



CLICK ON THE PROVINCE BELOW







Province	Name of the health care system	Contact	Description
ALBERTA	Alberta Health Services http://www.albertahealthse rvices.ca/590.asp	Alberta Health Services Corporate Office 700 Manulife Place 10180 - 101 St. Edmonton, Alberta	How do I access long-term care? In order to access a senior's living option, including long-term care, you need to undergo an assessment by a Home Care Registered Nurse*.
		T5J 3S4	You can access Alberta Health Services Home Care services if you:
		Phone: 780-342-2000	Live in Alberta
		Fax: 780-342-2060	Have an Alberta Health Care number, or
			Have applied for and are eligible to receive Alberta Health Care coverage
			To get more information on seniors living options or to book an <u>assessment</u> , contact the local Home Care Program, talk to your family doctor or call HEALTHLink Alberta Toll-Free 1-866-408-5465. * In some parts of the province, other allied healthcare professionals (i.e. physical therapists, occupational therapists, social workers) also complete assessments.





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BRITISH	Ministry of Health Services	MINISTRY OF HEALTH	British Columbia Health Authorities-6
COLUMBIA	http://www.health.gov.bc.ca	SERVICES 1515 BLANSHARD STREET VICTORIA BC V8W 3C8	Home and community care services provide a range of health care and support services for eligible residents who have acute, chronic, palliative or rehabilitative health care needs. These services are designed to complement and supplement, but not replace, the efforts of individuals to care for
		Home and Community Care In Victoria call: 250 387-6121 In Vancouver call: 604 660-2421 Elsewhere in B.C. call: 1 800 663-7867 Outside B.C. call: 604 660-2421	themselves with the assistance of family, friends and community. In-home services, for eligible clients, include home care nursing, rehabilitation, home support and palliative care. Community-based services include adult day programs, meal programs, as well as assisted living, residential care services and hospice care. Case management services are provided in both the home and community. Home and community care services:
			 support clients to remain independent and in their own homes for as long as possible; provide services at home to clients who would otherwise require admission to hospital or would stay longer in hospital; provide assisted living and residential care





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British Columbia (Contd)			services to clients who can no longer be supported in their homes; and
			 provide services that support people who are nearing the end of their life, and their families, at home or in a hospice. A Guide to Your Care
MANITOBA	Manitoba Health http://www.gov.mb.ca/healt h/homecare/guide.pdf	Manitoba Home Care Program Contact Community Information: 287-8827 in Winnipeg or 1-866-266-4636 Manitoba Health Client Services: 786-7101 in Winnipeg or 1-800-392-1207 300 Carlton Street, Winnipeg, MB R3B 3M9	The Regional Health Authorities (RHA's) have operational responsibility for Home Care including planning, delivery and ongoing management of the services. The RHA's are responsible for: accepting referrals and determining eligibility for home care services, based on a multi-disciplinary assessment; developing a plan of care which takes into account the needs of the individual and family as well as available community resources determining the amount and type of services to be provided by home care securing, scheduling and supervising the appropriate resources to meet home care service requirements; developing and maintaining a "pool" of service providers and resources to ensure continuity in the availability of resources;





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Manitoba (Contd)			establishing quality assurance processes for ongoing care planning, monitoring and evaluation of services, including documentation of regional policies and procedures; managing the personal care home placement process for individuals whose care can no longer be provided in the community; developing and maintaining liaisons with other components of the health care system.
NEW BRUNSWICK	Home Health Care http://www.gnb.ca/0051/index- e.asp	HSBC Place 520 King Street Fredericton, New Brunswick E3B 6G3 New Brunswick Extra- Mural Program General Information: Phone: 506- 457-4800 Fax: 506- 453-5243	The Extra-Mural Program is established within the Regional Health Authorities. It provides quality home health care services to eligible residents when their needs can be met safely in the community. eligibility criteria: has a valid New Brunswick Medicare Card (or is in the process of receiving one); has an identifiable health care or functional need that can be addressed through the Program's services; has a need that requires the provision of health care services in the individual's natural environment; has a natural environment that is suitable for the care and service to be provided, both for the





