Best Practices and Resources to Support You and Your Family

Camille Catlett Frank Porter Graham Child Development Institute <u>October 2</u>019 Childhood is not a race to see how quickly a child can read, write and count. Childhood is a small window of time to learn and develop at the pace which is right for each individual child.

Magda Gerber

# My goal





## This

## Not this



Your website =

https://fpg.unc.edu/ presentations/c2p2-2019





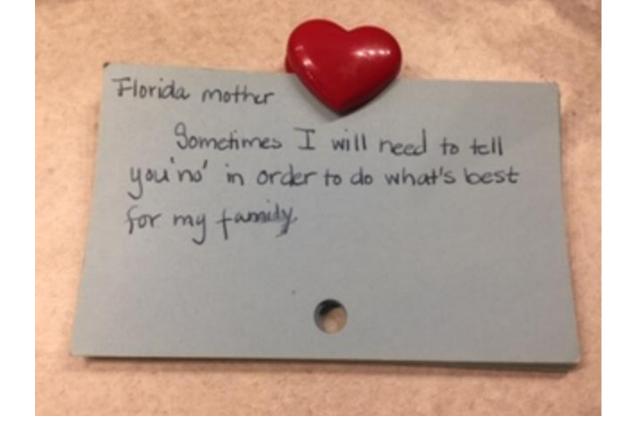


# **Topics for Today**

- Family Engagement
- Quality
- Inclusion
- Resources



What I'VE learned from families

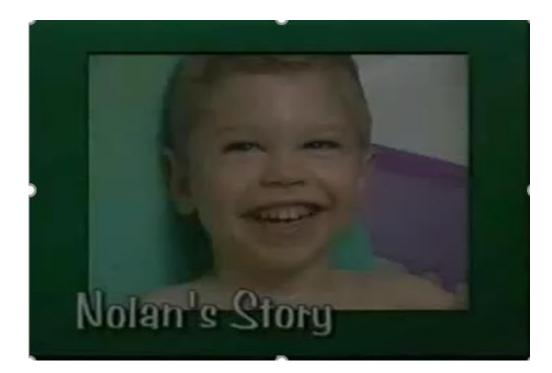




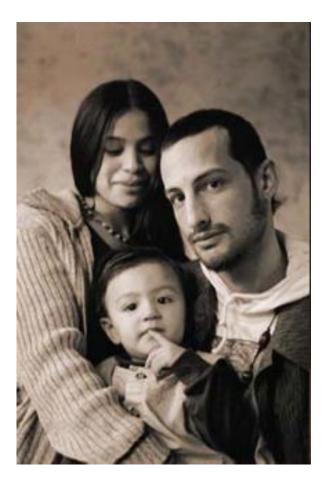
Is this what effective family-professional collaboration should look like?



Is this what effective family-professional collaboration look like?



http://www.cde.state.co.us/sites/default/files/video/resultsmatter/ NolansStory.mp4



# Family Engagement Helps Children to Succeed

- Higher preschool performance
   and promotion to next grade
- More positive engagement with peers, adults, and learning
- Buffers negative impact of poverty on academic and behavioral outcomes

## It's a federal priority







U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES U.S. DEPARTMENT OF EDUCATION

POLICY STATEMENT ON FAMILY ENGAGEMENT FROM THE EARLY YEARS TO THE EARLY GRADES

May 5, 2016

## What does the DHHS-DOE policy say about family engagement?

Family engagement refers to the systematic inclusion of families in activities and programs that promote children's development, learning, and wellness, including in the planning, development, and evaluation of such activities, programs, and systems.





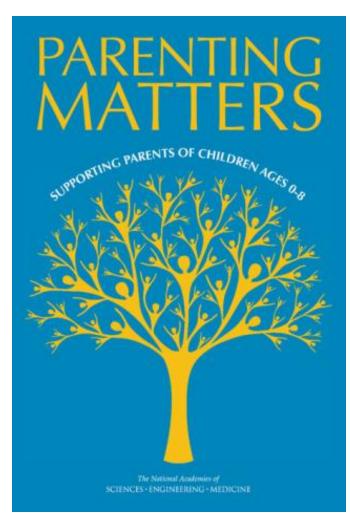
## How does the policy statement define family?

The term "family" as used in this statement is inclusive of all adults who interact with early childhood systems in support of their child, to include biological, adoptive, and foster parents; grandparents; legal and informal guardians; and adult siblings.

## It's a national priority

What practices work to support family participation and retention?





## Which "interventions" work to support family participation and retention?

- Viewing family members as equal partners
- Creating opportunities for families to receive support from peers to increase engagement, reduce stigma, and increase the sense of connection to other parents
- Making programs culturally relevant
- Enhancing efforts to involve fathers
- Addressing trauma, which can interfere with parenting and healthy child development



## What do millennial and Gen X families think, know and need?





## Almost all parents feel judged almost all the time

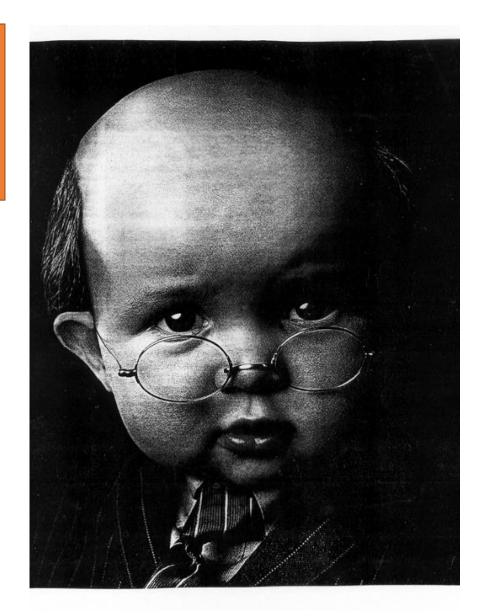
- 90% of moms and 85% of dads feel judged
- 46% of moms and 45% of dads say they feel judged all the time or nearly all the time



# There is a missing first year

Nearly half of parents think that reading to children starts to benefit long-term language development about a year and a half later than it actually does: 45% say the benefits start at 2 years or older. In reality, benefits begin at about 6 months.

34% of parents believe that talking to children starts to benefit their language skills at a year old or later, when in fact it begins at birth. 63% of parents say the benefits of talking begin at 3 months or older.



# There is an expectation gap

Nearly 43% of parents think children can share and take turns with other children before age 2, and 71% believe children have this ability before age 3. In fact, this skill develops between 3 to 4 years.

36% of parents surveyed said that children under age 2 have enough impulse control to resist the desire to do something forbidden, and 56% said this happens before age 3. In fact, most children are not able to master this until between 3.5 to 4 years of age.



### Pennsylvania Learning Standards for Early Childhood

Office of Child Development and Early Learning

2014

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pennsylvania

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## It's a state priority

KEY LEARNING AREA: Partnerships for Learning – Families, Early Care and Education Programs, and Communities

Standard PL.1:	Families are supported in times of need.	129
Standard PL 2:	Families experience relationships with early care and education programs	
	that are affirming, reciprocal, and build upon their strengths	131
Standard PL3:	Families have the support and information they need to encourage their	
	children's learning and development.	133
Standard PL.4:	Family members have support from other families	135
Standard PL.5:	Families have goals of their own and benefit from having supportive partners	
	to help reach their goals	135
Standard PL.6:	Families grow in their leadership and use these skills in many different ways	136
Standard PL.7:	Families are supported in times of transition	137

2014

## **Standards PL.1: Families are supported in times of need**



## **Standards PL.1: Families are supported in times of need**

#### Families Will Experience

- Families receive information about community supports and resources from trusted individuals.
- Families receive referrals and information from those whom they have established relationships. In turn, families begin to build relationships with new agencies made through these connections.
- When families make the decision to access additional resources, they have the information and support needed to make their next step.
- Families reach out to trusted individuals to request information and support.



