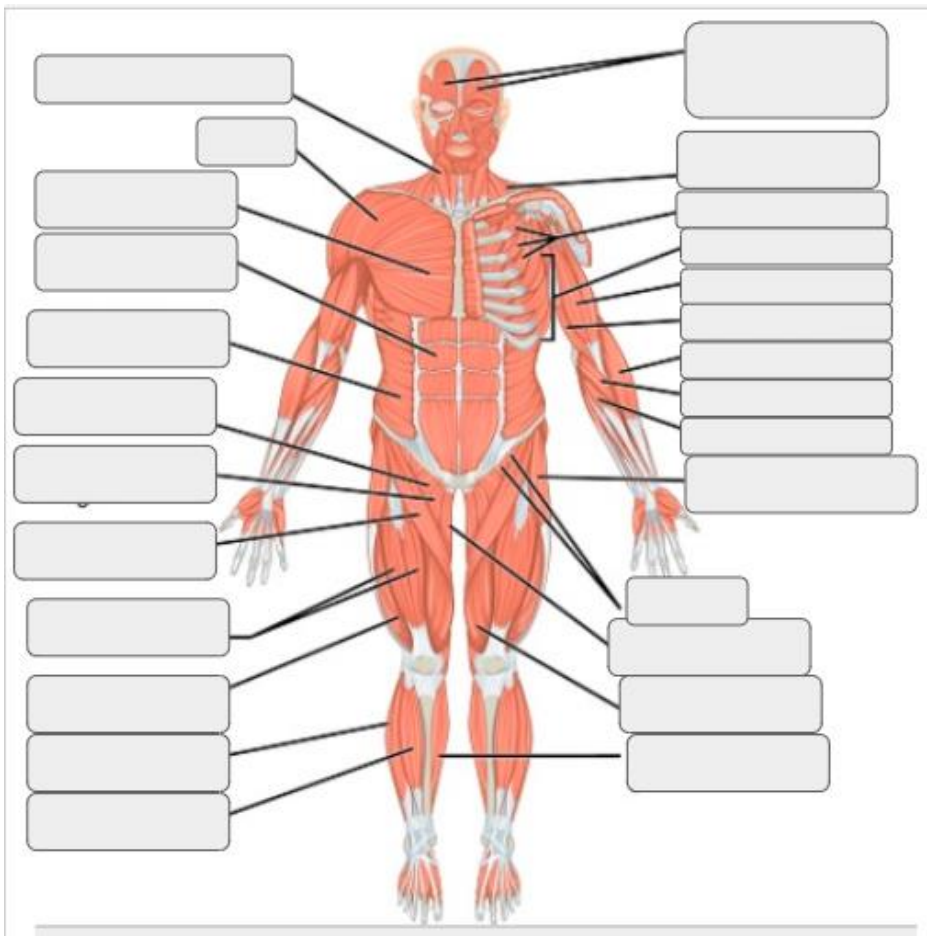


Biology 201: Introduction to the Muscular System

1) Label the structures of the muscular system in the anterior view below.

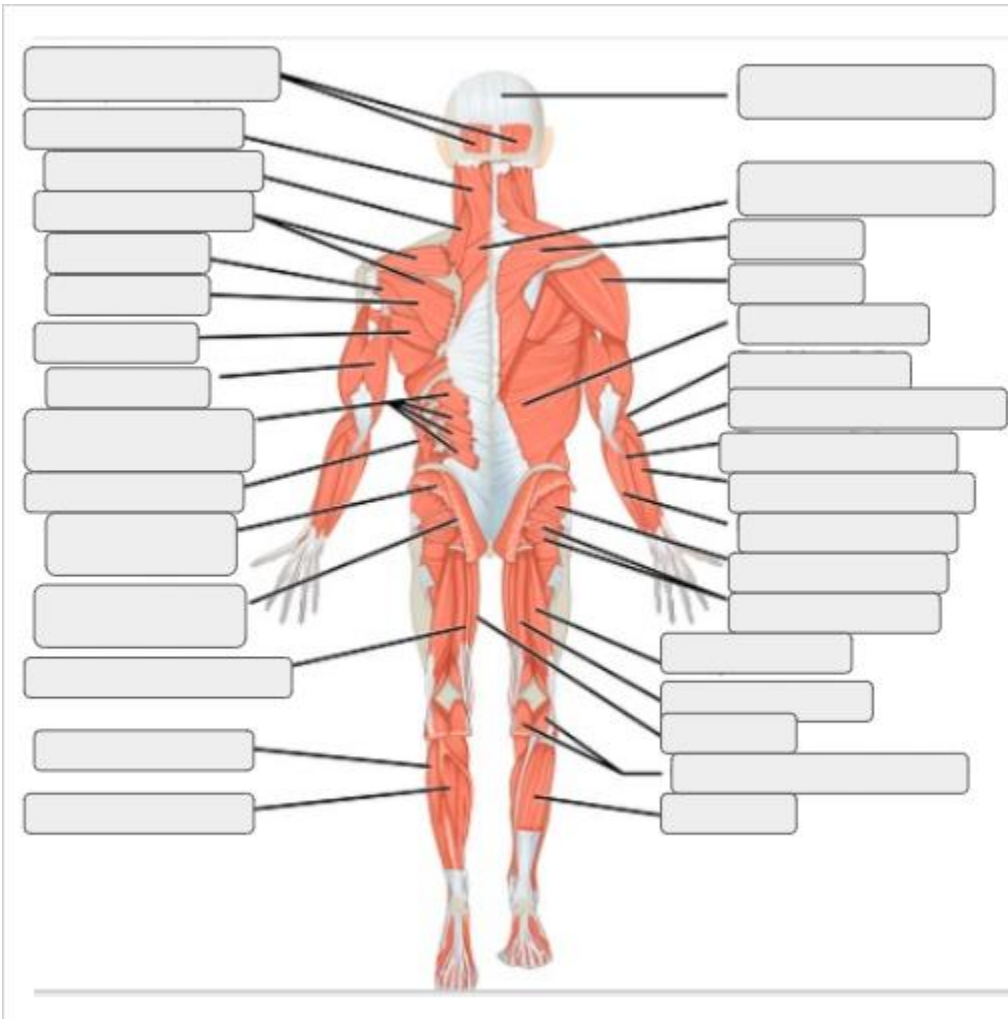
- | | |
|----------------------------|-----------------------------------|
| Pectoralis minor | Iliopsoas |
| Abdominal external oblique | Soleus and gastrocnemius |
| Sternocleidomastoid | Trapezius |
| Pectineus | Tensor fasciae latae |
| Gracilis | Deltoid |
| Pectoralis major | Biceps brachii |
| Flexor carpi radialis | Adductor longus |
| Rectus femoris | Brachioradialis |
| Vastus medialis | Occipitofrontalis (frontal belly) |
| Rectus abdominis | Sartorius |
| Serratus anterior | Vastus lateralis |
| Brachialis | Fibularis longus |
| Tibialis anterior | Pronator teres |



2) Label the structures of the muscular system in the posterior view below.

Brachioradialis
 Occipitofrontalis (occipital belly)
 Gemellus muscles
 Extensor carpi radialis
 Rhomboids
 Soleus
 Deltoid
 Splenius capitis
 Gluteus medius (dissected)
 Gluteus maximus (dissected)
 Semiindiosus
 Supraspinatus
 Levator scapulae
 External oblique
 Infraspinatus
 Peroneus longus

Tibialis posterior
 Gastrocnemius (dissected)
 Epicranial aponeurosis
 Teres minor
 Triceps brachii
 Trapezius
 Extensor digitorum
 Latissimus dorsi
 Teres major
 Extensor carpi ulnaris
 Serratus posterior inferior
 Flexor carpi ulnaris
 Gluteus minimus
 Biceps femoris
 Semimembranosus
 Gracilis

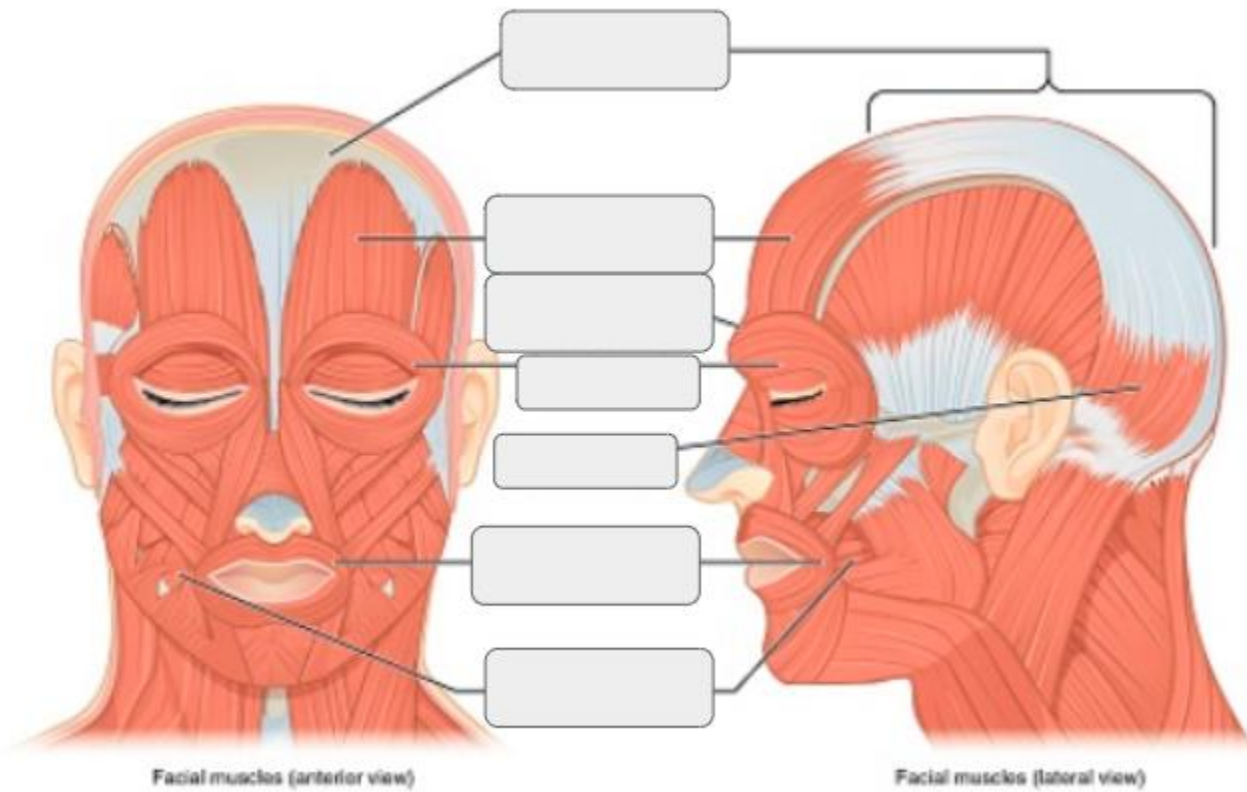


Source Lesson: Skeletal Muscles: Naming Conventions & Characteristics

3) Label the muscles in the image below. Some terms may be used more than once.

Orbicularis oculi
Occipitofrontalis (frontal belly)
Buccinator

Epicranial aponeurosis
Orbicularis oris
Corrugator supercilii



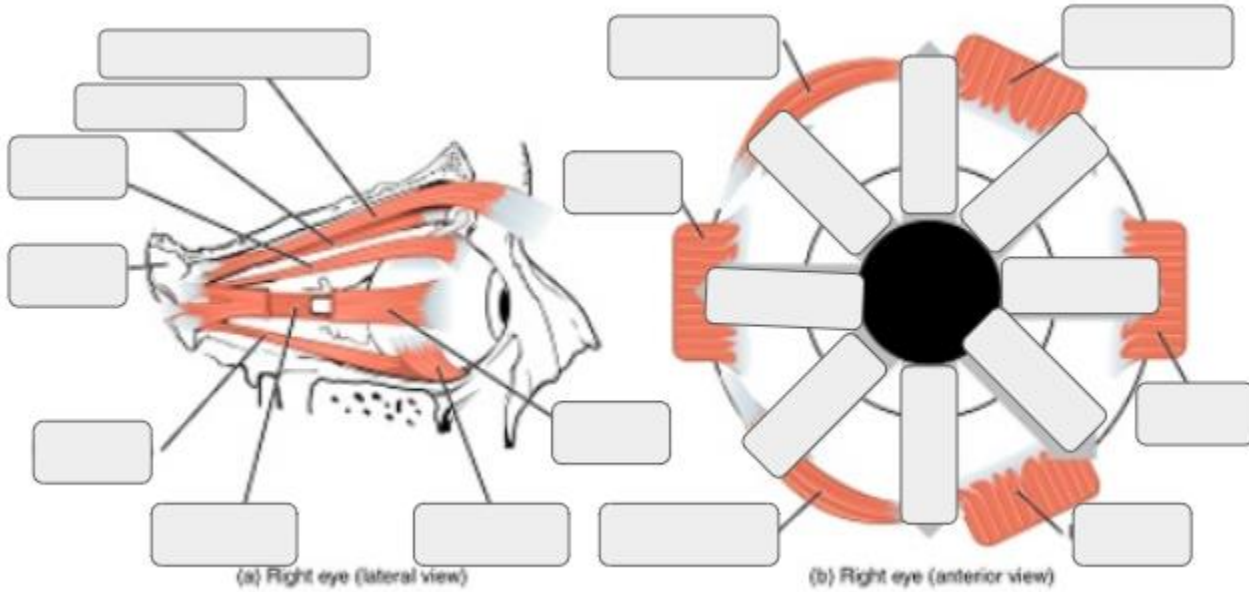
Source Lesson: Axial Muscles of the Head, Neck & Back: Structure, Movement & Function

4) Label the muscles of the eye. Some terms may be used more than once.