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New EGeneral Informa	ation: (506) 457-4800		individual and the service provider;
(Continue (Society) (Society) (Society) (Society)	457-4800		resides within the area serviced is referred by an
Fax: (506) 453-5	5243		attending physician or designate professional or
			agency
			Professional service providers include: nurses,
			licensed practical nurses, registered dietitians,
			respiratory therapists, occupational therapists,
			physiotherapists, speech language pathologists,
			rehabilitation aides and social workers. Services
			offered include: acute care, palliative care, home
			oxygen program, long term care assessment and
			rehabilitation services.
NEWFOUNDLAND	Health and Community	Department of Health and	The Board Services Division is responsible
AND LABRADOR	Services	Community Services	for ensuring that Health and Community
AND LADINADOR	http://www.health.gov.nl.ca	Confederation building, 1 st	Services are provided by <u>four regional integrated</u>
	/health/	Floor West Block	health authorities.
		P.O. Box 8700	The development of the Department's capital
		St. John's NL A1B 4J6	construction improvement plan and the
		Health and Community	capital equipment plan for health facilities
		Services	also falls within the Division's mandate
		St. John's/Avalon Region:	
		1-866-449-4459	
		All other areas, including Labrador:	
		1-800-563-1557	





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NOVA SCOTIA	Nova Scotia Department of Health http://www.gov.ns.ca/health	Department of Health PO Box 488 Halifax, NS B3J 2R8 Continuing Care services 1-800-225-7225. Out of province callers, please call 1-902-424-4288	Continuing Care, a program of the Department of Health, serves people who need ongoing care outside of hospital, either on a long-term or short-term basis. Continuing Care provides access to: • Long-term care (Nursing Homes, Residential Care Facilities, and Community Based Options) • Home care • Self Managed Care • Caregiver Allowance • Adult Protection Services • HELP - Bed Loan Program
ONTARIO	Ontario Ministry of Health and Long-Term Care http://www.health.gov.on. ca/english/public/contact/ ccac/ccac mn.html	ServiceOntario INFOline M-1B114, Macdonald Block 900 Bay Street Toronto ON M7A 1N3 Canada Phone: 1-866-532-3161 Or 310-CCAC (2222)	Health Services Community Care Access Centres There are 14 Community Care Access Centres (CCAC) in Ontario which operate in several branch and site offices across the province. CCACs are the local organizations established by the Ministry to provide access to government-funded home and community services and long-term care homes.





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Ontario (Contd)		Fax: 416-314-8721	CCACs work together, and with physicians, hospital teams and other health care providers to enhance access and co-ordination for people who need care in the community. They help people to: -live independently at home -apply for admission to a long-term care home CCACs also provide information about local community support service agencies and can link people to these agencies to arrange services. Anyone can make a referral to a CCAC — an individual requiring service, a family member, caregiver, friend, physician or other health care professional. For locations and more detail about CCACs, please visit their website at www.ccac-ont.ca.
PRINCE EDWARD ISLAND	Prince Edward Island Department of Health http://www.gov.pe.ca/hea lth/dg.inc.php3	Home Care Offices: Souris 17 Knights Lane (Souris Hospital) 902- 687-7096	The PEI Home Care Program provides health care and support services including assessment, care coordination, nursing, personal care, respite, occupational and physical therapies, adult protection, integrated palliative care, community-based dialysis, assessment for nursing home admission and community support services. Home care and support services are provided to





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Prince Edward Island (Contd)		Montague 15 Rosedale Road (Riverview Manor) 902- 838-0786 Charlottetown 115 Murchison Lane (Hillsborough Hospital)	individuals based on assessed need and are intended to: help individuals achieve and maintain health and personal independence in the community; and supplement the care and support available from family and friends.
		902- 368-4790 Summerside 310 Brophy Avenue (Wedgewood Manor) 902- 888-8440	Admission to long-term nursing care facilities is based on a coordinated assessment and a priority needs process conducted by committees in each region made up of representatives from hospitals and Home Care, Housing and Long-term Care programs.
		O'Leary 14 MacKinnon Drive (Community Hospital) 902- 859-8730	Most of the residents have multiple complex diagnoses, the most common being dementia, stroke, and diabetes, and all require a high level of nursing care that can no longer be provided at home or in community care facilities.