## Standards PL.5: Families have goals of their own and benefit from having supportive partners to help reach their goals

#### Supportive Practices of Programs/Professionals

- Understand that the overall health and well-being of the family affects the child.
- Support and encourage families in nonjudgmental ways to make short- and long-term goals.
- Connect families with other community resources and other families who have relevant experiences and interests to support them in reaching goals.
- Recognize and accept that families are in different stages related to planning for the future. (e.g., Some families may be more comfortable seeking outside support for planning than others.)
- Recognize that age, economics, and lifestyle impact family goal setting.

# Standards PL.6: Families grow in their leadership and use these skills in many different ways

### Competence and Confidence Partners in Policymaking (C2P2)

#### About C2P2



Modeled after Minnesota's Partners in Policymaking, Competence and Confidence: Partners in Policymaking (C2P2) is a leadership development training program designed for individuals with disabilities, parents of young children with disabilities and university graduate students. C2P2 provides upto-date information, leadership training and skill building. National and local experts teach participants about the local, state and national issues that affect individuals with disabilities.

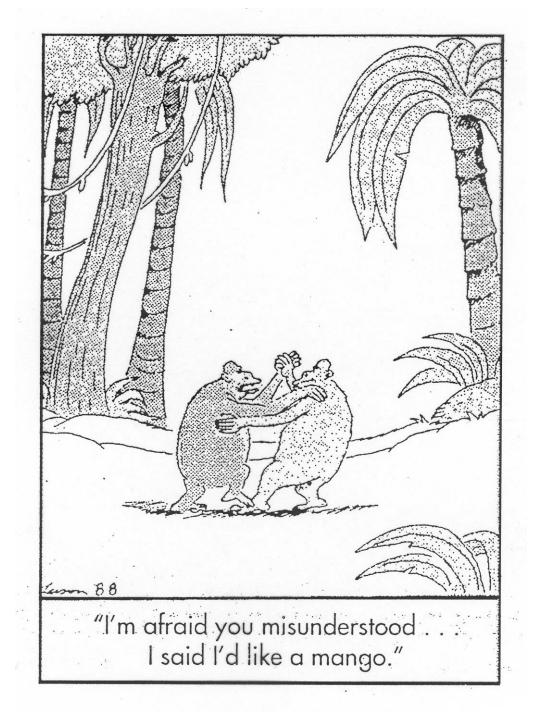
C2P2 participants make a commitment to attend multiple two-day training sessions during the course of a year. The program selects highly motivated people who represent different ethnic backgrounds and, who for the most part are not already involved in advocacy organizations.

## Keys to Family-Professional Collaboration

• A shared vocabulary

INNXPost

- Effective communication
- Cultural responsiveness
- A shared commitment to enhancing collaborative capability





The program director listened as the occupational therapist explained to the parent that her child needed R-O-M for his R-U-E. After a long explanation, the parent asked what an R-U-E was. When the therapist answered, "right upper extremity," the mother replied that in her family it was called an "A-R-M."

Feinberg, 1994

#### **The Iceberg Concept of Culture**

Like an iceberg, the majority of culture is below the surface.

#### **Surface Culture**

Above sea level <u>Emotional load</u>: relatively low

#### **Deep Culture**

<u>Unspoken Rules</u> Partially below sea level <u>Emotional load</u>: very high

Unconscious Rules Completely below sea level Emotional load: intense food • dress • music • visual arts • drama • crafts dance • literature • language celebrations • games

courtesy • contextual conversational patterns • concept of time personal space • rules of conduct • facial expressions nonverbal communication • body language • touching • eye contact patterns of handling emotions • notions of modesty • concept of beauty courtship practices • relationships to animals • notions of leadership tempo of work • concepts of food • ideals of childrearing theory of disease • social interaction rate • nature of friendships tone of voice • attitudes toward elders • concept of cleanliness notions of adolescence • patterns of group decision-making definition of insanity • preference for competition or cooperation tolerance of physical pain • concept of "self" • concept of past and future definition of obscenity • attitudes toward dependents • problem-solving roles in relation to age, sex, class, occupation, kinship, and so forth

Indiana Department of Education • Office of English Language Learning & Migrant Education • www.doe.in.gov/englishlanguagelearning

# Listening to Family Stories

#### RESPECTING DIVERSITY

What does our program/school need to do to support your family's priorities, values, and culture?

How can we learn more about your family story, including customs, values, and priorities, so we build



connections and cohesion between your home and our program/school?

What questions or concerns do you have about the way in which our program supports children and families with differences in race, class, gender, family structure, ability, life circumstances, and needs?

How can our program/school do a better job of building equitable access to opportunities, supports, and services for each child and family? As a program/school, we prioritize policies, procedures, programs, and practices that honor and are

supportive of each family's culture, strengths, structure, expertise, and preferences. Do you have any suggestions for how we could do that more effectively?

# Use family and professional expertise to enhance what can be accomplished



## **Checklist of Effective Partnerships with Families**

## **Enhanced communication**

## **High expectations**

## Respect

## Commitment

#### Handout 2.2 Checklist of Effective Partnerships with Families

	Did You	See It?
What Should You See?	YES	NO
Enhanced Communication		
<ul> <li>Asking families open-ended questions about the people, places, and activities that are important to them</li> </ul>		
<ul> <li>Listening to families' perspectives without sharing your own opinions first</li> </ul>		
<ul> <li>Learning about how families prefer to communicate (e.g., phone, email, in person)</li> <li>Using an interpreter to support interactions with family members who speak another</li> </ul>		
language Learning and using key words and phrases in the languages of the children		
Seeking families' input on topics when there are differences that need to be openly addressed		
Being persistent about communicating with each family, even when they have not beer responsive thus far		
<ul> <li>Demonstrating how disagreements or differences of opinion do not interfere with your commitment to the family and child</li> </ul>		
High Expectations		
<ul> <li>Asking families what they see as their child's strengths</li> </ul>		
<ul> <li>Focusing on the child's strengths and not just the child's needs</li> </ul>		
<ul> <li>Asking families about goals for their child</li> </ul>		
<ul> <li>Involving families in all decisions about their child</li> </ul>		
<ul> <li>Celebrating with families as children meet new milestones</li> </ul>		
Respect		
<ul> <li>Asking families what is important to know about their culture, language(s), celebrations</li> </ul>		
and customs and showing genuine interest	'	
<ul> <li>Listening to families with particular attention to insights and information about cultural</li> </ul>		
and linguistic preferences and priorities		
Asking how you should address members of the family		
<ul> <li>Asking families how they have been involved in their child's program in the past and</li> </ul>		
how they would like to be involved in the future		
<ul> <li>Reflecting the cultures and languages of families in each classroom or program</li> </ul>		
Commitment		
<ul> <li>Holding meetings at times and places suited to the families' needs and availability whenever possible</li> </ul>		
<ul> <li>Reflecting the cultures, language(s), celebrations, customs and values of the families in</li> </ul>		
environments, interactions, and curriculum		
<ul> <li>Discussing ways to find options that are responsive to families' cultural values</li> </ul>		
-		



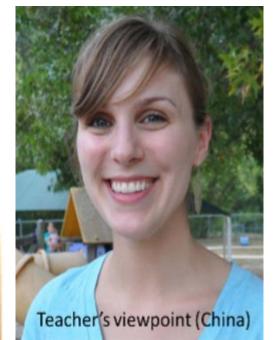
CONNECT Modules The Center to Mobilize Early Childhood Knowledge











**CONNECT Module 4: Family Professional Partnerships** 



#### **Module 4: Family-Professional Partnerships**

#### Learning Objectives

- Describe effective practices for developing trusting family-professional partnerships in early care and education programs.
- Use a decision-making process to select partnership-oriented practices linked to (a) developing an initial friendly relationship, (b) making shared decisions, and (c) developing a trusting partnership with families to address challenging issues.

