

2:1 Matter and Energy

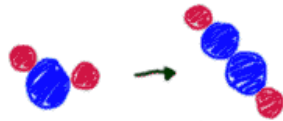
MATTER: anything that has mass and takes up space

Three States (phases) of Matter

1. SOLID: matter with definite volume and shape
2. LIQUID: matter with definite volume but no definite shape
3. GAS: matter with no definite volume nor shape

How does Matter Change?

PHYSICAL CHANGE OF
WATER INTO ICE



CHEMICAL CHANGE OF
WATER INTO
HYDROGEN PEROXIDE

- PHYSICAL CHANGE: change in size, shape, or state of matter
e.g. changing wood boards into a chair
- CHEMICAL CHANGE: change from one substance to another
e.g. wood burning

ELEMENT: substance that cannot be broken down to simpler substances by ordinary means

ATOM: smallest unit of an element with all the properties of that element

SYMBOL: shorthand way to represent one atom of an element

e.g. Hydrogen – H

Oxygen – O

Carbon – C

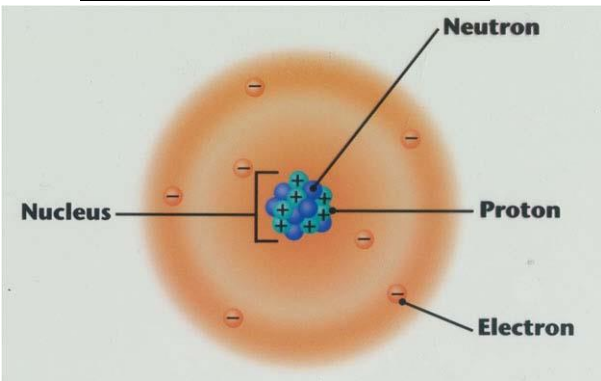
Sodium – Na

Iron – Fe

Nitrogen – N

2:2 Structure of the Atom

Areas in an Atom



1. NUCLEUS: positively charged center of an atom containing almost all the atomic mass
2. ELECTRON CLOUD: negatively charged area around the nucleus with almost no mass

Atomic Particles

1. PROTON: positively charged particle in the nucleus, has mass (1 AMU)*
2. ELECTRON: negatively charged particle in the electron cloud, no mass
3. NEUTRON: neutral (no charge) particle in the nucleus, has mass (1 AMU)*

*AMU: Atomic Mass Unit

The charge of a proton (p+) is **EQUAL** and **OPPOSITE** to the charge of an electron (e-).

In ALL ATOMS the number of protons equals the number of electrons. ATOMS HAVE **NO OVERALL ELECTRICAL CHARGE**.

Elements are different because they have different numbers of protons and electrons than other elements.

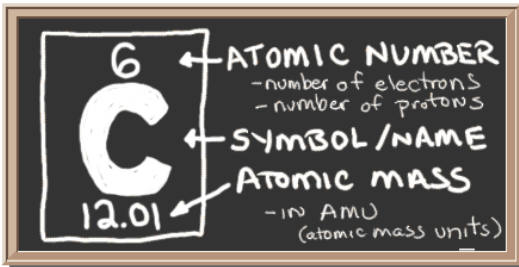
ATOMIC NUMBER: the number of protons (or electrons) in one atom of an element

$$\text{Atomic Number} = \# p+ = \# e-$$

ATOMIC MASS NUMBER: the number of protons PLUS the number of neutrons in an atom of an element

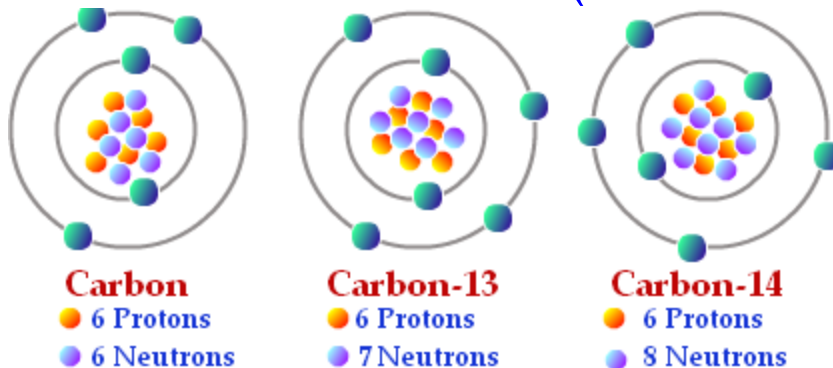
Atomic Mass Number = # p+ + # n

n = Atomic Mass Number - # p+



Always round the Atomic Mass to the nearest whole number.

ISOTOPES: atoms of the same element (same atomic #) with different numbers of neutrons (different atomic mass)



ATOMIC MASS UNIT: (AMU) unit used to measure mass of atoms and atomic particles

1 AMU = mass of 1 p+ = mass of 1 n

ENERGY LEVELS: paths that electrons follow around the nucleus

1st EL- holds 2 e- or 1 pair

2nd EL- holds 8 e- or 4 pairs

3rd EL – holds 8 e- or 4 pairs

Inner ELs must be full before next EL begins to fill. All atoms want full OEL(outer energy level).

