Blueprint for Success Polishing Your Resume





Quick Quiz Take your best guess

How many times will the average person change jobs in their lifetime?

10-15 times (average is 12)

How long do recruiters spend reviewing your resume?

6 seconds (average) What percent of applicants can be screened out by an Applicant Tracking System (ATS)?

75%

· CAT'S -RESUME



HUNTER



SINGER



SLEEP EXPERT



BOX INSPECTOR





NEGOTIATOR



ABSTRACT ARTIST



Tell Your Story

Basics

What do you think should be included on a resume?

What else?

- Objective
- Related Courses
- Activities/Involvement/Leadership
- Awards
- Volunteering

✓ Name & Contact Information

Bold, easy to see/read first!
At minimum email & phone number

✓ Education

High school? Okay as freshman, but remove after first year in college

Experience

Relevant experience that relates to position applying for - which can include jobs, internships, projects, research

✓ Skills

Relevant skills, such as languages, computer/technical, certifications/trainings

✓ Experience

Any **other** work experiences that may not be related, but demonstrate other abilities (leadership, commitment, etc.)

Quick RESUME TIPS

- Be brief, giving a concise snapshot of your accomplishments
- Be consistent with formatting
- Prioritize what is relevant to each job
- Use bold and italic sparingly & intentionally
- Don't include references or objective statements
- Reverse chronological order in each category
- Past tense for past experience, present tense for current
- Easy to read white space, font size, organized
- Keep a master resume, too



- Give important context to your experiences beyond title
- Quantify your bullets (#, %, \$)
- Demonstrate your skills show, don't tell
- Starting each statement with a strong action verb will demonstrate your skills
- Focus on your impact or results avoid saying "duties include..."

Challenge | Action | Result
WHAT | HOW | WHY

MAKING IT tangible...

Quantify

How much, how many, how often?

- Increased production by 55% through...
- Raised over \$4,000 for the American Cancer Society through...

Results

Think about accomplishments

- Became the top seller of the division within the first year
- Developed partnership with Japanese study abroad program

Don't just tell...

Skills: AutoCAD | Revit | Sketchup | Adobe Photoshop | Adobe InDesign | Enscape 3D | Microsoft Office | Model making | Sketching | Cost estimation | Risk mitigation

Show!

 Modelled 60-story mixed-use project using Revit and AutoCAD to create construction documents and calculate accurate quantities of building materials to reduce wastage up to 15%

Don't include opinions...

Only facts!

OPINION

"I am a strong team leader"

"Great communicator"

"Hard worker"

FACT

"Led a team of 14 undergraduate students in..."

"Served as a conversation host for international students"

"Achieved a 45% increase in customer response through..."



Traditional Resume

- Used in "non-design-based" fields and positions
- List experiences in reverse chronological order
- Tailored to position (relevant information)
- Simple = better

Danielle W. Silva

dwsilva@vt.edu (540) 111-2345

Permanent Address: 1234 Forest Lane Frederick, MD 20872

EDUCATION

College Address:

Blacksburg, VA 24061

115 Slusher Hall, Virginia Tech

B.S. Building Construction (Minor: Real Estate) Expected Graduation: May 20XX Virginia Tech, Blacksburg, VA

GPA: 3.2/4.0

SKILLS

AutoCAD, Autodesk Revit, Navisworks, Microsoft Visio, Microsoft Project, Microsoft

RELATED **EXPERIENCE**

Project Engineer Co-op, CK Commercial, Millersville, MD May 20XX – December 20XX

- Assisted in maintaining project office and records, including project directory, submittal logs, RFI logs, material delivery logs, close out logs, etc.
- Processed shop drawings and submittals, logging and tracking all project documentation under supervision of project manager.
- Supported creation and management of project schedules.
- Identified and resolved field issues.
- Prepared and processed close-out materials; e.g. as-built drawings, warranties, lien releases, operation and maintenance manuals and punch list
- Coordinated work with site subcontractors, inspectors, architects, engineers, and project owner representatives.