Inferior rectus
 Superior oblique
 Inferior oblique
 Superior rectus & superior oblique

Levator palpebrae superioris
 Inferior rectus & inferior oblique
 Superior rectus

Lateral rectus
 Medial rectus
 Sphenoid bone

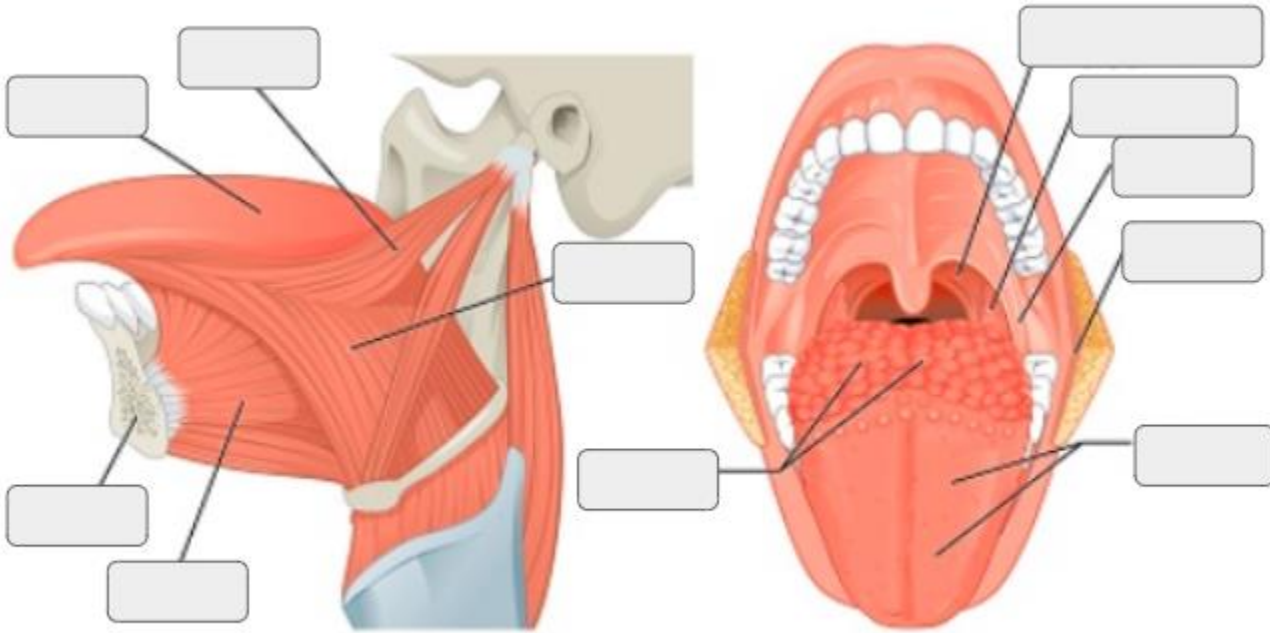


Source Lesson: Axial Muscles of the Head, Neck & Back: Structure, Movement & Function

5) Label the muscles that move the tongue.

Genioglossus
Fungiform papilla
Pharyngoplatine arch
Dorsal surface of the tongue
Mandible bone
Buccinator

Vallate papilla
Palatoglossus
Styloglossus
Hyoglossus
Palatine tonsil



(a) Extrinsic tongue muscles

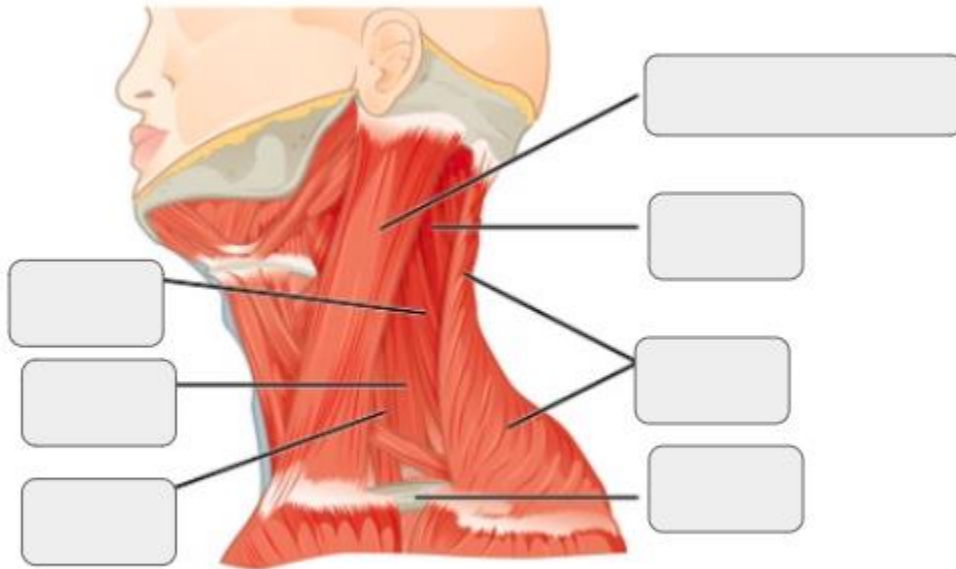
(b) Palatoglossus and surface of tongue

Source Lesson: Axial Muscles of the Head, Neck & Back: Structure, Movement & Function

6) Label the muscles of the neck.

Splenius
Levator scapulae
Medial scalene
Trapezius

Clavicle
Anterior scalene
Sternocleidomastoid



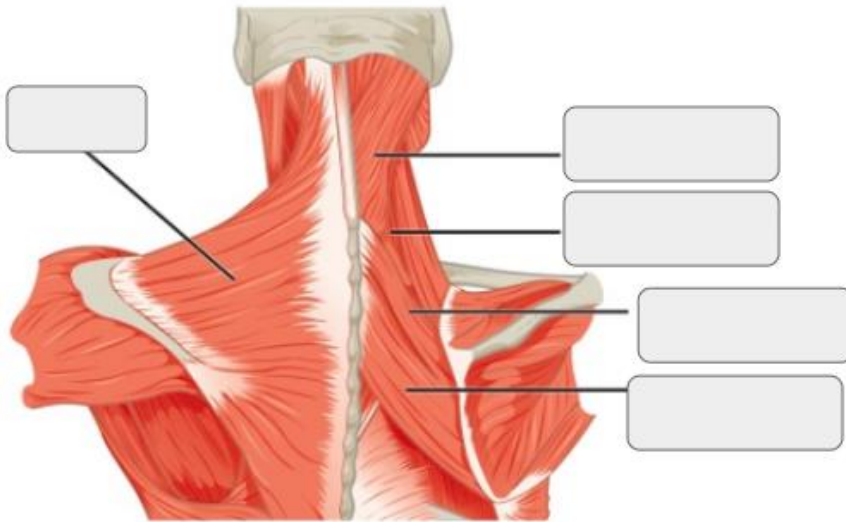
Muscles of the neck (left lateral view)

Source Lesson: Axial Muscles of the Head, Neck & Back: Structure, Movement & Function

7) Label the diagram below.

Rhomboides minor
Splenius capitis
Splenius cervicis

Trapezius
Rhomboides major



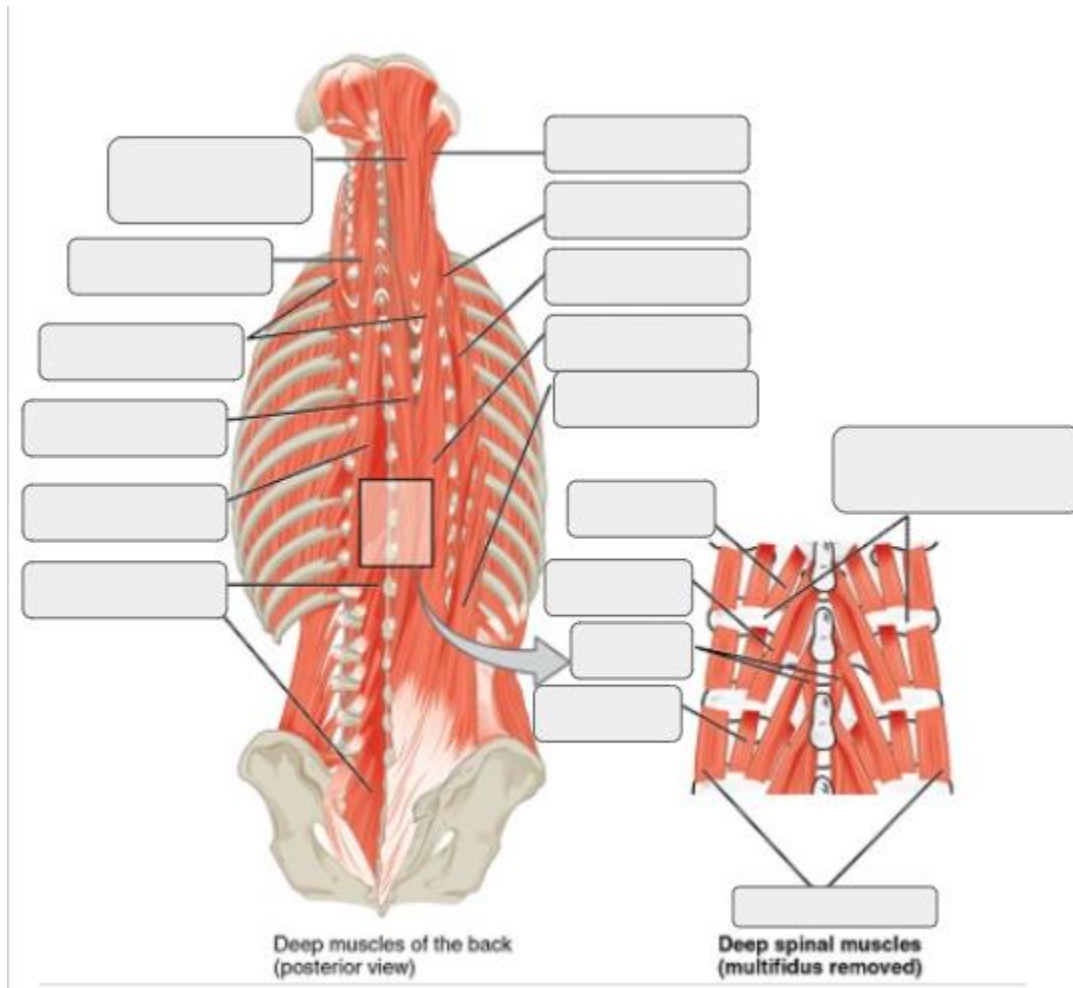
Superficial (left side) and deep (right side) muscles of the neck and upper back (posterior view)

Source Lesson: Axial Muscles of the Head, Neck & Back: Structure, Movement & Function

8) Label the diagram below.

Spinalis thoracis
 Semispinalis capitis
 Semispinalis cervicis
 Rotator brevis
 Longissimus thoracis
 Iliocostalis cervicis
 Multifidus
 Longissimus capitis
 Short rotator

Rotator longus
 Transverse processes of vertebrae
 Semispinalis thoracis
 Interspinales
 Intertransversarii
 Longissimus cervicis
 Iliocostalis thoracis
 Iliocostalis lumborum



Source Lesson: Axial Muscles of the Head, Neck & Back: Structure, Movement & Function

9) Complete the table below by inserting the proper muscle in the “Muscle” column.