● 2 in 1st

● 8 in 2nd

● 8 in 3rd

4. A compound has different properties than the element of which it is made.

2:4 Energy

ENERGY: the ability to do work or cause change

Two Types of Energy

1. KINETIC ENERGY: energy of motion, energy actually doing work or causing change
2. POTENTIAL ENERGY: energy of position, stored or chemical energy

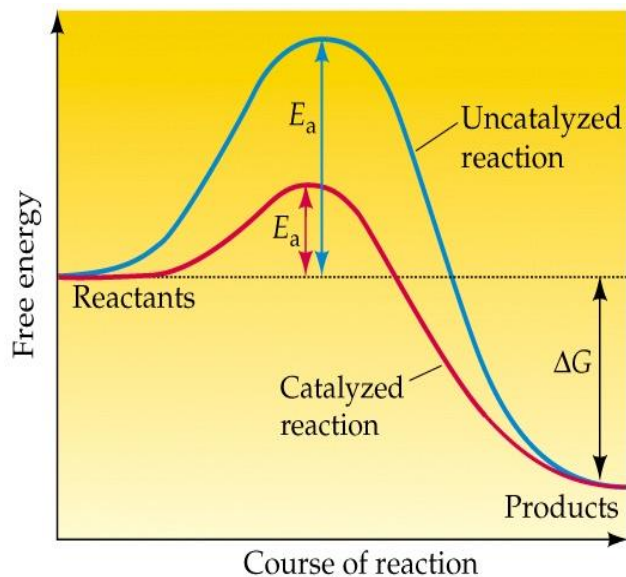
Energy may change from one form to another.

ACTIVATION ENERGY: energy needed to begin the change from potential energy to kinetic energy

LAW OF CONSERVATION OF MATTER AND ENERGY:

matter and energy cannot be created nor destroyed but may be changed from one form to another

CATALYST: chemical substance that can reduce the amount of activation energy needed to start a reaction



2:5 Chemical Bonding

CHEMICAL BOND: force holding elements (atoms) together to form compounds (molecules)

Elements form bonds to fill their Outer Energy Levels.

Two Types of Chemical Bonds

1. **COVALENT BOND:** bond formed when two atoms share electrons in their OEL, electrons orbit nuclei of both atoms

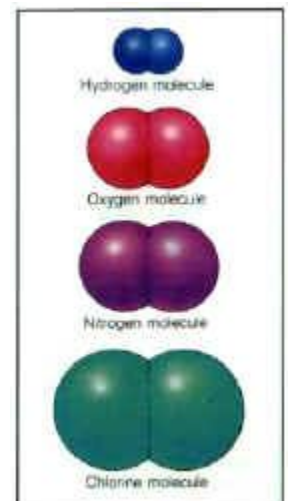
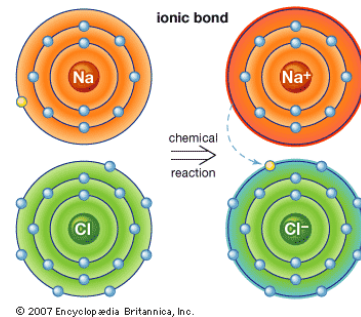
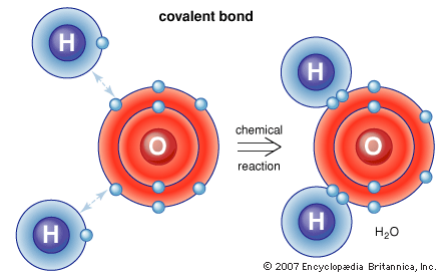
2. **IONIC BOND:** bond due to electrical attraction of two atoms which have transferred electrons from one to the other

ION: atoms which carry + or – electrical charge due to loss or gain of electrons

example $\text{Na} \rightarrow e^- \text{ donor} \rightarrow \text{Na}^+$
 $\text{Cl} \rightarrow e^- \text{ acceptor} \rightarrow \text{Cl}^-$
 $\text{NaCl} \rightarrow \text{salt} \rightarrow \text{held together by IONIC BOND} \rightarrow \text{the attraction of oppositely charged ions}$

DIATOMIC MOLECULE: compound formed when two atoms of the same element covalently bond

examples H_2 O_2 N_2 Cl_2

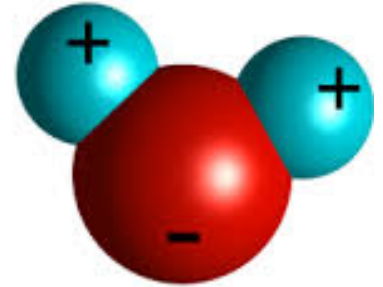


2:6 Water and Solutions

Water is a polar molecule.

POLAR: uneven distribution of charge

They do not share electrons equally, so Hydrogen and Oxygen have charged poles. H is slightly positive and O is slightly negative.



PROPERTIES OF WATER:

1. COHESION: water molecules stick to each other as a result of attractive forces between hydrogen bonds

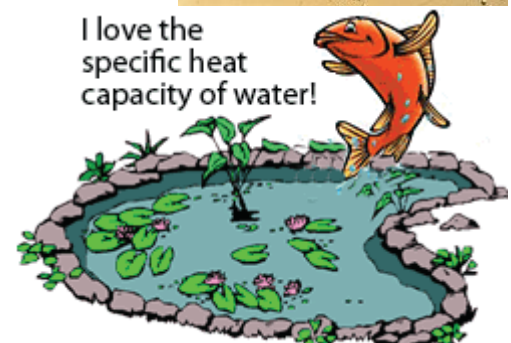
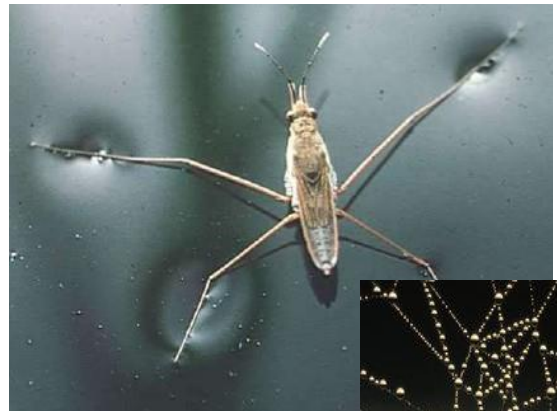
a. Example: how water has the ability to travel from roots to the leaves