OTHER **EXPERIENCE** Self-employed, Lawn care business, Frederick, MD Summers 20XX & 20XX

- Solicited business through cold calls and visits.
- Increased customer base through referrals for quality work.
- Performed all necessary equipment maintenance and repairs.
- Covered all expenses and yielded net annual profits of over \$4000.

Server, Family Restaurant, Frederick, MD

May 20XX – August 20XX, High school & summers

- Trained on and used excellent customer service practices in fast-paced work environment.
- Participated in corporate program to increase sales; achieved all sales goals.
- Summers: worked 40+ hours/week; school year: worked 15 hours/week.

ACTIVITIES

Women in Construction, Vice-President, 20XX-20XX Symphonic Band, Virginia Tech, 20XX-present Big Brother, Big Sister Program, 20XX-present High School Varsity Volleyball Team, 20XX-20XX High School Symphonic Band, 20XX-20XX

HONORS

Outstanding Sophomore in Building Construction, 20XX Maryland Distinguished Scholar, Honorable Mention, 20XX

Scholar Athlete Award, 20XX-20XX

Merit Award, Honorable Mention, 20XX Media Festival, Photography Division

Design Resume

- ONLY used for creative/design fields and positions!
- Same basic information (bio, skills, education, experiences, etc.) with usually less text
- Do not include your picture unless required for the job (example: model or actor)
- Must be created BY YOU (not an online resource or company)
- Can include a personal logo and limited use of color
- Match to formatting/design of portfolio



CONTACT

Portfolio: issuu.com/hokiesvt

mvnme@vt.edu

555-231-5555

515 Cherry Tree Lane Blacksburg, VA 24060

SKILLS-

Photoshop

Illustrator

InDesign

AutoCAD

SketchUp

Revit

Drawing, Sketching, Rendering, Drafting

Microsoft Office (Word, PowerPoint, Excel, Publisher)

AWARDS-

Dean's List (20XX, 20XX)

2nd Place -InterDesign Region IV Contest (20XX)

Bradley Camden

Education

Italy Study AbroadFall 20XXFlorence Institute of Design International | Florence, Italy4.00

Related Experience

Interior Design Intern

May 20XX - August 20XX

Wayfair LLC | Boston, MA

- Utilized AutoCAD for space planning, furniture layouts, and generating parts lists
- Established project budget and timeline
- Finalized all furniture layouts, finishes, and specifications
- Generated drawings, including 2D, 3D, and installation plans
- Prepared customer presentations, including look books,
 PowerPoints, and design binders
- Participated in final installation walkthrough

Interior Design Apprentice
HokieDesign LLC | Blacksburg, VA

January 20XX - December 20XX

- Shadowed three local interior designers in business operations, project management, and design

- Completed master bedroom design concept and color scheme under supervision of the head designer
- Assisted with sampling and purchasing of fabrics and other materials

Involvement

Vice-President August 20XX - Present Interior Designers for Education and Sustainability (IDEAS)

Ambassador August 20XX - Present College of Architecture and Urban Studies

Other Employment

Host January 20XX - May 20XX

Cabo Fish Taco | Blacksburg, VA

Skills-Based Resume

- Sometimes used for local, state, and regional government jobs (like Urban & Regional Planners)
- Demonstrate skills related to the position you are applying for
- Shows HOW you utilized your skills
- Can easily be confusing to the reader

*Be cautious: Many employers do not like skills-based resumes

Jacob A. Kelly jakelly@vt.edu | (703) 654-3210

College: 600 Jackson St., Apt. C, Blacksburg, VA 24060 | Permanent: 4156 Hawthorne Circle, Reston, VA 12345

EDUCATION

Bachelor of Arts: Smart and Sustainable Cities (Minor: History)

