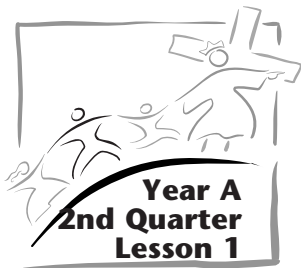


LESSON



Breakfast by the Sea

SERVICE Service is helping others.

References

John 21:1–13; *The Desire of Ages*, pp. 809–817.

Memory Verse

“Be kind . . . to one another” (Ephesians 4:32, NIV).

Objectives

The children will:

Know that Jesus showed love to His friends.

Feel a desire to show love to their friends.

Respond by helping a friend.

The Message



We are kind to our friends.

Getting Ready to Teach

The Bible Lesson at a Glance

Jesus’ disciples fish all night, but don’t catch a thing. They see a man on the shore who tells them to throw their nets on the other side of the boat. They do, and their nets are filled with so many fish that they can’t pull them into the boat. They realize the man is Jesus. When they get to shore, they eat the breakfast Jesus cooks for them on the beach.

This is a lesson about service.

The two things Jesus did for His

disciples were acts of service. First, the greater act, He helped them catch fish, their main source of food and income. The other, fixing breakfast and serving it to them, was a humble act, and showed His concern for the everyday things of life. Helping others is an act of service, no matter how great or small. Children can look for things they can do to serve others too.

Teacher Enrichment

“They were too much amazed to

ONE



question whence came the fire and the food. . . . Though they were to be deprived of His personal companionship, and of the means of support by their former employment, the risen Savior would still have a care for them. While they were doing His work, He would provide for their needs. And Jesus had a purpose in bidding them cast their net on the right side of the ship. On that side He stood upon the shore. That was the side of faith. If they labored in connection with Him—His divine power combining with their human effort—they could not fail of success" (*The Desire of Ages*, pp. 810, 811).

Room Decorations

Room decor for the next three months will work well with an outdoor seashore setting. Hang a large fishnet from the ceiling or on a wall and hang seashells or pictures of sea creatures on it. Crinkle blue cellophane or use blue cloth surrounded by large rocks to suggest water. A few large plants, real or artificial, would be appropriate.

This program will be enhanced by the use of a boat prop of some sort. Suggestions: a toy riding boat, a small rowboat, or a space you can create to simulate a boat by using benches, blocks, chairs, etc.

Program Overview

LESSON SECTION	MINUTES	ACTIVITIES	MATERIALS NEEDED
Welcome	ongoing	Greet students	
1 Parent Time			
2 Arrival Activities	up to 10	A. <i>Book Basket</i> B. <i>Puzzles</i> C. <i>Fish and Boats</i> D. <i>Sand and Shells</i> E. <i>Tea Set</i> F. <i>Rocking Chair</i>	books about fish and sea animals boat, fish, or sea life puzzles small plastic fish and boats, bucket or tub of water small inflatable swimming pool, clean play sand, seashells, buckets, shovels pitcher of water, paper cups adult-sized rocking chair
3 Getting Started	up to 10	A. Welcome B. Prayer C. Visitors D. Offering E. Birthdays	mirror, sea animal puppet or toy stuffed animal, bells toy boat or other offering container artificial birthday cake, candles, matches, small gift (optional)
4 Experiencing the Story	up to 30	A. <i>Memory Verse</i> B. <i>Rocking Boat</i> C. <i>No Fish</i> D. <i>Lots of Fish</i> E. <i>Jesus on the Shore</i> F. <i>Memory Verse Song</i> G. <i>Campfire on the Beach</i> H. <i>Breakfast by the Sea</i> I. <i>Memory Verse Song</i> J. <i>Cleaning Up</i>	small felt or cardboard Bible books small boat; string of electric lights or flashlight with end covered with pin-pricked black plastic or glow-in-the-dark stars tub or bucket or kiddie pool of water, small fishnets or small toy colander tub or bucket or kiddie pool of water, lots of plastic fish or other floating objects, fishnets or small toy colander rocks or blocks, red or orange colored cellophane or tissue paper blanket, fish-shaped crackers or other snack, small paper cups, napkins, pitcher of water trash can or trash bag



