Central Ohio Area Agency on Aging PRIVATE HOMECARE GUIDE



Counties Served

Delaware Fairfield Fayette Franklin Licking Madison Pickaway Union



614-645-7250 800-589-7277 www.coaaa.org



Your Aging and Disability Resource Network

Updated May 2020

This information is provided by the: The National Family Caregiver Support Program.

This is a nationally funded program operated in Central Ohio by the Central Ohio Area Agency on Aging (COAAA). It offers caregiver workshops and funds services designed to assist caregivers on a short term basis. The services include: information and assistance, counseling, respite, and other supplemental services

Request a copy or download our other guides from our website <u>www.coaaa.org</u> under the RESOURCE Tab:

- Central Ohio Older Adults Resource Guide
- The Caregiver Toolbox
- Books, Videos and Websites for Caregivers
- Central Ohio Senior Housing & Home Repair Guide
- Central Ohio Long Term Care & Hospice Guide
- Central Ohio Private Homecare Guide
- Central Ohio Utility Guide
- Central Ohio Prescription Guide
- Central Ohio Transportation Guide
- Central Ohio Support Group Guide
- Central Ohio Respite Guide
- Central Ohio Moving and Transitions Guide
- Central Ohio HIRING In Home Care Guide(NEW)
- Central Ohio Kinship Care Guide(NEW)

The COAAA also provides monthly Caregiver Support Groups & Information Sessions. For more information call 800-589-7277 or visit <u>www.coaaa.org.</u> Or in your county, call one of these agencies:

- Delaware-SourcePoint 740-363-6677
- Fairfield-Meals on Wheels of Fairfield County 740-681-5050
- Fayette-Community Action Commission of Fayette Co. 740-335-7282
- Franklin-Franklin Co. Office on Aging 614-525-6200
- Licking-Licking Co. Aging Program 740-345-0821 or 1-800-452-0097
- Madison-Madison Co. Senior Center 740-852-3001
- Pickaway-Pickaway County Senior Center 740-474-8831
- Union-Union County Senior Services 937-644-1010

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This resource manual is brought to you by the Central Ohio Area Agency on Aging. Any unauthorized use and/or duplication of this material without the prior express and written permission from the Central Ohio Area Agency on Aging is strictly prohibited. This manual is not a substitute for professional advice and care. If you have specific needs, please see a professional provider. Links to websites are provided for convenience and do not constitute or imply endorsement. Every reasonable effort is taken to ensure accurate information; however, we cannot guarantee completeness or timeliness. COAAA assumes no responsibility for outcomes resulting from the use of information contained in this manual.

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

CENTRAL OHIO AREA AGENCY ON AGING Your Aging and Disability Network

1. Where to Start

Many communities offer a range of services for older adults who wish to receive care while living in their own home, apartment or condominium. All services will accept self (private) pay. Government-funded programs may provide services at no or lower cost to individuals with limited financial resources. The cost of services will vary in each community. **Individuals should explore financial assistance or insurance coverage for any needed service.**

This guide includes: (1) home based service descriptions; (2) potential sources of payment for home based services; (3) suggestions for choosing service providers, and (4) some lists of service providers.

If you determine you will need to pay privately for services, there are two principal ways to obtain them: (1) going through a home care agency, or (2) hiring a home care worker privately. This guide will help you consider which of these options best meets your needs.

Free, Professional Consultation is Available to Help:

- Determine which services are needed
- Determine what payment options are available to you
- Locate service providers
- Evaluate all long-term care options

Sources for Consultation:

- Eldercare Locator- 800-766-1116 (<u>www.eldercare.acl.gov</u>) Free information on services anywhere in the United States
- Free Long Term Care Assessment-800-589-7277 (<u>www.coaaa.org</u>)
 Free in home consultation to help families make care choices
- Some counties in Ohio have **local tax funded services** for older adults. They may also be served by a local county agency which administers these funds and programs
- Many counties and local communities have **Senior & Disabled Citizen Service Handbooks** which list a wide variety of services

What Are Area Agencies on Aging (AAA)?

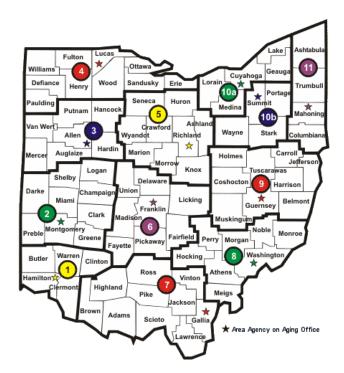
- Established by the Federal Government in the Older Americans Act of 1965. Every part of the US and our territories are served by an AAA (currently over 670)
- Most states have multi-county regions served by an AAA. Ohio has 12 regions which are pictured below and on page 5 (called Planning & Service Areas-PSA for short)



• Area Agencies on Aging: What Do We Do?

- **Fund** Community Based Services (under Title 3 of the Older Americans Act)
- Provide Information, Assistance & Education to older adults, adults with disabilities and their families on a variety of issues like long term care services, housing & health and wellness
- Advocate on behalf of older adults, adults with disabilities and their families.
- In Ohio, Administer the programs designed to allow those over 60 who are eligible for Medicaid and otherwise would be living in a nursing facility to receive care in the community. Also may provide services to those under 60 with disabilities who qualify for these programs. The services are outlined on page 7-8.





Area Agencies on Aging in Ohio by Multi-County Area

Council on Aging of SW Ohio (Area 1)

175 Tri County Parkway Cincinnati, OH 45246 800-252-0155 or 513-721-1025

Area Agency on Aging, PSA 2

40 W. Second Street, Suite 400 Dayton, OH 45402 800-258-7277 or 937-341-3000

Area Agency on Aging 3, Inc.

2423 Allentown Rd., Lima, OH 45805 800-653-7277 or 419-222-7723

Area Office on Aging of NW Ohio (Area 4)

2155 Arlington Ave. Toledo, OH 43609-0624 800-472-7277 or 419-382-0624

Ohio District 5 Area Agency on Aging, Inc

2131 Park Ave. W. Ontario, OH 44906 800-860-5799 or 419-524-4144

Central Ohio Area Agency on Aging (Area 6)

3776 S. High St. Columbus, OH 43207 800-589-7277 or 614-645-7250

Area Agency on Aging, District 7, Inc.

F32-URG, PO Box 500(Mail only) 160 Dorsey Dr. Rio Grande, OH 45674-0500 800-582-7277 or 740-245-5306

Buckeye Hills Area Agency on Aging (Area 8)

P.O. Box 370 (mail only) Reno, OH 45773-0370 1400 Pike St. Marietta, OH 45750 800-331-2544 or 740-373-6400

Area Agency on Aging Region 9, Inc.