Iliocostalis
 Splenius capitis
 Rhomboid major
 Rhomboid minor

Spinalis
 Longissimus
 Splenius cervicis

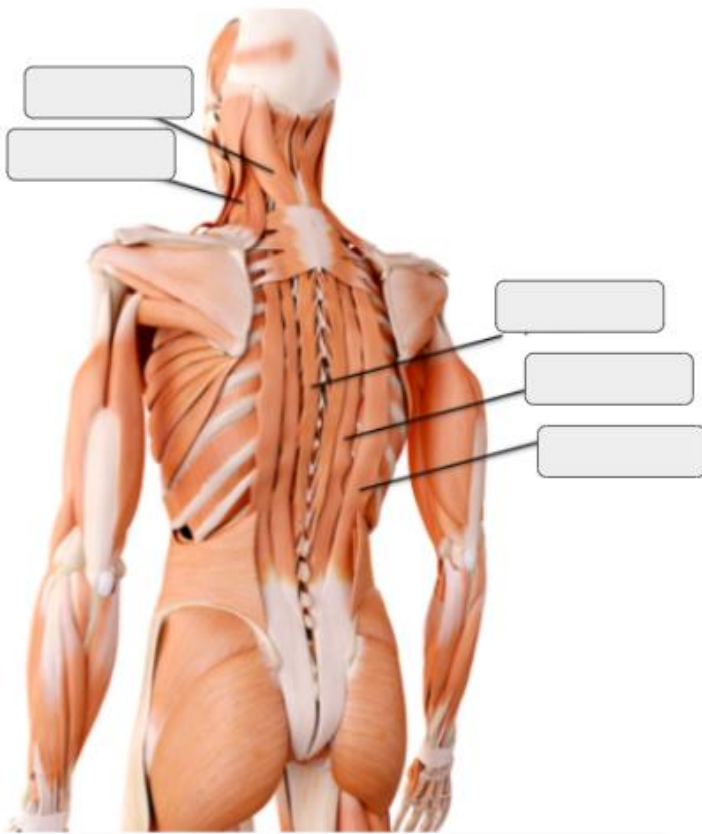
Muscle	Movement	Function
1)	Bending backward and down to the side of the spine	Extension
2) 3)	Bending backward and down to the side of the spine	Extension, Lateral Flexion
4) 5)	Lift up and pull the scapula	Elevate, Retract
6) 7)	Bending forward, to the side, backward, and turning the head	Lateral flexion, Rotation, Extension

Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

10) Label the diagram below.

Spinalis
 Iliocostalis
 Longissimus

Splenius capitis
 Splenius cervicis



Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

11) Complete the table below with the correct muscle.

Iliacus
Psoas Major
Transverse Abdominis

External Obliques
Serratus Anterior

Rectus Abdominis
Quadratus Lumborum

Muscle	Movement	Function
1)	Bending forward and pushing out air when breathing out	Flexion, Compression
2)	Widening back	Protraction
3)	Bending forward and to the side, twisting, tightening when breathing out	Lateral Flexion, Rotation, Compression
4)	Bending forward and to the side, pushing out air when breathing out	Lateral Flexion, Compression
5) 6)	Lift leg forward	Flexion
7)	Bending backward at the waist	Extension

Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

12) Complete the table below with the correct muscle and function.

Compression
Elevation
Expansion

Diaphragm
External intercostal
Internal intercostal

Muscle	Movement	Function
1)	Expansion of thorax during breathing	4) 5)
2)	Assists in expanding thorax during breathing	6)
3)	Assists with forcing air out	7)

Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

13) Complete the table below with the correct muscle. Some terms may not be used.

Pubococcygeus

Diaphragm

Iliacus

Iliococcygeus

Muscle	Movement	Function
1)	Forms pelvic floor	Supporter, Stabilizer

2)	Forms pelvic floor	Supporter, Stabilizer
----	--------------------	-----------------------

Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

14) Complete the table below with the correct muscle. Some terms may not be used.

Transverse Perineal
External Anal Sphincter

Ischiocavernosus
Pubococcygeus

Iliococcygeus
Bulbospongiosus

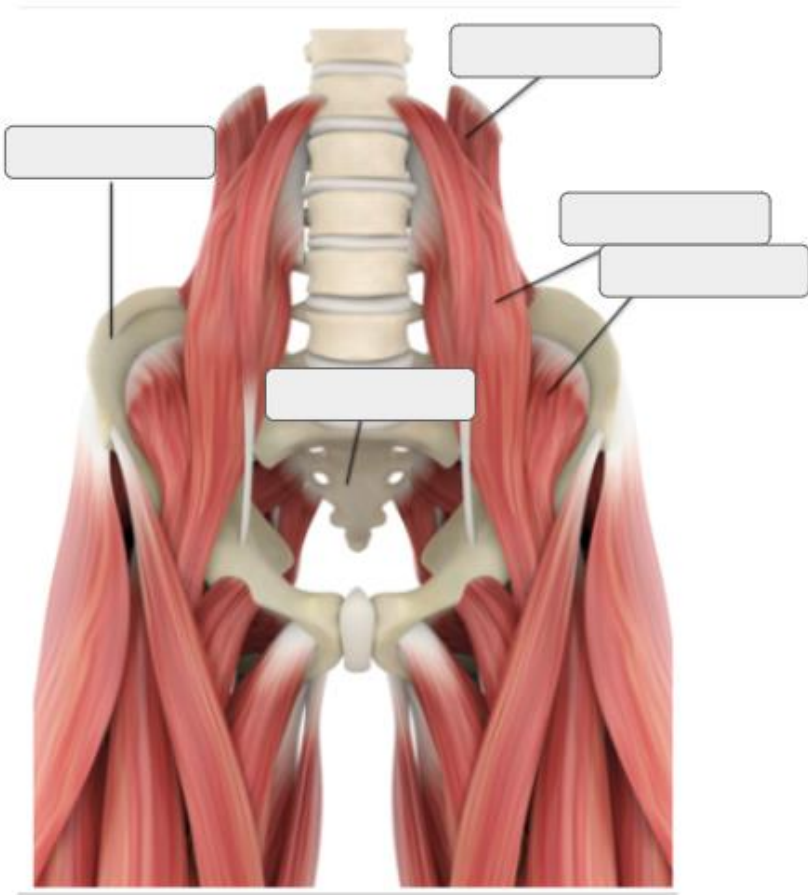
Muscle	Movement	Function
1)	Erection of penis or clitoris	Erection
2)	Ejects urine or semen (male), narrows vaginal opening (female)	Compression
3)	Support pelvic organs	Supporter
4)	Closes urethra to stop unwanted urination	Constriction

Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

15) Label the diagram below.

Psoas major
Iliac of hip bones
Quadratus lumborum

Sacrum
Iliacus

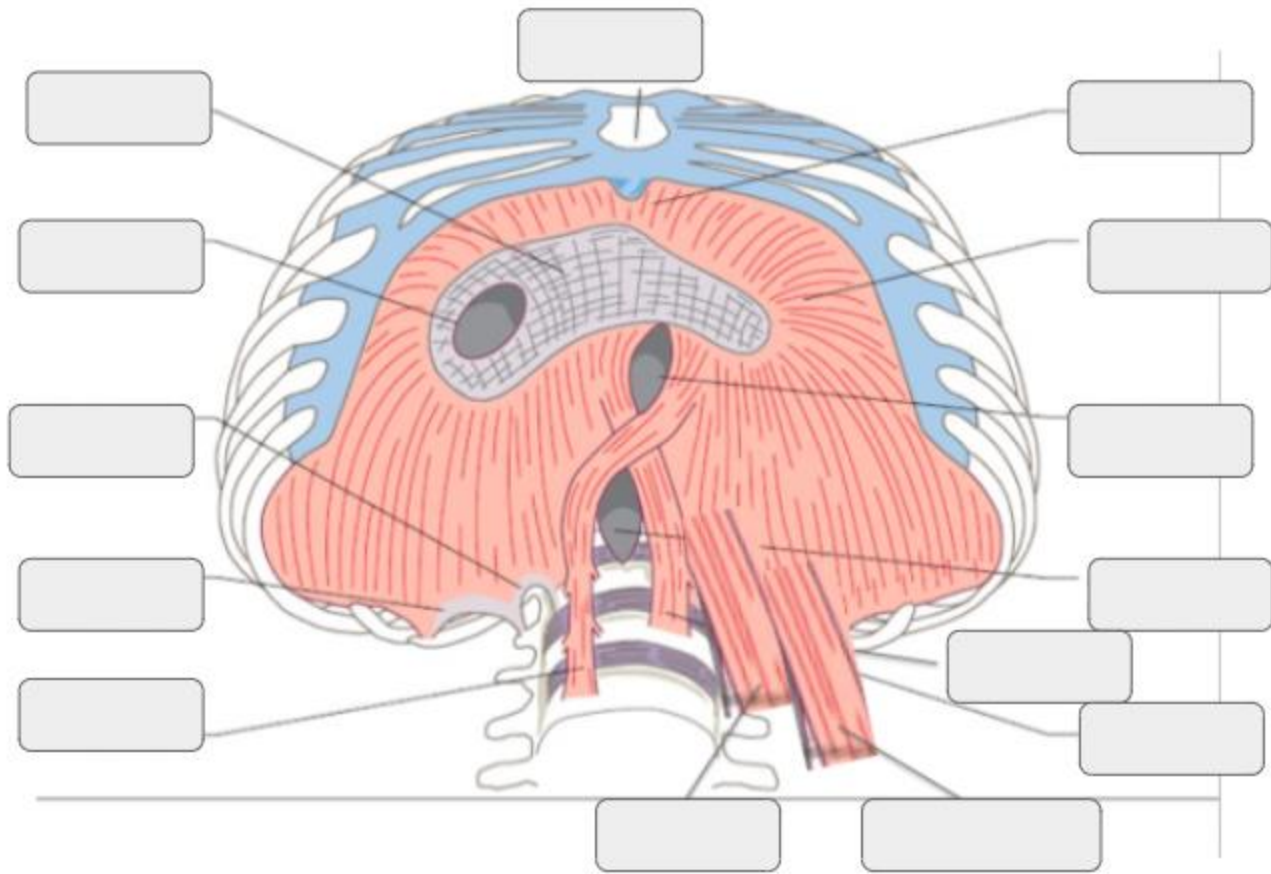


Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

16) Label the major components of the diaphragm.

Lateral arcuate ligament
 Costal fibres
 Central tendon
 Sternal fibres
 Left crus
 Medial arcuate ligament
 Aortic opening

Sternum
 12th floating rib
 Right crus
 Left psoas major
 Vena caval opening
 Oesophageal opening
 Left quadratus lumborum

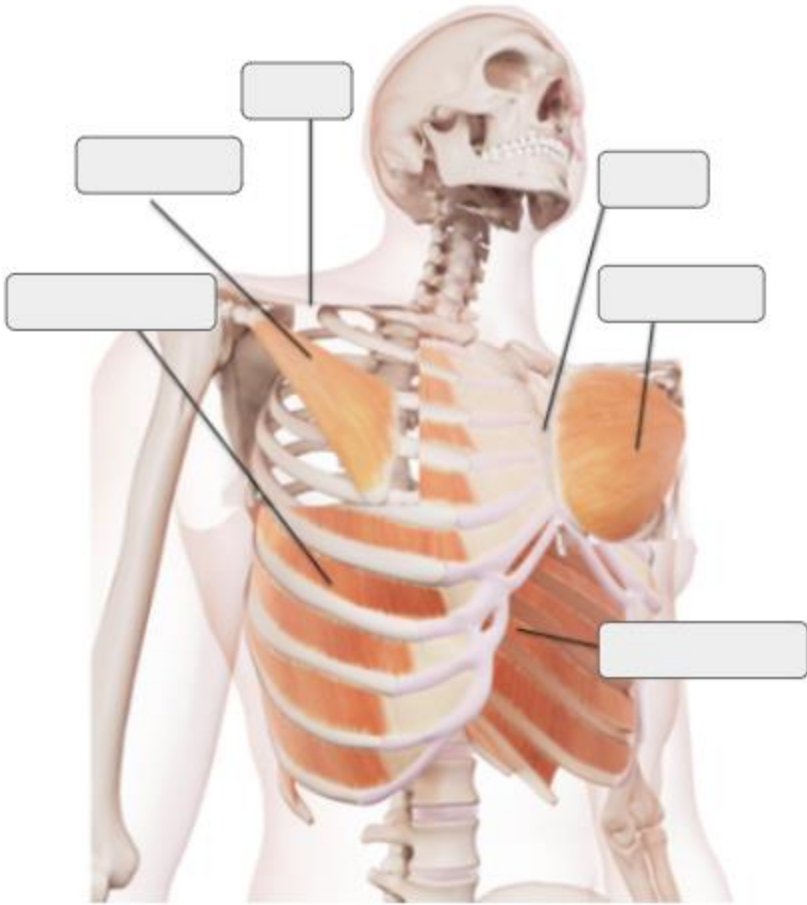


Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

17) Label the diagram below.