LESSON SECTION	MINUTES	ACTIVITIES	MATERIALS NEEDED
5 Make and Take (Optional)	up to 10 Week 1	<i>K. Fishing Poles</i>	sticks or wooden dowels, string, steel paper clips, magnetic strip, paper fish (see fish pattern, p. 62), tub or bucket or kiddie pool of water
		<i>L. Taking Turns</i>	toy stuffed animal or small blanket for each child
		<i>M. Teddy Bear Share</i>	
	Week 2	<i>Finish the Fish</i>	paper fish reproducible pattern (see p. 62), finger paints or ink pads, paper, baby wipes or paper towels, and water
	Week 3	<i>Fingerprint Fish</i>	paper, reproducible wave pattern (see p. 63), ink pad or finger paint, fine-tip markers, baby wipes or paper towels, and water
Week 4	<i>Banner</i>	reproducible banner pattern (see p. 62), stickers (optional), glue, craft sticks, pencils or markers or crayons	
Week 5	<i>Kind Hands</i>	paper, pencils, memory verse song	
Snack Center (Optional)			small (about six-inch) paper plates, craft sticks, glue, scissors, finger paint, fish-shaped sponges
			"fish" crackers, water, paper cups, napkins

1

PARENT TIME

Busy parents often arrive at church tired and worn out from the week's activities and from getting the family ready for the "day of rest." Share a word of encouragement with them sometime during Sabbath School (possibly during Arrival Activities), something that will express your care and concern for them. The following statements were prepared

by young mothers and fathers as suggestions, and may be used at your discretion at any time you wish.

Week 1

The news was devastating. As an obstetric nurse, I understood completely how serious the situation was for our precious newborn daughter. She could

die. I felt so alone. We were moving away from the area, but had decided that I should deliver the baby here. We called our dear friends who lived about four hours away. The next thing I knew, they were at the hospital. All we could do was cry and pray together, but having them just *be* there with us encouraged me greatly.

After some heart-wrenching delays, our daughter was released from the hospital, perfectly healthy. We praise God for the gift of her life, and for friends who stood by us, loving us, supporting us.

Share a time friends helped you through some trial. How did their support show God's love to you?

Week 2

My wife was the choir director at another church in our community, so every Wednesday night I would put our infant son into the "snugli" and "wear" him to our midweek meeting. One evening he began to fuss, and I took him out of the little pack to comfort him. A kind woman offered to take him, so I gave him to her, not realizing that he had spit up on my jacket lapel. He immediately calmed down when she took him, probably because the bubble in his tummy had been taken care of when he spit up. I continued with the meeting.

People seemed so focused! But I didn't know that the focus was on the baby spit-up working its way slowly down my jacket. At the end of the service the woman graciously handed me a cloth to wipe my jacket. "It's all right, Pastor," she said. "We love you, and your baby!" I thanked God for precious friends whose understanding made all the difference.

Share a time your child made a mess of your clothing, or someone's reaction to your trouble brought you encouragement.

Week 3

We hurried out the door Sabbath morning. I was leading the children's program, so I had several little things to carry. My baby used a pacifier, and I usually had two or three of them in the diaper bag, but this particular morning we left without any. I didn't notice this until he began to fuss during Sabbath School. I was almost frantic as I searched through the diaper bag in vain for a pacifier. Tears threatened to spill when I realized that I was without one. Another mother in the room found an extra in the bottom of her bag. She quickly washed it and gave it to my baby. He calmed down right away. My concentration on leading the children's Sabbath School program was saved because of a simple act of kindness.

Share a time someone's simple act of kindness made a difference for you.