710 Wheeling Ave. Cambridge, OH 43725 800-945-4250 or 740-439-4478

Western Reserve Area Agency on Aging

(Area 10A) 1700 E. 13th St., Suite 114, Cleveland, OH 44114 800-626-7277 or 216-621-8010

Direction Home Area Agency on Aging (Area 10B)

1550 Corporate Woods Pkwy. Uniontown, OH 44685 800-421-7277 or 330-896-9172

Direction Home of Eastern

<u>Ohio</u> 1030 N. Meridian Rd., Niles, Ohio 44509 800-686-7367 or 330-505-2300

2. The Conversation Project: Why Talking Matters

- As all of us age and face a variety of health challenges, it has become clear that most of us are not discussing our wishes with our families or health care providers. Too often, people and families put off these conversations until it is too late. Because of this, Journalist Ellen Goodman started a not- for-profit organization in 2012 which provides tools and ideas for people and families to start and continue these conversations. It is called *The Conversation Project* and its website is www.theconversationproject.org.
- From this website, a person can download booklets that walk through these difficult conversations step by step and in a non-threatening manner. The website also provides great advice about when and how to start these conversations in families.
- The downloadable booklets are:
 - The Conversation Starter Kit
 - Choosing/Being a Health Care Proxy
 - o Alzheimer's/Dementia Starter Kit
 - How to Talk to Your Doctor
 - The Pediatric Illness Starter Kit
- If you have been putting off these conversations in your family or about your own health, use these booklets to give you the words to start the conversation. It is never too early to have these conversations and you will not regret it.



3. Payment Sources for Home-Based Services

Advice: Private pay for services is always an option. But explore and consider other options before considering private payment. Some governmental funding sources can help but they often have restrictions and limits. Talk to an Area Agency on Aging(p.5) to see if the person qualifies for any of these payment options to assist with care.

Third-Party (Government Funded)

- Medicare (<u>www.medicare.gov</u>)
- Medicaid (<u>www.medicaid.ohio.gov</u>) See Medicaid Waiver programs below.
- Older American's Act Services (www.aging.ohio.gov)
- Veteran's Administration (<u>www.va.gov</u>)
- Social Services Block Grant Programs-Title XX (<u>www.odjfs.gov</u>

Third-Party (Private)

- Private Health Insurance
- Medigap or Medicare Supplemental Insurance
- Long-Term Care Insurance
- Managed Care Organizations
- CHAMPUS (for retired military personnel)
- Workers' Compensation

Medicaid Waiver Programs

- The Medicaid Waivers Programs fund in-home services for individuals as an alternative to receiving care in a care facility.
- Services can include: medical and nursing care, personal care, homemakers, adult day services, home-delivered meals, emergency response systems, medical supplies, home modifications for accessibility, and transportation to medical appointments.
- Ohio offers many different types of Medicaid Waiver Programs. For more information and program intake, contact the Central Ohio Area Agency on Aging at 614-645-7250 or

1-800-589-7277.

PASSPORT - for anyone age 60 and over and living in the community

Ohio Assisted Living Waiver – for anyone age 21 and over and living in a *participating* assisted living facility

Ohio Home Care Waiver – for anyone under the age of 60 (including children) and living in the community

Developmental Disabilities Waivers – for anyone with a developmental disability diagnosis and living in the community. Go to <u>www.dodd.ohio.gov</u> for more information. Intake is typically through the county Board of Developmental Disabilities. **These waivers have waiting lists**

MyCare Ohio Waiver – for anyone enrolled in both Medicare and Medicaid. The following

Central Ohio counties participate in this waiver: Delaware, Franklin, Madison, Pickaway and Union. Under the **MyCare Ohio Waiver**, managed care organizations (MCOs) coordinate benefits for people who have both Medicare and Medicaid. This includes both healthcare and long-term care benefits. For Central Ohio, the MCOs are: **Aetna Better Health of Ohio** and **Molina Healthcare of Ohio**

Other Resources for Community Living in Ohio

• Specialized Recovery Services Program (SRS)

The program provides Medicaid and other benefits for individuals age 21 and older who have Severe and Persistent Mental Illness, individuals with certain chronic medical conditions, or individuals who are in need of organ or soft-tissue transplants or are former transplant recipients. For Central Ohio, call 800-589-7277 for intake

• Home Choice

The program provides assistance with moving back into the community from a care facility. Services include a Transition Coordinator, and limited funds to assist with establishing a new household. For Central Ohio, call 888-221-1560 to start the application process

• Residential State Supplement (RSS)

The program provides financial assistance to adults with disabilities who can live in eligible community housing that provides some support services. RSS pays for accommodations, supervision, and personal care services. For more information, call 614-752-9316

• Recovery Requires a Community

The program assists people diagnosed with mental illness to move to and remain in community housing. It pays for goods and services not covered by other funding programs. For more information, call 614-644-0617.

Local County Aging Services Tax Levies.

In Ohio, many counties fund aging services through local property or sales tax levies. These counties often have a variety of home-based services available on a sliding fee scale. In Central Ohio this includes the following: Delaware, Fairfield, Franklin, Licking, Madison, Pickaway, and Union Counties. Fayette County is the only county in Central Ohio without an Aging Services Tax Levy. For information on all Ohio aging services tax levies go to: <u>www.aging.ohio.gov</u>.

Contact Information for Central Ohio Aging Tax Levy Services

- Delaware Co.-SourcePoint, www.mysourcepoint.org, 740-363-6677
- Fairfield Co.–Meals on Wheels of Fairfield Co., www.mowfc.org, 740-681-5050
- Franklin Co.–Franklin Co. Office on Aging, www.officeonaging.org, 614-525-6200
- Licking Co.–Licking Co. Aging Program, www.lcap.org, 740-345-0821
- Madison Co.-Madison Co. Senior Center, www.mcsenior.org, 740-852-3001
- Pickaway Co.-Pickaway County Senior Center www.pickawayseniors.org, 740-474-8831
- Union Co.-Union County Senior Services, www.co.union.oh.us, 937-644-1010

Veterans Assistance

The Department of Veterans Affairs (VA) provides a wide range of benefits including Disability, Education and Training, Vocational Rehabilitation and Employment, Home Loan Guaranty, Dependent and Survivor Benefits, Medical Treatment, Life Insurance, and Burial Benefits.



The website <u>www.va.gov</u> provides many documents and information regarding these benefits as well as many printable documents. See also <u>www.vetsfirst.org</u> and <u>www.veteransaid.org</u>.

• Eligibility for VA Benefits

You may be eligible for VA benefits if you are a:

- o Veteran of any branch of the US Armed Services or a Veteran's dependent
- o Surviving spouse, child, or parent of a deceased Veteran
- Uniformed service member
- Present or former reservist or National Guard member.
- Assistance: Varies
- Contact the County Veteran's Service Commission in your county of residence

Delaware County

Wolf Bldg. 149 N. Sandusky Street Delaware, OH 43015 740-833-2010

Fairfield County

3044 Columbus-Lancaster Rd. Lancaster, OH 43130 740-652-7920

Fayette County

133 S. Main Street, Suite 404 Washington CH, OH 43160 740-335-1610

Franklin County

280 E. Broad St. Columbus, Ohio 43215-2787 614-525-2500

Licking County

935 Buckeye Avenue Newark, OH 43055 740-670-5430

Madison County

1 N. Main St. London, OH 43140 740-852-0676

<u>Pickaway County</u>

141 W. Main Street Circleville, OH 43113 740-474-3650

<u>Union County</u>

835 E. Fifth St., Suite B. Marysville, OH 43040 937-642-7956 or 800-686-2308

4. Types of Home-Based Services Available

Care or Case Management / Care Coordination

- Typically provided by a nurse or social worker who assesses the person's service needs, then coordinates and monitors all services. Case management is provided for consumers enrolled in many government or local tax levy funded home care programs
- For individuals not eligible for government-funded programs, it may be helpful to hire a private Geriatric Care Manager to provide this service. To learn more about private Geriatric Care Managers and/or find a local service provider contact: Aging Life Care Association 520-881-8008 or search their online national directory at www.aginglifecare.org

