



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



Centre For Nursing & Midwifery
Education, Donegal

Prospectus

2018 - 2019



Office of the
Nursing & Midwifery
Services Director

Patient Safety **1** First
Working together for quality services

Foreword



I am delighted to present the annual prospectus which outlines the education and continuing professional development (CPD) programmes planned for 2018–2019. The CNME is committed to the delivery of quality evidence-based national and local programmes, units of learning and master classes utilising a range of modes of delivery.

Programmes offered have been identified as a result of an Educational Needs Analysis (ENA) conducted in April 2018. They are designed to facilitate your personal and professional development needs to promote the delivery of safe evidenced based person- centred care. Continuing professional development and lifelong learning are cornerstones of nursing and midwifery professional practice. All clinical programmes have Nursing and Midwifery Board Ireland (NMBI) Category 1 approval and have Continuing Education Units (CEUs) allocated.

Programmes are available to all staff and are delivered in the CNME and at various satellite sites throughout Donegal. We hope you find a number of programmes of interest to you and would welcome your feedback on all aspects of the prospectus for the forthcoming year.

The CNME team will continue to work collaboratively with the Office of the Nursing & Midwifery Services Director (ONMSD), the Nursing/Midwifery Planning and Development Unit (NMPD), Higher Education Institutions (HEIs), Practice Development, Key stakeholders in CHO Area 1, the Saolta Hospital Group and the Centres of Nursing and Midwifery Education HSE West in the planning and delivery of educational programmes.

I would like to take this opportunity to thank the CNME team, the CPD Nursing & Midwifery Strategic Group, clinical educators and guest speakers for their continuing support and contribution in the development and delivery of programmes. In conclusion I would like to take this opportunity to sincerely thank the Directors of Nursing/Midwifery and Service Managers for their support in releasing participants to attend programmes and to acknowledge the release of clinical experts from services to support in both the design and delivery of programmes. I wish all participants attending programmes every success and look forward to welcoming you to the CNME in the coming year.

Catherine Cannon

Catherine Cannon, Director
Centre for Nursing and Midwifery Education, Donegal

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The CNME Team

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Mission Statement

The CNME, Donegal is a Centre of learning which provides quality education and training programmes. We believe that investment in the continuing professional development of health care professionals and other health care workers will result in the delivery of better quality patient/client/service user care.

The Library

The Library

1st Floor
Education Centre
St Conal's Hospital
Letterkenny
Phone: 074 9123729 (Extn. 3729)

Staff:

Pamela O' Connor
Roisin Hunter McGlinchey

Email: sch.library@hse.ie

Opening Hours:

Monday: 8.30am – 8pm (8.30am-5pm June-August)
Tuesday: 8.30am – 5pm
Wednesday: 9am – 5pm
Thursday: 8.30am – 5pm
Friday: 8.30am – 5pm

Library desk is unmanned 1.30pm-2pm (Lunch)

Access to all of our electronic resources is available via the library homepage <http://www.hselibrary.ie>. Our local resources can be located by clicking on St Conal's hospital library, Letterkenny link under 'your local library' tab. Access is freely available to all HSE staff within the hospital network. Offsite access is available by registering for an Athens username and password on the library homepage. Online resources include:

➤ A to Z of Electronic Books & Journals	➤ UpToDate
➤ RefWorks	➤ BNF and BNF for Children
➤ BMJ Learning / BMJ Case Reports / BMJ Journals	➤ Royal Marsden Manual of Clinical Nursing Procedures
➤ PsycINFO	➤ SocIndex
➤ Clinical Key	➤ CINAHL Complete

Library Resources:

- Free internet access (11 PCs)
- Photocopying, printing and scanning
- Inter Library Loan Service
- 4000+ Books
- 200+ Journals
- Library Catalogue available via www.hselibrary.ie
- Rosnaskill Room, opposite the library is open 9am-9pm seven days a week

Library induction tours and training sessions on how to access our electronic resources are available for groups and individuals.

For more information contact:

Pamela O'Connor, MSC, BSC (Hons)
Library and Information Service Manager
Email: pamela.oconnor@hse.ie

Programme Listing

Alcohol and Drug Screening- SAOR Model

Programme Aim

The aim of this programme is to enhance participant's skills to utilise a structured brief intervention based upon the SAOR model for problem alcohol and drug use. It will assist participants to establish a supportive working relationship with an individual when asking and screening about their alcohol and drug use. The use of Brief Intervention Screening is useful in a range of health care settings such as acute hospitals, health clinics, community-based health services, mental health/intellectual disability services, education and later life services. It can be effective in the reduction of problem alcohol consumption.

Learning Outcomes

- Critically discuss problem alcohol and drug use as it impacts their current work or area of practice
- Demonstrate an enhanced knowledge and awareness of contemporary models of screening and brief intervention for problem alcohol and drug use
- Identify problem alcohol and drug users who present to health, social care settings
- Utilise the SAOR model of Screening & Brief Intervention (SBI) in practice-based scenarios
- Discuss the application of the SAOR model of screening and brief intervention of problem alcohol and drug use into their practice
- Access useful links and reference materials for further reading and research

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Health and Social Care staff who have occasion to ask people about their alcohol use.

Coordinator: Martina Conway

Facilitator: Christina Murray-McEleney, Coordinator Alcohol & other Drugs Training & Education North West Region

Date	Venue	Time	Places
09 th October 2018	CNME	09:45 -16:30	18
19 th February 2019	CNME	09:45 -16:30	18

Anaphylaxis and its Management (National)

Programme Aim

The purpose of this programme is to enable participants to safely and effectively manage anaphylaxis. It also aims to ensure that patients are promptly treated and managed after the onset of symptoms.

Learning Outcomes

- Differentiate between severe allergic reaction and anaphylaxis
- Discuss the different drug doses for infant, children & adults
- Demonstrate proficiency in preparing & drawing up the appropriate drugs
- Competently use an auto-injector
- Understand and be familiar with current National Immunisation Advisory Committee (NIAC) guidelines for the management of anaphylaxis
- Explain the Pre- Hospital Emergency Care Council (PHECC) guidelines for the management of anaphylaxis
- Demonstrate skills in the management of the baby, child or adult experiencing an allergic/anaphylactic reaction

NMBI Category 1 Approval & CEUs awarded: 3

Target Audience

Registered Nurses/Midwives & Allied HCPs

Coordinator: Tricia Lafferty

Facilitator: Tricia Lafferty, CNME
Tina Porter, CNM 2, LUH.

Date	Venue	Time	Places
12 th September 2018	CNME	08:30-12:30	12
24 th October 2018	CNME	13:00-17:00	12
13 th December 2018	CNME	08:30-12:30	12
23 rd January 2019	CNME	13:00-17:00	12
06 th March 2019	CNME	08:30-12:30	12

ASDAN - Towards Independence

Programme Aim

This programme aims to provide staff working in intellectual disability day services with an overview of the ASDAN-Towards Independence programme. ASDAN provides a framework of activities through which personal, social and independence skills can be developed and accredited. It is also suitable for those with severe and profound and multiple intellectual disabilities.

Learning Outcomes

- Discuss the role and purpose of the ASDAN-Towards Independence programme
- Review how the programme offers formal recognition for small steps of achievement towards a larger goal
- Demonstrate how to accumulate a portfolio to build a record of personal achievement
- Describe the process of acquiring accreditation for modules

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Intellectual Disability Day Service Staff

Coordinator: Martina Conway

Facilitator: Mary Brown CNME 2
Carmel Boyle-Day Service Manager

Date	Venue	Time	Places
05 th March 2019	CNME	09:00-15:30	10

Arterial Blood Gas Sampling (from an existing line) and Interpretation of Results

Programme Aim

This half day programme aims to provide a clinical update for nurses working within the acute sector. The programme will focus on increasing the participant's knowledge and understanding of the theory and practice of arterial blood gases (ABG) sampling and interpretation of results.

Learning Outcomes

- Identify the clinical indications for ABG sampling and analysis
- Understand and discuss the risk and possible complications of ABG sampling
- Identify acid base balance and buffer systems
- Discuss the physiological effects of acid base disturbance
- Discuss ABG values and their implications for patient management
- Interpret the findings of ABG's using a structured approach
- Apply ANTT™ principles when sampling and managing arterial lines

NMBI Category 1 Approval & CEUs awarded: 4.5

Target Audience

Registered Nurses working within ICU, CCU, Surgical HDU, ED and Acute medical areas.

Coordinator: Tricia Lafferty

Facilitator: Damien O'Connell, Practice Educator ICU,
Virginia Murray CNM2 IP&C

Date	Venue	Time	Places
04 th December 2018	CNME	09:00 – 13:30	10
09 th April 2019	CNME	09:00 – 13:30	10

Assessment and Nursing Management of the Medical Patient

Programme Aim

The aim of this programme is to facilitate Registered General Nurses to enhance their knowledge, skills and competence in appropriately managing and caring for the medically ill patient utilising the evidence-based practice.

Learning Outcomes

- Discuss the professional and legal responsibilities of the RGN in the care and management of the medical patient
- Conduct a holistic systematic nursing assessment of the medical patient to plan and implement care, drawing on best available evidence for patients
- Demonstrate the ability to assimilate knowledge, skills and competence in using NEWS
- Demonstrate the use of assessment skills to plan the care of patients with Acute Respiratory Failure
- Discuss Acute Respiratory Failure Type1 and Type 2 in the context of appropriate modality of NIV
- Demonstrate the assessment of the cardiovascular system and recognition of cardiovascular compromise
- Discuss the nursing assessment and care pathway of the patient with chest pain, STEMI and NSTEMI
- Assess the patient affected by stroke, identifying risks associated with stroke;
- Discuss the care and assessment of the renal inpatient
- Evaluate responses to nursing interventions and communicate to the multidisciplinary team appropriately using ISBAR Communication Tool
- Establish and maintain comprehensive nursing records relating to the assessment planning implementation and evaluation of the nursing care of the medical patient

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

Registered General Nurses

Coordinator: Elizabeth Chacko

Facilitators: Geraldine O'Connor, CNM3
Martina McDaid, CNS Cardiac Rehab
Anne McShane, CNS Chest Pain
Patricia McLaughlin, ANP(c) Respiratory
Gail Duncan / Louise Kelly, CNS Renal
Christine McLaughlin, CNS Stroke
Anita Dolan, CNM2 Medical Rehabilitation

Date	Venue	Time	Places
11 th October 2018	CNME	08:30-17:00	25
04 th April 2019	CNME	08:30-17:00	25

Breast Feeding

Programme Aim

The aim of this two-day programme is to enable health workers to develop the clinical and interpersonal skills needed to support optimal breastfeeding practices, and where necessary, to help mothers to overcome difficulties.

Learning Outcomes

- Discuss the importance of promoting, protecting & supporting breastfeeding
- Explain to women the importance and benefits of breastfeeding
- Discuss the National Breastfeeding Policy
- Recognise how to develop co-operation and effective working together with all staff to promote breastfeeding
- Describe how birth practices can interfere with or support Breastfeeding
- Acknowledge the barriers that may prevent women from breastfeeding
- Develop the clinical and interpersonal skills to help mother & baby reach their goal of successful breastfeeding
- Acknowledge the barriers that may prevent women from breastfeeding
- State the requirements according to 'The International Code of Marketing of Breast-milk Substitutes'
- Develop the clinical and interpersonal skills needed to assist mothers to learn the skills of breastfeeding and to help mothers to overcome difficulties
- Recognise the Infant feeding support for non-breastfeeding mothers

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

All Registered Nurses/Midwives

Coordinator: Catherine Cannon
Geraldine Hanley, Ante Natal Coordinator

Facilitators: Lorraine O'Hagan, Lactation Education Consultant

Date	Venue	Time	Places
09 th & 10 th October 2018	CNME	09:30 – 17:00	25
April 2019 (TBC)	CNME	09:30 – 17:00	25

Cancer Education Programme (National NCCP)

Programme Aim

The aim of this three-day CPD programme is to enhance the cancer knowledge, skills and competence of registered nurses in: Inpatient settings, Care of the Elderly units, Nursing Homes and community based hospitals/hospices.