Week 4

I was a new mother. Besides being overwhelmed with caring for my baby, I felt lonely without anyone to talk with about the infant who had taken over my life. I needed other mothers to talk to, ask questions of, just to share with. But I didn't know any. Then the phone rang. I had never met the caller, but her husband, an acquaintance at work, had suggested weeks before that his wife and I should get acquainted. Kim was a lifesaver! She encouraged me. She gave helpful advice when asked. She taught me so much about being a stay-at-home mom. I am forever grateful to her for reaching out to me, someone she didn't even know, to show kindness.

Tell about a time someone reached out to help you in a time of distress.

Week 5

For some time now I've had the opportunity to meet with a mothers'

prayer group. We get together once a week and spend about an hour in prayer. The time flies. We pray about family concerns—health problems, discipline problems, spiritual problems—you name it. And I’ve seen prayer answered in my family as a result. It’s wonderful to know that what I share there will be kept in confidence, but remembered throughout

the week in my friends’ prayers for me. I wouldn’t miss that weekly meeting for anything! And in between I know I can call on my friends when a need arises. The prayers we share on the telephone help get me through the week.

Do you have a prayer partner? If not, ask someone today. There is power in prayer among friends.

2

ARRIVAL ACTIVITIES

Plan simple play activities on a blanket, sheet, or quilt for children who arrive early. The children participate in these activities, under the supervision of an adult, until the program begins. The child’s play should be with materials that relate to the program, which is based on the monthly Bible story.

Choose from the following suggested activities for this month. Be sure to include something for the span of children’s ages.

A. Book Basket

Provide a basket full of simple picture books about fish and sea life.

B. Puzzles

Provide simple sturdy puzzles that feature boats, fish, or other sea life. If no commercial puzzles are available, make some by gluing photos or pictures of sea life onto large pieces of cardboard and cutting them in two pieces that children may match.

C. Plastic Fish and Boats

Provide small plastic fish and/or wooden boats (or other things that float) for children to float in a water-filled tub or small kiddie pool.

D. Sand and Shells

Fill a small inflatable swimming pool with clean play sand and seashells. Provide buckets and shovels for the children to dig for shells.

E. Tea Set

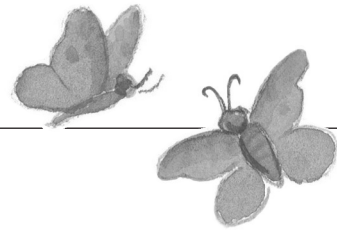
Provide a small pitcher of water and paper cups, or use other toys to practice serving others.

F. Rocking Chair

Have an adult-size rocking chair available for parents to hold and rock children who are too tired or shy to join in the activities.

3

GETTING STARTED



A. Welcome

You Need:

- hand mirror
- toy stuffed sea animal or puppet

Say: **Good morning, boys and girls! I'm so happy you are here today.** Welcome each child personally as you sing the following song. (Suggestions: Hold a mirror up to each child's face so they can see themselves, or take a sea animal puppet or toy stuffed sea animal to each child, shake each child's hand, etc.) Sing: "Greeting Song" (*Little Voices Praise Him*, no. 4).

Who has come to Sabbath school?
 Mary, Mary,*
 Who has come to Sabbath school?
 Mary has.
 —Mary E. Key McKinley. Adapted.

*Insert child's name.
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Say: **I love Sabbath, and I love coming to Sabbath School. Let's ring our Sabbath bells while we**

You Need:

- bells

sing. Distribute the bells for the children to ring as you sing together "Sabbath Bells" (*Little Voices Praise Him*, no. 237).

Ring-a-ling-a-ling,
 Ring-a-ling-a-ling,
 Sabbath bells are ringing.
 Ring-a-ling-a-ling,
 Ring-a-ling-a-ling,
 Children sweetly singing.
 —Mildred Adair

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B. Prayer Time

Say: **Jesus likes it when we invite Him to be in our Sabbath School with us.** Prepare for prayer by singing "I Talk to Jesus" (*Little Voices Praise Him*, no. 10).

