
Racial and Ethnic Differences in Ocular Anatomy

■ C. Richard Blake, M.D.

■ Wico W. Lai, M.D.

■ Deepak P. Edward, M.D., FACS

Understanding anatomical structure, proportion, and mechanical function of the human body is vital to clinical assessment and treatment of patients. Ethnic variations in ocular anatomy and in the prevalence and severity of eye diseases are well recognized. In this chapter, we review such ophthalmic differences between various racial and ethnic groups.

■ Eyelids

Differences in eyelid structure are well described in the literature with respect to the Asian eyelid, but discussion of differences in eyelid structure between the other races is scarce. Most of the literature focuses on distinctions between “double” and “single” eyelids. Other clinical and surgical considerations are the presence of epicanthi and palpebral fissure slant. By understanding racial and ethnic anatomical differences, oculo-plastic surgeons will be able to optimize function and aesthetics.¹

Asians may have fuller, thicker-appearing upper eyelids with an absent or relatively lower upper lid (supratarsal) fold, making the distinction between the single and double eyelid (Figs 1, 2).²⁻⁶ The orbital septum of Asians fuses with the levator palpebrae aponeurosis at variable distances below the superior tarsal border, closer to the eyelid margin than in non-Asians. This hinders aponeurotic fibers from the levator palpebrae superioris from reaching the subcutaneous tissues, prohibiting the creating of a double eyelid crease.^{5,6} The fusion is above the superior tarsal

The authors have no proprietary interest.



Figure 1. Asian eyelid showing absence of upper lid fold and the appearance of a “single” eyelid. Note the presence of epicanthus.

border in whites, creating the appearance of a double eyelid crease. Asian eyelids show a double or single crease, depending on how far inferior the levator palpebrae superioris inserts on the tarsus.

On the basis of gross, histological, and radiographic studies, a double creased eyelid is created by fibers of the levator palpebrae superioris penetrating the orbicularis oculi muscle and then inserting into the subcutaneous tissue of lid. More anterior coverage by adipose tissue of the tarsal margin of the upper eyelid can occur without the anchoring of the upper eyelid skin.^{3,5,6} In one study, Asian double eyelid creases showed an amount of pretarsal fat intermediate between Asian single eyelids and whites’ eyelids.⁶

A study by Carter and associates⁷ comparing Asian and white lower lid anatomy with magnetic resonance imaging revealed two major differences. First, all Asian lower lids studied showed orbital fat protruding farther anterior relative to the orbital rim as compared to that of whites. Second, in those Asian lower eyelids that did not have well-defined creases, the orbital fat extended further superiorly, to the inferior border of the tarsus. The researchers did not find any differences in the suborbicularis oculi fat pad in the lower lid between the two races. They con-



Figure 2. Caucasian eye with a “double” eyelid crease.

cluded that the Asian lower lid appearance is explained by differences in orbital fat location.

Epicanthi are folds of skin in the inner canthal area. The condition is more common in Asians, and the fold of skin often hides the caruncle.³ Minor epicanthi were defined as fine, short folds of skin not crossing the level of the inner commissure. Major epicanthi were defined as those epicanthi blocking the view of the inner commissure.⁸ In one study, minor epicanthi were found to be more common than major epicanthi in white children. No significant differences in standard orbital measurements between those with minor epicanthi and those without epicanthi were found, which indicates that minor epicanthi are a variant of normal anatomy. It has been proposed that with the growth of a smaller-than-average nasal root and brow, a major epicanthus may disappear as a child grows.^{3,8} The presence of major epicanthi in white children appears to be a less common variant of normal.⁸ However, the persistence of major canthi into adulthood can be associated with skeletal hypoplasia, lid defects, or stigma of other diseases.⁹

A recent and unique study by Hanada and coinvestigators¹⁰ compared the obliquity of the palpebral fissures between Brazilian indigenous peoples, Brazilian whites, and Brazilian Japanese. The mean fissure angles were measured as 9.39 degrees for Japanese, 9.64 for those in the indigenous group, and 4.60 for the whites. Statistical difference was found only between whites and the other two groups. Further study among races may be warranted.