2. ADHESION: attractive forces between two particles of different substances, such as water and glass

a. Example: Insects on the surface of water

3. HIGH HEAT CAPACITY: absorb and release large amounts of energy without change in temperature

a. Example: Earth's oceans stabilize global temperatures enough to allow life to exist



4. SOLVENT: fluid that dissolves solutes

- a. Example: Because water is polar it has the ability to dissolve a large number of substances (proteins, sugars, etc)
- b. Oxygen and Carbon Dioxide dissolve in water in the blood and then carry to different parts of the body

5. DENSITY OF ICE-solid water is less dense than liquid water

- a. EXTREMELY IMPORTANT! Bodies of water freeze from the top down and not the bottom up.

Write 1-2 sentences explaining what the effect would be if water froze from the bottom up.

Water has CAPILLARITY: attraction of molecules that results in the rise of the surface of a liquid when in contact with a solid (straws, plant roots)

Solutions

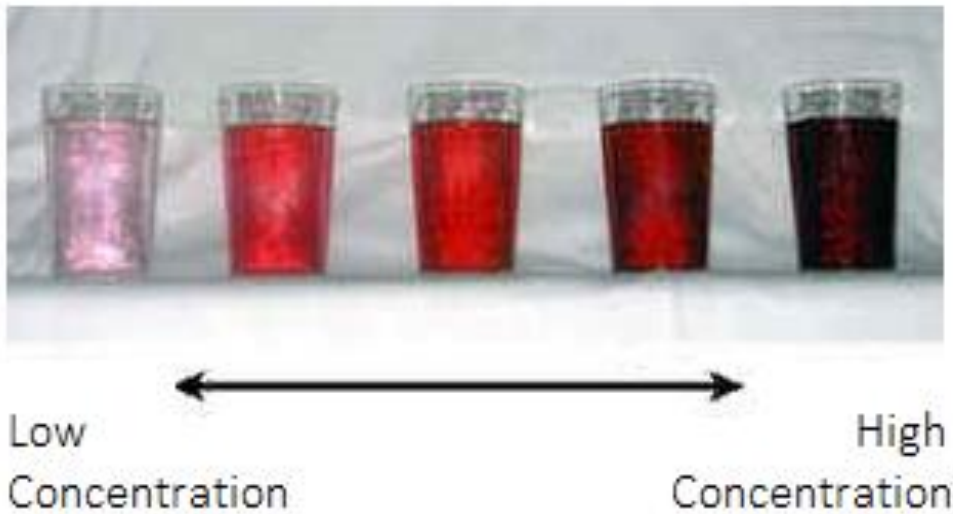
SOLUTION: mixture in which one or more substances are uniformly distributed in another substance

SOLUTE: substance being dissolved

SOLVENT: substance that dissolves the solute

CONCENTRATION: amount of solute dissolved in a fixed amount of the solution

Using a lot of Kool-Aid mix will make your Kool-Aid taste stronger because it would be highly concentrated.



2:7 Acids, Bases, and the pH Scale

ACIDS: ionic compounds that break apart in water to form positively charged hydrogen ions (H^+)

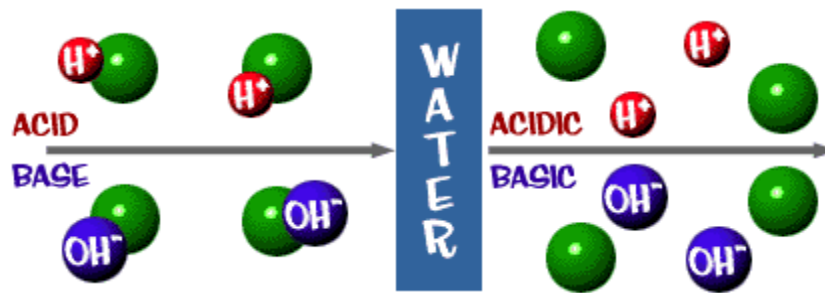
Examples – Vinegar, Citrus Fruits, Stomach Acid (Hydrochloric Acid)

- The strength of an acid is determined by the concentration of hydrogen ions (H^+) in the solution.
- The more H^+ ions the stronger the acid.



Characteristics of Acids:

- Acids taste sour
- Acids react strongly with metals ($Zn + HCl$)
- Strong Acids are dangerous and can burn your skin



BASES: ionic compounds that break apart in water to form negatively charged hydroxide ions (OH⁻)

Examples – Ammonia, Lye (Sodium Hydroxide)

- The strength of a base is determined by the concentration of Hydroxide ions (OH⁻) in the solution.
- The more OH⁻ ions the stronger the base.
- Solutions containing bases are often called alkaline.

