



# OUR MOTHER OF CONFIDENCE

CATHOLIC PARISH • SAN DIEGO



## The Epiphany of the Lord

SUNDAY JANUARY 8, 2023

### Mass Schedule

#### Weekday Masses

Monday - Saturday: 8 am

**Saturday** Vigil Mass: 5 pm

**Sunday** Morning Masses:  
7:30 am, 9 am, 11 am

**Sunday** Evening Mass: 5 pm

### Confession

After Morning Weekday Masses

**Saturday:** 4 pm

**Tuesday:** During Holy Hour  
7 pm to 8 pm

### Holy Hour & Benediction

Exposition of the Blessed  
Sacrament and Benediction

**Every Tuesday** 7 pm  
(Confessions during this  
Holy Hour)

**First Friday** of every month  
(Upcoming dates February 3,  
March 3 and April 7)

WELCOME TO OUR FAMILY

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## DIRECTORY

### PRIESTS / DEACONS

Pastor, Fr. Steven Larion:  
frontdesk@omcsandiego.org  
858-453-0222

Fr. Sylvester Nwutu:  
Chaplain for Scripps Memorial and Scripps Green  
Hospitals 858-453-0222

Very Rev. Gary Sanders, OSA Sunday Supply  
Deacon Scott Wall: swall@omcsandiego.org  
858-453-0222

Deacon Greg: gsettelmayer@omcsandiego.org  
858-453-0222

Deacon Bill Klopchin

### PARISH OFFICE

**Parish Business/Facilities Manager**  
Melanie Eckler: Meckler@omcsandiego.org  
858-453-0222

**Parish Office Support**  
Sharon Kriebel, Administrative Secretary:  
skriebel@omcsandiego.org  
Rectory email: frontdesk@omcsandiego.org  
858-453-0222

**Facilities Technician**  
Bryant Silva: bsilva@omcsandiego.org

**Bulletin Submissions**  
Sharon Kriebel: skriebel@omcsandiego.org

### FAITH FORMATION & YOUTH MINISTRY

858-453-3554

**Director of Faith Formation**  
**Family Life Ministries**  
JoEllyn Mascarenhas  
jmascarenhas@omcsandiego.org  
858-453-3554

**Baptism**  
Baptism Ministry: baptism@omcsandiego.org  
858-453-0222

### MUSIC MINISTRY

**Contemporary Choir Director**  
Charlotte Deane: cdeane104@gmail.com

## MASS INTENTIONS FOR NEXT WEEK

DAY / DATE	TIME	NAME	INTENTION
Saturday January 7	5:00PM	Michelle Bynes	RIP
Sunday January 1	7:30AM	Patrick McKinley	RIP
	9:00AM	Sonny Culabutan	RIP
	11:00AM	Callisto, Caitlin & Chloe Bucalan	
	5:00PM	Rochelle Becker	
Monday January 2	8:00AM	Redencio Bugaoan	RIP
Tuesday January 3	8:00AM	Antonio Aguirre, Sr	RIP
Wednesday January 4	8:00AM	Jim Kirsh	
Thursday January 5	8:00AM	Cyd Sartoris	
Friday January 6	8:00AM	Thanksgiving & Adoration for all Blessings	
Saturday January 7	8:00AM	Richard L. Ash, Jr	RIP

### REQUEST A MASS INTENTION

*Give the gift of a Mass for a loved one living or deceased.*

To request a Mass Intention please contact the Parish Office (858) 453-0222.  
Suggested donation \$10 per Mass intention.

## DAILY READINGS

DAY	FIRST READING; RESPONSORIAL PSALM; GOSPEL
Monday:	Is 42:1-4, 6-7 or Acts 10:34-38; Ps 29:1-4, 3, 9-10; Mt 3:13-17
Tuesday:	Heb 2:5-12; Ps 8:2ab, 5, 6-9; Mk 1:21-28
Wednesday:	Heb 2:14-18; Ps 105:1-4, 6-9; Mk 1:29-39
Thursday:	Heb 3:7-14; Ps 95:6-11; Mk 1:40-45
Friday:	Heb 4:1-5, 11; Ps 78:3, 4bc, 6c-8; Mk 2:1-12]
Saturday:	Heb 4:12-16; Ps 19:8-10, 15; Mk 2:13-17
Sunday:	Is 49:3, 5-6; Ps 40:2, 4, 7-10; 1 Cor 1:1-3; Jn 1:29-34

## SUNDAY READINGS

### TODAY'S READINGS

**First Reading** — Rise up in splendor, Jerusalem! The Lord shines upon you and the glory of the Lord appears over you (Isaiah 60:1-6).