I talk to Jesus when I pray,
 When I pray, when I pray,
 I talk to Jesus when I pray,
 And He hears me, I know.
 —Dorothy Robison

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Say a simple prayer similar to the following: **Dear Jesus, thank You for the Sabbath day and for our Sabbath School. Thank You for the stories in the Bible that teach us about You. Help us to be like You. Amen.**

C. Visitors

Welcome each visitor individually and then sing "We Welcome You" (*Little Voices Praise Him*, no. 7).

We welcome you, we welcome you,
 On this Sabbath day.
 We welcome you, we welcome you,
 On this Sabbath day.
 —Mildred Adair

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D. Offering**You Need:**

- toy boat or other offering container

Say: **Some children don't know that Jesus loves them. We can help them learn about Jesus. We bring our offering to Sabbath**

School, and that money goes to help others learn about Him. Place a toy boat (or other container) on the floor for the children to drop their offering into. As the children place their offering in the container, sing "A Boat Goes Sailing" (*Little Voices Praise Him*, no. 35).

A boat goes sailing to the mission land,
Sailing, sailing mission boat.
It takes a Bible to the children there,
Sailing missionary boat.

—A. Haas. Adapted.

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E. Birthdays**You Need:**

- artificial birthday cake
- candles
- matches
- small gift (optional)

Say: **God gives us our birthdays. Someone here has a birthday. Who has a birthday? Let's all close our eyes.** Lead the birthday child up front while singing "A Birthday" (*Little Voices Praise Him*, no. 36).

A birthday, a birthday,
O who has had a birthday?
Come sit right here and we will sing,
To wish you happy birthday.

—Mildred Adair

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Assist child in dropping money into the artificial cake (or other container) while singing "Count the Birthday Money" (*Little Voices Praise Him*, no. 37).

Mary* has a birthday, we're so glad.
We will see how many she* has had.
As we count the money we are told,
[count]
Yes, the money says she's* 6* years old.

—Johnie B. Wood

*Insert name, appropriate pronoun, and age of child.

Light the birthday candles and then lead in singing "Happy Birthday" (*Little Voices Praise Him*, no. 39).

Happy birthday , happy birthday,
Happy birthday to you,
Jesus loves you, dear [child's name],
Happy birthday to you.

—Janet Sage

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Encourage the child to blow out the candle(s). Pray for the child and if possible, give him or her a small gift from Sabbath School.



EXPERIENCING THE STORY

A. Memory Verse

You Need:

- felt or cardboard Bibles

Say: **It's time to look in our Bibles.** Distribute small individual felt, cardboard, etc., Bibles to the children. Sing "I Open My Bible Book and Read" (*Little Voices Praise Him*, no. 26).

I open my Bible book and read
of Jesus, of Jesus.
—Johnie B. Wood. Adapted.

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Say: **What do you see in your Bible?** (Take responses.) **How did Jesus treat His friends? The Bible teaches us that we should help our friends. Our memory verse today tells us to be kind to our friends. It says: "Be kind . . . to one another." Say that with me. Let's sing our memory verse.** Sing the memory verse song "Be Kind to One Another" (*Little Voices Praise Him*, no. 260).

Be kind to one another,
Be kind to one another,
Be kind, be kind,
Be kind to one another.
—Janet Sage

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B. Rocking Boat

Say: **Our Bible story today is about some men who went fishing in a boat one night. They fished all night long. One of the men was named Peter.** Invite the children to come into your boat prop or area. Very

You Need:

- boat prop
- string of lights or flashlight covered with pin-pricked plastic or glow-in-the-dark stars

young children can sit in a parent's lap. Ask the parents to rock slowly. Turn out the lights and turn on the string of lights, or ask a helper to shine the flashlight covered with pin-pricked plastic on the ceiling, or darken the room so the glow-in-the-dark stars on the ceiling will shine. Have the children rock back

and forth while you sing "See the Boat" (*Little Voices Praise Him*, no. 172).

Rock, rock, rock, rock,
Peter went fishing at nighttime;
Rock, rock, rock, rock,
Peter went fishing at nighttime.
—Janet Sage. Adapted.

