

Camp Guide 2022



Camp Life  
is the   
Best Life



Camp  
Registration  
opens  
1/19/22

girlscouts  
of maine 





# Camp Life is the Best Life

Whether you try day camp, resident camp, troop mini-camps, or family camp, get ready for an incredible experience—one full of excitement, exploration, and adventure. Girl Scout Camp is full of endless possibilities—we want every girl to be able to enjoy the great outdoors and take advantage of our fantastic programs. Come camp with us!

## Did you know?

- 1 While we trust pandemic restrictions will be lessened, we know the virus has profoundly affected our children's social skills and sense of well-being. Girl Scout camp fosters face to face connection and physical activity in a fun and safe outdoor environment. Campers love being outdoors with their friends at camp!
- 2 Camp is awesome! Girls with more frequent outdoor experiences are more likely to seek challenges and are better at solving problems—qualities that will help them both academically and personally in the future.
- 3 Camp makes everything better! Spending time in nature improves concentration and creative reasoning. Outdoor experiences also help promote healthy social development and increase her self-esteem.



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**Get a glimpse of camp life at our open houses!**

**Camp Pondicherry & Camp Natarwi  
Sunday, June 5, 2022**

Discover all the exciting adventures and experiences you can be a part of and meet our awesome camp directors in person.

**You don't have to already be a Girl Scout or join a troop to come to summer camp!**



# General Camp Info



## Camp and COVID-19

While it is too early to know what restrictions might be in place for COVID-19 this summer, we will follow any public health advisories and CDC recommendations. We hope the worst of the pandemic will be behind us, but are prepared for a healthy camp season in any case.

## Meals

Most of your meals are served in our camp dining hall, or outdoors, either buffet or family style. We serve three well-balanced and nutritious meals daily. We also do campfire cookouts where you'll help plan and prepare the meal. There is always one main dish and a vegetarian option, along with side dishes. You'll have a snack in the afternoon and fruit is always available. If you have special dietary needs, let us know before you arrive and we'll be happy to work with you.

Typical meals include chicken, casseroles, pizza, stir fry, tacos, pasta dishes, turkey dinners, grilled cheese, and soup. If you are a choosy eater, we always have other options available such as a salad bar, veggies, or sandwiches and our kitchen staff work hard to provide you with food you like.

## Camp vs. School Grade

We group girls by "camp grade" which is the grade you will be entering as of September 2022.

## Bring a friend!

You may request ONE buddy to bunk with during your time at camp. To be bunk buddies, you and your friend must both request each other by name and be within the same grade level and registered for the same session.

**Why just one buddy?** Our tents accommodate four girls and we want to ensure that everyone has the best camp experience. A group of three leaves one girl who may feel left out. You and your buddy may attend different activities, depending on your personal choices and your different skill levels. Even the best of friends need time to explore their own interests and make new friends! Like we say in Girl Scouts, "make new friends, but keep the old."

**But what if you come alone?** Many girls come to camp without a buddy, so don't worry! You'll join a group of girls your own age who are interested in similar activities. Camp is a great place to make new friends!

## Where girls sleep

One of the best parts about camp is the chance for you to connect with the natural world around you, including where you sleep!

**Cabins**—If you are a younger girl, you can choose to sleep in bunk beds in a cozy cabin. At Pondicherry, counselors sleep in the same cabin with campers. At Natarawi, counselors either sleep in the cabin or in a tent nearby. Look for the cabin icon!

**Platform tents**—You'll get to enjoy the great outdoors in these tents! Pondicherry has permanent tent shelters with roofs and four built-in beds each. At Natarawi, you'll stay in canvas tents with metal cots with three other girls. At each camp, tents are arranged in clusters (units) with your counselor's tent centrally located within the unit. Bug nets are provided for each individual bunk bed. Look for the tent icon when selecting your session!

Each unit has a wash station, a campfire ring, and a latrine or flush toilets nearby. Some units have an outdoor pavilion for unit activities. Both camps have central shower houses with individual private shower stalls and changing areas.

## Camp staff rocks

Our counselors are enthusiastic, caring young adults who come from all over the United States and other countries. All staff members are carefully screened, including background checks, and selected for their ability to add to the camp experience. Most of the camp staff are CPR and first-aid trained and many hold advanced certifications as Red Cross lifeguards, water safety instructors, archery instructors, challenge course facilitators, wilderness first aiders, Maine trip leaders, and Leave No Trace trainers. Staff members also complete a week of intensive on-site pre-camp training to ensure the best camp experience for campers.





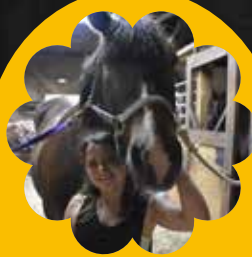
# There are so many ways to camp with GSME!



## Classic

Our traditional resident camp experience! Girls can choose from a wide variety of activities.

*For Classic Program details, see pages 9 and 13.*



## Specialty

Horses, rock climbing, cooking, art, archery, canoe trips, wilderness survival, and more!

*For Specialty Program details, see pages 10, 14, and 15.*



## Troop Mini-Camps

Introduce your girls to camp life as a troop! For Troop Mini-Camp Program details, see pages 11 and 17



## Family Camp

Family camps, Me and My Gal, and Me and My Dad. Build wonderful memories together by sharing camp with your loved ones!

*For Family Camp Program details, see pages 11 and 17.*



## Leadership

Older girls practice working together, directly with campers, and with staff to develop leadership skills.

