

# BizMoms

## Who are we?

Biz Moms is a group of female small business owners within the Chesapeake Moms Club. CMC is proud to support these talented, hardworking entrepreneurs and showcase their thriving businesses.

Moms are the quintessential multi-taskers, and these Eastern Shore moms are no exception in their drive, passion and success. The CEOs of their households, as well as the owners of a business, these dynamic women contribute to their families' bottom line while loyally serving their clients and communities.

With years of experience both inside and out of parenthood, Biz Moms are efficient, organized, customer-friendly and highly qualified in their field. They love to work outside of the home helping people just like you solve personal and business needs.

WE ENCOURAGE YOU TO SUPPORT THE AMAZING PRODUCTS AND SERVICES OF LOCAL MOMS!





#### TARA B HANDPAINTED GLASSWARE TARA BLAKELY

Unique painted wine glasses, ornaments, vases and more! Custom orders available upon request. 410-279-3390 • tkglynn@yahoo.com



#### FABRICADABRA STEPHANIE BUECHE BILLETS

Upholstery and interior design. Custom sewing projects available upon request. 410-490-8087



#### MOYA LARA STATIONERY & DESIGN LARISA FRANKOSKI

Custom Graphic Design, Wedding Invitations, Coloring Cards & Art Prints, Children's Stationery, Logo Design, Event Posters & More! www.moyalara.com • larisa@moyalara.com



#### CANAAN PLATTERS & SEWN BY MALONE EMILY MALONE

**CBC BOUTIQUE** 

**CHRISTINE FODOR** 

Commemorative platters. Personalized Kids Super Hero capes and more! emilytalbotmalone@gmail.com www.CanaanPlatters.Etsy.com www.facebook.com/sewnbymalone

## C\*B\*C boutique



#### THE MILLER GIRLS' CURBSIDE CAFE WENDY MILLER WALCH

High-end beach bags and beach ponchos,

heating pads and customized coaster sets.

www.facebook.com/cbcboutique

www.etsy.com/shop/cbcboutique

Personal chef/meal prep services, meal planning assistance, in-home catering (limited), and cooking class parties. www.mgcurbsidecafe.com

Fealth & Beauty



## FOUNDATIONS ISLAND YOGA

www.foundationsislandyoga.com

#### ANNAPOLIS AREA DOULAS

Labor and post partum doulas, independent contractors. www.annapolisareadoulas.com

**KATIE HAXTON** 410-703-9396 • katie@annapolisareadoulas.com **JENNIFER USHER** 410-320-7579 • jen@annapolisareadoulas.com

#### NUTRITIONIST BILLIE WALTON

Rooted with Nutrition

Certified Nutrition Specialist (CNS) and Licensed Dietician Nutritionist (LDN). I am here to partner with you to help you feel energized, optimized and rooted in a healthy lifestyle. www.rootedwithnutrition.com

#### **PERSONAL TRAINER • ARBONNE CONSULTANT** KRISTIE TAPPER

Certified Personal Trainer, Group Fitness Instructor licensed to teach Zumba and spin, Area Manager with Arbonne International. Kristie.tapper@gmail.com • 410-409-0081 www.kristietapper.arbonne.com

#### FUNCTIONAL MEDICINE ALLIANCE LIZ STAUFFER

Licensed PT and Certified Nutrition Specialist (CNS), Licensed Dietitian/ Nutritionist. At Functional Medicine Alliance, my co-founder and I incorporate functional medicine testing and principles into our practice. www.fma.life



#### PERFECTLY POSH ASHLEY O'BRIEN

Natural Based Pampering Products (540) 589-9552 Anewton\_2006@yahoo.com Https://ashleyobrien.po.sh

Pamper Gourself



#### ARBONNE INDEPENDENT CONSULTANT

KELLY MARTIN 443-822-4083 kellynolanmartin@gmail.com http://KellyMartinStevensville.arbonne.com



#### LULAROE COURTNEY MOURLAS

LuLaRoe is a comfortable, affordable and stylish line of clothing designed for women and children. Please join my VIP page to see what it's all about! www.facebook.com/groups/lularoecourtneymourlas/



#### RODAN+FIELDS SKIN CARE NICOLE BENNINGA

Executive Consultant for the #1 premium line for Acne and Anti Aging in the US + So much more! https://nicolebenninga.myrandf.com 443-858-3375 • pniki11@aol.com



