



GOOD OL' FASHIONED
CAMP IN

— CRISTA CAMPS —

CAMPER'S GUIDE

THURSDAY, MAY 21ST AT 6^{PM}



Welcome to CRISTA Camps' Good Ol' Fashioned Camp In! We are so excited that your family is coming camping with us. Are you ready to have a lot of fun?

JOIN OUR LIVESTREAM

You can find our livestream here:

[cristacamps.com/campin](https://www.cristacamps.com/campin)

Zoom password: **camp**s

Thursday, May 21st at 6:00pm

A QUICK REMINDER

Everything in this guide is optional. Do all or a few of these fun activities to enjoy your family and make some memories. Our goal is for you and your family to connect and have a blast. So don't stress out if you haven't got all the ingredients for a recipe or your craft ends up looking completely different than ours. It's all about having fun together!

GET READY

Everybody knows that to have the best time camping you have to prepare. So, here we go:

- 1** Get out your sleeping bags or a comfortable blanket and your favorite pillow and bring it all into the room where you will have your Camp In
- 2** Set up a tent or make one with blankets, or put up a tent in your backyard if you've got one and it's warm enough
- 3** String some lights and/or gather flashlights to use
- 4** Wear comfy clothes
- 5** Buy or gather all the ingredients or appropriate substitutes for the recipes you will make from this guide

GET CRAFTY

LET'S MAKE A FIRE!

- 4 Empty Toilet Paper Rolls
- Red, Orange or Yellow Tissue Paper
- Black or Brown Markers
- Rubber band

BINOCULARS

- 2 Empty Toilet Paper Rolls
- Construction Paper
- Glue
- Scissors
- String or Ribbon

LET'S EAT

**CHECK OUT THE RECIPES
ON PAGE 5 & 6 AND GET READY
TO JOIN US IN THE KITCHEN!**

LET'S EAT

Here are a few of our favorite recipes for you to try. If you don't have one or more of the ingredients, don't worry. You can substitute to make it work.



AN IMPORTANT REMINDER

Camps' famous Pulled Pork recipe takes 10 hours to cook so be sure to start it early in the day, or the day before.

If you choose to make something simpler for dinner, no worries—we've got a chocolate chip cookie recipe for you to make and enjoy for dessert!

Camp Flapjacks

From the Kitchen of Miracle Ranch | Makes 25 Pancakes

PREP: 7 mins

COOK: 10 - 15 mins

INGREDIENTS

4 cups all-purpose flour
 2 tablespoons baking powder
 1/2 tablespoon salt
 1/3 cup granulated sugar
 3 eggs
 1 quart milk
 1/3 cup butter, softened
 Vanilla extract ('til it smells yummy!)

DIRECTIONS

1. Preheat griddle or skillet to 350 degrees.
2. Cook until the surface of the pancake bubbles.
3. Flip and finish cooking until golden brown.
4. Enjoy!

George's Pulled Pork

From the Kitchen of Miracle Ranch

PREP: 20 mins

COOK: 10 hrs

COOL: 15 mins

INGREDIENTS

Dry Rub
 1 1/2 cups raw (unrefined) sugar
 1 cup seasoning salt
 1/2 cup paprika
 1/4 cup white pepper
 1/4 cup garlic powder
 1/4 cup onion powder
 2 tbs cayenne powder

1-2 pork butts or shoulders

DIRECTIONS

1. Combine all dry ingredients and rub generously on to all sides of pork butts. Place fat side up in a deep baking pan.
2. Add a generous splash of liquid smoke, cover pan with 2 layers heavy aluminum foil.
3. Bake at 225-250 degrees (at least 10 Hours) internal temp should be at 205 degrees which will allow the fat to break down and soak into the meat and make it tender.
4. When ready, remove from oven and allow to rest for 15 min. Remove any excess chunks of fat and then shred pork by hand using forks or bear claws. Meat should fall apart.
5. Enjoy with your favorite BBQ sauce

Chocolate Chip Cookies

From the Kitchen of Miracle Ranch | Makes 18 Servings

PREP: 15 mins

COOK: 10 - 11 mins

COOL: 5 mins

INGREDIENTS

1/2 cup butter, softened
 1/2 cup crisco shortening
 1 cup packed brown sugar
 1/4 cup granulated sugar
 1 egg
 2 teaspoons vanilla extract
 2 cups all-purpose flour
 1 teaspoon baking soda
 1/2 teaspoon baking powder
 1/4 teaspoon salt
 2 cups semi-sweet chocolate chips

DIRECTIONS

1. Preheat oven to 350 degrees.
2. With mixer- Mix sugars, butter and shortening until light and fluffy. Add in egg and vanilla extract
3. In a separate bowl, combine flour, baking soda, baking powder and salt by hand
4. With mixer on low, add dry ingredients to batter
5. Mix in chocolate chips
6. Drop dough by rounded spoonful onto ungreased cookie sheet.
7. Bake 10-11 minutes until golden brown.
8. Let cool and enjoy!