*For Leadership Program details, see pages 11 and 15.*





# Camp Activities

- ▶ Archery
- ▶ Canoeing
- ▶ Challenge course
- ▶ Creative arts
- ▶ Hatchet throwing
- ▶ Hiking
- ▶ Kayaking
- ▶ Land sports
- ▶ Outdoor skills
- ▶ Outdoor cooking
- ▶ Nature education
- ▶ Paddle boarding
- ▶ Singing songs
- ▶ S'mores
- ▶ Swimming
- ▶ TONS of leadership opportunities
- ▶ Wilderness expedition (off-site)
- ▶ Wilderness survival skills



## SPECIFIC

- ▶ Biking
- ▶ Culinary arts\*
- ▶ Horseback riding\*
- ▶ Theatre
- ▶ High ropes challenge



## SPECIFIC

- ▶ Junior Maine Guide certification\*
- ▶ Rock climbing
- ▶ Sailing
- ▶ Whitewater rafting\*

\* Additional fees

## Plus so many enrichment activities like...

- ▶ Gaga ball
- ▶ Knot tying
- ▶ Lawn games
- ▶ Dance
- ▶ Making bird houses
- ▶ Relay races
- ▶ Ukulele
- ▶ Woodworking
- ▶ Star gazing
- ▶ Team color competitions
- ▶ Water games
- ▶ Spontaneous fun!

Please Note: For safety reasons some activities have age restrictions and are not available for all campers. For questions, contact the camp director. Free choice offerings vary by camp.

## Rentals

Looking for an amazing location for a troop or family adventure? See our website at [www.girlscoutsofmaine.org/camprentals](http://www.girlscoutsofmaine.org/camprentals) for more info.





# Camp Pondicherry Programs

WEEKS		PROGRAM	GRADE	Cost
Week 1	JUNE 26- JULY 1	Day Camp (Mon-Fri)	1, 2, 3, 4	\$205
		Explorers (cabin)	2, 3	\$500
		Blazers (cabin)	4, 5	\$500
		Pondi Performers	4, 5	\$500
		Naturally Art!	4, 5	\$500
		Guides	6+	\$500
		Top Chef	6+	\$525
		CIT 2 (3 weeks)	11-12	\$600
Week 2	JULY 3-8	Camp Together (cabin) (Sun-Wed)	2, 3	\$350
		Explorers (cabin)	2, 3	\$500
		Art Adventures (cabin)	2, 3	\$500
		Blazers (tent)	4, 5	\$500
		Guides	6+	\$500
		GS Challenge	4, 5	\$525
		Adventure Seekers	6+	\$525
		Mane Event	6+	\$765
Week 3	JULY 10-15	Day Camp (Mon-Fri)	1, 2, 3, 4	\$205
		Explorers (cabin)	2, 3	\$500
		Blazers (cabin)	4, 5	\$500
		Team Cuisine	4, 5	\$525
		Pony Express	4, 5	\$665
		Guides	6+	\$500
		Wilderness Survivors	6+	\$525
		Week 4	JULY 17-22	Camp Together (cabin) (Sun-Wed)
Explorers (cabin)	2, 3			\$500
Blazers (tent)	4, 5			\$500
Ultimate GIRL	4, 5			\$525
Pony Express	4, 5			\$665
Guides	6+			\$500
Top Chef	6+			\$525
CIT 1 (3 weeks)	10, 11			\$900
Week 5	JULY 24-29	Day Camp (Mon-Fri)	1, 2, 3, 4	\$205
		Explorers (cabin)	2, 3	\$500
		Blazers (cabin)	4, 5	\$500
		Pondi Performers	4, 5	\$500
		Team Cuisine	4, 5	\$525
		Guides	6+	\$500
		Creative Outdoor Arts	6+	\$500
		Week 6	JULY 31- AUGUST 5	Camp Together (cabin) (Sun-Wed)
Explorers (cabin)	2, 3			\$500
Art Adventures (cabin)	2, 3			\$500
Blazers (tent)	4, 5			\$500
Ultimate GIRL	4, 5			\$525
Guides (1 week)	6+			\$500
Adventure Seekers	6+			\$525
Theater in the Woods	6+			\$525
Other	August 9-11 (week days)	Me and My Gal	1+	\$110 pp
	August 12-14	Me and My Gal	1+	\$110 pp
	August 19 - 21	Troop Mini-Camp	1+	\$100 pp
	August 26 - 28	Family Mini-Camp	All ages	\$110 pp