Learning Outcomes

- Critically analyse professional, legal and ethical issues pertaining to the nursing management of patients with cancer
- Understand cancer tumour biology and staging;
- Critically discuss the role of cancer investigations and their findings
- Recognise the importance of effective communication
- Demonstrate an understanding of Systemic Anti-Cancer Therapies (SACT), routes of administration and modes of action
- Review the types of radiotherapy for the different cancers
- Recognise and understand oncological emergencies
- Have an enhanced awareness and understanding of survivorship
- Understand how to alleviate pain
- Show improved knowledge of palliative care and the referral process
- Demonstrate enhanced skills for the provision of end of life care

NMBI Category 1 Approval & CEUs awarded: 19.5

Target Audience

All Registered Nurses/Midwives working in an inpatient setting

Coordinator: Catherine Cannon

Facilitators: Dr J. Richmond RANP, LUH & Oncology Team
Hilary Murphy, Nurse Specialist, National Cancer Care Programme

Date	Venue	Time	Places
02 nd April 2019 (Day 1)	CNME	09:00-17:00	25
16 th April 2019 (Day 2)	CNME	09:00-17:00	25
30 th April 2019 (Day 3)	CNME	09:00-17:00	25

Care & Management of the Child with a Neurological Condition (Video link across the Saolta Group)

Programme Aim

This programme aims to explore the role of the registered nurse in supporting the family of a child who has a neurological condition.

Learning Outcomes

- Develop an enhanced understanding of the child who has a neurological condition
- Gain an awareness of the clinical variances of seizures in children
- Understand the practical application of a prescribed ketogenic diet
- Develop insight and understanding of the importance of the link between the hospital and the community in the management of the child with a neurological condition
- Develop an awareness of the causes and management strategies to help overcome behaviours that are challenging for this group of children
- Identify strategies to promote and enhance the quality of life of the child who has complex health care needs
- Gain an understanding of how to support families both in the acute and community setting

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

All registered nurses who care for a child with a neurological condition.

Coordinator: Tricia Lafferty

Facilitators: Ms. Eimear Forbes, Dietician, Temple Street University, Dr Orla Flanagan Paediatric Consultant Galway University Hospital & Brothers of Charity Services, Hospital, Ms. Mary Murray CNS, Ms Helen McDaid CCLLC Donegal, Ms. Phil Noone Community Nurse Galway Early Intervention & Schools Services – Brothers of Charity, Ms. Mairead Loftus Nurse Tutor CNME Mayo, Ms. Edel Killarney Epilepsy Ireland.

Date	Venue	Time	Places
Spring 2019	CNME	08:45 – 16:30	30

Care & Management of the Child requiring Non Invasive Ventilation, AIRVO & Cough Assist (Video link across the Saolta Group)

Programme Aim

The aim of this programme is to enhance the registered nurse's knowledge in relation to the care and management of a child who requires Non-Invasive Ventilation, AIRVO or Cough Assist. The morning will be video linked with a local workshop in the afternoon.

Learning Outcomes

- To gain an understanding of the use and application of various oxygen therapies available to the child on respiratory support
- Identify the typical supplemental therapies that can be encountered in this paediatric population
- Reflect on evidenced based knowledge to enhance understanding of the basic principles of Non-Invasive Ventilation (NIV) and have the knowledge of how to access support when required
- Understand the principles of AIRVO (high flow heated humidification) and how to apply the device on a child and have the knowledge of how to access support when required
- Understand the principles of MI-E i.e. Cough Assist, recognise how to apply the treatment and have knowledge of how to access support when required
- Appreciate the unique scenarios inherent to the child requiring respiratory support to share learning experiences to improve the quality of life of the child in the community

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

All registered nurses who care for a child requiring respiratory support and their families.

Coordinator: Tricia Lafferty

Facilitators: Dr Mary Herzig Consultant Paediatrician UHG, Erica Bajar Senior Physiotherapist, Sara Canny Senior Physiotherapist, Mary Murray CNS, Helen McDaid CCLLC Donegal. Francois du Plessis Fisher & Paykel Healthcare Ltd.

Date	Venue	Time	Places
11 th December 2018	CNME	08:45 – 17:00	25

Care & Management of the Infant or Child on Enteral Feeding via PEG or Naso-Gastric

Programme Aim

The aim of this programme is to provide nurses with up to date knowledge and skills in the care and management of an infant or child on enteral feeding. The day will be a mixture of lectures with simulated skill stations in the afternoon.

Learning Outcomes

- Acquire an enhanced knowledge of the care and management of the infant/child on nasogastric feeding
- Have an enhanced knowledge of the care and management of an infant/child on Gastrostomy (PEG) feeding
- Identify the necessary knowledge required to manage blocked tubes (PEG) and emergency management of displaced tubes
- An enhanced knowledge of the management of complications – constipation, feed intolerance and vomiting in infants/children on enteral feeding
- An enhanced understanding of the management of the child on jejunostomy feeding

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

All Registered Nurses and Registered Children's Nurses caring for children with complex health care needs.

Coordinator: Tricia Lafferty

Facilitator: Helen McDaid Coordinator for Children with Life Limiting Conditions,
Mary Murray Paediatric Liaison Nurse LUH
Members of the Multidisciplinary Team LUH

Date	Venue	Time	Places
28 th February 2019	CNME	08:45 – 17:00	20

Care and Management of the Patient suspected of; or with Sepsis

(Video link across the Saolta Group)

Programme Aim

To provide evidence-based knowledge to aid in the early identification of sepsis, severe sepsis and/or septic shock and its timely referral to afford patients maximum survival opportunities and reduce chronic sequelae associated with sepsis survival.

Learning Outcomes

- Recognise the acutely deteriorating patient
- Assess the patient and apply the diagnostic criteria for sepsis
- Manage sepsis using the Sepsis 6 bundle in line with the National Clinical Guideline
- Risk-stratify the patient and identify the need for specialist and/or critical care referral
- Use the Clinical Decision Support Tool/Sepsis Screening Form to guide a consistent approach to sepsis management
- Communicate effectively with colleagues

Participants must have completed HSELand's eLearning programmes National Sepsis and Early Warning Score prior to attendance.

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

All Registered Nurses/Midwives, Medical Staff and Allied Healthcare Professionals in the acute hospital & primary care settings.

Coordinator: Tricia Lafferty

Facilitators: Saolta Sepsis & LUH Sepsis Teams

Date	Venue	Time	Places
05 th December 2018	Large Conference Room, LUH	08:45 - 16:30	30
12 th March 2019	Large Conference Room, LUH	08:45 - 16:30	30

Central Venous Access Devices (CVADs)

Programme Aim

This four-hour CPD programme is aimed at Registered Nurses and Public Health Nurses working with the oncology/haematology patient. This programme is anticipated to equip the nurse with the necessary knowledge and skills required to care and manage the oncology/haematology patient with a CVAD in the acute and community setting.

Learning Outcomes

- Critically apply the Scope of Nursing and Midwifery Practice Framework (2015) in the care and management of an adult with a CVAD
- Demonstrate a clear understanding of the nurse's professional responsibility and accountability in managing the care and identifying potential complications associated with CVADs
- Identify the risks of infection and can perform methods of prevention associated with the care and management of CVADs
- Discuss and demonstrate the flushing procedures for Port a Cath/Hickman, PICC and generic CVAD Catheters
- Discuss and demonstrate procedure for disconnection and disposal of ambulatory chemotherapy in the community
- Demonstrate a clear understanding of the prevention and management of cytotoxic drug spillage in the community

'Competency assessment to be completed in the clinical area'

NMBI Category 1 Approval & CEUs awarded: 4

Target Audience

All Registered Nurses working with the person undergoing Systemic Anti-Cancer Therapies (SCAT).

Coordinator: Tricia Lafferty

Facilitator: Dr Janice Richmond RANP & Oncology Team LUH

Date	Venue	Time	Places
11 th October 2018	Skills Lab LUH	13:30 - 17:00	15
22 th January 2019	Skills Lab LUH	13:30 - 17:00	15
11 th April 2019	Skills Lab LUH	13:30 - 17:00	15

Clinical Supervision in Mental Health Nursing- Information Session

Programme Aim

The Donegal Mental Health Service aims to provide clinical supervision to all Mental Health Nurses as recommended in the Peer Group Clinical Supervision Strategic Plan (2017-2020). The aim of this session will be to provide background knowledge and details of the proposed supervision model in order to help Mental Health Nurses to become aware of the benefits of this initiative.

Learning Outcomes

- Explore the role and benefits of Clinical Supervision for staff
- Discuss the models of Clinical Supervision available within the mental health service
- Highlight the strengths and challenges of introducing clinical supervision for psychiatric nurses

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Register Psychiatric Nurses

Coordinator: Martina Conway

Facilitators: Margaret Blockley-Assistant Director of Nursing
Bernie O'Neill-Assistant Director of Nursing

Date	Venue	Time	Places
01 st Oct 2018	CNME Donegal	14:00 -17:00	25
05 th Nov 2018	CNME Donegal	14:00-17:00	25
03 rd Dec 2018	CNME Donegal	14:00-17:00	25

Clinical Nursing Management & Leadership- Person –in – Charge (PIC) – A CPD 4 Day Programme

Programme Aim

The leadership programme for Person In Charge (PICs) aims to provide a balance between the theories of leadership and change management and how to apply these theories to the workplace. Participants will gain an understanding of how to create a positive work culture within their organisation. The successful delivery of quality care improvements will empower them to return to work with a clear strategy for leading change which will benefit the populations they care for, their fellow team members and other HSE colleagues.

Learning Outcomes

- Explore leadership styles and their impact on delivering safe quality care
- Develop leadership competencies, including team working & inclusion strategies
- Discuss the impact of effective leadership on quality care, time management and service delivery
- Explore how culture and values can influence leadership approaches in your organisation
- Debate the role of the PIC within legal, ethical and professional frameworks

NMBI Category 1 Approval & CEUs awarded: 25

Target Audience

HSE Person in Charge in Intellectual Disability Services (IDS) & Older Person Services (OPS) – CHO Area 1 Sligo/Leitrim, West Cavan & Donegal

Coordinator: Martina Conway Specialist Co-ordinator CNME Donegal
Charlotte Hannon Specialist Co-ordinator CNME Sligo/Leitrim

Facilitators: CNME Team Donegal /Sligo Leitrim with input from clinical experts and managers from IDS & OPS, CHO Area 1 and input from HIQA Inspectors and other relevant facilitators.

Date	Venue	Time	Places
09 th October 2018 (Day 1) 07 th November 2018 (Day 2) 04 th December 2018 (Day 3) 05 th December 2018 (Day 4)	CNME Sligo & Donegal	09:00 – 17:00	20
14 th May 2019 (Day 1) 15 th May 2019 (Day 2) 11 th June 2019 (Day 3) 12 th June 2019 (Day 4)	CNME Sligo & Donegal	09:00 – 17:00	20

Cognitive Behavioural Therapy & Psychotherapy Skills in Mental Health- An Introduction

Programme Aim

This programme aims to provide participants with an introduction to the theories and skills associated with cognitive behavioural therapy and psychotherapy. The use of clinical examples will help participants consolidate their learning thus promoting their ability to transfer and incorporate basic skills to the clinical setting.

Learning Outcomes

- Discuss the various models used in psychotherapeutic approaches
- Describe the Cognitive Behavioural Therapy (CBT) approach to treating psychological problems
- Explain strategies which are useful in treating psychological problems
- Demonstrate the practical application of relevant CBT techniques, such as relaxation

NMBI Category 1 Approval & CEUs awarded: 6

Target Audience

Registered Nurses and Allied Health Professionals

Coordinator: Martina Conway

Facilitators: Mary McWilliams, CNS in Cognitive Behavioural Therapy
Lisa McNulty, CNS in Cognitive Behavioural Therapy

Date	Venue	Time	Places
18 th September 2018	CNME	09:15 – 16:30	15
29 th January 2019	CNME	09:15 - 16:30	15

Dealing with Loss and Death in Maternity Settings

Irish Hospice Foundation

Programme Aim

This interactive workshop is to enhance the quality of the interactions between, hospital staff, parents and their families at a time of loss and to help staff in the maternity setting to deal with loss and death.

