

CAUSES OF JAUNDICE

by Manjulah Luckhmana, Monash

updated 25 Aug 2013

CAUSES	EXAMPLES
PREHEPATIC DISORDERS	
<p>1. Neonatal [Bhandari, 2013; Hansen, 2013]</p>	<p>Physiological jaundice Increased bilirubin load due to increased RBC volume* Increased enterohepatic circulation ** Decreased uptake by liver – decreased ligandins Decreased conjugation – decreased UDPGT activity Decreased excretion into bile Premature babies Jaundice due to breast feeding</p> <p>Pathological</p> <p>Haemolytic anaemias (Increased destruction of RBC)</p> <ul style="list-style-type: none"> • Haemolytic Disease of the Newborn (HDN) <ul style="list-style-type: none"> - Rhesus, ABO incompatibility, allografts • RBC enzyme defects (G6PD deficiency, Pyruvate kinase deficiency), RBC membrane defects (Hereditary spherocytosis), Thalassemia, Drug induced (Vit K, Sulphonamides, Nitrofurantoin, Anti-malarials, Penicillin), Sepsis <p>Bleeding</p> <ul style="list-style-type: none"> • Haemorrhage (in any system) <p>Increased enterohepatic circulation**</p> <ul style="list-style-type: none"> • Intestinal atresia/ stenosis, pyloric stenosis, Hirschsprung's disease <p>Polycythaemia*</p> <p>Defective conjugation</p> <ul style="list-style-type: none"> • Congenital deficiency of UDPGT enzyme - Crigler –Najjar • UDPGT inhibition by drugs (Novobiocin) <p>Metabolic conditions</p> <ul style="list-style-type: none"> • Galactosaemia, Hypothyroidism <p>Decreased binding of bilirubin to albumin</p> <ul style="list-style-type: none"> • Drugs – Sulphonamides, Penicilin, Gentamycin • Acidosis, Asphyxia, Hypothermia, Hypoglycemia
<p>2. Hemolytic [Kumar and Clark, 2009; Pratt and Kaplan, 2012; Hansen, 2013]</p>	<p>Inherited ***</p> <p>Spherocytosis, Elliptocytosis, G6PD deficiency, Pyruvate Kinase deficiency Sickle cell anaemia</p> <p>Acquired</p> <p>Microangiopathic Haemolytic Anaemia (MAHA), Paroxysmal nocturnal haemoglobinuria, spur cell anaemia, immune haemolysis, parasitic infections</p> <p>Infective</p> <p>Malaria, Babesiosis, Leptospirosis</p> <p>Hypersplenism</p>

<p>3. Ineffective erythropoiesis [Pratt and Kaplan, 2012]</p>	<p>Inherited Thalassemia Vitamin deficiency Cobalamin (B12), Folate, Iron</p>
<p>4. Inherited disorders [Pratt and Kaplan, 2012; Hansen, 2013]</p>	<p>Haematological disorders *** Spherocytosis, Thallasemia, G6PD deficiency, Sickle Cell disease Inability to process /breakdown bilirubin Congenital deficiency of UDPGT enzyme - Criggler Najjar Syndrome, Reduced activity of glucuronyltransferase enzyme- Gilbert's Syndrome</p>
<p>5. Medical treatment [Stiener, 1944]</p>	<p>Blood transfusion</p>
<p>6. Drugs [Pratt and Kaplan, 2012; Hansen, 2013]</p>	<p>Rifampicin, Probenecid, Ribavarin, Rlfamycin</p>
<p>7. Others</p>	<p>Congestive heart failure [van Lingen et al, 2005]</p>

