

BEHIND THE BADGE

A LOOK INSIDE THE CENTURY SOCCER CLUB



SUMMER 2020

ABOUT US

Century was created in 1984. Century has grown to over 80 competitive teams and trains over 1,500 players which is the largest club in western Pennsylvania. Teams from Century compete in various leagues including PA West Classic League, Great Lakes Conference, National League, and the NPL (National Premier League).

Most of our players go on to play for the local high schools and many will then continue on to play in college. In the last four years, 209 players from our club have gone into collegiate soccer at all levels. Three of our alumni have gone into professional soccer leagues including the MLS, USL, and NWSL.

In addition, many Century players have been selected over the years to participate in National Team Camps, US Training Centers, ODP Regional Teams and ODP Pennsylvania State Teams. Century Soccer Club teams travel out of state and compete against the best the country has to offer. Several teams are ranked regionally and nationally.

The professional coaching staff includes teachers, former college players, most with national level coaching licenses. Many of these coaches also coach local high school, coach community college soccer teams and have played at a high level. Century works to ensure that every youth player in western Pennsylvania has the chance to reach their potential on the soccer field and in life.

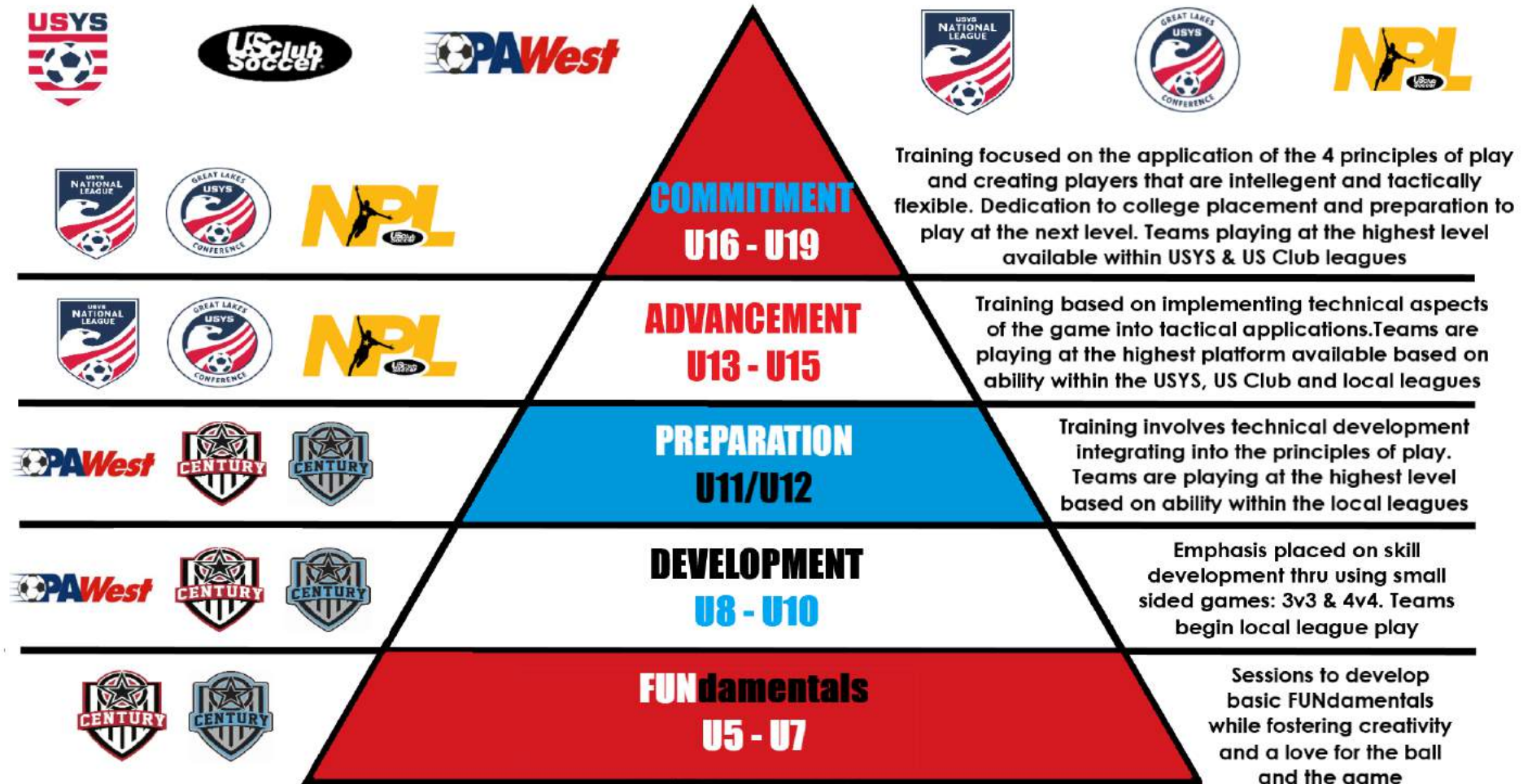


CLUB MISSION

- We are dedicated to developing the individual talent and character of each soccer player to further his/her potential.
- We strive to teach and train competitive soccer that improves both the person and the athlete, by encouraging excellence and high standards of conduct in all aspects of life.
- We promote the building of self esteem, self confidence, teamwork and respect for self and others.
- We are committed to soccer excellence and sportsmanship as we strive to be the premier soccer club in Western Pennsylvania.