Learning Outcomes

- Understand the importance and relevance of the National Standards for Bereavement Care Following Pregnancy Loss and Perinatal Death (2016)
- Understand the grieving process and how loss and death can impact on patients, families and members of staff
- Understand the importance of good communication in times of crisis
- Develop their ability to support patients and families who experience loss and death
- Develop their awareness of the importance of self-care when working with people who experience loss and death

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

This workshop is suitable for all members of staff working in the maternity or gynaecological specialities

Coordinator: Elizabeth Chacko

Facilitator: Bryan Nolan, Communications and Development Coordinator, Irish Hospice Foundation

Date	Venue	Time	Places
16 th October 2018	CNME	09:00-16:00	16
14 th May 2019	CNME	09:00-16:00	16

Dementia: Acute Care Programme

Programme Aim

To raise awareness among staff on the needs of the person with dementia in acute care setting and to inform staff regarding the provision of quality care for patients with dementia in this setting.

Learning Outcomes

- Understand the experience of the person with dementia in the hospital environment
- Describe dementia and its impact on each individual
- Recognise delirium
- Describe approaches to supporting the person with dementia in the hospital setting.

NMBI Category 1 Approval & CEUs awarded: 4

Target Audience

All Healthcare staff working in the acute hospital setting (Multidisciplinary)

Coordinator: Elizabeth Chacko

Facilitator: Elizabeth Chacko, Specialist Coordinator CNME
Olivia Harte, Candidate ANP, LUH

Date	Venue	Time	Places
09 th October 2018	CNME	13:00 – 17:00	20
06 th December 2018	CNME	13:00 – 17:00	20
14 th February 2019	CNME	13:00 – 17:00	20
11 th April 2019	CNME	13:00 – 17:00	20

Dementia: Enhancing and Enabling Well Being for the Person with Dementia (2 Day National Programme)

Programme Aim

To enable staff to support people to live well with dementia by adopting a person-centred approach to care.

Learning Outcomes

- Describe dementia and its impact on the person and their family
- Discuss the impact the environment, social and built, has on the person with a dementia
- Enhance quality of life for the person with dementia by adopting a person-centred approach to supporting the person especially when they present with responsive behaviour
- Explore and support partnerships between the person with dementia, family and care givers
- Discuss the need for palliative care for people with dementia

NMBI Category 1 Approval & CEUs awarded: 14

Target Audience

All Healthcare staff: It is recommended that staff undertake the early identification of Memory Problems in older people eLearning programme on HSELand prior to attending programme.

Coordinator: Elizabeth Chacko, Specialist Coordinator CNME

Facilitator: Diane Donnelly, Carers Development Officer, HSE Services for Older People, Anne Marie Cooke, Dementia and Intellectual Disability Coordinator, Donegal Learning Disability Services, Olivia Harte CNM2 LUH, Eileen Braddon & Joanne McElhinney Social Workers Mental Health Services for Older People, Fergus Sweeney Mental Health Services OPS, Anna Carr, Mental Health Services OPS, Helen Mac Mahon ADON- Palliative Care, Maura Gillen, Practice Development Coordinator OPS

Date	Venue	Time	Places
18 th & 30 th October 2018	CNME	09:00 – 17:00	25
22 nd & 31 st January 2019	CNME	09:00 – 17:00	25
30 th May & 06 th June 2019	CNME	09:00 – 17:00	25

Diabetes: Assessment and Management of the Foot in the Patient with Diabetes

Programme Aim

This programme is an **online module** that introduces the primary care nurse to the National Model of management of the foot in the patient with diabetes, in particular the assessment and management of the low risk and at risk foot.

Learning Outcomes

- Identify the person with diabetes whose feet are most at risk of infection, ulceration and trauma
- Describe the main features and symptoms of ischemia and neuropathy
- Perform a careful and thorough assessment of the person with diabetes foot
- Categorise and refer the person with diabetes as per foot care model of management
- Appraise the role of all members of the multidisciplinary team in caring for the person with diabetes
- Discuss the principles of treatment for the person with diabetes with a foot ulcer
- Educate the person with diabetes about prevention and early detection of a foot problem

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered General Nurses (RGNs) working with people with diabetes in a primary health care setting. Identified RGNs Community Hospitals and Diabetes Nurse Specialists.

Once the online component has been successfully completed contact one of the facilitators listed below to arrange the programmes practical component.

Coordinator: Elizabeth Chacko

Facilitators: Kathleen Crerand, Diabetes Nurse Specialist PCCC
Anne Gavaghan, Diabetes Nurse Specialist Integrated Care Donegal
Sue Rowlands, Podiatrist PCCC
Patricia Barnett, Podiatrist PCCC
Ann Bell, Podiatrist PCCC
Ursula NíRodain, Podiatrist PCCC

Diabetes Management in Primary Care

Programme Aim

The aim of this programme is to develop and increase existing skills and knowledge of diabetes for nurses who work in the community and primary care settings.

Learning Outcomes

- Update one's knowledge, skills and confidence in providing effective diabetic care for patients
- Assess the risks associated with tight glycaemic control, hypoglycaemia and cognitive impairment on the health and wellbeing of patients with diabetes
- Outline the HSE model of diabetes care
- Improve quality of life for people with diabetes by implementing evidence-based practice
- Improve skills, knowledge and confidence of nurses and midwives providing care and advice for patients who may have more complex diabetes needs
- Implement best practice standards using integrated diabetes guidelines to provide appropriate care for people in their care with diabetes

NMBI Category 1 Approval & CEUs awarded: 6

Target Audience

All Registered Nurses working in the community or primary care settings including Mental Health and Intellectual Disability Services

Coordinator: Elizabeth Chacko

Facilitators: Kathleen Crerand, Diabetes Nurse Specialist PCCC
Anne Gavaghan, Diabetes Nurse Specialist Integrated Care Donegal

Date	Venue	Time	Places
21 st November 2018	CNME	09:00 – 13:00	20
20 th February 2019	CNME	09:00 – 13:00	20

Diabetes in Pregnancy – Maternity Diabetes Study Day (Video link CNME Castlebar Saolta Group)

Programme Aim

The aim of this programme is to provide registered midwives with the knowledge and skills to provide optimal care for women with pre-gestational and gestational diabetes mellitus (Type 1 & 2) during pregnancy, labour and the postpartum period.

Learning Outcomes

- Demonstrate greater knowledge and understanding of the multi-disciplinary approach in managing pre-gestational and gestational type 1 & 2 diabetes
- Critically discuss the preconception counselling needs for women with Type 1 and Type 2 diabetes mellitus
- Demonstrate a greater understanding of the endocrine and obstetric management of type 1 and type 2 diabetes in pregnancy
- Explore how diet and nutrition affects diabetes in pregnancy
- Critically discuss the labour ward management of a mother with Diabetes Mellitus
- Reflect on evidenced based practice using a multidisciplinary approach on the diagnosis and management of pre-gestational and gestational diabetes mellitus from the pre-conception to the post-natal period
- Educate women regarding insulin administration regimes and blood glucose monitoring equipment
- Have a clear understanding of the Hospital policy according to managing gestation diabetes

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Midwives & Members of the Multidisciplinary Team

Coordinators: Elizabeth Chacko Specialist Coordinator, CNME, Donegal
Ruth Hoban, Specialist Coordinator, CNME, Mayo

Date	Venue	Time	Places
04 th March 2019	CNME	09:00 -17:00	24

Diabetes Management in the Acute Hospital Setting

Programme Aim

This three-hour update aims to develop and increase existing skills and knowledge in diabetes management for the Registered Nurse and Midwife working in the acute hospital setting.

Learning Outcomes

- Update ones' knowledge, skills and confidence in providing diabetic care for patients in the acute hospital setting
- Discuss the interventions and treatments necessary for the care planning and management of a person with diabetes including new therapies, oral medications, effects and side effects
- Differentiate between Type 1 and Type 2 Diabetes
- Explain the importance of blood glucose monitoring
- Identify the signs and symptoms and treatment associated with hyperglycaemia and hypoglycaemia
- Identify different types of insulin, action and lengths of action, when they are administered and site selection

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Nurses and Midwives working in the acute hospital setting

Coordinator: Elizabeth Chacko

Facilitator: Susan McGinley CNS Diabetes

Date	Venue	Time	Places
25 th March 2019	CNME	14:00-17:00	20

Emergency Medicine Nursing Clinical Update

Programme Aim

This one-day programme is aimed at nurses working within Emergency Medicine. The content will focus on the latest international best practice guidelines on a range of topics applicable to ED nurses such as emergency airway management, effective interpretation and communication of clinical information and head to toe assessment in the adult and child. The day will comprise of lectures in the morning followed by a variety of interactive skill stations in the afternoon.

Learning Outcomes

- Demonstrate knowledge of effective management of challenging airways, and the identification of appropriate interventions and necessary equipment
- Apply EBP guidelines to application and management of a Thomas Splint
- Identify the signs and symptoms that indicate for the need for insertion of a chest drain and its management post insertion
- Identify and implement appropriate interventions for patients who are experiencing an acute ischemic stroke
- Understand the impact of delirium on the older adult in hospital
- Recognise and respond to the pathophysiological changes that occur during sepsis
- Interpret the findings of ABG's using a structured approach

Target Audience: Emergency Medicine Registered Nurses

NMBI CEUs awarded: 6.5

Coordinator: Tricia Lafferty

Facilitator: Multidisciplinary Emergency Medicine Team, RANP's, CNS's, Anaesthetists & Pharmacists

Date	Venue	Time	Places
19 th September 2018	CNME	08:45 – 17:00	20
10 th April 2019	CNME	08:45 – 17:00	20

Empowering, Supporting and Developing Positive Strategies for the Healthcare Professional (focus on childhood loss and grief)

Programme Aim

The aim of this programme is to empower and support the Healthcare Professional to develop strategies to support children experiencing grief and loss through bereavement.

Learning Outcomes

- Understand the psychology of childhood loss and grief, identifying normal reactionary behaviours
- Recognise the relationship between age and how it effects the child's experience of grief and loss
- Identify strategies used in preparing the child for loss and post bereavement coping
- Highlight the importance of the role of the wider family in supporting the child through their grief and loss
- Become familiar with the various tools available for facilitating Memory Making
- Develop personal and professional strategies for Staying Well at Work

Target Audience

All Registered Nurses and Allied Health Professionals who through their professional role may meet children who have or will experience a bereavement.

Participants must have completed HSELand eLearning Children First Programme prior to attendance.

NMBI CEUs awarded: 7

Coordinator: Tricia Lafferty

Facilitator: Helen McDaid CCLLC, Mary McLaughlin CNM Donegal Hospice.

Date	Venue	Time	Places
03 rd April 2019	CNME	08:45 – 16:30	30

End of Life Care: Final Journeys - Irish Hospice Foundation

Programme Aim

Final Journeys is a one-day course which aims to improve end-of-life care through raising awareness and empowering staff. It helps participants to become more competent, confident and comfortable when caring for patients and their families at end-of-life.

Learning Outcomes

- An understanding of the five domains of end-of-life care
- Developed skills for talking with patients and family members about end-of-life
- Developed skills and abilities in supporting residents and family members at end-of-life

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience:

All Healthcare Workers

Coordinator: Elizabeth Chacko

Facilitators: Elizabeth Chacko, Specialist Coordinator CNME,
Mary McLaughlin CNM Donegal Hospice,
Louise Duddy, CNS Palliative Care,
Kathleen Doherty, Chaplain LUH

Date	Venue	Time	Places
01 st November 2018	CNME	09:00 – 17:00	16
02 nd May 2019	CNME	09:00 – 17:00	16

Enhancing Communication Skills in Cancer Care: Delivering/Breaking Bad News Irish Hospice Foundation

Programme Aim

Delivering / Breaking Bad News is a four-hour workshop to provide healthcare workers with practical skills to further enhance communication skills in the delivery of cancer diagnosis / prognosis / bad news to patients and families or supporting them after bad news.

“Break bad news well and you’ll never be forgotten. Break it badly and you’ll always be remembered”

Learning Outcomes

- Discuss the impact of Bad News on the patient and their family
- Describe the 5-Step Process for delivering bad news
- Develop skills in delivering bad news
- Discuss challenges, e.g. difficult questions and family concerns
- Develop their understanding of how to support people hearing bad news

NMBI Category 1 Approval & CEUs awarded: 4

Target Audience

Registered nurses/midwives, medical staff & allied healthcare workers who have a role in breaking bad news or supporting families/patients after bad news is broken.

