## Laurelwood at The Highlands at Pittsford

$\substack{\text { The HIGHLANDS } \\ \text { an PitTSFORD } \\ \text { Laurelwood }}$
Calendar of Events
May 2015


Memorial Day



Spring

## Friday 05/01 May Day

10:15am- Fitness Class with Carol Lang (AR)
10:30am- Catholic Mass (HCC)
1:15pm- Interfaith Worship with Chaplain Grobe (AR)
2:30pm- Music Mixer- with Paul Killion featuring guitar \& vocals (AR)
4:00pm- Word Searches with a May Day theme! (G)
6:30pm- Qwitch Card Game (AR)

## Saturday 05/02 Kentucky Derby Day!!

10:15am- Tai Chi Class (AR)
10:45am- Month of May Trivia game. Learn fun facts about May! (AR)
1:30pm- Afternoon music with students from Pittsford Sutherland's National Honor Society. Playing Beautiful music on the clarinet, piano, violin, oboe and flute (G)
3:15pm- Join us for word puzzles, word searches \& hidden pictures games. (AR)

4:00pm-7:00pm- Come and watch the 141st Kentucky Derby Horse Race Live from Churchill Downs on Channel 10-NBC (G)


Program Location Code: (G)- Gallery, (AR)- Activities Room, (HCC) Highlands Comm Cntr, (2nd FIA)- 2nd Floor Alcove, (DR)- Dining Room, (O)- Outing. If you have any questions please dial 389-1630, ext. 245 for Crystal or ext. 285 for both Cheryl or Stacie.

## Sunday 05/03 National Hug Day!

10:30am- Catholic Communion Service (AR)
11:00am- "What Do You Know?" game (AR)
1:30pm- Scrabble game. Join us for this all-time classic board game. Spectators are welcome (AR)

6:30pm- Movie: "Prime" (G)

## Monday 05/04

10:30-am- Exercise Video (G)
10:45am- Depart for Lunch at Magnolia's Restaurant. This is where President Obama ate when he visited Rochester! Then we will shop at Parkleigh and a find a treasure from their vast array of merchandise! (0) To register please call ext. 285 or 245.

2:30pm- U of R Course: Art History- Masterpieces, with Susan Nurse (HCC)
3:00pm- Crafting with Cheryl-Making Maracas for our Cinco de Mayo Happy hour (AR)
6:30pm- Movie- "The Stork Club" (G)

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## Tuesday 05/05 Cinco de Mayo Day!

10:30am- Nail Painting (AR)
1:15pm- Bible Study with Chaplain Grobe (AR)
2:15pm- Fitness Class with Robin, our Wellness Coach (AR)
3:30pm- Join your friends for a Special Cinco de Mayo Happy Hour! Great Food, Conservation and Fun! Live music with Karen La Bella on guitar! (G)
6:30pm- Movie- "The Road to Zanzibar" (G)

## Wednesday 05/06 National Teachers' Appreciation Day

10:30am- Yoga Class with Carol (AR)
11:15am- Depart for Hochstein for Lunchtime Concert: Atara Wind Instruments. (O) To register please call ext. 285 or 245.
2:00pm- Local Author Nancy Lynch Steele Presents: Vietnam Mailbag: a Book Review. (HCC)

2:30pm- Cross Word Puzzle with Larry, Spectators always welcome (AR)
3:45pm- National Teacher's Appreciation Day-Please come help us honor Laurelwood's Teachers (AR)

6:30pm- Wii Electronic Bowling game (G)

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## Thursday 5/7

10:30am- Learn about Tea Party Etiquette and Fun Facts about Tea! (G)
2:00pm- U of R Lecture: The Origins of American Individualism, with Dr. Michael Fisher (HCC)
2:30pm- Spring TEA PARTY with guest speaker Stacey Miller presenting: Hats and Headdresses: Adornments of the Head from Around the World. Enjoy a delicious Tea and see Stacey's fascinating Hat Collection. Wear your favorite hat! To register please call ext. 285. (DR)

## 6:30pm- Evening music with Seth Sealfon Jazz Duo (HCC)

## Friday 05/08

10:15am- Fitness Class with Carol (AR)
1:15pm- Inspirational Hymns with Chaplain Grobe (AR)
2:30pm- Music Mixer with Joe Naples-piano, vocals (HCC)


3:45pm- DVD: Scenic America: Landmarks (G)
6:30pm- Phase Ten Card Game (AR)

## Saturday 05/09

10:15am- Tai Chi Class (AR)
11:00am- Trivia game (AR)
1:30pm- Join us for a variety of trivia including music trivia and geography trivia. Grab a friend and join us ! (AR)

3:15pm- Kickball Game (AR)

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## Sunday 05/10 Happy Mother's Day

10:30am- Catholic Communion Service (AR)
11:00am- Mother's Day themed trivia! (AR)
2:00pm- Dominoes AR)
6:30pm- Movie: "Mrs. Doubtfire" (G)


## Monday 05/11

10:15am- Exercise Video (G)
1:15pm- Depart for the Lilac festival! Experience the beauty and fragrance of our most famous flower! (O) To register please call ext. 285 or 245.