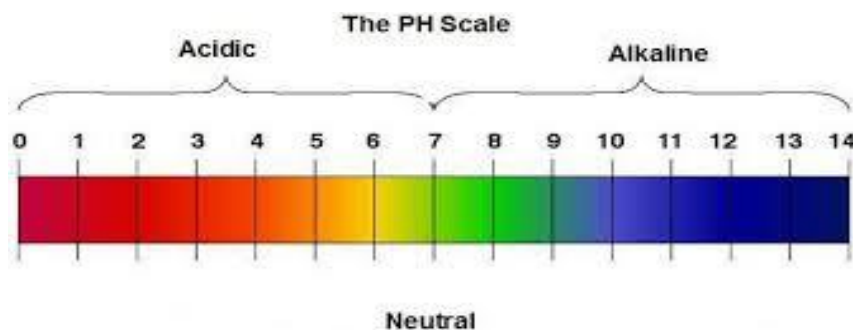
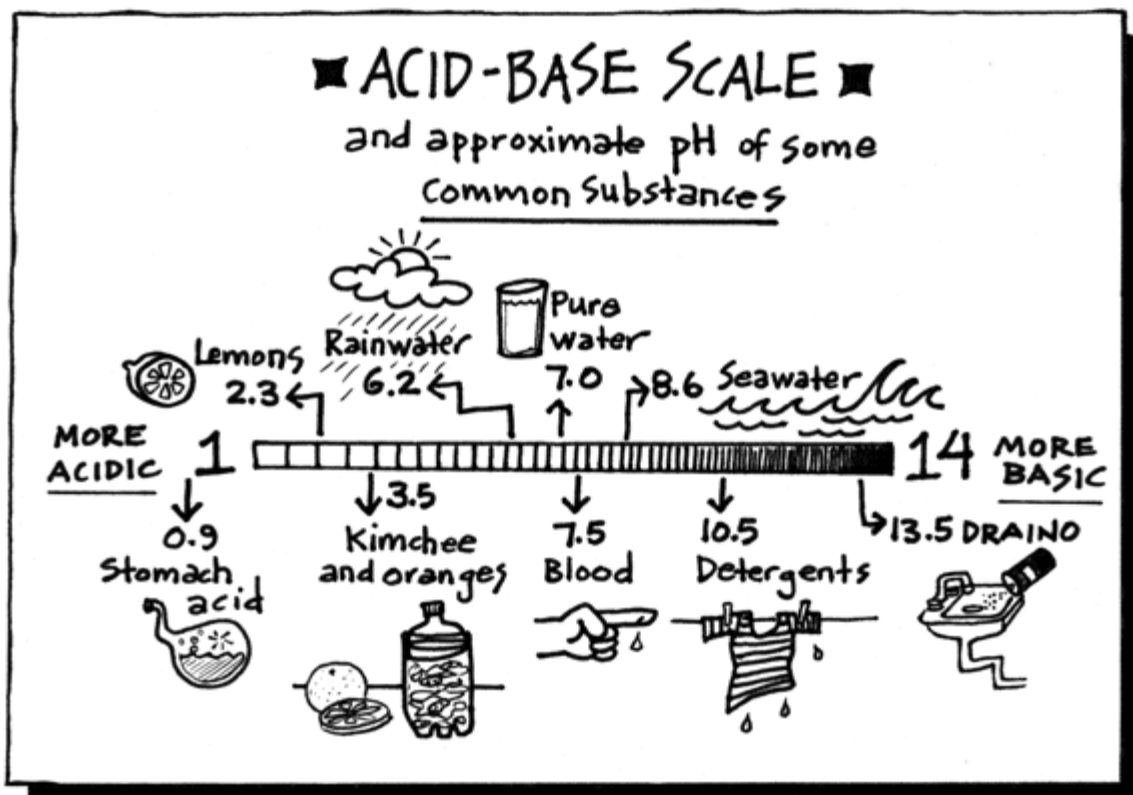


Characteristics of Bases

- Bases taste bitter and feel slippery
- Strong bases are very dangerous and can burn your skin

pH SCALE: a scale that measures the strength of an acid or base in a solution

- The pH scale is a measure of the hydrogen ion concentration.
- It spans from 0 to 14 with the middle point pH 7 being neutral, neither acidic nor basic.
- pH number **GREATER** than 7=base
- pH number **LESS** than 7=acid
- 0 is the strongest acid and 14 is the strongest base.



INDICATOR: a special type of compound that changes color as the pH of a solution changes, thus indicating the pH of the solution

BUFFER: chemical substances that neutralize small amounts of acids or bases (bringing the pH closer to 7)

2:8 Inorganic versus Organic

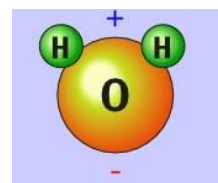
ORGANIC : from life

INORGANIC: not from life

INORGANIC COMPOUNDS: compound not a product of living organisms

Important Inorganic Compounds

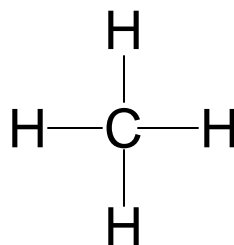
1. OXYGEN(O₂): needed to release energy from food through cellular respiration
2. CARBON DIOXIDE (CO₂): needed for photosynthesis, supplies carbon to living things
 - a. **exception: this inorganic compound contains a carbon atom**
3. WATER (H₂O): most abundant inorganic compound, most abundant of all compounds in living things.