Coordinator: Elizabeth Chacko

Facilitator: Elizabeth Chacko, Specialist Coordinator CNME
Noreen Rodgers, CNS Cancer Liaison LUH

Date	Venue	Time	Places
24 th October 2018	CNME	09:00 – 13:00	10
06 th February 2019	CNME	09:00 – 13:00	10
29 th May 2019	CNME	09:00 – 13:00	10

The National Cancer Control programme (NCCP) in collaboration with Office of the Nursing and Midwifery Services Directorate (ONMSD) and Irish Hospice Foundation (IHF) are delighted to offer this programme to healthcare workers on enhancing their communication skills in cancer care in the Acute Hospital Setting.

Epilepsy Management and Care – Clinical Update

Programme Aim

This one-day programme aims to present the evidence-based theories and principles inherent in the management and care of the person with epilepsy.

Learning Outcomes

- Demonstrate a relevant knowledge of Epilepsy inclusive of semiology and classifications
- Describe the pharmacological and non-pharmacological treatments of epilepsy including side-effects
- Discuss the principles of disease management in epilepsy inclusive of seizure first-aid and management
- Implement the salient concepts including assessment and treatment to rationalise patient management plans
- Debate lifestyle issues for individuals with epilepsy
- Demonstrate an awareness of the Role of the Advanced Nurse Practitioner in Epilepsy

NMBI Category 1 Approval & CEUs awarded: 7.5

Target Audience

Registered Nurses, Allied Health Professionals and Care Support Staff

Coordinator: Martina Conway

Facilitator: Cara Conway and Geraldine O'Rourke (Candidate Advanced Nurse Practitioners)

Date	Venue	Time	Places
02 nd Oct 2018	CNME	09:15 -17:00	18

Foetal Alcohol Spectrum Disorder (FASD): Introduction for Nurses and Midwives

Programme Aim

This workshop aims to provide an overview of incidence, demographics, epidemiology and general facts about FASD. It will include the most common behavioural and cognitive difficulties associated with it and point to some simple adaptations to services that can be made.

Learning Outcomes

- Recognise basic contributing factors and incidence rates for FASD in Ireland
- Identify common signs and symptoms of FASD in clients, and the typical difficulties for both client and professional when these are misunderstood
- Explore the nature of some of the cognitive and sensory issues typical in FASD, and practical ways to improve the fit between the unique needs of the client and how services are delivered
- Discuss the wide range of possible health consequences from prenatal alcohol exposure so that more effective preventive or early treatments can be implemented

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

Registered Nurses/Midwives

Coordinator: Catherine Cannon

Facilitator: Dr David Gerry BSc. Honours Psychology and Biology

David has 18 years' experience in the specialized FASD field; CEO of FASD focused charity, consultant to numerous FASD related services and pilot programmes, including the Integrated Court.

Date	Venue	Time	Places
12 th September 2018	CNME	09:30 -17:00	40

Frailty Education Programme – National

Programme Aim

The aim of this programme to provide Health Care Professionals with an enhanced understanding of Frailty. Effective Frailty Assessment of older people ensures earlier recognition of issues leading to improved health care management and better health outcomes for frail older adults.

Learning Outcomes

- Describe the spectrum of frailty as a long-term condition
- Identify validated screening tools as they relate to frailty (e.g. Frailty Assessment, Falls assessment and Delirium Assessment)
- Explain the benefit of a comprehensive assessment in planning appropriate health and care pathways to enhance outcomes for older persons living with frailty
- Discuss the significance of frailty and the impact of a Gerontological approach to care
- Recognise the importance of a frailty pathway for the frail older adult

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

All Registered Nurses, Healthcare Assistants & Allied Healthcare Professionals

Coordinator: Maura Gillen

Facilitators: Clinical Nurse Facilitators, Clinical Nurse Specialists and Members of the MDT

Date	Venue	Time	Places
25 th September 2018	CNME	09:00 – 17:00	30
03 rd October 2018	CNME	09:00 – 17:00	30
23 rd October 2018	CNME	09:00 – 17:00	30
06 th November 2018	CNME	09:00 – 17:00	30
21 st November 2018	CNME	09:00 – 17:00	30
11 th December 2018	CNME	09:00 – 17:00	30
16 th January 2019	CNME	09:00 – 17:00	30
06 th February 2019	CNME	09:00 – 17:00	30
14 th March 2019	CNME	09:00 – 17:00	30
16 th April 2019	CNME	09:00 – 17:00	30
30 th April 2019	CNME	09:00 – 17:00	30
09 th May 2019	CNME	09:00 – 17:00	30
28 th May 2019	CNME	09:00 – 17:00	30

Gynae – Clinical Update

Programme Aim

This programme aims to update registered nurses and midwives with the knowledge and skills to enable them to safely provide care and management to the Gynae patient using evidence-based practice.

Learning Outcomes

- Develop knowledge and skills to confidently provide effective care to the Gynae patient
- Define Sepsis and identify the Sepsis 6 pathway using available screening tools
- Discuss the most recent evidence-based practices in caring for patients with miscarriage, ectopic pregnancy, pre and post-operative management and endometriosis
- Promote positive sexual health
- Recognise and deal with emergency situations in relation to the management of the Gynae patient
- Discuss the diagnosis, management and treatment of the patient with cervical and ovarian cancer using evidence-based practice
- Describe the role of the nurse/midwife in the holistic care and management of the patient with menopause, ovarian failure and pharmaceutical treatment options

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience

Registered Nurses and Midwives

Coordinator: Tricia Lafferty

Facilitators: Multidisciplinary Team LUH

Date	Venue	Time	Places
23 th May 2019	CNME	08:45 – 17:00	30

Gynaecology / Women's Health Programme (Video Link from Galway)

Programme Aim

The aim of this programme is to provide educational updates on pregnancy and possible complications of early pregnancy. It includes gynaecological issues ranging from infertility investigations, the Ambulatory Gynaecology Unit service and bladder care to cervical screening, cervical, uterine and ovarian cancers.

It also provides a means of enhancing communications and relationships between primary and secondary care teams thus streamlining care given to women.

Learning Outcomes

- Discuss and explore issues in relation to woman's health, gynaecological and early pregnancy problems
- Update knowledge on Infertility Investigations and Bladder Care
- Update ones' knowledge on cervical and colonoscopy screening
- Understand the role of midwife/nurse in providing evidence-based care in Ambulatory Gynaecological Unit
- Gain knowledge on management of early miscarriage and ectopic pregnancy based on the best practice guidelines
- Develop skills and knowledge to provide psychological support for bereaved mothers following early pregnancy loss

Target Audience

Registered Nurses and Midwives

NMBI Category 1 Approval and CEU awarded: Pending

Coordinator: Elizabeth Chacko, Specialist Coordinator CNME Donegal
Maura Loftus, Specialist Co-ordinator CNME Galway
Ruth Hoban, Specialist Co-ordinator CNME Mayo

Facilitator: Ms. Margaret Coohill and members of the MDT's in UHG & MUH

Date	Venue	Time	Places
16 th October 2018	CNME	08:00 – 16:00	30

Hearing Voices Facilitation Training

Programme Aim

There is an established and emerging body of evidence to support the effectiveness of Hearing Voices Support Groups. They offer people who hear voices the opportunity to share their experience and find ways of coping with this experience which can be complementary to other support methods. This 3-day training course equips participants with the knowledge, skills and confidence to set up a new Hearing Voices Support Group.

Learning Outcomes

- Discuss how people experience voices, visions & 'psychosis'
- Explore coping strategies for those who hear voices and experience visions
- Review strategies and pathways to recovery
- Explore Hearing Voices Network ethos and re-evaluate power and empowerment
- Plan, launching & establishing safe and effective Hearing Voices Groups

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

This programme is suitable for anyone intending to facilitate a Hearing Voices Support Group, whether they have experience gained from personal experience, training and/or profession.

Coordinator: Martina Conway

Facilitator: To Be Confirmed

Date	Venue	Time	Places
TBC	CNME	09:00 – 17:00	25

HIQA Inspection-Roles and Responsibilities Intellectual Disability Services

Programme Aim

This half day workshop aims to increase staff nurse's knowledge and ability to conduct a HIQA inspection confidently. It will provide an awareness of the roles and responsibilities of the participants' regarding documentation required for HIQA inspections and notification timeframes. The programme will also facilitate a questions and answer session that staff nurses may have regarding this process.

Learning Outcomes

- Discuss HIQA regulations and the role of the staff nurse
- Review notifications and the timeframes involved
- Discuss the Quality Improvement Plans for your area

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Intellectual Disability Staff Nurses working in residential services

Coordinator: Martina Conway

Facilitator: Jacinta Lyons Service Manager
Shelia Duffy ADON
Anne-Marie Cook Dementia and Intellectual Disability Co Coordinator
Paddy McTeague Quality, Risk & Service User Safety

Date	Venue	Time	Places
10 th October 2018	CNME	10:00-13:00	15
29 th January 2019	CNME	14:00-17:00	15

Infection Prevention & Control Link Nurse/Midwife/Practitioner CPD Day

Programme Aim

The aim of this one day CPD programme is to update Infection Prevention and Control Link Nurse/Midwives/Practitioners with the knowledge and skills in implementing best practice guidelines in the prevention of Health Care Associated Infections (HCAIs) to promote and enhance Quality and Patient Safety.

Learning Outcomes

- Discuss the revised National Standards for the prevention and control of HCAIs in Healthcare Services
- Discuss strategies in implementing quality improvements in Infection Prevention & Control to promote and enhance patient safety
- Understand the relevance of decontamination of environmental reservoirs in the prevention of HCAIs
- Evaluate the role of the nurse/midwife/practitioner in the management of multi drug resistant organisms and anti-microbial control

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Infection Prevention & Control Link Nurse/Midwife Practitioners and Allied Healthcare Professionals

Coordinator: Catherine Cannon

Facilitators: Professor Martin Cormican National Clinical Lead for Health Care Associated Infections & Antimicrobial Resistance UHG
Ronan OCathaisigh Saolta Sepsis Lead, Dr Michael Mulhern
Consultant Microbiologist LUH, Angela Tysall National Lead Open Disclosure, Cathy Barrett IP&C Manager LUH, Mags Moran
Community IP&C Manager PCCC, Martina Grealish CNS IP&C LUH,
Martina Porter CNM2 Buncrana Nursing Unit

Date	Venue	Time	Places
08 th October 2018	CNME	08:45 – 17:00	60

Infection Prevention & Control Link Nurse/Midwife/Practitioner Programme

Programme Aim

This five-day programme is designed to equip health care practitioners with the knowledge skill and competence to actively influence a culture of change in practice within their own clinical setting.

Learning Outcomes

- Apply their knowledge in the principles of prevention and control of infection within their clinical/community health care setting
- Explore their own practices in infection control and promote a positive influence on the practice of colleagues within the clinical setting
- Plan and implement strategies to improve practice in their clinical area in collaboration with the Infection Prevention and Control Department
- Develop a greater knowledge and understanding of emerging pathogens and Multi Drug Resistant Organisms (MDROs)
- Utilise evidence-based practice in underpinning practices in the prevention and control of infection

NMBI Category 1 Approval & CEUs awarded: 30 CEUs

Target Audience

All Registered Nurses/ Midwives and Healthcare Practitioners

Coordinator: Catherine Cannon

Facilitators: Mags Moran, Community IP&C Manager PCCC
Cathy Barrett, IP&C Manager LUH

Date	Venue	Time	Places
20 th November 2018 (Day1)	CNME	09:00 – 17:00	20
21 st November 2018 (Day 2)	CNME	09:00 – 17:00	20
27 th November 2018 (Day 3)	CNME	09:00 – 17:00	20
28 th November 2018 (Day 4)	CNME	09:00 – 17:00	20
05 th December 2018 (Day 5)	CNME	09:00 – 17:00	20

Intramuscular and Subcutaneous Injections Workshop

Programme Aim

This 3 hour programme aims to provide an update on the safe administration of intramuscular and subcutaneous injections. There will be an opportunity to practice the psychomotor skill involved within a simulated learning environment.