**Module Dashboard** 

Begin Module

?

Select a step from the 5-Step Learning Cycle to view the description. Introduction Dilemma Evidence Evaluation Ouestion Decision Step 1: Dilemma In Step 1 you will hear and read about two perspectives on a practice Step 2: Question dilemma. The dilemma is about a teacher sharing a concern with a father of Step 3: Evidence Step 2 Step 3 Step 4 Step 5 a preschool age child. Question Evidence Decision Evaluation Step 1 Stemm Step 4: Decision Step 5: Evaluation 5 Step Learning Cycle™ Summary and Wrap Up **References and Credits** Supplemental Materials Activities **OSEP Indicators and Outcomes Personnel Preparation Standards** Step 1: Dilemma Module 4 Hints for Activities Step 2: Question Step 3: Evidence

## **DEC Recommended Practices**

F	FAMILY
Α	ASSESSMENT
C	COLLABORATION
I	INSTRUCTION
L	LEADERSHIP
I	INTERACTION
Т	TEAMING
Α	AND
Т	TRANSITION
Е	ENVIRONMENT



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address: 3415 S. Sepulveda Blvd. #1100 Los Angeles, CA 90034

telephone: 310-428-7209 fax: 855-678-1989

#### DEC Recommended Practices in Early Intervention/Early Childhood Special Education

The Division for Early Childhood of the Council for Exceptional Children

#### www.dec-sped.org

April 14, 2014

#### INTRODUCTION

The DEC Recommended Practices were developed to provide guidance to practitioners and families about the most effective ways to improve the learning outcomes and promote the development of young children, birth through five years of age, who have or are at-risk for developmental delays or disabilities. The purpose of this document is to help bridge the gap between research and practice by highlighting those practices that have been shown result in better outcomes for young children with disabilities, their families, and the personnel who serve them. The DEC Recommended Practices support children's access and participation in inclusive settings and natural environments and address cultural, linguistic, and ability diversity. They also identify key leadership responsibilities associated with the implementation of these practices.

The DEC Recommended Practices are based on the best-available empirical evidence as well as the wisdom and experience of the field. The practices are organized into eight topic areas, but they should be viewed holistically across the topic areas. Family Practices, for example, are grouped in one topic area but are fundamental to all of the topic areas. We believe that when practitioners and families have the knowledge, skills, and dispositions to implement these practices as intended, children who have or are at risk for developmental delays/disabilities and their families are more likely to achieve positive outcomes, and families and practitioners are more likely to help children achieve their highest potential.

While developmentally appropriate practices are the foundation of quality programs for all young children and families (Copple & Bredekamp, 2009), we believe that children young children who have or are at risk for developmental delays/disabilities often need more specialized practices that allow them to participate and engage meaningfully in their daily living routines and learning activities. While we acknowledge the important role of developmentally appropriate practices in the education and care of all children, we do not include those foundational practices in this document. The purpose of the DEC Recommended Practices is to



#### Performance Checklists

for promoting the use of the RPs and for practitioner self-evaluation

#### Illustrations

links to video vignettes from our collection and others'

### **Practice Guides for Practitioners**

in print and mobile formats



#### **RP Products by Type: Illustrations**



These **Illustrations** provide links to vignettes from our collection and others. They are meant for practitioners and leaders to increase their understanding and use of the <u>DEC</u> Recommended Practices.

The illustrations are listed below by the DEC Recommended Practices topics:

Leadership	Assessment	Environment	Family	Instruction	
Interactio	n <u>Teaming a</u>	Teaming and Collaboration		nsition	

### Interaction Checklists

# Adult-Child Interaction Checklist

- d Child Social-Communication Interaction Checklist
- d Child Social-Emotional Competence Checklist

# Child-Child Interaction Checklist



### **Adult-Child Interaction Checklist**

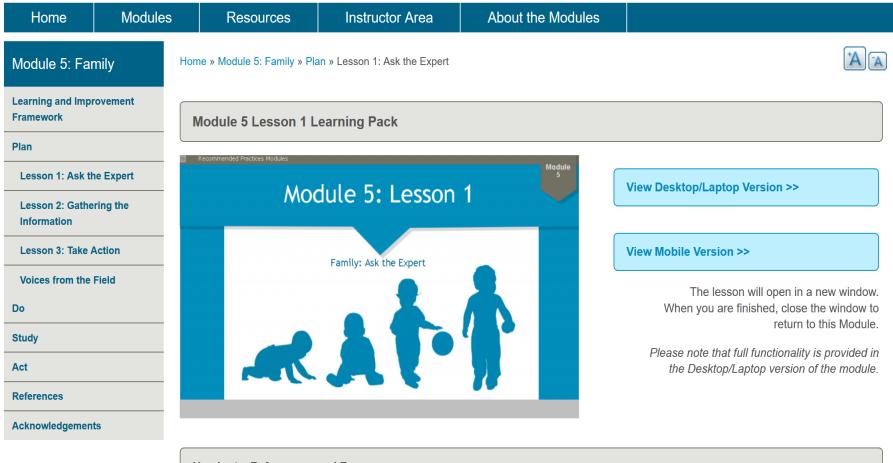
This checklist includes the kinds of adult (parent or practitioner) behavior that can be used to engage a child in adult-child interactive episodes to promote and support child competence.

The main focus of the practice is responding contingently to a child's behavior to elicit or maintain child interactions with an adult during everyday activities and play. Adult contingent responsiveness is characterized by sensitive, prompt, and appropriate amount of adult behavior to maintain and not interrupt child interactions.

The checklist can be used by a practitioner to develop a plan to use the practice with a child or to promote a parent's use of the practice. It also can be used to do a self-evaluation to determine whether the different practice characteristics were part of using the practice with a child or promoting a parent's use of the practice.

Practitioner: Child:					Date:	
ch	ease indicate which of the practice aracteristics you were able to use as rt of interactions with a child:	Seldom or Never (0-25%)	Some of the Time (25-50%)	As Often As I Can (50-75%)	Most of the Time (75-100%)	Notes
1.	Observe the child's participation in everyday activities and social play					
2.	Identify the focus of the child's attention or engagement (e.g., child interests)					
3.	Follow the child's lead and his or her interests or preferences					
4.	Interpret the child's behavior and responses as an intent to interact or communicate with you					
5.	Respond contingently to the child's behavior (i.e., respond in a way that maintains a child's interactions)					
6.	Enter into the child's play or interactions to encourage your turn- my turn play					
7.	Encourage the child to try new things (behavior elaborations) through modeling, expansions, or other types of guided support					





- Handouts, References, and Resources
- Check Your Knowledge Handout
- Presentation Handout (note: Check Your Knowledge slides are not included. They are available in a seperate handout.)
- Lesson Handouts
  - Handout 5.1 Family Ask The Expert
  - Handout 5.2 Family DEC Recommended Practices

# Resources



### **Family Engagement Resources**

### Family Connections to Peers and Community (0-5)

### http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/family/docs/rtp-family-connections.pdf

This resource presents a selected summary of research, promising practices, proven interventions, and program strategies intended to be useful for the Head Start, Early Head Start, and other settings serving young children and families.