#### LULAROE VICTORIA ROSATI

Comfortable, fashionable, on-trend women's and kid's leggings, tops, skirts and dresses. Find me on Facebook! LuLaRoeVictoriaRosatiVIP



RODAN+FIELDS

DERMATOLOGISTS

Independent Consultant

#### CHLOE + ISABEL • RODAN + FIELDS AMY HOBERT

amyrhobert@gmail.com • 757-646-3817 http://chloeandisabel.com/boutique/shophobert http://amyhobert.myrandf.com



## RODAN+FIELDS SKIN CARE

Independent Consultant ivette.violeta01@gmail.com • 630-445-9070 https://vaguirre.myrandf.com

pecialty Services

#### FLAHERTY SOLUTIONS ERIN FLAHERTY

Bookkeeping/Quickbooks for small businesses. We get you ready to file your taxes with little to no legwork from you. www.Flaherty-solutions.com



CMC

#### CAT AND THE FIDDLE PHOTOGRAPHY EMILY LOVALD JACKSON

Lifestyle photography shoots with newborns and families, corporate work and real estate/interior design. www. catandfiddlephotography.com www.facebook.com/CatAndFiddlePhotography



#### A PICTURED PERSPECTIVE KRISTA WILLIAMS

Affordable and fun photo shoots as well as sunset photos and alphabet photography.

www.apicturedperspective.com



### O'DONNELL PROPERTIES

Realtor/Broker --providing residential and commercial services! www.chesapeakebayre.com 443-786-0200 • camilleodp@gmail.com



#### A SHORE THING WEDDINGS KATHY HIGGINBOTHAM

Specializing in Pop Up Wedding Planning and Officiant Services. www.ashorethingweddings.com khigg23@gmail.com • 301-370-5696

#### KKG MEDIA RELATIONS KARIN KORPOWSKI-GALLO

Highly creative public relations executive with a sharp eye for fresh approaches with the media! Specialties: press release writing, story-telling and media pitching, executive media training, special event planning and social media execution. Karin@kkgmediarelations.com 813-966-7550

nique Businesses



#### DAROSA NEW MEDIA & TRAINING LIZ daROSA

Social Media Account Management (I grow/manage Your social platforms as if I'm You!) & Training. www.drlizdaRosa.com • dr.liz.darosa@gmail.com Facebook.com/DaRosaNewMedia • 513-319-5022



#### SPACES AND PLACES BY DIANA DIANA LEONARD

Home Organization Services. (410) 926-6615 spaces.places.diana@gmail.com



#### WILDTREE

ERIN CHESAK

Oils, spice blends, meal planning workshops. All products free from MSG, GMO, preservatives, additives, HFCS. Many certified organic & gluten free. www.mywildtree.com/ErinChesak



#### MATRICULATED SERVICES CARRIE SUTHERLAND

We provide quality logistical and storage services to the Gas and Oil Industry. www.MatriculatedServices.com



#### BIG ISLAND VENTURES CATHY JOHNSTON

Marine construction (piers, bulkheads, stone work, anything to protect your waterfront home and maximizing your waterfront utility). www.bigislandventures.com • 410-991-0713

#### **BITS OF BRIDGEVIEW STABLE** DENISE KASTLE

Offering self care horse boarding. www.facebook.com/Kastle-Farm-Bits-of-Bridgeview-Stable



Join The Club

With Chesapeake Moms Club, you and your children can begin making lifelong friends. Start finding support for the toughest – and most rewarding – job you will ever have!

We are a growing support network made up of over 100 working and stay-at-home Moms from Kent Island to Centreville, covering all of Queen Anne's County, Maryland.

We are please to offer members : Organized Age Specific Playgroups, Moms Night Out, Holiday Parties, Family Outings & Gatherings, Banquets, Monthly Coffees, Community Outreach Events, Adult Socials, Kids Activities, Field Trips, Facebook Group Access & Support, Monthly Calendar of Organized Events, Annual Moms Overnight Retreat, and More!

#### FOR MORE INFORMATION OR TO JOIN CMC :

email • chesapeakemomsclub@gmail.com web • www.chesapeakemomsclub.org