Learning Outcomes

- Apply the legal and professional considerations for safe administration of intramuscular (IM) and subcutaneous (SC) injection
- Identify and locate the safe anatomical sites for IM and SC injections
- Apply best evidence-based practice when decision making on needle selection and skin preparation
- Discuss ways to reduce patient discomfort during an injection
- Describe the nursing care a patient requires to avoid complications associated with injections
- Demonstrate competence in IM Z Tract, IM and SC injection technique

Target Audience

All Registered Nurses & Midwives

NMBI CEUs awarded: 3

Coordinator: Tricia Lafferty

Facilitator: Tricia Lafferty CNME

Date	Venue	Time	Places
14 th November 2018	CNME	13:00 – 16:00	15

Introduction to Lymphoedema

Programme Aim

This one-day programme is designed to educate nurses regarding lymphoedema and its management. This programme aims at maximising safe and effective care for patients with lymphoedema.

Learning Outcomes

- Understand lymphoedema and aetiological factors
- Review the anatomy and physiology of the lymphatic system and comprehend the pathophysiology of lymphoedema
- Identify individuals at risk of lymphoedema and be able to advice and implement preventive measures
- Perform comprehensive assessment for patients with lymphoedema
- Establish knowledge on lymphoedema management and provide on-going support and education for patients with lymphoedema

Target Audience

Public Health Nurses

NMBI Category 1 Approval and CEU awarded: 6.5

Coordinator: Elizabeth Chacko

Facilitator: Lynn Whiteside, Lymphoedema Clinical Lead, Southern Health and Social Care Trust (SHSCT)

Date	Venue	Time	Places
08 th May 2019	CNME	09:00 – 17:00	30

Leadership: Empowering Self and Others Foundation Programme for Staff Nurses & Staff Midwives

Programme Aim

The aim of this 2.5-day CPD Programme is to provide you with the knowledge and skills to support you in identifying your leadership strengths and exploring areas for development as you engage in your leadership journey.

Learning Outcomes

- Discuss how to develop your clinical leadership competencies
- Review what clinical leadership is and why it matters
- Critically discuss how to lead and empower yourself and others
- Evaluate how to identify your values and how they impact on you as a leader
- Understand how to be an effective and progressive team member
- Explain how to develop optimal communication skills

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Staff Nurses and Staff Midwives

Coordinator: Catherine Cannon

Facilitators: Members of the National Leadership Team

Date	Venue	Time	Places
Day 1 - TBC	CNME	09:00 - 17:00	60
Day 2 - TBC	CNME	09:00 - 17:00	60
Day 3 - TBC	CNME	09:00 – 13:00	60

Leg Ulcer Management & Doppler Studies Training

Programme Aim

This half day programme is designed to equip healthcare professionals with knowledge and skills in the management of leg ulcers and proficiency in conducting Doppler Studies.

Learning Outcomes

- Critically discuss the aetiology and pathophysiology of patients with leg ulcers and its impact on health service provision
- Understand and appreciate the value of a principle based systematic approach to the assessment and management of wounds
- Critically explore the need for nursing assessment, management and prevention to recognise various aetiologies of leg ulcers;
- Recognise that various aetiologies of leg ulcers require individual responses in terms of assessment, management and prevention;
- Critically review the role of ankle brachial pressure index (ABPI) in the assessment of the lower limb;
- Critically explore the evidence for compression therapy in the treatment of patients with leg ulcers;
- Critically appraise the importance of a collaborative and interdisciplinary approach in the management of patients effected with leg ulcers; and
- To increase awareness of staff regarding the updated National Wound Care Guidelines (2018).

NMBI Category 1 Approval & CEUs awarded: Pending

Target Group: Public Health Nurses

Coordinator: Elizabeth Chacko

Facilitators: Sinead McConnell, ADPHN
Fiona Gallagher PHN

Date	Venue	Time	Places
03 rd October 2018	CNME	09:00 -13:00	30
03 rd October 2018	CNME	14:00 -17:00	30
31 st October 2018	CNME	09:00 -13:00	30
31 st October 2018	CNME	14:00 -17:00	30

Management of non-tunnelled Central Lines (single, triple and quad lumen) in the Acute Setting

Programme Aim

This half day programme aims to provide a hands-on workshop on the care and management of central lines. The programme will focus on increasing the participant's knowledge and understanding of the theory and practice of managing non-tunnelled central lines (single, triple & quad lumen). The workshop will incorporate the latest EBP along with interactive learning opportunities for the participants through the use of simulation.

Learning Outcomes

- Discuss the care and management of central lines
- Apply ANTT™ principles when performing blood sampling from a line
- Highlight the possible complications associated with central lines
- Safely administer medication through a central line following local policy and best evidence-based practice

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

All Registered Nurses working in LUH

Coordinator: Tricia Lafferty

Facilitator: Damien O'Connell, Practice Educator ICU,
Virginia Murray IP&C

Date	Venue	Time	Places
28 th November 2018	CNME	09:00 – 13:30	10
22 nd May 2019	CNME	09:00 – 13:30	10

Midwifery: Striving for quality in Midwifery Practice through Innovation, Research and Strategy- Video Link CNME Galway

Programme Aim

To support midwives in building on their existing knowledge and skills in providing care to mothers and infants, who access maternity services across the healthcare settings.

Learning Outcomes

- Reflect on 100 years of the Registered Midwife in the Irish healthcare setting and what regulation means for the profession
- Consider the National Maternity Strategy (2017) and planning for maternity services in the future
- Develop a greater knowledge and understanding of the key messages of the HSE Nurture programme
- Be updated on the National Antenatal Education Standards (2017)
- Have increased awareness of infant mental health issues
- Appreciate the impact of research and innovation on midwifery practice

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

For all registered midwives and registered nurses whose caseloads include care of mothers and babies

Coordinators: Elizabeth Chacko, Specialist Coordinator, CNME, Letterkenny
Maura Loftus, Specialist Co-ordinator CNME Galway/Ballinasloe

Facilitators: Ms. Dawn Johnstown, NMBI, Ms. Siobhan Canny, SAOLTA Group DOM, Ms. Angela Dunne, DOM National Women & Infant's Health Programme, Ms. Anne Parry, Programme Lead, The Nurture Programme – Infant Health & Wellbeing, Ms. Cathy O'Sullivan, Interim Director, CNME, CUMH Dr. Malie Coyne, Clinical Psychologist, Exemplars of research and innovation (speakers TBC)

Date	Venue	Time	Places
20 th November 2018	CNME	08:45 -17:00	25

National Immunisation Training Programme – Video Link CNME Portiuncula

Programme Aim

To support and promote a national standardised approach to the delivery of childhood immunisations and to enable the health care professionals involved to competently promote and administer vaccinations.

Learning Outcomes

- Gained an understanding of the historical background to immunisation both in Ireland and internationally
- Understand immunity and how vaccines work
- Be knowledgeable of the vaccine preventable diseases (Global and National trends)
- Review best practice in relation to vaccine administration
- Understand best practice for the storage and handling of vaccines
- Be able to discuss parents' concerns where there is vaccine hesitancy
- Be familiar with the current National Immunisation Schedule and to increase awareness of trends for future immunization schedules

NMBI Category 1 Approval & CEUs awarded: 6.5 (Full Day); 3.5 (Half Day)

Target Audience

All health care professionals involved with the childhood immunisation schedule; Practice Nurses, Paediatric Nurses, Public Health Nurses, Midwives, Area Medical Officers, GP's

Coordinator: Elizabeth Chacko

Facilitators: Session Speakers will be representative of the multidisciplinary team involved with Immunisations and will include Dr. Brenda Corcoran, National Immunisations Office and Dr. Kevin Connelly, Chairperson of National Immunisation Advisory Committee (NIAC)

**Please note that the Immunisation Update is the second half of this programme and will address the changes that have been introduced to the current schedule.*

All Health Care Professionals (HCP's) involved with, or with responsibility for immunisation are encouraged to attend the full day training programme at least once.

Date	Venue	Time	Places
To be confirmed	CNME	09.00–17.00hrs (Full Day)	30
		13.45-17.00hrs (Update)	30

Please indicate on application if you wish to attend the full day or afternoon Update

Open Disclosure

Programme Aim

Open Disclosure is a half day accredited workshop for all health care managers to develop and increase the standardised practical understanding on communicating with service users and their families following adverse events in health care.

Learning Outcomes

- To increase awareness of staff on their professional, regulatory, legal and ethical obligations in relation to engaging in open discussion
- To provide a standardised framework for the management of open disclosure discussion
- To enable managers to offer adequate support for patients, their families/support persons, staff and organisations

NMBI Category Approval & CEU Points: 4

Target Audience

All Healthcare Managers

Coordinator: Elizabeth Chacko

Facilitators:

Margaret Kerlin Team Coordinator Mental Health Service for Older People,
Mary Mc Bride Operational Nurse Manager, ADON LUH

Date	Venue	Time	Places
27 th September 2018	CNME	09:00-13:30	25
08 th November 2018	CNME	09:00-13:30	25
07 th February 2019	CNME	09:00-13:30	25
09 th May 2019	CNME	09:00-13:30	25

Orthopaedic Nursing – Clinical Update

Programme Aim

To update healthcare professionals on new trends and developments in Orthopaedic Nursing. To promote and enhance the safe delivery of quality evidence-based care.

Learning Outcomes

- Discuss the diagnosis, care and management of the person presenting with back pain
- Discuss the peri-operative and post-operative management of patients undergoing hip and spinal surgery
- Recognise and manage post-operative complications
- Define sepsis and identify the Sepsis 6 Pathway using available screening tools
- Identify the various anaesthetic options available for orthopaedic patients and how these impact on care pathways
- Manage the diabetic patient undergoing orthopaedic surgery
- Recognise and maximise the multidisciplinary team input to achieving successful outcomes for the orthopaedic patient

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Nurses and Allied Healthcare Professionals working within the Orthopaedic Speciality

Coordinator: Tricia Lafferty

Facilitators: Multidisciplinary Team LUH

Date	Venue	Time	Places
02 nd October 2018	CNME	08:30 – 17:00	30

Oxygen Therapy: Intellectual Disability Nurses

Programme Aim :

This 3 hour programme is designed to enhance and update the clinical skills of Registered Intellectual Disability nurses on oxygen therapy. It will address dosage, appropriate mask size and the skills to set up and deliver oxygen in an emergency situation.

Learning Outcomes

- Discuss the benefits of Oxygen Therapy
- List the dangers of Hypoxia
- Review Patient Assessment
- Discuss adult and child oxygen dosage and administration

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Intellectual Disability Nurses

Coordinator: Martina Conway

Facilitator: Patricia McLaughlin, candidate ANP Respiratory, LUH

Date	Venue	Time	Places
04 th December 2018	CNME	10:00 - 1300	15

Paediatric Nurses – Clinical Update

Programme Aim

The aim of this one-day programme is to enable Registered Paediatric Nurses to enhance their requisite knowledge, skills and competence in safely managing the child utilising the latest evidence-based practice. The day will include a mixture of lectures and clinical skill stations.

Learning Outcomes

- Identify common childhood dermatology conditions and gain an understanding of optimal treatment options
- Discuss the care and management of the child with diabetes
- Gain an understanding of infectious diseases common among the paediatric population
- Increase participants skills and knowledge in managing the child with a cardiac condition identifying appropriate referral pathways
- Discuss advancements in rheumatology nursing in relation to best evidence-based practice
- Have an increased understanding of the importance Outpatient Parenteral Antimicrobial Therapy - OPAT

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Paediatric Nurses

Coordinator: Tricia Lafferty

Facilitators: Michelle Goode CNS Our Lady's Children Hospital (OLCH)
Cathy Hopkins CNS OLCH Crumlin,
Deirdre Carroll CNS OLCH Crumlin,
Kathleen Crumlish CNS OLCH Crumlin,
Selene Daly CNS SUH,
Avril McCloskey CNS LUH,
Marian Sullivan Occupational Health LUH

Date	Venue	Time	Places
05 th October 2018	CNME	08:30 – 17:00	30

Pain Management in Children (Video link from CNME Mayo)

Programme Aim

To provide evidence-based education to registered nurses/midwives in the assessment and management of children's acute, persistent and chronic pain.