ORGANIC COMPOUNDS: carbon containing compounds manufactured by living things

Organic compounds may be represented by

- **Molecular formula** → CH₄
- **Structural formula** →



FUNCTIONAL GROUPS: the portion of a molecule that is active in a chemical reaction and that determines the properties of many organic compounds

Common Functional Groups:

<u>Functional Group</u>	<u>Structural Formula</u>	<u>Example</u>
Hydroxyl	-O-H	$\begin{array}{c} \text{H} \\ \\ \text{H}-\text{C}-\text{OH} \\ \\ \text{H} \end{array}$
Carboxyl	$\begin{array}{c} \text{O} \\ \\ \text{-C-O-H} \end{array}$	$\begin{array}{c} \text{O} \\ \\ \text{H}_3\text{C}-\text{C}-\text{OH} \end{array}$ <p>acetic acid (vinegar)</p>
Amino	$\begin{array}{c} \text{H} \\ / \\ \text{-N} \\ \backslash \\ \text{H} \end{array}$	<div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> $\begin{array}{c} \text{H} \\ \\ \text{H}-\text{C}-\text{C} \begin{array}{l} // \text{O} \\ \backslash \text{O-H} \end{array} \\ \\ \text{H}-\text{N} \\ \\ \text{H} \end{array}$ <p>Glycine</p> </div> <div style="text-align: center;"> $\begin{array}{c} \text{H} \ \text{H} \ \text{H} \ \text{H} \ \text{H} \ \text{H} \\ \ \ \ \ \ \\ \text{H}-\text{N}-\text{C}-\text{C}-\text{C}-\text{C}-\text{C}-\text{C} \begin{array}{l} // \text{O} \\ \backslash \text{O-H} \end{array} \\ \qquad \qquad \qquad \\ \qquad \qquad \qquad \text{H}-\text{N} \\ \qquad \qquad \qquad \ \\ \qquad \qquad \qquad \text{H} \ \ \text{H} \end{array}$ <p>Lysine</p> </div> </div>
Phosphate	$\begin{array}{c} \text{O} \\ \\ \text{O}-\text{P}-\text{OH} \\ \\ \text{OH} \end{array}$	$\begin{array}{c} \text{O} \\ \\ \text{R}-\text{O}-\text{P}-\text{OH} \\ \\ \text{OH} \end{array}$

STRUCTURAL FORMULA: map of the atoms and bonds in a molecule

- Symbols represent **atoms**
- Lines represent **bonds**
 - single bond – 1 pair e- shared
 - = double bond – 2 pairs e- shared
 - ≡ triple bond – 3 pairs e- shared

STRUCTURAL FORMULAS ARE IMPORTANT BECAUSE many **organic compounds have the same molecular formula and different structures.**

BIOSYNTHESIS: manufacture of organic compounds by living things

2:9 Types of Large Carbon Molecules

MONOMERS: small, simple molecules

POLYMERS: monomers combined together to create more complex molecules

MACROMOLECULES: large polymers

1. Carbohydrates
2. Lipids
3. Proteins
4. Nucleic Acids

Order smallest to largest:

Monomers → Polymers → Macromolecules

2:10 Carbohydrates

CARBOHYDRATES: organic compounds made of carbon, hydrogen, and oxygen; H and O in a 2:1 ratio; **examples:** sugars, starches, cellulose

SUGARS: carbohydrates made by plants, provide fuel (energy) for living things

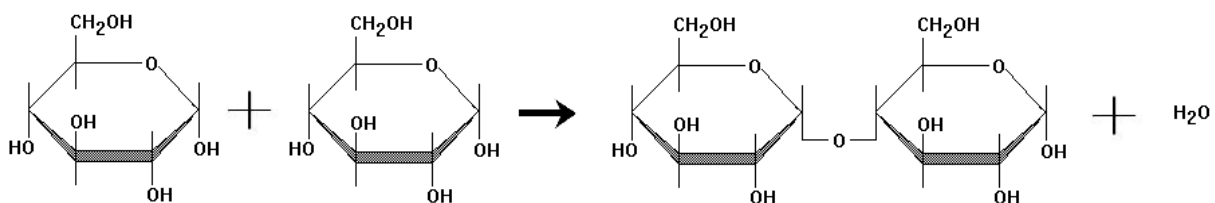
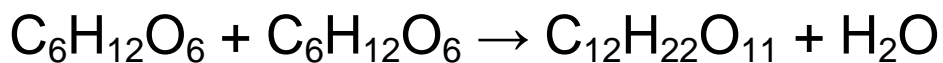
Two Types of Sugars

1. **MONOSACCHARIDES:** simple sugars containing carbon, hydrogen, and oxygen atoms in a 1:2:1 ratio; $C_6H_{12}O_6$ or $C_5H_{10}O_5$; **examples** - glucose, galactose, fructose.

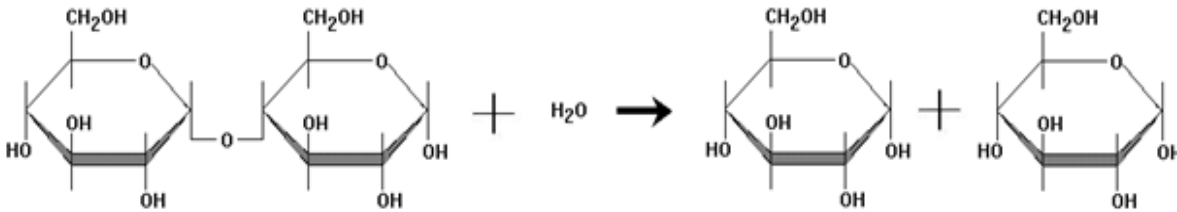
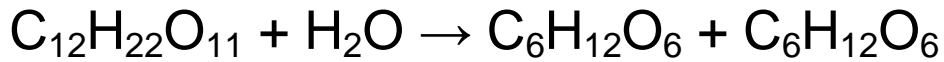
2. **DISACCHARIDES:** two simple sugars combined; $C_{12}H_{22}O_{11}$; **examples** - maltose, sucrose, lactose.