Adult Day Health Programs – also referred to as Adult Day Care

• Programs offering social and recreational activities, supervision, health services, and meals in a protective setting for older adults with physical or cognitive disabilities. Typically, open weekdays during business hours. May provide transportation to and from the center. Very often helpful for family members seeking caregiver relief. Less expensive than care in nursing or assisted living facilities. Central Ohio providers are listed on p. 20 of this guide

Emergency Identification Programs

Several programs exist which can help identify individuals if they have wandered away from the home or from caregivers. They include:

Emergency Information About Me Forms

This is a means to communicate vital information between individuals, their caregivers, and emergency personnel in case of medical emergency. The form on pages 31-32 of this guide should be torn out and carefully completed. Please place on the **front of your REFRIGERATOR** and attach any pertinent legal documents (i.e., Living Will, Durable Power of Attorney for Healthcare, DNR Orders)

Ohio Next of Kin Registry

Any person can **ADD** emergency contacts to his/her Driver's License or Ohio State ID at no cost. Emergency services personnel, safety and highway patrol officers can access this information in the event of an accident or incident. To access paper or web forms go to <u>www.bmv.ohio.gov</u>.

Project Lifesaver

The primary mission of Project Lifesaver reduce potential injury for adults and children who wander due to neurological conditions. Those in Project Lifesaver wear a small personal transmitter around the wrist or ankle that emits an individualized tracking signal. Central Ohio Programs are listed on p.21 of this guide.

MedicAlert +Alzheimer's Association Safe Return

MedicAlert[®] + Alzheimer's Association Safe Return is an emergency response service for individuals with Alzheimer's or a related dementia who wander or have a medical emergency. There is a small cost involved in registration. The website is <u>www.alz.org</u>

Emergency Response Systems (ERS)

• A service that provides individuals with a call button, which alerts a call center to get help from family, friends, or emergency services. Services may include smoke detection and medication reminders. Services/units may be rented or purchased. A list of these programs in Central Ohio is included on p. 22 of this guide.

Heavy House Keeping and Chore Services

• Assistance with heavy house-cleaning, minor home repairs

Home Medical Equipment

- Offers many types of assistive and adaptive equipment to help people function in daily life despite disabilities and impairments. The costs of some equipment can be covered by Medicare and other insurances with a doctor's prescription like wheelchairs, hospital beds, oxygen etc. Instead, some are private pay like incontinence products, grab bars, shower chairs, stair lifts, etc.
- Sometimes a governmental program like a Medicaid waiver or levy funded program can assist with costs. A list of these providers in Central Ohio is on p. 25 of this guide

Home Modification and Repair

• Changes or additions to the structure of a home to improve safety and accessibility. Examples include the addition of grab bars, hand-held shower units, ramps, or stair lifts. May also include widening doorways, re-fitting bathrooms, or relocating laundry facilities to the main level of the home. A list of these providers in Central Ohio is on p. 24 of this guide

Home Downsizing/Moving/Organizing

- Licensed & insured providers can assist with the decision to downsize or reorganize a home to provide a safer living environment. See **COAAA's Moving & Transitions Guide** for more information and a detailed list of providers. Check these websites to acquire lists of providers:
- www.napo.net National Association of Professional Organizers
- www.nasmm.org National Association of Senior Move Managers

Hospice

• Services for terminally ill persons can be provided in the home or in a long-term care setting. Includes home health services, volunteer support, grief counseling, and pain management. Medicare and other health insurance generally pay for a set of services. A list of these providers in Central Ohio is on p. 26 of this guide

In Home Care

Many types of services may be available for someone living in their home or apartment. Some are funded by governmental sources and some are not. Generally, they are referred to as either **Medical or Non-Medical Assistance**. Lists of these service providers are available 2 places: first, at the website <u>www.coaaa.org</u>, go to the *Central Ohio Resource Guide* and look under **In-Home Service Providers**. Second, for medical services, home based service providers can be found on the website <u>www.medicare.gov</u>.

• **Medical Services** can be covered by Medicare and other insurance often after a hospitalization. Sometimes this type of care is referred to as "skilled" or "rehabilitation." Services can include:

• Nurses

Provide medical care and medical monitoring

o In Home Therapists

Speech, Physical & Occupational Therapies–Provide training in communication, physical movement or doing daily tasks

Home Health Aides (or Personal Care Aides)
 Provide assistance with personal care such as: bathing, dressing, feeding

Non-Medical Services are generally **not** covered by insurance or Medicare. Most would be private pay. However, some of the government programs including Medicaid Waivers and some local tax levies can fund these services if a person meets their qualification. Sometimes these services can provide respite for a family caregiver. The types of services can include:

- <u>Homemakers</u> Provide assistance with light housekeeping, laundry, cooking, & errands
- <u>Companions</u> Provide conversation, supervision and some help with meals or tasks

Meal Programs (Both Home-Delivered and Congregate)

 Meals delivered to homebound individuals or at group dining locations in the community. Typically provided five or more days per week. A list of these providers in Central Ohio is on p. 23 of this guide

Pest Control

• Treats a home or apartment for many types of insects and small animals. The most frequently utilized service is for roaches and bed bugs. Treatment can be trap based, chemical or heat based. Some of these services include the preparation for the treatment as well. Financial assistance for this service is <u>extremely limited</u>. A list of these providers in Central Ohio is on p. 27 of this guide

Respite Care

• Short-term care provided for an older person to allow caregivers time away from their caregiving role. Provided by trained professionals or volunteers in the home or by short-term admission to an assisted living or nursing facility. This type of care may also be offered in an Adult Day Setting (see above, listed p. 20 of this guide). See **COAAA's Respite Guide** for a more detailed list of providers

Senior Centers

• Provide social activities, information and a range of services. May be a community dining location, and may offer transportation to members living in their service areas. See pages 28-29 of this guide for a list of Senior Centers

Telephone Reassurance

• Regular phone calls to check on the person's well-being

Transportation Services

 Provide rides to medical appointments, shopping, and other activities. Central Ohio has many different kinds of transportation providers and sources of funding. See COAAA's Transportation Guide for a more detailed list of providers

5. Central Ohio Ombudsman Program

Ohio's Office of the State Long-term Care Ombudsman advocates for people receiving home care, assisted living, and nursing home care. Paid and volunteer staff work to resolve complaints about services, help people select a provider, and offer information about benefits and consumer rights.

Ombudsmen do not regulate nursing homes and home health agencies, but do work with providers, residents, their families, and other representatives to resolve problems and concerns.

In addition, ombudsmen:

- Advocate for person-centered approaches by providers to meet the needs and honor the preferences of residents
- Link residents with services or agencies
- Offer resources for selecting long-term care providers
- Provide information and assistance with benefits and insurance.