### Family Engagement: From the Early Years to the Early Grades (0-9)

http://www2.ed.gov/about/inits/ed/earlylearning/files/policy-statement-on-family-engagement.pdf

This 2016 joint policy statement from the US Departments of Education and Health and Human Services reflects the shared position that strong family engagement is central to promoting children's healthy development, school readiness, and academic achievement in elementary school and beyond. The policy statement reviews the research base, legal requirements, and best practices that support effective family engagement in children's learning, development, and wellness. It also identifies effective family engagement practices and provides recommendations to states, state educational agencies, lead agencies for early intervention services and child care, local educational agencies, schools, and community-based early childhood systems and programs to implement effective family engagement; and highlights resources. An Executive Summary is available at http://www2.ed.gov/about/inits/ed/earlylearning/files/policy-statement-on-family-engagement-executive-summary.pdf

### Family Engagement, Diverse Families, and Early Childhood Education Programs: An Integrated Review of the Literature http://www.naeyc.org/files/naeyc/file/research/FamEngage.pdf (0-9)

This 2009 product provides a thoughtful review of the literature on family engagement that pertains to all young children across ethnic backgrounds and early childhood education programs.

### Fostering Parent and Professional Collaboration: Research Brief (0-9) https://www.utoledo.edu/education/grants/partnerproject/focus/docs/

### Parent%20and%20Professional%20Collaboration%20Research%20Brief%20-%20Final.pdf

This document summarizes historical trends in parent-professional collaboration, with emphasis on families in which there is a child with a disability. It explains the research behind such collaboration, describes potential barriers to effective partnerships, and provides strategies for successful collaborations.

### A New Wave of Evidence: The Impact of School, Family and Community Connections on Student Achievement (3-9) http://www.sedl.org/connections/resources/evidence.pdf

A seminal meta-analysis of the research on the impact of family and community engagement on student achievement with strategies and recommendations for putting the findings into action.

### Reframing Family Involvement in Education: Supporting Families to Support Educational Equity (3-9) http://www.hfrp.org/publications-resources/browse-our-publications/reframing-family-involvement-in-educationsupporting-families-to-support-educational-equity

This review summarizes research on family engagement as a powerful tool to support children's learning and development and presents a research-based, comprehensive, continuous and equitable approach to family involvement in education.

### Responsiveness to Family Cultures, Values, and Languages (0-9) http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/cultural-

### linguistic/Dual%20Language%20Learners/disabilities/inclusion/position-statement.pdf

This position statement from the Division for Early Childhood underscores the commitments that are necessary for personnel to provide culturally and linguistically responsive practices that support each family.

### The School-Family Connection: Looking at the Larger Picture - A Review of Current Literature (3-9) http://www.sedl.org/connections/resources/sfclitrev.pdf

This document presents a review of current literature on family involvement, particularly in terms of partnerships among families, schools and communities. Summary briefs of the selected studies are provided at the end of the documents.

### State Approaches to Family Engagement in PreK Programs (3-5) http://ceelo.org/wp-

content/uploads/2016/03/ceelo\_policy\_brief\_family\_engagement\_2016\_03\_final\_web.pdf?utm\_content=&utm\_medi um=email&utm\_name=&utm\_source=govdelivery&utm\_term

This document shares the approaches taken by two states as they worked to develop guidance on family engagement. It addresses three aspects of this work: 1) why family engagement is important; 2) approaches to developing guidance for programs on family engagement; and 3) strategies to support effective implementation.

Evidence Sources

Quality

TE



Educational Services, Inc. (2000). A creative adventure: Supporting development and learning through art, music, movement and dialogue: A guide for parents and professionals. Alexandria, VA: Head Start Information & Publication Center. <u>https://eclkc.ohs.acf.hhs.gov/video/creative-adventure</u> (English) <u>https://eclkc.ohs.acf.hhs.gov/es/video/una-aventura-creativa</u> (Spanish)



CONNECT Module 1 Video 1.12: Routine in a program – rolling with friends <u>https://www.connectmodules.dec-sped.org/connect-modules/resources/video-1-12/</u>

DRAFT Professional Standards and Competencies for Early Childhood Educators



- Focus on the individual early childhood educator rather than on preparation programs
- Address potential missing elements identified in the *Transforming the Workforce* report, including teaching subject matter specific content, addressing stress and adversity, fostering socioemotional development, working with dual language learners and integrating technology in curricula
- Consider competencies from sister organizations (e.g., Council for Exceptional Children, DEC Recommended Practices, Council for Professional Recognition -Child Development Associate (CDA) Competency Standards)
- Elevate inclusion, diversity and equity beyond the currently integrated approach to fully capture the depth and breadth of these issues

4b:Understanding that the science of learning and child development indicates the need for distinct teaching skills and strategies appropriate to early childhood along with differentiated instruction to support children's individual needs, including bilingual children and children with developmental delays or disabilities



# **Advancing Equity: Position**

Resources / Position Statements / Advancing Equity in Early Childhood Education Position Statement / Advancing Equity: Position

All children have the right to **equitable learning opportunities** that enable them to achieve their full potential as engaged learners and valued members of society.

# Advancing the right to equitable learning opportunities requires recognizing and dismantling the systems of bias that accord privilege to some and are unjust to others. Advancing the full inclusion of all individuals across all social identities will take sustained efforts far beyond those of early childhood educators alone. Early childhood educators, however, have a unique opportunity and obligation to advance equity. With the support of the early education system as a whole, they can create early learning environments that equitably distribute learning opportunities by helping all children experience responsive interactions that nurture their full range of social, emotional, cognitive, physical, and linguistic abilities; that reflect and model fundamental principles of fairness and justice; and that help them accomplish the goals of anti-bias education. Each child will

- demonstrate self-awareness, confidence, family pride, and positive social identities;
- express comfort and joy with human diversity, use accurate language for human differences, and form deep, caring human connections across diverse backgrounds;
- increasingly recognize and have language to describe unfairness (injustice) and understand that unfairness hurts;
- have the will and the skills to act, with others or alone, against prejudice and/or discriminatory actions.<sup>1</sup>

### ADVANCING EQUITY IN EARLY CHILDHOOD EDUCATION POSITION STATEMENT

### Purpose

Position

Recommendations for Everyone

Recommendations for Early Childhood Educators

Recommendations for Administrators

Recommendations for Educator Preparation and PD

Recommendations for Public Policymakers

Evidence for the Statement

Conclusion and Acknowledgements

Definitions of Key Terms

Endnotes

Endorsing Organizations

Equity Resources: Living the Statement

# **Advancing Equity: Position**



When early childhood educators use inclusive teaching approaches, they demonstrate that they respect diversity and value all children's strengths. Early childhood educators can model humility and a willingness to learn by being accountable for any negative impacts of their own biases on their interactions with children and their families. They can work to ensure that all children have equitable access to the learning environment, the materials, and the adult-child and child-child interactions that help children thrive. Early childhood educators can recognize and support each child's unique strengths, seeking through personal and collective reflection to avoid biases—explicit or implicit—that may affect their decision making related to children.



Universal access to quality inclusion is far from a reality. Inclusion can benefit children with AND without disabilities CANCUN

A variety of factors influence the acceptance and implementation of inclusion Specialized instruction is an important component and a factor affecting child outcomes



Collaboration is a cornerstone of high quality inclusion

Families of children with disabilities generally view inclusion favorably, but some express concerns



Early childhood professionals may not be adequately prepared to serve young children with disabilities

# There IS a national definition of inclusion!



Division for Early Childhood of the Council for Exceptional Children 27 Fort Missoula Road J Missoula, MT 59804 Phone 406.543.0872 | Fax 406.543.0887 Email dec@dec-sped.org | Web www.dec-sped.org

National Association for the Education of Young Children 1313 L Street NW, Suite 500 J Washington, DC 20005-4101 Phone 202.232.81777 Toll-Free 800.424.2460 J Fax 202.328.1846 Email naeyc@naeyc.org J Web www.naeyc.org



# **Definition of inclusion**



Early childhood inclusion embodies the values, policies, and practices that support the right of every infant and young child and his or her family, regardless of ability, to participate in a broad range of activities and contexts as full members of families, communities, and society. The desired results of inclusive experiences for children with and without disabilities and their families include a sense of belonging and membership, positive social relationships and friendships, and development and learning to reach their full potential. The defining features of inclusion that can be used to identify high quality early childhood programs and services are access, participation, and supports.