**Psalm** — All the nations will worship you, Lord (Psalm 72).

**Second Reading** — The Gentiles are coheirs, copartners in the promise in Christ Jesus (Ephesians 3:2-3a, 5-6).

**Gospel** — Magi from the east arrive looking for the newborn king of the Jews (Matthew 2:1-12).

### BULLETIN SUBMISSION (DEADLINE THURSDAY'S BY 5PM)

We only accept hi-res .EPS, .JPG or .PNG ad files.  
PLEASE include bulletin date submitting for and send to  
Sharon at [skriebel@omcsandiego.org](mailto:skriebel@omcsandiego.org).

**Please Note:** We print a week in advance, therefore ads received by Thursday will not make the upcoming bulletin.

## ANNOUNCEMENTS

**Sunday January 8**

**Solemnity of the Epiphany of the Lord**

Today's solemnity continues the celebration of the astonishing mystery of God's manifestation to the very ends of the earth. The visitors from the east symbolize the extent of God's salvation as it unfolds for the peoples of every land. As they offer gifts, as would be fitting for a king, they announce to the world that an astonishing event has taken place; all peoples will know the glory of God,

**Monday January 9**

**Feast of the Baptism of the Lord**

The manifestations of Christ that we celebrate during Christmas time culminates in the Baptism of the Lord. On the last day of the Christmas season, may we think of how we will be open to allow Christ to be manifested in our lives. Let us resolve to consciously choose to follow Christ more closely and take seriously our baptismal call to live as disciples.



**Friday January 13**

**Memorial of St. Hilary, Bishop and Doctor of the Church**

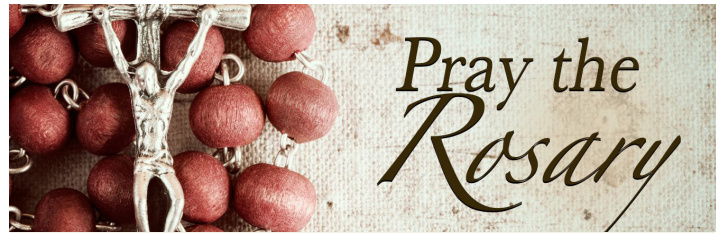
St. Hilary wrote theological works that made the Christology developed by the Greek-speaking Eastern theologians accessible in Latin for the West. His defense of persecuted Christians and his preaching against Arianism twice resulted in his exile from Portiers, but Hilary persisted in his defense of orthodoxy despite division within the Church.

## WEEKLY GIVING

**Sunday December 25, 2022**

Plate Collection	\$ 6,289.22
Envelope Collection	\$19,117.00
Online Collection	\$ 5,268.00
Special Collections	\$ 7,921.00
<b>Total</b>	<b>\$38,595.22</b>

Thank you for your continued generosity in support of this Parish.



Pray the  
*Rosary*

Please join us every weekday morning to  
**PRAY THE ROSARY.**  
We meet at 7:30 before the 8AM Mass.

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**ONE WEEK TO GO!**

**JOIN US FOR THE 11TH ANNUAL  
SAN DIEGO WALK FOR LIFE.**

**JANUARY 14, 2023**



[WWW.SANDIEGOWALKFORLIFE.ORG](http://WWW.SANDIEGOWALKFORLIFE.ORG)

#SDW4L

JANUARY 14, 2022, 8:30AM - 12:00PM

WATERFRONT PARK (1600 PACIFIC HWY. SAN DIEGO, 92101)



# 10 quotes from Pope Benedict XVI on the beauty of love and suffering



By Katie Yoder

Washington, D.C. Newsroom, Jan 3, 2023 / 14:30 pm



When Pope Benedict XVI published his first encyclical, he chose an everlasting topic: love.

“God is love, and he who abides in love abides in God, and God abides in him,” he began the 2005 document *Deus Caritas Est* (God Is Love) by citing 1 John 4:16. It was not the first — nor the last — time he would teach on the subject.

Pope Emeritus Benedict XVI died on Dec. 31, 2022, at the age of 95. A prolific author and scholar of theology, he served as head of the Catholic Church for nearly eight years, from 2005 until his resignation in 2013.