Oven S'mores

From the Kitchen of Island Lake

PREP: 5 mins

COOK: 2-3 mins

INGREDIENTS

6 graham crackers, each split into squares
 1 large Hershey's milk chocolate bar
 1 cup of small marshmallows

DIRECTIONS

1. Preheat oven broiler at 500 degrees.
2. Arrange six graham cracker squares on the bottom of a cookie sheet.
3. Add several squares of chocolate to each cracker.
4. Arrange a level of marshmallows on top of the chocolate.
5. Broil, cooking until golden brown (generally 2.5 minutes).
6. Add the top cracker.
7. Smash together and enjoy!

GET CRAFTY

LET'S MAKE A FIRE

Every great camping experience needs a fire. Since we're indoors, we'll make a safer version. Each campfire will need a few items: Empty toilet paper rolls, tissue paper (construction paper or colored paper works too), a marker and some glue (hot glue works quicker, but Elmer's will work).



Use the marker to draw a wood grain pattern on your toilet paper rolls. Arrange them like fire logs and use the glue to hold them in place. Leave a space in the middle to insert your tissue paper flame. Arrange the tissue paper colors in contrasting order, gather together and hold together with a rubber band. Add the paper to your logs and glue them in place.

Step back. It's gonna get warm in here.

DO YOU SEE WHAT I SEE?

Exploring nature is more fun when you can see it up close. Now you can make your own pair of binoculars! All it takes is 2 toilet paper rolls, some construction paper, string and your imagination, and you'll be exploring before you know it.



Glue construction paper around each of your toilet paper rolls and put them side-by-side. Glue them together. Decorate them with markers and glued on paper and string. Punch holes (have an adult help with this part) near the top of the outside of each roll and loop 2 - 3 feet of string through the holes, tying the loose ends of the string together. Hang your binoculars around your neck to keep them handy whenever you want to explore.

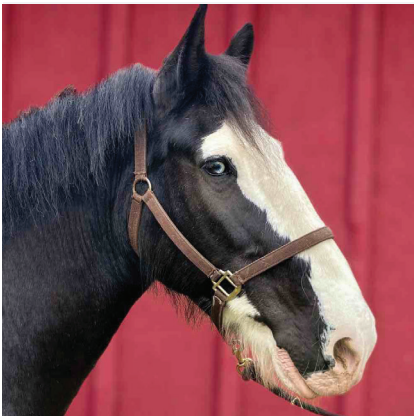
MEET OUR HORSES

WE'RE COMMITTED TO THE CARE OF OUR HORSES

The horses who live at Miracle Ranch are staying home this year, waiting for campers to return in May 2021. While they wait, we are taking good care of them! Every day we feed them, give them fresh water, groom them, clean their stables, and take them on trail rides.

We can't wait until you can ride our horses again—and neither can they! In the meantime, meet our friends:

BONNIE



My registered name: Mt. Baker Ben's Sadie

My Breed: Clydesdale

My Sex: Mare

My Birthday: May 5, 2003

My main jobs at camp are: Vaulting horse, professional snacker

The horses I hang out with: Flash, Quincy,

Before being trained as a vaulting horse, Bonnie pulled wagons at Miracle Ranch. She also enjoys stretching her long legs by going out on trail rides.

COLETTE



My registered name: EBV Mumm

My Breed: Gypsy Vanner

My Sex: Mare

My Birthday: April 19, 2011

My main jobs at camp: Therapeutic riding horse, vaulting horse

The horses I hang out with: Jax, Shekinah, Tempo

Colette's mane and tail are so long that they need to be kept in braids. Our wranglers and volunteers spend time every week grooming and braiding her mane and tail! Colette loves to be groomed and brushed and will stand for hours while people groom her.



GINGER

My Breed: Quarter horse

My Sex: Mare

My age: 10 years old

My main jobs at camp: Therapeutic riding horse, pony rides

The horses I hang out with: Faith, Cody, Grace

Ginger LOVES to be groomed and is one of our most outgoing and friendly horses.