In Central Ohio, visit <u>www.centralohio.easterseals.com</u> or call 800-536-5891.

6. Important Legal Documents in Ohio

Health Care and Financial Powers of Attorney

- The Health Care Power of Attorney grants someone authority over your health care decisions *only.*
- The Financial Power of Attorney grants someone authority over your financial affairs *only.*
- Typically, they are used when you are unable to make your own decisions. You can
 grant them to two different persons or both to the same person. You grant them when
 you are healthy and you can revoke them at any time. They cannot be changed or
 revoked by anyone else but you. You do not need a lawyer to complete these
 documents. However, they do need to be witnessed and notarized in Ohio. They end at
 your death. For more information, or to download blank documents, go to
 www.proseniors.org.

Living Will

- A legal document that specifies your wishes to doctors regarding the use of life-sustaining treatments if you should become terminally ill or permanently unconscious. You do not need a lawyer to complete this document.
- It becomes effective *only* when you are unable to communicate your wishes and are permanently unconscious or terminally ill. You can change or revoke it at any time but it cannot be changed or revoked by anyone but you.
- **The Patient Self Determination Act from 1991** requires all health institutions to ask all patients if they have a living will or other form of advance directive. They also need to provide all patients information in writing about advance directives and their right to refuse certain treatments

Do not Resuscitate Order (DNR)

An order issued by a physician which says that a person does not want Cardiopulmonary Resuscitation(CPR) administered to him/her. Ohio's DNR order relieves emergency medical services(EMS) personnel and other medical professional and facilities of their duty to resuscitate a person if that person has one. For more information, go to <u>www.proseniors.org</u>.

Guardianship

- Under Ohio law, if you are mentally impaired to the point that you cannot take proper care of yourself, your property or those for whom you are legally responsible, you may be determined incompetent and have a guardian appointed.
- A guardian may be appointed over the person or the estate or both. A guardian of the person is responsible for the physical care of the person. A guardian of the estate is responsible for the person's finances.
- The county probate court appoints and manages all guardianships in Ohio. To obtain information or application forms, contact your county probate court.

<u>Wills</u>

- A will is a formal document that lets you provide for the distribution of your estate when you die. An estate consists of real estate property (e.g. land), personal property (e.g., stocks, bank accounts, cars) and intangible property (e.g., claims, interests, rights) that you own at death.
- Ohio law permits anyone 18 or older, with sound mind and memory and not under restraint, to make a will. Your will must be in writing. It may be handwritten or typed. You must date and sign the will on the last page in front of two competent witnesses, who see you sign the will and hear you acknowledge that the will is yours. The witnesses must be at least 18 years of age. The witnesses must sign the will and they can also testify that you were of sound mind and memory and not under restraint.
- In your will, you will name an "Executor," which is a person who has responsibility for representing you after your death and distributing your goods between those listed in your will.
- Keep the original in a safe place where it may be found easily after your death. Tell your executor where a copy can be found or give a copy to him/her.



7. Hiring Home-Based Services

- These services can be provided in the home, condominium or apartment.
- The cost varies widely by the type of service needed, the intensity and the type of provider hired.
- Do not hesitate to ask an agency/person for references, other customers you can call as well as licenses and certifications.
- Whether hiring an agency or self-employed individual, it is important to establish what types of service you need ahead of time.
- There are many home-care agencies in Central Ohio. Some provide various kinds of personal and medical care, some provide non-medical care and some provide both.
 - For Medical Care: The best place to check to see which ones serve your area is to go to the website: <u>www.medicare.gov</u> and go into the Home Health Care Compare areas. Choose several that serve your zip code to call and check for availability as well as cost. Medicare and other health care insurance might cover this type of care especially after a hospitalization.
 - For Non-Medical Care and agencies which provide both medical and non-medical care: This type of care can include homemaker, chore services, transportation, and assistance with day to day activities. It is generally NOT covered by Medicare and health care insurance. Go to the COAAA website, <u>www.coaaa.org</u> and look under the *Resources Section*. From there, you can go to the *Central Ohio Resource Guide* and check for agencies.

Should I Hire an Agency or Self-Employed Worker?

Families seeking private home care often wonder whether they should look towards an agency or hire individuals to provide it. <u>There is no right or wrong answer</u>. Every family should find a solution which best fits their situation.

Considerations for Hiring Self-Employed Home-Care Workers

As The Employer You Will Need to:

- Locate the private home-care worker
- Interview the worker
- Check references, criminal background, driving record, certification/licensure (if applicable)
- Obtain liability insurance for worker injury in your home
- Train and supervise the worker
- Review the worker's performance
- Arrange backup coverage for worker illness or other time off
- Pay the worker, file and pay their Medicare and Social Security taxes as well as Workers Compensation.
- If necessary, fire the worker

Hiring a Self-Employed Worker:

- May be less expensive than going through an agency if paying privately
- Provides more opportunity to choose a compatible worker
- May allow more flexibility in scheduling
- May allow more flexibility in the kinds of assistance the worker can provide

Background Checking Self-Employed Home Care Workers – Resources to Help:

- Ohio Bureau of Criminal Identification & Investigation (BCI&I) 877-224-0043
- <u>WebCheck</u> electronic fingerprinting system, can do both State of Ohio and National (FBI) background checks
- For more information and to locate a WebCheck agency go to: www.ohioattorneygeneral.gov/backgroundcheck/. Fees vary slightly
- Approximate cost for both Ohio and national checks is \$60

Request and Call References

In addition to calling former clients, the individual or family can call hospital or nursing facility discharge planners, doctors, and community home care programs to get their input on home health agencies and other in home providers.

Suggestions for Supervising a Worker:

- Clearly define your expectations
- Treat each other with respect
- Maintain a log to track the hours and days worked
- Address potential problems with the person
- Provide prompt feedback to the person
- Have regular meetings to discuss concerns that you or your care worker may have.

Helpful Sources of Information:

- Social Security Administration 1-800-772-1213 www.ssa.gov
- Internal Revenue Service-800-829-1040 or <u>www.irs.gov</u>
- Columbus Taxpayer Service Center 1-800-282-1780(or local entity)
- Ohio Bureau of Workers Compensation at 1-800-644-6292 or www.bwc.ohio.gov
- Check with your own insurance provider about homeowner's liability

Considerations for Hiring a Home Care Agency

- The Agency Will:
 - Handle the employer activities listed previously including pay for payroll taxes and insurance for the worker
 - Conduct an assessment by a professional and develop a plan of care to monitor your loved one's progress
 - Communicate with the doctor and alert him/her to any changes that may develop and obtain additional doctor's orders for medical treatments, equipment, and supplies
- Agencies May:
 - o Accept Medicare, Medicaid, or Insurance for some types of care
 - Give consumers choice in the home care worker assigned
 - Have less flexibility in scheduling or kinds of assistance provided
 - o Be more expensive if paying privately, due to administrative costs

15 Questions When Choosing a Home Care Agency

- 1. How long has the agency been operating?
- 2. What services does the agency provide?
- 3. Is staff available 24 hours, 7 days a week?
- 4. What are the fees? What do they cover?
- 5. What payment sources does the agency accept? (Private self-pay, Medicare, Medicaid, Insurance)
- 6. What services are covered by my insurance, Medicare, Medicaid?
- 7. How are agency employees screened prior to employment?
- 8. Are all agency employees bonded and insured?
- 9. What kind of training/certification do employees receive?
- 10. Who supervises the employees? How often?
- 11. Are there a minimum number of hours required per visit?/Maximum per week?
- 12. Does the agency provide written statements that explain costs and payment options?
- 13. How does the agency handle emergencies?
- 14. How does the agency handle changes in staffing/schedules?
- 15. Is holiday service available and if so, at what rate?



