

Bury St Edmunds All-Through Education: County Upper

Curriculum Year Booklet Year 10 2020-2021



BURY ST EDMUNDS ALL-THROUGH TRUST: COUNTY UPPER

CURRICULUM YEAR BOOK YEAR 10 2020-2021

This booklet is for parents and students and it outlines

- the contents of the curriculum
- the methods used when assessing students' work
- key dates within the academic programme

Year 10 Curriculum

<u>English</u> 5ppw	<u>Mathematics</u> 4ppw	<u>Science</u> 6ppw	Physical Education 2ppw	<u>Religious Education</u> 1ppw
Option Co 4 subjects	lumns each 3ppw from:			
Art Business S Child Studi Computer Design Tec	ies Science	Drama Food Technology French Geography German	Graphic Design History ICT Music Photography	Physical Education Religious Studies Spanish Sports Science Tourism
		HOMEWORK		

The homework policy is outlined in the Personal Journal. We would remind students and parents that approximately 10/12 hours' homework per week should be completed during Year 10.

GCSEPOD and MY MATHS

These are two web based study packages provided to all our students free of charge. GCSEPOD has coverage of all subjects while MY MATHS is only for mathematics. There is evidence that they improve examination success when used as part of a broad study strategy. Students can use them on all the curriculum machines in school and at home and can access a wide range of topics at all levels. They will be set tasks from them as part of their courses in class and for homework. We strongly advise students to use these packages to complement the other support and materials provided.

A NOTE ON EXAMINATION BOARDS

EDEXCEL	incorporates the University of London Examinations and Assessment Council and
	BTEC (<u>www.qualifications.pearson.com</u>)
AQA	incorporates the Northern Examinations and Assessment Board, the Southern
	Examining Group and City and Guilds (<u>www.aqa.org.uk</u>)
OCR	incorporates the Midlands Examining Group and RSA (<u>www.ocr.org.uk</u>)
Eduqas	is the part of the Welsh Joint Education Committee which oversees qualifications in
	England (<u>www.eduqas.co.uk</u>)
NCFF	incorporates the Northern Advisory Council for further education (www.ncfe.org.uk

NCFE incorporates the Northern Advisory Council for further education (<u>www.ncfe.org.uk</u>)

ENGLISH LANGUAGE AND ENGLISH LITERATURE (AQA)

Course Content	Key Dates
All students will be entered for both English Language and English	
Literature GCSEs. All students will sit un-tiered exams at the end of Year	Set reviews: Year 10
11. These exams will count for 100% of the final grade.	October-November 2020
The programme of study builds upon the skills and topic areas at Key	
Stage 3. The course covers:	In class GCSE-style mock assessments
 At least one 19th century novel 	
At least one Shakespeare play	1. Autumn term
Fiction or Drama from the British Isles	2. Spring term
 A selection of poetry from 1789 onwards 	3. Summer term
 Close reading, analysis and comparison 	
 Descriptive and narrative creative writing 	School examination
Writing to express a viewpoint	week: 14 June 2021
Discussion and presentation	
Year 10 focuses primarily on building students confidence with their	
literature set texts and developing written and oral expression. Students	
will practice with GCSE-style questions and tasks throughout the year	
and will sit their first full GCSE mock examination during the school	
assessment week in June.	

Year 10

Recommended Reading

The department makes reading lists available to all students upon request. We encourage students to read widely both from these lists and from a variety of books of their own choice. It is a great help to students if they have access to their own dictionary and thesaurus.

Homework

Students are set an hour's homework per week. In alternate weeks this will be a reading task.

MATHEMATICS (EDEXCEL) 1MA1 Linear

This course is assessed through:

- Three equally weighted examinations at the end of the course in Year 11. Two calculator papers and a non-calculator paper.
- Examinations are 1 hour 30 minutes in duration.
- Each examination has 80 marks available.
- The tests will include functional questions.
- The proportion of content in Foundation (22-28% Number, 17-23% Algebra, Ratio Proportion and Rates of change 22-28%, Geometry and Measures 12-18%, Statistics and probability 12-18%).
- The proportion of content in Higher (12-18% Number, 27-33% Algebra, Ratio Proportion and Rates of change 17-23%, Geometry and Measures 17-23%, Statistics and probability 12-18%).
- Internal tests take place at the end of each half term to track appropriate progress and tier suitability.
- Grades are provided on the 9-1 scale

Examinations are taken at Foundation or Higher.