Internal intercostals
 Clavicle
 Pectoralis minor

Sternum
 Pectoralis major
 External intercostals



Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

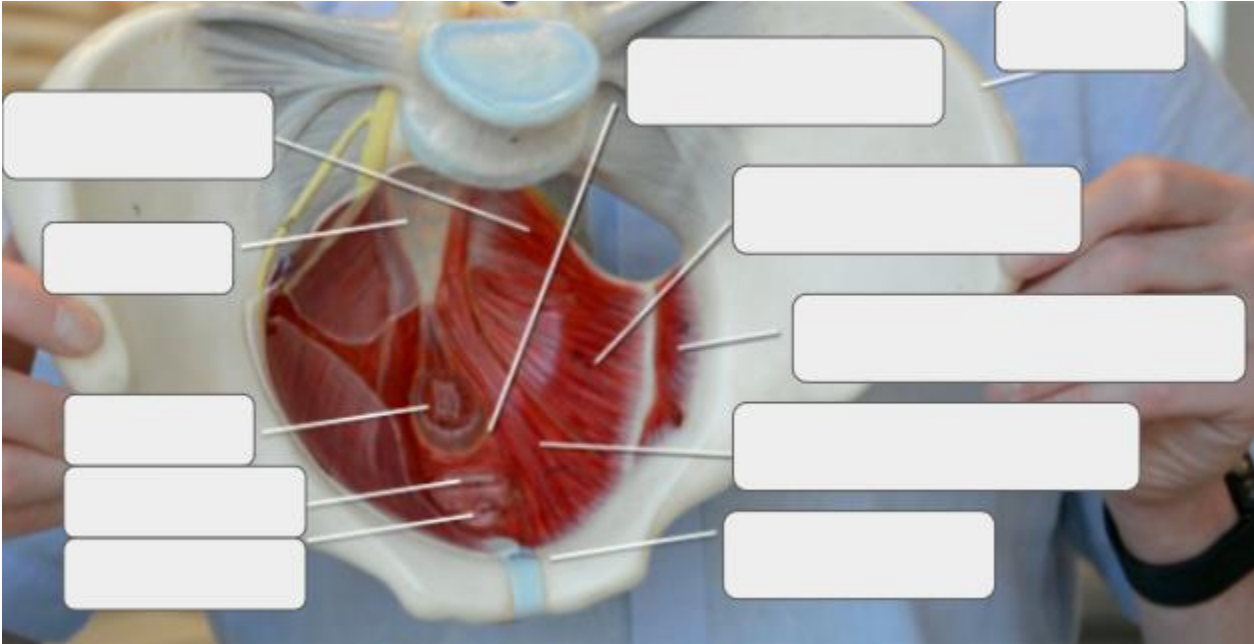
18) Label the major muscles that make up the pelvic floor.

Obturator internus
Sacrum
Urethral Canal

Iliac Crest
Pubic Crest
Pubococcygeus

Puborectalis
Iliococcygeus
Vaginal Canal

Anal Canal
Coccygeus



Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

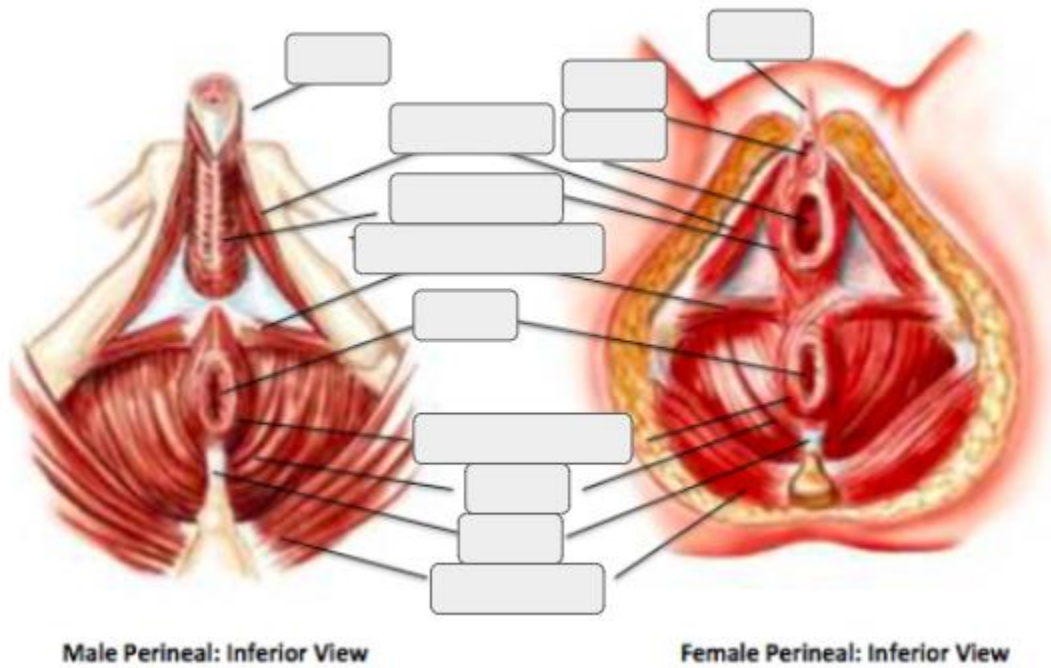
19) Label the diagram below.

Ischiocavernosus
Anus
Levator ani

Gluteus maximus
Coccyx
Penis

Clitoris
Urethra
External anal sphincter

Bulbospongiosus
Transverse Perineal Muscle
Vagina



Source Lesson: Muscles of the Abdominal Wall & Thorax: Structure, Movement & Function

20) Fill in the table below with the correct muscle name.

Serratus Anterior Pectoralis Major
Pectoralis Minor Subclavius

Muscle Name	Function/Movement
1)	Prime mover in arm flexion, adducts & medially rotates arm
2)	Protract and depress the scapula
3)	Stabilize and depress clavicle
4)	The prime mover in scapular protraction, stabilize the scapula

Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

21) Fill in the table below with the correct muscle name.

Supraspinatus Rhomboid Minor
Teres Major Trapezius

Subscapularis
Infraspinatus

Rhomboid Major
Teres Minor

Muscle Name	Function/Movement
1)	Elevate, rotate, retract, and depress the scapula
2) 3)	Elevate and retract the scapula
4)	Extends, adducts, and medially rotates arm
5)	Adducts and laterally rotates the arm.
6)	Abducts the arm
7)	Adducts and laterally rotates the arm
8)	Medially rotates the arm

Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

22) Fill in the table below with the correct muscle name.

Lumbricals

Abductor Pollicis Brevis

Flexor Pollicis Brevis
 Adductor Pollicis
 Opponens Digiti Minimi
 Dorsal interosseous
 Abductor Digiti Minimi

Palmar Interossei
 Opponens Pollicis
 Flexor Digiti Minimi Brevis
 Adductor Pollicis

Muscle Name	Function/Movement
1)	Abducts the thumb
2)	Flexes the thumb
3)	Adducts the thumb
4)	Abducts fingers 2-5
5)	Flexes & extends fingers 2-5
6)	Flexes finger 5 (pinky)
7)	Abducts finger 5 (pinky)
8)	Opposition of the thumb
9)	Adducts the thumb
10)	Adducts fingers 2-5, assists in flexion and extension of fingers 2-5
11)	Opposition of finger 5

Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

23) Complete the table below with the correct muscle name.

Extensor Pollicis Brevis
 Brachioradialis
 Extensor Carpi Radialis Longus
 Supinator
 Extensor Pollicis Longus
 Abductor Pollicis Longus

Extensor Digitorum
 Extensor Digiti Minimi
 Extensor Indicis
 Extensor Carpi Radialis Brevis
 Extensor Carpi Ulnaris

Muscle Name	Function/Movement
1)	Flexes the forearm
2)	Extends the wrist and abducts the hand
3)	Extends the wrist and abducts the hand
4)	Extends the wrist and fingers 2-5
5)	Extends the wrist and pinky finger
6)	Extends the wrist and adducts the hand
7)	Supinates the forearm
8)	Abducts the thumb, weakly extends the wrist
9)	Extends the joints of the thumb
10)	Extends the joints of the thumb and weak involvement in the wrist
11)	Extends the joints of the index finger

Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

24) Fill in the table with the correct muscle name.

Flexor Digitorum Superficialis
 Flexor Carpi Ulnaris
 Pronator Teres
 Flexor Carpi Radialis

Palmaris Longus
 Flexor Pollicis Longus
 Flexor Digitorum Profundus
 Pronator Quadratus

Muscle Name	Function/Movement
1)	Flexes the wrist and abducts the hand
2)	Pronates the forearm
3)	Flexes the wrist and abducts the hand
4)	Weak wrist flexion
5)	Flexes the wrist and phalanges 2-5
6)	Flexes the wrist and phalanges 2-5
7)	Pronates the forearm
8)	Flexes the thumb

Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

25) Match the muscle to its function/movement. Some terms may not be used.

Pronator Teres

Triceps Brachii

Anconeus

Trapezius

Muscle Name	Function/Movement
1)	Prime mover in elbow extension
2)	Forearm extension

Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

26) Match the muscle to its function/movement. Some terms may not be used.

Biceps Brachii

Coracobrachialis

Brachialis

Triceps Brachii

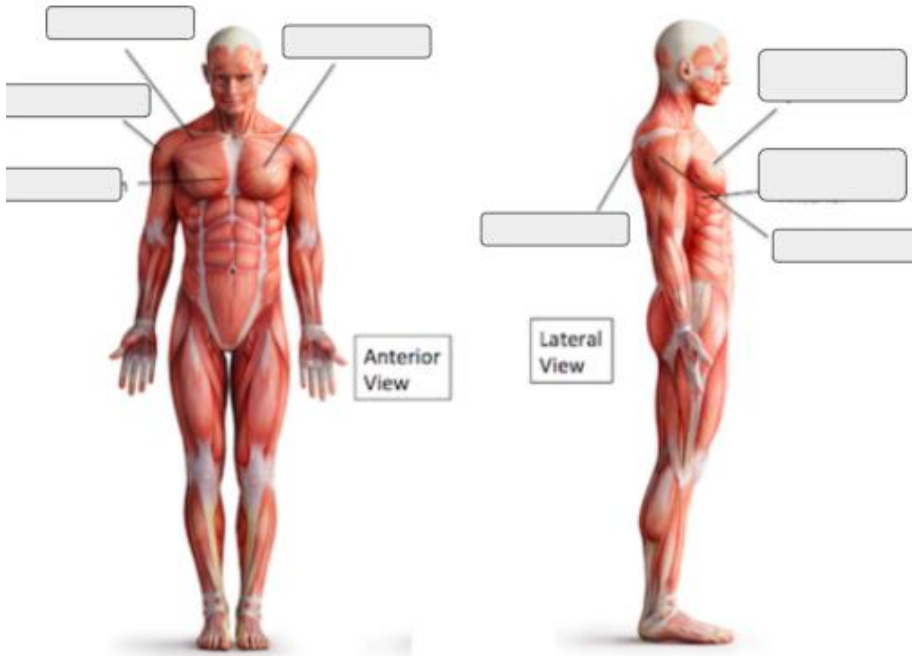
Muscle Name	Function/Movement
1)	Flexes and supinates the forearm
2)	Prime mover of forearm flexion
3)	Adducts and flexes the arm

Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

27) Label the muscles in the image below. Some terms may be used more than once.

Scapula
Deltoid
Sternum

Subclavius
Serratus Anterior
Pectoralis Major



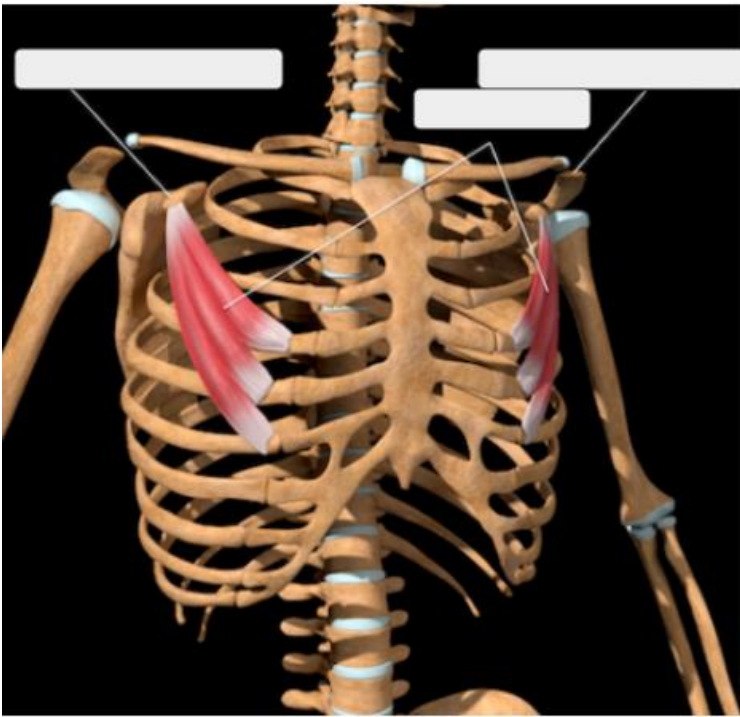
Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

28) Label the structures in the diagram below.