JAGGER

My Breed: Paint

My Sex: Gelding

My Age: 14 years old

My main jobs at camp: Arena riding lessons, trail rides

The horses I hang out with: Chief, Quincy

Jagger came to us this past November and is an incredible teacher for all level of students. He is patient with our beginner riders and has enough experience and training to teach our upper level students. He is a great jumper too.



LUCY

My Registered Name: Legacy

My Breed: Connemara Pony

My Age: 23

My Sex: Mare

My main jobs at camp: Trail rides, arena classes, therapeutic riding

Horses I hang out with: Zoey, Sayda

Connemara Ponies like Lucy are known for their versatility and good disposition. Lucy fits this description—she is a favorite for all of our beginner riders. Lucy does it all—arena lessons, trail rides, and even is a rodeo drill horse.



OPRAH

My Breed: Quarter horse

My Sex: Mare

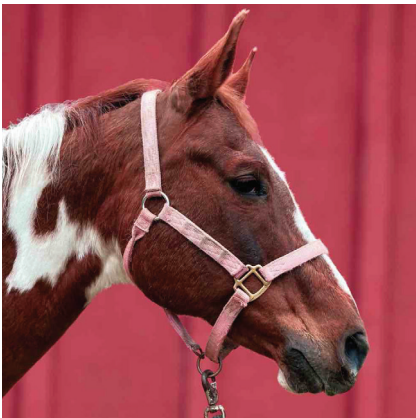
My age: 20 years

My main jobs at camp: Trail horse, therapeutic riding horse

The horses I hang out with: Spark, Paul, Gabe, Brewster

Oprah is one of our most patient therapeutic riding horses.

She is one of the horses we use for our riders who need the most assistance. Oprah is also the lead mare of our herd.



QUEENIE

My Breed: Paint horse

My Sex: Mare

My age: 19 years old

Main jobs at camp: Trail horse

The horses I hang out with: Piper

One of Queenie's favorite things is to be groomed and bathed. She loves being pampered.



SHUGYR

My full name: Shugyr Daahit

My Breed: Welsh pony/Arabian cross

My Sex: Mare

My age: 23 years old

Main jobs at camp: Arena classes, pony rides

The horses I hang out with: Brewster

Prior to coming to camp, Shugyr was trained as a trick pony. She knows how to shake hands and walk through a hula hoop.



ZOE

My Breed: Quarter horse

My Sex: Mare

My Age: 20 years old

Main jobs at camp: Trail rides, therapeutic riding lessons, arena lessons

Horses I hang out with: Lucy

Zoe is a great horse for any level rider. She is patient and steady with our beginners. With her extensive training we are able to use her for our advanced riding lessons as well.



SENIOR HORSES

Horses: Sterling, Monty, Lina, Chance, Chief, Disco, Doc, Breeze

Many of our senior horses have been at camp for more than a decade.

They are valuable to us and our equine program. With their older age comes lots of experience, and a steadiness that is needed for our younger, more nervous campers. However, because of their age, these horses require extra feed and care. Please consider helping us provide the best care for our senior horses.