Course Content	Key Dates
• Functional Mathematics is tested through the examination	Test weeks/set review
papers.	19.10.20
Number	30.11.20
Algebra	01.02.21
Ratio, Proportion and Rates of change	15.03.21
Geometry and Measures	
Statistics	Examination week: 14.06.21
Probability	
• The Foundation course includes basic mathematical skills used in	
everyday life as well as skills needed to start some post 16 jobs	
and courses.	
• The Higher course provides skills essential for further study in	
mathematics.	

Course Text Books

Collins Student Books		
	Foundation	978-0-00-811382-7
	Higher	978-0-00-811381-0
Skills Builder		978-0-00-753780-8
Practice books	Higher	978-0-00-811387-2
	Foundation	978-0-00-811388-9
Edexcel Student books		
	Higher	978-1-447980-20-9
	Foundation	978-1-447980-19-3

We have a subscription to

Mymaths (<u>mymaths.co.uk</u>) Collins online (<u>www.connect.collins.co.uk</u>)

pupils are expected to use these resources. A logon is supplied by the department.

<u>Equipment</u>

All students should bring pen (blue or black), ruler, pencil, protractor, pair of compasses and a rubber to <u>all</u> mathematics lessons and examinations. Students <u>must</u> also own a scientific calculator (available through the department @ £6).

Further Reading

CGP revision resources, target books (3,5,7,9)

GCSE SCIENCE (EDEXCEL)

GCSE science is delivered through the Edexcel GCSE (9-1) specifications.

In year 10 students will continue the course which they started in year 9.

Some students will naturally progress through this work faster than others. At the end of year 10 a decision will be made about students whose best option would be to complete the Combined Science specification and those who have the capability to complete the additional work needed to achieve separate GCSEs in Biology, Chemistry and Physics

- Combined science is assessed through six externally examined papers, each of 1 hour 10 minutes duration; two Biology, two Chemistry and two Physics.
- Separate science subjects are assessed through two externally examined papers, each of 1 hour 45 minutes duration.

Subject	Course Content (Year 10)	Key Dates
Biology	Genetics	
	 Natural selection and genetic modification 	Students will have mid-topic and
	 Health, disease and the development of medicines 	end of topic tests in each subject
	 Plant structures and their functions 	area.
	 Animal coordination, control and homeostasis 	
Chemistry	Acids and alkalis	
	Calculations	There will be an internal
	Electrolysis	examination to assess progress on
	 Extracting metals and equilibria 	all Year 10 units during
	 Transition metals and alloys 	Examination Week 14 June 2021
	Groups in the periodic table	
	Rates of reaction	
	Energy changes	
	• Fuels	
Physics	Key concepts of Physics	
	Conservation of energy	
	Radioactivity	
	Forces and motion	
	Forces doing work	
	Introduction to electricity	

Workbooks and revision guides to support the course

For foundation groups:

New Grade 9-1 GCSE Combined Science: Biology Complete Revision & Practice with Online Edition (CGP) New Grade 9-1 GCSE Combined Science: Chemistry Complete Revision & Practice with Online Edition (CGP) New Grade 9-1 GCSE Combined Science: Physics Complete Revision & Practice with Online Edition (CGP) Revise Edexcel GCSE (9-1) Combined Science Foundation Revision Guide (Pearson) Target Grade 5 Edexcel GCSE (9-1) Combined Science Intervention Workbook (Pearson)

For higher groups:

New Grade 9-1 GCSE Biology Complete Revision & Practice with Online Edition (CGP) New Grade 9-1 GCSE Chemistry Complete Revision & Practice with Online Edition (CGP) New Grade 9-1 GCSE Physics Complete Revision & Practice with Online Edition (CGP) Target Grade 7 Edexcel GCSE (9-1) Combined Science Intervention Workbook (Pearson)