Pectoralis Minor

Coracoid Process of Scapula

Acromion Process of Scapula

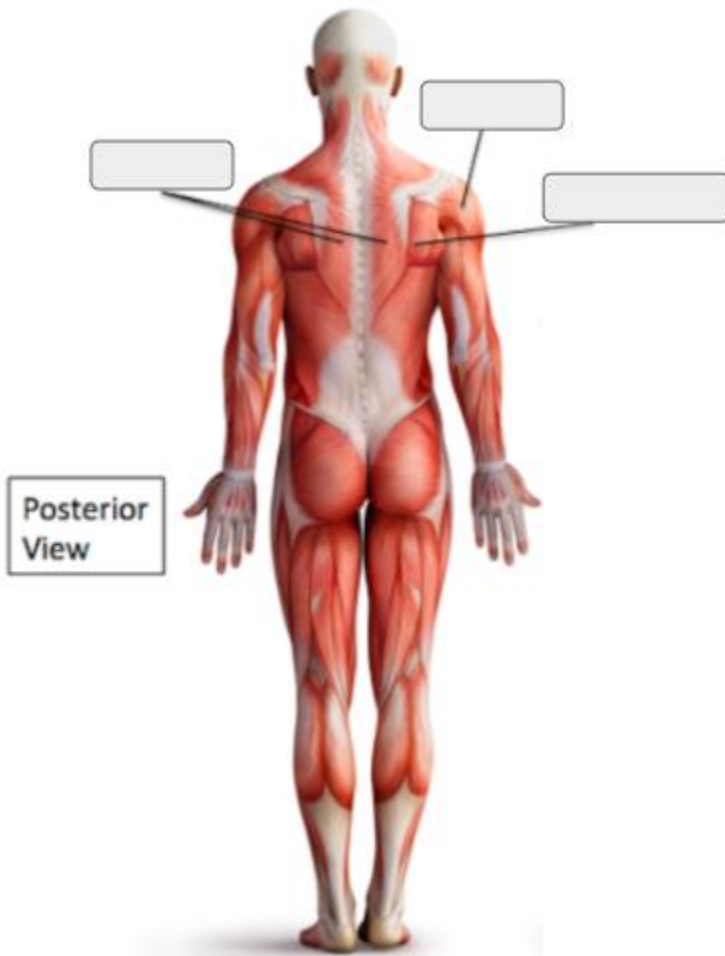


Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function
 29) Label the posterior superficial muscles of the pectoral girdle.

Deltoid

Trapezius

Infraspinatus



Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

30) Label the deep muscles of the pectoral girdle.

Rhomboid Minor

Infraspinatus

Clavicle

Acromion Process of Scapula

Teres Major

Triceps Brachii

Teres Minor

Spine of Scapula

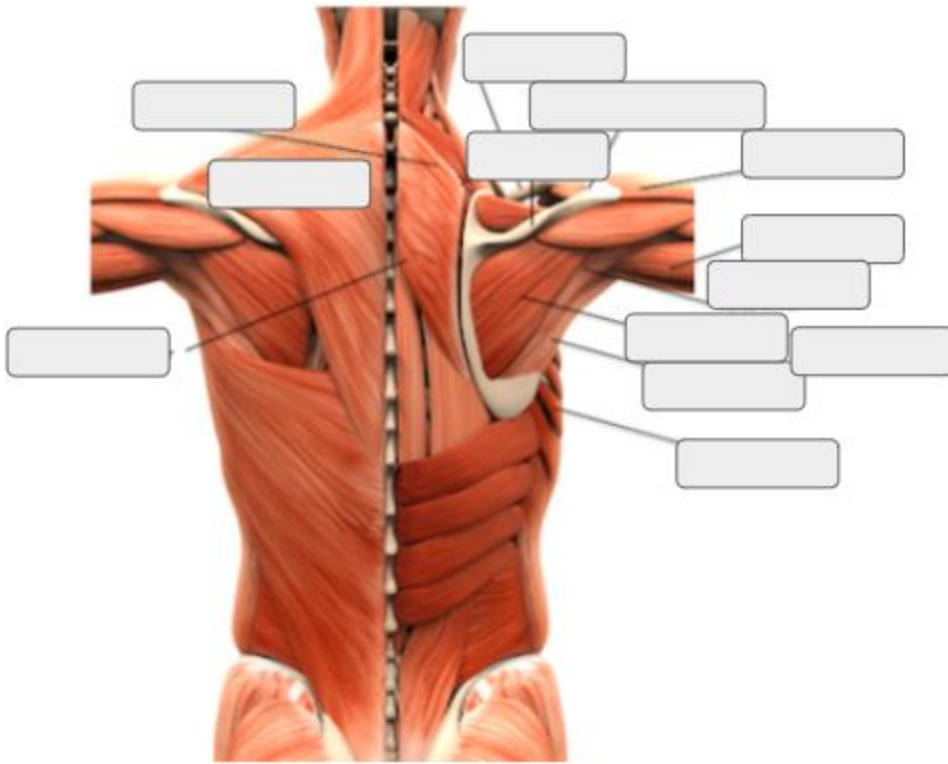
Trapezius

Supraspinatus

Rhomboid Major

Deltoid

Serratus Anterior

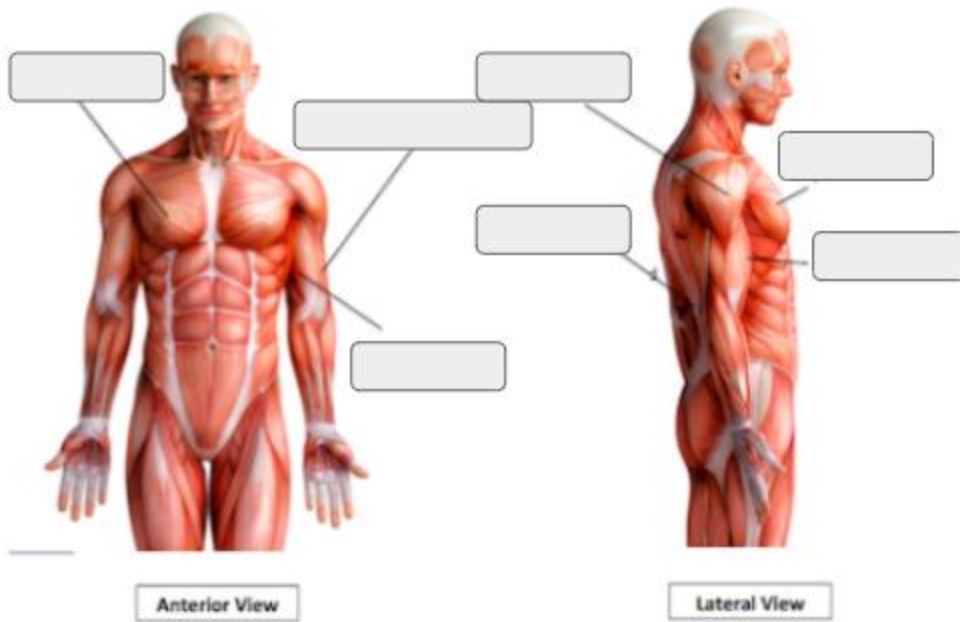


Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

31) Label the superficial muscles of the upper arm. Some terms may be used more than once.

Pectoralis Major
Biceps Brachii Long Head
Biceps Brachii Short Head

Deltoid
Biceps Brachii
Latissimus Dorsi



Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

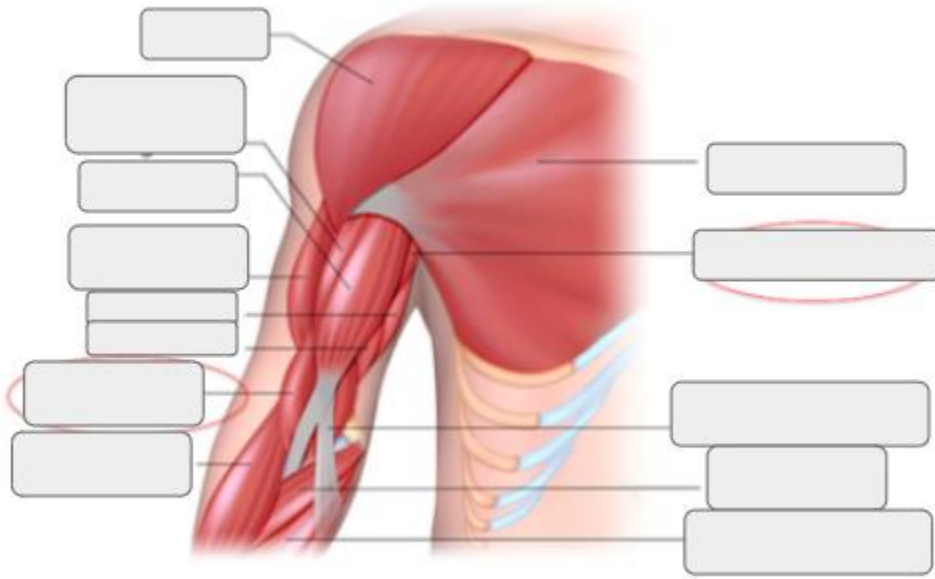
32) Label the muscles in the image below.

Deltoid
 Brachialis
 Biceps Brachii Short Head

Triceps Brachii Lateral Head
 Biceps Brachii Long Head
 Pectoralis Major

Pronator Teres
Flexor Carpi Radialis
Triceps Brachii Medial Head

Triceps Brachii Long Head
Coracobrachialis
Bicipital aponeurosis

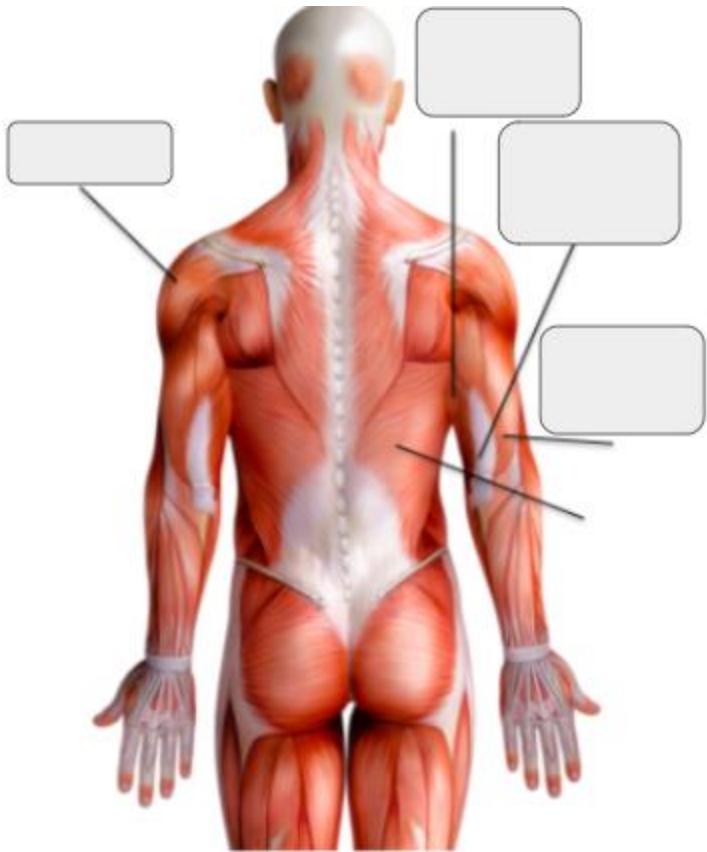


Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

33) Label the diagram below.