CABIN TIME

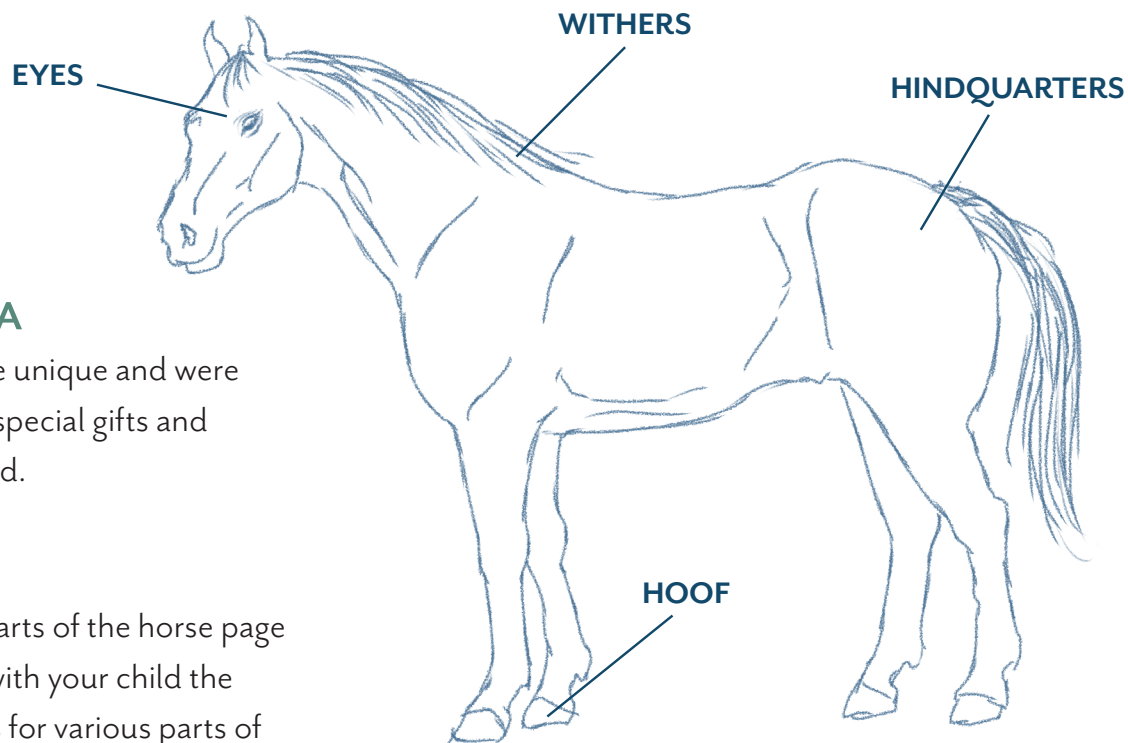
A TIME TO REFLECT AS A FAMILY

Every week at CRISTA Camps includes evenings around the campfire and in the lodge, listening to great speakers share about how much God loves us. We've included this devotional for your family to do together—just like our counselors do during cabin time with our campers. We hope you are blessed as you learn about the value of each person in your family.

At Camps we have found that discussion time works best with everyone sitting in a circle somewhere away from distractions. This could be under the tent you've made on the floor of your living room, or around a table. As a parent, it's great for you to answer each question as well. Your kids look up to you, and seeing you think about and answer the questions is a great example to them. If you find that children are talking over one another, you can have a talking stick or ball, etc. Whoever is holding that item is the one who gets to talk. Once they are finished, they pass the item to the next person to share.

SCRIPTURE

¹⁵ If the foot should say, "Because I am not a hand, I do not belong to the body," that would not make it any less a part of the body. ¹⁶ And if the ear should say, "Because I am not an eye, I do not belong to the body," that would not make it any less a part of the body. ¹⁷ If the whole body were an eye, where would be the sense of hearing? If the whole body were an ear, where would be the sense of smell? ¹⁸ But as it is, God arranged the members in the body, each one of them, as he chose. ¹⁹ If all were a single member, where would the body be? ²⁰ As it is, there are many parts, yet one body. ²¹ The eye cannot say to the hand, "I have no need of you," nor again the head to the feet, "I have no need of you."



MAIN IDEA

Each of us are unique and were created with special gifts and talents by God.

ACTIVITY

Look at the parts of the horse page and discuss with your child the different uses for various parts of the horse's body.

EYES

Horses are prey animals, which means that they are hunted by other animals (called predators). Because of this, their eyes are on the sides of their head so they can see predators before they get too close.

HINDQUARTERS

This is the hind end of the horse, and where the horse gets most of its power. Horses have powerful hindquarters to help them run away fast from predators! They also can kick hard when startled by a possible foe.

HOOF

Horses have strong hooves that allow them to walk long distances without injuring themselves. In the wild, it is common for a horse to travel 20 miles a day.

WITHERS

The withers (right where the horse's mane and back meet) are an important attachment point for the muscles of the horse's torso. Their height is determined by measuring from the ground to the top of their withers.

EXPLAIN

Just like different parts of a horse were created for different jobs, we are all created with a purpose. We might feel like we are different than others—and that's a good thing! If we were all the same, life would be boring. For example, if everyone was good at sports, there wouldn't be anyone to make the music for us to listen to. We all have different gifts that God created us with because He has different things for us to do.

DISCUSS

1. What are 3 things you are good at?
2. How do you feel when you do something you're good at?
3. Go around the circle and have everybody tell each person one thing that person is good at.
4. Have you ever felt like someone looked down on you? How did it make you feel? This is a good time to encourage/remind your child to not look down on others.
5. How could you use your gifts to help others? Examples could be- encouraging others, helping others, singing a song to make someone happy, including kids who are left out, etc..



SEE YOU IN 2021!

Thanks for joining us for the CRISTA Camps' Good Ol' Fashioned Camp In!
We're so glad you came. Please post your photos or videos online, tag us with
#cristacampin, and tell us about the fun you had.