■ Orbit

Racial and ethnic anatomical differences regarding globe and orbit position are of special importance in examining patients who have experienced head trauma or may have possible autoimmune, neoplastic, and infectious or congenital diseases. Exophthalmometry measuring the amount of protrusion of the globe from the bony orbit is usually obtained by the Hertel exophthalmometer. Normative data for both black and white populations have been published, and the data correlate well among different studies (Table 1).¹¹⁻¹³ In general, globe protrusion in blacks tends to be at the upper limit of normal for what has been reported for whites (Figs 3, 4). Data for other races have not been well documented. Normal Mexican adults (301 subjects) showed a mean Hertel exophthalmometry measurement of 15.18 ± 2.16 mm for males and 14.82 ± 1.98 for females, which tends to be lower than that of blacks and whites in the United States.¹⁴ Further studies comparing these groups in the same study are warranted to determine whether there is a difference between these groups.

Intercanthal and interpupillary distances also are important measure-

Table 1. *Protrusion of the Globe (mm)*

Study	Whites		Blacks	
	Means \pm SD	Ranges	Means \pm SD	Ranges
Migliori and Gladstone ¹¹				
Male, $p < .025$	16.5 \pm 2.58	11.3–21.7	18.5 \pm 3.08	12.3–24.7
Female, $p < .025$	15.4 \pm 2.33	10.7–20.8	17.8 \pm 2.57	12.6–23.0
Dunsky ¹²				
Male	—	—	18.2 \pm 2.97	12.3–24.1
Female	—	—	17.5 \pm 2.64	12.2–22.7
Barretto and Mathog ¹³				
Male, $p < .025$	17.0 \pm 2.65	11.7–22.3	18.23 \pm 2.26	13.7–22.8
Female, $p < .01$	15.98 \pm 2.22	11.5–20.4	17.27 \pm 1.44	14.4–20.2

ments in evaluating congenital and posttraumatic deformities. Pryor¹⁵ reported normal values of inner canthal distance (ICD), outer canthal distance (OCD), and interpupillary distance (IPD) for young (birth to 15 years old) white, Asian-, and Mexican-Americans. Pivnick and associates¹⁶ reported these values for blacks (birth to 24 years old) and compared them to Pryor's previous study. The values of IPD and OCD in blacks reported by Pivnick and associates¹⁶ were practically all significantly higher than those of age- and gender-matched white counterparts in Pryor's study. Interestingly, the former reported that blacks had a significantly smaller ICD at birth than did whites and that the ICD tended to grow at a more rapid rate than that of whites during the first 3 months of

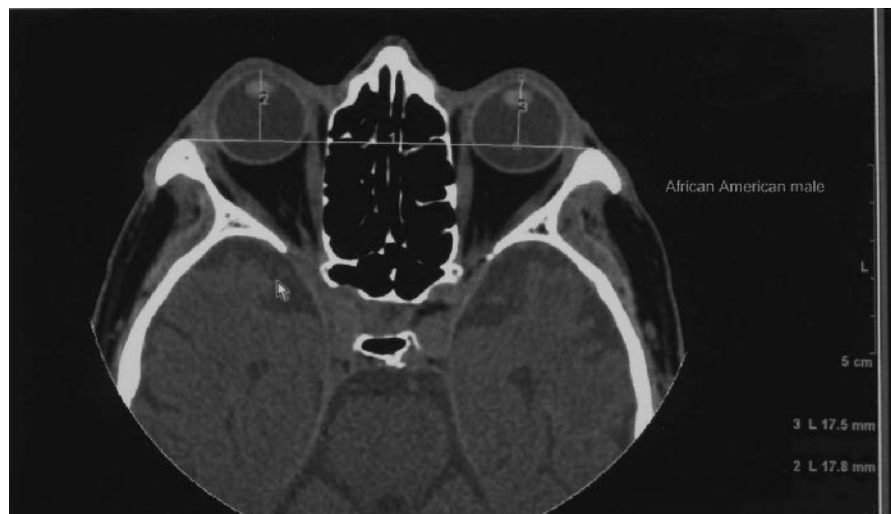


Figure 3. *Computed tomography of the orbits of an African-American patient. The vertical lines represent the distance between the cornea and the lateral orbital rim.*