INTRAHEPATIC DISORDERS

8. Inherited [Pratt and Kaplan, 2012; Hansen, 2013]	Cholestasis Inability to secrete conjugated bilirubin - Dubin Johnson Syndrome, Defect in hepatic storage of bilirubin - Rotor Syndrome, Benign Recurrent Intrahepatic Cholestasis Metabolic defects Wilsons disease
9. Autoimmune [Pratt and Kaplan, 2012]	Autoimmune Autoimmune Hepatitis*
10. Acquired [Pratt and Kaplan, 2012; Hansen, 2013]	Hepatocellular conditions Hepatitis (Viral- A,B,C,D,E / Bacterial) EBV, CMV, Herpes Liver Abscess, Liver Cirrhosis (Alcoholic, Non Alcoholic, Cryptogenic) Primary or Secondary liver malignancies Cholestatic conditions Intrahepatic <ul style="list-style-type: none"> • Viral hepatitis • Alcohol hepatitis • Drug toxicity <ul style="list-style-type: none"> ○ Pure cholestasis – anabolic and contraceptive steroids ○ Cholestatic hepatitis – Chlorpromazine, Erthromycin ○ Chronic cholestasis – Chlorpromazine • Primary biliary cirrhosis • Primary sclerosing cholangitis • Sarcoidosis • Inherited <ul style="list-style-type: none"> ○ Progressive familial intrahepatic cholestasis ○ Benign recurrent cholestasis • Cholestasis of pregnancy • Total parenteral nutrition • Post operative cholestasis • Paraneoplastic syndromes • Graft versus Host disease • Infiltrative disease <ul style="list-style-type: none"> ○ TB, Lymphoma, Amyloidosis • Infection <ul style="list-style-type: none"> ○ Malaria, Leptospirosis • Alpha 1 antitrypsin deficiency [Hutchison and Hogarth, 2013]
11. Drugs and chemicals	Halothane, Methyldopa, Barbiturates Lead Poisoning, Carbon tetrachloride [Hansen 2013]

POST-HEPATIC DISORDERS

12. Congenital	Cholestasis Biliary atresia, Choledochal cysts [Pratt and Kaplan, 2012; Hansen 2013]
13. Acquired [Pratt and Kaplan, 2012; Hansen, 2013]	Cholestasis Extrahepatic <ul style="list-style-type: none"> • Malignant <ul style="list-style-type: none"> ○ Cholangiocarcinoma ○ Pancreatic cancer ○ Gallbladder cancer ○ Ampullary carcinoma • Benign <ul style="list-style-type: none"> ○ Choledocholithiasis ○ Postoperative biliary strictures ○ Primary sclerosing cholangitis ○ Chronic pancreatitis ○ AIDS cholangiopathy ○ Mirizzi's syndrome ○ Parasitic disease <ul style="list-style-type: none"> ▪ Extraductal - Ascariasis ▪ Intraductal - Clonorchis sinensis and Fasciola hepatica ○ Postoperative stricture formation
14. Autoimmune	Primary Sclerosing Cholangitis, Primary Biliary Cirrhosis [Hansen, 2013]
15. Drugs	Isoniazid, halothane, macrolides (e.g. erythromycin), amoxicillin-clavulanate, azathioprine, chlorpromazine, and several other drugs cause cholestasis, typically with hepatitis. [Padda et al, 2011]

References:

- Bhandari V. Neonatal Jaundice. *Best Practice*. British Medical Journal, <http://bestpractice.bmj.com/best-practice/monograph/672/highlights/overview.html>, updated 12 Apr 2013, accessed 14 Aug 2013
- Bonheur J. "Biliary Obstruction Clinical Presentation." Medscape. WebMD, <http://emedicine.medscape.com/article/187001-clinical#a0218>, updated 5 January 2012, accessed 15 Aug 2013
- Clark M, Kumar P. "Jaundice." *Clinical Medicine*. 7th ed. N.p.: Saunders Elsevier, 2009. Pp 329-333.
- Hansen, T. "Neonatal Jaundice Clinical Presentation." *Medscape*. WebMD, emedicine.medscape.com/article/974786-clinical#a0218, updated 21 June 2012, accessed 12 Aug. 2013.
- Hutchison P, Hogarth DK. Alpha 1 Antitrypsin deficiency. *Best Practice*. British Medical Journal, <http://bestpractice.bmj.com/best-practice/monograph/1075.html>, last updated 4 June 2013, accessed 15 Aug 2013
- Padda MS, Sanchez M, Akhtar AJ, Boyer JL. Drug induced cholestasis. *Hepatology*. 2011 April; 53(4): 1377–1387.doi: 10.1002/hep.24229; <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3089004/>
- Pratt DS, Kaplan MM. *Jaundice*. In: Longo DL, Fauci AS, Kasper DL, Hauser SL, Jameson JL, Loscalzo J, eds. *Harrison's Principles of Internal Medicine*. 18th ed. New York: McGraw-Hill; 2012, p324-9
- Steiner RE. Jaundice after Transfusion of Whole Blood or Human Plasma. *Br Med J*. 1944 Jan 22;1(4333):110-1
- van Lingen R, Warshow U, Dalton HR, Hussaini SH. Jaundice as a presentation of heart failure. *J Royal Soc Med* 2005 August; 98(8): 357–359.