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978-1-107-68030-2 - ROBuST: RCOG Operative Birth Simulation Training: Course Manual
Edited by George Attilakos, Tim Draycott, Alison Gale, Dimitrios Siassakos and Cathy Winter
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Finally, we would like to thank all the trainers who will deliver this training course on behalf of RCOG in the future.

George Attilakos, Tim Draycott, Alison Gale, Dimitrios Siassakos and Cathy Winter

Abbreviations

ACOG	American College of Obstetricians and Gynecologists
BMI	body mass index
BPD	biparietal diameter
CEFM	continuous electronic fetal monitoring
CPD	cephalopelvic disproportion
CS	caesarean section
CSF	cerebrospinal fluid
CTG	cardiotocography
DDI	decision to delivery interval
DOA	direct occipito-anterior
DOP	direct occipito-posterior
EFM	electronic fetal monitoring
FBS	fetal blood samples
GA	general anaesthesia
HIE	hypoxic-ischaemic encephalopathy
ICU	intensive care unit
ITU	infrapubic translabial ultrasound
LA	local anaesthetic
NHSLA	National Health Service Litigation Authority
NICE	National Institute for Health and Care Excellence
OA	occipito-anterior
OP	occipito-posterior
OT	occipito-transverse
OVB	operative vaginal birth
RCOG	Royal College of Obstetricians and Gynaecologists
VTE	venous thromboembolism
WHO	World Health Organization

Preface

In order to ensure we provide the highest quality of care to women, RCOG sets high standards in training. The emphasis is to ensure that the future specialists acquire both technical and non-technical skills, which together are essential to correctly manage patients within a well-functioning team of professionals. Providing training with these aims is at the forefront of RCOG educational objectives. This book provides those who are learning new skills to gain from experts' knowledge and experience. The associated course allows those in training to gain technical and non-technical skills, using simulation, in a safe environment and will ultimately improve the care offered to women.

Dr Clare McKenzie
RCOG Vice President (Education)

This book is intended for trainees attending the RCOG Operative Birth Simulation Training (ROBuST) course. However I anticipate that all obstetricians and obstetric trainees will find it useful and informative. To get the most out of the ROBuST course I recommend reading this book prior to attending but many of the chapters will also be useful for future reference. While this book covers the fundamentals of operative vaginal birth (OVB) it has been written to comprehensively cover the subject.

The individual chapters have been commissioned from nationally and internationally recognised experts, who have provided accounts of their own experiences and techniques. These techniques and alternatives will be taught on the hands-on ROBuST course.

This text and course have been developed to improve training in OVB worldwide, with the ultimate aim of improving safety for mothers and babies. Simulation training in obstetrics has the benefit of facilitating learning in technical and nontechnical skills in a safe environment, without any risk of patient harm.

The course is delivered in 1 day. It includes short lectures, demonstrations of technique (nonrotational and rotational OVB and caesarean section at full dilatation) and hands-on practice. Important generic skills including teamwork, communication and documentation are also covered.

I hope that you find this book useful and enjoy the course.

Alison Gale
Lead Editor and Simulation Advisor to RCOG