Figure 4. *Computed tomography of the orbits of a white patient. Note that the cornea-lateral orbital rim distance is higher in African-American patients than that in white patients.*

life. After 9 months of age, the mean ICD remained significantly larger in blacks than in whites. Therefore, our clinical orbital measurements should be assessed not only for age but also for race. Highly detailed tables correlating age, race and measurements are published in the foregoing articles.^{15,16}

In contrast to the study by Pivnick and associates, Barretto and Mathog¹³ did not find any statistically significant difference between the ICD in normal black and white adults. Furthermore, they did not find any statistical difference in the palpebral fissure height between blacks and whites. However, in agreement with other studies,^{11,12,16} they did demonstrate a statistically larger difference in blacks than whites in regard to global projection and interpupillary distance. A statistical difference was also found between the races with respect to palpebral fissure width. The values of different measurements between blacks and whites reported in the study by Barretto and Mathog are in Table 2.

One study compared external orbital measurements (using projective photographs) of Arab men to other ethnic groups (using measurements obtained from other studies).¹⁷ Men of Arab descent had an OCD similar to that of whites but smaller than that of Japanese. The ICDs measured in Arabs were on average larger than those of whites. Both African-Americans and Japanese had wider IPDs than those of Arab descent in the study.

■ Refractive Error

The ocular components that are innately responsible for ethnic differences in refractive error include axial length (AL), lens power, and

Table 2. *Palpebral Fissure Measurements*

	Male		Female	
	Black	White	Black	White
Palpebral fissure width (male, $p < .01$; female, $p < .01$)	32.34 ± 2.31	29.51 ± 2.19	31.46 ± 2.20	29.40 ± 2.46
Palpebral fissure height (nonsignificant between races)	9.84 ± 1.61	10.25 ± 1.58	10.56 ± 1.58	10.65 ± 1.21
Interpupillary distance (male, $p < .01$; female, $p < .01$)	68.97 ± 4.10	65.15 ± 3.81	65.93 ± 2.73	61.47 ± 4.25
Intercanthal distance (nonsignificant between races)	35.80 ± 3.24	35.53 ± 3.76	34.18 ± 2.97	32.95 ± 2.90

Note: All measurements in millimeters.

Source: Barretto and Mathog.¹³

corneal curvature. Even though AL has been thought of traditionally as having the greatest impact on amount of myopia, rigorous ocular component measurements in samples that deal with ethnic variation have been infrequent. There have been studies that have directly correlated the degree of myopia with increasing AL.¹⁸ Lam and Goh¹⁸ demonstrated that the presence of myopia in Asian and white school children correlates well to their longer AL. However, Chinese subjects in a study by Congdon and colleagues¹⁹ were noted to have significantly smaller radii of corneal curvature and less hyperopia than blacks or whites, without significant differences in their AL. Again, to the contrary, a recent biometric comparative study found that Inuits tended on average to be more hyperopic and have flatter radii of corneal curvatures but also tended to have longer ALs than did blacks, Chinese, and whites.²⁰

There have been sporadic studies on ethnic prevalence of refractive errors.²¹⁻²⁵ This is due to the fact that it is a monumental task to compare data between races, owing to confounding factors that may affect the prevalence of myopia, such as education, geographical area, and different socioeconomic and educational status. Sperduto and associates²¹ performed a thorough study of the refractive data (9,882 patients) in the 1971 National Health and Nutrition Examination Survey and estimated the prevalence of myopia in the United States for blacks (13%) and whites (26%). They found that white subjects had a substantially higher prevalence of myopia than did blacks on average ($p < .01$), with whites having higher rates of myopia at all age groups studied.

Two very large studies on Singaporean subjects have reported that Chinese subjects have more myopia than do Indians and Malays. Au Eong and associates²² estimated the prevalence of myopia in 110,236 Singaporean subjects to be 48.5% in Chinese, 34.7% in Eurasians, 30.4% in Indians, and 24.5% in Malays. After matching the groups for educational attainment, differences in the prevalence of myopia were still seen. Wu²³ and associates found a significant ethnic difference of the prevalence of myopia in Chinese, Indians, and Malays ($p = .01$). The mean refractive errors were -2.75 D, -1.13 D, and -0.88 D, respectively. The prevalence of myopia was strongly associated with years of education. Again, after adjusting for education, those in the Chinese group still differed significantly from the other two groups ($p < .001$).

