

BREAKING THE MYTHS OF OVER THE COUNTER TREATMENTS FOR TINNITUS

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WHAT DOES OVER-THE-COUNTER MEAN?

Over-the-Counter Hearing Help?

- ▶ Medicine sold directly to a consumer without a prescription
- ▶ Manufacture and sale is regulated by the FDA
- ▶ FDA requires products to be labeled with “Drug Facts” to educate
- ▶ FTC regulates OTC advertising



OVER THE COUNTER OPTIONS

- ▶ When you search google for Over the counter treatments for tinnitus

Over 345,000 websites

Shopping gives your 40 options in books, supplements, and ear drops

NATURAL REMEDIES:


- ▶ Gingko Biloba
- ▶ Zinc and B12
- ▶ Apple Cider Vinegar
- ▶ Garlic
- ▶ Pineapple/bromelain
- ▶ Holy Basil



GINGKO BILOBA

- ▶ Recommended dosage: Take 240 mg daily (ideally divided doses)
After approximately 6 weeks should see improvement- then decrease dose to 40-60 mg daily
- ▶ How it works: Gingko Biloba enhances blood flow to the brain


ZINC AND B12

- ▶ Recommended dosage: Zinc 20-30 mg daily; B12 3000-5000 mcg daily for one month then 1000 mcg daily as maintenance
 - ▶ Only works if you are deficient in zinc and B12
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APPLE CIDER VINEGAR

- ▶ Recommended dosage: 2 tablespoons in a glass of water 3x a day
 - ▶ How it works: The natural anti-fungal, anti-bacterial, as well as anti-viral- it is also a natural anti-inflammatory
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- A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, located in the lower right quadrant of the slide.


GARLIC

- ▶ Recommended dosage: most sites recommend making a garlic oil- crushed garlic cloves combined with olive oil- sieve the liquid and keep for about 1 week- use drops in the ear
 - ▶ How it works: Garlic has natural anti oxidant properties, anti-bacterial properties and improves circulation
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PINEAPPLE/BROMELAIN

- ▶ Recommended dosage: Eat pineapple at regular intervals during the day- usually recommended a whole pineapple a day
 - ▶ Pineapple juice is usually not effective- as the enzyme is destroyed during pasteurization
 - ▶ How it works: bromelain is a natural anti-inflammatory enzyme
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HOLY BASIL

- ▶ Recommended dosage: blend leaves into a paste- strain the juice then use as drops in the ear 2-3 drops 2 times a day
 - ▶ How it works: It is a natural anti-biotic- it also is a natural reliever of anxiety and stress reducer
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- A decorative graphic consisting of several parallel white lines of varying lengths, slanted diagonally from the bottom right towards the top right, set against the orange background.

SUPPLEMENTS FOR TINNITUS



CLEAR TINNITUS

- ▶ How to use: Take 2 capsule twice a day- For faster results take 2 capsules 3x a day for the first 30-45 days- Once desired effect is reached- reduce dosage

Active Homeopathic Ingredients:

Calcearea Carbonica 6x

Chininum Sulphuricum 3x

Cinchona Officinalis 3x

Graphites 3x

Kali Carbonicum 6x

Kali Iodum 3x

Lycopodium 3x

Salicylicum Acidum 3x

Other Ingredients: Pueraria Root, Platycodon Root, Angelica Root, Liguistici Root, Peony Root, Coix Seed, Magnolia Flower, Notopterygium Root, Scutellaria Root, Tangerine Peel, Cinnamon Bark, Ginger Root, Licorice Root, Vegi-Caps.



CLEAR TINNITUS

► Does it work?

Rating Snapshot

5★ stars 8

4★ stars 4

3★ stars 4

2★ stars 4

1★ stars 25

Average Customer Ratings

Overall ★★☆☆☆ 2.2



TINNITUS 911

► How to use: Take 1 capsule twice a day

•**Stage One:** Your Hearing Starts To Clear In a Few Days: In the first step, you will be able to repair your nervous system, and within a few weeks or months, you will start hearing clearly and get the needed relief.

•**Stage Two:** Get Back Your Normal And Quiet Mind: In the second page, you will be able to say a goodbye to tinnitus. It will strengthen your brain networks. You will experience less fatigue and crystal clear thinking.

•**Stage Three:** Your Memory Grows Stronger: You will be able to enjoy the youthful memory immediately. Most of the patients regain their memories and eradicate Alzheimer's disease.

•**Stage Four:** Super Charge Your Brain, And Regeneration Of Cells: In this fourth step, individuals will do amazing things such as launching a new clothing line, start their own business, etc.