8. Choosing an Adult Day Health Program

An Adult Day Health Program Can Provide Your Family Member with:

- Supervision and social activities
- Assistance with eating, walking, toileting, medication, and bathing
- Physical, Occupational, or Speech Therapy
- Health monitoring (blood pressure, food/ liquid intake, blood sugar)
- Nutritious meals, snacks, and/or a special diet
- Physical exercise and Mental stimulation

An Adult Day Health Program Provides the Caregiver with:

- Some free time
- Safe care for your loved one while you work
- Practical and emotional support

Questions to Ask an Adult Day Health Program:

- 1. Who is the owner or sponsoring agency of the adult day center?
- 2. How long has the center been in operation?
- 3. What are the days and hours of operation?
- 4. Is transportation to and from the center available in your area?
- 5. What are the earliest and latest pickup, and drop-off times?
- 6. What are the costs for all services including transportation?
- 7. What options exist to assist with the cost of services?
- 8. Can the center serve persons with memory loss, limited mobility, or incontinence?
- 9. What are the credentials and training of center staff?
- 10. What is the ratio of staff to participants?
- 11. What activities are provided? Are there individual and group activities? Are activities individualized to fit participants' abilities?
- 12. Can special diets be accommodated? Are meals appealing and balanced?

Additional Tips in Choosing an Adult Day Health Program

- Request references from the programs you are considering and check them.
- Give your loved one an opportunity to "try out" the center for part of a day.
- Keep in mind it may take several visits and maybe several weeks for your loved one to become comfortable with the new setting and routine.

CENTRAL OHIO LISTS OF HOME- & COMMUNITY-BASED SERVICE PROVIDERS

- Many, but not all, organizations on these lists are providers in Ohio's Medicaid home and community-based waiver programs. A few, like the hospices, are Medicare providers. And the Senior Centers often provide recreational programs in addition to some services like transportation and meals.
- This booklet does *not* include detailed lists of companies or agencies that provide in home medical and non-medical respite care as there are many providers in the Central Ohio Area. However, you may find such lists of providers in 3 places:
 - At the website <u>www.coaaa.org</u>, go to the *Central Ohio Resource Guide* and look under "Home Health & Homemaker Providers".
 - For medical services, lists of Medicare Certified home based service providers can be found on the website <u>www.medicare.gov</u> (Home Health Compare Area)
 - Additional home and community-based services are listed in the Yellow Pages/Internet searches under "In Home Respite Care" "Home Health Care, Equipment and Supplies" and "Day Care Centers-Adult."
- To determine the range of services offered and the counties served by organizations on this list, you will need to contact the individual providers.

Every reasonable effort is taken to ensure accurate information. However, we cannot guarantee completeness or timeliness of information. Some of the names, addresses, or phone numbers of the properties may have changed since the printing of this guide.

The inclusion of an agency does not represent an endorsement of products or services by the Central Ohio Area Agency on Aging and is based on information available at the time of publication. May, 2020

ADULT DAY HEALTH PROGRAMS

Buckeye Adult Daycare LLC

- 3278 Morse Rd, Columbus, OH 43231 614-476-0388
- 2643 Northland Plaza, Columbus OH 43231 614-882-6296

Carol Strawn Center 126 W Church St, Newark, OH 43055 740-345-5190

Columbus Adult Daycare 5930 Sharon Woods, Blvd., Columbus, OH 43229, 614-392-2017

Embassy Forest Hills Adult Day Center 2841 E Dublin-Granville Rd, Columbus, OH 43231, 614-891-1111

Fairfield Center for Disabilities 681 E Sixth Ave, Lancaster, OH 43130 740-653-5501

Golden Age Day Care Services 464 Industrial Mile Rd., Columbus, OH 43228 614-351-8351

Himalayan Care Center 2457 E. Dublin Granville Rd., Columbus, OH 43229 614-259-3155

Ideal Adult Day Care Inc. 4371 E. Broad St., #102, Columbus, OH 43213 614-844-4541

Licking County Aging Program Adult Day 1058 E. Main St., Newark, OH 43055 740-345-4771

Madison Co. Senior Citizens Center 280 W High St, London, OH 43140 740-852-3001

National Church Residences Centers for Senior Health

- 240 N. Champion Ave., Columbus, OH 43203 (Intergenerational Center)
 614-253-1185
- 1700 E Dublin-Granville Rd, Cols, OH 43229 614-890-1099

Pickaway County Senior Center 2105 Chickasaw Dr., Box 565, Circleville, OH 43113 740-474-8831

Planet Wellness System/Compassion Care 5975 Cleveland Ave., Columbus, OH 43231 614-423-7959

Profound Day Health Center 5798 Columbus Sq., Columbus, OH 43231 614-218-6502

Quality Adult Day Care Inc. 1867 Woodland Ave. Columbus, OH 43219, 614-300-3009

Samaritan Center Adult Day Services 228 W Hubert Ave, Box 517, Lancaster, OH 43130 740-687-1921

Second Home Adult Day Service 2556 Morse Rd, Columbus, OH 43231 614-414-0077 and 614-329-8486

The Sun Adult Day Care 16 Troy Rd., Delaware, OH 43015 740-417-8271

Washington's Intergenerational Adult Day Care 4241 Eastland Square Dr. #A, Columbus OH 43232 614-866-0100

Wesley Glen Adult Day Care 5155 N. High St., Columbus, OH 43214 614-396-4828

Wesley Ridge Adult Day Care 2225 Taylor Park Dr., Reynoldsburg, OH 43068, 614-350-4189

Westgate Day Health Center 3636 Soldano Blvd. Columbus, OH 43228 614-966-1102

WillowBrook by Day 100 Willowbrook Way S, Delaware, OH 43015 740-369-5447

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

EMERGENCY IDENTIFICATION SYSTEMS CENTRAL OHIO PROJECT LIFESAVER PROGRAMS

Delaware County Sheriff's Office

844 U.S. 42 North Delaware, OH 43015 740-833-2805

Franklin County Sheriff's Office 410 South High Street Columbus, OH 43215 614-525-5009

Licking County Sheriff's Office 155 East Main Street Newark, OH 43055 740-670-5549

Pickaway County Sheriff's Office 600 Island Road Circleville, OH 43113 800-472-6033

Union County Sheriff's Office 221 W 5th Street Marysville, OH 43040 937-645-4100 Ext. 4471

Westerville Police Department 29 South State Street Westerville, OH 43081 614-901-6860

Worthington Division of Police 6555 Worthington Galena Road Worthington, OH 43085 614-885-4463



For more information, check the website at www.projectlifesaver.org.