Since the 1930s, a high rate of myopia has been noticed in Far East Asia.²⁶ Studies of the prevalence of myopia consistently indicate that myopia is more prevalent in those of Asian descent than in whites and blacks. Table 3 summarizes the studies.

■ Conjunctiva and Sclera

Knowing racial differences of conjunctival, episcleral, and scleral pigmentation is of clinical value, especially with regard to the premalignant

Table 3. *Prevalence of Myopia*

Study	Race	Age (Yr)	Prevalence (%)
Zadnik et al. ²⁴	Asian	6–14	27.3
	Caucasian	6–14	8.8
Sperduto et al. ²¹	African-American	12–54	13.0
	Caucasian	12–54	26.3
Beaver Dam Eye Study ²⁵	Caucasian	48–84	26.2
Lam and Goh ¹⁸ (Hong Kong Schools)	Asian	6–17	55.0

and malignant lesions that occur in these tissues. In general, darker-skinned races tend to have more ocular pigmentation.²⁷ This racial pigmentation in conjunctiva imparts a brownish color to tissue, while pigment deeper in the sclera or episclera gives more of a gray or bluish hue. Three normal types of external ocular melanotic pigmentation are conjunctival epithelial melanosis, episcleral melanosis, and intrascleral nerve loop pigmentation, all of which are first noticeable from birth or early childhood.²⁷

Conjunctival epithelial melanosis occurs mainly on the bulbar conjunctiva and appears patchy, flat, and brownish. The limbus and palpebral conjunctiva may be involved, and the pigmentation may be extended into the corneal epithelium. Conjunctival epithelial melanosis should be freely moveable over the sclera, occurring less frequently at the limbus and caruncle in whites.²⁷ It should be differentiated from premalignant or malignant pigmented conjunctival lesions that are mainly seen in whites.

Episcleral melanosis, a common racial characteristic in blacks and Asians, appears as pigmented spots that are bilateral and brown or gray-blue in color. Episcleral melanosis occurs more often in individuals with dark irides. In whites, episcleral melanosis is associated with an increased risk of melanosis oculi and therefore an increased risk of a uveal melanoma.²⁷

Intrascleral nerve loops and associated scleral emissaries are pigmented more often in darker-skinned races (Fig 5).^{28,29} In two studies,^{28,29} the emissary pigmentation seemed to be independent of ultraviolet light exposure as most of the pigmented scleral emissaries occurred under the upper lid and least frequently lateral, where there would be more ultraviolet exposure. Norm²⁸ found that episcleral pigment spots bearing relation to scleral canal emissaries were more frequent among Inuits (85% total prevalence), less among Japanese (68%), and least among the Northern Europeans (16%). A histological study performed by Yanoff²⁹ found that the episcleral spots (0.1–0.5 mm in diameter) were composed of uveal melanocytes always associated with a perforating anterior ciliary vessel or intrascleral nerve root or both. All eyes of black subjects had some pigmented emissaries and, in the eyes from both

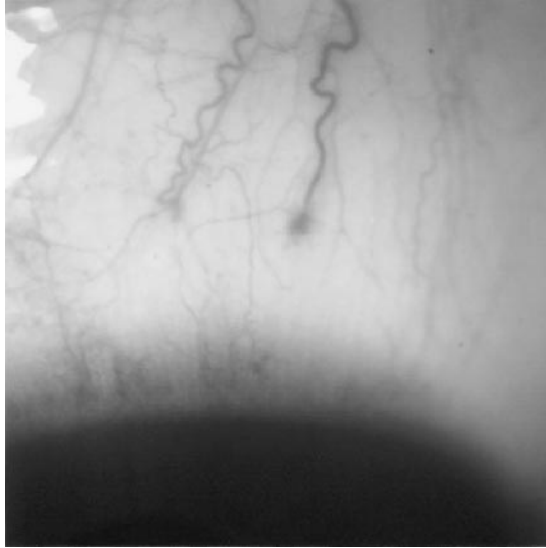


Figure 5. *External photograph of an African-American patient showing intrascleral nerve loop and associated scleral emissary.*

groups, pigmented emissaries were found on average 3 to 4 mm (range, 1–7 mm) from the limbus. They tended to occur most commonly superiorly then temporally, nasally, and inferiorly (in decreasing frequency).