For separate science groups:

Revise Edexcel GCSE (9-1) Biology Higher Revision Guide (Pearson) Revise Edexcel GCSE (9-1) Chemistry Science Higher Revision Guide (Pearson) Revise Edexcel GCSE (9-1) Physics Science Higher Revision Guide (Pearson) Target Grade 7 Edexcel GCSE (9-1) Biology Intervention Workbook (Pearson) Target Grade 7 Edexcel GCSE (9-1) Chemistry Intervention Workbook (Pearson) Target Grade 7 Edexcel GCSE (9-1) Physics Intervention Workbook (Pearson)

Beliefs & Values & Religious Studies (EDEXCEL)

In Year 10 all students have Core Religious Studies lessons. The focus is to enable students to develop skills of evaluation and justifying their own opinions. The course centres on ethical issues and current affairs, enabling pupils to understand the world they live in and engage with some of the complex cultural and moral decisions they will face as adults. Pupils will develop their thinking skills, grow in the understanding of different religions & cultures, and increase in empathy.

Beliefs & Values Content	Assessment
Crime & Punishment, Human Rights & Democracy,	End of Unit self assessment
Issues of Equality, Warfare, Personal Health, Wealth &	
Poverty, Financial Ethics.	

In addition some pupils have opted to study the **Religious Studies GCSE**. This is assessed by two examinations at the end of Year 11.

Course Content for the GCSE in Year 10:	Assessment
<u>Christian Belief:</u> Why some people have a Christian faith, the central Christian beliefs,.	End of Unit tests throughout the course.
<u>Philosophy:</u> the relationship between science and religion, explanations for evil and suffering, miracles. <u>Living the Christian Life:</u> Prayer, pilgrimage,	Examination Week: 14.06.2021
celebrations and the role of the church. <u>Equality</u> Race, feminism, social justice, democracy, human rights.	

Recommended Reading

Students should read quality press reports on religious and ethical issues.

Year 10 PHYSICAL EDUCATION (non examination)

In year 10, students will follow an option based programme enabling them to choose from various learning pathways. The course will be underpinned by the following key processes and contain a selection of the course content below.

All students are encouraged to develop their skills of leading and officiating during curriculum lesson time. In addition to this an extensive PE extra-curricular programme is offered to all students. The Sports Leaders Level 2 course is also offered to Year10 students within core PE time.

Assessed in the following key processes:

- Developing skills in physical activity
- Making and applying decisions
- Developing physical and mental capacity to perform
- Evaluating and improving performance
- Making informed choices about healthy active lifestyles
- Leadership skills within a physical activity context

<u> PE Kit –</u>

Pupils will be taught to:

- Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]
- Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics]
- Perform dances using advanced dance techniques within a range of dance styles and forms
- Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- Analyse their performances compared to previous ones and demonstrate improvement to achieve their personal best
- Take part in competitive sports and activities through community links or sports clubs. Navy/light blue polo shirt*

Navy shorts/skorts* Navy striped socks* Navy (reversible) rugby shirt or Navy half zip top* Trainers (for indoor use, non-marking soles) Football boots Plain navy tracksuit trousers* may be worn for trampolining and in severe weather conditions. * these items are to be purchased from reception when current kit needs replacing.

<u>Notes:</u>

- No jewellery to be worn. All earrings or piercings must be removed before any practical participation.
- Students with long hair will need to tie it back

Nb. Skateboarding, leisure type trainers and plimsolls are not suitable for PE. Shin pads are recommended for football and hockey. Mouth guards are recommended for hockey and rugby.

