

Blood Glucose Meters

BLOOD DROP SIZE

Meters specify how much blood is needed to get an accurate reading. Blood drop size is measured in microliters, as shown below. Some meters allow you to reapply blood within a few seconds if your sample size was too small, so you don't waste a strip.



KEY

ⓘ) = audio capability ✨ = backlight 🏠 = port light BP = measures both blood glucose and blood pressure BT = wireless Bluetooth capability C = requires user coding ☁ = Can save data to the cloud without having to push the data to another device ⬇ = computer download capability K = also tests blood ketones P = communicates with insulin pump *Microliters
****Sold only with insulin pump MSRP = manufacturer's suggested retail price. These are over-the-counter retail prices; check with your insurance plan for specific coverage and how much you may have to pay.**

Abbott Diabetes Care

myfreestyle.com
1-888-522-5226



FreeStyle Freedom Lite

Features: ⬇
Blood Sample Size*: 0.3 •
Battery: 1 CR2032
MSRP: \$19.99
Strips MSRP: \$1.46-\$1.52/strip (\$73-\$76/50 strips)



FreeStyle InuLinx

Features: ✨ ⬇
Blood Sample Size*: 0.3 •
Battery: 3 CR2032
MSRP: \$49.99
Strips MSRP: \$1.54-\$1.60/strip (\$77-\$80/50 strips)



FreeStyle Lite

Features: ✨ 🏠 ⬇
Blood Sample Size*: 0.3 •
Battery: 1 CR2032
MSRP: \$19.99
Strips MSRP: \$1.46-\$1.52/strip (\$73-\$76/50 strips)



FreeStyle Precision Neo

Features: ⬇
Blood Sample Size*: 0.6 •
Battery: 2 CR2032
MSRP: \$17.99-\$24.99
Strips MSRP: 40¢-44¢/strip (\$19.99-\$21.99/50 strips)

AgaMatrix

agamatrix.com
1-866-906-4197



WaveSense Presto

Features: ✨ ⬇
Blood Sample Size*: 0.5 •
Battery: 2 CR2032
MSRP: \$19.99
Strips MSRP: 25¢/strip (\$24.99/100 strips)



WaveSense PrestoPro

Features: ✨ ⬇
Blood Sample Size*: 0.5 •
Battery: 2 CR2032
MSRP: \$19.99
Strips MSRP: 25¢/strip (\$24.99/100 strips)

Arkray

arkrayusa.com
1-800-566-8558



Glucocard 01

Features: ⬇
Blood Sample Size*: 0.3 •
Battery: 1 CR2032
MSRP: \$19.95
Strips MSRP: 55¢/strip (\$27.95/50 strips)



Glucocard Expression

Features: ⓘ) ⬇
Blood Sample Size*: 0.8 •
Battery: 2 AAA
MSRP: \$19.95
Strips MSRP: \$1.24/strip (\$61.95/50 strips)



Glucocard Shine

Features: ✨ ⬇
Blood Sample Size*: 0.5 •
Battery: 2 CR2032
MSRP: \$19.95
Strips MSRP: 46¢/strip (\$22.95/50 strips)



Glucocard Vital

Features: ⬇
Blood Sample Size*: 0.5 •
Battery: 1 CR2032
MSRP: \$19.95
Strips MSRP: \$1.20/strip (\$54.95/50 strips)

What about accuracy? All meters are tested and approved by the Food and Drug Administration, and they're held to the same accuracy standards. That said, testing for accuracy once the meter hits the market is not done. For more on meter accuracy, visit diabetesforecast.org/meteraccuracy.

