. Denton, Lerner, and Fitzpatrick, "Inhibition of Melanin Formation by Chemical Agents"; Swiderski, *Quicksilver*, 162–90; Bennett, "Mercolized Wax."
- 11. Appadurai, *Social Life of Things*. Another important contribution in this vein that appeared the year before was Mintz, *Sweetness and Power*.
- 12. Within African studies, this work included Burke, *Lifebuoy Men, Lux Women*; B. Weiss, *Sacred Trees, Bitter Harvests*; Presholdt, *Domesticating the World*; Stein, *Plumes*. Also see Ramamurthy, "Feminist Commodity Chain Analysis."

- 13. For recent work on science and technology in African studies, see Larkin, *Signal and Noise*; Storey, *Guns, Race, and Power*; Hecht, *Being Nuclear*; Osseo-Asare, *Bitter Roots*; Breckenridge, *Biometric State*; Breckenridge and Hecht, "Confronting African Histories of Technology." For two reviews of the anthropology of pharmaceuticals that aptly chart the shift from a biography of objects approach to an STS approach focused on the materiality of things, see van der Geest, Whyte, and Hardon, "Anthropology of Pharmaceuticals"; Hardon and Sanabria, "Fluid Drugs." On the analytical shift from objects to things as enabling attention to the "circulations of materials on which life depends," see Ingold, "Toward an Ecology of Materials."
 - 14. Wipper, "African Women, Fashion, and Scapegoating."
 - 15. Burke, Lifebuoy Men, Lux Women, 189-90.
- 16. Modern Girl Around the World Research Group, "Modern Girl as Heuristic Device," 22.
 - 17. L. Thomas, Politics of the Womb, esp. 17-20.
- 18. Modern Girl Around the World Research Group, "Modern Girl as Heuristic Device," 2–3. This method resonates with Gillian Hart's "relational comparison" elaborated in "Denaturalizing Dispossession." *Histoire croisée* offers a somewhat similar approach. See Werner and Zimmermann, "Beyond Comparison."
- 19. Tsing, *Friction*, 5. In her contribution to "AHR Conversation: On Transnational History," Isabel Hofmeyr similarly notes the problematic tendency for antiglobalization critiques to "flatten" Third World complexities.
- 20. On the long history of connections and comparisons between the United States and South Africa, see Fredrickson, White Supremacy; Cell, Highest Stage of White Supremacy; Hull, American Enterprise in South Africa; Nixon, Homelands, Harlem and Hollywood; von Eschen, Race against Empire; J. Campbell, Songs of Zion; J. Campbell, "Americanization of South Africa"; Magubane, Bringing the Empire Home, chap. 7; Vinson, The Americans Are Coming!; Safundi: The Journal of South African and American Studies, founded in 2000.
- 21. On dress, see Brooks, "Signares of Saint Louis and Gorée"; Hendrickson, *Clothing and Difference*; K. Hansen, *Salaula*; Fair, *Pastimes & Politics*; Motsemme, "Distinguishing Beauty, Creating Distinctions"; R. Ross, *Clothing*; Allman, *Fashioning Africa*; Ivaska, *Cultured States*; Hansen and Madison, *African Dress*; M. Brown, *Khartoum at Night*.
- 22. Boone, *Radiance from the Waters*. Also see Guyer and Belinga, "Wealth in People," esp. 115–16; L. Thomas, *Politics of the Womb*; Popenoe, *Feeding Desire*.
- 23. For thoughtful overviews of those debates, see Felski, "Because It Is Beautiful"; Camp, "Black Is Beautiful."
- 24. Barnard, "Contesting Beauty," 345. Also see Ebrahim-Vally, "Beauty and Race in the South African Context"; Magubane, *Bringing the Empire Home*, esp. chap. 2. For a nuanced account of the importance of beauty to animating art and everyday life under apartheid, see Magaziner, *Art of Life in South Africa*.
- 25. Erasmus, "Hair Politics," 392, 383–84. Also see Erasmus, *Race Otherwise*, esp. chap. 3.
- 26. Jarrín, *Biopolitics of Beauty*, 198, 11. For related approaches to the study of beauty, see Nguyen, "Biopower of Beauty"; Edmonds, "Biological Subject of Aesthetic

Medicine"; Ochoa, Queen for a Day. For early statements on the importance of affect to African gender history, see Thomas and Cole, "Introduction"; Hunt, "Affective, the Intellectual, and African Gender History."