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C. No Fish

You Need:

- tub, bucket, or kiddie pool with water
- fishnets or plastic bags

Say: **Peter and his friends fished all night long. Let's go fishing with Peter.** Provide a tub, bucket, or small inflatable swimming pool filled with water. Give each child a small fishnet, a small toy colander or a plastic bag with holes

poked in it so water will flow through. (Monitor children closely whenever they use plastic bags.) Let the children try to catch the few fish (they won't be able to because there are no fish in the water)

while you sing the following words to the tune of "See the Boat" (*Little Voices Praise Him*, no. 172).

No fish, no fish,
Peter and his friends caught no fish.
No fish, no fish,
Peter and his friends caught no fish.
—Unknown

D. Lots of Fish

You Need:

- tub, bucket, or kiddie pool with water
- plastic fish or other items that float
- fishnets or plastic bags

Say: **Peter and his friends were very sad. They had fished all night long, but they hadn't caught a single fish! Now they were tired and hungry. Then they saw a man standing on the shore. "Did you catch any fish?" He asked. Peter and his friends said,**

"No." (*Shake your head no.*)

"Try fishing on the other side of the boat," He said. So Peter and his friends went to the other side of the boat and put their nets in the water.

Place the bucket, tub, or small inflatable swimming pool on the other side of the boat. Fill this container with whatever you choose to use for fish. Let the children use their nets to catch a lot of fish while you sing the following words to the tune of "With Jesus in the Family" (*Little Voices Praise Him*, no. 273).

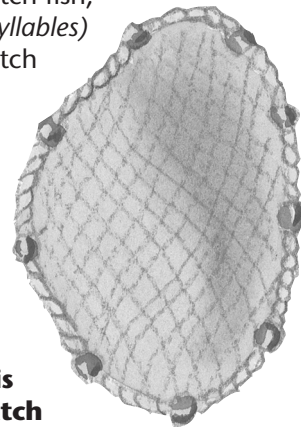
Peter and his friends, they caught a lot of fish,
Caught a lot of fish,
Caught a lot of fish.
Peter and his friends, they caught a lot of fish.
They caught lots of fish.
—Unknown

E. Jesus on the Shore

Say: **Peter and his friends caught so many fish that they couldn't drag the nets back into the boat. They looked closer at the man on shore. It was Jesus!**

Sing the following words to the tune of "I Have Hands That Clap" (*Little Voices Praise Him*, no. 215).

Jesus helped His friends catch fish,
(*clap on the last three syllables*)
Jesus helped His friends catch fish,
(*clap, clap, clap*)
Jesus helped His friends catch fish,
(*clap, clap, clap*)
Jesus helped His friends.
—Unknown



F. Memory Verse Song

Say: **Jesus was kind to His friends. He helped them catch fish. He knew they would use the fish for food and would have some to sell so they could buy things they needed. Jesus taught us to be kind to our friends too. Let's sing our memory verse song again.** Sing "Be Kind to One Another" (*Little Voices Praise Him*, no. 260).

Be kind to one another,
Be kind to one another,
Be kind, be kind,
Be kind to one another.

—Janet Sage

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G. Campfire on the Beach

Say: **Peter and his friends finally got the net full of fish to the shore. And there was another surprise**

You Need:

- rocks or large toy building blocks
- red or orange cellophane or tissue paper

waiting for them. Jesus had built a fire on the beach and had cooked breakfast for His friends. Distribute rocks, blocks or pieces of wood for the children to make a pretend fire ring. Use crinkled colored cellophane or paper to imitate the fire. While the children build the fire, sing "Campfire" (*Little Voices Praise Him*, no. 249).

Campfire, campfire, come to the campfire;
 Jesus cooked breakfast on a fire by the shore.
 Campfire, campfire, come to the campfire;
 Eat all you want, there's lots more.
 —Janet Sage. Adapted.