Ascensia Diabetes Care (formerly Bayer)

contournext.com
1-800-348-8100



Contour

Features: ↓
Blood Sample Size*: 0.6 ●
Battery: 2 CR2032
MSRP: \$19.99
Strips MSRP: \$1.26/strip
(\$62.95/50 strips)



Contour Next

Features: ✱ ↓
Blood Sample Size*: 0.6 ●
Battery: 2 CR2032
MSRP: \$19.99
Strips MSRP: 83¢/strip
(\$41.55/50 strips)



Contour Next EZ

Features: ↓
Blood Sample Size*: 0.6 ●
Battery: 2 CR2032
MSRP: \$19.99
Strips MSRP: 83¢/strip
(\$41.55/50 strips)



Contour Next Link**

Features: ✱ ↓ P
Blood Sample Size*: 0.6 ●
Battery: Rechargeable via computer or wall charger
MSRP: Sold only with Medtronic pumps
Strips MSRP: 83¢/strip
(\$41.55/50 strips)



Contour Next USB

Features: ✱ ↓
Blood Sample Size*: 0.6 ●
Battery: Rechargeable via computer or wall charger
MSRP: \$29.99
Strips MSRP: 83¢/strip
(\$41.55/50 strips)

BioSense Medical Devices

biosensemd.com
1-877-592-3922



Solus Mobile

Features: 1) ✱ ☁
Blood Sample Size*: 0.7 ●
Battery: Rechargeable lithium ion
MSRP: Manufacturer declined to provide
Strips MSRP: Manufacturer declined to provide



Solus V2

Features: 1) ↓
Blood Sample Size*: 0.7 ●
Battery: 2 AAA
MSRP: \$19.99
Strips MSRP: 40¢/strip
(\$19.99/50 strips)

CVS

cvs.com
1-800-746-7287



CVS Advanced Blood Glucose Meter

Features: ✱
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$17.99
Strips MSRP: 23¢/strip
(\$22.99/100 strips)



CVS Blood Glucose Monitor Featuring Truetrack Smart System

Features: C ↓
Blood Sample Size*: 1.0 ●
Battery: 1 CR2032
MSRP: \$14.99
Strips MSRP: 53¢/strip
(\$52.99/100 strips)



CVS True Metrix Self-Monitoring Blood Glucose Meter


Features: ↓
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$19.99
Strips MSRP: 80¢/strip
(\$39.99/50 strips)



CVS True Metrix Air Self-Monitoring Blood Glucose Meter


Features: BT
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$24.99
Strips MSRP: 80¢/strip
(\$39.99/50 strips)

Blood Glucose Meters




CVS Trueresult Blood Glucose Monitoring System
Features: ↓
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$17.99
Strips MSRP: 70¢/strip (\$69.99/100 strips)

Diabetic Supply of Suncoast
dsosi.com
 1-866-373-2824




Advocate Redi-Code Plus Speaking Meter
Features: 1) ↓
Blood Sample Size*: 1.0 ●
Battery: 2 AAA
MSRP: \$29.99
Strips MSRP: 50¢/strip (\$24.99/50 strips)

Entra Health
entrahealth.com
 1-877-458-2646




MyGlucoHealth Wireless
Features: BT ↓
Blood Sample Size*: 0.3 ●
Battery: 2 AAA
MSRP: \$89.95
Strips MSRP: \$1/strip (\$49.95/50 strips)

Fifty50 Medical
fifty50.com
 1-800-746-7505




Fifty50 2.0
Features: ↓
Blood Sample Size*: 0.5 ●
Battery: (2) 3-volt lithium
MSRP: \$39.95
Strips MSRP: 74¢/strip (\$36.95/50 strips)




Fifty50 2.0 Sport
Features: * ↓
Blood Sample Size*: 0.5 ●
Battery: (2) 3-volt lithium
MSRP: \$39.95
Strips MSRP: 74¢/strip (\$36.95/50 strips)


Fora Care
foracare.com
 1-805-498-8188




Fora D40c, D40d, D40g 2-in-1
Features: 1) BP C ↓
Blood Sample Size*: 0.5 ●
Battery: 4 AA, 6V adaptor, and lithium ion
MSRP: \$179
Strips MSRP: 80¢/strip (\$39.99/50 strips)




Fora G30
Features: ↓
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$39.99
Strips MSRP: 80¢/strip (\$39.99/50 strips)




Fora GD20
Features: ↓
Blood Sample Size*: 0.7 ●
Battery: 1 CR2032
MSRP: \$29.99
Strips MSRP: 80¢/strip (\$39.99/50 strips)