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

EMERGENCY RESPONSE SYSTEMS

ADT/Companion Services

32100 US Hwy 19 N, Palm Harbor, FL 34684 877-456-1787 Ext 4629

All Medical Response LLC 661 Andrea Ln, Pickerington, OH 43147 614-271-7777

Charles P Bradley's Constance Care

- 776 N. Court St., Circleville, OH 43113 740-477-8689
- 321 E. Court St., Washington CH, OH 43160 740-477-8689

ConnectAmerica.com LLC

1974 Sproul Rd #204, Broomall, PA 19008 800-215-4206

Critical Signal Technologies Inc.

27475 Meadowbrook Rd., Novi, MI 48377 888-557-4462

First Step Development Group 3235 Manchester Rd #8, Akron, OH 44319 800-503-5676

Guardian Medical Monitoring 1810 Jefferson, Toledo, OH 43624 888-349-2400 Habitec Security Inc. 611 Sunbury Rd., Delaware, OH 43015 419-534-4697

Meals on Wheels of Fairfield County, Inc. 1515 Cedar Hill Rd., Lancaster, OH 43130 740-681-5050

MedScope America Corp. 222 W. Lancaster Ave, Paoli, PA 19301 800-645-2060

Philips Lifeline 111 Lawrence St MS-21, Framingham, MA 01702 800-368-2925

Schmidt Security Pro 241 Mansfield Industrial Pkwy Mansfield, OH 44903 419-526-4747; 866-526-4747

Security One & Home Medical Monitoring PO Box 485, Reynoldsburg, OH 43065 614-762-7628/877-868-0918

VRI, Inc. 1400 Commerce Center Dr. Franklin, OH 45005, 800-860-4230



CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

HOME-DELIVERED MEALS

Autumn Days LLC 202 West Johnstown Rd., Gahanna, OH 43220 614-575-9914

Clossman Catering LLC 3725 Symmes Rd, Hamilton, OH 45015 513-942-7744; 888-533-7252

Fayette County Commission on Aging 1179 S Elm St, Washington CH, OH 43160 740-335-2159

Global Meals 2761 E. 4th Ave., Columbus, OH 43219 614-252-6508; 888-928-2323

Grannies Home Cooked Meals 1995 E. Main St. Lancaster, OH 43130 740-277-6445

Licking County Aging Program, Inc. 1058 E Main St, Newark, OH 43055 740-345-0821/800-452-0097

LifeCare Alliance

1699 W Mound St, Columbus, OH 43223

- Franklin County: 614-437-2895
- Madison County: 740-845-7325

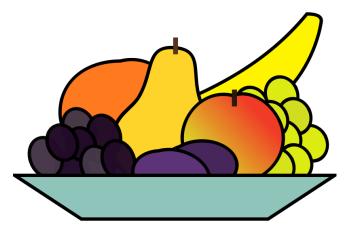
Meals on Wheels of Fairfield County 1515 Cedar Hill Rd., Lancaster, OH 43130 740-681-5050

Mom's Meals 3210 SE Corporate Woods Dr. Ankeny, IA 50021 866-716-3257 Option #1

Pickaway County Senior Center 2105 Chickasaw, Box 565, Circleville, OH 43113 740-474-8831

Simply EZ – Home-Delivered Meals 3593 Interchange Rd, Columbus, OH 43204 614-308-1844; 877-396-3251

SourcePoint 800 Cheshire Rd, Delaware, OH 43015 740-203-2432; 800-994-2255



CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

HOME MODIFICATION & REPAIR

101 Mobility, Cleveland/Columbus 1563 Westbelt Dr. Columbus, OH 43228 740-548-5449

Across the States Construction & Remodeling LLC 8575 Gantry Ct., Powell, OH 43065 614-424-1946

Allstate Exteriors LLC 312 Lafayette St., London, OH 43140 614-202-7519

American Medical Equipment 861 Taylor Rd., #1, Columbus, OH 43230 614-237-1133, ext. 104

Assistive Solution 93R Compark Dr., Dayton, OH 43459 937-938-1846; 800-470-1076

Creative Housing, Inc. 2233 Citygate Dr., Columbus, OH 43219 614-418-7725

Custom Home Elevator & Lift Co. 11431 Williamson Rd. #B, Cincinnati, OH 45241 800-730-5438 ext. 704; 513-583-5910

Creative Independent Solutions 421 Avan Pl, Thornville, OH 43076 740-403-4016

Healthcare Online & Medical Exchange 526 N. Cassady Ave. Columbus, OH 43209 614-715-4567

Health Aide of Ohio Inc. 5230 Hauserman Rd. Parma, OH 44130 216-252-3900 HomeSense Enterprises LLC 463 Locust St. Akron, OH 44307 330-785-9999

J & J Mobility 884 Stratford Rd., Delaware, OH 43015 740-417-9240

Lancaster-Fairfield County Community Action 1743 E Main St, PO Box 768, Lancaster, OH 43130 740-653-4146

L.E.A.D.S. 160 Wilson St, Newark, OH 43055 740-349-0200

Mobility Marketplace 625 E. 11th Ave., Columbus, OH 43211 614-481-8100

Peterson's Professional Services 1126 Marianna Dr., Mansfield, OH 44903 567-333-1298

Seed Sowers 700 Morse Rd. #203, Columbus, OH 43214 614-265-2523; 866-319-8955

Sonshine Medical, Inc 6590 Middlebranch Ave NE, Canton, OH 44721, 330-491-0041

Stateline Medical Equipment 153 N. Alex Rd., Miamisburg, OH 45342 937-452-6270

Stuart Medical Services Inc. 3864 McMann Rd #B. Cincinnati, OH 45245 513-687-9681; 800-830-8929

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

HOME MEDICAL EQUIPMENT

101 Mobility, of Cleveland/Columbus

1563 Westbelt Dr., Columbus, OH 43228 740-548-5449

180 Medical Inc. 8516 NW Expressway Oklahoma City, OK **73162** 877-688-2729

ActivStyle 1701 Broadway St, NE., Minneapolis, MN 55413 800-651-6223

American Medical Equipment 861 Taylor Rd. #1, Gahanna, OH 43230 614-237-1133 ext. 104; 800-662-4666

Assistive Solutions 93R Compark Dr., Dayton, OH 45459 937-938-1846; 800-470-1076

A & Z Technologies 785 S. State St., Westerville, OH 43081 614-776-4445

Drug Store Pharmacy, The 2940 Groveport Rd., Columbus, OH 43207 614-491-3446

Duraline Medical Products Inc. 324 Werner St., PO Box 67, Leipsic, OH 45856 419-943-2044; 800-654-3376

Goodcare by CPCI 242 W. 6th Ave., Lancaster, OH 43130 740-652-9250; 800-423-3615

Health Aid of Ohio, Inc. 5230 Hauserman Rd., Parma, OH 44130 216-252-3900 Healthcare Online & Med. Exchange 526 N. Cassady Ave., Columbus, OH 43209 614-715-4567