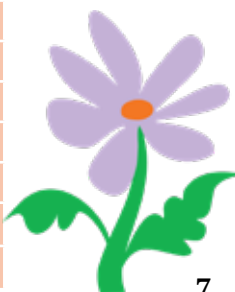


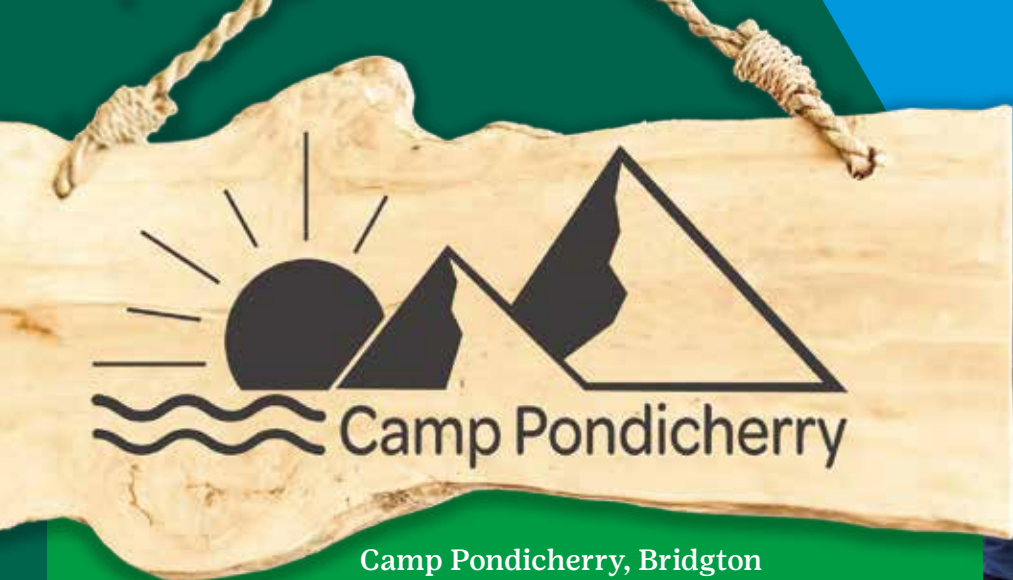
# Camp Natarwi Programs

WEEKS		PROGRAM	GRADE	Cost
Week 1	JUNE 26- JULY 1	Birds Eye View (cabin)	2, 3, 4	\$500
		Take Aim	4, 5, 6	\$500
		Climb to the Top	4, 5, 6	\$525
		Creative Nature Unleashed	6+	\$500
		Guides	6+	\$500
		Northwoods Adventure	7+	\$625
		Team Katahdin	7, 8, 9, 10	\$515
Week 2	JULY 3-8	Explorers (cabin)	2, 3	\$500
		Blazers (cabin)	4, 5	\$500
		Keep Calm and Paddle On	5+	\$500
		Bull's Eye	6+	\$500
		Night Owl	6+	\$500
		Jr Woods women (2 weeks)	5, 6, 7	\$1,000
		River Runners (2 weeks)	8+	\$1,100
		CIT 2 (4 weeks July 3-29)	Age 16-17	\$800
		Junior Maine Guide (4 weeks-July 3-30)	Ages 14-17	\$2,200
Week 3	JULY 10-15	Water Bugs (cabin)	2, 3, 4, 5	\$500
		Blazers	4, 5	\$500
		Guides	6+	\$500
		Appie Hikers	5+	\$525
Week 4	JULY 17-22	Explorers (cabin)	2, 3	\$500
		Blazers (cabin)	4, 5	\$500
		Guides	6+	\$500
		Cooking in the Woods	5+	\$515
		Follow Your Art	5+	\$500
		Natarwi Backpackers (2 weeks)	7+	\$1,000
		Woods Women (3 weeks; July 17-Aug 5)	7, 8, 9, 10	\$1,500
		CIT 1 (3 weeks July 17-Aug 5)	Ages 15-16	\$900
Week 5	JULY 24-29	Explorers (cabin)	2, 3	\$500
		Blazers	4, 5	\$500
		Guides	6+	\$500
		View From Above	6+	\$600
Week 6	JULY 31- AUGUST 5	Explorers (cabin)	2, 3	\$500
		Blazers (cabin)	4, 5	\$500
		Guides	6+	\$500
		Keep Calm and Paddle On	5+	\$500
		Mountaineers	6+	\$525
		Northwoods Adventure	7+	\$625
		Wind-down JMG/CIT2	Must attend JMG/CIT2	\$400
		CAMP PROGRAMS FOR FAMILIES AND TROOPS	May 20-22	Spring Helping Hands
August 9-11	Mini-Camp (weekdays)		Troops 1+	\$100 pp
August 12-14	Mini-Camp		Troops 1+	\$100 pp
August 19-21	Me and My Dad		1+	\$110 pp
August 26-28	Family Mini-camp		All Ages	\$110 pp
September 9-11	DIY Troop Mini-Camp		Troops 3+	\$55 pp
September 23-25	DIY Troop Mini-Camp		Troops 3+	\$55 pp
Sept 30- Oct 2	Troop Rental		Troops 1+	Rental fees apply
October 7-9	Fall Helping Hands		Troops 7+, Adults	\$0

You don't have to already be a Girl Scout or join a troop to camp with us!

*Lapsed and nonmembers will pay a \$40 membership fee with their camp registration.*





## Camp Pondicherry, Bridgton Resident, Day, Troop, and Family Camping

Camp Pondicherry is a spectacular outdoor setting, nestled on over 600 acres in the foothills of the White Mountains. Pondi has a private waterfront on Adams Pond and miles of unspoiled woodlands, fields, hills, and trails. There are wonderful vistas of lakes and mountains from our Chalet and from Blueberry Hill.



## Sarah Davenport Camp Pondicherry Director

I'm Sarah Davenport, the Camp Pondicherry Director! I am excited to be a part of the Girl Scouts of Maine community, and I'm looking forward to meeting all of our campers and their families in 2022. I believe that summer camp is a unique place for girls to grow and learn through creating lasting friendships, developing new skills, and improving on their talents. I'm passionate about helping our campers enjoy the outdoors and gain confidence in themselves during their time at Pondi.

Camp will be here before you know it! I look forward to the sound of songs and laughter filling the air around Adams Pond. You can expect to see me singing by the campfire, hiking our beautiful trails, and cheering for our campers as they reach for new heights. I can't wait for the memories we'll make together!

Sarah "Willow" Davenport | Camp Pondicherry Director  
sdavenport@gsmaine.org | 888-922-4763

### More about Sarah!

**What is your camp name?** Willow

**Favorite camp activity?** Canoeing and campfire cooking

**Favorite spot at camp?** I'm still getting to know all the best spots at Pondi, but the view from the campfire circle on Blueberry Hill is amazing!

**Favorite camp song?** Singin' in the Rain or the Johnny Appleseed song

**What are you looking forward to most for Summer 2022?**

Participating in the fun Pondicherry traditions like Thursday night campfire, as well as creating amazing new memories together with our campers and staff.






## Daily Schedule 2022

- 6:45 a.m. Rise and shine
- 7:15 a.m. Flag up
- 7:30 a.m. Breakfast
- 8:15 a.m. Unit/Camp-wide Kapers
- 8:50 a.m. Activity Block 1
- 10:00 a.m. Activity Block 2
- 11:10 a.m. Activity Block 3
- 12:15 p.m. Lunch & Choice sign up
- 1:15 p.m. Siesta
- 2:10 p.m. Activity Block 4
- 3:20 p.m. Activity Block 5
- 4:30 p.m. Activity Block 6
- 6:00 p.m. Flag down/dinner
- 6:45 p.m. Prepare for evening program
- 7:15 p.m. Evening program
- 8:30 p.m. Prepare for bed
- 8:50 p.m. Embers/bug hugs
- 9:00 p.m. All quiet/lights out