Fora MD
Features: * BT ↓
Blood Sample Size*: 1.1 ●
Battery: 2 AAA
MSRP: \$69.99
Strips MSRP: 80¢/strip (\$39.99/50 strips)



Fora Premium V10
Features: 1) ↓
Blood Sample Size*: 0.5 ●
Battery: 2 AAA
MSRP: \$29.99
Strips MSRP: 80¢/strip (\$39.99/50 strips)



Fora V12
Features: 1) ↓
Blood Sample Size*: 0.7 ●
Battery: 2 AAA
MSRP: \$59.99
Strips MSRP: \$1/strip (\$49.99/50 strips)

	<p>Fora V30 Features: 1) Blood Sample Size*: 0.5 • Battery: 2 AAA MSRP: \$49.99 Strips MSRP: 80¢/strip (\$39.99/50 strips)</p>
	<p>Test N' Go Features: Blood Sample Size*: 0.5 • Battery: Lithium rechargeable polymer MSRP: \$89.99 Strips MSRP: \$1.18/strip (\$59/50 strips)</p>
	<p>Test N' Go Voice Features: 1) Blood Sample Size*: 0.5 • Battery: 2 AAA MSRP: \$79 Strips MSRP: \$1.18/strip (\$59/50 strips)</p>

Genesis Health Technologies
genesishhealthtechnologies.com
 1-888-263-0003



Genesis Meter
Features:
Blood Sample Size*: 0.7 •
Battery: Rechargeable
MSRP: \$99.95
Strips MSRP: \$1.08/strip
 (\$53.95/50 strips)

iHealth Labs
ihealthlabs.com
 1-855-816-7705



Align
Features: Unit plugs into smartphone to display results
Blood Sample Size*: 0.7 •
Battery: 3-volt CR1620
MSRP: \$16.95
Strips MSRP: 25¢/strip
 (\$12.50/50 strips)



Smart Gluco-Monitoring System
Features:
Blood Sample Size*: 0.7 •
Battery: 3.7-volt lithium ion
MSRP: \$29.95
Strips MSRP: 25¢/strip
 (\$12.50/50 strips)

Infopia
infopiausa.com
 1-888-446-3246



Element Compact
Features:
Blood Sample Size*: 0.5 •
Battery: 2 CR2032
MSRP: \$9.99
Strips MSRP: 30¢/strip
 (\$14.99/50 strips)



Element Compact V
Features: 1)
Blood Sample Size*: 0.5 •
Battery: 2 AAA
MSRP: \$12.99
Strips MSRP: 30¢/strip
 (\$14.99/50 strips)



Element Plus
Features: 1)
Blood Sample Size*: 0.3 •
Battery: 2 AAA
MSRP: \$14.99
Strips MSRP: 40¢/strip
 (\$19.99/50 strips)

LifeScan
onetouch.com
 1-800-227-8862



OneTouch Ping**
animas.com
 1-877-937-7867
Features:
Blood Sample Size*: 1.0 •
Battery: 2 AAA
MSRP: Sold only with Animas OneTouch Ping pump
Strips MSRP: \$1.60/strip
 (\$79.99/50 strips)



OneTouch Ultra2
Features:
Blood Sample Size*: 1.0 •
Battery: 2 CR2032
MSRP: \$19.99
Strips MSRP: \$1.60/strip
 (\$79.99/50 strips)



OneTouch UltraMini
Features:
Blood Sample Size*: 1.0 •
Battery: 1 CR2032
MSRP: \$19.99
Strips MSRP: \$1.60/strip
 (\$79.99/50 strips)


Blood Glucose Meters

	<p>OneTouch Verio Blood Glucose Monitoring System Features: ✨ ⬇️ Blood Sample Size*: 0.4 • Battery: 2 AAA MSRP: \$19.99 Strips MSRP: \$1.66/strip (\$82.99/50 strips)</p>
	<p>OneTouch Verio Flex Features: BT ⬇️ Blood Sample Size*: 0.4 • Battery: 1 CR2032 MSRP: \$19.99 Strips MSRP: \$1.66/strip (\$82.99/50 strips)</p>
	<p>OneTouch VerioIQ Features: ✨ 📶 ⬇️ Blood Sample Size*: 0.4 • Battery: Rechargeable 3.7-volt lithium MSRP: \$29.99 Strips MSRP: \$1.66/strip (\$82.99/50 strips)</p>