Biceps Brachii Medial Head
Biceps Brachii Long Head

Deltoid
Biceps Brachii Lateral Head



Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

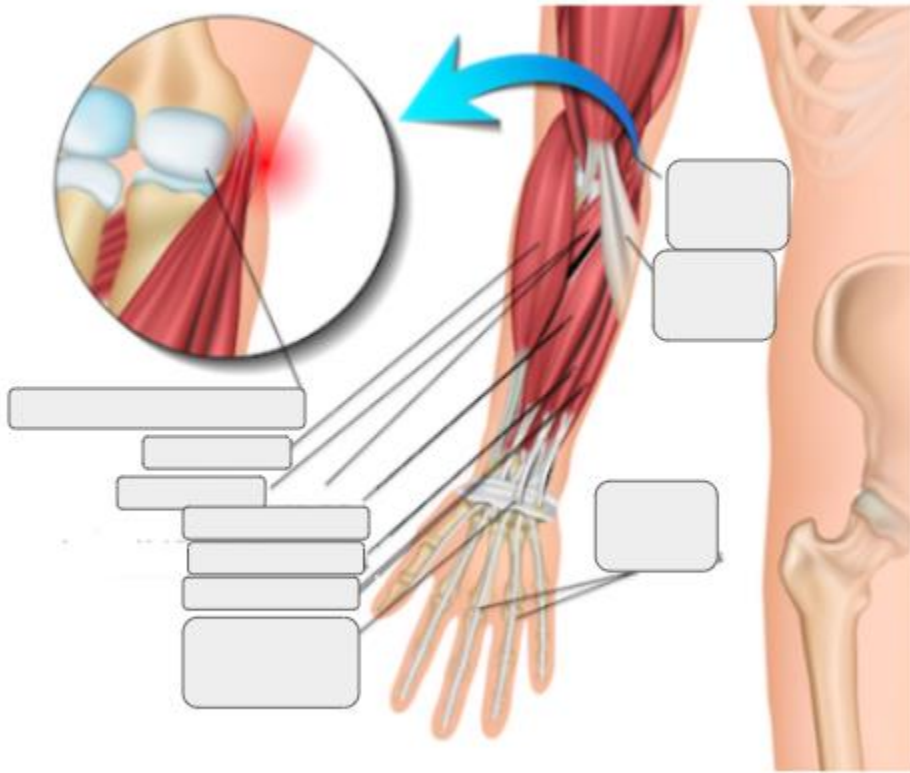
34) Label the diagram below. Some terms may be used more than once.

Pronator Teres
Flexor Carpi Ulnaris

Medial Epicondyle of the Humerus
Bicipital Aponeurosis

Brachioradialis
Flexor Tendons
Palmaris Longus

Flexor Retinaculum
Flexor Carpi Radialis



Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

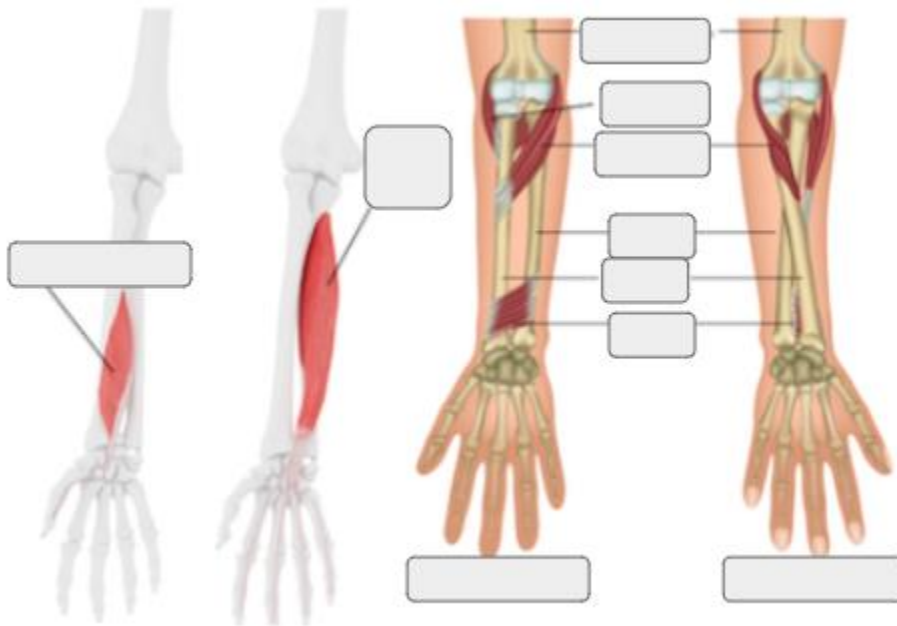
35) Label the diagram below.

Supination
Flexor Pollicis Longus

Radius
Pronator teres

Humerus
Flexor Digitorum Profundus
Supinator

Pronator quadratus
Pronation
Ulna



Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

36) Label the muscles of the posterior forearm.

Biceps brachii
Trapezius
Olecranon of ulna

Infraspinatus
Brachioradialis
Abductor pollicis longus

Extensor carpi radialis longus
Dorsal interosseous
Extensor indicis

Extensor carpi ulnaris
 Teres major
 Flexor carpi ulnaris
 Extensor digitorum
 Abductor digiti minimi

Deltoid
 Extensor carpi radialis brevis
 Extensor pollicis brevis
 Extensor pollicis longus

Extensor digiti minimi
 Anconeus
 Latissimus dorsi
 Triceps brachii

Arm-posterior



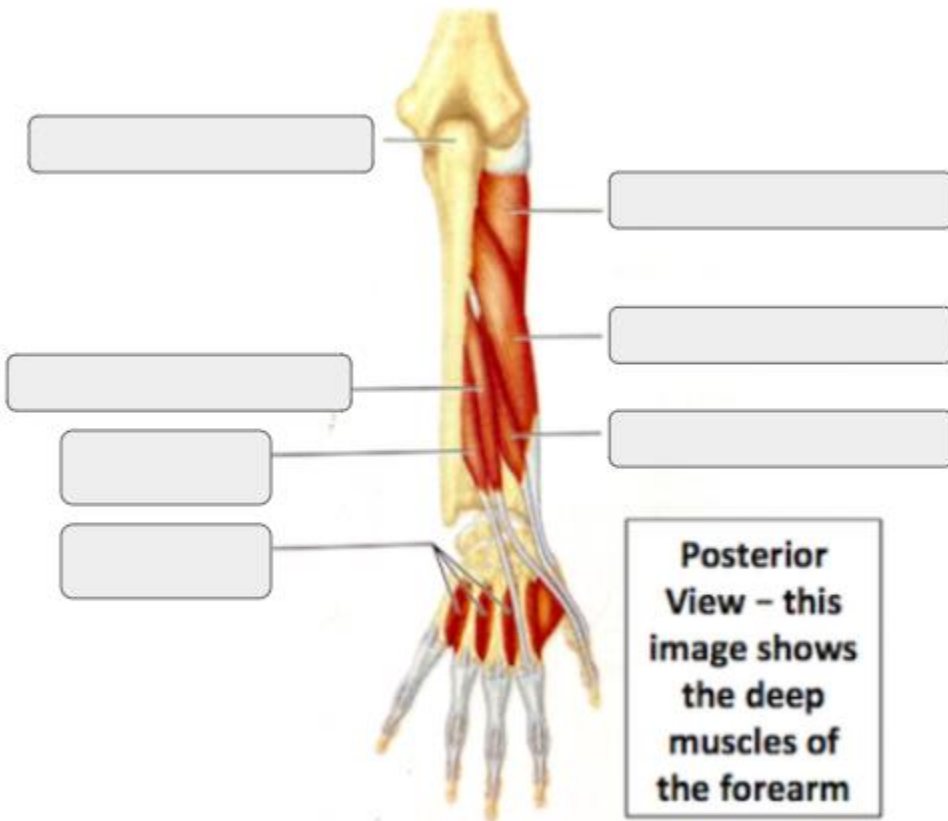
Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

37) Label the deep muscles of the posterior forearm.

Olecranon process of the ulna
 Extensor indicis
 Extensor pollicis longus

Abductor pollicis longus
 Supinator
 Dorsal interossei

Extensor pollicis brevis



Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

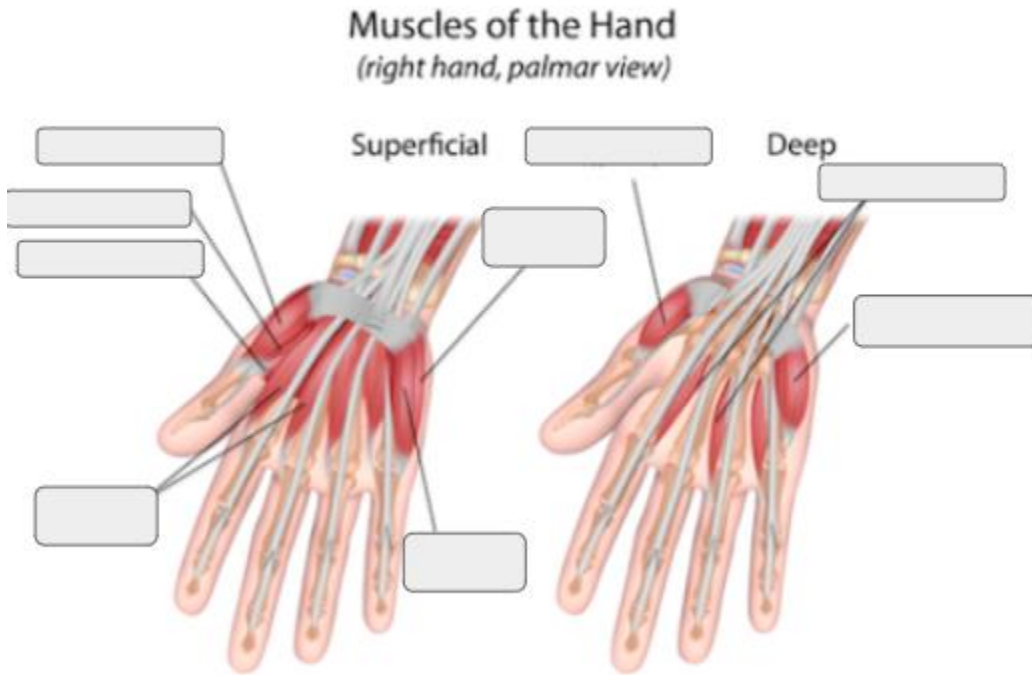
38) Label both the superficial and deep muscles of the hand.

Opponens digiti minimi
Flexor pollicis brevis
Opponens pollicis

Abductor pollicis brevis
Abductor digiti minimi
Adductor pollicis

Lumbricals
Palmar interossei

Flexor digiti minimi brevis

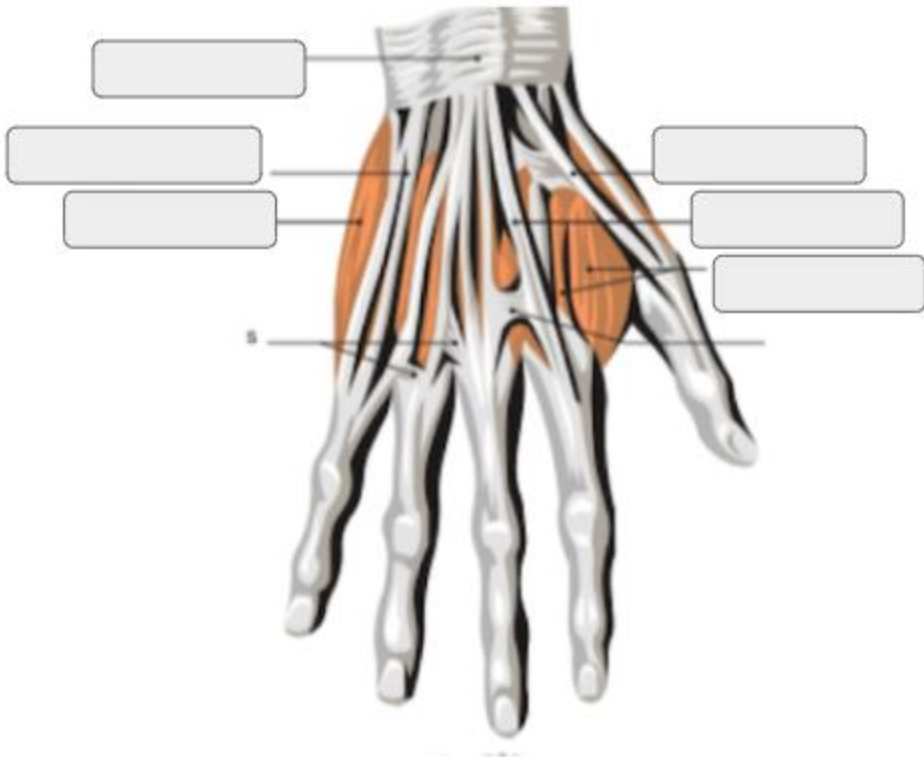


Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

39) Label the hand muscles.

