# **BOWL COZY PATTERN**



# Make a BOWL COZY in 4 simple steps!



Bowl cozies are THE BEST! They are great for both hot or cold foods so if you want to enjoy a hot bowl of soup or protect your hands from a cold bowl of ice cream, this is for you!

Not only do they protect your hands and furniture but they double as built-in potholders when used with hot food.

Quick and easy to sew, bowl cozies make great gifts and are also a way to add seasonal fun to your home. They take up little space so why not make them for the holidays, season, special occasions and more?

#### MATERIAL LIST:

- Two 10" squares of fabric
- Two 10" squares of batting
- Fabric chalk, pen or other marker that will wash out

#### SAFETY NOTE:

If you will use the bowl cozy in the microwave make sure to use 100% cotton fabric, thread and batting. Polyesters or metallics may catch fire (and who wants that??)

#### Let's talk about your fabric options!

You need a 10" square for both the top and bottom.

I usually use a 10" square for the bottom but when I have some time and want to get creative I create 10" quilt blocks for the top/inside of my cozy.



**Basic 10" square** Great for directional patterns or when you want to make a lot at once!



**Four square Block** Cut and assemble four 5.5" squares then trim to a perfect 10" square



**Pinwheel Block** Use two 8" squares to create a 10" Pinwheel block quickly and easily <u>using this method (link to video demo)...</u>

This pattern features fabric from the **Homestead Life** collection by Tara Reed Designs, manufactured and sold by Riley Blake Designs.

Ask for it in your favorite quilt shop!



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### **STEP 1: SEW FABRIC & BATTING PIECES**

Place each square of fabric on top of a square of batting. (see figure 1)

Mark diagonal lines for stitching (see figure 2) and pin.

Sew along diagonal lines.

For a basic square I often mark and sew with the batting on top to decrease the amount of lint that goes into my machine.

For quilt blocks where you want to be more precise with the center point I sew with the fabric on top.





#### STEP 2: SEWING THE DARTS TO CREATE BOWL SHAPE

Fold each piece in half, right sides together.

Place the FOLDED EDGE along a cutting mat OR measure 1" from the fold on the top and 2" down the fold. Mark. (see figure 3)

Repeat on the bottom edge and sew along both lines on both halves of the cozy.

Trim seam allowance to 1/8" to decrease bulk. (see figure 4)

Fold and mark second set of darts just like the first, for both halves of the cozy.

Sew and trim seam allowances. (see figure 5)







(figure 5)

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## **STEP 3: LAYER THE PIECES & PREPARE TO SEW**

When you open the squares they will sit like a bowl.

Turn one right side up and the other right side down. (It doesn't matter which is which at this point...) (see figure 6)

Layer both halves with right sides together and clip or pin so corners and darts line up. (see figure 7)



(figure 6)



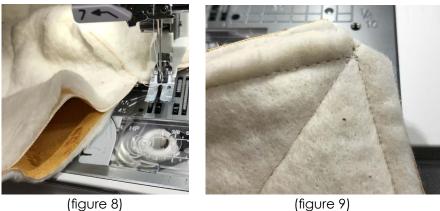


#### **STEP 4: SEW THE BOWL COZY TOGETHER**

Sew around the edges with a 1/4" seam, turning your needle at the corners and the darts.

Leave about 3" open for turning. I sew back and forth a few times to reinforce the opening so the stitching doesn't come apart when turning the cozy right side out. (see figure 8)

Trim corners being careful not to clip the stitching. (see figure 9) Turn right side out. Push out corners.



(figure 9)

Shape so the fabrics are on the top and bottom as you want them.

The first time you do this you might panic and think something is wrong (I did!) - it doesn't look great until you add the topstitching! (see figure 10)

Topstitch around the edge of the bowl, folding in the opening 1/4" to close. (see figure 11)



(figure 10)



(figure 11)



YOU ARE DONE!

#### <u>CLICK HERE to watch</u> <u>the video tutorial ></u>



#### Let's Connect!

If you make this pattern I'd love to see it!

Instagram: <u>@artisttarareed</u> Pinterest: <u>pinterest.com/artisttarareed</u> Facebook: <u>facebook.com/TaraReedDesigns</u> Blog: <u>TaraReed.com/blog</u>