■ Cornea

Corneal thickness measurement is becoming increasingly important in diagnosing and treating certain corneal diseases and in the workup of glaucoma and ocular hypertension. African-Americans on average have thinner central corneal thickness (CCT) as compared with white Americans.^{30,31} Those with thin corneas have higher intraocular pressures than that measured by applanation tonometry. This was addressed in the Ocular Hypertension Treatment Study.³⁰ In this study, the mean (\pm SD) corneal thickness of African-American subjects ($555.7 \pm 40.0 \mu\text{m}$) was $23 \mu\text{m}$ thinner than that of whites ($579.0 \pm 37.0 \mu\text{m}$). In a previous, smaller study, La Rosa and associates³¹ also found with distribution analysis that the largest cluster of African-American patients had CCT around 520 to 540 μm , whereas the largest cluster of white patients had CCT around 580 to 600 μm .

The CCTs (mean \pm SD) in Japanese and Hong Kong Chinese subjects have been reported to be 552 ± 36 and $555 \pm 35 \mu\text{m}$, respectively, when measured by ultrasound pachymetry.^{32–33} Cho and Lam³⁴ reported thicker readings for CCT in Hong Kong Chinese, with 575 ± 31 for males and 574 ± 33 in females. However, in a Mongolian population (1,129 subjects), measured CCT was only $495 \pm 32 \mu\text{m}$ for right eyes and 514 ± 32

for left eyes.³⁵ In a study of young New Zealanders, Herse and Weiping³⁶ did not find significant differences between five cultural groups of children. Further multiple, interracial comparisons are needed in the same study using the same equipment, examiners, and conditions to draw stronger conclusions of ethnic differences in CCT.

Matsuda and associates³⁷ compared Asian and white horizontal visible iris diameter and found a statistically significant racial difference. If corneal diameter is on average smaller in Asians, rate of corneal flattening may be greater in Asian eyes. Differences in corneal curvature and diameter are of interest to those prescribing contact lens and the manufacture of cosmetic lens for certain markets.

In a large study (1,235 patients 40–75 years old), Snellings and associates³⁸ studied interethnic differences of the corneal endothelium that analyzes the differences of corneal endothelial cell density, cell size variability, and cell hexagonality between different ethnic groups. Three groups were studied, those of Nepali, Bangladeshi, and South Indian descent. All mean measurements in Table 4 were significantly significant ($p < .0001$).

In a smaller, earlier study (156 patients), Matsuda and coworkers³⁹ compared corneal endothelial density between an American population and a Japanese population. They found no significant difference between variations in cell area and cell shape between the two populations, but the Japanese group had a higher endothelial cell density (in all age groups 10– >70 years old). They suggested that this might account for a lower incidence of aphakic bullous keratopathy in Japanese than in Americans. Snellings and associates³⁸ proposed that there is a need for further interethnic studies of corneal endothelium to determine whether certain ethnic groups are more prone to surgical trauma.

■ Anterior Chamber

Racial difference in angle configuration may account for racial differences in the incidence of primary angle-closure glaucoma (PACG). Understanding the anatomical variations is of great value especially in screen-

Table 4. *Interethnic Differences in Corneal Endothelium*

Ethnic Group	Cell Density (mm ²)	Cell Size Variability (%)	Cell Hexagonality (%)
Nepali	2,634 (386)	39.3 (7.4)	34.4 (7.0)
Bangladeshi	2,782 (342)	33.2 (5.7)	37.8 (5.8)
South Indian	2,714 (360)	41.3 (6.4)	45.2 (8.9)