# Classic Programs

Program	Tent or Cabin	Week	Grade	Fee	Description
Camp Together Sunday-Wednesday		2, 4, 6	2, 3	\$350	Come see what camp is all about, make new friends, try out fun camp activities, learn songs and games, and of course you'll make s'mores in this short 3 night session. Session runs from Sunday through Wednesday.  Looking for the quintessential camp experience? During our classic programs you will have time to go swimming, try archery, work on your Trail Master patch, and more. Maybe you will learn to build a campfire, get better at archery, or improve your canoeing or kayaking skills. When you are not doing Trail Master activities, you can choose other fun camp activities to try like creative arts, paddle boarding, challenge course, hatchet throwing, biking, ukulele, and many more.
Explorers		1, 2, 3, 4, 5, 6	2, 3	\$500	
Blazers		2, 4, 6	4, 5	\$500	
Blazers		1, 3, 5	4, 5	\$500	
Guides		1, 2, 3, 4, 5, 6	6+	\$500	





# Specialty Programs

Program	Week	Grade	Fee	Description
Art Adventures (Cabin)	2, 6	2, 3	\$500	Get creative in the art shack, be a nature detective in the forest, and still have time to enjoy other camp activities like swimming and archery.
Adventure Seekers	2, 6	6+	\$525	Do you like the speed of a bike? How about being in the air? Start with our low elements challenge course and then move on to our high elements and get some air! Also, spend time practicing your mountain biking skills and end your week with a biking trip.
GS Challenge	2	4, 5	\$525	Compete in adventure challenges such as canoeing, biking, and archery. There will be chances to test your skills and even a camp relay race over land, water, and air.
Mane Event	2	6+	\$765	Enjoy horseback riding and barn time at Hidden Brook Farm in Norway, ME. Campers spend 4 mornings at the barn learning how to groom, lead, mount/dismount, ride and control their horse. Each barn session is 3 hours for a total of 12 hours at the barn.* Helmets are provided for this program. <i>Note: The van ride from camp to the barn is 40 minutes each way-transportation provided.</i>
Naturally Art!	1	4, 5	\$500	Soak in nature through art exploration. We will explore, create, and design artwork through various mediums. During this week, we will work towards the GSUSA Outdoor Art Badge.
Outdoor Creative Art	5	6+	\$500	Allow our beautiful outdoor setting to spark your creativity! You might design artwork inspired by your favorite spot at camp, experiment with nature photography, or incorporate natural materials into your work. Activities will be designed to help you work towards the GSUSA Outdoor Art badges.
Pondi Performers	1, 5	4, 5	\$500	Picturing yourself on the stage? Then this one week introductory acting program is for you. Select and rehearse a short performance with your group. Through fun activities, campers learn the basics of acting, stage makeup, costumes, and much more.
Pony Express	3, 4	4, 5	\$665	Enjoy horseback riding and barn time at Hidden Brook Farm in Norway, ME. Campers will spend 3 mornings at the barn learning how to groom, lead, mount/dismount, ride and control their horse. Each barn session is 3 hours for a total of 9 hours at the barn.* Helmets are provided for this program. <i>Note: The van ride from camp to the barn is 40 minutes each way-transportation provided.</i>
Team Cuisine	3, 5	4, 5	\$525	Practice measuring, mixing, and baking to create delectable treats. Experiment in the kitchen with recipes and ingredients, and learn to make some tasty summer snacks and desserts! Use your skills to make a special treat for all of camp to enjoy.
Theater in the Woods	6	6+	\$525	Are you stage struck? Do you like acting or would you like to try? Select and rehearse a short performance with your group. Campers work on every aspect of the performance including: rehearsing, making sets, costumes, and much more. Included is a theater performance you will attend in person or experience virtually.
Top Chef	1, 4	6+	\$525	Take the next step with your cooking. Create new recipes with surprise ingredients, try cooking in the kitchen and over a fire, and compete with your team in the Top Chef competition!
Ultimate GIRL	4, 6	4, 5	\$525	Unleash your inner go-getter, innovator, risk-taker, and leadership skills. Be an innovator while your group works together to solve a puzzle. Be a risk-taker on our challenge course and show your leadership in other challenges and activities using the camp's amazing property and its many programs during this camp week.
Wilderness Survivors	3	6+	\$525	Become a wilderness adventurer while you learn fire building, shelter building, outdoor cooking, and primitive camping skills. Finish your camp experience with an overnight trip to a primitive campsite at Pondi. You will also have time for swimming and other favorite camp activities.

\* For Mane Event and Pony Express: Back at camp, campers will participate in other horse related activities, swimming, and other camp favorites.





# Leadership Programs

Program	Week	Grade	Fee	Description
CIT 1 (3 weeks)	4-6	10, 11, 12*	\$900	Explore your leadership style while you learn how to be the best camp staff member. Start your program with a multi-day CIT 1-only experience where you will build leadership skills, plan camp programs, and have fun exploring. Be ready for campers to try your planned activities. <i>*You must be 15 years old upon entering this program with at least three weeks of resident camp experience.</i> <b>New for 2022:</b> Participation in the CIT Program requires an application and interview process; CIT participants will be approved by the camp director.
CIT 2 (3 weeks)	1-3	11, 12*	\$600	Build on the skills learned in CIT 1 and explore who you are as a future camp staff member. Begin your program with a multi day CIT 2-only experience to review and improve your leadership skills, plan some camp programs, and have fun exploring. Later, campers can experience your program. This great leadership opportunity will build your resume and prepare you to apply for a camp staff position in the future. <i>*You must be 17 years old upon entering this program and have completed CIT 1 at a GSME resident camp.</i>