# **Core values of quality inclusion**

- Occurs in a variety of locations
- Builds on everyday routines and activities
- Incorporates
  - Access to learning
  - Full participation
  - Collaboration
  - Systemic supports



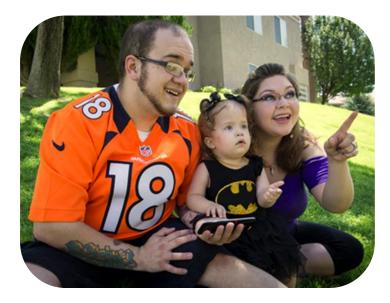
# It's a federal policy





U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES U.S. DEPARTMENT OF EDUCATION

## POLICY STATEMENT ON INCLUSION OF CHILDREN WITH DISABILITIES IN EARLY CHILDHOOD PROGRAMS September 14, 2015



Inclusion in early childhood programs refers to including children with disabilities in early childhood programs, together with their peers without disabilities; holding high expectations and intentionally promoting participation in all learning and social activities, facilitated by individualized accommodations; and using evidence-based services and supports to foster their development (cognitive, language, communication, physical, behavioral, and social-emotional), friendships with peers, and sense of belonging. This applies to all young children with disabilities, from those with the mildest disabilities, to those with

the most significant disabilities.



# Research

- Research supports the benefits of inclusion for young children with and without disabilities
- Children with disabilities, including those with the most significant disabilities and the highest needs, can make significant developmental and learning progress in inclusive settings



# **Inclusion has documented benefits**

# Brief Summary: Fact Sheet of Research on Preschool Inclusion

Erin E. Barton & Barbara J. Smith

June, 2014

- In 27 years, the practice of providing special education and related services in regular early childhood settings to preschoolers with disabilities has increased only 5.7% and many young children with disabilities continue to be educated in separate settings.<sup>1,2</sup>
- Inclusion benefits children with and without disabilities. <sup>3, 4, 5, 6, 7</sup>
  - The quality of preschool programs including at least one student with a disability were as good as or better than preschool programs without children with disabilities. However, traditional
- <sup>3</sup> measures of early childhood program quality might not be sufficient for assessing quality of programs that include children with disabilities.<sup>8,9</sup>

Children with disabilities can be effectively educated in inclusive programs using specialized instruction. <sup>10, 11, 12, 13</sup>

Parents and teachers influence children's values regarding disabilities. <sup>14, 15, 16</sup>

Individualized embedded instruction can be used to teach a variety of skills, including those related to early learning standards, and promote participation in inclusive preschool programs children with and without disabilities. <sup>17, 18, 19, 20, 21</sup>



# National Professional Development Center on Inclusion



# Research Synthesis Points on Early Childhood Inclusion

his document is a summary of key conclusions or "synthesis points" drawn from a review of the literature or research syntheses on early childhood inclusion. We encourage you to reproduce it for distribution and use it in a variety of contexts including professional development, policy development, planning, advocacy, and grant writing.

# Universal Design for Learning

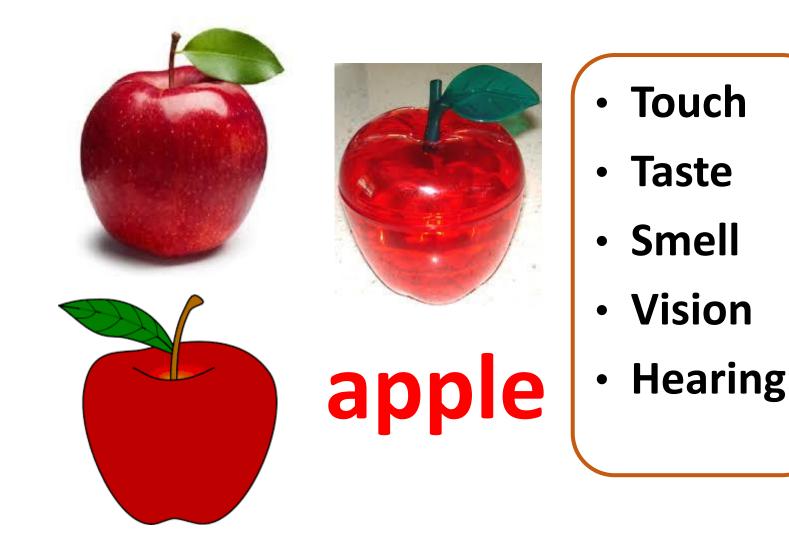
# Representation

Engagement

Provision of multiple and varied formats for instruction and learning

Expression

# **Multiple Means of Representation**



# **Multiple Means of Engagement**

curiosity

interests



# Preferences

# ATTENTION

# What can it look like?

- Balance of adult-initiated and child-initiated activities
- Children get to make choices
   based on their interests and curiosity
- Children get to choose how and where they want to engage with materials
- Choices reflect the interests of the children





- Assess your environment
- Assess the children's skill level
- Make simple, effective changes
- Enjoy the results

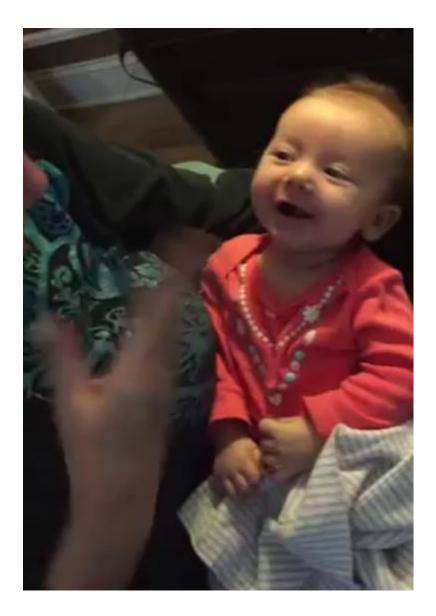


# **Multiple Means of Expression**

# speakingSIGNINGgesturesPOINTINGdrawingassistive technology

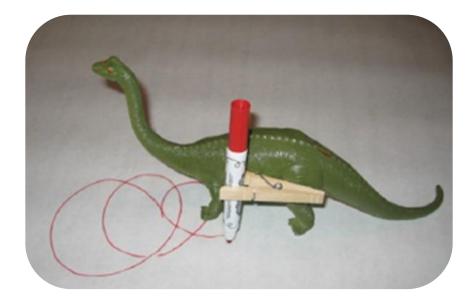
SINGING Typing/texting





# https://www.youtube.com/watch?v=E 7IInTG7wzk

Assistive Technology (AT) involves a range of strategies to promote a child's access to learning opportunities, from making simple changes to the environment and materials to helping a child use special equipment





https://www.youtube.com/watch?v=OULuqNgEWmU

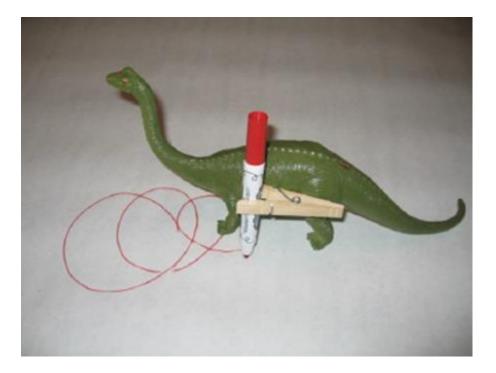
# **AT to Support Access to Literacy**





## **AT to Support Access to Writing**





# Adapt and accomodate



Accessibility in your environment is as fundamental as fresh air and a welcoming smile at the door.

