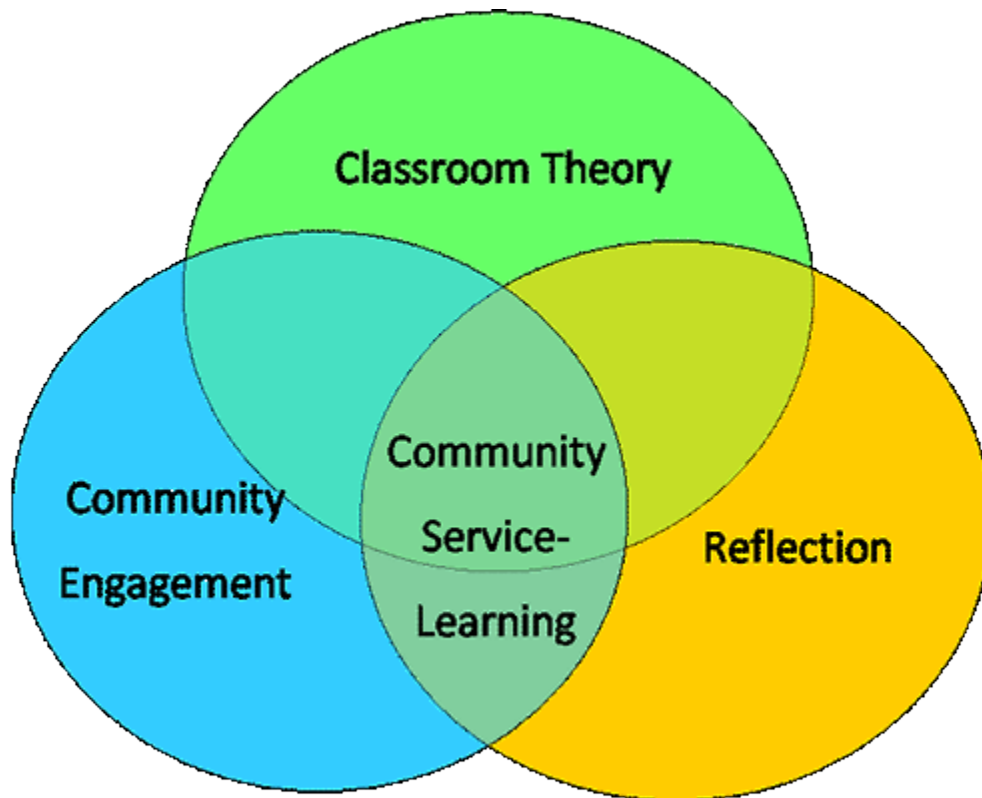


CENTRAL LAKES COLLEGE PRACTICAL NURSING PROGRAM



SERVICE LEARNING PACKET 2013-2014



Service Learning for Practical (PN) Nursing Students

Beliefs about Service Learning:

1. Service learning is a valued component of the graduation requirements for the PN Nursing Program at Central Lakes College.
2. Service Learning links academic study to community service through structured reflection; it engages students in responsible and challenging community service; it provides structured opportunities for students to reflect critically on their experiences; and it emphasizes learning in areas such as communication, critical thinking and community involvement.
3. Service Learning is valuable for two fundamental and interrelated reasons: (1) service as a form of practical experience enhances learning in all areas of the college's curriculum; and (2) the experience of community reinforces moral and civic values inherent in serving other.

Student Requirements:

Each PN student is required to complete 5 hours of mandatory Service Learning by the end of their Practical Nursing Program (Two weeks prior to completion of program requirements for successful awarding of the Practical Nursing Diploma). This is a graduation requirement and each student must submit required documentation related to the service learning events/activities they participated in and have received 80% or higher on their service learning report/ Initial discussion and dissemination to the students will be in orientation sessions and followed-up in all PN courses the first two weeks of each semester.

Assignment Objectives:

1. The student will demonstrate the core values of caring, diversity, ethics, and patient-centeredness when participating in service learning activities.
2. The student will be able to apply academic learning to educate, demonstrate or disseminate health related information and/or activities to selected community events/activities.

Student Learning Outcomes:

Nursing Practice (Outcome #1)

- Collaborate with the registered nurse or other members of the health care team to organize and incorporate data collection and knowledge base to contribute to patient care and actions based on established protocols and nursing process.