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H. Breakfast by the Sea

(Optional)

You Need:

- blanket
- paper cups
- pitcher of water
- fish-shaped crackers or other finger food
- napkins or paper towels

Invite the children to sit on a blanket near the "fire." Distribute an age-appropriate snack, such as fish-shaped crackers in a small paper cup, and a cup of water. Give each child two snacks: one to eat and one to share, perhaps with their parent or other adult. While the children share their snacks, sing "Sharing" (*Little Voices Praise Him*, no. 278).

Sharing, sharing, I have a snack and so do you;
 Sharing, sharing, it's the loving thing to do.
 —Janet Sage. Adapted.

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I. Memory Verse Song

Say: **Jesus showed us how to be kind to our friends when He cooked breakfast for His hungry friends. Jesus wants us to be kind to our friends too.** Sing the memory verse song again after everyone is finished with the snack.

Be kind to one another,
 Be kind to one another,
 Be kind, be kind,
 Be kind to one another.

—Janet Sage

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J. Cleaning Up

You Need:

- trash can or trash bag

Say: **You can be kind too. You can be kind at home to your family. You are kind to your family when you**

help to clear the table after you eat. Let's practice that by clearing up the things from your snack. Let the children collect the paper cups, napkins, etc., from the snack and put them in the trash can. Encourage the children to collect any trash from their parents, too. As they work, sing together "I Will Be a Helper" (*Little Voices Praise Him*, no. 290).

I will be a helper, I will be a helper;
 I will clear away my dishes;
 I will be a helper.

—Marie Ingham. Adapted.

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K. Fishing Poles

Say: **Can you think of another**

You Need:

- string
- steel paper clips
- sticks or dowels
- paper fish (see p. 62)
- magnetic strip
- empty tub or bucket or kiddie pool

way we can be kind to each other? We're kind to each other when we take turns with our toys and games.

Divide the class into two groups. Give each child in one group a fishing pole made by tying a piece of string to the end of a stick or wooden dowel. Attach two steel paper clips to the end of the string.

Cut out the paper fish (see page 62) and attach a piece of magnetic strip to the back.

Place the fish in the empty tub, bucket, or kiddie pool for the children to "catch" with their fishing poles. After each child in the first group has had a turn, instruct the children to share their fishing poles with another child who has not yet had a turn. Sing "I'll Take Turns" (*Little Voices Praise Him*, no. 276).

I'll take turns when I'm fishing, I'll take turns with you.
I'll take turns when I'm fishing, for Jesus wants me to.
—Joy Hicklin Stewart. Adapted.

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OR

Sing "We Are Sharing" (*Little Voices Praise Him*, no. 280).

We are sharing, we are sharing;
Jesus wants me to share with you.
It was your turn; now it's my turn.
We are happy taking turns.
—Enid G. Thorson

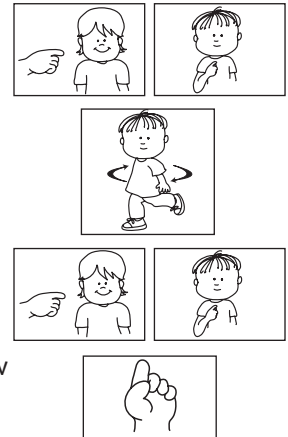
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L. Taking Turns

Teach the following finger play to the children. Ask the parents or other adults to help the children with the motions.

You take your turn. (*Point to another person.*)
I'll take my turn. (*Point to self.*)
Now it's time to play. (*Twirl around.*)
You take your turn. (*Point to other person.*)
I'll take my turn. (*Point to self.*)
That is Jesus' way. (*Point upward.*)

—DeeAnn Bragaw



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M. Teddy Bear Share

Say: **Another way we can be kind to others is by helping someone feel better when they are sad. Have you ever been hurt or sad or lonely? It makes you feel better when someone is kind to you. One way you can be kind to someone who is sad is by patting or hugging that person. You might want to share your favorite toy stuffed animal or blanket with that person. Who is here that you could pat or hug if that person were sad?** (parents, friends) **Let's pretend that person is sad today and help them feel better.** Give each child a toy stuffed animal to share while you sing "Don't Cry, Little Baby" (*Little Voices Praise Him*, no. 246).