Abductor digiti minimi
1st dorsal interosseous
Tendon of indicis

Extensor tendon
Extensor retinaculum
Extensor digitorum tendons

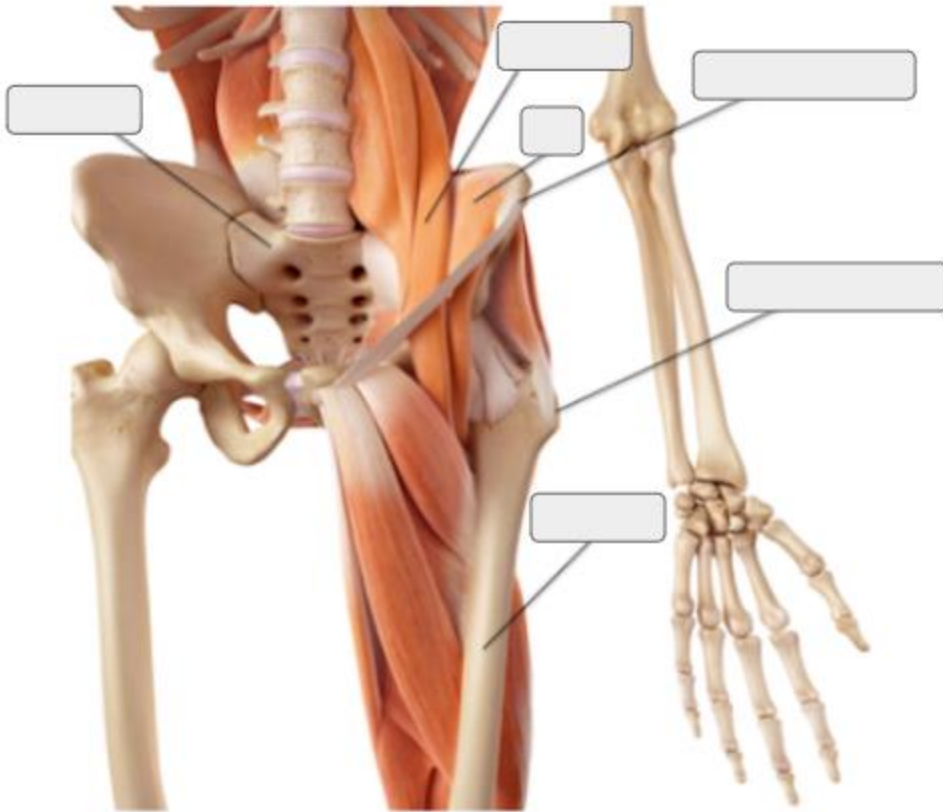


Source Lesson: Muscles of the Pectoral Girdle & Upper Limbs: Structure, Movement & Function

40) Label the diagram below.

Iliac crest
Psoas major
Femur

Sacrum
Greater trochanter of femur
Iliacus



Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

41) Complete the table below by filling in the correct muscle name.

Vastus lateralis
Rectus femoris
Iliacus
Sartorius

Vastus intermedius
Psoas major
Vastus medialis

Muscle	Function/Movement
1)	Thigh flexion
2)	
3)	Flex & rotate thigh laterally
4)	Extends leg
5)	Extends leg & flexes thigh
6)	Extends leg
7)	

Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

42) Fill in the table with the correct muscle.

Semimembranosus
Gracilis
Adductor magnus

Tensor fasciae latae
Pectineus
Biceps femoris

Semitendiosus
Adductor brevis

Adductor longus

Muscle	Function/Movement
1)	Adducts & flex thigh
2)	
3)	
4)	
5)	Adducts & flex thigh, extend & laterally rotate thigh
6)	Abducts thigh
7)	Extends thigh
8)	Extends thigh & flexes leg
9)	

Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

43) Complete the table below with the correct muscle.

Fibularis brevis
Tibialis anterior
Fibularis longus

Extensor hallucis longus
Fibularis tertius
Extensor digitorum longus

Muscle	Function/Movement
1)	Dorsiflex & invert foot
2)	Extends toes 2-5 & dorsiflex the foot
3)	Extends the big toe & dorsiflex the foot
4)	Everts the foot
5)	
6)	Dorsiflex & evert the foot

Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

44) Fill in the name of the muscle in the table below.

Inferior gemellus
Gluteus maximus

Superior gemellus
Quadratus femoris

Obturator internus
Gluteus minimus

Gluteus medius
Piriformis

Muscle	Function/Movement
1)	Extends & laterally rotates thigh
2) 3)	Abducts & medially rotates thigh
4) 5) 6) 7) 8)	Laterally rotates thigh

Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

45) Fill in the table below with the correct muscle.

Flexor digitorum longus
Popliteus
Flexor hallucis longus
Plantaris

Tibialis posterior
Soleus
Gastrocnemius

Muscle	Function/Movement
1)	Plantar flexion of foot
2)	Flexion on the leg, plantar flexion of the foot
3)	Weak leg flexion & plantar flexion of the foot
4)	Flexes leg & medially rotates the tibia
5)	Plantar flexion of the foot & toes 2-5
6)	Plantar flexion of the foot & big toe
7)	Plantar flexion & inversion of the foot

Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

46) Fill in the table below with the correct muscle.

Quadratus plantae
 Abductor hallucis
 Flexor hallucis brevis
 Dorsal interossei
 Flexor digitorum brevis
 Lumbricals

Plantar interossei
 Extensor hallucis brevis
 Abductor digiti minimi
 Extensor digitorum brevis
 Adductor hallucis
 Flexor digiti minimi brevis

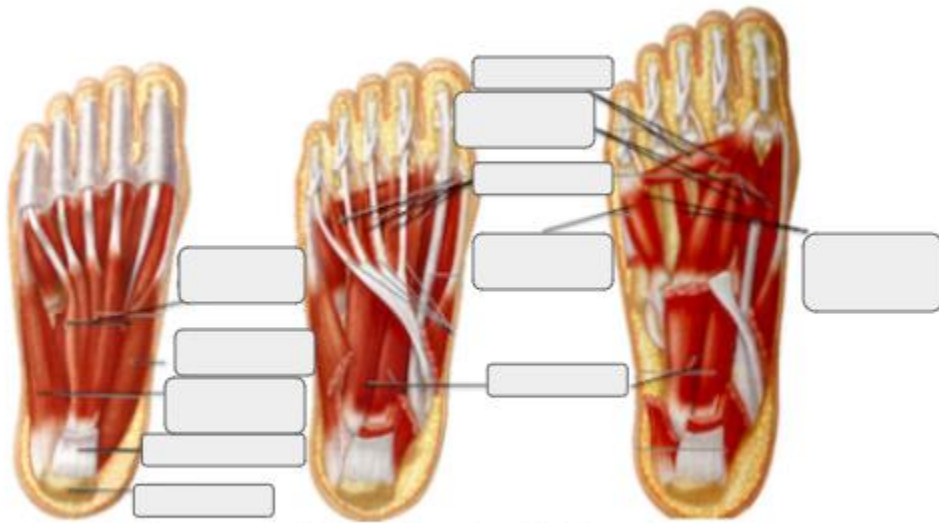
Muscle	Function/Movement
1)	Extends the big toe
2)	Extends toes 2-4
3) 4)	Flexes toes 2-5
4)	Abducts the big toe
5)	Abducts the pinky toe
6)	Pulls flexor digitorum longus tendons to flex toes 2-5
7)	Adducts the big toe
8)	Flexes the big toe
9)	Flexes the pinky toe
10) 11)	Abducts toes

Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

47) Label the layers of muscles inside the foot.

Flexor digitorum brevis
Plantar aponeurosis
Lumbricals
Calcaneus
Adductor hallucis
Quadratus plantae

Dorsal & plantar interossei
Flexor hallucis brevis
Abductor hallucis
Abductor aponeurosis
Flexor digiti minimi brevis



Layers of muscles inside the foot.

Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

48) Label the diagram below.

Fibularis longus

Plantaris

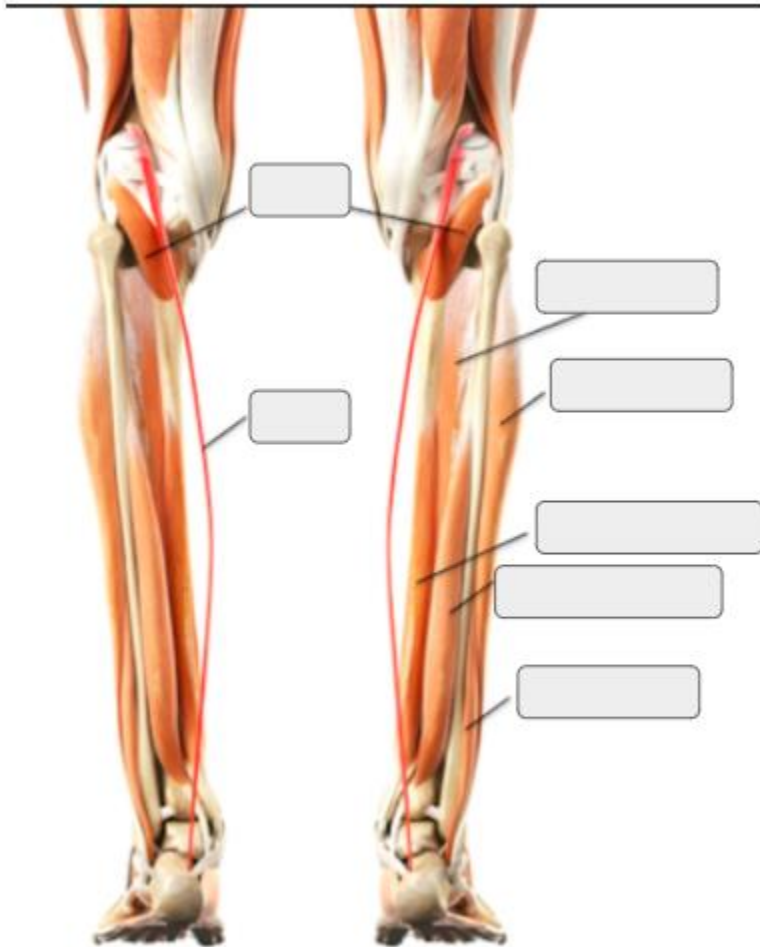
Tibialis posterior

Flexor hallucis longus

Popliteus

Flexor digitorum longus

Fibularis brevis

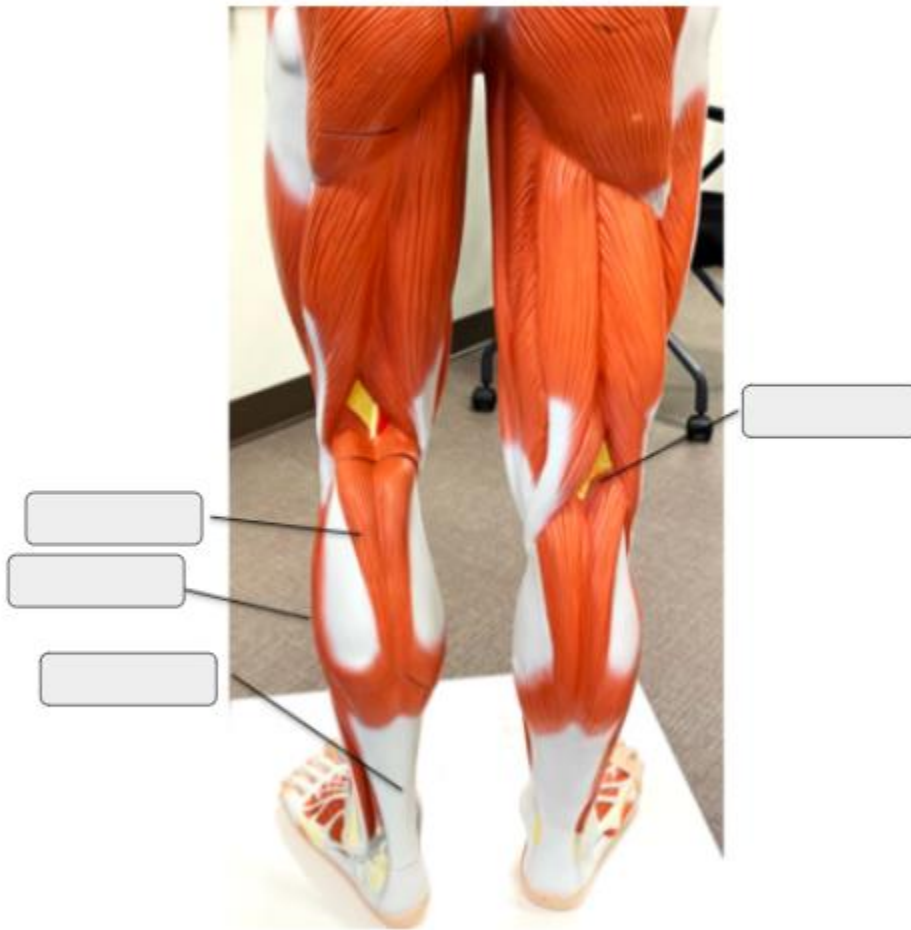


Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

49) Label the muscles of the leg.

Plantaris
Calcaneal tendon

Gastrocnemius
Soleus



Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

50) Label the muscles of the leg.