Note: All measurements represent the mean standard deviation.
Source: Snellings et al.³⁸

ing patients for PACG. Compared to whites, who have an incidence of PACG of 0.05 to 0.1%,^{40,41} Inuits who have a higher prevalence of angle closure glaucoma (1.1–11.4%)^{42,43} were found to have shallower angle-anterior chambers than did other races.^{20,44–46} It has been reported that Far East Asians have an incidence of PACG around 1%, which is a 10-times-higher incidence of PACG than that of whites.^{19,47} It is possible that PACG affects 30 million Asian people worldwide.⁴⁸ Oh and coworkers⁴⁷ performed detailed gonioscopy of the anterior chambers of African-Americans, Caucasians, and Far East Asians. They did not find statistical difference between the actual numerical measurements of the angles of these three groups (mean \pm SD) angle width in degrees: whites, 32.5 ± 5.5 ; African-Americans, 31.8 ± 5.5 ; Asians, 33.4 ± 6.8 . However, they did report a more anterior insertion of the iris root in Asian subjects than in the other groups. The insertion was found to be the most posterior in those in the white group. This difference in angle configuration was postulated to be a reason behind the predisposition of Asians to PACG even though Asians tend to be more myopic (and therefore are expected to have deeper anterior chamber angles).

Congdon and coinvestigators¹⁹ also measured anterior chamber differences in Chinese, white, and black populations to explore why PACG is more prevalent in Chinese. Their measurements included anterior chamber depth, axial length, radius of corneal curvature, and refractive error. The only parameter that differed significantly between Chinese and other groups and might explain the increased risk of PACG among Chinese was the smaller radius of corneal curvature as compared to whites and blacks. A smaller corneal radius of curvature implies a smaller anterior chamber volume and more crowded anterior chamber. Congdon and coworkers later postulated that older Chinese may develop a “creeping angle closure” that could account for a increased incidence of PACG.

In concordance with other studies,^{44–46} Wojciechowski and associates²⁰ recently found Inuit subjects to have shallower peripheral and central anterior chambers than Chinese, blacks, and whites ($p < .01$). Of great interest is that the age-adjusted measurements of visible angle structures were significantly smaller for the Inuit subjects and showed a significantly more rapid decline in angle (along with anterior chamber depth) with age than whites and blacks. Chinese subjects also had a more rapid decline in angle structure than did whites and blacks, but the values did not differ significantly from those of the Inuits. In addition, Inuits had larger age-adjusted lens thickness than all three other groups. Therefore, Inuits may have the higher incidence of PACG from having shallower and narrower angles, possibly affected by lens size. As stressed by Wojciechowski and associates,²⁰ long-term prospective studies are needed to control for confounding factors, such as earlier cataract formation and lens swelling in some groups that may be more prevalent with different diets and ultraviolet light exposure levels. There may be a cohort effect in Inuit and

Chinese, with younger subjects having deep angles (being more myopic) induced from educational-near work stresses that may cause it to appear that angles are narrowing with age in a population.

■ Iris

Blue irides, more commonly found in white races, appear blue owing to the lack of pigment on the anterior surface of the iris.⁵⁰ As a result, light passes through a relatively clear stroma and creates a scatter of light as does the sky, making the medium appear blue.⁵⁰ Duke-Elder and Wybar⁵⁰ reported that if the stroma becomes more dense in blue iris, the iris then appears more gray. Iris vessels also are more visible in lighter-colored irides, owing to the lack of pigment, and this may be important for those inexperienced who are looking for iris or angle neovascularization. Also of clinical value, in white patients, age-related macular degeneration is significantly more prevalent in individuals with blue or hazel irides than in those with light-colored irides.⁵¹

■ Lens

There is little discussion of racial anatomical lens differences in the literature.^{20,52} A larger, thicker lens may make one prone to angle closure. Some ethnic groups are more prone to angle closure, but there is no convincing evidence in the literature to support that there is a racial difference in lens size to account for an ethnic predisposition. One study found that in normal patients without a history of acute angle closure, black patients had a significantly thinner lens (0.4 mm thinner; $p < .0005$) than that of Danish patients.⁵² A smaller lens may explain a relatively lower incidence of acute closure attacks in some black populations.^{52,53} Wojciechowski and associates²⁰ found that an Inuit population (that has a higher incidence of anterior chamber angle closure) had significantly thicker lenses than did Chinese, black, and white populations. Owing to the presence of many confounding factors and only cross-sectional analysis, no study has yet shown a true racial anatomical difference in lens size or shape.