DEVELOPMENT MODEL



DEVELOPMENT MODEL

| | FUNdamental Century U5- U7 | Development Century U8 - U10 | Preparation Century U11-U12 | Advancement UNITED U13-U15 | Advancement Century U13-U15 | Commitment UNITED U16 + | Commitment Century U16 + |
|------------------------------------|---|---|--|--|--|--|--|
| Training Hours per Year | 32 Hours 8 per Season 4 seasons | 90 Hours 24 sessions Fall and Spring 12 Winter Sessions | 102 Hours 24 sessions Fall and Spring 20 Winter Sessions | 138 Hours 36 Sessions Fall and Spring 20 Winter Sessions | 102 Hours 24 Sessions Fall and Spring 20 Winter Sessions | 102 Hours 12 Fall 36 Spring 20 Winter Sessions | 78 Hours 8 Fall 24 Spring 20 Winter Sessions |
| Length of sessions | 1 Hour | 1.5 Hour | 1.5 Hour | 1.5 Hour | 1.5 Hour | 1.5 Hour | 1.5 Hour |
| Developmental Focus | Fitness Technical Psychological Tactical | Technical Psychological Fitness Tactical | Technical Tactical Psychological Fitness | Technical Psychological Tactical Fitness | Technical Psychological Tactical Fitness | Tactical Fitness Psychological Technical | Tactical Fitness Psychological Technical |
| Specific Training | No Positions | Attacking/Defending | Specialist Training | Groups/Units | Groups/Units | Whole Team | Whole Team |
| Player Coach ratio | 1 : 6 | 2 : 12 | 2 : 12 | 2 : 18 | 2 : 18 | 2 : 18 | 2 : 18 |
| Training/game ratio | 30 Min Training 30 Min of Play | 4:1 | 3:1 | 3:1 | 2:1 | 3:1 | 2:1 |
| Training formats | 1v1 to 3v3 | 1v1 to 5v5 | 4v4 to 9v9 | 4v4 to 11v11 | 4v4 to 11v11 | 7v7 to 11v11 | 7v7 to 11v11 |
| Game Format | Training only | 5v5 (U8) to 7v7 | 9v9 | 11v11 | 11v11 | 11v11 | 11v11 |



COLLEGIATE FOOTPRINT



Century has developed a reputation of being able to successfully develop and place college soccer players who are able to be successful on and off the field. The college placement footprint ranges from Division I, Division II, Division III, NAIA and Junior Colleges.



ALUMNI

Allegheny College, Baldwin Wallace University, Bethany College, Bucknell University, California University of PA, Canisius College, Carlow University, Case Western Reserve University, Central Michigan University, Chatham University, Clarion University, Cleveland State University, Colgate University, Cornell University, Dayton University, Defiance College, Denison University, Dickinson College, Dominican University, Duquesne University, Eastern University, Edinboro University, Elizabethtown College, Elon University, Emory University, Fairmont State University, Florida Atlantic University, Fordham University, Gannon University, Geneva College, Georgetown University, Gettysburg College, Grand Valley State University, Grove City College, Hamilton College, Heidelberg University, Hood College, Hope College, Indiana University, Indiana University of PA, Iona University, John Carroll University, John Hopkins University, Juniata College, Kent State University, Kutztown University, Lafayette College, Lake Erie College, LaRoche College, Lebanon Valley College, Lehigh University, Liberty University, LIU Brooklyn, Lock Haven University, Malone University, Marietta College, Marshall University, Mercyhurst University, Michigan State University, MIT, Morehead State University, Mount Saint Mary's University, Mount Vernon Nazarene University, Nazareth University, NC State University, New Jersey Institute of Technology, Northwestern University, Ohio Northern University, Old Dominion University, Penn State Behrend, Penn State University, Pitt Greensburg, Pitt Johnstown, Point Park University, Presbyterian College, Radford University, Richmond University, RIT, Robert Morris University, Santa Clara University, Seton Hill University, Sheffield Hallam University, Shippensburg University, Slippery Rock University, South Carolina University, St. Bonaventure University, St. Francis University, St. Lawrence University, St. Vincent College, Towson University, University of Akron, University of Chicago, University of Delaware, University of Illinois at Chicago, University of Mary Washington, University of Miami, University of Michigan, University of Mount Union, University of Pittsburgh, University of Virginia, US Military Academy, US Naval Academy, Valparaiso University, Virginia Tech, Washington and Jefferson College, Washington University in St. Louis, Waynesburg University, West Liberty University, West Virginia University, Wheeling Jesuit University, Westminster College, Wilmington University, Wilson College, Wingate University, Xavier University, Youngstown State University



BOARD OF DIRECTORS

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Jim Malloy - Member

Bill Marshall - Member

Rob Mertz - Member



COACHES

All Century Coaches have to pass necessary background checks and complete SafeSport Training. Our Coaching Staff holds licenses from United State Soccer Federation and United Soccer Coaches. We proudly employ a number of teachers who work in the surrounding school districts. We also have a number of coaches who were former players with the club which is a testament to the impact the organization had on them.



