

Address

Phone No.

CBSE

Sample Question Paper 1

English
Class X

Time : 3 hrs

MM : 80

General Instructions

(i) The question paper is divided into three sections:

<i>Section A</i>	: <i>Reading</i>	<i>20 Marks</i>
<i>Section B</i>	: <i>Writing & Grammar</i>	<i>30 Marks</i>
<i>Section C</i>	: <i>Literature</i>	<i>30 Marks</i>

(ii) All questions are compulsory

(iii) You may attempt any section at a time

(iv) All questions of that particular section must be attempted in the correct order

SECTION A

Reading

(20 marks)

1. Read the passage given below :

Nutrition refers to everything that the child eats and drinks. The body uses nutrients from food to function properly and stay healthy. All children need a certain amount of calories to grow and develop. Eating patterns built during childhood serve as a foundation for life. What we eat early on shapes brain development, metabolism, and overall health.

India has one of the poorest health records in the world with the highest TB prevalence, every three out of four children have anaemia, and polio eradication is actually backsliding. According to UNICEF India over two million children die every year from preventable diseases. IMR in India is 63 deaths for every 1000 live births. Of these 47% of the deaths occur within the first week after birth. Measles is the largest cause of death among children which can be prevented by a vaccine. Tetanus

in newborns remains a major problem Uttar Pradesh, Madhya Pradesh, Rajasthan, West Bengal, and Assam.

On the other end of the spectrum are children and adolescents who are obese or overweight, putting them at higher risk for serious, even life-threatening health problems. The percentage of children, ages 6–11, who are obese has increased over the past 15 years, making this a public health epidemic. The culprits being sedentary lifestyle, advancement in technology, access and availability of junk food and poor eating habits coupled with lack of physical activity.

A healthy, balanced diet for children provides essential vitamins, minerals and other nutritional goodies that kids need for healthy growth and development. Vitamins and minerals are vital for our bodies to function properly and each one plays a specific role in the body.

Eating a diet rich in vegetables and fruits as part of an overall healthy diet may protect against certain types of cancers. Diets rich in foods containing fibre, such as some vegetables and fruits, may reduce the risk of heart disease, obesity, and type II diabetes.

As a result we are looking at a future generation that is largely unhealthy due to one kind of health issue or the other. Well-nourished children are better equipped to fight disease, learn and contribute to society. Girls with good nutrition become strong women and have healthier children and more prosperous families. Societies with well-nourished populations are found to be more productive.

Children are the future of the nation. The government, the media, the educational institutions and the parents should all be committed to keeping them fit and healthy.

Answer the following questions: (Any eight)

(1 × 8 = 8)

- (a) How do nutrients from food help the body?
- (b) Why should children be taught to eat right?
- (c) Name three common diseases prevalent among children.
- (d) Which preventable disease is the main cause of death among Indian children?
- (e) What are the reasons for obesity in children?
- (f) How are vitamins and minerals an essential part of healthy diet?
- (g) What kind of diet prevents diseases?
- (h) How is good nutrition essential for girls?
- (i) How can we ensure that the future citizens are healthy?

2. Read the passage given below:

The next morning started as usual as most of us fell refreshed after a good night sleep. The first step of the morning was about crossing the freezing cold stream. The beauty of this stream is the glacier that feeds the water into it is directly in your view. This does not make the walk across a pleasant affair. Here I got my third lesson in the mountains, first being acclimatized before you climb, second being respect the mountains as the weather can flip at any moment, while crossing a

stream step on smaller stones or gravel, bigger rocks are slippery and you may fall. So I got a cold dip in the stream. Not a pleasant experience, but Ravi helped me out and getting dry in the dry surroundings with the sun beating down is a pleasant affair at least.

When you have taken a dip in glacier water, it's strange how you don't feel cold anymore. As the sun beat down, the layers of warm clothes started to get thinner. Most of the downhill trek was a steep descent. A pleasant walk, as the trees and grasslands started to reappear. By 2 in the afternoon we had reached Chatru (11,000ft) base camp, our last halt before the end.

From Chatru we drove to Chandratat Lake. The drive, 70 km, 4 hours, was via a mostly a dirt road. The halt was not a long one, as we decided to head back as it started to get dark. On the way back we stopped at Chacha Chachi dhaba. While Ravi enjoyed a plate of rice and dal, most of us had some tea and noodles. Once back, some of us enjoyed the late night with some music. I on the other hand spent some time with Ravi and Amit discussing the way of roads in the highlands. Finally we retired to bed, and the next morning we drove back to Manali via Rhotang Pass.

During our stay, I came across another interesting person. His daily job was to master the mules. The mules are a life line for trekkers, moving luggage across the range. Their master was well versed with the trails in the mountains. He moved across the trail within a day usually and he met many Indian and foreign travellers in the cradle of the mountain. He had been to Hampta Pass more than 10 times this year, and was looking forward to going for the Chadar trek in the winters. One thing with people in the mountains is they are warm and welcoming, and respect the trust that we place in them.

In the end, the walk across the trail made me realize a lot about myself. In the mountains, you respect each other and learn the basics about your existence. Nature protects you and makes you stronger, but at the same time she needs you to respect her and help her survive. The mountains are an obsession. Help them live on, so the path you walk can be traced by others as well.

From the blog of Nomadaak

2.1 Answer the following questions: (Any four) **(2 × 4 = 8)**

- (a) What feeds the mountain stream?
- (b) What were the things that the author found about the mountain stream?
- (c) What were the three lessons that the mountains taught the author?
- (d) Whom did the author find interesting? Explain why.
- (e) What did the trek make the author realise?