Here's how to do everything – from creating comfortable spaces, to simple modifications you can make to everyday toys. Sometimes, it's the smallest things that make the biggest difference.

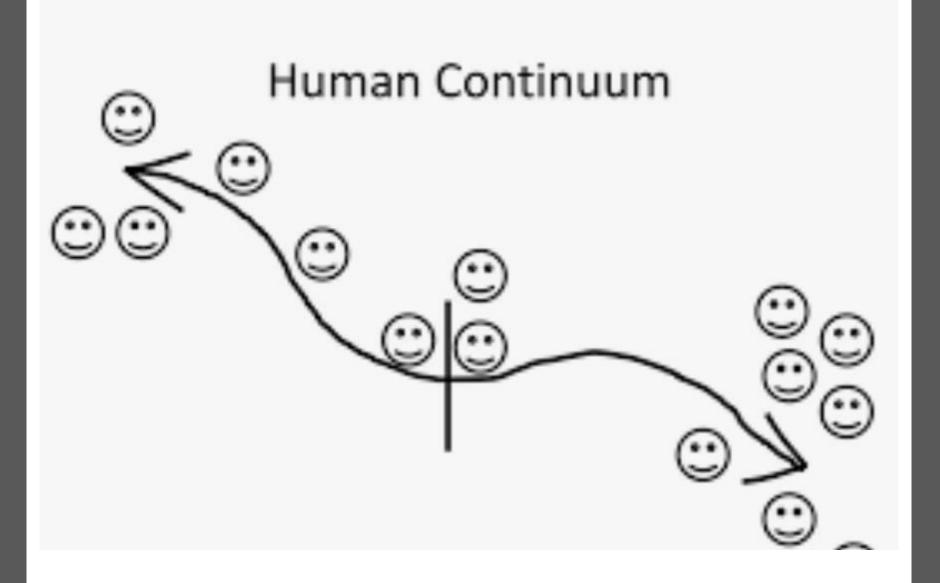
## Embedded Learning or Instruction or Intervention

The use of intentional teaching strategies to address a specific learning goal within the context of everyday activities, routines, and transitions at home, at school, or in the community





Video 1.16: Routine in a program – reading at circle time <u>https://www.connectmodules.dec-sped.org/connect-</u> <u>modules/resources/videos/video-1-16/</u>



# More information on how to support quality inclusion?



### AN ADVOCATE'S GUIDE TO TRANSFORMING SPECIAL EDUCATION

CREATING SCHOOLS WHERE ALL STUDENTS CAN THRIVE

### THE SOLUTION: THE MOST EFFECTIVE SCHOOL PRACTICE IS "INCLUSION"

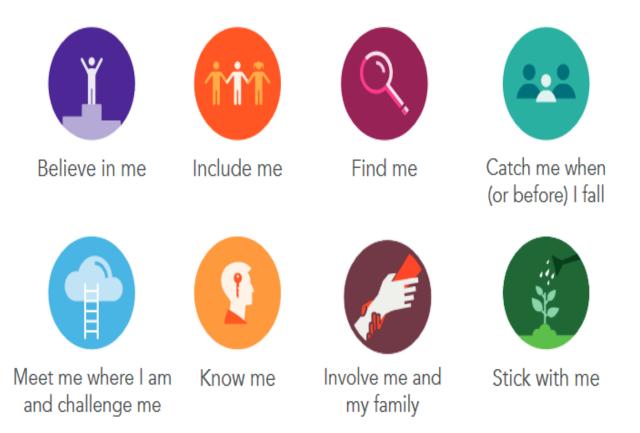
In 2004, a study conducted by the University of Massachusetts Donahue Institute looked at school districts that have achieved better-than-expected results for students with disabilities. They found one thing these schools had in common: they all practiced inclusion.<sup>33</sup>

"Inclusion" means that students with disabilities spend as much of the school day as possible in general education, learning the same content and skills as other students. This allows these students to have equal access to grade-level curriculum, general education teachers, and meaningful learning experiences. By not segregating these students in separate classrooms, it can also help these students feel less stigmatized.

Inclusion is also an attitude. "[Our philosophy] is making sure that you are always thinking that the child is a general education student first," said a teacher from Oxford Preparatory Academy, a school that practices full inclusion, in a 2016 report by the California Charter Schools Association. "Here's your general education student who has some special needs; not here is a special education student."<sup>34</sup>

[Our philosophy] is making sure that you are always thinking that the child is a general education student first...Here's your general education student who has some special needs; not here is a special education student." Teacher, Oxford Preparatory Academy2016 report by the California Charter Schools Association

## In order for me to thrive, my school must...



#### 7 WAYS TEACHERS CAN CHANGE THEIR EXPECTATIONS FOR ALL STUDENTS - INCLUDING STUDENTS WITH SPECIAL NEEDS

**1 - Watch how each student interacts:** How do they prefer to engage? What do they seem to like to do? Observe so you can understand all their capabilities.

**2** - Listen: Try to understand what motivates them, what their goals are, how they view you and their classmates, and the activities you assign them.

**3 - Engage:** Talk with students about their individual interests. Don't offer advice or opinions – just listen.

**4 - Experiment:** Change how you react to challenging behaviors. Rather than responding quickly in the moment, take a breath. Realize that their behavior might just be a way of reaching out to you.

**5** - Meet: Each week, spend time with students outside of your role as "teacher." Let the students choose a game or other non-academic activity they'd like to do with you. Your job is NOT to teach but watch, listen and narrate what you see, focusing on students' interests and what they do well. This type of activity is really important for students with whom you often feel in conflict or whom you avoid.

**6 - Reach out:** Know what your students like to do outside of school. Make it a project for them to tell you about it using some medium in which they feel comfortable: music, video, writing, etc. Find both individual and group time for them to share this with you. Watch and listen to how skilled, motivated and interested they can be. Now think about school through their eyes.

7 - Reflect: Think back on your own best and worst teachers, bosses or supervisors. List five words for each that describe how you felt in your interactions with them. How did the best and the worst make you feel? What specifically did they do or say that made you feel that way? Now think about how your students would describe you. Jot down how they might describe you and why. How do your expectations or beliefs shape how they look at you? Are there parallels in your beliefs and their responses to you?

> Robert Pianta, Dean of the Curry School of Education at the University of Virginia Excerpted from NPR Morning Edition on "Teachers' Expectations Can Influence How Students Perform" by Alix Spiegel, September 2012

What can advocates do together to support systemic change?

We know we've succeeded when . . .



## **Routine Based Support Guide**

Rochelle Lentini Bobbie Vaughn Lise Fox Kwang-Sun Blair

## Circle Time

Child has difficulty with waiting, listening, taking turns (can't tolerate length or level of circle)	<ul> <li>Use a visual schedule that shows the order of circle activities and allows the child to turn the pictures over or remove the pictures upon completion of each activity</li> <li>Simplify the activities within circle; for instance, have a weekly calendar (see Sample Visuals) rather than a monthly or use more hands-on activities</li> <li>Have 2 circle times, one for the children who can "hang in" and one for the developmentally younger children</li> <li>Place the activities that are difficult for the child towards the end of circle time and allow the child to leave circle early for an alternate activity</li> <li>Use a "my turn" visual cue card (see Visual Samples) to indicate whose turn it is</li> <li>Embed the child's preference into circle (use a favorite character, theme, or activity) (e.g., Barney, Itsy Bitsy Spider song, Thomas the Train)</li> <li>Allow the child to hold a "manipulative" or some piece of an upcoming circle activity</li> </ul>	<ul> <li>Prompt to say/gesture "my turn"</li> <li>Prompt to say/gesture "all done", and then allow to go to alternate activity</li> <li>Refer to visual schedule and cue of remaining activities</li> <li>Pull out a highly preferred item or activity</li> <li>Ignore inappropriate behavior, and praise those participating</li> </ul>	<ul> <li>Teach the child to ask/gesture "my turn"</li> <li>Teach the child to say/gesture "all done"</li> <li>Teach child to follow <i>circle</i> <i>picture schedule</i></li> </ul>
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## **Family Routine Guide**

### By Rochelle Lentini and Lise Fox



## **Positive Solutions for Families**



The Center on the Social and Emotional Foundations for Early Learning

#### FAMILY PLANNING SHEET

What	(child's name)	does during	(routine)	_:
Why I think he/she does it:				

What can I do to prevent the problem behavior?	What can I do if the problem behavior occurs?	What new skills should I teach?