•**Stage Five:** Get Recovery And Brain Repair: In the final step, people get the cure for tinnitus. As they notice, all of the discomfort, pain, and frustrations will disappear forever.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60 Amt Per Serv. %DV/RDI

Vitamin C (ascorbic acid)	60 mg	100%
Vitamin B-6 (as pyridoxal-5-phosphate)	5 mg	250%
Niacin (granular)	2.5 mg	13%
Folic Acid	100 mcg	25%
Vitamin B-12 (as cyanocobalamin)	100 mcg	1667%
Garlic (herb powder)	150 mg	*
Hibiscus Flower (herb powder)	100 mg	*
Olive Leaf (18% Extract)	125 mg	*
Hawthorne Berry (1.8% extract)	175 mg	*
Buchu Leaves (4:1 concentrate)	25 mg	*
Uva Ursi (4:1 concentrate)	15 mg	*
Juniper Berry (herb powder)	15 mg	*
Green Tea (50% extract)	15 mg	*

*Daily Value not established.

Other Ingredients: Gelatin (bovine), Microcrystalline Cellulose, Vegetable Magnesium Stearate, Silicon Dioxide.

TINNITUS 911

- ▶ Same formula as Quiet mind Plus
- ▶ Does it work?
 - ▶ Tinnitus 911 by Charlie Gaines is A SCAM! (Honest Review)
 - ▶ Reviews all follow the same layout- all recommend as it has money back guarantee

TINNITUS CONTROL

- ▶ How to use? Spray twice under the tongue 3 times a day and 2 capsule twice a day

Ingredients: Arnica 30x

Chinium sulphuricum

Ferum metallicum

Kali Phosphoricum

Natrum sulphuricum

Pulsatilla

Silicea

Thiosiminum



Indications: Helps relieve symptoms of Tinnitus.
Directions: *Adults and Children over 12:* Spray twice under the tongue 3 times per day. *Children under 12:* Consult a doctor prior to use.
Warnings: If pregnant or breast feeding, seek the advice of a doctor before use. Do not use if you have ever had an allergic reaction to this product or any of its ingredients. Stop use and ask a doctor if symptoms persist, worsen or if new symptoms occur.
Keep out of reach of children.
In case of overdose, get medical help or contact a Poison Control Center right away.
Do not use if tamper evident seal around neck of bottle is missing or broken.

Active Ingredients: Arnica 30x, Chinium sulphuricum 30X, Ferrum metallicum 30X, Kali Phosphoricum 30X, Natrum sulphuricum 30X, Pulsatilla 30X, Silicea 30x, Thiosinaminum 30X
Inactive Ingredients: Alcohol 20% v/v, Purified water.

Distributed by:
Nutralogy
2049 North Lincoln Street
Burbank, CA 91504

 **Made in the USA**

TINNITUS CONTROL

- ▶ Does it work?
- ▶ Customer Reviews

2.4 out of 5 stars

5 star 0%

4 star 25%

3 star 25%

2 star 25%

1 star 25%



LIPOFLAVONOID

- ▶ How to use? Take 2 caplets 3 times a day, preferably after a meal
Maintenance dose 1 caplet 3 times a day
- ▶ Ingredients: Eriodictyol glycoside (lemon citrus bioflavonoid)
 - Vitamin C (as ascorbic acid)
 - Vitamin B-1 (thiamine mononitrate)
 - Vitamin B-2 (riboflavin)
 - Niacin (niacinamide)
 - Vitamin B6 (pyridoxine HCl)
 - Vitamin B12 (cyanocobalamin)
 - Pantothenic acid (as calcium pantothenate)
 - Choline Bitartrate
 - Inositol



LIPOFLAVONOID

▶ Does it work? Reviews

▶ 5★ stars 24

▶ 4★ stars 13

▶ 3★ stars 3

▶ 2★ stars 7

▶ 1★ stars 48

TINNITOOL



Item description	Tinnitool® EarLaser
Output power	5 mW
Wavelength	650 nm
Skin penetration	about 1.5 cm
Laser protection class	3 R
Medical device certification	CE (Europe) ETL (USA, Canada) CB (International)
Batteries required	2 x 1.5V (AAA / LR03)
Warranty	2 years



Classified +
Medical Device

TINNITOOOL

- ▶ What is it?

 - low level laser therapy (LLLT*)

- ▶ How does it work?

 - device penetrates the inner-ear and activates the regeneration of the damaged hearing cells in the auditory system

- ▶ Cost: 299.9 Euro or approximately \$370.00- Unable to find information on ordering within the US.

- ▶ Limited reviews-