2.2 Find the meanings of the words given below with the help of the options that follow : **(1 × 2 = 2)**

- (a) acclimatized (para 1)
- | | | | |
|--------------|---------------|--------------|-----------------|
| i. predicted | ii. protected | iii. used to | iv. depended on |
|--------------|---------------|--------------|-----------------|

- (b) flip (para 1)
- i. increase
 - ii. change
 - iii. worsen
 - iv. improve

2.3 Find the meanings of the words given below with the help of the options that follow : (1 × 2 = 2)

- (a) well versed (para 3)
- i. used to
 - ii. helpful
 - iii. generous
 - iv. experienced
- (b) obsession (last para)
- i. trouble
 - ii. beautiful
 - iii. passion
 - iv. glorious

SECTION B

Writing and Grammar

(30 marks)

3. You are Aryan/ Arti of 77-B, Yamuna Nagar. You feel that India's unity is its biggest strength and all efforts should be made to preserve it. Taking ideas from the MCB unit 'National Integration' together with your ideas and write a letter to the Editor of a national daily in 120-150 words on the need to preserve national integration.

(8 × 1 = 8)

You can include the following points

- National Integration in India
- How it is integral to the nation
- Ways to promote

OR

You are Navneet of 65, P.H. Road, Mangalore. Recently you bought a mobile phone from 'The Phone Point', 83, Mount Road, Mangalore. The phone instrument developed a problem within a month of purchase. Write a letter to the dealer giving details of the nature of the problem and asking him/her to rectify the defect or replace the set.

4. Write a story in about 200 words based on the input given below :

(10 × 1 = 10)

As soon as I entered my home I realised that my diary was missing. I went through my bag but it was nowhere to be found. I went numb worrying about what to do. Suddenly the doorbell rang...

OR

Develop a story based on the beginning given below:

After spending ten long years on his research, Dr Sengupta stumbled upon the formula to ...

5. Complete the following paragraph by filling in the blanks with the help of the given options (Any four) :

(1 × 4 = 4)

The school's dance society tryouts 1_____ announced last month. Since the announcement, my sister had helped me prepare for it every single day 2_____ fail. The tryouts were held last Sunday afternoon. Twelve students 3_____ our class tried out for the team 4_____ there were vacancies 5_____ only seven of us.

- | | | | | |
|----|--------------|----------|--------------|-----------|
| 1. | i. have been | ii. were | iii. are | iv. can |
| 2. | i. on | ii. if | iii. without | iv. with |
| 3. | i. from | ii. in | iii. with | iv. at |
| 4. | i. yet | ii. and | iii. but | iv. also |
| 5. | i. of | ii. with | iii. for | iv. since |

6. There is a word missing from each line of the given passage. Write the missing word, the one before and the one after it. Underline the word you have supplied (Any four).

(1 × 4 = 4)

	<i>Word Before</i>	<i>Missing Word</i>	<i>Word After</i>
The oldest stone buildings the world are the	a) _____	_____	_____
pyramids of Egypt. They have stood nearly	b) _____	_____	_____
5000 years, and it seems likely they will	c) _____	_____	_____
continue to for thousands of years yet.	d) _____	_____	_____
The challenges of building such structures			
and assembling thousand workers required			
proper planning.	e) _____	_____	_____

7. Read the conversation given below and complete the paragraph that follows. Write the correct answers in your answer-sheet against the correct blank numbers (Any four).

(1 × 4 = 4)

Megha: What is the greatest love of your life?

Adventurer: I love scuba diving.

Megha: Can you give some advice to our listeners?

Adventurer: I want to say -we should never take the sea for granted.

Megha : Do you mean that the sea is dangerous?

Megha asked the Adventurer a)_____. He replied that b) _____. Megha further asked c)_____. The Adventurer wanted to say d)_____. Megha asked the adventurer e).

SECTION C

Literature: Textbook and Long Reading Text

(30 marks)

8. Read the extract given below and answer the questions that follow:

(1 × 4 = 4)

“Were these people pulling his leg? Was the whole thing a gigantic hoax? A meek harmless man like him and they had to drag him into the middle of the city to make a laughing stock out of him.”

- Who is the speaker?
- Why does he feel that ‘a laughing stock’ is being made out of him?
- Does he remain in this frame of mind later? Why/ why not?
- What does ‘hoax’ mean?

OR

I came down the steps with my pitcher

And must wait, must stand and wait, for there he was at the trough before me.

- Where is the speaker? Why does he wait?
- Who is ‘he’? Where has he come from?
- What opinion do you form about the speaker?
- Which poetic device has been used in these lines?

9. Answer any four of the following in 30-40 words each : (2 × 4 = 8)

- What errands did Nicola and Jacopo run?
- What gave Ali the strength to go to the Post Office for five long years?
- Who was Abel Merryweather? How did he teach his daughters a lesson?
- Why was Lavinia ready to leave her husband? What stopped her in the end?
- Why was Calpurnia stopping Caesar from going out?

10. Attempt any one out of the two following long answer type questions in 100-120 words. (8 × 1 = 8)

Deriving values from the poems 'Snake' and 'The Rime of the Ancient Mariner', write an article on man's unmindful destruction of nature and its creatures.

(8 × 1 = 8)

OR

Imagine you are Brutus. You have joined the conspirators but the betrayal of a friend is weighing heavily upon your heart. In a diary describe what compels you to kill Caesar and your feelings on doing so.

11. (A) Answer the following question based on prescribed novel text for extended reading in about 200-250 words (10 × 1 = 10)

Bring out the importance of the diary in Anne's life.

OR

Anne's life in the annexe was an adventure of sorts. Elaborate with examples.

OR

11. (B) Answer the following question based on prescribed novel text for extended reading in about 200-250 words

Describe Helen's love for nature.

OR

Describe the role played by Alexander Graham Bell in Helen's life.