Human Flourishing (Outcome #2)

- Demonstrate nursing excellence in a caring and empathetic approach to the safe, therapeutic, and individualized care of each client

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Professional Identity (Outcome#4)

- Demonstrate professional identity and personal/professional development through accountability, adhering to standards of practical nursing practice within legal, ethical, and regulatory framework with specified populations and identification of rationale for scope of practice decision making.

Process:

1. All Service Learning Forms are in the PN Student Handbook under Student Service Learning in the appendix.
2. PN Nursing students will complete a minimum of **5 hours** of service learning prior to graduation. Students will select/ choose a service learning opportunity of interest to them (see Service Learning Opportunities).
3. After making arrangements with the service learning contact person(s), complete the pre-approval form and have this signed by your designated nursing instructor. Complete service learning hours. Incomplete forms **will not be accepted**.
4. Have a service learning verification form signed and printed by the contact person at the service learning organization. A phone number of the contact person **must be included**. Fill out the bottom portion of the form in its entirety for college-wide reporting of services provided and number of people served.
5. Complete the required Service Learning Report following the rubric in the Service Learning Handbook. The report is to be typed, 2-3 pages minimum, including a title page, and addresses the areas/topics found on the Service Learning Report Rubric.
6. Submit completed service learning forms and report **within one week** of the service learning event/opportunity.
7. Designated instructors will grade the submitted Service Learning Report and those with 80% or more will have their service hours recorded in their electronic profiles and in their paper files



PRACTICAL NURSING SERVICE LEARNING APPROVAL

Student Name: _____

Name of Organization/Agency _____

Contact Person _____ Phone number _____

Location _____

How many hours do you plan to volunteer at this organization? _____

Date/s of planned volunteer service _____

What would your responsibilities be? _____

Are any special skills required to perform this service? If so, what and are you prepared?

What do you hope to learn through this experience? _____

What would you be doing for the community by providing this service? _____

As a Practical Nursing faculty, I have reviewed the above information and give my approval for the PN student named above to use this experience towards the graduation requirements of 5 hours of service learning.

PN faculty signature _____ Date _____



**PRACTICAL NURSING PROGRAM
VERIFICATION OF SERVICE LEARNING PARTICIPATION**

This form must be filled out and signed for each day of service learning that the student participates in. Completed forms must be retained by the student and turned in at the end of each semester to have hours formally documented.

I, _____, verify that the Practical Nursing
(Print name of event /organization representative)

Student _____, participated in _____ hours of service
(Print name of student) (number)

learning activities on _____ at _____.
(month, day, year) (name of event/organization)

Representative Name and credentials: _____

Representative Organization: _____

Representative Email and phone number: _____

Representative Comments:

Representative Signature: _____

Service Learning Report Rubric

Date: _____

Event: _____

Student: _____

<p>Insights and Ideas</p> <p>1. Briefly describe your Service Learning \Opportunity.</p> <p>2. What was your role in this experience/</p> <p>3..What did you learn from this experience?</p> <p>4.. What academic learning were you able to apply to this experience?</p> <p>5. How does this experience pertain to the PN role in the community-based health care?</p> <p>6. Would you recommend this experience to other students? Why or why not?</p>	<p style="text-align: center;">3 points</p> <p>1.Excels in responding to the requirements of the Service Learning opportunity.</p> <p>2. Demonstrates reflection and insight.</p> <p>3. Ideas are clearly communicated.</p> <p>4. Paper holds one’s interest.</p>	<p style="text-align: center;">2 points</p> <p>1. A solid response to the requirements, addressing all required areas.</p> <p>2. May have minor issues with clarity and less demonstration of reflection and holding the readers’ interest.</p>	<p style="text-align: center;">1 point</p> <p>1. Report demonstrates basic understanding of the requirements (describes site, role, and basic answers to questions).</p> <p>2. Lacks reflection and insight.</p>	<p style="text-align: center;">Comments</p>
<p>Organization</p> <p>Purpose of the report is stated and the content flows.</p>		<p style="text-align: center;">2 points</p> <p>1. Logical arrangement, ideas relate to central theme.</p> <p>2. Transitional statements are utilized.</p>	<p style="text-align: center;">1 point</p> <p>1. Ideas stated in random order.</p> <p>2. Clear relationship to central purpose not evident.</p> <p>3. Readable.</p> <p>4. Paragraph structure evident.</p>	<p style="text-align: center;">Comments</p>