2:00pm-U of R Course: Art History- Masterpieces with Susan Nurse (HCC)

3:15pm- Geography Game- meet on the patio 6:30pm- Movie- "The Groom Wore Spurs" (G)

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## Tuesday 05/12 Nurses' Day \& Florence Nightingale Day!

10:15am- Walking Group-Put on your waking shoes, \& take a walk around our Beautiful Campus (O). Meet by elevator.

1:15pm- Bible Study with Chaplain Grobe (AR)
2:15pm- Crafting with Verna (AR)
3:45pm- Learn Interesting Facts about Florence Nightingale (AR) 6:45pm- What's the buzz about beekeeping? Join Sam Hall \& Rich Riedman, local beekeepers, to learn more! Together they have over 65 years of experience \& are two of the founders of the Ontario Fingerlakes Beekeeping Club. Rich is the son of Highlands' resident, Norma Reidman. (HCC)

## Wednesday 05/13 National Apple Pie Day!

10:30am-Yoga Class with Carol Lang (AR)


1:15pm- Party with the students from Calkins Rd. School. This is the last visit of the school year! (AR)

2:00pm- Pittsford Highlands' Chorus presents their Spring Concert! Come \& hear your friends \& neighbors perform (HCC)

3:30pm- Communion with Doris (AR)
3:45pm- Visit with our volunteer Chip and Lovie, his German Shepard Front Parlor

6:30pm- Wii Electronic Bowling (G)
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## Thursday 05/14

10:30am- White Elephant Bingo (AR)
1:00pm- Depart for Pittsford Cinema to
 see "The Age of Adaline". (O) To register please call ext. 285 or 245.

2:00pm- Tasting Club-Come and taste spring's bounty: Fresh Berries- Which one is your favorite ? (AR)
$3: 45$ pm- Star of the Month. Learn more about Cher! (G)
6:30pm- Re-Fraze game. Join us as we work on these well-known phrases together. (AR)

## Friday 05/15

10:15am- Fitness Class with Carol (AR)
1:15pm- Interfaith Worship with Chaplain Grobe (AR)
2:30pm- Music Mixer with Rhythm Aces Duo: piano, clarinet \& vocals (AR)

3:45pm- State Nicknames. See how many you know. (G)
6:30pm- Scrabble Poker game (AR)

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Saturday 05/16 Armed Forces Day10:15am- Tai Chi Class (AR)11:00am- Trivia game (AR)1:30pm- A Good ol' fashioned game of Horseshoes!(G)

3:15pm- Stop by the kickball game and put your best foot forward with us! (AR)

## Sunday 05/17

10:30am- Catholic Communion Service (AR)
11:00am- "What Do You Know?" game (AR)
1:30pm- Dominoes! Join us for this classic board game. (AR)
6:30pm- Movie: "Top Hat" (G)

## Monday 05/I8 Queen Victoria Day

10:15am- Exercise Video (G)
10:45am- Depart for Lunch at Bill Gray's \& enjoy a delicious Abbott's custard for desert. (O) To register please call ext. 285 or 245
1:15pm - Bible Study with Chaplain Jim Grobe. (AR)
2:30pm- Spring Concert with Nadia playing all your favorite classical and popular songs on the piano (G)
3:45pm- Celebrate Queen Victoria Day (AR)
6:30pm- Movie: "Paper Moon" (G)

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## Tuesday 05/19

10:15am- Inspirational Hymns with Chaplain Grobe (G)
11:15am- Spring Charity Luncheon! Lunch is followed by a flower demonstration with Michael Miller of Kittelberger's Florist. $\$ 20.00$ per person with all proceeds to benefit Pittsford Food Cupboard ( Highland's Dining Room). To register please call either ext. 285 or 245.