POLYSACCHARIDES: complex carbohydrates made of three or more simple sugars chemically combined; **example** - starches, cellulose.

DEHYDRATION SYNTHESIS: the formation of a large molecule by chemically combining 2 small molecules and removing a water molecule



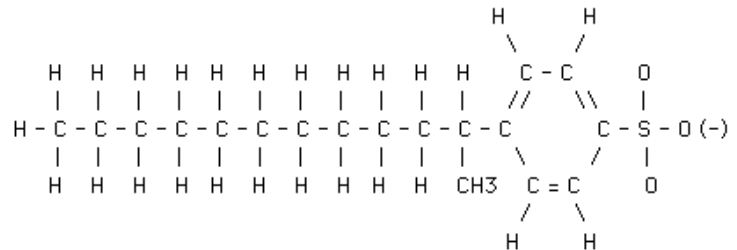
HYDROLYSIS: the chemical breakdown of a large molecule into small molecules by the addition of a water molecule



2:11 Lipids and Proteins

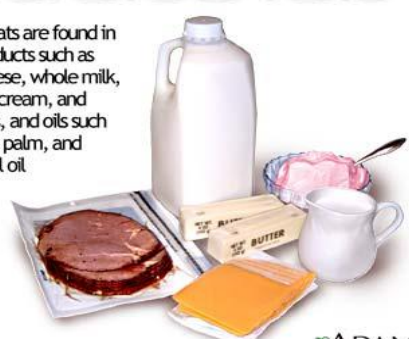

LIPIDS: large, nonpolar organic molecules that store high amounts of energy

- Contain C, H, and O
- Made up of **FATTY ACIDS**: unbranched carbon chains that make up most lipids
- examples - fats, oils, waxes



Three classes of lipids important to living things:

1. Triglycerides

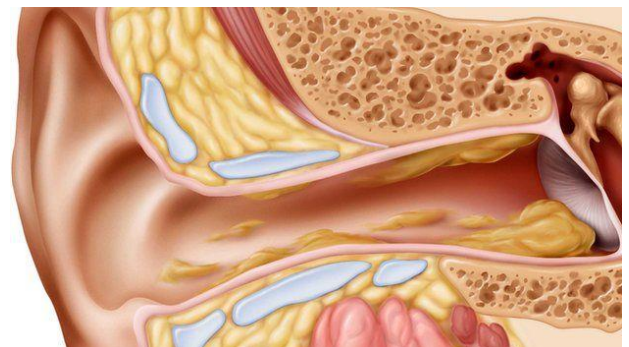
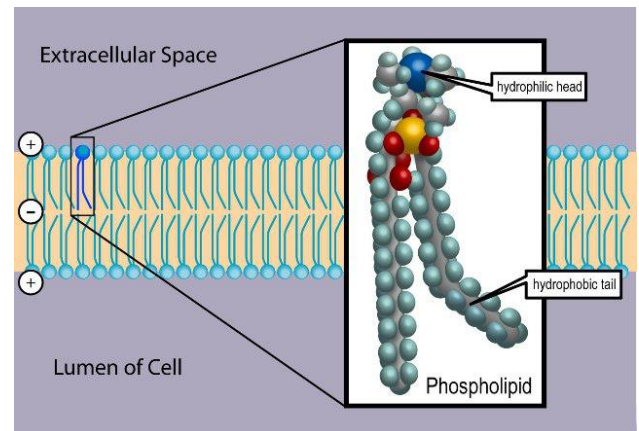
DEFINITION	CHARACTERISTICS	EXAMPLES
<p>SATURATED: composed of saturated fatty acids</p>	<ul style="list-style-type: none"> • High melting point • Hard at room T° 	<p>Saturated fats</p> <p>Saturated fats are found in animal products such as butter, cheese, whole milk, ice cream, cream, and fatty meats, and oils such as coconut, palm, and palm kernel oil.</p>  <p>ADAM.</p>
<p>UNSATURATED: Composed of unsaturated fatty acids</p>	<ul style="list-style-type: none"> • Soft or liquid at room T° 	 <p>Food Containing Unsaturated Fats</p>

2. PHOSPHOLIPIDS: have two, rather than three, fatty acids attached to a molecule of glycerol

a. Example: Make the cell membrane

3. WAXES: type of structural lipid consisting of a long fatty-acid chain joined to a long alcohol chain

a. Example: ear wax to prevent microorganisms from entering the ear canal



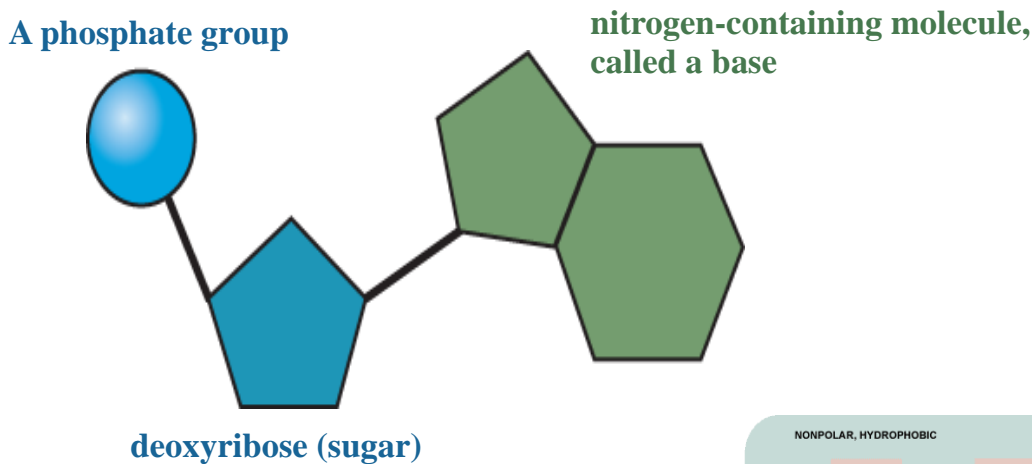
Lipids have more bonds than carbohydrates.