<p>Livongo Health livongo.com 1-866-435-5643</p>	
	<p>In Touch Features: ✨ ☁️ Blood Sample Size*: 0.8 • Battery: Rechargeable lithium ion MSRP: \$75/month Strips MSRP: Unlimited strips included in monthly price</p>

<p>Nova Diabetes Care novacares.com 1-800-681-7390</p>	
	<p>Nova Max Link Features: ⬇️ communicates with Medtronic MiniMed insulin pumps Blood Sample Size: 0.3 • Battery: 1 CR2450 MSRP: \$19.99 Strips MSRP: 40¢/strip (\$19.99/50 strips)</p>
	<p>Nova Max Plus Features: ⬇️ K Blood Sample Size*: 0.3 • (for blood glucose), 0.8 • (for ketones) Battery: 1 CR2450 MSRP: \$19.99 Strips MSRP: 40¢/blood glucose strip (\$19.99/50 blood glucose strips); \$2/ketone strip (\$19.99/10 ketone strips)</p>

<p>Oak Tree Health oaktree-health.com 1-866-994-3345</p>	
	<p>EasyMax NG/LTC Features: ✨ Blood Sample Size*: 0.6 • Battery: 2 AAA MSRP: \$19.99 Strips MSRP: 44¢/strip (\$22.20/50 strips)</p>
	<p>EasyMax Voice Features: 🗣️ ⬇️ Blood Sample Size*: 0.6 • Battery: 2 AAA MSRP: \$19.99 Strips MSRP: 33¢/strip (\$16.50/50 strips)</p>
	<p>EasyMax Voice 2nd Generation Features: 🗣️ ⬇️ Blood Sample Size*: 0.6 • Battery: 2 AAA MSRP: \$19.99 Strips MSRP: 33¢/strip (\$16.50/50 strips)</p>
	<p>Fortis Care EM66 Features: ✨ Blood Sample Size*: 0.6 • Battery: 2 AAA MSRP: \$19.99 Strips MSRP: 44¢/strip (\$22.20/50 strips)</p>
	<p>Fortis Care EME Blood Sample Size*: 0.6 • Battery: 2 AAA MSRP: \$19.99 Strips MSRP: 44¢/strip (\$22.20/50 strips)</p>
	<p>Fortis Care MDT2 Features: BT ⬇️ Blood Sample Size*: 0.6 • Battery: 2 AAA MSRP: \$19.99 Strips MSRP: 40¢-44¢/strip (\$20-\$23/50 strips)</p>




Fortis Care MU
Features: ✱ ⬇
Blood Sample Size*: 0.6 ●
Battery: 2 AAA
MSRP: \$24.95
Strips MSRP: 40¢-46¢/strip
 (\$20-\$23/50 strips)




Fortis Care (T2) R13N
Blood Sample Size*: 0.6 ●
Battery: 1 CR2032
MSRP: \$19.99
Strips MSRP: 33¢/strip
 (\$16.50/50 strips)


Omnis Health
omnishealth.com
 1-877-979-5454



Embrace
Features: 1) ⬇
Blood Sample Size*: 1.0 ●
Battery: 2 AAA
MSRP: \$17.99
Strips MSRP: 22¢/strip
 (\$10.99/50 strips)




EmbraceEVO
Blood Sample Size*: 0.8 ●
Battery: 1 CR2032
MSRP: \$17.99
Strips MSRP: 22¢/strip
 (\$10.99/50 strips)




EmbracePRO
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$14.99
Strips MSRP: 22¢/strip
 (\$10.99/50 strips)