■ Optic Nerve-Disc

Ethnic differences in disc size and other parameters have been reported.^{54–58} Mansour⁵⁷ reported a statistically significant smaller optic disc in whites and Hispanics than in Southeast Asians, Far East Asians, and blacks. Blacks on average had a disc area 26% larger (3.33 mm^2 vs. 2.6

mm²) than whites. In a later study, Mansour⁵⁸ examined the optic discs of children and reported that blacks had significantly larger vertical disc diameters (by 0.21 mm or 11% larger; $p < .0001$) and disc areas (by 0.42 mm² or 16% larger; $p < .002$). The horizontal disc diameters were moderately large (by 0.08 mm or 5% larger), but the difference barely missed making statistical significance ($p < .07$). Chi and coworkers⁵⁹ used an optic disc analyzer to compare the optic discs of 30 black and 31 white subjects and also found that blacks had significantly larger disc areas. Therefore, race-based variation of optic disc size appears to be significant. Also, a smaller optic disc in whites may have some bearing on their higher prevalence of nonarteritic ischemic optic neuropathy and optic disc drusen.^{60,61}

Mansour⁵⁸ also reported very similar neuroretinal rim areas between black and white children. There were no differences between these races. Chi and associates⁵⁹ also found similar neural rim areas in normal adult blacks and whites, even though C/D ratios and disc areas differed. Racial variation must be taken into consideration because there may be some people with large disc and thinner neural rims that will be given false diagnoses or more often referred for glaucoma.⁶²

From evaluation of stereoscopic photographs taken from 100 black and 100 white patients, Beck and associates⁶³ reported the average C/D ratio in blacks as 0.35 and in whites as 0.24 ($p < .0001$). They also reported that 40% percent of the optic discs of blacks and 14% of the optic discs of whites had a C/D ratio greater than or equal to 0.4. Later studies have confirmed this racial difference in C/D ratios.^{58,59,64} Chi and coworkers⁵⁹ found larger cup-to-disc ratios in blacks, being 0.21 larger than in whites ($p < .0001$). Mansour⁵⁸ also found the C/D ratios were significantly larger in blacks than in whites.

A histological and photographic study by Dandona and coworkers⁵⁴ sought to determine whether less connective tissue support in the lamina cribosa is present in black subjects as compared to white subjects. The black subjects were found to have a larger total lamina cribosa area, indicating a larger optic nerve head. However, Dandona and coinvestigators⁵⁴ reported that the connective tissue proportion and pore size were almost identical in black and white subjects. The mean value for the connective tissue proportion in the lamina cribosa was 56% of total lamina cribosa area for blacks and 55.2% for whites.

■ Retina

On fundus examination, the retinal background of those with lighter skin generally is more of a reddish-orange color compared to a darker-orange color in those with darker skin. In an optical transmission and fluorescence study comparing the eyes of black and white subjects, black

subjects had a significantly greater amount of choroidal melanin, although blacks and whites have a similar amount of melanin in the retinal pigment epithelium (RPE).⁶⁵ White subjects have been shown to have significantly higher levels of lipofuscin in the RPE.⁶⁵

A racial difference in the peripapillary nerve fiber layer (NFL) has been demonstrated in one study using scanning laser polarimetry to study normal patients.⁶⁶ Adjusting for age, in more than one-half the age groups, they found that whites had a significantly thicker nerve fiber layer on average than did Afro-Caribbean subjects. The retinal NFL thickness in whites ranged from 60.3 to 105.3 μm . The retinal NFL in Afro-Caribbeans ranged from 71.8 to 94.9. This difference in NFL thickness may have clinical relevance with respect to the clinical course of glaucoma, but further studies are needed to confirm such findings.

■ Summary

This chapter summarized racial and ethnic differences in ocular anatomy involving the eye and the orbit. There are distinct racial and ethnic anatomical differences in the ocular structures. By recognizing and appreciating such differences and incorporating them into clinical practice, physicians will be better able to differentiate between normal and abnormal and to manage and diagnose various ocular diseases.

This study was supported in part by the Research to Prevent Blindness, Inc, New York, NY and by Core Grant EY01792, National Institutes of Health, Bethesda, MD.

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