December 20XX GPA: 3.3

Virginia Tech, Blacksburg, VA
Dean's List: Fall 2015, 2016; Spring 2015, 2016, 2017

SKILLS Data Analytics

 Completed coursework in Urban Analytics for Decision-Making, Urban and Regional Analysis, Introduction to Urban Analytics, and Statistics for Social Sciences

- Computer skills include advanced use of Microsoft Excel and working knowledge of SPSS
- Experienced in data collection and quantitative and qualitative research methodology

Planning/Policy Research

- Completed coursework in Collaborative Policy-Making and Planning, The US Policy Process, Public Policy Analysis, and Legal Foundations of Planning, GIS
- Developed working knowledge of online databases: LexisNexis, ABI/Inform, NTIS, PAIS, EconLIT, etc.; and web-based resources: US census, Library of Congress, Code of Federal Regulations, Virginia LIS

Communication

- Coursework requiring memos, letters, staff reports, technical reports, research papers, oral presentations, multimedia presentations, and development of web-based information and materials
- Computer skills include basic knowledge of ARCNiew, ARC/Info, AutoCAD, Photoshop, Adobe Illustrator, Macromedia Flash
- Collaborated with a team of eight full-time professionals to plan an ASA-sponsored conference

COURSE PROJECTS

Field Study at Pulaski County Planning Commission, Virginia Tech

Fall 20XX

- Analyzed population and housing statistics using Excel and development of the demographics element of the comprehensive plan in Microsoft Word and Adobe Acrobat
- Created posters and brochures for public display and information using Photoshop and Adobe Illustrator and presented a PowerPoint presentation before the Pulaski County Planning Commission

WORK EXPERIENCE

Intern, American Bar Association

Summer 20XX

Alexandria, VA

- Completed site visits to the EPA, HUD, Senator John Warner's Office and the Library of Congress
- Coordinated an ASA-sponsored conference on emerging issues in land use law, including conference site selection and contract administration, identifying keynote and plenary speakers, and negotiating honoraria and fees

Volunteer Coordinator, Virginia Tech YMCA

Summers 20XX and 20XX

Blacksburg, VA

- Met with local organizations and agencies to identify volunteer opportunities
- Published notices of project or placement availability
- Supervised four volunteers to coordinate the annual volunteer "blitz week"

ACTIVITIES

American Planning Association, August 2017 – Present Student Planning Association, Vice-President, August 2017 – Present

Federal Resume

- Used when applying for federal positions
- More than one page usually
- Includes ALL everything you have done and repetition is okay
- Includes extra information, such as supervisor information, salary, and hours worked
- Try using the federal resume builder on USAJobs.gov
- CPD has advisors certified in federal resume writing

ANNA S. WARD

1700 Foxrun Road, Blacksburg, VA 24060 Day Phone: 555-948-1404 Email: asward1@vt.edu

Citizenship: United States Veterans Status: N/A Federal Civilian Status: N/A Clearance: N/A

EDUCATION:

B.A., (May 20XX), Virginia Tech, Blacksburg, VA United States

Major: Environmental Policy and Planning

120 Semester Hours

GPA: 3.5 of a maximum 4.0

Relevant Coursework, Licenses and Certifications:

Law of Critical Environment Areas Public Service Leadership
Urban Policy and Planning Legal Foundations of Planning
Land Use and Environment: Policy and Planning Policy Implementation

Semester in Washington, DC: Seminar in Politics, Policy, and Administration in a Democracy. Explored the relationship between the imperatives of democratic mobilization, policy choices and organizational choices through intensive study of the operating context of a selected public or nonprofit organization. Examined implications of policy-maker choices for implementing institution dynamics and challenges.