Here are 10 quotes about love from the late pope. 1. “My dear young friends, I want to invite you to ‘dare to love.’ Do not desire anything less for your life than a love that is strong and beautiful and that is capable of making the whole of your existence a joyful undertaking of giving yourselves as a gift to God and your brothers and sisters, in imitation of the One who vanquished hatred and death forever through love.” — World Youth Day, 2007

2. “Each of us is the result of a thought of God. Each of us is willed, each of us is loved, each of us is necessary.” — Homily, St. Peter’s Square, April 24, 2005

3. “If we allow the love of Christ to change our heart, then we can change the world. This is the secret of authentic happiness.” — Guanajuato, Mexico, Mach 24, 2012

4. “Love is the light — and in the end, the only light — that can always illuminate a world grown dim and give us the courage needed to keep living and working. Love is possible, and we are able to practice it because we are created in the image of God.” — *Deus Caritas Est*

5. “Love grows through love.” — *Deus Caritas Est*

6. “The love-story between God and man consists in the very fact that this communion of will increases in a communion of thought and sentiment, and thus our will and God’s will increasingly coincide: God’s will is no longer for me an alien will, something imposed on me from without by the commandments, but it is now my own will, based on the realization that God is in fact more deeply present to me than I am to myself.” — *Deus Caritas Est*

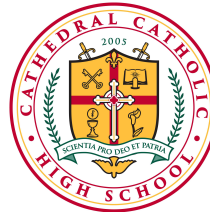
7. “If you follow the will of God, you know that in spite of all the terrible things that happen to you, you will never lose a final refuge. You know that the foundation of the world is love, so that even when no human being can or will help you, you may go on, trusting in the One that loves you.” — “Jesus of Nazareth”

8. Jesus’ “death on the Cross is the culmination of that turning of God against himself in which he gives himself in order to raise man up and save him. This is love in its most radical form.” — *Deus Caritas Est*

9. “Anyone who really wanted to get rid of suffering would have to get rid of love before anything else, because there can be no love without suffering, because it always demands an element of self-sacrifice, because, given temperamental differences and the drama of situations, it will always bring with it renunciation and pain.

“When we know that the way of love — this exodus, this going out of oneself — is the true way by which man becomes human, then we also understand that suffering is the process through which we mature.” — “God and the World: A Conversation with Peter Seewald”

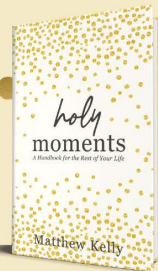
10. “Mary is a woman who loves. How could it be otherwise? As a believer who in faith thinks with God’s thoughts and wills with God’s will, she cannot fail to be a woman who loves. We sense this in her quiet gestures, as recounted by the infancy narratives in the Gospel. We see it in the delicacy with which she recognizes the need of the spouses at Cana and makes it known to Jesus. We see it in the humility with which she recedes into the background during Jesus’ public life, knowing that the Son must establish a new family and that the Mother’s hour will come only with the Cross, which will be Jesus’ true hour.” — *Deus Caritas Est*



Cathedral Catholic High School invites 8th grade students at Our Mother of Confidence to apply for the Dons Class of 2027. Applications are available now, and due on January 28, 2023. Cathedral Catholic will also be hosting the Placement Test on January 28, 2023. Each student who has applied to attend Cathedral Catholic High School is automatically registered to take the exam. Visit the school's website at [www.cathedralcatholic.org](http://www.cathedralcatholic.org) for more information.

# holy moments

## Book Club



Mondays in January  
beginning Jan. 9, 6:30 PM

Join us as we explore the book  
gifted by the Knights of Columbus  
this Christmas

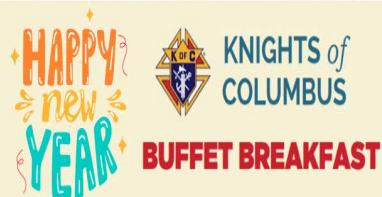
**The Homebound Ministry** has 25 dedicated parishioners who are designated as special Ministers of the Holy Eucharist, charged with bringing the Body & Blood of Christ to Catholics within our parish who cannot be at church. Together these Ministers serve approximately 50-75 people every week. We are always in need of Ministers for this worthy ministry.

If you are interested, please call Dottie or Jack Beresford at (858) 453-7695 or email [captainjackb@san.rr.com](mailto:captainjackb@san.rr.com)



## SENIOR LUNCHEON

Third Thursday of the month  
11:30 AM Coffee Social  
12:00 PM Delicious Buffet Lunch  
\$10 / person  
Sign up in the Gathering Space each month



**Sunday, January 8**

Following the  
7:30 and 9 am Masses

Breakfast Proceeds are Donated to Charity



# Baptism

Call us at: 858-453-0222 or  
send us an email:  
[baptism@omcsandiego.org](mailto:baptism@omcsandiego.org)

Have a question for Deacon Scott?  
Send him a note: [swall@omcsandiego.org](mailto:swall@omcsandiego.org)

# REFLECTING ON THE Word

January 8, 2023 – Solemnity of the Epiphany of the Lord

Have you ever had an epiphany? You know, an “A-Ha!” moment where something you had been pondering became clear; a sudden flash of insight where all of the pieces of something suddenly revealed the picture.