### Getting dressed/Undressed

Why might my child be doing this?	What can I do to prevent the problem behavior?	What can I do if the problem behavior occurs?	What new skills should I teach?
Your child does not want to stop the "activity" that he/she is doing to get dressed/undressed.	<ul> <li>Signal your child ahead of time Use a "warning" to let your child know that it will soon be time to "stop" and to get dressed/undressed. Depending on your child's ability, you can use a timer or a verbal signal by saying "in five more minutes" and then coming back to let your child know when it's "one more minute".</li> <li>Help him/her understand you know how he/she feels Validate your child's feelings and then point out what fun thing is coming up after getting dressed/undressed.</li> <li>Give clear expectations Use a "first-then" statement (e.g., "First get dressed, then play.") to help your child clearly understand expectations and help your child through the routines and remember to encourage through praise.</li> <li>Get a book about dressing Go to your local library or book store, get a book about dressing, read it with your child, and then suggest to your child that he/she can make his/her own "getting dressed/undressed book" using real photos. Take photographs, develop pictures, and staple several pieces of paper together to make a book for your child by gluing in the photographs and by writing the steps of dressing. Read your homemade book on a regular basis, and allow him/her to read it to you. (Suggested story books: <u>Dress Maisy</u> by Lucy Cousins; <u>Ready, Set, Go! Practice Getting Dressed</u> by Quinlan B. Lee; <u>I Can Get Dressed! (Blue's Clues Series</u>) by Lauryn Silverhardt; <u>All By Myself</u> by Mercer Mayer; <u>Froggy Gets Dressed</u> by Jonathan London.)</li> <li>Encourage success Praise your child and let him/her know that stopping is difficult and you will make sure that the activity can be done at a later time/date (follow through on your promise).</li> <li>Reduce distractions If your child wants to watch TV or his sister(s)/brother(s) play while dressing/undressing, turn off the TV or shut the door until the routine is completed.</li> </ul>	<ul> <li>Ignore inappropriate behavior, and point to the timer or clock and say, "All done Now we need to get dressed/undressed to (next activity)."</li> <li>Follow through by helping your child get dressed/undressed. Don't scold or talk to your child when helping him/her. Just be matter-of-fact and say, "I will help you do it."</li> <li>Validate feelings and say, "I know it's hard to stop; you can do again later. First get dressed/undressed, then (fun activity)."</li> <li>Praise any and all small attempts to stop activity and get dressed.</li> </ul>	<ul> <li>Teach your child how to follow your warning.</li> <li>Teach your child how to follow first-then statement: first get dressed/undressed, then (fun activity).</li> <li>Teach your child when he/she can have the "favorite activity" again.</li> </ul>

## How Inclusion is Benefitting One Child Without Disabilities: Dillon's Story

by Jennifer Sedlack

In 2006, my husband and I enrolled our son Dillon in Coralwood, an early childhood public school that provides an inclusive education setting for children aged three to six. Dillon is a typicallydeveloping child, and his exposure to children with special needs has had a significant impact on our family. In addition to benefiting from a quality education, Dillon's behavior has shown marked improvement. He is kinder, more compassionate, and does not limit his friendships to children with abilities similar to his.

As a former director of a non-profit serving people with disabilities, I was aware that my life experience was void of interaction with the client base I served. I wanted my son to have experiences that would enable him to understand and accept the differences, as well as the similarities, of people with special



working with Michael on various skills.

classroom reading programs, and gener-

#### SUPPORTING INCLUSIVE PRACTICES FOR YOUNG CHILDREN WITH DIVERSE ABILITIES

#### Children with Disabilities: State-Level Data from the American Community Survey (0-9) http://www.childtrends.org/wp-content/uploads/2013/06/2012-29ChildDisabilities.pdf

This 2012 research brief from Child Trends provides data on the number and percentage of children identified as having a disability in the U.S., and for each of the states. It also presents information on the percentage of children with a disability living in poverty and data on health insurance status.

#### Commonly Asked Questions About Child Care Centers and the Americans with Disabilities Act (0-5) http://www.ada.gov/childqanda.htm

The Department of Justice developed these questions and answers on serving children with disabilities in child care programs.

#### Continuity and Change Erom Full-Inclusion Early Childhood Programs Through the Early Elementary Period (3-8) https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2947029/

Children with mild developmental delays who were initially enrolled in full-inclusion preschool or kindergarten programs were followed for 3 years. Changes in the type of inclusive placements as children transitioned to first and second grades were monitored, and associations between placement type and child and family characteristics were examined. Results revealed a high level of continuity in that most children remained in partial or full inclusion settings over time. However, a substantial reduction in full-inclusion placements occurred between the 2nd and 3rd year when children were completing the transition to first and second grades. Placements in less inclusive settings were associated with children's levels of cognitive and language development. The authors posit that placement in full-inclusion programs in the early childhood years creates a momentum to continue maximum participation in inclusive settings over time.

#### Dear Colleague Letter and Resource Guide on Students with ADHD (3-21)

#### http://www2.ed.gov/about/offices/list/ocr/letters/colleague-201607-504-adhd.pdf

The U.S. Department of Education's Office for Civil Rights (OCR) recently issued guidance clarifying the obligation of schools to provide students with attention-deficit/hyperactivity disorder (ADHD) with equal educational opportunity under Section 504 of the Rehabilitation Act of 1973. The new guidance provides a broad overview of Section 504 and school districts' obligations to provide educational services to students with disabilities, including students with ADHD. Additional resources are also provided.

#### Dear Colleague Letter - Preschool Least Restrictive Environments (LRE) (3-5)

https://www2.ed.gov/policy/speced/guid/idea/memosdcltrs/preschool-Ire-dcl-1-10-17.pdf The Office of Special Education Programs (OSEP) released this letter in January 2017 to provide updated guidance and clarification on: Key Statutory and Regulatory Requirements, Preschool Placement Options, Reporting Educational Environments, Data for Preschool Children with Disabilities, and Use of IDEA Part B Funds for Preschool Children with Disabilities. It reaffirms OSEP's position that all young children with disabilities should have access to inclusive high-quality early childhood programs where they are provided with individualized and appropriate supports to enable them to meet high expectations.

#### DEC Recommended Practices in Early Intervention/Early Childhood Special Education 2014\_(0-8) http://ectacenter.org/decrp.asp

The DEC Recommended Practices were developed to provide guidance to practitioners and families about the most effective ways to improve the learning outcomes and promote the development of young children, birth through 5, who have or are atrisk for developmental delays or disabilities. The purpose of this document is to help bridge the gap between research and practice by highlighting practices that result in better outcomes for young children with disabilities.