Philosys
gmate.com
 1-855-GO-GMATE




Gmate Smart
Features: Unit plugs into smartphone to display results
Blood Sample Size*: 0.5 ●
Battery: None
MSRP: \$19.95
Strips MSRP: 50¢/strip
 (\$24.95/50 strips)




Gmate Voice
Features: 1) ⬇
Blood Sample Size*: 0.5 ●
Battery: 2 AAA
MSRP: \$38
Strips MSRP: \$1.99/strip
 (\$99.50/50 strips)


Prodigy Diabetes Care
prodigymeter.com
 1-800-243-2636



Prodigy AutoCode
Features: 1) ⬇
Blood Sample Size*: 0.7 ●
Battery: 2 AAA
MSRP: \$9.94
Strips MSRP: 45¢/strip
 (\$22.44/50 strips)




Prodigy Pocket
Features: ⬇
Blood Sample Size*: 0.7 ●
Battery: 1 CR2032
MSRP: \$9.94
Strips MSRP: 45¢/strip
 (\$22.44/50 strips)




Prodigy Voice
Features: 1) ⬇
Blood Sample Size*: 0.7 ●
Battery: 2 AAA
MSRP: \$68.75
Strips MSRP: 45¢/strip
 (\$22.44/50 strips)

Roche
accu-chek.com/us
 1-800-858-8072



Accu-Chek Aviva Combo**
Features: ✱ BT ⬇ P
Blood Sample Size*: 0.6 ●
Battery: 3 AAA
MSRP: Sold only with Accu-Chek Combo pump
Strips MSRP: \$1.75/strip
 (\$174.99/100 strips)




Accu-Chek Aviva Connect
Features: ✱ BT ☁ ⬇
Blood Sample Size*: 0.6 ●
Battery: 2 CR2032
MSRP: \$29.99
Strips MSRP: \$1.75/strip
 (\$174.99/100 strips)


Blood Glucose Meters

	<p>Accu-Chek Aviva Expert Features: ✨ ⬇️ insulin calculator Blood Sample Size*: 0.6 ● Battery: 3 AAA MSRP: Available only by prescription Strips MSRP: \$1.75/strip (\$174.99/100 strips)</p>
	<p>Accu-Chek Aviva Plus Features: ⬇️ Blood Sample Size*: 0.6 ● Battery: 1 CR2032 MSRP: \$29.99 Strips MSRP: \$1.75/strip (\$174.99/100 strips)</p>
	<p>Accu-Chek Compact Plus Features: ✨ ⬇️ Blood Sample Size*: 1.5 ● Battery: 2 AAA MSRP: \$74.99 Strips MSRP: \$1.67/strip (\$169.99/100 strips)</p>
	<p>Accu-Chek Nano Features: ✨ Blood Sample Size*: 0.6 ● Battery: 2 CR2032 MSRP: \$29.99 Strips MSRP: \$1.75/strip (\$174.99/100 strips)</p>

Sanofi
ibgstar.us
 1-855-424-7827

	<p>iBGStar Features: Unit plugs into smartphone to display results Blood Sample Size*: 0.5 ● Battery: Rechargeable lithium polymer MSRP: \$74.99 (iPhone not included) Strips MSRP: \$1.30/strip (\$64.99/50 strips)</p>
---	--

Telcare
telcare.com
 1-877-777-4710

	<p>Telcare BGM Features: ✨ ☁️ ⬇️ Blood Sample Size*: 0.8 ● Battery: Rechargeable lithium ion MSRP: \$149.99 Strips MSRP: \$1.12/strip (\$55.95/50 strips)</p>
---	---