Today we celebrate the Solemnity of the Epiphany of the Lord. It is the “A-Ha!” moment of the magi – who

- People from East show salvation for all
- Reveals God alive and active in the world still
- People can find their way to Him no matter how far
- Revealed the identity of Christ- takes all the pieces from the OT and puts them together in Jesus

## Blessing of the doors

Perform the traditional "chalking the door" at your home. Use chalk to write the following above the entrance of your home: 20 + C + M + B + 23. The letters have two meanings: they are the initials of the Magi's names - Caspar, Melchior and Balthasar - they also have abbreviated the Latin phrase *Christus mansionem benedicat* ("May Christ bless the house"). The + signs represent the cross, and the year is written at either end. This inscription is a prayer that Christ bless the home and stay with those who dwell therein throughout the entire year.

## ? QUESTIONS OF THE WEEK

**Question of the Week for Children:** The Magi brought gifts to Jesus. What gifts do you each bring?

**Question of the Week for Adults:** What epiphanies or revelations have you experienced? How was God present?

**Question of the Week for Families:** As you begin the New Year and are making resolutions, discuss as a family how you can grow in faith this year. What can you do as a family to add regular prayer, worship and service into your life? How can you help one another?

# Fun with the SON

Ministry for families  
with young children

Storytime and crafts  
for our little ones.

Conversation and  
community for  
parents.

Join us as we grow in  
faith and friendship  
together.



Wednesdays @ 10:30 AM  
Downstairs, Room 1

# Share the Word

All are welcome

## Wednesdays

Every Wednesday 9 AM following  
morning Mass – St. Paul Room

Call the office for more information  
858-453-0222

Join us  
for fellowship  
and to explore the  
Sunday Readings  
together.



OUR MOTHER OF CONFIDENCE  
is working with several local parishes as the:

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**YOUNG ADULTS | ADULT COMMUNITY | ACTIVE 60s+**

Sign up for weekly Email Updates: <https://sandiegocac.org>

Contact Nancy Wesseln: [nancy@sandiegocac.org](mailto:nancy@sandiegocac.org) (or) 858-847-0724

**ALL ARE WELCOME!**

## Young Adults | Adult Community | ACTIVE 60S+

**Saturday, January 7, 2023**

### Epiphany Party

Cocktail Attire | DJ Music | Appetizers | No Host Bar  
7pm

Double Tree Hotel, Del Mar (Carmel Valley)

Tickets: [sandiegocac.org/epiphany](http://sandiegocac.org/epiphany)

## YOUNG ADULTS

College Age Young Adults: [kyle@sandiegocac.org](mailto:kyle@sandiegocac.org)

Young Adults: [jadey@sandiegocac.org](mailto:jadey@sandiegocac.org)

ADULT COMMUNITY (35+)

Epiphany Party Contacts:

30 "Somethings": [taiyana@sandiegocac.org](mailto:taiyana@sandiegocac.org)

Adult Community: [nancy@sandiegocac.org](mailto:nancy@sandiegocac.org)

## ACTIVE 60s+

### Epiphany Party Contact:

ACTIVE 60s+ : [warren@sandiegocac.org](mailto:warren@sandiegocac.org)

**Saturday, January 7**

### Del Mar Walk and Social 9 am

Gelson's Market – 2707 Via De La Valle, Del Mar

THE PLAN: Park near Gelson's Market. We will gather for introductions right there in the parking lot and walk to the trail from there.

Contact: [jerry@sandiegocac.org](mailto:jerry@sandiegocac.org)

For a full list of ALL upcoming events, sign up to receive  
Email Updates:

<https://omcsandiego.org/young-adults-adult-communities>



**KNIGHTS  
OF COLUMBUS®**



- **January Breakfast rescheduled to Sunday January 8, 2023**
- **Free will donation – all proceeds donated to: Whispering Winds Catholic Camp**
- **New Policy: Active Military / First Responders and their immediate families welcome at no charge!**
- **All families with children under 13yrs old - \$10 per family!**

**Thank you for your continued support!**

## HEALING

**ON THE SECOND  
SUNDAY OF EVERY MONTH!**

**January 8, 2023**

The Healing Prayer Ministry is available to pray with anyone seeking healing—of body, mind, or spirit. We gather in the chapel following the 11:00 am Mass and two of our team members will take you to a quiet place in the church to pray. All are welcome! Please call us at (858) 715-9831



*Holy Hour & Benediction*

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Exposition of the Blessed Sacrament, Prayer,  
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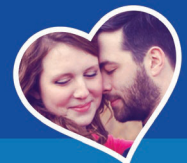
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