Supportive statements, use of examples	<p>3 points</p> <ol style="list-style-type: none"> Supporting examples clearly stated Relationship to author's insights evident, 	<p>2 points</p> <ol style="list-style-type: none"> Examples given. Relevance not always clear. 	<p>1 point</p> <ol style="list-style-type: none"> Examples used appear random. Relevance unclear May use generalizations. 	Comments
Grammar and mechanics	<p>3 points</p> <ol style="list-style-type: none"> Grammar and punctuation are correct. APA correct (if used and appropriate). 	<p>2 points</p> <ol style="list-style-type: none"> Three or less grammar, spelling, and punctuation errors. Two or less errors in APA format (if used in report and appropriate). 	<p>1 point</p> <ol style="list-style-type: none"> May contain spelling, grammar, or punctuation errors greater than three but they do not interfere with readers' ability to read report. More than two errors in APA format if used and appropriate to do so. 	Comments
<p>Total Points</p> <p>Students will need at least 80% or \geq 9.6 points to have report accepted and hours recorded.</p>				

Service Learning Opportunities:

***This is not an inclusive list but can provide the student with ideas on what Service Learning areas have been utilized in prior years.**

Agency	Location	Contact Name	Contact Info	Description of Activity
Aitkin Lions Club (Riverboat Lions Club)	Aitkin	Joy Janzen, president of club	218-927-6119 janze003@umn.edu	Blood glucose checks of community members. Teaching re: DM management and blood glucose monitoring "Community Connect"
Alliance Church/ Christian Missionary		Dave Presser	320.532.3241	CPR and first aid education
American Red Cross	Emily	Nancy Moritz	218-763-3097	Helped with Blood Drive
American Red Cross	Little Falls	Mary Frey	320-632-1919	Taught CPR
Brainerd Jaycees Run for the Lakes	Brainerd	Mary Zimmerman-chairperson	mary2386@hotmail.com , 320-293-3503	Water stations
Browerville Public Schools	Browerville	Donna Bestland, RN		Hearing, vision and scoliosis checks
Camp Ripley	Fort Ripley	Andrea Foote	320-616-3175	Help at the camp Health Fair
Centra Care Heart & Vascular Center	St. Cloud	Sarah Johnson, RD Nutrition Counselor, Clinical Dietician	johnsons@centracare.com 320-251-2700, x57449	Assess community members blood sugar, provided education and referral to dietician for further counseling
CLC Bridges	Brainerd	Laura Oeltjenbruns and Becky Gammon	loeltjenbruns@clcmn.edu rgammon@clcmn.edu	Outreach to prospective students
CLC Campus Health	Brainerd and Staples	Jacque Bartczak, RN (Staples campus) and Susan Newkirk, RN (Brainerd campus)	jbartczack@clcmn.edu snewkirk@clcmn.edu	Smoking Cessation Education
CLC Campus Health	Brainerd and Staples	Jacque Bartczak, RN (Staples campus) and Susan Newkirk, RN (Brainerd campus)	jbartczack@clcmn.edu snewkirk@clcmn.edu	Health Expo BMI's, Blood Pressure checks
CLC Nursing Programs	Brainerd and Staples	Darci Goeden	dgoeden@clcmn.edu 218.855.8108	LPN RN Collaborative Simulation- patient actors and nurses