- Breaking bonds releases energy
- Lipids have high potential energy

2:12 Nucleic Acids and Proteins

NUCLEIC ACIDS: complex biological compounds made of chains of nucleotides, serve as instructions for protein synthesis; **examples – DNA, RNA**

- **Functions:** Store hereditary information; Energy storing molecule (ATP)
- **Monomers-NUCLEOTIDE:** made up of a phosphate group, a five-carbon sugar, and a ring-shaped nitrogenous base



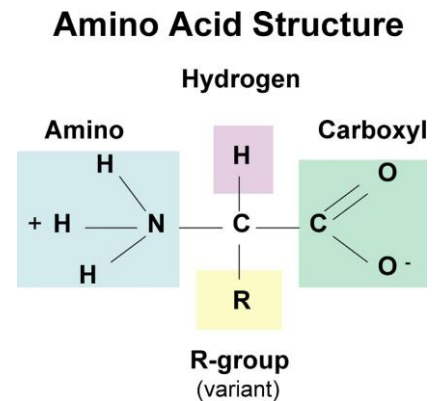
PROTEINS: organic compounds composed mainly of carbon, hydrogen, oxygen, and nitrogen

AMINO ACIDS: “building blocks” of protein

- **Monomers of Proteins**

	NONPOLAR, HYDROPHOBIC	R GROUPS	POLAR, UNCHARGED	
Alanine Ala A MW = 89	$\text{H}_3\text{N}^+\text{CH}(\text{CH}_3)\text{COO}^-$		$\text{H}-\text{CH}(\text{NH}_2)\text{COO}^-$	Glycine Gly G MW = 75
Valine Val V MW = 117	$\text{H}_3\text{N}^+\text{CH}(\text{CH}(\text{CH}_3)_2)\text{COO}^-$		$\text{HO}-\text{CH}_2-\text{CH}(\text{NH}_2)\text{COO}^-$	Serine Ser S MW = 105
Leucine Leu L MW = 131	$\text{H}_3\text{N}^+\text{CH}(\text{CH}_2\text{CH}(\text{CH}_3)_2)\text{COO}^-$		$\text{OH}-\text{CH}(\text{CH}_3)-\text{CH}(\text{NH}_2)\text{COO}^-$	Threonine Thr T MW = 119
Isoleucine Ile I MW = 131	$\text{H}_3\text{N}^+\text{CH}(\text{CH}(\text{CH}_3)\text{CH}_2\text{CH}_3)\text{COO}^-$		$\text{HS}-\text{CH}_2-\text{CH}(\text{NH}_2)\text{COO}^-$	Cysteine Cys C MW = 121
Phenylalanine Phe F MW = 131	$\text{H}_3\text{N}^+\text{CH}(\text{CH}_2\text{C}_6\text{H}_5)\text{COO}^-$		$\text{HO}-\text{C}_6\text{H}_4-\text{CH}_2-\text{CH}(\text{NH}_2)\text{COO}^-$	Tyrosine Tyr Y MW = 181
Tryptophan Trp W MW = 204	$\text{H}_3\text{N}^+\text{CH}(\text{CH}_2\text{C}_8\text{H}_6\text{N}_2)\text{COO}^-$		$\text{NH}_2-\text{C}(=\text{O})-\text{CH}_2-\text{CH}(\text{NH}_2)\text{COO}^-$	Asparagine Asn N MW = 132
Methionine Met M MW = 149	$\text{H}_3\text{N}^+\text{CH}(\text{CH}_2\text{CH}_2\text{S-CH}_3)\text{COO}^-$		$\text{NH}_2-\text{C}(=\text{O})-\text{CH}_2-\text{CH}_2-\text{CH}(\text{NH}_2)\text{COO}^-$	Glutamine Gln Q MW = 146
Proline Pro P MW = 115	$\text{H}_3\text{N}^+\text{CH}_2\text{CH}_2\text{CH}_2\text{CH}_2\text{N}^+\text{H}_2$		POLAR BASIC $\text{NH}_3^+-\text{CH}_2-(\text{CH}_2)_3-\text{CH}_2-\text{COO}^-$	Lysine Lys K MW = 146
Aspartic acid Asp D MW = 133	POLAR ACIDIC $\text{H}_3\text{N}^+\text{CH}(\text{CH}_2\text{C}(=\text{O})\text{O}^-)\text{COO}^-$		$\text{NH}_2-\text{C}(=\text{O})-\text{NH}-(\text{CH}_2)_3-\text{CH}_2-\text{COO}^-$	Arginine Arg R MW = 174
Glutamic acid Glu E MW = 147	$\text{H}_3\text{N}^+\text{CH}(\text{CH}_2\text{CH}_2\text{C}(=\text{O})\text{O}^-)\text{COO}^-$		$\text{NH}_2-\text{C}(=\text{O})-\text{CH}_2-\text{CH}_2-\text{CH}_2-\text{COO}^-$	Histidine His H MW = 155

- **PEPTIDE BOND:** when two amino acids form a covalent bond to make proteins by releasing a water molecule
- The 20 amino acids are the “alphabet” from which proteins are formed
The R group is what changes an amino acid and gives proteins very different shapes
- Different shapes allow proteins to carry out many different activities in living things
- Each organism makes its own individual proteins according to the instructions of its DNA
- You ingest plant or animal protein, break it down into amino acids (HYDROLYSIS), and use the amino acids to manufacture your proteins (DEHYDRATION SYNTHESIS).