FRONT OFFICE DIRECTORY

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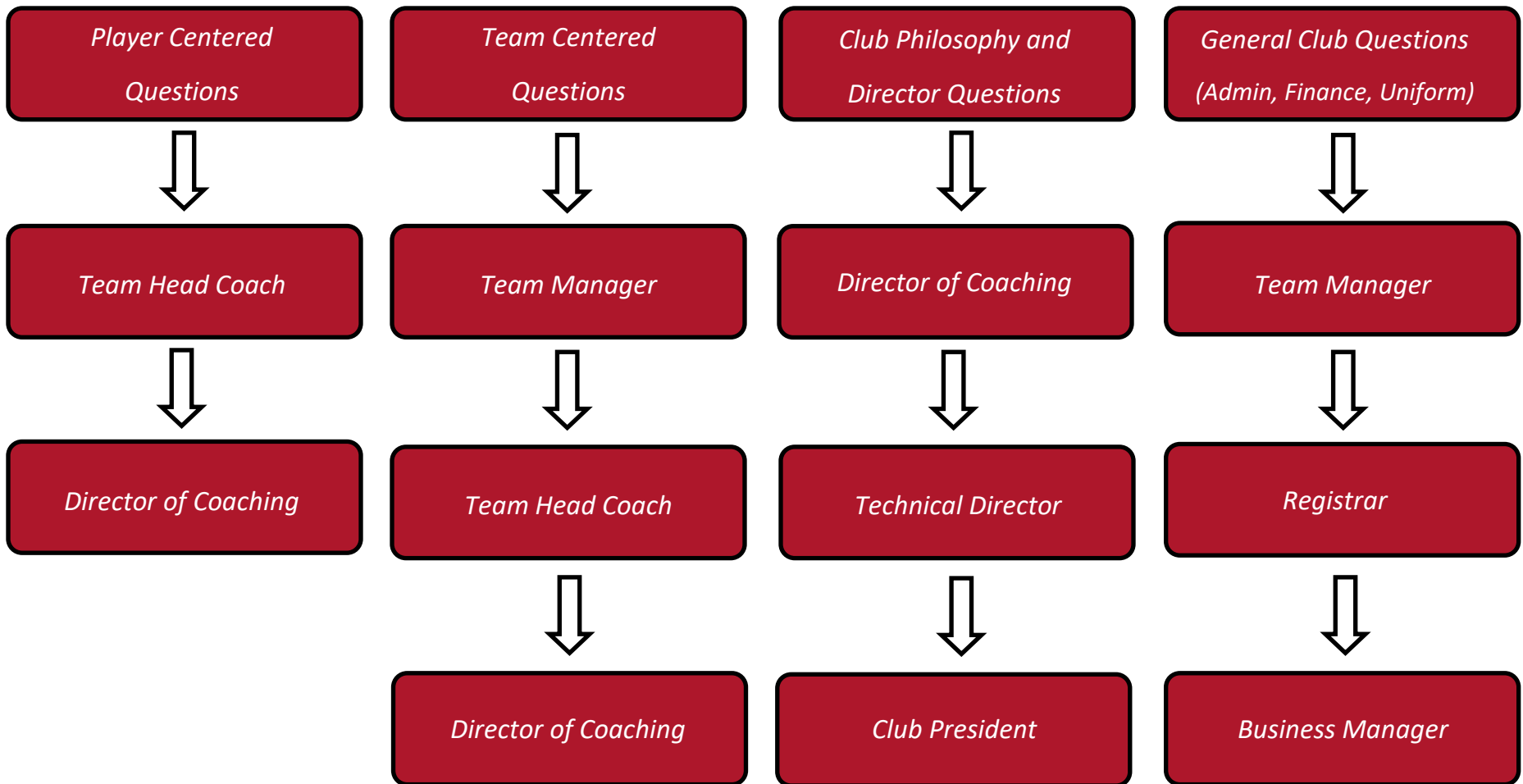
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COMMUNICATION FLOW



FACILITIES



Century Field



Breisinger Field



North Strabane Park



Rooney Field at Duquesne University



FACILITIES



Cool Springs Sports Complex



North Park Sports Complex



FACILITIES



Beacon Facility



Steel Indoor Facility



North Park Sports Complex

LEAGUE PLAY



AFFILIATES



COOLSPRINGS
ELEVATE YOUR GAME



STAY CONNECTED



www.centurysoccer.org

www.centurysteelsoccer.org



Century V F.C.

Century Steel Soccer



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Century_Steel



CenturySoccer

CenturySteelSoccer



Century Soccer Club



Century Soccer