Country Manor	Sartell	Andrea Marschel	320-253-1920	Resident activities and one-to-one sessions
Crisis Line and Prevention	Brainerd	Mary Marana	218-828-4515 mary.crisisline@brainerd.net	Answer phone calls of people in crisis: listen, educate, and refer. Training req.
Crow Wing Co Public Health	Brainerd	Gwen Anderson	218-824-1077	Immunization Clinic
Cuyuna Regional Medical Center	Crosby	Carol Thompson	(218) 546-2322	Teach and test on patient safety screens and precautions
Cuyuna Regional Care Center	Crosby	Julie Holmquist, RN DON	218-546-7000	Pet therapy, Activities with residents
Jen Dingman	St. Cloud	Jen Dingman, mother	218-839-8856	Respite care for child with Cerebral Palsy
Emily Food Shelf	Emily	Nancy Moritz	218-763-3097	Nutrition education & food service
Essentia Health SJMC	Brainerd	Kari Russell, RN	218-828-7655 Kari.Russell@essentiahealth.org	Fit testing Employee Flu shot clinic
Essentia Health SJMC	Brainerd	Melissa Knopik, RN (OB) Julie Orr, RN (education dept)	julie.orr@essentiahealth.org	Mock code- OB Sim Lab
Evergreen Student Ministries	Baxter, MN	Jarvis Glanzer	218-338-4166	Mentoring, counseling and modeling behavior to 6-12 grade students
Family Foster Care	Sartell	Susan	320-240-9206 or 320-260-3204	Child assessments and med administration
Fit City Duluth	Duluth	Autumn Marquette	(320) 237-1303	Workplace wellness assessments
Granite Care Home Inc.	Sauk Rapids	Charlotte Dhein Cheryl Hemmerding	320-251-4736	Assisting clients with shopping, meal preparation, and adhering to program plan.
Grand Rapids Free Clinic	Grand Rapids & rotating locations	Tim George	tjgoerge@msds-1.com 218-326-0020	Assist with cares of free clinic duties, assist healthcare providers (MD and PA), etc
Harding Place				Predominantly serves male military veterans...visiting, therapeutic communication, mental illness
Harmony House	Pierz	Lori Bednar	321.468.2811	Performing monthly vitals for residents and coordinating daily activities

H.E.L.P.S (Homework, Education, Leadership, Participation, Service) program	Pequot Lakes, Forestview Middle School (Baxter)	Ann Danielson Americorps Promise Fellow UMN Extension Office 4-H - Brainerd	Phone (Office) # 218-824- 1071 Email --> danie657@umn.edu	Every Monday that school is in session from 3:30 - 5:15. Help set up and clean up. During the program, help with any activities planned and help students with any homework they need help with. Volunteer screening & application required
Heartland Hospice	Brainerd	Kim Roth	218-829-1252	Friendly visitor to hospice patients
Holdingsford Elementary School	Holdingsford	Kristen Primus, RN	320-333-3603	Hearing & Vision Screening
Holy Trinity School	Pierz			Hearing & Vision Screening
"Hope Floats the Night"	St. Cloud	Amanda Dickinson, RN	877-907-6463 ext 64684 amanda.dickinson@optum health.com	Cancer Fundraising Event: set- up, clean-up, registration, or other event details
Hutchinson ACLS Class	Hutchinson, MN	Jason Rassmason	320-295-1103	Set up, take down and assist with class
ISD 181	Brainerd schools	Mary Lastovich, RN K-4 th Amy Jambor, RN 5-12 th	mary.lastovich@isd181.org 821-2285 aimee.jambor@isd181.org 821-2282	Hearing and Vision Screening
ISD 181	Brainerd Schools	Amy Jambor, RN	aimee.jambor@isd181.org 821-2282	Staff Health Promotion Fair
ISD 181	Brainerd schools	Mary Lastovich, RN K-4 th Amy Jambor, RN 5-12 th	mary.lastovich@isd181.org 821-2285 aimee.jambor@isd181.org 821-2282	Education: Hand hygiene (K-4)
ISD 181	Brainerd schools	Mary Lastovich, RN K-4 th	mary.lastovich@isd181.org 821-2285	4 th grade hygiene
ISD 181	Brainerd schools	Mary Lastovich, RN K-4 th	mary.lastovich@isd181.org 821-2285	Head Lice Checks
ISD 181	Brainerd schools	Mary Lastovich, RN K-4 th Amy Jambor, RN 5-12 th	mary.lastovich@isd181.org 821-2285 aimee.jambor@isd181.org 821-2282	Scoliosis Screening
ISD 181	Brainerd schools	Amy Jambor, RN 5-12 th	aimee.jambor@isd181.org 821-2282	Reproductive Health