# Troop, Group & Family

Program	Grade	Group	Fee	Description
Me and My Gal (August 9-11)	1+	Family	\$110 pp	Bring your favorite adult female to the ultimate girls get-away in the great outdoors! Experience all the exciting activities camp offers while creating memories together that will last a lifetime. <i>Each camper must have an adult female (age 18+) accompanying her; both must register as Girl Scout members.</i>
Me and My Gal (August 12-14)	1+	Family	\$110 pp	Bring your favorite adult female to the ultimate girls weekend in the great outdoors! Experience all the exciting activities camp offers while creating memories together that will last a lifetime. <i>Each camper must have an adult female (age 18+) accompanying her; both must register as Girl Scout members.</i>
Troop Mini-Camp (August 19-21)	1+	Troop	\$100 pp	Troop leaders: Bring your whole troop to camp and have fun at the lake, get artsy in the art shack, take aim at archery, and don't forget the s'mores! We will plan and run all the activities and provide all the meals. Troop-only sessions, with participants staying in platform tents. <b>Registration for Troop Camp Sessions opens on April 4, 2022.</b>
Family Mini-Camp (August 26-28)	Family	Family	\$110 pp	Share in the beauty of Pondi with your family! Have fun paddling on the pond, take aim at archery, take a hike, roast s'mores, and enjoy other special activities. Meals are provided. Lodging is in platform tents. <i>Children under 4 years old, no fee. Parents must care for young children for the duration of the camp; there is no programming or childcare available for babies and toddlers. Adults and girls 5 years old and up must register as Girl Scout members.</i>





**Camp Natarzwi, Millinocket  
Resident, Troop, and Family Camping**

For over 86 years, Camp Natarzwi has been providing a unique camping experience for girls. Camp Natarzwi is a true wilderness paradise, providing a one-of-a-kind, rustic, Maine outdoor experience. All of this happens in the shadow of majestic Mount Katahdin, Maine's tallest mountain. Natarzwi hugs the shoreline of Lower Togue Pond, a pristine lake where campers swim and enjoy paddle sports and sailing. Natarzwi is located in Baxter State Park, home to awesome trails to hike, caves to explore, waterfalls to see, and peaks to climb.



**Treasa Wheeler**  
Camp Natarzwi Director

I'm Treasa Wheeler, Camp Natarzwi Director! I've spent the last 15 summers at Camp Natarzwi and have been a part the Girl Scouts of Maine family for 20 years. Wearing a Natarzwi or Girl Scout shirt is my normal dress attire and it's hard to find a non-Girl Scout shirt in my closet...and I'm OK with that!

Natarzwi is truly a special place for me and it brings me so much joy every summer to share my love of camp and the Maine outdoors with all of our campers. Girl Scout Camp is a place to be stronger, gain more confidence, and make everlasting friendships. Join me at camp this summer for the experience of a lifetime and find your summer happy place too!

Treasa "Tree" Wheeler | Camp Natarzwi Director  
twheeler@gsmaine.org | 888-922-4763

**More about Treasa!**

**What's your camp name?** Tree

**Favorite camp activity?** This is a hard question to answer when you love everything about camp! My top picks are teaching archery, rock climbing, and ending a wonderful day with songs and a campfire.

**Favorite spot at camp?** Do I have to pick just one? In a kayak in the middle of Lower Togue Pond with an incredible view of the camp and Katahdin.

**Favorite camp song?** Buffalo and Camp Natarzwi.

**What are you looking forward to most for summer 2022?** Our Girl Scout Camp community is amazing and I look forward to seeing old friends and making new ones. I know I will love all the memories we'll make as we support and encourage each other to be the best we can be and challenge ourselves with new adventures.

**Daily Schedule**  
**2022**

- 6:45 a.m. Wake up, polar dip or early rise activity, Flag Ceremony, breakfast, unit/Camp Kapers, Camper Council
- 8:50 a.m. Activity block 1
- 9:55 a.m. Activity block 2
- 11:00 a.m. Activity block 3
- 12:10 p.m. Lunch, Kapers
- 1:00 p.m. Rest time
- 2:00 p.m. Activity Block 4
- 3:10 p.m. Activity Block 5
- 4:20 p.m. Activity Block 6
- 5:30 p.m. Unit time
- 5:50 p.m. Flag Ceremony & dinner
- 7:05 p.m. Camp-wide or unit evening activity
- 9:00 p.m. Bug hugs & flashlights out!





Note: During 4, 5, or 6 program blocks each day, one of the blocks is spent as unit time, which includes time for showers.



# Classic Programs



Natarawi  
Programs  
(Classic)

Program	Tent or Cabin	Week	Grade	Fee	Description
<b>Explorers</b>		2, 4, 5, 6	2, 3	\$500	<p>Get ready, get set, camp! These sessions offer the perfect chance to see why camp is so awesome. Meet new friends and great counselors. Choose activities when you arrive and you will be on your journey to earn your Trail Master levels.</p> <p>Activities include swimming, kayaking, canoeing, sailing, archery, rock climbing, hiking, and outdoor skills. You'll also choose daily enrichment activities like creative arts/nature, theater, games, sports, or paddleboard, along with traditional skill building activities.</p>
<b>Blazers</b>		2, 4, 6	4, 5	\$500	
<b>Blazers</b>		3, 5	4, 5	\$500	
<b>Guides</b>		1, 3, 4, 5, 6	6+	\$500	