- 27. Rodney, How Europe Underdeveloped Africa; Comaroff and Comaroff, Of Revelation and Revolution. Consumption is also important to Jean-François Bayart's argument that, over the longue durée, African leaders have retained power through "strategies of extraversion." Bayart, "Africa in the World."
 - 28. Iliffe, Emergence of African Capitalism, 21.
- 29. Comaroff and Comaroff, "Occult Economies and the Violence of Abstraction"; Ferguson, Expectations of Modernity; Mbembe, "African Modes of Self-Writing"; Hyslop, "Shopping during a Revolution"; B. Weiss, Street Dreams and Hip Hop Barbershops; Cole, Sex and Salvation; Lewis and Hames, "Gender, Sexuality and Commodity Culture"; James, Money from Nothing; Posel and van Wyk, Conspicuous Consumption in Africa.
- 30. Colson and Scudder, For Prayer and Profit; Crush and Ambler, Liquor and Labor in Southern Africa; Akeyeampong, Drink, Power and Cultural Change; J. Willis, Potent Brews; Mager, Beer, Sociability, and Masculinity in South Africa. Two notable exceptions to the focus on alcohol and men are Burke, Lifebuoy Men, Lux Women; Murillo, Market Encounters. On the relative paucity of historical studies of consumer capitalism in the Global South, see Woodward, "Consumer Culture."
 - 31. Vinikas, Soft Soap, Hard Sell, 59; Ramphele, Bed Called Home, 80.
- 32. Peiss, Hope in a Jar; Modern Girl Around the World Research Group, "Modern Girl Around the World"; Sutton, Globalizing Ideal Beauty; Jones, Beauty Imagined.
- 33. On that entanglement more broadly, see Negri, "Value and Affect"; Zelizer, Purchase of Intimacy; Illouz, Cold Intimacies; Berlant, Cruel Optimism; Illouz and Benger, "Emotions and Consumption"; Illouz, Emotions as Commodities. For a pioneer of this perspective, see Marchard, Advertising the American Dream. On plastic surgery as also depending on the belief that small differences in appearance can produce significant differences in how people feel, see Hurst, Surface Imaginations.
 - 34. Obama, Dreams from My Father, 29-30, 51-52, 193.
- 35. Lasker, "Whiter Shade of Black." Journalists first pointed out this discrepancy and also noted that Obama would have likely already learned about racial prejudice from children in his Jakarta neighborhood who teased him for his big size and "black features." Kirsten Scharnberg and Kim Barker, "The Not-So-Simple Story of Barack Obama's Youth," Chicago Tribune, March 25, 2007. An Obama critic, Jerome R. Corsi, made much of this misremembering in his best-seller, *The Obama Nation* (see 65–66).
- 36. Taraborrelli, Michael Jackson, 435-37, 521; J. Harris, "Did Michael Jackson Have Vitiligo?"
 - 37. Obama, Dreams from My Father, 193, 52.
- 38. The sociologists Michael Omi and Howard Winant developed the concept of racial formation in Racial Formation in the United States, first published in 1986. Early theorists of intersectionality include hooks, Ain't I a Woman; Spelman, "Gender & Race"; Crenshaw, "Mapping the Margins."
 - 39. Holt, "Marking."



- 40. Nuttall and Michael, *Senses of Culture*, 11–12. For an earlier, intellectual history of racism, see Dubow, *Scientific Racism in Modern South Africa*.
- 41. Powell, Different Shade of Colonialism; Glassman, War of Words, War of Stones; El Hamel, Black Morocco; B. Hall, History of Race in Muslim West Africa; Lee, Unreasonable Histories; Ray, Crossing the Color Line; Shadle, Souls of White Folk; Lindsay, Atlantic Bonds. For a pointed, recent critique of the absence of attention to race within African studies, see Pierre, Predicament of Blackness.
- 42. Morrison, *Bluest Eye*, 122. Also see the discussion of racial beauty in Toni Morrison's foreword to the 2007 edition.
- 43. Camp, "Black Is Beautiful," 677. On the centrality of aesthetics to European racial thinking, see West, "Genealogy of Modern Racism"; Fredrickson, *Racism*, 59–60; Nuttall, *Beautiful/Ugly*.
- 44. S. White and G. White, *Stylin*', chap. 7; Craig, *Ain't I a Beauty Queen?*; S. Walker, *Style & Status*; Baldwin, *Chicago's New Negroes*, chap. 2; Modern Girl Around the World Research Group, "Modern Girl Around the World"; Baldwin, "From the Washtub to the World"; Gill, *Beauty Shop Politics*; Ford, *Liberated Threads*.
- 45. Rooks, *Hair Raising*; Craig, "Decline and Fall of the Conk"; Peiss, *Hope in a Jar*, 41; Banks, *Hair Matters*; Craig, *Ain't I a Beauty Queen?*, chaps. 2, 6; P. Russell, "Styling Blackness."
- 46. See, for instance, Craig, Ain't I a Beauty Queen?, 26; S. Walker, Style & Status, 68. Similarly, in A Chosen Exile, Hobbs makes no mention of skin lightening and, in general, pays little heed to the kinds of material and bodily practices that might have aided some racially ambiguous people in their efforts to pass for white.
 - 47. Peiss, Hope in a Jar, chap. 7.
- 48. Amina Mire, "The Emerging Skin-Whitening Industry," *Counterpunch*, July 28, 2005, accessed March 9, 2019, https://www.counterpunch.org/2005/07/28/the -emerging-skin-whitening-industry/; Dorman, "Skin Bleach and Civilization."
- 49. A. Walker, "If the Present Looks Like the Past." Walker specifically defined "Colorism" as "prejudicial or preferential treatment of same-race people based solely on their color," and she pointed to black African women writers like Buchi Emecheta, Ama Ata Aidoo, and Bessie Head as the hope for challenging this form of oppression along with racism, sexism, and classism. For examples of mid-twentieth-century social science research that paid attention to ideas about skin color and inequality, see Herskovits, "Some Physical Characteristics of the American Negro Population"; Parrish, "Color Names and Color Notions." For a pioneering study of colorism in the late twentieth century, see Russell, Wilson, and Hall, Color Complex.
- 50. Herring, Keith, and Horton, *Skin Deep*; Ronald Hall, *Empirical Analysis of the Impact of Skin Color*; Margaret Hunter, *Race, Gender, and the Politics of Skin Tone*; Kerr, *Paper Bag Principle*; Hochschild and Weaver, "Skin Color Paradox and the American Racial Order"; Jablonski, *Living Color*; R. E. Hall, *Melanin Millennium*, 19–38; Norwood, *Color Matters*; Monk, "Cost of Color"; "Global Perspectives on Colorism."
- 51. A. Harris, "Introduction," 2; Glenn, "Consuming Lightness"; L. Thomas, "Skin Lighteners in South Africa." For more on the global trade, see Perry, "Buying White Beauty"; Jablonski, *Living Color*, 169–81; Jha, *Global Beauty Industry*.