Home Products Healthcare 1250 W. Dorothy Lane, Dayton, OH 43140 800-425-1101

J & J Mobility 884 Stratford Rd., Delaware, OH 43015 740-417-9240

Lorraine Surgical Supply Co. Inc. 2080 W. 65th St, Cleveland, OH 44102 216-281-4777; 800-541-1416

Queen City Med Mart 10780 Reading Road, Cincinnati, OH 45211, 513-563-4855

Rehab Medical of Columbus Inc. 480 E. Wilson Bridge Dr. #F Worthington, OH 43085 614-430-8936

Risch Home Health Care Inc. 622 W. Fair Ave., Lancaster, OH 43130 800-554-7442

Sonshine Medical Inc. 6590 Middlebranch Ave.NE, Canton, OH 44721 330-491-0041

Stateline Medical Equipment 153 S. Alex Rd, #A, Miamisburg, OH 45342 937-452-6270

Stuart Medical Services Inc. 3864 McMann Rd #B. Cincinnati, OH 45245 513-687-9681; 800-830-8929

United Patient Care Inc. 702 Milford Ave., Marysville, OH 43040 937-644-8554; 800-805-5885

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

CENTRAL OHIO HOSPICE PROVIDERS

Bella Care Hospice & Palliative Care

110 Polaris Parkway Suite 302 Westerville, OH 43082 614-473-0044

Berger Hospice 610 Northridge Rd., Circleville, OH 43113 740-420-7950

Capital City Hospice 2800 Corporate Exchange Drive Suite 170, Columbus, OH 43231 614-441-9300

Fairhope Hospice & Palliative Care 282 Sells Rd. Lancaster, OH 43130 740-654-7077

Generations Hospice, LLC 1435A West Main St. Newark, OH 43055 740-348-1399

Grace Hospice of Ohio 355 E. Campus View Blvd. 270 Columbus, OH 43235 614-847-3650

Heartland Home Health & Hospice 6500 N. Busch Blvd. Suite 210, Columbus, OH 43229 614-840-9856

Hospice of Central Ohio 2269 Cherry Valley Rd. Newark, OH 43055 740-788-1400

Hospice of Fayette Co. 222 North Oakland Ave, Washington CH, OH 43160 740-335-0149

Kindred Hospice II 540 Officecenter Place, Suite 100 Gahanna, OH 43230 614-414-0500

Loving Care Hospice and Home Health 65 S. Oak St., London, OH 43140 740-852-7755 **Mt. Carmel Hospice** 1144 Dublin Rd., Columbus, OH 43215

614-234-0200 National Church Residents Home & Community Based Services

2245 North Bank, Columbus, OH 43220 614-457-6950

Nationwide Children's Hospice 255 E. Main St. Columbus, OH 43215 614-355-1100

Ohio Health Hospice 800 McConnell Dr., Columbus, OH 43214 614-566-0248

Ohio Living/Senior Independence Hospice 2740 Airport Dr. Suite 140, Columbus, OH 43229 614-433-0031

Summit Hospice 170 Taylor Station Rd. #220 Columbus OH 43213 614-866-8158

Summit/VNA Hospice 1 East Campus View Blvd., Suite 230 Columbus, OH 43213 513-345-8010

Viaquest Hospice 171 Morey Dr Marysville, OH 43040 614-339-8436

Wesley Hospice LLC 4588 Wesley Wood Blvd. Suite 2A, New Albany OH 43054, 614-451-6700

Zusman Jewish Community Hospice 1151 College Ave. Columbus, OH 43209 614-559-0350

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

PEST CONTROL

Bed Bug Burners, LCC

330 Tallmadge Rd., Unit F2 Kent, OH 44240 888-631-9030

Bed Bug Home Preparation Service 1895 Basswood Dr. Kent, OH 44240 330-931-8371

Plunketts Pest Control 1001 Checkrein Ave. Columbus, OH 43231 614-794-8169

Risch Home Health Care, Inc. 622 W. Fair Avenue

Lancaster, OH 43130 800-554-7442

Truly Nolen 4309 Professional Parkway Canal Winchester, OH 43110 614-436-3455



CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

CENTRAL OHIO SENIOR CENTERS

Bexley Recreation Senior Citizen Programs

165 N. Parkview Ave., Bexley, OH 43209 614-559-4310

Blendon Township Senior Center 6330 S. Hempstead Rd., Westerville, OH 43081 614-882-1260

Canal Winchester Frances Steube Community Center 22 South Trine St, Canal Winchester, OH 43110, 614-837-8276

Columbus Department of Recreation & Parks, http://Columbus.Gov/Recreationandparks/

Beatty Community Center 247 N. Ohio Avenue, Columbus, OH 43203 614-645-3218

Dodge Community Center 667 Sullivant Ave, Columbus, OH 43215 614-645-8151

Gillie Community Senior Center 4625 Morse Centre Rd., Columbus, OH 43229 614-645-3106

Golden Hobby Gift Shop 630 S. Third St., Columbus, OH 43206 614-645-8329

Indian Mound Community Center 3901 Parsons Ave., Columbus, OH 43207 614-645-3224

Lazelle Woods Community Center 8140 Sancus Blvd., Westerville, OH 43081 614-645-5330

Marion Franklin Community Center 2801 Lockbourne Rd., Columbus, OH 43207 614-645-3612

Martin Janis Community Senior Center 600 E. 11th Avenue, Columbus, OH 43211 614-645-5954

Schiller Community Center 1069 Jaeger St., Columbus, OH 43206 614-645-3156 **Schiller Community Center**

1069 Jaeger St., Columbus, OH 43206 614-645-3156 Westgate Community Center

455 S. Westgate Ave., Columbus, OH 43204 614-645-3264

Whetstone Community Center 3923 N. High St., Columbus, OH 43214 614-645-3217

Community & Seasoned Citizens (CASC)

900 Columbus Ave., Marysville, OH 43040 937-644-9801

(Delaware) SourcePoint Enrichment Center 800 Cheshire Rd., Delaware, OH 43015 740-363-6677

Dublin Community Senior Citizens 5600 Post Road, Dublin, OH 43017 614-410-4550;

Fayette County Commission On Aging 1179 S. Elm St., Washington Court House, OH 43160 740-335-2159

Gahanna Senior Center 480 Rocky Fork Blvd., Gahanna, OH 43230 614-342-4265

Grandview Senior Center 1515 W. Goodale Blvd., Grandview Hgts, OH 43212 614-488-8792

Granville Senior Center 3825 Columbus Rd., Bldg. D, Granville, OH 43023 740-587-1333;

Grove City Evans Center 4330 Dudley Ave., Grove City, OH 43123 614-277-1060

Groveport Senior Center 7370 Groveport Rd., Groveport, OH 43125 614-836-4599

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

CENTRAL OHIO SENIOR CENTERS (continued)

(Hilliard) Phyllis A. Ernst Senior Center 3810 Veterans Memorial Dr., Hilliard, OH 43026 614-876-0747

Jewish Community Center of Greater Col. 1125 College Ave., Columbus, OH 43209 614-559-6214

John J. Gerlach Center for Senior Health 3724 Olentangy River Rd.-Ste. A, Columbus, OH 43214, 614-566-5858

Licking County Aging Program 1058 E. Main St., Newark, OH 43055 740-345-0821;