Learning Outcomes

- Understand the pathophysiology of pain mechanisms and the principles of pain management, in relation to safe clinical practice
- Understand the principles of pain assessment and management of the child in the context of evidenced based practice, national and local policies, procedures, protocols and guidelines
- Critically explore the pharmacokinetics and pharmacodynamics of analgesic drugs
- Identify and manage potential complications associated with pain assessment for acute, complex/chronic pain in children (including children with additional needs) using developmentally appropriate pain assessment and measurement tools
- Have an understanding of psychological pain and the importance of psychological therapies to reduce the impact of pain on the child
- Understand the role of the play therapist and the use of distraction for the child experiencing pain

Target Audience

All Registered Nurses and Allied Health Professionals who through their professional role may meet children who have or will experience a bereavement.

Participants must have completed HSE Land eLearning Programme 'Encountering, Assessing and Managing pain' prior to attendance.

NMBI CEUs awarded: 7

Coordinator: Tricia Lafferty

Facilitator: Michelle Duggan, Consultant Anaesthetist MUH, Geraldine Murray CNS Temple St. Children's Hospital, Terri Carney Senior Clinical Psychologist CAMHS Mayo, Nicola Kelly Play Specialist LUH,

Date	Venue	Time	Places
01 st October 2018	CNME	08:45 – 16:30	30

PEG Troubleshooting Workshop

Programme Aim

This half-day programme is aimed at nurses who care for patients/clients who have a PEG in situ. The focus of the day will be on a clinical update followed by skill stations covering a variety of topical issues.

Learning Outcomes

- Discuss the indications, contraindications and management of PEGs/Gastrostomy tubes
- State the action to be taken in the event of accidental removal of the PEG/Gastrostomy tube
- Identify appropriate strategies for meeting the nutritional needs of patients/clients
- Discuss pharmacological principles when administering drugs via enteral tubes
- Discuss the management of enteral feeds and feeding pumps
- Describe and demonstrate in a simulated environment procedure for setting up enteral feeding systems
- Explain the care of a gastrostomy and a jejunostomy tube including skin care of stoma site and methods used to confirm correct placement of tubes
- Identify possible causes and manage blockages of PEGs

Target Audience

All registered nurses

NMBI CEUs awarded: 4

Coordinator: Tricia Lafferty

Facilitator: Endoscopy Unit Staff & Dietitians

Date	Venue	Time	Places
09 th November 2018	CNME	13:00 – 17:00	20
05 th April 2019	CNME	13:00 – 17:00	20

Perioperative Theatre Nurse Clinical Update

Programme Aim

This one-day programme is aimed at Operating Room/Theatre staff. The morning session will focus on lectures highlighting the latest trends and developments in perioperative care. The afternoon session will focus on skill-based work stations whereby participants can develop their psychomotor skills in areas pertaining to working within the operating room environment.

Learning Outcomes

- Demonstrate knowledge of the use and application of electrocauterisation in the patient with an implantable cardiac device
- Identify the clinical indication for ABG's sampling and analysis
- Identify acid base balance and buffer systems, discussing the physiological effect on the patient
- Carry out effective Risk Assessment to maximise positive outcomes for the person undergoing a procedure within the theatre department
- Identify and discuss evolving advanced practice roles within surgical, anaesthetic and PACU perioperative nursing
- Identify and apply the latest legal and medical ethics principles to perioperative practice

Target Audience

All staff working within the operating room/theatre environment.

NMBI CEUs awarded: 7

Coordinator: Tricia Lafferty, CNME

Facilitator: Multidisciplinary Perioperative Team

Date	Venue	Time	Places
08 th February 2019	CNME & Skills Lab. LUH	08:45 – 17:00	30

Peripheral Intravenous Cannulation & Venepuncture Blended Learning Programmes

Programme Aim

To facilitate participants to develop the knowledge and skills required to undertake safe and effective intravenous cannulation and venepuncture.

Learning Outcomes for Peripheral Intravenous Cannulation

- Identify anatomical structures and explain the appropriate choice of sites applicable to peripheral intravenous cannulation
- Describe the legal and professional implications in undertaking the skill of peripheral intravenous cannulation
- Outline the indications for peripheral intravenous cannulation
- Outline the principles of infection prevention and control
- Demonstrate the skill of intravenous cannulation via simulated practice
- Identify potential complications of intravenous cannulation.

Pre requisite: Prior to attending, registered nurses must undertake 'Venepuncture and Peripheral Intravenous Cannulation' e- learning programme at www.hseland.ie and submit evidence of completion on the day of attending the programme.

NMBI Category 1 Approval & CEUs awarded: 3.5

Learning Outcomes for Venepuncture

- Identify anatomical structures and explain the appropriate choice of venous sites applicable to venepuncture
- Describe the legal and professional implications in undertaking the skill of venepuncture
- Outline the indications for venepuncture
- Outline the principles of infection prevention and control
- Demonstrate the skill of venepuncture via simulated practice
- Identify potential complications of venepuncture

NMBI Category 1 Approval & CEUs awarded: 3.5

Programme Outline

Nurses and Midwives must successfully complete the following elements of each programme to be deemed clinically competent:

- eLearning modules on HSELand in Peripheral Intravenous Cannulation and Venepuncture prior to attending

- Complete the online clinical Knowledge assessments of the eLearning programmes and bring results to the clinical skills workshop. You must achieve 80% to pass and attend the skills demonstration and practice session
- Clinical skills demonstration and practice session
- Supervised clinical practice
- Competence assessment within a twelve week time frame from commencement of the theoretical component

Target Audience

Registered Nurses and Midwives employed in the HSE in an area where peripheral Intravenous Cannulation / Venepuncture is required to enhance service provision

Coordinator: Elizabeth Chacko

Facilitators: Miriam Griffin, RANP Emergency Department LUH
 Jacqueline Gallagher, S/N Phlebotomy LUH
 Virginia Murray, CNM2 Infection Prevention and Control LUH
 Caroline Ferry, CNM1 Emergency Department LUH
 Elizabeth Chacko, Specialist Coordinator CNME

Date	Venue	Time	Places
20 th September 2018	CNME	13:00 -17:00	10
25 th October 2018	CNME	13:00 -17:00	10
22 nd November 2018	CNME	13:00 -17:00	10
12 th December 2018	CNME	13:00 -17:00	10
24 th January 2019	CNME	13:00 -17:00	10
21 st February 2019	CNME	13:00 -17:00	10
21 st March 2019	CNME	13:00 -17:00	10
25 th April 2019	CNME	13:00 -17:00	10
23 rd May 2019	CNME	13:00 -17:00	10
20 th June 2019	CNME	13:00 -17:00	10

Peripheral Intravenous Drug Administration

Programme Aim

To develop Registered Nurses and Midwives knowledge of peripheral intravenous (IV) drug administration with a focus on clinical competence, safety and accountability.

Learning Outcomes

- Demonstrate the principles associated with the safe, effective administration of peripheral IV medication to patients in accordance with hospital policy and professional guidelines
- To provide the most recent evidence-based practices in caring for patients receiving IV drug therapy
- Demonstrate the ability to calculate drug dosage and rates of administration
- Recognise the essential principles of infection prevention and control in breaking the chain of infection and in relation to the administration of IV drugs
- Understand the principles and practice of Haemovigilance
- Recognise the risks and hazards associated with IV drugs from a pharmacy perspective

Pre Requisite

Registered Nurses and Midwives must be a minimum of three months on the live register of NMBI & working in a clinical environment where intravenous medications and fluids are administered regularly. They must undertake the following:

- National Anaphylaxis Management Programme (4 hour)
- Medicines Management Programme on HSELand

*****Competency assessment to be completed in the clinical area*****

NMBI Category 1 Approval & CEUs awarded: 7

Target Audience: Registered Nurses and Midwives

Coordinator: Elizabeth Chacko

Facilitator: Marie Coyle Nursing Practice Development Unit LUH
Tina Porter Quality & Safety Dept, LUH
Rita Cassidy Haemovigilance Officer LUH
Virginia Murray CNM2 Infection Prevention & Control LUH
Ger O'Connor, CNM3 LUH
Annalisa Deeney Pharmacist LUH

Date	Venue	Time	Places
04 th October 2018	CNME	09:00 – 17:00	20
14 th Mach 2019	CNME	09:00 – 17:00	20

Peripheral Intravenous Drug Administration Revalidation Programme

Programme Aim

The aim of this half day programme is to review and update participant's knowledge on the principles and safe practice of administration of IV drugs via peripheral lines.

Learning Outcomes

- Explain the legal and professional accountability with regard to administration and recording of IV drugs
- Review the principles associated with the safe, effective administration of IV drugs via peripheral lines in accordance with hospital policy and professional guidelines
- Demonstrate the ability to perform drug calculations and rates of administration accurately
- Review the principles of infection prevention and control in relation to the administration of IV Drugs
- Understand the principles and practice of Haemovigilance

Pre Requisite

Registered Nurses and Midwives must undertake and submit evidence of the following elearning programmes on HSELand prior to attending:

- National Anaphylaxis Management Programme (4 hour) or Managing Anaphylaxis - refresher programme
- Medicines Management Programme

NMBI Category 1 Approval & CEUs awarded: 5

Target Audience

Registered Nurses/Midwives (mandatory every 2 years)

Coordinator: Elizabeth Chacko

Facilitator: Marie Coyle Nursing Practice Development Unit LUH
Virginia Murray CNM2 Infection Prevention and Control LUH
Annalisa Deeney Pharmacist LUH
Ger O'Connor CNM3 LUH
Rita Cassidy Haemovigilance Officer LUH

Date	Venue	Time	Places
05 th November 2018	CNME	13:30 – 17:00	20
07 th March 2019	CNME	13:30 – 17:00	20
13 th June 2019	CNME	13:30 – 17:00	20

PICC & Hickman Line Workshop

Programme Aim

This three-hour CPD programme is aimed at registered nurses working in LUH. It aims to provide a hands-on workshop on the care and management of PICC and Hickman central venous access devices. The programme will focus on increasing the participant's knowledge and understanding of the theory and practice of managing PICC and Hickman lines.

Learning Outcomes

- Critically apply the Scope of Nursing and Midwifery Practice Framework (2015) in the care and management of the patient with a PICC or Hickman line in situ
- Discuss and demonstrate the flushing procedures for PICC & Hickman lines using ANTT™ principles
- Discuss and demonstrate the redressing procedures for PICC & Hickman lines
- Highlight the possible complications associated with PICC and Hickman lines
- Identify the risks of infection and can perform methods of prevention associated with the care and management of PICC & Hickman lines

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

Registered Nurses and midwives working in LUH who provide nursing/midwifery care to the person who has a PICC or Hickman line in situ

Coordinator: Tricia Lafferty

Facilitator: Pat Farrimond CNM & Rhonda McColgan S/N
Interventional X Ray LUH

Date	Venue	Time	Places
05 th February 2019	CNME	13:30 - 16:30	12

Positive Behavioural Support – An Introduction

Programme Aim

This one-day programme aims to provide a basic introduction to Positive Behaviour Support (PBS). PBS is the preferred approach when working with people with intellectual disabilities who exhibit behaviours described as challenging. It will cover the underpinning values theory and processes that are fundamental to a rights-based approach within services.

Learning Outcomes

- Discuss the theory of Positive Behavioural Support (PBS);
- Explore the values associated with PBS;
- Review the competence framework for PBS; and
- Explain the principles of assessing and understanding behaviour.

Target Audience

Registered Intellectual Disability Nurses

NMBI CEUs awarded: Pending

Coordinator: Martina Conway

Facilitator: Yvonne McLaughlin CNM 2 Carndonagh Services
Teresa O'Malley Practice Development Co-ordinator
Lisa McGowan CNM 2 Carndonagh

Date	Venue	Time	Places
11 th Dec 2018	Milltown House, Carndonagh	10:00 – 16:00	15
26 th March 2019	CNME, Donegal	10:00 – 16:00	15

Preceptorship CPD Programme

Programme Aim

This half day programme aims at preparing registered nurses to fulfil their role of a preceptor in the clinical environment.