- 52. Blay, "Yellow Fever"; Blay, "Ahoofe Kasal," 53, 63, 69, 72; Pierre, "I Like Your Colour!"; Blay, "Skin Bleaching and Global White Supremacy"; Pierre, *Predicament of Blackness*, 101–22. Blay edited a special issue of *JENdA: A Journal of Culture and African Women Studies* 14 (2009) on skin bleaching. She also coedited with Christopher Charles a special issue of *Journal of Pan African Studies* 4, no. 4 (2011), on the same topic. Charles's individually authored contribution to the *JENdA* special issue provides another powerful critique of the "self-hatred" thesis: "Liberating Skin Bleachers." For a wide-ranging study that both draws on decades of dermatological expertise treating the ill effects of skin lighteners in Nigeria and argues that women mainly use skin lighteners to attract and retain marriage partners, see Olumide, *Vanishing Black African Woman*. On health effects, see Mire, "Skin-bleaching."
- 53. For an African American's surprise that skin lighteners were among the most popular cosmetics in Indonesia in the 1950s, see Marguerite Cartwright, "A Teacher Talks: Brown-Skinned by Choice," *Pittsburgh Courier*, November 12, 1955, p. SM6.
- 54. Saraswati, *Seeing Beauty*, 62. For a similar interpretation that emphasizes shame and dignity, see Shevde, "All's Fair in Love and Cream."
- 55. Friedman, "Political Economy of Elegance," esp. 171 and 175. Friedman's analysis is an explicit refutation of Fanonian and Manonian interpretations of skin lightening as well as what he views as Bourdieu's hyper-rationalization of consumption through the concept of *social distinction*. For another take on skin lightening in Africa as not being about racial whiteness, see White, "Sex, Soap, and Colonial Studies," esp. 484.
- 56. Barnes, *Cultural Conundrums*, 102–14; Brown-Glaude, "Fact of Blackness?"; Hope, "Fashion Ova Style"; Tate, *Black Beauty*, 125–28; Brown-Glaude, "Don't Hate Me 'Cause I'm Pretty." Tate has, more recently, extended these arguments across the black Atlantic world in *Skin Bleaching in Black Atlantic Zones*.
- 57. K. Thompson, *Shine*, 1–46, 112–68. Thompson's interpretation of skin bleaching has additional layers. She also argues that bleachers' skin becomes "a new form of photographic surface" that is more sensitive to light and that skin bleaching is "an example of what we might describe as a body of photography, the result of and transference of the effect of photographic technologies on the body and part of a broader creation of a social body through vision, light, and visual media" (22–23).
- 58. Illouz, "Toward a Post-Normative Critique of Emotional Authenticity," in *Emotions as Commodities*, 208. For recent studies of beauty and bodily practices that use a similar approach, see Herzig, *Plucked*; Nelson, *Social Life of* DNA.
- 59. Carolyn McGibbon, "Blooming Trade May Be Nipped in Bud," c. May 1987, TimesMedia clippings files, TimesMedia House, Johannesburg.
 - 60. hooks, Black Looks, 9-20.

I. COSMETIC PRACTICES AND COLONIAL CRUCIBLES

- 1. Monica Hunter, Reaction to Conquest; A. Bank, "'Intimate Politics' of Fieldwork."
- 2. Hutchings et al., *Zulu Medicinal Plants*, 18–19; U.S. Environmental Protection Agency, "Citronella (Oil of Citronella) (021901) Fact Sheet."