Fibularis longus
Inferior extensor retinaculum
Tibialis anterior
Soleus
Superior extensor retinaculum

Gastrocnemius
Fibularis brevis
Extensor digitorum longus
Fibularis tertius
Calcaneal tendon

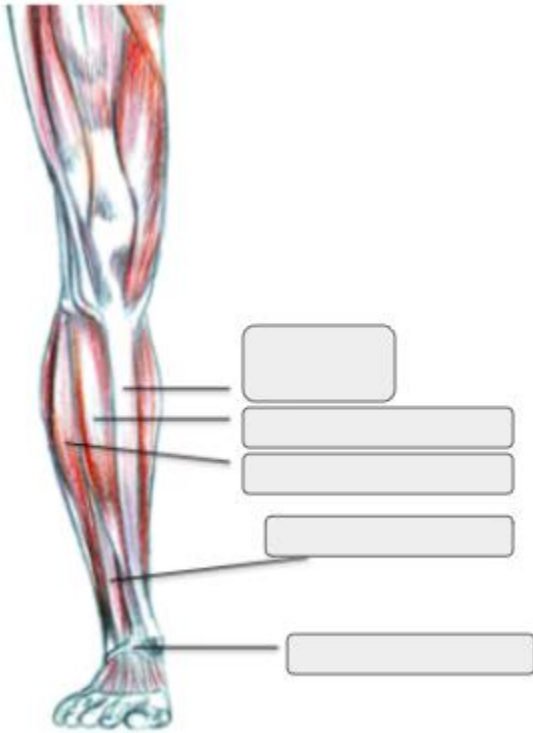


Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

51) Label the muscles of the leg.

Extensor hallucis longus
Extensor digitorum longus
Tibialis anterior

Tibia
Extensor retinaculum

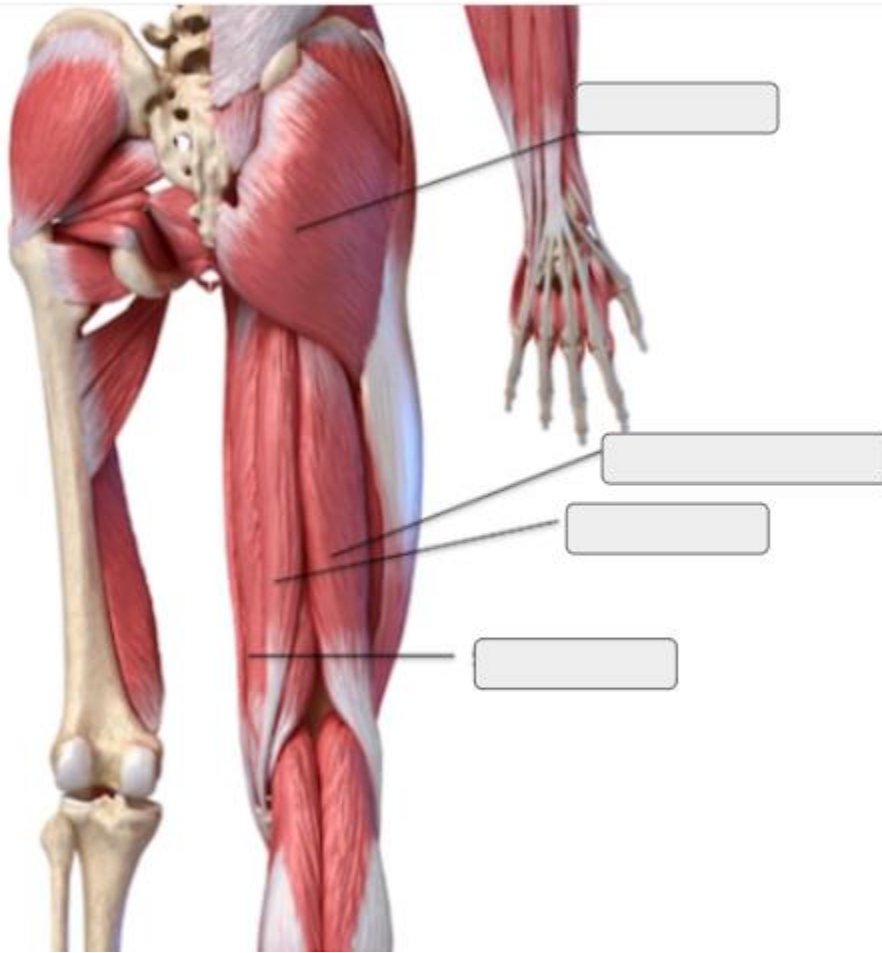


Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

52) Label the muscles in the image below.

Semitendinosus
Semimembranosus

Gluteus maximus
Biceps femoris long head



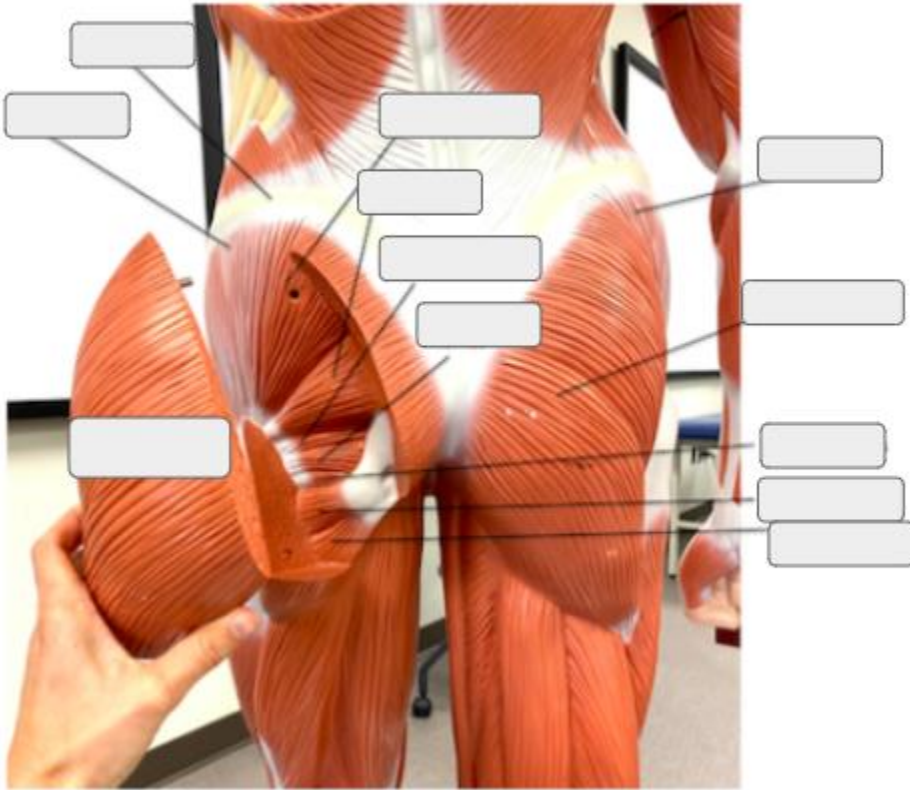
Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

53) Label the deep muscles of the thigh. Some terms may be used more than once.

Piriformis
Gluteus maximus
Inferior gemellus
Obturator internus

Iliac crest
Gluteus medius
Gluteus minimus

Adductor magnus
Superior gemellus
Quadratus femoris

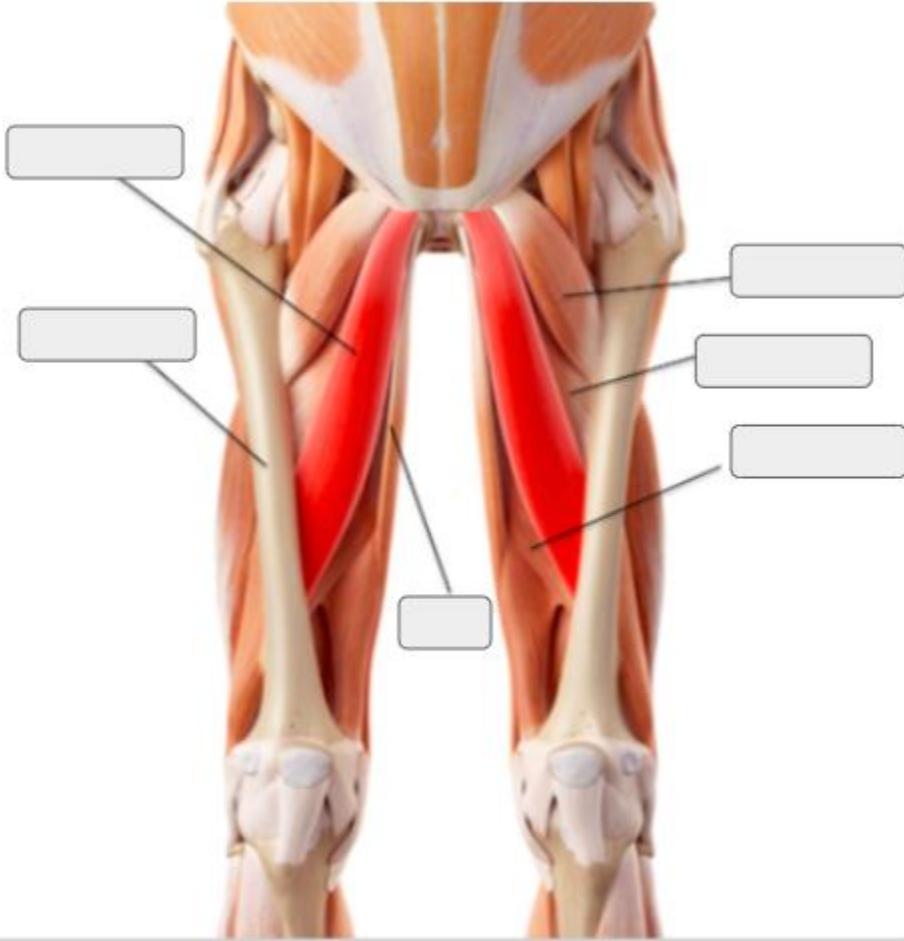


Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

54) Label the muscles in the diagram below.

Gracilis
Adductor longus
Femur

Adductor brevis
Adductor magnus
Pectineus

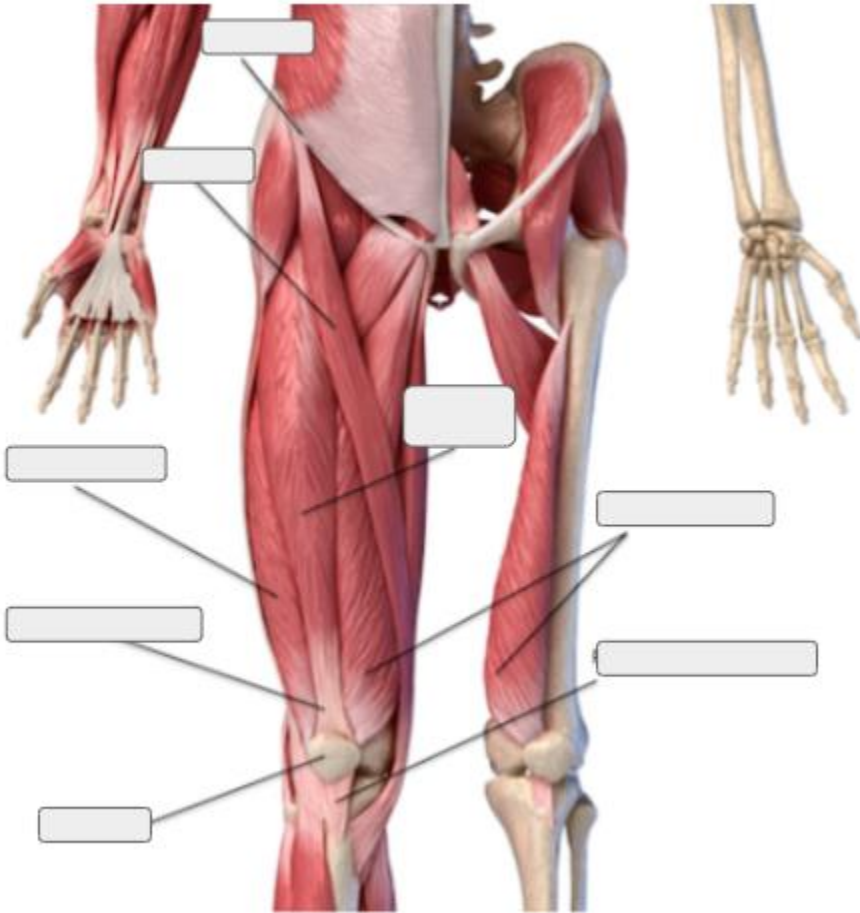


Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function

55) Label the superficial muscles of the anterior compartment of the thigh.

Vastus lateralis
Sartorius
Patellar tendon
Patella

Iliac crest
Quadriceps tendon
Rectus femoris
Vastus medialis



Source Lesson: Muscles of the Pelvic Girdle & Lower Limbs: Structure, Movement & Function