Trividia Health
niprodiagnostics.com
 1-800-803-6025

	<p>Sidekick Blood Sample Size*: 1.0 ● Battery: Disposable meter; no need to replace battery MSRP: \$19.97 Strips MSRP: Meter is sold with a 50-strip vial attached. New strips purchased with new meter.</p>
	<p>True2go (also available in retail-brand models) Blood Sample Size*: 0.5 ● Battery: 1 CR2032 MSRP: \$9.99 Strips MSRP: 70¢/strip (\$69.99/100 strips)</p>
	<p>True Metrix Air Self-Monitoring Blood Glucose Meter Features: BT Blood Sample Size*: 0.5 ● Battery: 1 CR2032 MSRP: \$24.99 Strips MSRP: 80¢/strip (\$39.99/50 strips)</p>
	<p>True Metrix Self-Monitoring Blood Glucose Meter Features: ⬇️ Blood Sample Size*: 0.5 ● Battery: 1 CR2032 MSRP: \$19.99 Strips MSRP: 70¢/strip (\$69.99/100 strips)</p>
	<p>Trueresult (also available in retail-brand models) Features: ⬇️ Blood Sample Size*: 0.5 ● Battery: 1 CR2032 MSRP: \$13-\$18 Strips MSRP: 70¢/strip (\$69.99/100 strips)</p>



Truetrack
(also available in retail-brand models)
Features: C ↓
Blood Sample Size*: 1.0 ●
Battery: 1 CR2032
MSRP: \$14.99
Strips MSRP: 50¢/strip
(\$49.99/100 strips)

U.S. Diagnostics
usdiagnostics.com
1-866-216-5308



Control
Features: C ↓
Blood Sample Size*: 1.0 ●
Battery: 1 CR2032
MSRP: \$9.95
Strips MSRP: 40¢/strip
(\$19.95/50 strips)



EasyGluco
Features: C
Blood Sample Size*: 1.5 ●
Battery: 1 CR2032
MSRP: \$9.95
Strips MSRP: 40¢/strip
(\$19.95/50 strips)



EasyGluco Plus
Features: ✱
Blood Sample Size*: 0.5 ●
Battery: 2 CR2032
MSRP: \$9.95
Strips MSRP: 50¢/strip
(\$24.95/50 strips)



Infinity
Features: ↓
Blood Sample Size*: 0.5 ●
Battery: 2 CR2032
MSRP: \$9.95
Strips MSRP: 50¢/strip
(\$24.95/50 strips)

Walgreens
walgreens.com
1-800-925-4733



Walgreens True Matrix
Features: ↓
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$19.99
Strips MSRP: 80¢/strip
(\$39.99/50 strips)



Walgreens True Matrix Air Self-Monitoring Blood Glucose Meter
Features: BT
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$24.99
Strips MSRP: 80¢/strip
(\$39.99/50 strips)



Walgreens True2go
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$9.99
Strips MSRP: 70¢/strip
(\$69.99/100 strips)



Walgreens Trueresult
Features: ↓
Blood Sample Size*: 0.5 ●
Battery: 1 CR2032
MSRP: \$17.99
Strips MSRP: 70¢/strip
(\$69.99/100 strips)



Walgreens Truetrack
Features: C ↓
Blood Sample Size*: 1.0 ●
Battery: 1 CR2032
MSRP: \$14.99
Strips MSRP: 50¢/strip
(\$49.99/100 strips)

Walmart
relion.com
1-800-631-0076



ReliOn Confirm

Features: ↓
Blood Sample Size*: 0.3 •
Battery: 1 CR2032
MSRP: \$14.88
Strips MSRP: 40¢/strip
(\$19.98/50 strips)



ReliOn Micro

Blood Sample Size*: 0.3 •
Battery: 1 CR2032
MSRP: \$14.98
Strips MSRP: 40¢/strip
(\$19.98/50 strips)



ReliOn Prime

Blood Sample Size*: 0.5 •
Battery: 1 CR2032
MSRP: \$9
Strips MSRP: 18¢/strip
(\$9/50 strips)



ReliOn Ultima

Features: ✨ ↓
Blood Sample Size*: 0.6 •
Battery: 1 CR2032
MSRP: \$14.98
Strips MSRP: 36¢/strip
(\$35.88/100 strips)

American Diabetes Association.
MyFoodAdvisor®

Recipes for Healthy Living

Sign up today — it's FREE!

Get regular updates with:

- Recipes
 - Quick
 - Foodie
 - Budget-Friendly
 - And more!
- Healthy Tips
- A One-Day Meal Plan

Visit diabetes.org/recipes