VISUAL ARTS ART (EDEXCEL)

- Coursework Includes supporting studies, sketchbooks and final outcomes. (First Element)
- End of year Examination a two lesson examination

Course Content	Key Dates
Personal Portfolio (60%) - First Element Students are encouraged to work through a themed project in which they will explore and experiment with a range of different techniques and media. Within their own personal portfolio they will produce	Students will produce work in response to a given theme and produce supporting studies and outcomes. Students will carry out a 2
 the following: Independent research and recording of ideas Experiment with new ideas and media Engage and analyse with artist and develop an understanding of historical and cultural context. Produce a series of final outcomes. All students will have to submit evidence of drawing to support the development process. All students will have to submit written annotation and appropriate specialist terminology to record their ideas, observations, insights and independent judgements. 	lesson drawing examination towards the end of the academic year, which will go towards their final personal portfolio. Examination Week: W/C 14.06.2021
Students will have the opportunity to work from a selection of media including Painting, Printmaking, Textiles, Three Dimensional Work, Ceramics and Mixed Media. Students will produce a variety of outcomes and	

Business Studies (NCFE)

The course is designed to provide students with broad and comprehensive understanding of business and enterprise and a significant knowledge core which spans the sector.

Qualification structure

Students are required to successfully complete four compulsory units. Learners must also achieve a minimum of a 'Level 1 Pass' in the internal and external assessments.

Unit 1 – Introduction to business and enterprise	Internally assessed
Unit 2 – Marketing for business and enterprise	Externally assessed
Unit 3 – Finance for business and enterprise	Internally assessed
Unit 4 – Plan, develop and participate in a business or	
enterprise project	

<u>Assessment</u>

- Assessment will be by regular tests to prepare students for the external tests.
- Alongside this, students will gain regular feedback on the coursework units.
- School Examination week is 14 June 2021

This course allows student to 'bank' marks as they go along so it is important that they make every effort to complete work to their highest standard throughout.

Recommended Reading

Students should access the business sections of a range of newspapers.

CHILD STUDIES (Vocational)

A school-based certificated course

Throughout the course, students will develop a knowledge and understanding of child development.

The course consists of both practical and theory elements, which will enable students to prepare themselves for further qualifications in Child Care, Health and Social Care or Nursing, and eventually parenthood (life skills).

Practical work will consist of tasks which will be used to demonstrate students' knowledge and understanding of the topics covered. *See below.*

Course content	Tasks and key dates
In the Autumn term we study	
Safety - in the home	Child minder – Safety
- road safety	Oct 2020
Reproduction	
Contraception	
The Spring term topics include:-	
Infertility and treatments for infertility.	
Nursery equipment	Planning a nursery Dec 2020
Baby travel equipment	Choosing baby travel equipment for two couples <i>March 2021</i>
Pre-conceptual care	Leaflet / poster preconceptual care April 2021
Needs of a baby - full term	
- premature baby	
In the Summer term topics include:-	
Children's clothes	Choosing a baby's layette
Nutrition for under 5's	June 2021
Types of development - Intellectual	
- Physical	School examination week
	June 2021

<u>Recommended reading</u> Childcare and development by P.Minett

YEAR 10 COMPUTER SCIENCE GCSE (OCR)

This qualification in Computer Science will enable learners to learn about digital computer systems work and also develop a deep understanding of computational thinking and how to apply it through using Python 3.

Students will be studying the new specification OCR GCSE Computer Science J277.

The assessment is by two examination papers, one focusing on the theory of Computer Science and one with a focus on programming and algorithms. Both papers have identical weighting and mark allocations. Students must also complete a 20 hour programming project with the test set by the examination board. This will be taken in summer term of Y10.

Computer systems (Paper 1) 50%

- Systems Architecture
- Memory and Storage
- Computer networks, connections and protocols
- Network security
- System software
- Ethical, legal, cultural and environmental impacts of digital technology

Computational thinking, algorithms and programming (Paper 2) 50%

- Algorithms
- Programming fundamentals
- Producing robust programs
- Boolean logic
- Programming languages and integrated Development Environments

During Year 10 students will study the theory topics of Systems Architecture, Memory and storage and ethical, legal, cultural and environmental impacts of digital technology. They will develop their computational thinking and programming skills by studying programming fundamentals and Boolean logic.