WORK EXPERIENCE:

U.S. Environmental Protection Agency (02/20XX - 03/20XX)

1200 Pennsylvania Avenue NW, Washington, DC 20460 United States

Student Volunteer Internship

Salary: \$0

Hours per week: 6

Supervisor: Officer Daniel Guilliams (555-898-1212)

Okay to contact this Supervisor: Yes

Duties, Accomplishments and Related Skills:

Environment Protection: Observed the intersection between environmental stressors, public health, and US demographics; how the public defines, values and perceives water quality; measuring demand for beach and other water based recreational or ecosystems services; how water quality and ecosystem health is empirically modeled and defined; calculating benefits and costs of building resilience to extreme weather; and how EPA approaches the costs and benefits of policy options.

KEY ACCOMPLISHMENTS: Summarized and presented economic research and concepts on Florida wetlands preservation

Montgomery County Commonwealth's Attorney (05/20XX - 08/20XX)

755 Roanoke Street, Christiansburg, VA 24073 United States

Witness/Victim Advocate Intern

Salary: \$8.25 USD Per Hour

Hours per week: 10

Supervisor: Ariana Logan (800-222-3333)

Okay to contact this Supervisor: Yes

Duties, Accomplishments and Related Skills:



Salary: \$9.00 USD Per Hour

Hours per week: 15

Supervisor: Julie Sisson (540-230-5555)

Okay to contact this Supervisor: Yes

Duties, Accomplishments and Related Skills:

CUSTOMER SERVICE: Provide fast-paced quality customer service in a high-volume retail store. Sell an average of \$1.000 of merchandise per shift.

KILLS:

Language: Spanish

Spoken: Advanced Written: Advanced

Read: Advance

Technical: Advanced skill in Microsoft Word, PowerPoint; Intermediate skill in Microsoft Excel

AFFILIATIONS & LEADERSHIP ROLES:

Hokie Ambassador Student Tour Guide (September 20XX-present)

- Executive Board, Membership Chair (January 20XX-present)
 - o Coordinate and manage recruitment process in collaboration with 4 board members.
 - Give tours of campus to prospective students and families, in groups of up to 50.

Big Brothers Big Sisters, Member (April 20XX-present)



Anna S. Ward Page

ed with 30 victims of crime through 15 week internship. Met with each client prior less and timeline. Used compassion and empathy to work with clients as trials

ch assigned client through entirety of court process, including pre-trial meetings, of accurate records of each verdict and assigned sentence.

ated a client tracking database through Microsoft Excel, digitizing records for first

onal Security and Technology (09/20XX - 08/20XX) burg, VA 24060 United States

12)

ed Skills:

ked with an interdisciplinary team of engineers, programmers, and analysts to te election equipment from electronic hacking. Researched various methods and

weekly reports outlining progress of team. Synthesized material from multiple mended courses of action.

etermined that non-electronic systems are preferable for future elections. Worked a proposal for a \$50,000 grant to conduct future research on accuracy of ns

... VA 24060 United States



Tailoring YOUR RESUME

How would you tailor your resume to every job application?

- ✓ Customize objective statement
- ✓ Reordering bullet statements & removing some statements
- Reordering sections altogether
- Customize category titles for the industry, maybe reorder what experience goes where
- Reconsider which courses to include in Related Coursework
- ✓ Consider order in which you list experience info (company name, job title or the opposite?)
- ✓ Use their lingo (client v. customer)
- ✓ Use keywords from job description...

- ✓ Use keywords from job description...
- What skills (hard & soft) are they seeking?
- Required v. preferred qualifications
- Use a word cloud generator to visualize
- Apply within 2 weeks





Navigating ATS

- **Don't** imbed: images, icons, hyperlinks, etc.
- **Don't** use tables
- **Don't** use templates
- **Don't** use Times New Roman font
- ✓ **Do** use exact key words from job description



"Visit" Career and Professional Development!

For appointments: Log into Handshake

Online resources: career.vt.edu

Contact: Meredith Gerber, gerberm@vt.edu

Physical location:

Corner of Washington St. SW and West Campus Drive (across from McComas Gym)



VTcareerprofdev



@vtcpd



@vtcareerprofdev