You Need:

- toy stuffed animal or small blanket for each child

Don't cry, dear friend, don't cry,
don't cry;
Jesus loves you, Jesus loves you;
Don't cry, dear friend, don't cry,
don't cry;
Jesus loves you, Jesus loves you.
—Janet Sage. Adapted.

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5

MAKE AND TAKE (Optional)

**Week 1*****Finish the Fish*****You Need:**

- fish pattern (see p. 62)
- finger paints or ink pads (two or more colors)
- paper
- baby wipes or paper towels and water
- newspaper or other large sheets of paper

Copy the reproducible fish pattern on page 62. Allow the children to add scales to the fish by dipping a finger into paint or pressing it onto an ink pad, then pressing the finger on the fish. Two or more colors makes a nice effect. (Note: Berry juice can be used instead of ink or paint.) Provide newspaper or other large pieces of paper to protect working surface. Help children to clean their hands when they are done.

Week 2***Fingerprint Fish*****You Need:**

- paper
- wave pattern (see p. 63)
- ink pad or finger paint
- fine-tip markers
- baby wipes or paper towels and water
- newspaper or other large sheets of paper

Cut a piece of paper according to the reproducible wave pattern on page 63. Have the children make fish out of their fingerprints by first pressing a finger onto an ink pad or dipping it in finger paint and pressing it on the fish. Provide newspaper or other large pieces of paper to protect working surface. Finish the fish with a fine-tip marker. Help children to clean their hands when they are done.

Week 3***Banner*****You Need:**

- craft sticks
- flag pattern (see p. 62)
- pencils or markers or crayons
- glue
- stickers (optional)

Cut a flag according to the reproducible pattern on page 62. Ask parents to print their child's name in the space provided. Parents may help children draw a smiley face or a fish, or add stickers as desired. Glue the flag to a craft stick. Sing the memory verse song as you do this activity.

Week 4***Kind Hands*****You Need:**

- paper
- pencils
- memory verse song

Print the memory verse at the bottom of a piece of paper. Have parents trace around their child's hands in the space provided at the top of the page, then write the memory verse in the space. (See page 64.) Sing the memory verse song while you do this activity. Talk to the children about using their hands to be kind to others.

Week 5 (or optional activity)
Paper Plate Boat

You Need:

- small paper plates (about six inches)
- scissors (for adults)
- glue
- craft sticks
- finger paint
- fish-shaped sponge pieces

Provide a small (six-inch) paper plate for each child. Have parents cut the plate as shown on page 64 and assemble with a craft stick to create a boat. Provide small fish-shaped sponges for the children to sponge paint their boats.

Bible Activities (Optional)

If there is still time, families may choose from a variety of activities that reinforce this month's Bible story. Those activities listed as Arrival Activities may be used again. In addition, you may want to provide a snack at one table.

Snack Center (Optional)

A simple snack that relates to the lesson can be provided each week. Fish-shaped crackers and water or pale fruit juice would be appropriate for this month.

You Need:

- paper cups
- napkins
- water
- "fish" crackers

Closing

Sing the memory verse song again. "Be Kind to One Another" (*Little Voices Praise Him*, no. 260).

"Be kind to one another,
 Be kind to one another.
 Be kind, be kind,
 Be kind to one another."

—Janet Sage

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Say a short prayer similar to the following: **Dear Jesus, thank You for showing us how to be kind to others. Please help us always remember to be kind to others. Amen.**

Sing "Sabbath School Is Over" (*Little Voices Praise Him*, no. 46).

STUDENT LESSON

Breakfast by the Sea

References

John 21:1–13;
The Desire of Ages,
 pp. 809–817

Memory Verse

“Be kind . . . to
 one another”
 (Ephesians 4:32,
 NIV).

The Message

We are kind
 to our
 friends.