Lifecare Alliance (Various) Dining Centers with Social Activities; 614-278-3153

Madison County Senior Citizens Center 280 W. High St., London, OH 43140 740-852-3001;

Mt. Sterling Community Center 164 E. Main St., Mt. Sterling, OH 43143 740-869-2453

Obetz Community Center Senior Services 1650 Obetz Avenue, Obetz, OH 43207 614-491-4546

Olivedale Senior Center 253 Boving Rd., Lancaster, OH 43130 740-687-6655;

Pickaway Senior Center 2105 Chickasaw Dr., Po Box 565, Circleville, OH 43113, 740-474-8831

Pickerington Senior Center 150 Hereford Dr., Pickerington, OH 43147 614-837-3020 Pleasant Valley Center 390 Allgyer Dr., Plain City, OH 43064 614-873-8870

Prairie Twp. Community Ctr. 5955 W. Broad St., Galloway, OH 43119 614-907-7990

Richwood Civic Center 235 Grove St. #200, Richwood, OH 43344 740-943-2310

Senior Citizens of Fayette County, Inc. 723 Delaware St., Washington Court House, OH 43160, 740-335-4868

Senior Citizens of Reynoldsburg Center 1520 Davidson Dr., Reynoldsburg, OH 43068, 614-866-5890

Upper Arlington Senior Center 1945 Ridgeview Rd., Upper Arlington, OH 43221, 614-583-5320

West Jefferson Senior Citizen Center 28 E. Main St., West Jefferson, OH 43162, 614-879-7620

Westerville Senior Center 310 W. Main St., Westerville, OH 43081, 614-901-6560

Whitehall Senior Center 4924 Etna Rd., Whitehall, OH 43213, 614-328-2879

Windsor & Community Seniors, Inc. 376 Rosehill Dr. Suite C, Marysville, OH 43040, 937-644-8464

Worthington Griswold Center 777 High St., Worthington, OH 43085 614-842-6320

CENTRAL OHIO AREA AGENCY ON AGING

Your Aging & Disability Resource Network

CENTRAL OHIO AREA AGENCY ON AGING Your Aging and Disability Network



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This is a means to communicate vital information between individuals, their caregivers, and Emergency personnel in case of emergency.

The form below should be carefully completed. Please place on the **front of your REFRIGERATOR** and attach any pertinent legal documents (i.e., Living Will, Durable Power of Attorney for Healthcare, DNR Orders).

INFORMATION FOR:

| Date Form Completed: | Date of Birth: |
|--|--|
| Address: | |
| Home Phone #: | Cell Phone: |
| Medicare #: | Medicaid #: |
| Family Doctor: | Doctor's Phone: |
| Preferred Hospital: | |
| Insurance Company: | Policy #: |
| Home Health Care Agency: | Phone #: |
| Medical Eqpt. Co. | Phone #: |
| Pharmacy: | Phone #: |
| Other Information on Services: | |
| | |
| | |
| IN CASE OF EMERGENCY CAL | L: |
| Name: | Name: |
| Address: | Address: |
| | |
| Phone: | Phone: |
| | |
| CENTRAL OHIO AREA AGENCY ON AGING Your A | ging & Disability Resource Network Page 31 |
| | |

EMERGENCY INFORMATION – Page 2

Do you currently have any of the following?

| High Blood Pressure | | Yes | No | Heart Disease | Yes | No |
|--|-------------------------|--------|-----|------------------------|-----------|-----|
| Arthritis | | Yes | No | Cancer | Yes | No |
| Diabetes | | Yes | No | Stroke | Yes | No |
| Lung Disease | | Yes | No | Glaucoma | Yes | No |
| Pacemaker | | Yes | No | Model # | | |
| Dementia | | Yes | No | | | |
| No | rmal Pulse Rate: | | | Normal Blood Pressure: | : | |
| Alle | ergies to Medications: | | | | | |
| | | | | | | |
| | Medication | | | Dosage | Frequence | cv. |
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| 3. 4. 5. 6. | | | | | | |
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| 3. 4. 5. 6. 7. 8. | | | | | | |
| 3. 4. 5. 6. 7. 8. Otl | ner Medical Related Inf | ormati | on: | | | |

The Central Ohio Aging and Disability Resource Network (ADRN) is a collaborative effort of the Central Ohio Area Agency on Aging and community partners, designed to streamline access to long-term services and supports that promote community living, personal choice and independence for older adults and all persons with disabilities regardless of age. Central Ohio Community Partners Include:

CareStar Case Management Agency

2760 Airport Drive, #130, Columbus, OH 43219, 614-751-7777, www.carestar.com

Centers for Independent Living

- MOBILE: Center for Independent Living (Mid Ohio) 690 High Street, Columbus, OH 43206 614-443-5946, <u>www.mobileonline.org</u>
- SOCIL (Southeastern Ohio Center for Independent Living)
- Fairfield County Office, 418 South Broad Street, Lancaster, OH 43130, 740- 689-1494
 Hocking County Office, 1369 East Front Street Logan, OH 43138 740-380-1475, <u>www.socil.org</u>
- **CDE Center for Disability Empowerment** 510 E. North Broadway, Columbus, OH 43214, 614-575-8055 www.disabilityempowerment.net

Senior Service Providers

- **SourcePoint**, 800 Cheshire Dr., Delaware, OH 43015, 740-363-6677, <u>www.mysourcepoint.org</u>
- Meals on Wheels of Fairfield County, 1515 Cedar Hill Rd., Lancaster, OH 43130, 740- 681-5050, <u>www.mowfc.org</u>
- Fayette County Commission on Aging, 1179 S. Elm St., Washington CH, OH 43160, 740-335-2159, www.fayettecoa.com
- Franklin County Office on Aging. 280 E. Broad St., 3rd Floor, Columbus, OH 43215, 614-525-6200, <u>www.officeonaging.org</u>
- Licking County Aging Program, 1058 E. Main St., Newark, OH 43055, 740-345-0821/800-452-0097, <u>www.lcap.org</u>
- Madison County Senior Center 280 W. High St., London, OH 43140, 740-852-3001, <u>www.mcsenior.org</u>
- Pickaway County Senior Center, 2105 Chickasaw Dr., Circleville, OH 43113, 740-474-8831, <u>www.pickawayseniors.org</u>
- Union County Senior Services, 940 London Ave, Marysville, OH 43040, 937-644-1010, <u>www.co.union.oh.us</u>

Learn How to Be a Healthier You at Healthy U!



Healthy U is a free, 6-week workshop proven to help people with diabetes, asthma, arthritis, heart disease and other lifelong conditions to self-manage their symptoms and live healthier, happier lives.

For more information, contact 614-645-7250 or 800-589-7277 or visit www.coaaa.org

Healthy U - Because it's never too late to learn how to be a healthier you!



Central Ohio Area Agency on Aging

Navigating the Medicare system can be difficult.

Our experts at the Central Ohio Area Agency on Aging are ready to answer your Medicare questions!

Call us today to receive free unbiased information to help you make informed decisions.

We do not represent or sell insurance products.

Funded in part by:



Franklin County Board of Commissioners OFFICE ON AGING



800-589-7277

www.coaaa.org