2:30pm- Creative Card Making- Making thank you cards for our
wait staff-to thank them for their great service all year long! (AR) 6:30pm- Movie- "Topper Returns" (G)

## Wednesday 05/20

10:30am- Yoga Class with Carol (AR)
12:00pm- Birthday Party with Sungmin Shin on guitar (DR)
1:30pm- Scenic Ride (O) To register Please call ext. 285 or 245.
2:00pm- "Who Married Whom?" game (AR)
3:30pm- Communion with Doris (G)
3:45pm- Name That Musical game (G)


6:30pm- Evening Music with Mike Kornrich: guitar, banjo \& vocals (AR)

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## Thursday 05/21 National Wait Staff Day

10:30am- Jewelry making with Judith Wallace. All supplies will be provided. Stop by and let your creativity take hold! (AR)

10:45am- Depart for the Annual Sunshine Luncheon at St. Louis School! (O) To register please call ext. 285 or 245.
2:30pm- Larry Shearer presents- "The Music of Spike Jones" (AR)
3:45pm- Hidden Pictures game. Help us to find all of the missing items. (AR)

6:30pm- Wii Electronic Bowling game (G)

## Friday 05/22

10:15am- Fitness Class with Carol (AR)
1:30pm- Family Feud Game (AR)
2:30pm- Join us for a Patriotic Music Mixer with Larry Bitterman: vocalist, guitarist (HCC)

4:00pm- $\quad$ Sing a long DVD! Reminisce with these great ol' songs! (G) 6:30pm- Old Maid Card Game (AR)

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## Saturday 05/23 Shavuot Day Starting at Sundown

10:15am- Tai Chi Class (AR)
10:45am- Trivia game! (AR)
1:30pm- Afternoon Music with Dan Pollet playing all your favorites on the piano (G)

## Sunday 05/24

10:30pm- Catholic Communion Service (AR)
11:00am- "What Do You Know?" Game (AR)
1:30pm- $\quad$ Scenic Ride (O). To register please call either ext. 285 or 245.

## 6:30pm- Movie: "High Society" (G)

## Monday 05/25 Memorial Day Shavuot Ends at Sundown

10:30am- Exercise Video (G)
1:30pm- DVD-America the Beautiful: A musical
tribute that carries you over 3,000 miles of

beautiful scenery that lets your eyes, ears and heart experience America! (G)
2:30pm- Join your friends on the Patio for snacks, visit and enjoy the sun!

6:30pm- Movie- "For the Boys" with Bette Midler \& James Caan (G)

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## Tuesday 05/26

10:30am- Walking Group-Enjoy the beautiful flowers on our campus (O) Meet at our elevator

| $1: 15 \mathrm{pm}-$ | Bible Study with Chaplain Grobe (AR) |
| :--- | :--- |
| 2:00pm- | Travelogue with Beth Brancata- Discover Beautiful Mexico |
|  | And Central America without Leaving your Arm Chair! <br> Don't forget your sunglasses! (AR) |
| 3:30pm- | Residents' Meeting (AR) |
| 4:00pm- | Meet your friends on the patio for a cool beverage and <br>  <br> Enjoy the sun! <br> 6:30pm- |
| Movie- "Roman Holiday" (G) |  |

## Wednesday 05/27

10:30am- Yoga Class with Carol Lang (AR)
12:45pm- Depart for Geva Theatre's Production of Vanya \& Sonia \& Masha \& Spike (O) To register please call Ext. 285 or 245.
2:00pm- Music Trivia (G)
3:30pm- Communion with Doris (AR)
3:45pm Join Your Friends for Happy Hour! Great food,
Great friends and great fun!! Library
6:30pm- Wii Electronic Bowling game (G)

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## Thursday 05/28

10:15am- Making Victorian Floral Tussie Mussie with silk flowers! Learn the language of flowers with us! (AR)
2:00pm- Chris Bernard Presents: Spring Wildflowers In Sun and Shade (AR). Think Spring with us!!

3:15pm- Word Elimination Game featuring: A Secret Spring Message (AR)

6:30pm- Last Word Game. Meet on the Patio

## Friday 05/29

10:15am- Fitness with Carol (AR)
11:00am- Pre-Shabbat service with Rabbi Hein in the Front Parlor
1:15pm- Music Mixer with Cyndi Kingsley: vocals \& keyboards (AR) 2:45pm- Join your friends for some sunny conversation on our Patio.

6:30pm- Movie- "The Most Exotic Marigold Hotel" (G)


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## Saturday 05/30

10:15am- Tai Chi Class (AR)
10:45am- Trivia game. Join us to reminisce \& enjoy some fun conversation! (AR)
1:30pm- Paired Up game. Join us to talk about famous pairings. (AR)
3:15pm- Uno Card game (AR)

## Sunday 05/31

10:30am- Catholic Communion Service (AR)
11:00am- "What Do You Know?" trivia game (AR)
1:30pm- Dominoes (AR)
6:30pm- Movie: Perry Mason "The Case of the Curious Bride" (G)

As we focus on the Seven Dimensions of Wellness, this month we would like to highlight the following programs:


Fitness- Tai Chi Class-5/9
Nature- Program on Beekeeping 5/12
Peace-Communion with Doris 5/13
Learn- U of R Course- Art History-
Masterpieces-5/4

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