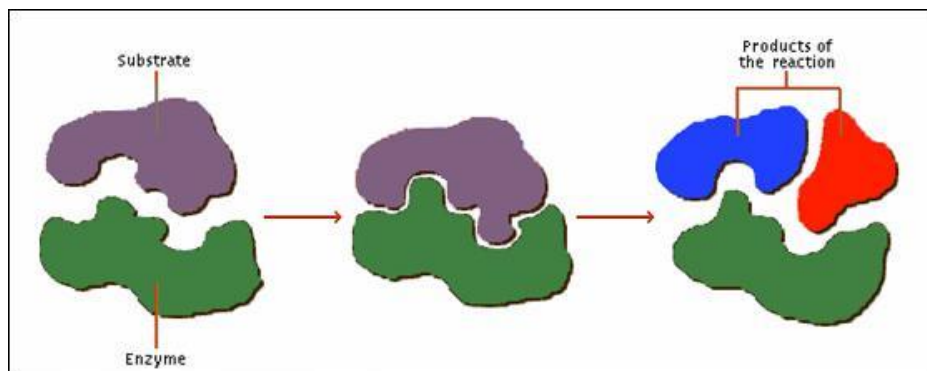
2:13 Enzymes

CATALYSTS: substance that changes the rate of a chemical reaction without being affected by the reaction

ENZYMES: proteins that act as catalysts in living organisms;
example - digestive enzymes

SUBSTRATE: substance(s) that an enzyme causes to react

ACTIVE SITE: area where enzyme and substrate fit together during reaction

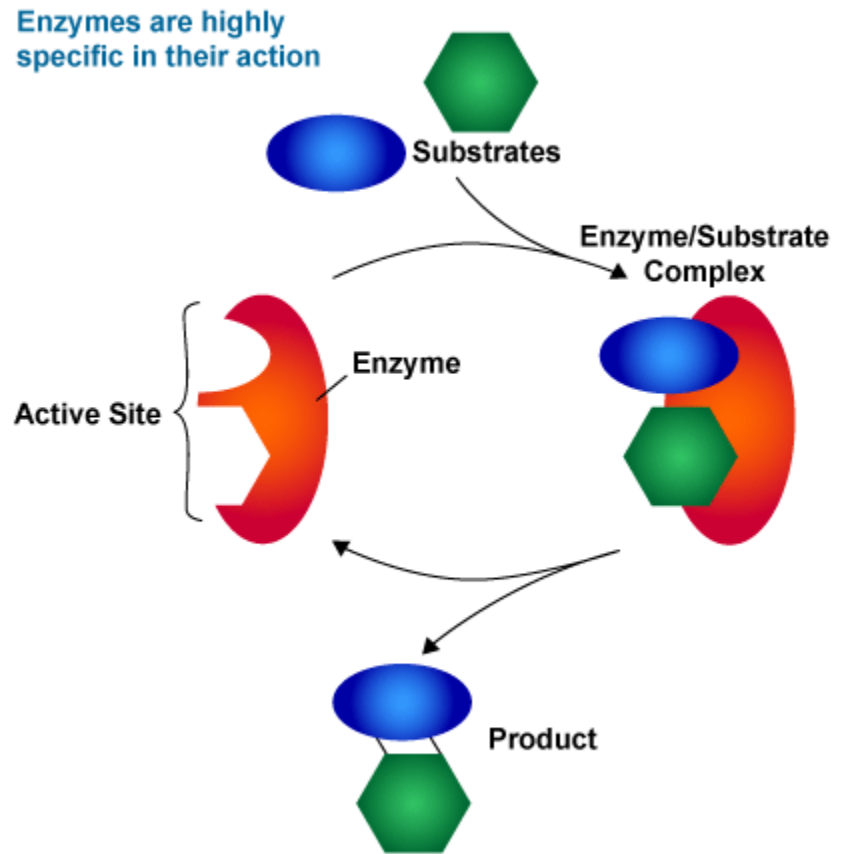


How do enzymes work?

1. The enzyme and the substrate fit together at the active site forming the enzyme-substrate complex.
2. Reaction occurs.
3. Enzyme is released and may be re-used.

Denaturing Proteins

1. Change in Temperature (Fever)
2. Change in pH levels
3. Introducing an inhibitor (snake venom)



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Enzymes can work faster if you have an activator. Your metabolism can be controlled through enzyme activators.

2:14 Summarize Macromolecules

<i>Macromolecule</i>	<i>Monomer</i>	<i>Function</i>	<i>Example</i>
Carbohydrate	Monosaccharide	<ul style="list-style-type: none">• Energy source• Structural materials	<ul style="list-style-type: none">• Glucose• Fructose• Starch
Proteins	Amino Acids	<ul style="list-style-type: none">• Structural• Defensive• Catalysts	<ul style="list-style-type: none">• Soy beans• Cheese• Pumpkin seed• Enzymes
Lipids	Glycerol and Fatty Acids	<ul style="list-style-type: none">• Store energy• Make-up cell membrane	<ul style="list-style-type: none">• Oils• Fatty meats
Nucleic Acids	Nucleotide	<ul style="list-style-type: none">• Genetic info• Energy source	<ul style="list-style-type: none">• DNA• RNA• ATP