# Specialty Programs

Program	Week	Grade	Fee	Description
Appie Hikers	3	5+	\$525	Join us for a fun-filled week of hiking as you build your skills on the Appalachian Trail and plan an adventure to hike to Baxter Park's scenic Chimney Pond.
Bird's Eye View (Cabin)	1	2, 3, 4	\$500	From the lake and from the sky, you'll think about camp from a bird's viewpoint and create beautiful natural art, working towards the GSUSA Outdoor Art and Nature in Math Badges.
Bulls-Eye	2	6+	\$500	Keep your eye on the target! Are you ready to challenge yourself in both archery and hatchet throwing? Take your target skills to the next level.
Climb to the Top	1	4, 5, 6	\$525	You'll take your rock climbing and outdoor living skills to a whole new level as you summit Natarswi's rock and plan a trip into Baxter State Park.
Cooking in the Woods	4	5+	\$515	It's time to take your outdoor cooking to the next level! Create Dutch and box oven delights, pizza, and one-pot meals. Learn to make bread and compete in a mystery meal contest.
Creative Nature Unleashed	1	6+	\$500	Explore Natarswi and Baxter Park and create beautiful art reflecting nature. Daydream as you watch clouds float by or take a hike in Baxter State Park. Unleash your creative side and connect with nature and friends.
Follow Your Art	4	5+	\$500	Using nature as your inspiration, create beautiful natural works of art while working towards earning the GSUSA Outdoor Art Badge.
Keep Calm and Paddle On	2, 6	5+	\$500	Pick your paddle then either kayak, canoe, stand up paddle board or even sail. Travel across Upper and Lower Togue Pond with Mt. Katahdin as your backdrop; it is sure to be peaceful and filled with adventures with friends.
Mountaineers	6	6+	\$525	Ready to put some dirt on those boots? Hike amazing trails in the Katahdin region; plan and attempt a summit of Katahdin, Maine's highest peak. Hiking experience is required.
Natarswi Backpackers (2 weeks)	4-5	7+	\$1,000	Are you ready for a backpacking adventure? Build up your hiking stamina, skills, and knowledge as you prepare to summit Mt. Katahdin and backpack for four-days on the Appalachian Trail. This is not a session for first-time hikers.
Night Owl	2	6+	\$500	Explore the mysteries of the night. Take a night hike, stargaze, learn about nocturnal critters, and have lots of fun after dark. Plan a PJ party in Abnaki Hall! Stay-up a little later, sleep in, enjoy breakfast you help create in your unit and then join in on late morning activities.
Northwoods Adventure	1, 6	7+	\$625	Head out of camp to hike and explore Baxter State Park's Chimney Pond area, canoe Upper and Lower Togue Ponds, and enjoy an exciting off-site whitewater rafting trip.





# Specialty Programs



Natarswi Programs  
(Specialty & Leadership)

Program	Week	Grade	Fee	Description
River Runners (2 weeks)	2-3	8+	\$1,100	Get your canoeing and camping skills fully mastered and then enjoy an awesome multi-day canoe trip. Fine-tune your canoeing skills with day trips and an overnight trip close to camp. After an exciting whitewater rafting trip, you'll be prepared for the ultimate challenge, a three or four day overnight canoe trip! <i>Prerequisite: Girls must have camped for at least a one week session at a GSME resident camp and canoeing experience is required.</i>
Take Aim	1	4, 5, 6	\$500	Ready, aim, fire! If you think you've got skills like Katniss and Merida, challenge yourself on the archery range with games and hands-on instruction.
View From Above	5	6+	\$600	You know how to belay and climb and you're ready to challenge yourself on all four climbing runs on the Natarswi Rock. Go on a trip off-site and try your skills at a popular local rock climbing location.
Water Bugs (cabin)	3	2, 3, 4, 5	\$500	"I just want to spend my summer hanging out on the waterfront!!!" Here's your chance—swim, relax on the dock, kayak/canoe out around the island. When you are ready to spend time off the water you can join in other enriching camp activities.

# Leadership Programs

Program	Week	Grade	Fee	Description
Team Katahdin	1	7, 8, 9, 10	\$515	Are you ready for a challenge? This week we will challenge you with team building activities, rock climbing, and hiking expeditions. Together your group will develop leadership, problem solving skills, and come up with creative solutions in becoming a dynamic team. Plan a special adventure and then hit the trails in Baxter State Park. <i>Prerequisite: Girls must have camped for at least one week session at a GSME resident camp.</i>
CIT 1 (3 weeks)	4-6	Ages 15-16	\$900	Have you dreamed of being a camp counselor one day? Develop your leadership and outdoor living skills, learn the basics of being a camp counselor and the essential skills to keep campers happy and engaged. There will still be time to enjoy your favorite camp activities both by taking part and leading! <i>You must be 15 years old upon entering this program with at least one week of resident camp experience.</i>
CIT 2 (4 weeks)	2-5	Ages 16-17	\$800	Take the final step to learning to be a camp counselor! Build on your CIT 1 experience: plan and run activities, spend time as a mentor to campers, and work with counselors and administrative staff. This great leadership opportunity helps build your résumé for a potential future camp staff position! <i>Candidates must be 16 years old upon acceptance and have completed CIT 1 or at least 2 summers of GSME resident camp. New for 2022: Participation requires an application and interview; CIT participants will be approved by the camp director.</i> Optional Week Six: Wind down session for JMG/CIT2 (separate fee, see below for details)
Wind Down JMG/ CIT 2	6	Must-Attend JMG or CIT 2 session 2022	\$400	Four weeks of hard work has paid off! It's time to relax during week 6 and enjoy all that camp has to offer! This is your time to hike, enjoy paddle sports, or even just hang out at camp. <i>This program is for CIT 2 and JMG 2022 campers only.</i>



# Junior Maine Guide

Program	Week	Grade	Fee	Description
Jr Woods Women (2 weeks)	2-3	5, 6, 7	\$1,000	Start your journey to becoming a Junior Maine Guide with this exciting two-week camp. You'll learn many skills, from fire building to wilderness first aid, plus hiking, tool craft, maps, shelters, trips into Baxter State Park, camp out in our Wanderer unit, plan a group encampment. The 15 skills you'll develop are a challenging beginning to mastering the great outdoors and earning your Junior Maine Woodsman patch.
Woods Women (3 weeks)	4-6	7, 8, 9, 10	\$1,500	Do you have what it takes to master the wilderness? Find out in this fantastic three-week adventure! You'll embark on the next step to becoming a Junior Maine Guide as you work on the 15 key skills to earn your Maine Woodsman patch. Make the most of Baxter State Park as you take overnight trips both on foot and by canoe and test your skills with a two-day encampment.
Junior Maine Guide (4 weeks; July 3-30)	2-5	Ages 14-17	\$2,200	Join us for the ultimate outdoor experience as you take the final step towards earning your Junior Maine Guide certification—offered at only 10 camps in the state of Maine! Practice and master 21 specific outdoor skills over three weeks, culminating in the five-day test camp in the Rangeley Lakes area. <i>Prerequisite: At least two years previous experience, preferably in the Jr Woods Women and/or Woods Women programs, in addition to a successful pre-test to confirm readiness for participation. Special scholarships available. For more information, contact Treasa Wheeler at <a href="mailto:twheeler@gsmaine.org">twheeler@gsmaine.org</a> or 888-922-4763. Optional Week Six: Wind down for JMG/CIT2 (separate fee, see below for details)</i>
Wind Down JMG/CIT 2	6	Must-Attend JMG or CIT 2 session 2022	\$400	Four weeks of hard work has paid off! It's time to relax during week 5 and enjoy all that camp has to offer! This is your time to hike, enjoy paddle sports, or even just hang out at camp. <i>This program is for CIT 2 and JMG 2022 campers only.</i>