Key Dates: School examination week: 14 June 2021

CREATIVE ARTS DRAMA (Eduqas)

This GCSE comprises one coursework unit (40%), a practical exam (20%) and a written exam (40%)

Course Content

In Drama students are encouraged to develop their confidence, self-awareness and the ability to co-operate with their peers. They are taught to respond practically to a range of stimuli using a variety of drama techniques and strategies. They will learn about, and implement, the work of theatre practitioners as well as be provided with an understanding of different genres of drama. They will be expected to attend theatre productions in order to learn from the professionals.

The coursework assessment takes place in the autumn term of Year 11 but practice assessments will occur in Year 10. The coursework is divided between the assessment of a performance of an original devised piece and a supporting written report (40%). Year 10 will be used to prepare for this and for the exams which will be externally assessed in summer 2020.

Key Dates

Year 10 is essentially a preparatory year. There will be a lot of teaching input which will feed into the assessments in Year 11. School examination week: **14 June 2021**

FRENCH (AQA)

Examinations are taken at Foundation or Higher levels in the four skill areas of Listening, Speaking, Reading and Writing in May/June of Year 11. Each of these papers count for 25% of the final GCSE mark.

Course Content	Key Dates
Students are taught to communicate in the contexts listed	12.10.20
below through the study of vocabulary, grammar and structure	Review of setting
and through the learning of skills in the areas of listening,	
speaking, reading and writing.	07.12.20
	Review of setting
 Getting about and public transport 	
Travel and tourism	01.02.21
 My studies / The school day 	Review of setting
Life at school / college	
Education post-16 and career choices	Examination week: w/c 14.06.21

<u>Assessment</u>

Informal assessment happens regularly throughout the year as part of general teaching. Students are also more formally assessed across the four skills areas of listening, speaking, reading and writing at regular points during the school year.

Recommended Reading

A bilingual dictionary, e.g. the Collins School Dictionary, is considered a good purchase for our language students.

GEOGRAPHY (Eduqas) (Syllabus B)

Three written papers at the end of the course (100%) as follows:

- A paper entitled "Investigating Geographical Issues" which will last 1 hour 45 minutes and will cover all three themes below.
- A problem solving paper lasting 1 hour and 30 minutes based on content from across the three themes.
- The third paper, also 1 hour and 30 minutes, will relate to the fieldwork undertaken.

Course Content	Key Dates
 Themes studied are: Weather climate and ecosystems Urban/Rural Processes and change in UK Coasts and Bury St Edmunds fieldwork 	Examination Week: 14/06/2021

Recommended Reading

Wideworld Magazine (pub. Phillip Allan Updates)

GERMAN (AQA)

Examinations are taken at Foundation or Higher levels in the four skill areas of Listening, Speaking, Reading and Writing in May/June of Year 11. Each of these papers count for 25% of the final GCSE mark.

Course Content	Key Dates
Students are taught to communicate in the contexts listed	12.10.20
below through the study of vocabulary, grammar and structure and through the learning of skills in the areas of	Review of setting
listening, speaking, reading and writing.	07.12.20
	Review of setting
 Arranging an Activity/Media 	
 Getting About and Public Transport 	01.02.21
Travel and Tourism	Review of setting
My Studies / The School Day	
Life at School/College	Examination week: w/c
Education post-16 and career choices	14.06.21

<u>Assessment</u>

Informal assessment happens regularly throughout the year as part of general teaching. Students are also more formally assessed across the four skills areas of listening, speaking, reading and writing at regular points during the school year.

Recommended Reading

A bilingual dictionary, e.g. the Collins School Dictionary, is considered a good purchase for our language students.

GCSE Graphic Communication (OCR)

OCR Art and Design Specification
Content overview

Portfolio

Students produce a portfolio of practical work showing their personal response to a set starting point, brief, scenario or stimulus. The portfolio may be presented in appropriate formats for the specification title they are following and chosen area of study, including sketchbooks, digital presentations, mounted sheets, maquettes, prototypes, animated work, scale models or illustrated written work.

The portfolio must provide evidence that the student has met all four assessment objectives. This includes the **development** of ideas, the **refinement** of work, **recording** of observations and the **presentation** of work.

Topics and themes covered include entering the Design Ventura competition run by the Design Museum, a Typography project and a stamp design brief based around Plastic pollution.