Learning Outcomes

- Understand the learning needs of pre-registered nursing students during their clinical placement while developing a positive learning environment within the clinical setting
- Increase their knowledge and understanding of the undergraduate curriculum in order to effectively support student nurses during their clinical placement
- Apply the role of a preceptor in practice-based training and assessment
- Provide constructive feedback to the students during the clinical placement and support them to effectively adapt to the challenging health care system
- Demonstrate an understanding of assessment of competency in clinical practice and the knowledge required for the completion of documentation to reflect the level of competency achieved by individual students

NMBI Category Approval & CEU Points: Pending

Target Audience:

Registered General Nurses, Registered Nurses Intellectual Disability, Registered Psychiatric Nurses

Coordinator: Elizabeth Chacko

Facilitators: Breda Mulgrew, Lecturer Letterkenny Institute of Technology (LYIT)
Jonathan Durning, Lecturer LYIT, Seamus Gallagher, Lecturer LYIT,
Elaine Walsh, Lecturer LYIT, Rosaleen O’Hanlon, CPC LUH,
Emer Hunter, CPC LUH, Mary Mc Fadden, CPC Intellectual
Disability Services, Dorothy McGinley, CPC Mental Health Services.

Date	Venue	Time	Places
13 th September 2018	CNME	09:30-12:30	12
14 th September 2018	CNME	09:30-12:30	12
13 th December 2018	CNME	13:30-16:30	12
14 th December 2018	CNME	09:30-12:30	12
17 th January 2019	CNME	09:30-12:30	12
17 th January 2019	CNME	13:30-16:30	12
16 th May 2019	CNME	09:30-12:30	12
17 th May 2019	CNME	09:30-12:30	12

Presentation Skills

Programme Aim

To build on and fine tune existing skills. It is hoped that participants will experience increased confidence levels around presenting to groups and leave with top tips to become more effective.

Learning Outcomes

- Understand the importance of preparation and effective design of a presentation
- Demonstrate how to engage their audience using effective body language and eye contact
- Discuss the use of visual aids in order to help and not hinder the presentation
- Develop confidence in presentation skills following practice opportunities and subsequent feedback
- Utilise strategies on how to handle the Questions and Answer session and wrap up with a high impact closing statement

In preparation for the programme it is important that all participants bring a 4 minute presentation on any topic of their choice to present on the day. This should include aims/objectives, introduction, body and conclusion. It is planned to record participants presenting on the day.

NMBI Category 1 Approval & CEUs awarded: 3

Target Audience

All Registered Nurses and Midwives

Coordinator: Catherine Cannon

Facilitator: Jo Irwin, Professional Trainer and Coach

Date	Venue	Time	Places
13 th September 2018	CNME	13:00 – 17:00	8
10 th January 2019	CNME	13:00 – 17:00	8
08 th May 2019	CNME	13:00 – 17:00	8

Respiratory: Non-Invasive Ventilation (BiPAP & CPAP)

Programme Aim

To provide participants with an overview of the required technical skills and to outline the principles and various techniques associated with non- invasive ventilation (NIV) including BiPAP and CPAP.

Learning Outcomes

- Describe the general principles of NIV
- Develop and consolidate knowledge of evidence-based practice using relevant policies and guidelines
- Discuss factors influencing NIV outcome, including patients with high complexity
- Develop knowledge and understanding of arterial blood gases
- Update knowledge of new trends and future perspectives of NIV

NMBI Category 1 Approval & CEUs awarded: 4.5

Target Audience

Clinical Nurse Managers, Registered General Nurses, Physiotherapists

Coordinator: Elizabeth Chacko

Facilitator: Patricia McLaughlin Candidate ANP LUH,
Workshops facilitated by Company Representatives

Date	Venue	Time	Places
14 th November 2018	CNME	09:00 – 14:00	25

Respiratory Health Update

Programme Aim

To develop and update participant's knowledge and skills in the care and management of the patient with respiratory conditions such as asthma and COPD.

Learning Outcomes

- Develop and consolidate knowledge of evidence-based practice with regard to asthma/ COPD and the management of these conditions
- Apply methods of differentiating and identifying asthma/COPD and describe their application to practice
- Analyse the treatments and therapies available and provide sound rationales for choice of delivery systems, by attending workshop sessions

NMBI Category 1 Approval & CEUs awarded: 6.5

Target Audience

All Registered General Nurses/Midwives and Physiotherapists

Coordinator: Elizabeth Chacko

Facilitator: Patricia McLaughlin, Candidate ANP
Sonya Murray, Respiratory Clinical Nurse Specialists LUH
Breda B. Callaghan, CNS COPD Outreach
Carol Doherty, Respiratory Clinical Nurse Specialist LUH
Antionette Doherty, Candidate ANP

Date	Venue	Time	Places
07 th November 2018	CNME	09:00 - 17:00	25

Restrictive Practices-Reducing the need within Intellectual Disability Services

Programme Aim

This programme aims to increase staff knowledge and awareness of the use of restrictive practices and to address the need to make substantial reductions in the use of restrictive practices within services. Such reductions can be made through active positive support and engagement strategies, therefore protecting and honouring the person's human rights at all times.

Learning Outcomes

- Evaluate knowledge and awareness of restrictive practices
- Discuss the relationship between behaviour and restrictive practices
- Discuss positive approaches to engaging with and caring for someone who displays behaviours of concern
- Reflect on the current policy and practices on restrictive practices within services

NMBI Category 1 Approval & CEUs awarded: Pending

Target Audience

All staff working in Intellectual Disability Services

Coordinator: Martina Conway

Facilitator: Teresa O'Malley Practice Development Co-ordinator
Anne Marie Cook Dementia and Intellectual Disability
Co-ordinator

Date	Venue	Time	Places
12 th February 2019	CNME Donegal	09:15-1630	20
18 th June 2019	CNME Donegal	09:15-1630	20

STORM - Self-Harm Mitigation Course

Programme Aim

STORM is a suicide prevention-training package carried out over two days. It focuses on developing, through rehearsal, the skills needed to assess and manage a person at risk of suicide.

Learning Outcomes

- Demonstrate skills and confidence in suicide prevention
- Discuss related practice issues in relation to suicide prevention
- Agree common language around suicide assessment and management
- Reflect on networking opportunities with other professionals/agencies

NMBI Category 1 Approval & CEUs awarded: 11.5

Target Audience

All Healthcare Professionals

Coordinator: Martina Conway

Facilitators: Margaret Blockley Practice Development Co-ordinator Mental Health,
Angela Strain Social Worker, Mental Health

Date	Venue	Time	Places
25 th & 26 th Sept 2018	CNME	09:00 -17:00	12
27 th & 28 th Nov 2018	CNME	09:00 -17:00	12
26 th & 27 th Feb 2019	CNME	09:00 -17:00	12
28 th & 29 th May 2019	CNME	09:00 -17:00	12

Stroke Care Education Programme

Programme Aim

To enable participants to enhance their knowledge, skills and confidence in recognising and responding to patients in their care affected by stroke utilising evidence-based practice in accordance with the national clinical care programme for stroke.

Learning Outcomes

- Demonstrate an understanding of the causes, effects and risks associated with stroke
- Identify the signs of stroke and the importance of early recognition and intervention
- Demonstrate an understanding of the clinical care skills associated with the management of the patient affected by stroke
- Discuss the identification and management of cognitive and emotional problems that can occur following stroke, using the appropriate communication skills, tools and strategies
- Demonstrate an understanding of rehabilitation that can be provided with the involvement of the MDT to achieve optimal patient outcomes

Target Audience

All Healthcare staff working with people affected by stroke

NMBI CEUs awarded: Pending

Participants must complete the Stroke Training and Awareness Resources (STARs) elearning programme prior to attending the education programme accessed at <http://www.stroketraining.org>

Coordinator: Maura Gillen, Practice Development OPS Sessional Facilitator,
Christine McLaughlin CNS Stroke LUH

Facilitator: Clinical Nurse Facilitators, Clinical Nurse Specialists and
Members of the MDT

Date	Venue	Time	Places
15 th November 2018	CNME	08:30 – 17:00	25

STUDIO III-Managing Behaviours of Concern

Programme Aim

The aim of this three-day programme is to promote the management of behaviours of concern in a gentle and dignified way. Participants will be provided with a comprehensive understanding and insight into behaviours of concern, the use of low arousal approaches and gentle physical skills will be demonstrated. The programme aims to increase staff confidence in the management of behaviours of concern.

Learning Outcomes

- Discuss the principles and benefits of working within a non-aversive framework
- Demonstrate the importance of understanding how their own behaviours can affect others
- Defuse challenging situations with the aim of negating the need for physical intervention
- Discuss the causes of behaviours of concern to help staff form a more positive way of working with behaviours of concern
- Reflect on the importance of working within the law and the need for and use of policies
- Emphasise the importance of de-briefing after incidents
- Demonstrate a range of physical intervention skills which are safe and acceptable to both staff and people with intellectual disabilities alike

Target Audience

All staff working in Intellectual Disability Services

NMBI CEUs awarded: Pending

Coordinator: Martina Conway

Facilitator: Andrew Aiken CNM2, Yvonne McLaughlin CNM2,
Brid Doherty S/N, Eugene McGinley S/N

Dates	Venue	Time	Places
17 th , 18 th & 19 th Sep 2018	CNME Donegal	09:30-16:30	15
16 th , 17 th & 18 th Oct 2018	CNME Donegal	09:30-16:30	15
19 th , 20 th & 21 st Nov 2018	CNME Donegal	09:30-16:30	15
14 th , 15 th & 16 th Jan 2019	CNME Donegal	09:30-16:30	15
18 th , 19 th , 20 th Feb 2019	CNME Donegal	09:30-16:30	15
13 th , 14 th & 15 th May 2019	CNME Donegal	09:30-16:30	15
10 th , 11 th & 12 th Jun 2019	CNME Donegal	09:30-16:30	15

Surgical Nursing – Clinical Update

Programme Aim

The aim of this one-day programme is to enable Registered Nurses and Midwives to enhance their requisite knowledge, skills and competence in safely managing the surgical patient utilising evidence-based practice. Topics will include Pre and Post- Operative management of bowel cancer, breast cancer, intestinal failure, stomas, diabetes, pain management, sepsis and management of indwelling devices.

Learning Outcomes

- Discuss the professional and legal responsibilities of the RGN in the holistic management of the surgical patient
- Discuss the peri-operative and post-operative management of patients undergoing General Surgery including laparoscopic, breast, bowel, bariatric and Day Surgery procedures
- Recognise post-operative complications including pain management, wound care management, the deteriorating patient and sepsis and treat appropriately using best practice guidelines
- Outline the National Policy in the prevention and reduction of Surgical Site Infections (SSI)
- Discuss strategies to reduce and prevent Health Care Associated Infections in indwelling devices
- Have an increased understanding of the importance of communication in breaking bad news to patients and families

NMBI Category 1 Approval & CEUs awarded: 6.5

Target Audience

Registered Nurses and Midwives, and Allied Healthcare Professionals

Coordinator: Tricia Lafferty

Facilitators: Members of the Multidisciplinary Team in LUH

Date	Venue	Time	Places
13 th March 2019	CNME	08:30 – 17:00	30

Tracheostomy: Clinical Update

Programme Aim

This programme is aimed at all registered nurses who are involved in the nursing care and management of patients who require a tracheotomy or have a tracheostomy in situ. The day will include a mixture of lectures and clinical skill stations.

Learning Outcomes

- Describe the anatomy and physiology of the neck relevant to tracheostomies;
- Identify the clinical indications for tracheotomy
- Review the different types of tracheostomy tubes and supporting devices that can be used with tracheostomies
- Demonstrate the care and management for a patient with a tracheostomy using evidence-based guidelines
- Understand the physiological changes that occur when a patient has a tracheostomy
- Discuss the emergency management of a patient who develops respiratory distress or tube displacement with a tracheostomy in situ
- Understand and apply EBP when using humidification
- Demonstrate theoretical knowledge and psychomotor skill when using suctioning techniques
- Gain knowledge and understanding of the criteria and principles for weaning and decannulation
- Understand the importance of collaborative multidisciplinary input to achieving successful patient outcomes

Target Audience

All Registered Nurses

NMBI CEUs awarded: 7

Coordinator: Tricia Lafferty

Facilitator: Multidisciplinary Team Members LUH & SUH
Margaret Healy NPDU, SUH
Marcus Choo ENT Surgeon SUH

Date	Venue	Time	Places
25 th March 2019	CNME	08:45 – 17:00	20

Urethral Catheterisation and Replacement of Suprapubic Catheters Workshop

Programme Aim

This half day programme will provide participants with the theoretical knowledge and practical skills to enable them to safely undertake the procedure of urethral catheterisation (male & female) and replacement of suprapubic catheters.