Kyla has a net. Kyla can catch butterflies in the net. The Bible tells a story about a big net. Bible friends used a net to catch fish.

Peter and his friends are in the boat. *(Point to Peter and his friends. Pretend you and your child are in a boat.)* What is Peter doing? Peter and his friends are fishing with a net. *(Point to the net. Pretend to fish with a net.)* They have been fishing all night.

See the sun coming up. *(Point to the sun, then to Peter.)* See Peter yawn. The night is over.

It is time to stop fishing, but Peter has no fish. *(Shake your head.)*

No fish for Peter. No fish for his friends. Peter is tired. *(Yawn and rub eyes.)* Peter is hungry. *(Rub tummy.)* Poor Peter!

Listen! Someone is calling Peter. *(Pretend to shout in a faint voice.)* “Peter!”

“See? Someone is on the beach,” says Peter’s friend. *(Point to Jesus.)*

“Who is it?” Peter asks.

“I don’t know,” his friends say.

(Call again.) “Peter! Did you catch any fish?”

Has Peter caught any fish? *(Pause for child to respond.)* Do you see any fish? No. No fish. *(Shake your head.)* No. No fish.

Listen! The Man calls again. “Throw the net again!”

“It is too late for fishing,” the fishermen say. “See the sun?” *(Point to the sun.)* “It is daytime.”

“Throw the net out on the other side,” the voice calls. So they t-h-r-o-w their net on the other side of the boat. *(Pretend to throw your net on the other side.)*

Down, down, down the net goes. Down under the water. What do you see down there? *(Point under the boat.)* Fish. Lots of fish. Fish swimming in the water.

(Hold one hand up, fingers together, thumb up; keeping thumb still, wiggle rest of hand like a fish skimming the water.)

“The net feels heavy,” Peter says. Peter pulls on the net.

(Pretend to haul

in the net.)

“The net is full of fish!” Peter’s friends shout.

See the big fish. *(Point to a big fish.)* See the small fish. *(Point to a small fish.)* Lots and lots of fish.

“Look! That man is Jesus!” Peter’s friend, John, says. *(Point to Jesus.)* “Jesus did this!”

“Jesus!” Peter shouts. He jumps out of the boat. He hurries to Jesus.

See the fire on the beach. See the food. Jesus has made breakfast for His friends. *Thank You, Jesus.*

Our Bible says, “Be kind . . . to one another” (Ephesians 4:32, NIV).



1. Read the Bible story together. Sing the memory verse song. (See page 24 in the Bible study guide.)

2. Visit a place where you might see fish, or look for pictures of fish in books or magazines.

3. Invite a friend over to play and practice sharing. Play a game that involves taking turns.

4. Let your child help you prepare breakfast. What is your child's favorite breakfast food? Serve it today.

5. Play at fishing in the bathtub. Use a strainer or colander to catch plastic fish or any other small toy.

6. Play in the sand at a park, beach, or in a sandbox. Talk about how Jesus and His friends sat on the beach and ate breakfast together.

7. Help your child prepare and serve another family member breakfast in bed.

8. Make an edible boat. Slice a piece of fruit lengthwise or cut an orange in wedges. Make a mast out of celery and a cracker.

Do & Say

Study these suggestions for something to do each day with your child. Select those that are appropriate for your child's developmental stage and repeat them often.

9. Talk with your child about ways to be kind to a friend. Then help your child to do it.

10. Draw a large outline of a fish on paper. Using two sheets of paper, cut around that outline. You will now have two identical shapes. Staple the edges together, leaving a part of the edges open. Stuff with crumpled paper.

11. Take a walk after dark. Talk about what it was like to fish at night.

12. Create an underwater picture by drawing and coloring several fish on white paper with crayons. Paint over the fish with diluted blue watercolor paint.

13. Poke a few tiny holes in a piece of dark-colored paper. Secure it around the end of a flashlight with a rubber band. Shine it on the ceiling in a dark room to simulate stars.

14. Make a boat out of blocks. Have family worship in the boat. Act out the Bible story with your family.