Students will have the opportunity to work from a selection of media including print making, three dimensional work, mixed media and collage. They will also have access to computers to use Photoshop and create designs on Serif in preparation for the laser cutter.

All work created in Year 10 is continually marked and assessed, contributing to the overall Portfolio component, which is 60% of the overall mark. The total marks available are 120.

There is a short controlled examination towards the end of Year 10 Graphic Communication which counts towards the overall portfolio work, which carries on into Year 11.

HISTORY (EDEXCEL)

GCSE History comprises:

Paper	Section	Торіс	Assessment	%
1. Thematic study and Historic	A. Thematic study	Medicine in Britain 1250- present	1 hour and 15 minutes exam	30
Environment	B. Historic Environment	The British sector of the Western Front 1914-18; injuries, treatment and the trenches		
2. Period study and British depth study	A. Period Study	British America, 1713-83: empires and revolution	1 hour and 45 minutes exam	40
	B. British depth study	Early Elizabethan England, 1558-88		
3. Modern Depth study	A. Modern Depth Study	Weimar and Nazi Germany, 1918-39	1 hour and 20 minutes exam	30

Course Content for Year 10	Key dates
Medicine Through Time: This unit includes medieval to present day medical developments in beliefs about the cures of diseases; improvements in anatomical knowledge; factors that caused change; an exploration of surgery and the growth of public health. We also study the Historic Environment which is injuries on the	End of October: Set Review
Western Front Elizabethan England: Students will explore life in Elizabethan times; her Court and	Middle of February: Set Review
Parliament; religious changes, education, pastimes, poverty, enemies abroad and at home.	
British America: Students will explore topics such as, privacy, slave trade revolts and the moves to independence	

Recommended Reading

Revise Edexcel GCSE (9-1) History British America Revision Guide and Workbook: with free online edition (Revise Edexcel GCSE History 16) Taylor

Revise Edexcel GCSE (9-1) History Weimar and Nazi Germany Revision Guide and Workbook: with free online edition (Revise Edexcel GCSE History 16) Payne

<u>Revise Edexcel GCSE (9-1) History Early Elizabethan England Revision Guide and Workbook: with free</u> online edition (Revise Edexcel GCSE History 16) Dowse

<u>Revise Edexcel GCSE (9-1) History Medicine in Britain Revision Guide and Workbook: with free online</u> <u>edition (Revise Edexcel GCSE History 16)</u> Taylor

Please also look at the Faculty website where you can find more information on courses and links to the CU History Learning Site where students can access topic information, quizzes, resources and links. This can be found at <u>cu.history.buryedu.org</u>. Students will be given a History Handbook which contains notes, quizzes, practice questions and sample answers to support them in their home studies.

CREATIVE ARTS

MUSIC (OCR)

The music course consists of:

Performance: 1 Solo Performance (15%), 1 Ensemble Performance (15%) **Composing:** 2 Compositions – one free choice, the other set to a brief (30%) **Listening:** 1 Written listening paper (40%)

Course Content	Key Dates
Work begins on composition, listening and performance at the	Composition deadlines –
start of the course as a class. The final composition portfolio will	December, March and July
consist of 2 pieces (combined time of at least three minutes). For	of Year 10, with the best
performing, students will present performances for examination	work selected for
during the Spring term of Year 11 (combined time of at least four	submission by February of
minutes). For the listening paper, students respond to and make	Year 11.
judgements about different extracts of music taken from 4 areas	
of study.	Performance exams in
	Year 11
Areas of Studies	
The Concerto – from 1650 to 1910	Examination Week:
Rhythms of the World – India, Eastern Mediterranean, Middle	14.06.2021
East, Africa and South America	
Film Music – music composed for film and also video games	
Conventions of Pop – Pop music from 1950s onwards – Rock 'n'	
Roll, Rock Anthems, Pop Ballads and Solo Artists	

Art and Design : Photography (EDEXCEL)

Coursework- personal portfolio consisting of sketchbook(s) of supporting investigations and final outcomes.