Lakewood Health System	Staples			Vision and BMI screenings at Womens Wellness Event
Lutheran Social Services	Brainerd	Shelly Lowe	218.824.3768 shelly.lowe@lssmn.org	Staff BP Checks
March of Dimes	St. Cloud			Chef's Auction and competition
Menhaga Public School	Menhaga	Janet Matson	(218) 837-5101	Hearing and Vision Screening
Mille Lacs Health System	Onamia			Employee flu shot clinic
Mounted Eagles	Brainerd	Shirley Adolphson	(320) 692-4819	Side-walker for DD persons riding horses
MN Responds	Brainerd	Kari Springer, RN, BSN, PHN		Disaster training, education of flu vaccines
Minnesota Correctional Facility/Faribault Prison	Faribault	Maria Hrushka Volunteer Coordinator	507-334-0700	Role of RN within Correctional Facility. Inmate education: Detrimental physical effects of alcohol/drug use
Nay-Ah-Shing	Onamia			Hearing & Vision Screening
National Kidney Foundation Keep Screening	Mnpls	Kristi Bellows	651-636-7300	Kidney Early Evaluation Program
New Beginnings	St. Cloud	Jamie	320-255-1252	Infant care classes
Nevis Public School	Nevis	Diane Saak/Renee Becker	652-3500	School Nursing Hearing and Visions
Nutz, Jessica		Jessica Nutz	320-282-0095	CPR 1 st aid class for day care
Oak Ridge Elementary	Sartell	Ginny Anderson, LPN	andersonginny@sartell.k12.mn.us 320-656-3701, x 5104	School Nursing education, sick child care/ meds, all school nurse duties, teaching handwashing
Ogilvie Schools	Ogilvie	Karmel Stafford	320-272-5050	Hearing & Vision Screening
Onamia School District	Mille Lacs	Mary Hearst Fred Ness	hearst@umn.edu fkness@frontiernet.net	BP checks- research study Native American children & obesity Hearing and Vision Screening Ht/Wt
Pequot Lakes School	Pequot Lakes	Joyce Olson, RN, LSN, PHN	218-568-9207	Scoliosis, headlice checks, and hearing and vision screenings
Pierz School District	Pierz	Rachel Young, RN, PHN, LSN	ryoung@pierz.k12.mn.us	Hearing and vision screening
Pioneer Elementary School	Pierz	Jessica Rocheleau	320-468-6491 ext 2250	Nutrition education to school age children
Pleasantview Elementary	Sauk Rapids-Rice	Sue Cook, RN, PHN, LSN	320-258-1754 sue.cook@isd47.org	Hearing and vision Screening
Princeton High	Princeton	Dawn Rolf, RN,		Hearing and vision screening

Rippleside Elementary	Aitkin	Heidi Olsen, RN, LSN	218-927-2115	Hearing and Vision Screening/ Ht Wt
Rippleside Elementary	Aitkin	Heidi Olsen, RN, LSN	218-927-2115	Scoliosis Screening
Sebeka Public School	Sebeka, MN	Janet Matson	(218) 837-5101	Hearing and Vision Screening
St. Benedicts Sr. Community	St. Cloud	JoEllen Johnson	320-252-0010 ext.30580	Interact with residents
St. Cloud Hospital	St. Cloud	Sara Makarrall, charge RN medical floor	makarralls@centracare.com 320-493-9683	Design of dignity closet to provide patients with clothing items to patients in need
St. John's Area School	Foley, MN	Mary Sabin, principal	320-968-7972	Teaching first aid, nutrition, spreading germs, personal hygiene
St. Jude's Children's Walk	Kiawana's Park Brainerd	Amy Carlson	218-839-4475	Assisting with raising funds for children's services
Staples-Motley School District	Staples Motley	Laura Schoonover, RN		Hearing/ vision screenings
Staples-Motley School District	Staples Motley	Laura Schoonover, RN		Head lice checks, Handwashing
Swanville Boy Scouts	Swanville	Levi Mulenkamp		Demonstrating and teaching basic first aid to boy scouts
Thrifty White Pharmacy	Milaca	Jayne Westling, PharmD	320-630-1217 320-982-3300	BP clinic
Tri-County Humane Society	St. Cloud	Marit Ortega	320-252-0896	Took pets to visit nursing home residents
Take Heart Minnesota-Brainerd Region	Brainerd and Pillager schools	Colette Larson, RN	Colette.Larson@essentiahealth.org	Education CPR/AED use to high school students
United Way	Crow Wing Co.	Sarah Peters	218-829-2619	Fitness United Event
Woodland Good Samaritan Society Nursing Home	Brainerd	Kris Match, Activities director	218-829-1429 or 218-855-6606	Activities, Therapeutic communication, feeding residents
Woodland Good Samaritan Houses	Brainerd	Roxanne Rietveld, RN	218-855-6636	Assist RN with services for residents, communicate with families, accompany residents to their medical apts.
Youth Hockey Association	Sauk Rapids	Stefanie Scott	320-492-0707	EMT duties, first aid