# Troop, Group & Family



**Natarswi Programs**  
(Troop, Group & Family)

Program	Grade	Group	Fee	Description
Mini-Camp August 9-11 (week days) August 12-14	1+	Troops	\$100 pp	Bring your whole troop and enjoy all that camp has to offer. Have fun on the pond, get artsy in Birches, take aim at archery, enjoy a hike, climb the rock, roast s'mores, and don't forget about the famous Natarswi polar dip. Camp staff will plan and run all the activities and provide all meals. This is a great introduction to the wonderful world of camp, and a chance to bond as a troop! Troop-only sessions, with participants staying in platform tents. <b>Registration opens April 4, 2022.</b>
DIY Troop Mini-camp September 9-11 September 23-25	3+	Troops	\$55 pp	Does your troop love to go camping? Are they looking to create their own adventure? Plan and cook your own meals and snacks and we will provide staff for swimming, boating, archery, and rock climbing. Troops can sign up for programs when they arrive to create a weekend schedule. Troop-only sessions, with participants staying in platform tents. <i>One leader must have completed Overnight Troop Camp Training.</i> <b>Registration opens April 4, 2022.</b>
Weekend Troop Rentals September 30-October 2	1+	Troops	See Rental Fees	Camp Natarswi will have limited off-season rentals for members who want to explore Baxter State Park and Mt. Katahdin! Plan your own adventures in the Katahdin region. This will be campsite rentals only, no programs are provided. (Natarswi reservations must be made by calling Customer Care at 888-922-4763.)
Me and My Dad August 19-21	1+	Family	\$110 pp	Grab your dad and camping gear and join us for a weekend of fun and outdoor adventure. Experience exciting activities at camp together and create lasting memories. Spend your day rock climbing, hiking, canoeing, sunrise fishing, and more. <i>Each camper must have a related adult male (age 18+) accompanying her. Adult and girl must register as Girl Scout members.</i>
Family Mini-camp August 26-28	all ages	Family	\$110 pp	Share in the beauty of the outdoors with your family! Have fun on the pond, get artsy in Birches, take aim at archery, enjoy a hike around camp or in Baxter State Park, climb the rock, roast s'mores, and enjoy special activities like an ice cream social or a polar dip, talent show, fishing, and fun evening activities. Meals are provided. Lodging is in platform tents. <i>Children under 4 years old, no fee. Parents must care for young children for the duration of the camp; there is no programming or childcare available for babies and toddlers. Adults and girls 5 years old and up must register as Girl Scout members.</i>
Spring Helping Hands May 20-22	7+	Troops 7+, Adults	FREE	Let's get camp open and ready for a summer of fun! Alongside staff, volunteers will help with projects including cleaning, organizing supplies, moving equipment, painting, and setting up campsites and programs. We have a lot to do to get camp ready and will need committed volunteers of various skill levels to help! Housing and meals are provided.
Fall Helping Hands October 7-9	7+	Troops 7+, Adults	FREE	Fall is here and winter is not far away. It's time to prepare camp for a long winter's nap. Alongside staff, volunteers will help with projects including storing camp equipment from art supplies to boats, assisting with taking tents down, closing up buildings and cleaning up around camp. We have a lot to do to get camp closed and will need committed volunteers of various skill levels to help out! Housing and meals are provided.

# Happy Campers!



*My daughter had a great time and talked non-stop about her adventure.*



## Discovery Day Camp

Explore the joys of the outdoors through Discovery Day Camp! Trained and caring staff help you tap into your creativity with arts and crafts, explore the environment with fun nature activities, and learn outdoor skills. Play games and splash around with your new friends. Learn Girl Scout songs and ceremonies.

### Camp Scelkit | Kittery

Jessica Steele, Director of Camp Programs and Properties

**Grades:** 1-4


**Date:** August 8-12

**Hours:** Monday-Friday | 8:00 a.m. – 5:00 p.m.

**Cost:** \$200 per week

**Optional Thursday overnight:** \$25

Experience Scelkit's wonderful location on a peninsula in a tidal estuary. Have fun exploring the environment with awesome nature activities, arts and crafts, water play, STEM activities, and more. Want to try a camp overnight? Sleep over on Thursday night for the closing campfire and a special breakfast the next morning. *Girls bring their own lunch, beverage, and snacks daily. Families provide daily transportation.*



*My daughter loved her camp experience. She felt that fellow campers and older CITs were kind, fun, creative and awesome to spend time with. She learned card games, awesome songs, built independence, flexibility, social skills, problem solving skills, survival skills and more. Being unplugged from technology at Pondi was the best thing that could have happened to our daughter this summer.*



### Camp Pondicherry | Bridgton

Sarah Davenport, Camp Director

**Grades:** 1-4


**Dates:** June 27-July 1, July 11-July 15,  
July 25-July 29

**Hours:** Monday-Friday | 8:00 a.m. – 5:00 p.m.

**Cost:** \$205 per week. Lunch, snacks, and beverages included.

**Optional Thursday overnight:** \$25

Getting ready to start your Girl Scout Camp journey? Join us at Pondicherry Day Camp to make new friends and explore the great activities we offer at camp, like swimming, paddle sports, arts and crafts, nature discovery, and more. Want to try a camp overnight? Sleep over on Thursday night for the closing campfire and breakfast the next morning. *Lunch is served daily in our dining hall and snacks are provided during the day. (Families provide daily transportation.)*



*This experience has been the best for my girls over the past several years; everyone there continues to exceed all expectations, Tree is an outstanding director and her staff are always amazing. Both of my girls are looking forward to next summer.*



**CAMP  
GIRL  
SCOUTS**





# Camp Registration Q&A

## I want to go to camp! What's next?

We're so excited that you are excited! Camp registration opens on January 19, 2022 through our online web portal, CampInTouch, [www.girlscoutsofmaine.org/camp](http://www.girlscoutsofmaine.org/camp).