End of Year Examination - a double lesson exam when a final piece is produced from preparatory work.

Course Content:

Personal Portfolio (60% of GCSE grade)

Students work through a themed project exploring and experimenting with a range of photographic techniques and media.

Within their own personal portfolio they will produce the following:

- Independent research and recording of ideas.
- Experiment with the camera, editing and a range of media.
- Engage with and analyse the work of other artists and photographers developing an understanding of historical and cultural context.
- Produce a series of final outcomes.

All students will have to submit written annotation and appropriate specialist terminology to record their ideas, observations, insights and independent judgements.

Students will have the opportunity to develop skills using a DSLR camera, digital editing skills using Photoshop and a variety of mixed media approaches. Students will produce a variety of outcomes and relevant supporting studies.

Keep Dates: Examination week: W/C 14/06/2021

GCSE PHYSICAL EDUCATION (OCR)

The course is divided into two components:

Component 1 is theoretical and accounts for 60% of the final grade

Overview of Content:

Section 1 : Physical Factors Affecting Performance

Learners will start to explore the way in which the parts of the human body work and function during physical activity and physiological adaptations that can occur due to diet and training. They will also develop their knowledge and understanding of the principles of training, why we train in different ways and how training plans can be made to optimise results.

Section 2 : Socio-cultural issues and Sports Psychology

Learners will develop their knowledge and understanding of sports psychology theories related to acquiring movement skills and optimising performance. Learners will develop their knowledge of socio-cultural influences that impact on participation and performance in physical activities and sports. Learners will also develop their knowledge and understanding of how sport impacts on society. Learners will develop the ability to collect and use data using examples from physical activities and sports

Overview of Assessment

A total of two hours assessment split over two examination papers (2x 1 hour) taken at the end of the two year course.

Component 2 has two sections and accounts for 40% of the final grade:

Overview of Content:

<u>Section 1: Practical Performance -</u>: Performance of three activities taken from the two approved lists.

- **one** from the 'individual' list
- one from the 'team' list
- one from either list.

<u>Section 2: Analysis of Performance -</u> Performance analysis of a sport or activity from the approved DfE list. This does not have to be the same sport or activity that was undertaken in part one, although it can be

Students are expected to attend extra-curricular clubs to extend their knowledge and sporting experience.

Overview of Assessment

For both sections the unit is assessed through controlled tasks.

Section 1 – assessment of this section is through an external practical examination.

Section 2 – assessment is through controlled tasks.

Examination Week: 14.06.2021

PE Kit -Navy/light blue polo shirt* Navy shorts/skorts* Navy striped socks* Navy (reversible) rugby shirt or Navy half zip top* Trainers (for indoor use, non-marking soles) Football boots Plain navy tracksuit trousers* may be worn for trampolining and in severe weather conditions. * these items are to be purchased from reception when current kit needs replacing.

<u>Notes</u>:

- No jewellery to be worn. All earrings or piercings must be removed before any practical participation.
- Students with long hair will need to tie it back

Nb. Skateboarding, leisure type trainers and plimsolls are not suitable for PE. Shin pads are recommended for football and hockey. Mouth guards are recommended for hockey and rugby.

SPANISH (AQA)

Examinations are taken at Foundation or Higher levels in the four skill areas of Listening, Speaking, Reading and Writing in May/June of Year 11. Each of these papers count for 25% of the final GCSE mark.

Course Content	Key Dates
Students are taught to communicate in the contexts listed	12.10.20
below through the study of vocabulary, grammar and	Review of setting
structure and through the learning of skills in the areas of	
listening, speaking, reading and writing.	07.12.20
	Review of setting
 Arranging an Activity/Media 	
 Getting About and Public Transport 	01.02.21
Travel and Tourism	Review of setting
My Studies / The School Day	
Life at School/College	Examination week:
Education post-16 and career choices	w/c 14.06.21

<u>Assessment</u>

Informal assessment happens regularly throughout the year as part of general teaching. Students are also more formally assessed across the four skills areas of listening, speaking, reading and writing at regular points during the school year.