Learning Outcomes

- Describe the anatomy and physiology of the urinary tract
- Demonstrate knowledge and best practice utilising evidence-based guidelines, policies and procedures for urethral catheterisation and replacement of suprapubic catheters
- Discuss professional issues in relation to urinary catheterisation including risk factors, contra indications and complications
- Critically analyse care and management of potential complications in undertaking the procedures using evidence-based practice
- Describe the signs and symptoms of Catheter Associated Urinary Tract Infection (CAUTI)
- Demonstrate competence in simulated practice using aseptic techniques in urethral catheterisation and replacement of a suprapubic catheter

Competency assessment to be completed in the clinical area

NMBI Category 1 Approval & CEUs awarded: 4

Target Audience

All Registered Nurses and Midwives

Coordinator: Tricia Lafferty

Facilitators: Lorna Baldrick, CNS Urodynamics LUH
Sean Diver, CNS Urology LUH
Michelle Quinn, Healthy Bladder and Bowel Nurse
Christine McBrearty, CNM Urology LUH

Date	Venue	Time	Places
06 th December 2018	CNME	09:00 - 13:00	15
16 th May 2019	CNME	09:00 - 13:00	15

Wound Care Management Roadshow

Programme Aim

This educational roadshow and workshop aims to address basic principles of practice specific to the prevention, assessment and management of acute and non-healing wounds. Best available evidence for clinical practice will be highlighted along with links and resources to support and guide everyday clinical practice and improve clinical outcomes.

Learning Outcomes

- Define acute injury/wounding. Examine the body's innate response to trauma and discuss how wounds heal normally
- Define 'non-healing', chronic or recalcitrant wounds. Identify barriers/issues known to delay or inhibit normal healing process (systemic and local)
- Discuss importance of identifying expected clinical outcomes (prevention, healing, symptom control) based on confirmed diagnosis (interdisciplinary team approach)
- Discuss wound classification, prevalence of wounds and impact of wounds on quality of life
- Describe what pressure injury is and grade pressure damage (EUPAP 2014);
- Examine modern wound/skin care products and the need for dressing selection to be based on assessment findings, goals of care and characteristics/functionality of the product
- Review documentation in relation to assessment, care plans and criteria for referrals

Target Audience

All Registered Nurses and Midwives

NMBI CEUs awarded: 7

Coordinator: Tricia Lafferty

Facilitators: Miriam Cahill-Collins, RANP Vascular UHG & Rosemary Finn, Staff Nurse, Tissue Viability LUH

Date	Venue	Time	Places
27 th March 2019	CNME	09:00 – 17:00	30

Masterclasses

- **Care planning**

13th November 2018

Session 1. 09:30-12:30 Registered Nurses & Midwives LUH

Session 2. 14:00-16:00 Registered Psychiatric Nurses

Facilitator: *Michelle Russell, Nurse Manager, Red Train Health & Safety Training Consultancy Business RGN, BNS (Hons), MSc(Nursing), PG Dip (Clinical Health Sciences Education; CHSE) PG Dip infection Control*

- **Cardiotocography (CTG):**

14th January 2019 (09:00-16:00hrs)

Facilitator: *Mr Edwin Chandraharan, Consultant Obstetrician & Gynaecologist, Lead Clinician for Labour Ward & Lead for Clinical Governance in Obstetrics & Gynaecology, St Georges Healthcare NHS Trust in London*

- **Detox and Substance Abuse Treatment:** *Date to be confirmed*

- **Positive Behavioural Support for Adults on the Autism Spectrum:**

17th January 2019 (14:00-17:00hrs)

Facilitator: *Mr Brian McDonald, Positive Behaviour Support Manager in Behaviours that Challenge*

**Details of each Masterclass will be disseminated to all Service areas
6 weeks prior to the event taking place**

Appendix 1 – Course Booking Procedure and Form



Centre for Nursing and Midwifery Education, Donegal
Letterkenny/St. Conal's Hospitals
Letterkenny
Co. Donegal
Tel: 074 91 23 664
Fax: 074 91 29 442

Course Booking Procedure

- Complete the Booking Form ensuring your line manager has signed the form
- Only fully completed Booking Forms will be accepted
- Please ensure contact details are legible
- Return the completed Booking Form to CNME

Post: Central Booking Office, Centre for Nursing & Midwifery Education, St Conal's Hospital, Letterkenny, Co. Donegal

Fax: 074 91 29442

Email: Hannah.sweeney1@hse.ie

To receive a booking form or for more information

Please contact:

Hannah Sweeney

Hannah.sweeney1@hse.ie

074 9123642

Booking Form

Once a correctly completed Booking form is received the applicant has a place on the Course/Programme unless informed otherwise by the CNME

Please complete clearly in block capitals

Course Applied For:	_____							
Date of Course:	_____							
Personnel No:	_____							
NMBI Pin No:	_____							
First Name:	_____							
Surname:	_____							
Job Title:	_____							
Workplace address:	_____							

Mobile No:	_____							
Work No:	_____							
Email Address:	_____							
Tick Area of Work	<table border="1"> <tr> <td>LUH</td> <td>MH</td> <td>ID</td> <td>PHN/</td> <td>OPS</td> <td>MAT</td> <td>OTHER</td> </tr> </table>	LUH	MH	ID	PHN/	OPS	MAT	OTHER
LUH	MH	ID	PHN/	OPS	MAT	OTHER		
	<u>Line Manager</u>							
Signature:	_____							
Name in Block Capitals:	_____							

Please ensure that all sections of this form are completed and it is signed by your Line Manager prior to forwarding to the Central Booking Office,

Please Photocopy as Required

Appendix 2 – Application Process for Formal Academic Studies

The funding application process for programmes of study leading to an academic award is managed by the CNME, Donegal in collaboration with Nursing Midwifery Planning & Development (NMPD).

The applicant must in the first instance complete and submit an Application Form for Formal Academic Studies to his/her Director of Nursing/Service Manager who will make a recommendation regarding the application for funding. The Director of Nursing/Service Manager will ascertain the appropriateness of the application and make a recommendation based on both their service needs and the individuals professional development needs.

The completed and signed application form for funding will remain with the Director of Nursing/Midwifery/ Service Manager until the application closing date. Following their considerations of applications and available budget the Director of Nursing/Midwifery/ Service Manager will approve applications as appropriate and forward to the CNME, Donegal for processing by the CPD Nursing and Midwifery Strategic Group in alignment with the Office of Nursing and Midwifery Services Director (ONMSD) Budget Governance Group 2018.

There are two closing dates for Funding Applications, **May 31st** is the last date on which applications for September-December courses will be accepted, **October 31st** is the last date on which applications for January-May courses will be accepted. Retrospective funding of 3rd Level courses is not available.

The applicant is informed by letter of the decision and a copy of the letter is sent to the appropriate Director of Nursing/Midwifery/ Service Manager.

The applicant must forward a copy of this letter to the Education Provider who will invoice the CNME, Donegal.

In the event that an applicant for any reason is unable to take up their programme of study or discontinues it they should contact the CNME Director in writing to inform her of their decision. If the applicant does not complete the course within the time frame designated by the relevant Educational Provider or ceases working in the Public Health Service within a period of 12 months after the completion of the programme, the applicant will be obliged to refund all fees paid.

Application forms for funding can be obtained from the CNME, Donegal. Incomplete forms will not be accepted for processing.

Further information will be circulated on funding as updated circulars are disseminated from NMPD/ONM

Appendix 3 – Recommended Websites/ Links

www.alzheimer.ie: Alzheimer Society of Ireland

<http://autism.ie>: Autism Ireland

<http://www.bild.org.uk>: the British Institute of Learning Disabilities

www.cancercontrol.hse.ie: National Cancer Control Programme

<http://cebmh.warne.ox.ac.uk/csr>: Centre for Suicide Research. University of Oxford

www.dementia.ie: Dementia Services Information and Development Centre

<http://health.gov.ie/>: Department of Health

<http://www.helensandersonassociates.co.uk/person-centred-practice/person-centred-thinking-tools>: Helen Sanderson Associates, Person-centred Planning

www.hospicefoundation.ie Irish Hospice Foundation

www.hse.ie: Health Service Executive

<http://www.hse.ie/eng/services/publications/corporate/corporateplan/>: Corporate Plan 2015-2017

http://www.hse.ie/eng/about/Who/qualityandpatientsafety/About_QPS/ Quality & Improvement Division HSE

<http://www.hse.ie/eng/about/Who/clinical/> Clinical Strategy & Programmes Division

<http://www.hse.ie/eng/about/Who/ONMSD/leadership/Intro%20NLIC.html> Introduction National Leadership and Innovation Centre

www.hseland.ie: HSE E-learning Programmes

www.hselibrary.ie: HSE Library

www.hse.ie/eng/health/hl/hi/HIFramework.html: Healthy Ireland

www.hiqa.ie: Health Information Quality Authority

www.hpsc.ie: Health Protection Surveillance Centre

<https://www.iassidd.org>: International Association for the Scientific Study of Intellectual and Developmental Disabilities

<http://www.ihl.org>: Institute for Healthcare Improvement

<http://www.iimhn.ie>: Irish Institute of Mental Health Nursing

www.immunisation.ie: National Immunisation Ireland

<https://www.mentalhealth.org.uk/podcasts-and-videos>: Mental Health Foundation

www.nccp.ie: National Cancer Care Programme

www.nice.org.uk: National Institute for Health and Care Excellence (NICE)

www.nmbi.ie: Nursing and Midwifery Board of Ireland

www.onmsd.ie Office for Nursing and Midwifery Service

<http://www.hse.ie/eng/about/Who/QID/>: Quality Improvement Division

www.qqi.ie Quality and Qualifications Ireland

<http://www.rcpsych.ac.uk>: Royal College of Psychiatry

<https://www.tcd.ie/ciid>: Trinity Centre for People with Intellectual Disabilities

Appendix 4 – Disclaimer



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

[Name of Programme]

DISCLAIMER FOR THE PROVISION OF EDUCATION/TRAINING BY THE CENTRES OF NURSE AND MIDWIFERY EDUCATION

Attendance and/ or participation in the above programme which is provided by, or on behalf of, Health Service Executive (the “HSE”) are subject to the following terms and conditions:

1. This programme is developed solely for the purposes of HSE’s requirements in the interests of protecting the health of the public in respect of the knowledge and training of nurses, midwives and other healthcare staff who are engaged in a clinical environment (whether public and/ or private).
2. In light of these purposes, this programme is intended to provide educational information to aid and augment an understanding of the theoretical subject matter presented and/ or the practical application of certain skills and competencies.
3. It is the individual responsibility of each practitioner to assess and maintain his/ her own competence in respect of any situation and to assess the limitations of his/ her competence. This programme is not intended to affect, interfere with or limit a person’s individual responsibility to practice safely and effectively within his/ her scope of practice and in accordance with any local policies, guidelines and/ or protocols which may exist.
4. The HSE shall have no liability, whether in contract, tort or otherwise, for any injury, loss, damage or claim arising out of, or in connection with, any person’s attendance and/ or participation in this programme including but not limited to the subject matter thereof and/ or arising out of the use of any handbooks, guidance notes, other documentation, oral presentations/ demonstrations, web-based learning tools or any other instruction or materials provided as part of this course (the “Materials”), howsoever arising.
5. Any Materials provided by HSE as part of this programme are provided for information and guidance purposes only. HSE makes no representation assurance, warranty or guarantee of any kind whatsoever in relation to the Materials. The provision of the Materials is without prejudice to the obligation of persons attending and/ or participating in this programme to continually develop themselves as professionals, where applicable.

These terms and conditions are without prejudice to the operation of the Clinical Indemnity Scheme and the professional responsibilities of any persons attending and/ or participating in this programme

HSE West,
Letterkenny/St.Conal's Hospital
Campus,
Letterkenny, County Donegal
Ireland.

Tel 074 9123644