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QUEBEC	Health Insurance Plan	Health Canada, Quebec	Health and Social Service Centres (CSSSs)
	http://www.hc-sc.gc.ca	Region	
		Guy-Favreau Complex,	the objectives of health and social services centres
		East Tower	are the following:
		200 René-Lévesque Blvd.	
		W.	To promote health and well-being
		Montreal, QC H2Z 1X4	To bring together the services offered to the public
			To offer more accessible, better coordinated and
		health hotline 8-1-1	seamless services
			To make it easier for people to move through the
		450-646-1353	health and social services network
		1-800-561-3350	To ensure better patient management, particularly
			of the most vulnerable users
			This free telephone service is available 24 hours a
			day, 7 days a week.
SASKATCHEWAN	Saskatchewan Health Care	T.C. Douglas Building	The Saskatchewan health care system is made up
	System	3475 Albert Street	of many provincial, regional and local organizations
		Regina, Saskatchewan	working together to ensure we have healthy people
	http://www.health.gov.sk.	CANADA	in healthy communities.
	ca/health-system	S4S 6X6	The Minister of Health oversees the strategic
			direction of the system. Saskatchewan Health
		General Inquiries –	oversees and co-ordinates the delivery of health
		306- 787-0146	services in the province.
		1-800-667-7766	Most services are delivered through the province's





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Saskatchewan (Contd)		(Saskatchewan only)	regional health authorities (health regions), their affiliated organizations, and the Saskatchewan Cancer Agency. Health Care Organizations Affiliated organizations or individuals providing health services by agreement with a health region. Health Regions Map Click on the map for health region information, or see list of communities.
NORTHWEST TERRITORIES	Department of Health and Social Services hsa@gov.nt.ca.	Department of Health and Social Services Government of the Northwest Territories P.O. Box 1320 Yellowknife NT X1A 2L9 Canada 1-800-661-0830 Or ph# for each region	Eight Health and Social Services (HSS) Authorities plan, manage and deliver a full spectrum of community and facility-based services for health care and social services: Beaufort-Delta HSS Authority Dehcho HSS Authority Fort Smith HSS Authority Hay River HSS Authority Sahtu HSS Authority Stanton Territorial Health Authority Tlicho Community Services Agency Yellowknife HSS Authority Community health programs include daily drop-in clinics,





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Northwest			public health clinics, home care, school health programs
Territories			and educational programs. Visiting physicians and
(Contd)			specialists routinely visit the communities.
NUNAVIK	Health and Social Service http://www.inuulitsivik.ca/ cadres anglais/a index e. htm	Inuulitsivik Health Centre (Hudson Bay) Puvirnituq Qc. JOM 1P0 819-988-2957 Ungava Tulattavik Health Centre (Ungava Bay) C.P. 149, Kuujjuaq Qc. JOM 1C0 819-964-2905	Nunavik has two health institutions: the Ungava Tulattavik Health Centre in Kuujjuaq and the Inuulitsivik Health Centre in Puvirnituq. These centres have multiple roles, offering services normally provided by CLSCs (local community service centres), CPEJs (child and youth protection centres), CHs (short-term hospital centres), CHSLDs (extended-care residential hospital centres) and CRJDAs (rehabilitation centres for youths with adjustment difficulties). Further, a reintegration centre opened its doors in Inukjuak in 2000 and offers services to persons with major psychiatric problems. The region also has several community organizations that work in partnership with the regional board among various client groups, such as women, young persons and substance abusers





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YUKON TERRITORY	Yukon Health and Social Services http://www.hss.gov.yk.ca/ programs/continuing/	Health and Social Services Government of Yukon Box 2703 Whitehorse, Yukon Y1A 2C6 CANADA	Yukon's Continuing Care Branch provides Residential, Home Care and Regional Therapy services for the citizens of the Yukon Territory. Continuing Care residential, respite and day programs are accessed by contacting the Admission/Assessment Coordinator at (867) 667-8961 or 456-6806.
		867-667-8324 Toll free (in Yukon):	Home Care services assist clients to live independently in their own homes and are based on the clients assessed health needs. More information
		1-800-661-0408	The Yukon residential care programs are driven by the home philosophy of care
		Continuing Care Branch 867-667-5945	There are three continuing care facilities in the Yukon. Copper Ridge Place and Macaulay Lodge are located in Whitehorse and McDonald Lodge provides care services in Dawson City.