Recommended Reading

A bilingual dictionary, e.g. the Collins School Dictionary, is considered a good purchase for our language students.

SPORTS SCIENCE – OCR CAMBRIDGE NATIONAL

Cambridge Nationals in Sport are targeted at 14-16 year olds in a school environment. Students will be completing the Certificate, which is the same size as a GCSE. Students will be graded as a pass, merit or distinction; all equivalent to one GCSE. They use both internal and external assessment.

Overview of Content:

RO41 : Reducing the risk of sports injuries – written paper – 1 hour – 60 marks

Knowing how to reduce the risk of injury when taking part in sport, and how to respond to injuries and medical conditions in a sport setting are, therefore, vital skills in many roles within the sport and leisure industry, whether you are a lifeguard, a steward at a sports stadium or a personal fitness instructor. By completing this unit, learners will know how to prepare participants to take part in physical activity in a way which minimises the risk of injuries occurring, how to react to common injuries that can occur during sport and how to recognise the symptoms of some common medical conditions, providing a good foundation to undertake formal first aid training and qualifications.

RO42 : Applying principles of training Centre – centre assessed portfolio

High quality training programmes apply principles of training to the requirements of the individual in their development and implementation. By completing this unit, learners will develop knowledge and understanding of the principles and methods of training and the application of these in the design of training programmes along with practical skills in fitness testing.

RO43 : The body's response to physical activity - centre assessed portfolio

Many careers within the sport, leisure and health industries require employees to have an understanding of how the body changes and responds to physical activity. With this knowledge it is possible to improve body systems to optimise sports performance and promote healthier lifestyles. By completing this unit, learners will understand key aspects of the structure and function of the musculo-skeletal and cardio-respiratory systems and investigate some of the changes which occur to them in response to short and long-term physical activity.

RO45 : Sports nutrition - centre assessed portfolio

By completing this unit, learners will consider the composition of a healthy, balanced diet. They will also consider the necessity of certain nutrients in particular quantities and the effects of a poor diet. They will reflect upon the role that diet plays in different sports and activities, and use the knowledge gained to produce an appropriate, effective diet plan for a performer.

Overview of Assessment

A one hour assessment examined by one examination paper in the summer term of Year 10.

Students are then required to complete three further portfolios; one in Year 10 and two in Year 11.

Students will have the opportunity to participate in one practical sport lesson per week. There is no practical assessment associated with this course.

Students cannot take this course in addition to the GCSE PE course.

The Marking and Grading of Students' Work: a guide for students and parents

1. Regular Marking

In all subjects students receive two grades. One is for attainment and the second is for effort. This effort grade has a circle around it to distinguish it. The grades are:

- A : excellent
- B : satisfactory: no problems
- C : basically satisfactory: some problems
- D : poor: definite improvement required and relate to the teaching group of the student.

2. Interim Assessments

These are sent home to parents at regular intervals and reflect the regular marking. For every subject students receive grades for their classwork, homework, effort and behaviour. The grades are:

- A : always excellent
- B : consistently satisfactory; no problems
- C : usually satisfactory, but some problems
- D : poor: definite improvement required and relate to the teaching group of the students.

3. Annual Profile

Two sets of grades are given. Those for general skills are awarded in the same way as those in interim assessments:

In Years 10 and 11 : predicted GCSE grades are given

4. Grading for Public Examinations

At times it is necessary to grade work using GCSE grades. This particularly applies to completed practice tests and assessments. Students will be advised of these occasions and it will be made clear that the marking falls outside the County Upper grading policy.

KEY DATES FOR YEAR 10

<u>2020</u>

From 25 September	Parents' Information Evening available to upload
Wednesday 30 October	Interim Assessments to parents
<u>2021</u>	
Thursday 28 January	Parents' Evening (1) (provisional)
Wednesday 3 February	Parents' Evening (2) (provisional)
Tuesday 16 March	Interim Assessments to parents
Wednesday 17 March	Post Interim Assessment discussions with tutors begin for students
Thursday 6 May from 4.30 pm	Parents' Evening
Week commencing 14 June	Examination Week
Friday 16 July	Annual report profiles to parents