#### Early Childhood Inclusion: A Joint Position Statement of the Division for Early Childhood (DEC) and the National Association for the Education of Young Children (NAEYC) {0-8}

#### http://npdci.fpg.unc.edu/resources/articles/Early\_Childhood\_Inclusion

The position statement contains a definition of early childhood inclusion and provides recommendations for families and professionals for improving early childhood services and policies with regards to inclusior

#### Early Childhood Inclusion: Challenges and Strategies from the 2014 Preschool I - 4 arr Sun ey (3-5) https://elc.grads360.org/services/PDCService.svc/GetPDCDocumentFile?fileId=9652

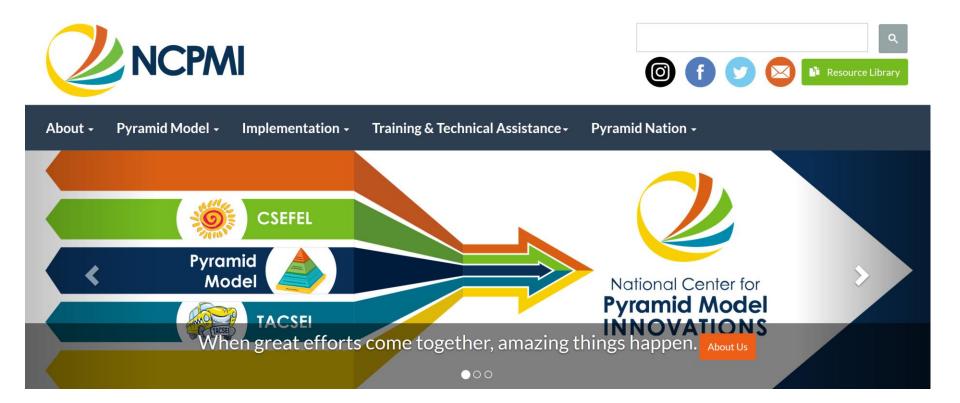
The 2014 Preschool Inclusion Survey, results of which are summarized in this document, c.firm\_d tocally converted in inclusive programs that use specialized instruction; 2) Inclusion benefits all children, both with and without disabilities; 3) families of all children generally have positive views of inclusion; 4) inclusion is not more expensive that see a converted in struction; and 5) children with disabilities do not need to be "ready" for enrollment in inclusive programs.

This collection was compiled and annotated by <u>Camille Catlett</u> for the Vermont Agency of Education and funded by the Vermont Race to the Top Early Learning Challenge Grant. It is current as of July 2017. <mark>Highlighted resources are available in English and Spanish</mark>

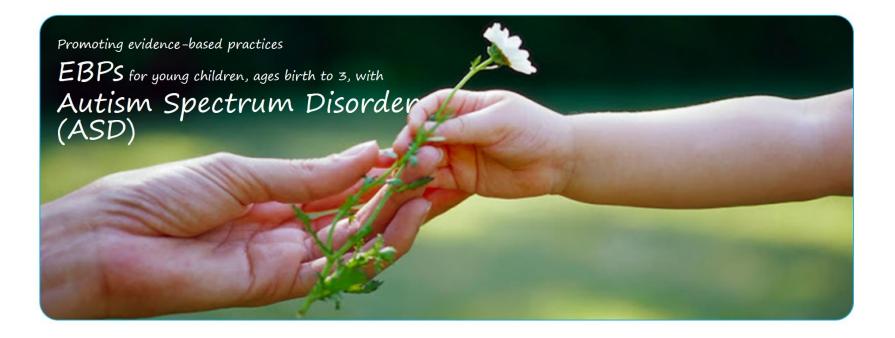


## Got behavior???

https://challengingbehavior.cbcs.usf.edu/



## Resources to Support Young Children on the Autism Spectrum and their Families



EBP Evidence-based Practices Early Intervention

Professional Development & Coaching *Guide to ASD* Toddler Learning Modules



To Understand Autism, Don't Look Away https://www.youtube.com/watch?v=Hf\_z Xx09IB8

## **Resources to Support Young Children with Down** Syndrome and their Families



June 2010

#60

#### **Promoting Language and** Literacy Skills in Children Snapshot with Down Syndrome

OST YOUNG CHILDREN BEGIN DEVELOPING LANGUAGE SKILLS AT A RAPID PACE, early in their lives. Children with Down syndrome, the most common known genetic cause of intellectual V I disability, typically experience delays in language development that persist as they grow older. While several aspects of language, such as speech production and syntax (grammar), are often challenging for children with Down syndrome, other language skills, especially some related to social interaction, often represent relative strengths.

FPG investigators reviewed the existing literature on language skills of individuals with Down syndrome and factors that may

Intervention at even very young ages will improve a child's potential for later success

influence language development. Based on this review, FPG published recommendations that emphasize the importance of early and continued language and literacy interventions. Decades of research suggest that individuals with Down syndrome generally follow a consistent language and communication pattern. For instance, most are able to understand more than they can express. Developing clear speech, along with putting words together to form sentences, are some of the

most difficult challenges they face.



They may also have trouble elaborating or adding new information to topics of conversation.

These communication impairments, however, coexist with key strengths. Although the first words and sentences of children with Down syndrome may be harder to understand than those of typically developing children, children with Down syndrome understand much of the language expressed around them. Children with Down syndrome can also stay on topic, have relatively good narrative (storytelling) skills when visual (picture) supports are available, and respond to requests for clarification from their communication partners when their messages are unclear. In the area of literacy, they show relatively strong whole-word recognition skills.

What does this mean for people who work with and care for children with Down syndrome? Most importantly, it is essential for parents, teachers, and practitioners to promote speech and language skills from infancy. Because their ability to understand what is being said to them is typically stronger

Including Children with Down Syndrome in Early Childhood Care and Education , Settings Practical information and strategies



http://www.dailymail.co.uk/femail/article-3880832/Down-syndrome-teacher-Argentina-Latin-America.html





Baby Talk: Resources to support the people who work with infants and toddlers

Issue No. 8 January 2012

Selecting Toys that Support Infant and Toddler Learning and Development

Interested in how infant and toddler caregivers can create healthy attachments to the children in their settings? <u>Using Toys to Support Infant-Toddler Learning and Development</u> by Gabriel Guyton is an article that highlights ways in which teachers who are knowledgeable about child development and play can intentionally select toys that meet young children's unique needs and interests <u>and</u> support learning. • Hello, Camille,

• I hope this note finds you doing well. We met at the weekend Parenting seminars that were held in Bethlehem PA. Thanks to you I was able to find material in Portuguese to assist my mother in law with getting involved. She was so energized when she was able to actually read information for herself on how to better help my son.

• I so enjoy receiving your emails. Please keep them coming. I am writing because I happened to pass this recent one along to my son's speech therapist. She also found the content valuable.

• Her name is Kilsi McIntyre. Kilsi is pursuing her Master's in Early Childhood education. Your emails would be a wonderful source of information for her work and studies. Are you able to add her to your email list?

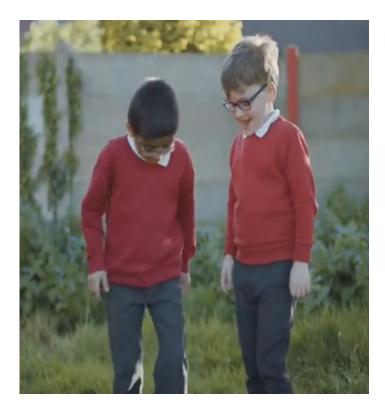
Also, Please let me know when you are in the Philadelphia area.
 I owe you a glass of wine.

- Take Care, Camille.
- •
- Kind Regards,
- •
- Arlacia Leite

#### F RI R F L M Y F ' ا M L E Y R Т I L F Μ R Λ R F Y M on't be surprised) d

## Professionals of the Future





### https://www.youtube.com/watch?v=1MJrRvpjB1I