If you aren't a current Girl Scout, join Girl Scouts or renew your membership at

[www.girlscoutsofmaine.org](http://www.girlscoutsofmaine.org) and click on MY GS/VTK. A \$40 membership fee will be added to the camp balance due for campers without a current Girl Scout membership. Girl Scouts of Maine verifies Girl Scout membership for all campers.

## I really want my friend to go to camp with me, but she isn't a Girl Scout. Can she come?

Of course! All girls are welcome. However, Girl Scout membership is required at camp registration time. Your friend needs to join as a Girl Scout at [www.girlscoutsofmaine.org](http://www.girlscoutsofmaine.org) before signing up for camp.

## Do I need to make a deposit when I register?

Yes, all registrations require a \$30 deposit. Be sure you have a current GSME membership at the time of camp registration.

## I'm working on the Free Camp Challenge, do I still pay a deposit?

Yes, you still need to submit a \$30 deposit to hold a spot in the session that you want, so register early. Once we know you've earned your free session of camp, we will refund your \$30 deposit or apply it to your balance, depending on the camp session you choose.

It's important to know that the Free Camp Challenge entitles you to up to the value of a one week Classic Camp session. If you complete the Free Camp Challenge and choose a camp session with a higher cost, we will apply the value of a Classic Camp session to your chosen session and you will be responsible for the remaining balance. This award must be used at a Girl Scouts of Maine camp during the summer of 2022, it cannot be carried over to another year.

## When is all the money due?

Camp balances must be paid in full by Wednesday, June 1, 2022. Any new camp registrations received on or after June 1, 2022 will require full payment at the time of registration.

## How can I pay?

We accept credit cards, money orders, or personal checks. Cash payments can be accepted at one of GSME service centers—please do not send cash through the mail! Payment options and payment plans are selected during online registration. On June 2, 2022 remaining balances will be paid by automatic withdrawal from your designated account.

## Can I apply for financial assistance?

Yes. GSME has a small amount of financial assistance set aside to help families in need send their girl to camp. All members may apply for a GSME Campership—another great reason to be a registered Girl Scout!

### How do I apply for a campership?

We award camperships based on family need on a first come, first served basis, until all the available assistance has been awarded.

Once you are registered for camp, you'll have access to the Campership Application form. Families are expected to contribute as much as possible, and a minimum \$30 deposit is required.

Applications are due March 30, 2022. Decisions will be made and families will be notified by mid-April.

## OK, I've registered. What's next?

All registration confirmations and camp communications are sent via email and important information is always available in your CampInTouch account.

Please make sure you use a current email address when you register. You don't want to miss any important information! Need to update your email or aren't sure which one you used in CampInTouch previously? Contact Customer Care at 888-922-4763.

## What do I need to do before camp?

All required forms and documents must be submitted by June 1, 2022. All campers must provide a current immunization record, and resident campers must have had a physical exam within 12 months\* of their camp attendance date. All required forms are in your CampInTouch account under Forms & Documents.

*\*If your physical exam falls between June 2nd and your camp start date, please provide your physical exam form two weeks prior to your camp session.*

## What if I don't have access to a computer or the internet?

Call Customer Care at 888-922-4763 for any assistance in registering.

**For camp updates, log into your CampInTouch account, keep tabs on our website, open your GSME emails, and follow us on Facebook.**

**Camp registration opens  
January 19, 2022**

## WHAT HAPPENS IF I NEED TO CANCEL?

Following two pandemic summers we are returning to our standard refund policies:

### RESIDENT CAMP:

Before June 1, 2022: Full refund of paid camp fees, minus a \$30 non-refundable, non-transferable administrative fee.

After June 1, 2022, no refunds. Exception: if cancellation is for health reasons, verified by a note from your doctor, a refund can be considered, minus the \$30 non-refundable, non-transferable administrative fee.

### TROOP AND FAMILY CAMPS:

#### ◆ Entire Troop/Family Cancellation

- 3 weeks or more before event—a refund minus \$10 per person cancellation fee
- Less than 3 weeks before event—no refund

#### ◆ Girl/Adult Individual Cancellation

- 3 weeks or more before event—refund minus \$10 per person cancellation fee
- Less than 3 weeks before event—no refund



Bangor Service Center  
359 Perry Rd Ste B  
Bangor, ME 04401-6723

South Portland Service Center  
138 Gannett Drive  
South Portland, ME 04106

888-922-4763  
customer@gsmaine.org  
girlscoutsofmaine.org



## OPEN HOUSES!

Camp Pondicherry and  
Camp Natarwi  
Sunday, June 5, 2022  
1:00-4:00 p.m.

Girl Scouts of Maine  
359 Perry Rd Ste B, Bangor, ME 04401-6723  
138 Gannett Drive, South Portland, ME 04106

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## Stuff the sack with camp gear!

Stuff the **FREE** sack with tees, hoodies, blankets, lanterns, and other fun camp branded items from your favorite camp!

This year, when you order your gear, it will be shipped **\*DIRECTLY TO YOU** or you can choose to pick-up your order in the council shops! Order in time for labeling and packing for the 2022 camp season at Camps Natarwi or Pondicherry.

### Place your orders:

**Camp Natarwi:** <https://form.jotform.com/GirlScoutsofMaine/Natarwi2022>

**Camp Pondicherry:** <https://form.jotform.com/GirlScoutsofMaine/Pondicherry2022>

*\*Camp merchandise will not be sold at camp and orders won't be available for pick-up at camp either. Order in time for delivery to your home or pick-up in the council shops only.*